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**POST FALLS LION**  
**DG NEWSLETTER**  
**NOVEMBER 2013**  
Volume 13-14, Issue 05

**DISTRICT GOVERNOR 19E**

**KEN COOK, ESQ**

**FROM THE DESK OF YOUR ESTEEMED  
DG KEN COOK, ESQ**

208-765-2538 [kcook12@roadrunner.com](mailto:kcook12@roadrunner.com)

It's November already. Before long it will be Christmas. Then before we know it the Spring Conference will be here. The time is just flying by. I am having the time of my life and I am Living My Dream. I have visited twenty two Lions, Lioness, and Leos Clubs, and I have to say we have the best bunch Lions, Lioness and Leos in this Multiple District. When someone says they need help one of our clubs steps up and provides the help. Some of the things you do to raise funds are: cooking pancakes, hamburgers, hot dogs, chicken strips, corn on cob, collect bottles and hold raffles just to name a few. What a great bunch of people we have.

International President Barry Palmer wants all the clubs to do the Club Excellence Program (CEP) to help do a community assessment to find where your club needs to work, so we all stay healthy.

One of President Barry Palmer's goals is to Reach: reaching out to others is imbedded in our heritage. To understand the meaning of being a Lion just look at the code of ethics.

On the 10<sup>th</sup> of November we will be starting training to start a Lions Club in Coeur d'Alene. Those of you who would like to help please contact PDG Brian Ross. We will also be doing training for Certified Guiding Lion.

The fun night for the Spring Conference is going to be a lot of fun, with games, a raffle and dancing. The raffle for fun night is growing each week (airplane ride, a quilt, bottles wine, brandy, hats, a chair, a trunk and beef jerky) just to name a few. Your Zone Chair or club Presidents have raffle tickets. Remember this is one of the ways we pay for your Conference. It would nice to see all the clubs in our district with someone there.

My visitation schedule for November

- 7<sup>th</sup> – North Pend Oreille Valley
- 11<sup>th</sup> – Spokane Suburban North
- 12<sup>th</sup> – Pinehurst/Kingston
- 13<sup>th</sup> – Wilbur
- 18<sup>th</sup> – Lake Windermere
- 19<sup>th</sup> – Wasa
- 20<sup>th</sup> – Golden District
- 21<sup>st</sup> – Medical Lake
- 23<sup>rd</sup> – Zones 1,2&9 meeting Spokane**
- 25<sup>th</sup> – Rockford
- 26<sup>th</sup> – Spokane Shadle North

DG Ken (Killer) Cook

**FROM THE DESK OF  
District 19 E VDG KIM Di Rienz**

509-446-4708  
[kdirienz@hotmail.com](mailto:kdirienz@hotmail.com)

**Give Thanks!**

Our Canadian Lions have recently celebrated their Thanksgiving holiday and our US Lions will be celebrating this month. Please take time to thank the many people in your club and community that make it a better place for everyone. So many people who serve, do so as volunteers, so your smile and "Thank You" will be the only pay they receive. It really does feel good to be at the receiving end and it feels good to give as well.

Be happy, be healthy, be thankful!

Thank You!!

**Kim Di Rienz**

Vice District Governor, District 19E

**Public Relations Chairperson**

**Denise Murray**

**731-697-7211**

[denisemurray1@msn.com](mailto:denisemurray1@msn.com)

"Hello, My Fellow Lions ~

What a great October we have had and what a wonderful array of events that we have done!

With November here, Thanksgiving around the corner and only 8 weekends left before Christmas.

I really need you to send me every little thing that you and your club are doing!

I want to hear about your craft fairs, your bake sales, food drives, Thanksgiving dinners, Christmas Parties, Sight & Hearing Van activities - - any event that you have for the month of November and December!! Need volunteers? Let me know that too.

As always, it is a pleasure to advertise your events!

And 'thank you' for all you do for your communities!!

Yours in Lionism,  
Denise"

Community Volunteer

19-E Public Relations Chairperson for Lions

Lion Denise Murray of the Spokane Shadle North Lions Club

**District 19 E Peace Poster Chair**

**Patti Patterson**

208-964-2121

[pattipatterson2006@yahoo.com](mailto:pattipatterson2006@yahoo.com)

"Our World, Our Future"

It would be great if every club has a poster to enter this year. We are quickly approaching some important deadlines for the Peace Poster contest. Please collect your entries and proceed with choosing winners for your club. Each club may sponsor more than one contest and therefore may have more than one winning entry to submit to the district.

