The Year of the Volunteer!



District 19E Newsletter August 2016



Designed by PZC Bill Moir

District Governor

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NPOV Lions "Down River Days train rides" by Gayle Pollock
The North Pend Oreille Valley Lions Club hosted
their Down River Days train rides, which were sold out—
including an extra ride that was added on Sunday. They
also organized the local parade and served a Cowboy
Breakfast in the city park as a fundraiser, assisted by
District Governor Glen Barry
Every year, the North Pend Oreille Valley Lions Club
has been privileged to host the Kimberley Pipe Band
during Down River Days. The band takes part in a flag
ceremony on Friday night where the flag at the Ione
Community Center is retired and a new flag is raised. Each
year the flag is dedicated to a veteran who has passed
away and honors all who have served in the armed forces. away and honors all who have served in the armed forces. The band then takes a place of honor in the Down River Days parade the following morning.



PLEASE SUBMIT ALL DG NEWSLET

TO: district19e.dq.newsletter@qmail.com





We Serve!



Welcome New Members

Listed below by Zone and club are our new members added in the month of August 2016 and their Sponsors. Welcome to all the new members and thank you to all.

club	Zone	member	sponsor
Rockford	E09	PastorsKaty E. Shedlock	reinstated
Spokane Central	E01	Sharon Stafki	Cheryl Roberts
Spokane Central			Cheryl Roberts
Spokane Central	E01		Steve Maggio
Spokane Central	E01	Jim Bell	Steve Maggio
Spokane Central	E01		Steve Ball
Spokane Shadle North	E01	Maria Escobedo	Bob Yeoman

To our fallen Lions, our thanks for their past service and condolences to their family and friends, you will be missed.

c lu b	Zone	m e m b e r
Lake W indermere	E 1 0	Raymond D. Brydon
Lake W indermere	E 1 0	George Lucko
Lake W indermere	E 1 0	Albert Ostrander
N elso n	E 0 8	Earle Cutler

Sliders Walk by Kay DeFrancesco

Hello to all Lion's members in our District. Congratulations to all new officers, elected and appointed Our new District Governor Glen Barry and his cabinet congregations to all.

Everybody get your walking shoes out as you are going to need them in October for a Strider's walk at the District 39 Convention being held in Spokane. A nice walk around the park with leaves on the side walk and falling from trees for a beautiful stroll. I will have more information next month. Be sure to register and attend the convention so close to home this year. You don't have to be a diabetic to take a walk with us that are fighting diabetes everyday.

Speaking of Diabetes when attending a convention it is one of the hardest times to keep on a diabetic plan for eating what's best for us with all the goodies available. Meal planning is one of the most powerful tools you have to control your diabetes. Meal planning for diabetes means putting together a daily eating plan that ncludes

healthful foods in the proper amounts Meal planning will help you. If some of would like to help or have questions please get in touch.

For more Information contact Lion Kay DeFrancesco at bkde1944@gmail.co

The Chewelah Valley Lions Club is excited to host the 1st Annual



Romp 'n Roar

Tournament & Scavenger Hunt

Formerly known as "Rowdys R Us" — Same Crazy Format with a Twist! Funds raised will support Chewelah Valley Lions Club community projects and benefit local persons in need.

Saturday, September 17th Chewelah Golf & Country Club

4-PERSON SCRAMBLE P GAMES P RAFFLES P PRIZES

Registration begins at 9:00 P Shotgun Start at 10:00

COFFEE GROGS served from 8:30 to 9:30!

FEES FOR NON-CG & CC MEMBERS:

\$35.00/person + \$20 Green Fees

FEES FOR CG & CC MEMBERS:

\$35.00/person

- **REGISTRATION DEADLINE: SEPTEMBER 12**[™] (no refunds after Sept. 5th)
- · Players will be placed randomly on a team according to handicap
- Entrance fee includes a souvenir beer glass and coupon for a free beer at Chewelah's Quartzite Brewery, two CG&CC drink tickets, grogs, lunch & snacks plus many chances to win fabulous prizes!
- · Carts available for \$15 per person
- Green fees and cart fees to be paid to the CG & CC Pro Shop

Return this ENTRY FORM (keep a copy!) and \$35 ENTRY FEE PER PLAYER to: Chewelah Valley Lions Club, P.O. Box 994, Chewelah, WA 99109 or drop entry form and fees at the Pro Shop. Please do not include green fees or cart rental fees with this entry (pay those directly to CG&CC at the Pro Shop).

Please make checks payable to Chewelah Valley Lion Name	ns Club. Fee enclosed \$ handicap	or average score
Name		
Contact Email address	·	, and the second
Contact Phone number	I/we will be bringing	cart(s) of our own

If additional information is needed contact Bob Graybeal at 509-936-3051.

Donations for raffle baskets gladly accepted – contact Debbie Charron at 509-936-1940.

Thanks for the support by 1st VDG Harry Lippincott

Thank you for electing me to serve as your 1st Vice District Governor 2016-2017. I also want to thank you for your support during the last Lions' year and respectfully ask for your continued support in the coming year.

