



MDC LIONS CAVALCADE for DIABETES AWARENESS

Chairperson PCC Dennis J Stevenson

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November 2018

Subject: MDC Lions Cavalcade for Diabetes Awareness Fall Communication Letter

Lion President and Lions All,

We extend an invitation to any club that would like to host this event to contact the MDC Lions Cavalcade for Diabetes Awareness Chairperson or your District Lions Cavalcade Chairperson for more details and let us know what year you would be interested in. We currently require a host club for 2020 and beyond. We would encourage those clubs who have hosted in the past to consider doing it again.

Diabetes awareness is a top priority for Lions Clubs International, the world's largest service organization. The need for diabetes awareness information in our communities is greater than ever. We would like to join your Lions Club in 2020 or beyond as they host a Lions Cavalcade for Diabetes Awareness event.

The 2019 event will be in Cowley, AB. on May 31 to June 2, 2019. The weekend consists of a MDC Lions Cavalcade for Diabetes Awareness Committee meeting on Friday at 7:00 PM, silent auction on Sat from 10 AM to 4 PM, Diabetes Awareness presentation by Diabetes Canada 10:30 AM to 11:30 AM, Parade of Green and speeches from 3 PM to 4 PM, BBQ supper at 5:00 PM. Other activities will be announced in our Spring communication newsletter along with a registration form.

Enclosed please find an information sheet about T.D.R.P (Travelling Diabetes Resource Program) as well as an information sheet about STRIDES walk.

To those who have supported the project in the past we say thank you and look forward to your continued support. For those who haven't had an opportunity to support us yet we hope you will find some funds in your budget that can be directed to Lions Cavalcade for Diabetes Awareness to help Diabetes Canada continue to operate the T.D.R.P. program now and in the future.

Thank you in advance for any and all donations, cheques are to be made out to **MDC Lions Cavalcade for Diabetes Awareness** not Diabetes Canada, your donations can be made at the Lions Cavalcade Event Parade of Green or mailed to our Treasurer, Lion Bryant Ducheminsky, 2 Chilcotin Way West, Lethbridge, AB, T1K 7L8

Yours in Lionism,

Lion Vi Gibb,

District C-1 Lions Cavalcade Chairperson

PCC Dennis Stevenson

District C-2 Lions Cavalcade Chairperson

CC: MDC Lions Cavalcade for Diabetes Awareness Chairperson



Promoting awareness, prevention and control of diabetes powerful, focused and committed

What is Strides: Lions for Diabetes Awareness?

Strides is a friendly, positive and active community event that enables Lions clubs or districts to take action and raise awareness about diabetes prevention and control. The Strides program incorporates enjoyable physical activity through a community walk, run, bicycle ride, dance or other healthy exercise.

Strides Mission

The mission of Strides: Lions for Diabetes Awareness is to empower Lions to join the fight against diabetes and implement Strides community events.

The Need

Diabetes is increasing worldwide. Over 360 million people have diabetes. By 2030, the International Diabetes Federation (IDF) estimates that over 550 million worldwide will have the disease. It is deadly and debilitating; every 8 seconds, someone in the world dies from the complications of diabetes. Diabetic retinopathy is a leading cause of blindness.

Strides Objectives

- Heighten Lions' interest in diabetes awareness
- Empower Lions to take action and join the fight against diabetes
- Generate community involvement in a Strides event
- Promote a healthy lifestyle through enjoyable exercise/movement activities
- Enable Lions to implement Strides events with ease and confidence
- Convey a sense of optimism and Lions' community support for those affected by diabetes
- Prevent vision loss through greater awareness of diabetes and diabetic retinopathy
- Increase Lions' visibility within the community

Traveling Diabetes Resource Program

Traveling Diabetes Resource Program

The Traveling Diabetes Resource Program (TDRP) is a public education tool designed to promote the health of Albertans. It provides diabetes related resources and information for people with diabetes, their family members and those at risk of developing the disease. The TDRP services the entire province of Alberta and NWT at no charge to the community, health authority, facility or general public. Donations are always welcome. What kinds of activities does the TDRP offer? Educational sessions on diabetes including:

- Preventing Type 2 Diabetes
- Seriousness of Diabetes
- Living Well with Diabetes
- A Research Update
- About the Diabetes Canada

School presentations for students from elementary to high school. Information displays at health fairs, trade shows, health centers, shopping malls, Lions Conventions and pharmacies. Access to Diabetes Canada cookbooks and resources.

What resources does TDRP bring to your community?

Information brochures on:

- Risk factors and signs and symptoms of diabetes
- Type 1 and type 2 diabetes
- Staying healthy with diabetes
- Eating healthy and staying active to prevent and or manage diabetes
- Local programming and resources
- Camp Jean Nelson
- Diabetes Canada membership

We also provide: Cookbooks featuring healthy recipes and the Good Healthy Eating Guide Series. Culturally sensitive, community based programs. Information sessions for health professionals as well as the general public.

How do I arrange a TDRP visit to my community?