- **November 15:** Postmark deadline for a club to send one winning poster (per contest sponsored) to the district governor.
- **December 1:** Postmark deadline for a Governor to send one winning district poster to multiple district council chairperson.

You may **send your entries to me** at:

Rathdrum Lion Patti Patterson

Peace Poster Chair

17202 N. Ramsey Rd.

Rathdrum, ID 83858

**Please remember that posters must be rolled and tube mailed and must have the completed sticker from the Peace Poster Kit on the back!**

Patti Patterson

**Tribute to District 19E Lions  
who have passed away**

[Our condolences to the club and family](#)

If your club has a member who has passed away, be sure to let us know, so we can honor them now and at our Spring Conference and the MD Convention.

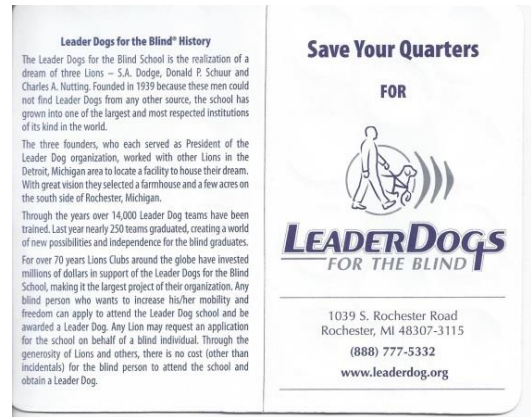
## District 19E Leader Dog Chair

VDG KIM Di Rienz

509-446-4708 [kdirienz@hotmail.com](mailto:kdirienz@hotmail.com)

### Coming Soon – Quarter Cards!

Leader Dogs for the Blind has developed an easy way to help Lions (and others) put their spare change to good use; Quarter Cards. By slipping a stray quarter into a slot in the card, you can easily start collecting a donation for Leader Dogs. One card will hold up to \$5.00 worth of quarters. Once a card is full, just bank it and write a check for that amount to Leader Dogs for the Blind and mail it to me at: PO Box 526, Metaline Falls, WA 99153.



I have ordered enough quarter cards to send some out to each US Club in District E. I would love to have 100% of our clubs make a donation to Leader Dogs this year. Please consider making a difference with your spare change. I also encourage our Canadian clubs to make donations to the Guide Dog program.

**Kim Di Rienz**

**GLOBAL MEMBERSHIP TEAM District E**

**PDG Brian Ross**

509-935-6533

[bandross@centurylink.net](mailto:bandross@centurylink.net)

October 25, 2013  
Lions of District E,

We are in the process of starting a club again in Coeur d'Alene, Idaho. Those of you who are interested in helping and learning how to approach potential members are encouraged to be at the Best Western in Coeur d'Alene. We will start the training November 10 at 9:00 AM until noon break for lunch (special menu) then reassemble at 1:30 until 3:30 to finalize the 1<sup>st</sup> day. Monday, we will hit the streets of Coeur d'Alene and put our knowledge to work looking to build that new club. At 4:00 p.m. we will return to the Best Western to pool our successes and enjoy an evening meal off the menu. We are hoping that Tuesday we will conduct the first organizational meeting in the evening at the Senior Center.

If any lion would like to become a Certified Guiding Lion, let me know, that training will also be available on Sunday.

A block of rooms are available at Best Western if you would like to stay. \$89.00 is the "Lions" rate: ask for Carol or Jessica.

We would like to see at least 15 to 20 or more members involved.

Please respond back to me so we know the number of volunteers we will have available. And we can have a head count for Sunday lunch and Monday dinner.

PDG Brian Ross

**LEO (US) Chairperson**

**PZC Leonard Parenteau**

208-448-1852

[thmmom@hotmail.com](mailto:thmmom@hotmail.com)

We have hopes of bringing a new charter Leo Club into our District. Thanks to Post Falls Club members for taking the initiative.

Now, we need more clubs to make contact with school leaders and other community organizations about starting a LEO Club.

