THE PRIDE REPORT

District 13-OH5 Newsletter

October 2018



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Making a Difference 1 Lion at a time!

Governor Mike Kerek



Wow! 3 months have flown by. We are a quarter of the way through this Lions year, and I have seen so many great things already.

Canal Winchester's Paws in the Park, North Hampton's street

fair, over to Arcanum for the Pediatric Cancer Fun Walk at Brumbaugh Fruit Farm, Columbus Northern's Touchdown dinner, Tri Village pancake breakfast, inducting new members at Columbus Inner City, Prospect, and Worthington Noon, picnic Rain Plan B in Troy, (food was just as good inside!) Reynoldsburg's "Night on the Olde Town," just to name a few. I've visited numerous club meetings, with many to go, and learned something new at every one. Met a lot of great people along the way.

So much more coming! New member nights at Northridge and Tri Village; Whitehall Area's Spaghetti Dinner and Prospect's NASCAR Night are all things I'm looking forward to just in October, and I have heard of many projects and fundraisers coming up around the district.

Speaking of projects, the OH5 Super Braxton Pediatric Cancer 5K Run/Walk will be held at Reynoldsburg High School, Summit Campus, on October 6. There is still time to register as a walker or even a virtual walker, or contact me if you want to volunteer. If nothing else, come out and cheer people on! Kids' Race starts at 9am, the main race at 9:30am. Lots going on that morning, so join us. All details and registration information can be found on our district website, (along with many other resources!) at **district13oh5.org**.

Our district convention this year will be at the Crown Plaza off Busch Blvd. March 29 will be Friday Fun Night; March 30 will be the rest of it. Cost is \$70 for the entire convention or you can choose other options. Information and registration will be up on our district website, **district13oh5.org**, by the end of the month. (It will also be mailed out as well.) We are going to try to get an online registration available as well for those who are interested in registering that way.

Zone meetings are an important informational time, and can be enjoyable. If you didn't make it to the last one, consider attending the next one. Presidents and secretaries are informed by the zone chairs of dates and locations, and are supposed to share this information with the clubs, but feel free to contact your zone chair directly if you want to be added to the distribution list.

I have a lot of visitations scheduled already, but will be reaching out to clubs that I haven't had a chance to contact. Noon clubs, if you have evening events or weekend events, please let me know. I would like to see you as well, but noon is very difficult due to work.

If you need me at any time, my email is <u>mjkerek@msn.com</u> and my phone is 740-412-4692.

One important item to note: PDG Bob Berry stepped down as GMT (Global Membership) for personal reasons, staying on the district cabinet in other capacities. IPDG Joe Jackson agreed to step into this position. He is a resource for membership nights, new branch club or new club development, and anything related to membership. Utilize him! He's here to serve.

 ${\rm I}$ look forward to meeting new people, seeing new things, and enjoying the Lions experience with you!



First Vice District Governor Jackie Christensen

It's hard to believe it's already been 3 months since this Lions Year began. DG Mike, 2VDG Jason and I have been busy attending many of your events along with many other District/State Meetings. Please continue to stay in touch with your officer team and keep us posted on anything we can do for you.

I want to thank the Lions of District 13-OH5 who came out and helped at the **USA/ Canada Forum**! We had such a great time and it was great catching up with many of you and meeting some new friends from around the US and Canada. Many of us were very busy working but we pulled off a very successful Forum. One of the biggest Strides walks EVER and a great service project where we packaged 2000 bags for children at Columbus and Dayton Children's Hospitals! Way to go, Lions!

I have been working on putting my District Leadership team together for next year. Many great Lions coming back and I'm proud to say, I've talked a few Lions into stepping up to do something new and take on a Cabinet position. I haven't gotten to everyone yet or filled in all the positions, but I am still looking for Lions with fresh ideas and those who want to become active in the District and do something to help further Lionism. Many of you have the skills needed, whether a new Lion or a seasoned Lion, to make a difference at the District Level.

