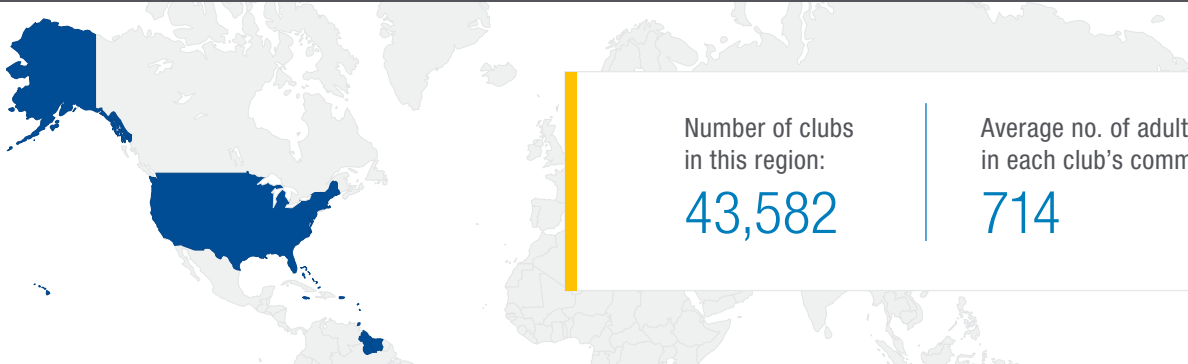




## Constitutional Area 1 United States of America, Its Affiliates, Bermuda & The Bahamas



Number of clubs in this region:

**43,582**

Average no. of adults with diabetes in each club's community

**714**

Constitutional Area overview	
Adult population <b>239.3 million</b>	Adults with diabetes <b>31.2 million</b>
Regional prevalence <b>13.0%</b>	Undiagnosed diabetes cases <b>1.4 million</b>
Diabetes-related deaths <b>182,800</b>	Children with Type 1 diabetes (0-19 years) <b>92,110</b>

Highest adult (20-79 years) diabetes cases	
<b>1</b> United States of America	<b>30.2 million</b>
<b>2</b> Puerto Rico	<b>400,570</b>
<b>3</b> Jamaica	<b>209,340</b>
<b>4</b> Trinidad & Tobago	<b>117,420</b>
<b>5</b> Guyana	<b>52,380</b>

### Global statistics

- ▶ **1 in 11** adults has diabetes
- ▶ **Over 425 million** people have diabetes; by 2045 this number will reach 629 million
- ▶ **1 in 2** adults with diabetes is undiagnosed (212 million), and at a higher risk of developing harmful and costly complications
- ▶ **352 million** people are at risk of developing Type 2 diabetes, which is increasing in most countries
- ▶ **Over 1.1 million** children are living with Type 1 diabetes
- ▶ **4 million deaths** were caused by diabetes in 2017
- ▶ **79%** of adults with diabetes are living in low- and middle-income countries
- ▶ **1 in 7** More than 21 million live births (1 in 7) were affected by diabetes during pregnancy in 2017
- ▶ **727 billion** In 2017, diabetes caused at least US\$727 billion dollars in health expenditure—12% of total spending on adults.

IN PARTNERSHIP WITH



**International Diabetes Federation**

#### NEED MORE INFORMATION?

Visit [lionsclubs.org](http://lionsclubs.org) to learn how Lions Clubs International is serving on the frontlines of diabetes