## 2013-2014 DG VISITATIONS

06 NOV Wed Rosalia  
07 NOV Tur North Pend Orielle Valley  
11 NOV Mon Spokane Suburban North  
**11 NOV Mon Veterans Day (USA)**  
12 NOV Tue Pinehurst Kingston  
13 NOV Wed Wilbur  
18 NOV Mon Lake Windermere  
19 NOV Tue Wasa  
20 NOV Wed Golden District  
21 NOV Tur Medical Lake  
25 NOV Mon Rockford  
**23 NOV Sat Zones 1,2&9 meeting Spokane**  
26 NOV Tue Shadle North  
**28 NOV Tur Thanksgiving (USA)**  
  
02 DEC Mon Spokane S.P.D.  
04 DEC Wed Chewelah Valley  
16 DEC Mon Osburn  
17 DEC Tue Almira  
18 DEC Wed Mark Creek  
**24 DEC Tue Christmas Eve**  
**25 DEC Wed Christmas Day**  
**31 DEC Tue New Years Eve**  
  
**01 JAN Wed New Years Day**  
07 JAN Tue Grand Coulee Dam  
09 JAN Tur Northport  
13 JAN Mon Sandpoint  
15 JAN Wed Salmo  
21 JAN Tue Smelterville  
22 JAN Wed Post Falls  
27 JAN Mon Rathdrum  
  
**01 FEB Sat Cabinet Meeting (Spokane)**  
04 FEB Tue Priest Lake Kaniksu  
05 FEB Wed Coolin Branch  
11 FEB Tue Coulee Hartline  
18 FEB Tue Davenport  
**17 FEB Mon Presidents Day**  
  
**20 APR Sun Easter**  
**25-26 APR Spring Conference Worley ID**  
**27 APR Sun Transitional Cabinet Meeting**  
  
**26 MAY Mon Memorial Day**

## Environmental Chair

**Roger Arleth**

509-251-4685

[lbr4515@msn.com](mailto:lbr4515@msn.com)

### Environment Photo Contest:

Now is the time to be looking at the beautiful Fall scenes and snapping your pictures. Here are the instructions for the Photo contest:

- A. An 8X10 photo must be submitted to your club by Dec. 1, 2013
- B. The winning club photo is to be submitted to me by Jan. 1, 2014
- C. The winning district photo will be submitted to Multiple District 19 by Jan 15, 2015
- D. The photo is to have the title and name of the person who took the photo and the club and district they are from on the back.

The Multiple District has a Highway Road Sign contest. Does your club have a road sign letting people know there is a Lions Club in your town? Is the sign a little run down? How about fixing it up to look nice and inviting? More details will be coming, but let's spruce up our environment and promote Lionism at the same time.

## SPRING CONFERENCE – OPPORTUNITY FOR CLUBS

The 19E 2014 Spring Conference will be held April 25, 26 & 27<sup>th</sup> at the Coeur d'Alene Resort in Worley, Idaho. We are seeking contributions to help defray costs associated with the event.

The cost of coffee for breaks during the conference is approximately \$25.00 per urn. Each urn serves 30-40 individuals.

We are asking clubs to donate towards supplying coffee for the breaks. Your donation will be greatly appreciated and the club will be acknowledged by signage nearby the coffee urns.

Please forward your donation to PZC Lonnie Morse, Conference Registrar, PO Box 1407, Rathdrum, ID 83858 (Phone 208-777-5157). Designate Complementary Coffee on the FOR: line.

Thanks for your club's donation in advance from DG Ken and your Conference Committee.

Conference Chair

PDG Bill Brewer

509-328-6935

Conference Co-Chair

PZC Harry Lippincott

509 443-0570

Registration Chair

PZC Lonnie Morse

208-777-5157

[hlippin1@comcast.net](mailto:hlippin1@comcast.net)

[lionlonnie@gmail.com](mailto:lionlonnie@gmail.com)

## LEADERSHIP 101

PDG Bob Ekler

208-443-7039 [meatcutter.88@gmail.com](mailto:meatcutter.88@gmail.com)

It is now official; we will be holding a Leadership 101 class at the District Spring Conference. The date will be Friday, April 25<sup>th</sup>, 2014. The class will start at 8:00 a.m. and end at 3:00 p.m.

We must have at least 15 Lions in attendance and up to 30 to make the class worth giving. Your support is need.

It is now time for those who wish to attend to send me their name and what club they are from and what position you have held in your club. Everyone is welcome to attend the class. The cost is only \$35.00 and most clubs will pay for their members to attend.