As with DG Mike, I have enjoyed many of the same events around the District as he has and I won't repeat all of that. We do love to see all of you and enjoy sharing and celebrating your events with you.

We are going to have a lot of fun at the District Convention in March. The Friday night festivities involve coming dressed in your best summer beach outfit. There will be a contest for best costume!! ID Gary Brown and his wife are very excited about joining us for the weekend. I met them at the Forum and you will all love them!

Please enjoy all the great information in this newsletter—there are many other projects and events happening throughout our District you won't want to miss!





District News and Information

Upcoming Zone Meetings

October 15th — Zone 4 Meeting — 6:00 PM, Rick Fogle's Auction Barn, Marion

District Project for the Homeless

We have been getting plenty of hard eyeglass cases from all of you. Thank you so much for the outpouring of support in this great endeavor. We have more than 500 cases! Cases continue to come in and we'll continue this project in the upcoming years. We are still in need of donations to fill these cases and we are looking for donations of the following items:

- Bandaids (big and small)
- Wet Wipes
- Antibiotic Ointment
- Sample size meds—Tylenol and Aspirin
- Chapstick
- Toenail clippers
- Tissues (small hand pack)
- Sewing kits (small travel size)

We haven't yet heard back about the Grant from the Memorial Fund to purchase these items. I do still hope to fill somewhere between 500-750 cases. We'll keep you posted on where that stands as we find out more. Thanks to all of you who have reached out to me with questions and your interest in this project. Some of you have even decided to do this yourself in your local community—that is fabulous and why we do projects like this. We'll keep you all posted as we get items to fill the cases and are ready to get them out into your communities. If you can donate any of the above items you can bring them to 1VDG Jackie at your Zone meetings or turn them over to any officer, or we can pick them up from you when we visit your club. Help us make this a GREAT project.

Deadline for all articles is the 25th of the month. Send to: cwpaws13@gmail.com

Any club information about your upcoming events would be greatly appreciated. The goal is to have many clubs sending in their events. Many Lions throughout our District enjoy traveling to other Ohio Lions Club events and supporting your efforts. Give it a try!!



Communications Contest

Runs from **Oct 1-Mar 1**. Don't forget if you signed up, make sure you get all your communications information out.

Other District Projects

We are continuing our District projects from last year—so at next year's convention don't forget to bring your **Legos** for the kids at Children's Hospital and your **Vegetable Seeds** for those who can't afford to buy vegetables at the grocery store. If you aren't coming to the convention, which we sure hope you do, you can also bring these items to your Zone meeting or get them to your Zone Chair or District Officer when they visit your club or event and we'll make sure they get where they need to go.

Compliance Deadlines

Congratulations to the Lions Clubs of District 13-OH5. You are the only district in Ohio that is 100% registered with the Ohio Attorney General's Office. While that is outstanding, please remember that this legal requirement is an annual filing. All clubs that use the standard fiscal year of July 1st to June 30th must file their 2018 return before November 15th. As of this writing only 41% of the clubs have done so. Please don't wait until the last minute. File your return now. Go to <u>www.OhioAttorneyGeneral.gov</u> and click on "Charitable Registration" at the bottom of the page. If you run into any difficulty, contact Lion Steve Kaplan at <u>skpk1984@aol.com</u>.

Also remember that the club's IRS return for 2017-18 is also due on the same date (if you use the standard fiscal year). For clubs with a gross revenue below \$50,000 a simple form 990-N or e-postcard will do. Last year there was a 94% compliance rate for 13-OH5 clubs and foundations. So far this year, only 33% have filed. So again, avoid problems and don't wait until the last minute. Go to IRS.gov and click on "Charities and Nonprofits" and then "Annual Reporting and Filing." If you run into any difficulty, contact Lion Steve Kaplan at <u>skpk1984@aol.com</u>.