To book a visit to your community, please contact:

In Northern Alberta & Edmonton Area: 1-800-563-0032 or abinfo@diabetes.ca

In Southern Alberta & Calgary Area: (403) 266-0620 or abinfo@diabetes.ca

It is recommended to call approximately eight weeks in advance to ensure the TDRP Van is available for the date requested.

Who sponsors the TDRP?

Sponsorship for the TDRP is made possible through generous contributions from the Community Initiatives Program, Pfizer Canada and the Lions Cavalcade for Diabetes Awareness Committee of Multiple District C with support from ATB Financial. Lions Cavalcade supports TDRP activities for communities throughout all of Alberta and NWT.

MDC LIONS CAVALCADE NEWSLETTER

Website: <http://www.e-district.org/sites/mdcdiabetesawareness/index.php>



November 2018

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MDC Lions Cavalcade for Diabetes Awareness Newsletter 2018-2019

News

Our annual Campout, Parade and BBQ for 2019 will be held in Cowley AB, Alberta on May 31 to June 2, 2019 weekend.

MDC LIONS CAVALCADE for DIABETES AWARENESS COMMITTEE

Chair – Lion Dennis Stevenson
Vice Chair – Vacant
Secretary – Lion Vi Gibb
Treasurer – Lion Bryant Ducheminsky
CDA Liaison – Lion Peter Wallis

CAVALCADE MERCHANDISE MERCHANDISE AND PINS FOR FUND RAISING

The Cavalcade committee attends all District Conventions and MD Convention held in MDC.

At each of these events we provide an opportunity for all Lions in attendance to purchase items that we sell to raise funds to support the TDRP Vans operated by Diabetes Canada as well as the TDRP program.

We also provide information for all in attendance to take with them back to their clubs.

LION VI GIBB, 780-672-3828

WHO IS YOUR DISTRICT CHAIRPERSON?

District C-1, Lion Vi Gibb,
780-672-3828

District C-2, Lion Dennis Stevenson
403-605-7765

LIONS CAVALCADE for DIABETES AWARENESS CAMPOUT, PARADE & BBQ EVENT 2017-2018

The Lions Cavalcade for Diabetes annual BBQ/Campout and Parade was held in Millet AB. in June, 2017 hosted by the Millet Lions Club, who held a very successful event, our congratulations go out to them.

The attendance was great this year. There was club representation from Districts C-1 and C-2. 50+ Lions and companions attended the Banquet on Saturday evening. There may have been more over the course of the day as it was held in the Millet Lions Hall and the public was invited.

At the end of our 2017-18 fiscal year Lions Cavalcade for Diabetes Awareness has received \$29,995.00+ in donations (combination of mail and parade of green at event).

Of the funds raised we (the MD Committee) set \$8500.00 aside each year to go toward replacing the Vans (1 In the North region and 1 in the South region,

approximately every 5 years) being used by Diabetes Canada to operate the TDRP Program. The remainder of funds are donated to Diabetes Canada to help with the operating cost of the TDRP program each year.

“We are always accepting donations to this very worthwhile project.”

PER CAPITA DONATION AWARD

Last year (2017-2018) we again held a Per Capita Donation Award competition and they will be awarded to the club in each District with the largest per capita donation to Lions Cavalcade for Diabetes. The winning clubs will be presented with their per capita award plaque at their conventions.

Congratulations to all winners, Plaque C-1: Edmonton South Edmonton and Certificate C-1: Edmonton Strathcona. Plaque C-2: Calgary Properties and Certificate C-2: Lethbridge West Lethbridge.

The per capita donation award continues for 2018-19. We have added a per capita certificate for the 2nd place club in each District.

STRIDES WALK

Congratulations to the Lethbridge West Lethbridge

Lions Club for running a very successful Stride Walk in Lions year 2017-2018 and donating the funds raised to MDC Lions Cavalcade for Diabetes Awareness and we hear another is planned for this Lions year in November.

If anyone is interested in holding a Strides event contact Lion Bryant Ducheminsky at 403-380-3715 or email at bduch@telus.net

ARE YOU INTERESTED IN HOSTING THE LIONS CAVALCADE ANNUAL CAMPOUT and BBQ?

We are looking for a club to host in 2020 and beyond. If any club is interested please contact: Chairperson Lion Dennis Stevenson at 403-605-7765 or pdg37e@sunraybase.ca

ON BEHALF OF THE MDC LIONS CAVALCADE for DIABETES AWARENESS COMMITTEE WE THANK ALL THOSE WHO DONATED IN 2017-18 AND FOR YOUR CONTINUED SUPPORT OF THE TRAVELING DIABETES RESOURCE PROGRAM IN THE YEARS TO COM

“Season Greeting to all from the MDC Lions Cavalcade Committee”



FOR MORE INFORMATION ON DIABETES AWARENESS CLICK ON THE FOLLOWING LINK

www.diabetes.ca

ATTENTION

All donations are to be send to MDC Lions Cavalcade for Diabetes at 2 Chilcotin Way West, Lethbridge, AB. T1K 7L8 not to Diabetes Canada