The \$35.00 covers the cost of material for presentation, and includes lunch.

If you are planning on attending the Spring Conference, this is a great way to attend a Leadership class and enjoy the conference at the same time. We will complete the class in time for you to have dinner and attend the Friday Fun Night.

Don't wait; respond now by sending me your name, phone number, email address, club name and your check for \$35.00. Reserve you spot now.

Make your check out to **District "E" Account** and mail to PDG Bob Ekler, P.O. Box 420, Nordman, ID 83848.

Make check to **DISTRICT E Account** and mail to Bob Ekler, P.O. Box 420, Nordman, ID 83848

### District 19E CARE Chairperson

ZC Bob Yeoman

[bbyeoman@msn.com](mailto:bbyeoman@msn.com)

For a second year in a row, MD 19 has committed to supporting CARE's work in El Salvador to combat one of the worst forms of abuse against children - the sexual exploitation of girls and adolescents for commercial purposes. In this past year, from 2012-2013, MD 19 was able to raise over \$44,000 for this important cause. The CARE staff in El Salvador will begin our project this fall, intergating efforts to protect children, especially girls, from harmful practices into our broader education work with children. District Governor Ken Cook this year is requesting that all clubs in District E contribute to this important cause.

## District 19E Contests & Awards Co-Chairpersons

Linda Anderson &

PZC Cheryl Ekler

(208) 443-3313 or

(208) 443-7039

[meatcutter.88@gmail.com](mailto:meatcutter.88@gmail.com)

### CONTEST & AWARDS

Presidents and Secretaries Contest & Awards requirements, rules & instructions are in the back of the Multiple District "19" 2013-2014 Roster Book. Please share this information with your members who may be interested and feel comfortable in participating in Contest & Awards.

There are a lot of categories to compete in, like scrapbooks, musical performances, musical comedy, club brochures, club business cards, tall tales, club achievements, club website and much more.

So please talk with your very talented club members and lets have a great show of participation at DG Ken's Spring Conference.

### DIABETES AWARENESS Chair

Kay DeFrancesco

208-691-3476

[bkde1944@gmail.com](mailto:bkde1944@gmail.com)

### Diabetes Awareness Month: November

Each year during November, Lions worldwide join together to promote awareness of diabetes. This month helps to keep Lions and their fight against diabetes firmly in the public spotlight.

### Projects and activities can include:

- Strides events
- Diabetes screenings
- Vision screenings
- Distribution of educational materials
- Support of diabetes camps and foundations

Access the 25 Project ideas for Diabetes Awareness and Action for additional ways to participate. Use PR tools to help you publicize your project.

Lion Kay DeFrancesco

MD 19 Global Membership Team Chair  
IPDG 19 E Laura Wintersteen-Arleth  
509-999-6282  
[lionlaurawintersteen@gmail.com](mailto:lionlaurawintersteen@gmail.com)

## MD CONVENTION REPORT

What a great MD Convention we had in Surrey, BC. It was a privilege to give the State of the District Address and to talk about all the accomplishments that happened in our District last year thanks to the dedication of all of our wonderful Lions. I thank-you for being and "Creating Health Lions". Our District had several wonderful achievement awards as well: **We have AMAZING Lions in our District.**

Congratulations to **PZC Leonard Parenteau, who received a Zone Chair Excellence Award** for the 4<sup>th</sup> Year. He goes out of his way to serve the clubs in his Zone.

**Lioness of the Year: Priest River Lioness President, Linda Kingery** received this award. This is the first time a Lioness in the states has received this award. Some of the things said about Linda include: She has led the Lioness Club to be healthy and leaders in their community. Linda is a quiet leader. She leads by example. In watching her leadership style, she is a true Servant Leader. She gives of her time and her talents to lead her club, assist in all projects and partners with the Lions and Leos to serve the community of Priest River. The Priest River Lioness Club is very active and it really is under Linda's leadership, this club has thrived, prospered and grown. This club also sponsored the Bake auction during the Spring conference and raised \$1,800.00 for Camp STIX and Camp Winfield. Our District is very fortunate to have a Lioness club, especially one which is as active as ours is.