Peace Poster and Essay Contest

November 15 is the deadline for peace poster and peace essays to be turned into DG Mike. Each school or organization may only have one winning essay or poster. For questions contact IPDG Joe Jackson at <u>shoelessjj71@gmail.com</u>.



| | | Contraction of the second |
|---|---|--|
| 100% of net proceeds will go to pediatric cancer causes. | Super Braxto Pediatric Cancer 5K Run October 6, 2018 Reynoldsburg HS Summit Ca 8579 Summit Road, Reynoldsl | /Walk B ampus <u>fijitin</u> (jiji |
| 8:00-9:00am F | Registration 9:00am Kids Fun R | |
| Registering for | or (Please Check One): | |
| I am a form registering to wal | ing as a regular participant. (Age:) er or current pediatric cancer patient, or i k/run. (FREE, but still must register.) ng as a Virtual Walker. (Walk on your own orting the cause.) | mmediate family member, |
| If using this form fo | r multiple participants, please add each additi | ional person in the lines below: |
| | Age | Age |
| | Age | Age |
| Contact Informa | tion: | |
| Name: | Team Name (if a | applicable): |
| Address: | | |
| City | State | 70. |

Phone: _____ Email: _____

Shirt(s) needed: ____CM ____CL ___S ___M ___L ___XL ___2XL ___3XL

Enclosed please find my payment of: \$_____ Ck #: _____ Ck #: _____ (Additional donations are appreciated and can be included in the check or money order.)

\$30/participant, which includes T-Shirt. \$25/Virtual Walker, which does NOT include a T-Shirt. Children ages 6-12 are \$15, includes shirt. Former and current Pediatric Cancer patients and their immediate families are free, but must still register. Make checks payable to **Reynoldsburg Lions Club Charitable Fund** and mail to *Super Braxton Pediatric Cancer Run, c/o Reynoldsburg Lions*. *P.O. Box 575, Reynoldsburg, OH 43068.* Contact **info@lionsoh5.org** with questions, or vi **district13oh5.org. Sponsored by OH5 Lions. Hosted by the Reynoldsburg Lions Club & the Reynoldsburg HS Leos Club**.





Lions Clubs International District 13-OH5 PDG Association

District 13-OH5 Honor Roll

Qualifications

- I. Current Lions
 - A. Lion for at least ten (10) years
 - B. Lions who have shown leadership, but is not necessarily a current or past Club Officer
 - C. Made a difference to the Club
 - D. Other Community activities outside Lions
 - E. Lion cannot be a member of the Honor Roll Committee
- II. Nomination Process
 - A. Nomination submitted by any of the following in the District:
 - 1. A Lion or group of Lions
 - Club
 - 3. Zone
 - B. With the nomination submit
 - 1. Reason for the nomination
 - 2. Stories about the nominee
 - 3. Must include a photo of the nominee
 - C. Nominations shall be postmarked or emailed by January 31st of the current Lions Year.
- III. The total number of inductees will be limited to:
 - A. Maximum of five (5) per year
 - B. Up to one (1) of the five (5) can be deceased Lions
- IV. Selection of each of the year's inductees will be determined by the Honor Roll Committee

Award

- I. Small Plaque
 - A. Presented to individual inductee
 - B. Present at District Convention
- II. Lapel Pin
- III. Lions Banner
 - A. With complete list of inductees through the years
 - B. Display banner at events
 - 1. District Convention
 - 2. District Officer Training
 - 3. Zone Meetings
 - C. Store in possession of a Honor Roll Committee member
- IV. Display inductee name, photo, and induction year on District Website