In the meantime I encourage you to continue to seek new members. There's nothing like the satisfaction of serving others. It's why new members become Lions, and why experienced members remain Lions.

Whether seasoned or new, membership satisfaction is the key to keeping all members happy. Operating your club effectively and keeping members involved is the basis of keeping members satisfied. Use the resources on the LCI website to create a Lions club experience that your members will want to tell their family and friends about.

The Membership Satisfaction Guide can help ensure your club continues to meet the expectations and needs of your Lions. Get tips for planning effective meetings, creating a positive club culture and identifying service projects and activities that match your members'

interests. Download the Membership Satisfaction Guide today and keep your members happy and coming back in Service and Lionism.

Lions are in the business of doing good, and Lions Clubs International Foundation helps Lions do more of it. Learn about the humanitarian projects being done around the world through the efforts of Lions and the financial support of LCIF.

District 19-E Peace Poster Contest By Chairperson Margie Walters

My name is Margie Walters and I am the District 19-E Peace Poster Chairperson. I am not aware of how many of your clubs have participated in the Peace Poster contest for youth ages 11-13, but I would like to encourage you to promote this contest. It is a great opportunity to encourage young people to express their visions of peace.

It is also a positive public relations activity for your clubs. Since school will be starting soon, the peace poster kits need to be distributed as soon as possible, so students can have time to work on their posters.

The posters are usually due around the end of October, so your club can pick the winners that will go to the district governor by November 15.

For more information and/or to order your kits you can view **members.lionsclubs.org** (search-peace poster contest) or contact 630-203-3812. If you have any questions you may also send me a email at tomargie@centurytel.net

A Message from Our DG Glen

I wish to thank all those cabinet members that were able to attend our first cabinet meeting; we had a good turnout and covered a lot of ground. We welcome all Lions that would like to see how your district is run to come to our meetings, I would like to thank all the guests that did attend our meeting and participated. I would also like to thank those members from the NPOV Lions Club that assisted in hosting our meeting you did an awesome job. THANK YOU!

Our second cabinet meeting will be held in November and reports will be requested, please send reports to PDG Kim our Cabinet Secretary ahead of time. Date, place and time will be announced very shortly.

Many of our clubs will be returning to the normal meeting schedule soon so now is a good time to think about recruiting some new quality members from your community. I would think that Lions like yourselves would have friends or know others that share similar life values as you and that have made you very good Lions. These are the people to draw from.

If you are a Lion that has possible thoughts of leaving Lions please consider this. We really need you, your experience and your willingness to volunteer your time and energy to the betterment of your communities. Please do not hesitate to contact me, it would be my hope that we might find a way to keep you in Lions and be a <u>Happy</u> Lion. Call me by phone 1-403-563-4077 or <u>glenbarry288@yahoo.ca</u> anything we discuss will be kept as confidential as you wish.

Remember, no one appreciates all you volunteers more than the ones you are volunteering to help.

Wasa Lions celebrated their 40th Charter anniversary

On August 21st, the Wasa Lions celebrated their 40th Charter anniversary by hosting a BBQ for the community. About 150 people were in attendance. The day began with a pancake breakfast for Lions members from the entire zone who gathered for the third annual Zone Walk. This year the 8km walk was to raise funds for the Guide Dogs of Canada program. Over \$5200 was raised this year.

As a zone event, there were about 30 walkers who had an enjoyable time walking around Wasa Lake. Several members from the other clubs had never visited Wasa Lake before and I believe were surprised and pleased to see what the Wasa Lions have been doing for their community over the years.

A special "thanks and well done" to Lion Krys Borek (Lake Windermere) and the Rockies Law Office who raised \$1050 of the total for this year's walk.

A fter the walk, a dedication ceremony for the recently completed Wasa Memorial Gardens was held. These Gardens were a labor of love for the Wasa Lions and they should feel proud of their contribution to the community.

Following the dedication, the BBQ provided a time for socializing, good food and some bocci ball.

A long with citizens from the community, Lions members from Golden, Lake Windermere and Fairmont were in attendance.



A collection of photos from the day's activities can be seen here

On behalf of the Wasa Lions, I would like to thank all the fellow Lions for attending and helping make the entire day a huge success!!

MD-19 Convention by Cliff Miller & PDG Laura Wintersteen-Arleth

Advertising in the Convention Program is a great way to get exposure for you business. Hundreds of Lions will be there and everyone gets a program. If you would like to advertise in the Program for the 2016 MD-19 Convention please contact the MD Office. Rates for advertising are as follows:

Full page 7.5"x 4.4" ---- \$100

Half page 4" x 4.5" ----- \$ 75

1/3 page 2.5" x 4.5" ----- \$ 50

Business Card ----- \$ 20

September, 2016 Lion Events by: Denise Murray

1.) Sat.-Sept. 3, 2016-Northport Lions Club-Rail Car Derby & Watermelon Eating Contest

Location: In front of the Fire Hall

Ages: Children ages 5-12 Registration starts at 11 a.m.