**Club Inspiration Award: Fairmont and District Lions Club.** *Fairmont and District Lions Community Den.* The club purchased property, with a building and completely renovated the building to be used as a community center for Fairmont. This town did not have any place for community groups to meet, so this club took on the huge project. This project will now serve not only the Lions and give them their own meeting place, but serve their entire community. The building has a full kitchen, with room to expand the building. This project pulled together not only the Lions, but the community, businesses from another Province to assist and other Lions in their Zone. 902.5 hours spent on the actual building, 964 hours spent on fundraising and Community volunteer hours – 151. Building Purchase - \$299,000, with grants received from: Columbia Basin Trust Grant - 100K, Regional District East Kootenay Grant - 25K and Lions Donation - \$174K (13K of this was from Club 50 which raised it 25 years ago and gave it to Lions in trust). Building Renovation (\$8,400 plus 800 volunteer hours), Community and Business Donations (material and services) - \$4,700, Lions Purchase of materials - \$3,700.

**This has been a dream of this community for over 25 years, but it took Fairmont and District Lions Club to make this happen. This club has only been around since being chartered in Jan. 2000.**

### Welcome New Members

<b>Joan Estudillo:</b> Liberty Lake	Sponsor:
<b>Esther M. Sasse:</b> Liberty Lake	Sponsor: <b>Kevin Flerchinger</b>
<b>John M. Gates:</b> Wilbur	Sponsor: <b>Joshua Grant</b>
<b>Tom McPherson:</b> Wilbur	Sponsor: <b>Joshua Grant</b>
<b>Charles I. Hubbard:</b> Priest River	Sponsor: <b>Phillip Harris</b>
<b>Jacklyn M. Hubbard:</b> Priest River	Sponsor: <b>Phillip Harris</b>
<b>Raymond Zimmerman:</b> Creston	Sponsor: <b>Maurice Murpy</b>
<b>Dale F. Heidt:</b> Fairmont & District	Sponsor: <b>Terry Dawes</b>

Secretaries Please send new member names WITH email addresses to: [district19e.dg.newsletter@gmail.com](mailto:district19e.dg.newsletter@gmail.com)

**District 19E Northwest Lions Foundation**  
**PDG Brian Ross**  
509-935-6533  
[bandross@centurylink.net](mailto:bandross@centurylink.net)

The Northwest Lions Screening Van just completed a visit to the greater Spokane area and many schools. They tested children in Salk Middle School, Grover Middle School, Sacajawea Middle School, Shaw Middle School, Garfield Elementary School, Garry Middle School, Chase Middle School, Browne Elementary School, Wilson Elementary School, Chewelah Elementary School, and Mary Walker Middle and Elementary School. A total of 3,125 children were screened. I would like to thank the Lions members of Spokane Shadle North, Spokane Hillyard, Medical Lake, Spokane Manito, Spokane Central and Chewelah Valley for giving their time and to the nurses, student nurses and other volunteers that helped make this a successful venture.

A letter will be forth coming to all clubs in the U.S. on changes to the HAB. Please read it carefully. If any questions arise please forward them to me. We will be having a board meeting Nov. 23, which I will be attending.

Have a safe month and enjoy the upcoming holidays.

Northwest Lions Foundation District 19E  
PDG Brian Ross  
2283 Cozy Nook RD.  
Chewelah, WA. 99109

## **VETERANS DAY November 11, 2013**

### **Regulation as of July 25 2007 allows veterans and servicemen SALUTE the flag**

WASHINGTON, D.C. - U.S. Senator Jim Inhofe (R-Okla.) today praised the passage by unanimous consent of his bill (S.1877) clarifying U.S. law to allow **veterans and servicemen not in uniform** to salute the flag.

"The salute is a form of honor and respect, representing pride in one's military service," Senator Inhofe said. "Veterans and service members continue representing the military services even when not in uniform.

"I look forward to seeing those who have served saluting proudly at baseball games, parades, and formal events. I believe this is an appropriate way to honor and recognize the 25 million veterans in the United States who have served in the military and remain as role models to other citizens.

Those who are currently serving or have served in the military have earned this right, and their recognition will be an inspiration to others."

