



Read Between the Lions

Saccadic Fixation* Screening and Remediation Regimen for Reading Skills



Definition: *Saccadic fixation is a keystone visual skill using the jump eye movements required for reading.

Screening: Saccadic Fixation Screening for Reading Skills**
Equipment: Stop watch, screening sheets, score sheets

Remediation: 80 beats per minute to start; 120 beats per minute goal
Equipment: Metronome/phone app, work sheets, marker

4  3  2  Random 2  Random 3 

The following steps*** are repeated out loud to a metronome beat; start at 80 beats, goal is 120 beats:

- 2 single numbers and letters parallel
- Underlined single numbers and letters parallel
- Underlined single numbers and letters random
- Underlined double numbers and letters parallel (Repeat first/last only; 72/80 - L I/ON)
- Underlined double numbers and letters random (Repeat first/last only; 72/80 - L I/ON)

Goal: 2 pages per day
Time allotment: Initial, 10 minutes; after 1 month, 5 minutes
Can be done in small groups

Count 100 lines in any book, repeat out loud the first and last letters on each line, to the metronome beat; start at 80 beats, goal is 120 beats.

5 20-line races: Repeat out loud the first and last letters on each line; use a stop watch.
Goal 20 lines in 25 seconds
20 lines in 20 seconds
20 lines in 18 seconds
20 lines in 15 seconds
20 lines in 13 seconds



Lions Clubs International -- District 46
Washoe County Lions Sight Conservation Committee
www.e-district.org/sites/welccc/page-6.php