# Diabetes Fact Sheet 2018-19

Country/territory	Adult population (20-79 years)	Diabetes cases (20-79 years)	Diabetes national prevalence (%)	Undiagnosed diabetes cases (20-79 years)	Children with Type 1 diabetes (0-19 years)	Diabetes-related deaths (20-79 years)	Total Lions clubs	Avg. adults w/ diabetes per community
<b>Anguilla*</b>	9,670	1,290	13.30	450	0	-	5	258
IDF Member: Anguilla Diabetes Association   City: The Valley   Phone: +1 264 497 2426, +1 264 497 3763								
<b>Antigua and Barbuda*</b>	62,190	8,470	13.61	2,580	10	70	6	1,412
IDF Member: Antigua and Barbuda Diabetes Association   City: St. John's   Phone: +1 268 463 9084								
<b>Bahamas*</b>	279,480	37,860	13.55	11,540	60	320	11	3,442
IDF Member not applicable. Contact the IDF at idf-nac@idf.org for more information.								
<b>Barbados</b>	202,890	35,620	17.55	9,330	20	290	18	1,979
IDF Member: Diabetes Association of Barbados   City: St. Michael   Phone: +1 246 427 9338, +1 246 437 2285								
<b>Bermuda</b>	43,770	6,650	15.19	2,580	0	-	20	333
IDF Member: Bermuda Diabetes Association   City: Devonshire   Phone: +1 441 239 2027								
<b>British Virgin Islands</b>	20,260	2,840	14.02	870	10	-	12	237
IDF Member: British Virgin Islands Diabetes Association   City: Tortola   Phone: +1 284 494 4125								
<b>Cayman Islands*</b>	39,970	5,450	13.63	1,660	0	-	11	3,442
IDF Member: Cayman Islands Diabetes Association   City: Grand Cayman   Phone: +1 345 916 0995								
<b>Dominica*</b>	47,610	6,030	12.66	2,130	10	60	5	1,206
IDF Member: Dominica Diabetes Association   City: Goodwill   Phone: +1 767 285 4125								
<b>Grenada</b>	68,340	6,490	9.49	2,290	10	100	9	721
IDF Member: Grenada Diabetes Association   City: St. Georges   Phone: +1 473 449 0888								
<b>Guyana*</b>	463,100	52,380	11.31	18,530	0	890	42	1,247
IDF Member: Guyana Diabetic Association   City: Georgetown   Phone: +011 592 223 7597								
<b>Jamaica</b>	1,842,500	209,340	11.36	51,180	90	2,130	77	2,719
IDF Member: Diabetes Association of Jamaica   City: Kingston   Phone: +1 876 927 9960								
<b>Montserrat*</b>	3,370	470	0.14	140	0	-	4	118
IDF Member: Montserrat Diabetes Association   City: St. John's   Phone: +1 664 491 3310								
<b>Puerto Rico</b>	2,596,570	400,570	15.43	123,980	720	-	-	2,688
IDF Member: Asociación Puertorriqueña de Diabetes   City: San Juan   Phone: +1 787 729 2210								
<b>Saint Christopher-Nevis</b>	36,880	5,010	13.58	1,530	0	60	8	626
IDF Member: St. Kitts Diabetes Association   City: Basseterre   Phone: +1 869 764 7865								
<b>Saint Lucia*</b>	125,650	14,160	11.27	5,010	10	150	13	1,089
IDF Member: St. Lucia Diabetic and Hypertension Association   City: Castries   Phone: +1 758 452 7693								
<b>Saint Vincent and the Grenadines*</b>	72,430	8,430	11.64	2,980	10	120	9	937
IDF Member not applicable. Contact the IDF at idf-nac@idf.org for more information.								
<b>Sint Maarten (Dutch Part)</b>	26,050	3,550	13.63	1,080	0	-	4	876
IDF Member not applicable. Contact the IDF at idfeurope@idf-europe.org for more information.								
<b>Suriname</b>	351,580	45,660	12.99	16,150	0	540	29	1,574
IDF Member: Diabetes Vereniging Suriname   City: Paramaribo   Phone: +1 597 497918								
<b>Trinidad and Tobago</b>	977,020	117,420	12.02	35,800	100	1,330	69	1,702
IDF Member: Diabetes Association of Trinidad and Tobago   City: Chaguanas   Phone: +1 868 672 0864								
<b>United States of America</b>	231,954,990	30,187,480	13.01	1,154,380	91,040	176,740	43,230	701
IDF Member: American Diabetes Association   City: Alexandria, VA   Phone: +1 703 299 2068								
<b>United States Virgin Islands</b>	74,640	1,230	16.48	3,410	20	-	-	20
IDF Member not applicable. Contact the IDF at idf-nac@idf.org for more information.								
<b>Total</b>	<b>239,298,960</b>	<b>31,156,400</b>	<b>8.51% (average)</b>	<b>1,447,050</b>	<b>92,110</b>	<b>182,800</b>	<b>43,582</b>	<b>714 (average)</b>

\*Data estimate provided by IDF from similar countries.