District 13-OH5 Honor Roll

| Requester: | | | | |
|--|---------------------------------------|-------------|--|--|
| Name: | | | | |
| First | | Last | | |
| | | | | |
| Club: | Zone: | | | |
| | | | | |
| Person to be nominated: | | | | |
| | | | | |
| Name: | | | | |
| First | | Last | | |
| | | | | |
| Club: | | | | |
| | | | | |
| Years in Lionism: (Must | t be at least 10 years to qualify for | nomination) | | |
| | , , , | | | |
| Attach information on how this L | ion: | | | |
| Has made a difference | | | | |
| Is active in the communication | | | | |
| Include stories about the stories a | | | | |
| Don't forget to include a picture of the Lion | | | | |
| - | | | | |
| Is the award being given posthumously | ? | | | |
| | | | | |
| Send form to PCC Dave Risen – | 1210 Hilton Dr. Dovnoldsburg Ok | 43068 | | |
| Send form to POC Dave Risen - | (614) 212-3488 Cell or (614) 864- | | | |
| | drisen@insight.rr.com | | | |
| | | | | |
| Deadline: ALL NOMINATIONS NEED | TO BE RECEIVED BY JANUARY | 31th | | |



Club News and Information

<u>Upcoming Club Events</u>

Delaware Lions Club

Fall Golf Scramble—Oct. 6, 2018—Mill Creek Golf Club, Registration begins at 11 am; shotgun start 1 pm. Register on line at <u>www.Millcreekgolfclub.com</u>. See flyer in this newsletter for more details.

Beechcroft Lions Club

Pasta Dinner—October 28, 2018—12:00-3:00 pm—Bruzzi Club, 273 Hannawalt Dr., Westerville, OH. Adults \$20; Children 3-12 \$5; under 3—free. See flyer in this newsletter for more details.

Whitehall Area Lions Club

Spaghetti Dinner—Oct. 14, 2018 — Noon—4 pm, Berwick Manor Party House, 3250 Refugee Rd., Columbus—\$11.00; Children 10 & Under—\$6.00—Carry out is available!

Prospect Lions Club

Nascar Night—Oct. 13, 2018—4:00 pm—All Occasions Banquet Facility, Waldo, OH



Congratulations to Westerville Lions Club

On there 90th Year in Lions!





Delaware Lions Fall Scramble



Mill Creek Golf Club 7259 Penn Road Ostrander, Ohio 43061 Phone: 740-666-7711

Saturday, Oct. 6, 2018 Cost: \$56 per player Shot-Gun 1:00 pm 4 Man Teams Amateurs Only

Flighted by scores

Enjoy a complete program of special events, 18 holes of golf (including cart), cash skins, merchandise certificates and exciting awards presentation..... All for just \$56/ player

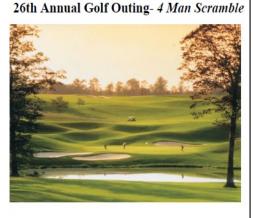
Tel: 740-666-7711

Food Concession provided by Delaware Lions Club

All proceeds benefit sight assistance and blindness prevention in Delaware, Ohio and throughout the world

Player #3

Player #4



This year's event will be held Saturday, October 6, 2018 at the wellmanicured Mill Creek Golf Club in Ostrander, Ohio.

Sign up on line at: Millcreekgolfclub.com

Registration begins at 11 am, with a Shot Gun start at 1 pm.

The cost for this event is only \$56. This price includes entry into all events, 18 holes of golf, riding cart, and various merchandise certificates and awards.

RETURN TO: Mill Creek Golf Club Entry Form: Delaware Lions Fall Scramble

Captain Email_____Phone_____ Player #2

BEECHCROFT LIONS Pasta Dinner



October 28, 2018 Sunday 12:00 – 3:00 pm Adults: \$ 10 Children 3-12: \$ 5 Children under 3-Free Carry Out will be available Pasta-(2) Meatballs Green Beans/Potatoes Salad Rolls/Butter

Coffee-Water-Soft Drinks

Cash Bar: Beer and Wine

Abruzzi Club



273 Hannawalt Drive-Westerville, 43081 <u>To Purchase Tickets:</u> Contact Roger Heckel <u>rhecke6245@gmail.com</u> Reserve your ticket via PayPay on <u>www.e-clubhouse.org/sites/columbusbeechcroft</u> 614.882.6245 or 740.971.7495