Watermelon eating contest at 11:30 a.m. / Racing starts at noon (long pants & shoes required in race)

2.) Mon.-Sept. 5, 2016-Northport Lions Club Annual Labor Day "Beef BBQ & Beer Garden"

Location: Northport City Park

BBQ served 11:30 a.m. to 3 p.m. (or until beef is all gone!) Sno-Cones, Pop, Water for sale!

BBO Cost: Adults=\$8.00 / Children under 10 yrs. old=\$5.00

Beer Garden open from 11:30 a.m. to 6 p.m. / Also purchase "50/50" Tickets!

3.) Mon.-Sept. 5, 2016-Rathdrum Lions Club "Annual Pancake Labor Day Breakfast and Mustang Raffle"

Location: Rathdrum Lions clubhouse, Rathdrum, Idaho

Time: 7 a.m. to 11 a.m.

Menu: Pancakes, Sausages, Eggs, Juice and Coffee

Cost: \$5.00 each or \$20.00 for a family of 5 or more!

MUSTANG RAFFLE-TICKETS ARE ON SALE NOW! Cost: \$5.00 each or \$20.00 for 5 tickets!

The winning ticket will be drawn at noon on Labor Day, September 5, 2016, and tickets will be sold at the Pancake Breakfast! You do not have to be present to win.

Contact us for tickets: Norm Heitstuman normancherry@frontier.com 208-687-1212

Lonnie Morse lionlonnie@gmail.com 208-777-5157

4.) Sat.-Sept. 17, 2016-Chewelah Valley Lions Club "Lions Romp 'N Roar Golf Tournament & Scavenger Hunt"-4 Person Scramble

Location: Chewelah Golf & Country Club, 2537 Sand Canyon Rd, Chewelah, WA. 99109

Time: 8:30 a.m. to 5 p.m.

For more information, go to http://www.chewelahvalleylions.com/ or contact a Chewelah Valley Lion

5.) Thurs.-Sept. 22, 2016-Liberty Lake Lions and Spokane Valley Lions Clubs "Spaghetti Feed"!

Location: Good Samaritan Society-Spokane Valley Community Center, 17028 E. 8th Ave., Spokane Valley, WA. 99016

Cost: \$10.00 each (5 yrs. old and under FREE) (Bed Race Team Participants are FREE!)

Please RSVP to Kathleen by 9/19/2016 or to buy Spaghetti Feed Tickets, contact Kathleen at 509-924-6161 or e-mail at kburzvns@good-sam.com

6.) Fri.-Sept. 23, 2016-Liberty Lake Lions Club and Spokane Valley Lions Club "5th Annual Lions Club Bed Race"

Location: On Sprague between University & BowdishBEFORE the VALLEYFEST PARADE! Spokane Valley, WA. Time: 6:15 p.m.

Teams of 5 per Bed Racer / Team Entry Fee: \$175.00

Contact Lion Kathleen Burzynski by 9/19/2016 to enter your team in the Bed Race! Call 509-924-6161 orkburzyns@good-sam.com

7.) Sat.-Sept. 24, 2016-Priest Lake Kaniksu/Coolin Lions Clubs presents the "Chuck Sterns Memorial Turkey Shoot", Bake Sale and Kid's Carnival

Location: Nordman Store, Nordman, Idaho

Time: 10 a.m. to 2 p.m.

For more information, contact PDG Lion Bob Ekler at 208-443-7039 / meatcutter.88@gmail.com

denisemurray1@msn.com Verizon Cell #731-697-7211 Public Relations Chair 2016-2017

Lion Denise Murray of the Spokane Shadle-North Lions Club Honored with Melvin Jones Fellowship-2015

Page # 08

District 19E Cab	oinate as of 26 Aug			
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Diabetes Awareness	Kay DeFrancesco	208-964-1517		bkde1944@gmail.com
Hearing	PZC Sanford "Sandy" Gerber	509-448-0380		seg49@comcast.net
Honorary/Parlimentarian	PCC Jerry Flood		509-981-7992	lion19Ejerry@aol.com
Information & Technology	Lee Teichmer	509-444-9628		lteichmer@gmail.com
Leader Dogs	PZC Lonnie Morse	208-777-5157		lionlonnie@gmail.com
Leo BC	PZC Orlando Pecora	250-344-6081		wopecora@universe.com
Leo US	PZC ZC Leonard Parenteau		208-755-2142	thamamom@hotmail.com
Lioness	Jeannie Smith	208-610-3603		tincanranch@hughes.net
Contest and Awards	Elaine Cook	208-765-2538		kcook12@roadrunner.com
Lions Foundation of Canada			250-354-3320	abreid85@telus.net
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The banner being held up by E8 ZC Gayle Pollock and NPOV Club President PDG Kim DiRienz, will be at every DG visitation, to be signed by as many Lions in each club as possible----wouldn't be nice if we got every Lions name in the District on this BANNER!

The banner will travel to Chicago next year to the 2017-18

International Convention and put on display.