**Lions Foundation of Canada**  
**Dog Guides Chair**  
**PDG Bill Inman**  
250-421-1834 [sandy.inman@shaw.ca](mailto:sandy.inman@shaw.ca)

First off I would like to thank the organizers of the October Cabinet Meeting in Sandpoint, it was enjoyable and informative. And for allowing me to get the word out on the new proposed fundraiser for Dog Guides of Canada called ***Dog Bowl***. This is with the hope of piloting a fundraising event that would one day become a national Lions project. The idea is to host a "blind" 5 pin bowling fundraiser to provide increased awareness for people who are visually impaired. Through specialized glasses that mimic various eye disease and disorders, each bowler experiences "seeing" and bowling through the eyes of someone who is visually impaired.

I would now like to thank all those Lions that hosted a Purina Walk for Dog Guides this past year. Because of your efforts we are proud to say that a total of 203 Walks raised \$1,096,537, an unprecedented amount, demonstrating the growing commitment of many to changing the lives of people with disabilities. I know with the continued generous support of ***Nestlé Purina PetCare*** and our volunteers, that the Purina Walk for Dog Guides will keep fulfilling its mission to change lives.

Anyone wishing more information on Dog Bowl and/or the Dog Walk please feel free to contact me 250-421-1834 email [sandy.inman@shaw.ca](mailto:sandy.inman@shaw.ca) .

Lion Bill

**District 19E Global Membership Team**

**PDG Brian Ross**

509-935-6533

[bandross@centurylink.net](mailto:bandross@centurylink.net)

We have just completed another month with increased retention, inductions of eight new members, reinstatement of a few dropped members, locating some transfers and now the possibility of starting another club in Coeur d'Alene, Idaho.

Your focus to see our membership increase has been very positive. Our present emphasis is recruiting for the new Coeur d'Alene club. We have the opportunity to use a couple assigned to our geographic location, Gary and Carol Tate from North Powder, Oregon. They will be in Coeur d'Alene starting November 10, to give instruction on proper recruitment techniques. We will then put these techniques to use on Monday and Tuesday in an effort to gather enough members to start one or two clubs. If you have interest in attending, helping, or observing we encourage your attendance. We start at 9 a.m. Sunday at the Best Western Motel located at I90 and Hwy 95. An informational meeting will be held at Lake City Center Tuesday evening.

Please contact me so I may have head count of those attending.

**Opportunity to increase membership.** This is November and on our U.S. side LCI is promoting the opportunity to bring in a military veteran and waiving the \$25.00 initiation fee. This will be for the first 5000 vets brought in during 2013-2015. This is a great opportunity to approach individuals that have already been great volunteers.

**Membership and Retention 201:** This program is being promoted in our Multiple District. It was featured at the MD Convention in one of the panels. VCCE Al Beddows is the point person for this program. Learn how to attract new members into your club and how to keep them involved. Presently we are looking for individuals that have an interest in presenting. This is to build a broader base of presenters for our District membership.

**DIABETES AWARENESS Chair**

**Kay DeFrancesco**

208-691-3476

[bkde1944@gmail.com](mailto:bkde1944@gmail.com)

Three local non-profits (**Angel Ball Foundation, JDRF, and Camp STIX**) which all support Camp STIX, have asked our IPDG Laura to fill a table of Lions at the Inland N.W. Diabetes Consortium "FREE Benefit Breakfast". The event will be held on Thursday, November 7th from 7:00 a.m. to 8:30 a.m. at the Spokane Convention Center, 334 W. Spokane Falls Blvd, Room 111. **MC** will be Mr. Kevin Parker--a WA State House Representative, Columbine Survivor & owner of Dutch Bros. **Featured Speaker** will be Mr. George Nethercutt, inspired by his daughter who developed diabetes at age 6, made diabetes research a top legislative priority and a personal quest as a Former U.S. Representative. Contact [lionlaurawintersteen@gmail.com](mailto:lionlaurawintersteen@gmail.com) or call her [509-999-6282](tel:509-999-6282) for information on still being able to attend.

**Note: A donation will be requested as this is a fundraiser, so please make a donation (any monetary amount)** to support diabetic awareness during this fundraising event on behalf of yourself or as a representative from your Lions club. Make checks payable to: 'Inland Northwest Diabetes Consortium'.

At a recent Lions district Meeting I brought up an idea to have the Diabetic Chairperson contact a member of each club with new ideas or great recipes either by email or through Denise as the Public Relation Chairperson. Please contact Kay at [bkde1944@gmail.com](mailto:bkde1944@gmail.com) with ideas. Thanks and Smiles

Lion Kay DeFrancesco