State News and Information



2019 Ohio Lions Winter Retreat

10th Anniversary



January 18, 19, 20, 2019 REGISTRATION FORM MAUMEE BAY STATE PARK RESORT OREGON, OH

REGISTRATION:

Full registration paid by December 1, 2018 will be \$120.00. Full registrations December 2, 2018-January 3, 2019 will be \$140.00. No registrations will be accepted after January 3, 2019. Make all checks payable to: "THE OHIO LIONS" and specify LIONS WINTER RETREAT in the memo line and return with this registration form to: Ohio Lions, 4074 Hoover Rd., Grove City, OH 43123; Fax: 614-539-5055; Email: ohiolions@gmail.com. To use your credit card: go to www.ohiolions.org & use PayPal and send your registration form to the address above. NO CANCELLATIONS WILL BE REFUNDED AFTER JANUARY 4, 2019.

Please provide an Email address to receive updates on the Winter Retreat! District

rict

This year Saturday night's meal you'll have a choice of chicken or salmon. Please designate choice below. If no item is marked you will be served chicken.

| NAME: | EMAIL | Chicken | Salmon | | |
|--|---|------------------------------|----------------|--|--|
| NAME: | EMAIL | Chicken | Salmon | | |
| TOTAL FEES ENCLOSED: \$ Children's meals available: | Total number of children: | (price per meal to | be determined) | | |
| SPECIAL NEEDS: Please Li Registrant's Name: Registrant's Name: | ist any special dietary needs required, including Needs: Needs: Needs: | g the need for a Diabetic Me | al | | |
| Session Facilitators | | | | | |

Yes.

____ would help as a session facilitator at the Winter Retreat.

HOTEL RESERVATIONS

Hotel reservations must be made through the hotel at <u>http://www.maumeebaystateparklodge.com</u> or by phone **1-800-282-7275**. Room reservations prior to November 30, 2018, may be made by requesting the Ohio Lions group rate of \$106.00/night plus tax <u>with 1 to 4 persons per room</u>. After November 30th the room rate may increase. The resort only has a limited number of 95 rooms and may sell out. The State Office will not accept hotel reservations or room deposits.



Check out <u>www.maumeebaystatepark.com</u> for all of the winter events and resort amenities that are offered at the lodge. Make this a family outing!!!





State Pins

2019 State pins are available at \$2.00 each and may be obtained from Lions Merle Dutt, Lion Pauline Rogers, Lion PDG Eileen Brenner or Lion PDG Karl Cox. A "NEW" design and a "BEAUTIFUL" pin is a "MUST" to add to your collection.



Lions Club Logo Ohio License Plate Now Available

On Sale Now!! No need to wait for your renewal!!

Where - <u>WWW.OPLATES.COM</u> or your local Deputy Registrar / BMV

Details - Just request the Lions Club Logo License Plate at the BMV or at <u>WWW.OPLATES.COM</u>. There is a \$25 additional charge for the Lions Club Logo Plate, however \$15 of that charge is a contribution to the Ohio Lions Foundation.

You do not have to wait until your plate needs renewed, you can order the plate now for just the Logo Fee (\$25*), Service fee (\$3.50*), New Plate Fee (\$8.25*) and Postage (\$3.02*) If also renewing your license plate the Annual Vehicle Renewal Registration Fees apply. *Costs may vary dues to local taxes Please check <u>WWW.OPLATES.COM</u> or your local Deputy Registrar/BMV for the actual cost and fees *

Contact - If you have Questions please contact PDG Joe Jackson, <u>shoeless-jj71@gmail.com</u>





International News and Information

INTERNATIONAL NEWS

Emerging Lions Leadership Institute—Chicago, Illinois—November 3-5, 2018. If you are interested and/or want to gain valuable leadership skills this training is for you! Only 100 Lions from our Constitutional Area will be accepted, so sign up early! Cost to attend is \$125. Application forms can be found here: <u>http://www.lionsclubs.org/resources/all/pdfs/elli-chicago.pdf</u>

October is **Vision Awareness Month**—start planning now to some vision screenings during this month.

