



WASHOE COUNTY LIONS SIGHT CONSERVATION COMMITTEE

P.O. Box 11935 — Reno, NV 89510
Committee Chair Susan Terry - 775-747-2889

susan@skooshink.com
www.e-district.org/sites/WCLSCC



Our mission is to serve the visually disabled.
We accomplish our mission by providing eyeglasses
and eye exams to children and adults in financial need.

Washoe County Lions Sight Conservation Committee is a 501(c)(3) charitable program sponsored by local Reno-Sparks area District 46 Lions Clubs. The program focuses on providing services to children and adults who are referred for eye examinations and eyeglasses. The services are income-based using Federal Poverty Guidelines and are provided FREE to deserving children and adults in financial need. The Committee receives referrals and applications through schools, community service agencies, and Lions Clubs throughout Washoe County. The Committee evaluates the individual applications and coordinates all services. The Committee provides a letter or voucher with instructions and the client then schedules the appointment. The eye examinations are personal donations of time and service by extremely dedicated optical professionals. The Committee also offers information and referrals for FREE Lions sight-related services, which may include eye operations. Since its formation in 1977, the Committee has expended more than \$500,000 in aiding over 10,000 children and adults in the Washoe County area. During the school year, child referrals may be made through your child's school nurse. Those needing eye services may call Lions Clubs at 775-825-8811 for applications.

FREE VISION SCREENING

Lions Clubs International located statewide in District 46 use the Welch Allyn Spot Autorefractor to perform vision screenings on anyone, starting at 6 months of age! The machine **checks for** the following conditions: Myopia (**nearsighted**); hyperopia (**farsighted**); astigmatism (**blurry vision**); gaze deviation/asymmetry (**eye misalignment**); anisocoria (**equal pupil size**); anisometopia (**lack of balance between each eye's ability to refract light**); and amblyopia (**lazy eye**). **Lazy eye is the reduced vision in one eye caused by abnormal visual development early in life. The weaker — or lazy — eye often wanders inward or outward. Amblyopia generally develops from birth up to age 7 years. It is the leading cause of decreased vision in one eye among children. The Lions KidSight USA 6 to 6 program is aimed at lazy eye in children ages 6 months to 6 years.**

READ BETWEEN THE LIONS SACCADIC FIXATION SCREENING AND REMEDIATION REGIMEN FOR READING SKILLS

Saccadic fixation is a keystone visual skill defined as the **jump eye movements necessary for reading**. These micro jump eye movements are a result of the simultaneous and coordinated use of 12 different extra-ocular muscles, 4 intra-ocular muscles, and 4 separate cranial nerves. If these muscles are weak or do not work together, they can be trained with remediation to work together more efficiently. Early detection is obviously the key to getting children on track for successful reading; persons as young as 3 and as old as 103 have been screened for saccadic fixation. The Committee has developed, adapted*, and implemented the Read Between the Lions Saccadic Fixation Screening and Remediation Regimen for Reading Skills (RBTL). The ultimate goal of the RBTL program is to provide a means to first of all identify a lack of saccadic fixation through screening and secondly to help achieve saccadic fixation through remediation using repetitive focusing techniques. Read Between the Lions has been used in elementary schools in the Washoe County School District with proven results. Screening and remediation demonstrations are available on YouTube. For more information and to download FREE screening and remediation forms, visit the Committee's website www.e-district.org/sites/WCLSCC/page-6.php.

ANNUAL COMMUNITY EVENTS

Helen Keller Day • Eye Ball Carnival & Costume Party • Team Eye Ball Trick or Treat for Eyeglasses

ANNUAL AWARD DINNER

Gladys Smart Friends of Sight Award — Presented to a deserving volunteer doctor

*Adapted using King-Devick Test® protocol for screening and Percon Saccadic Fixation Level 1 and 2 protocol for out-loud remediation steps.