November is **Diabetes Awareness Month**—plan a diabetes screening in your community! See the information in this newsletter for Diabetes screening training!!

Campaign 100: LCIF Empowering Global Service

As challenges facing our world expand, so must our capacity to combat them. To build a future promising even greater service impact, Lions Clubs International Foundation (LCIF) – your foundation – proudly introduces **Campaign 100: LCIF Empowering Service**.



The most ambitious fundraising effort in LCIF's history, Campaign 100 will span three years and seek to raise US\$300 million by June 30, 2021. Campaign 100 will empower Lions to serve 200+ million people a year by:

- Increasing service impact
- Fighting diabetes
- Expanding global causes

These are not things that any one Lion, club or district can do alone. But together, we can. Together, our work and personal financial gifts to our foundation will ensure a brighter future for the next 100 years – and beyond. Bookmark **LCIF.org/BE100** to stay up-to-date on our new initiative.

See the video on-line: <u>https://youtu.be/epTESXyrpeQ</u>

Check out LCIF's Brochure here: <u>http://www.lionsclubs.org/resources/all/pdfs/lcif/</u>

ca brochure d7.pdf





LEARN

- Work with a healthcare professional to organize an educational talk about diabetes, pre-diabetes, prevention and management at your club or district meeting.
- Facilitate a discussion about diabetes to encourage club members to share their personal connections to the disease.
- Visit/explore the website of your national diabetes association and other organizations to learn more about diabetes.
- Share a low glycemic index snack at your club meeting and ask a nutritionist or diabetes educator to teach club
 members and their families about interpreting food labels.
- Sign-up for MyLION and learn how Lions and Leos are getting involved in diabetes service.
- Download an app that educates and encourages healthy lifestyle choices. Invite club members to participate in a healthy lifestyles related challenge.

ACT // BEGINNER

- Donate a diabetes magazine subscription or diabetes-related books to your local library.
- Invite a role model with diabetes to a local school to talk about healthy lifestyle choices.
- Sponsor a child to attend a diabetes camp and/or supply a camp with needed supplies.
- Post monthly notices on your club or district website and social media accounts, sharing available community resources for people with or at risk of diabetes.
- Write about healthy lifestyle choices in your community or school newspaper.
- Organize a Strides: Lions for Diabetes Awareness event in your community.
- Develop a list of patient resources and services and distribute them to Lions and the public.

ACT // INTERMEDIATE

- Partner with healthcare professionals to organize a screening for diabetes, diabetic retinopathy and diabetic foot.
- Promote diabetes prevention through social media campaigns or radio announcements.
- Volunteer for a day at a diabetes camp. Visit www.diabetescamps. org to find a camp near you.
- Sponsor a healthy cooking demonstration for people with diabetes and pre-diabetes.
- Organize a weekly walking club at your place of work and share a healthy snack afterwards.
- Bring fresh fruits or vegetables to an elementary school classroom to encourage children to try a variety of healthy foods.
- Collaborate with a healthcare professional to organize a physical activity and promote exercise.
- Donate needed exercise equipment to a community center or school.

ACT // ADVANCED

- Organize a community support group for people diagnosed with diabetes and their families.
- Work with a healthcare professional to organize a mentorship program, pairing a younger person with diabetes with an older mentor.
- Organize a school or community vegetable garden to encourage healthy eating.
- Establish a fitness room or ongoing fitness classes at a community center or school.
- Sponsor a training program for community healthcare workers to learn about screening, community support programs and prevention of diabetes complications.



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