



## MESSAGE FROM THE DISTRICT GOVERNOR

*From DG Harry's pen...*

Lights are coming back on across the district as clubs that have been dark for the summer are coming alive. Lions are looking around, checking out their communities and beginning to make plans on how best to serve their communities over the rest of the Lion Year. Welcome back, Lions.

As we begin the second quarter of the Lions Year I have a challenge for all that I think is worthy of you. That is, there is no reason why each of the fifty clubs in our district cannot add one new member by November 1st. As of September 30, 2017, eleven clubs have added 34 new members. Remember, all you need to do is to ask!

Club Presidents and Secretaries, did you know the best way to attract new members to your club is through active, visible

community projects. You didn't become a Lion so that you could pay dues. You became a Lion to make a difference. New members aren't going to join your club because they want to pay dues. New members are going to join your club to do something, to make a difference. Clubs, show the world what you can do. Help your Membership Chairperson out. Your club does have a membership chairperson, doesn't it? Your club is involved in active, visible, community projects, aren't you? Perhaps your club has an active Membership Chairperson and your club has many dynamic, active, visible community projects. Could the reason that almost half of our district's club's secretaries are not filing Activity Reports is because they don't know how? If that's the case, contact your Zone Chairperson, Cabinet

Secretary or me immediately! Let's be sure you can file an Activity Report for October and every month thereafter.

Does your club have a brochure that tells what your club does in your community? Do you have membership applications? Can you and your fellow Lions give them out when conducting an activity?

Presidents, plan a dynamic, active, visible community project for your club. Secretaries, file an Activity Report in October. Club Membership Chairpersons, encourage and invigorate the members of your club to identify potential members in your community and invite him, her; or, them to your October meeting. Enroll them in your club in October, get them a mentor, and give them a job.

**REMEMBER JUST ASK**



## International President's Message

Dear District Governor,

Diabetes is a global epidemic. And it's growing. More than 400 million people are living with the disease, including friends and family—even children. That's why we are elevating diabetes as a new global focus in our service framework.

We have an opportunity to put the Power of We into action to change the world as only we can. Addressing the threat posed by diabetes will be our biggest challenge yet, but Lions have always risen to the challenge.

We have so much to accomplish in the year leading up to our official diabetes rollout in Las Vegas. And your commitment is essential to our success. I need you to encourage your clubs to learn more about the dangers of diabetes and find ways to make a difference in their communities. Because our communities are counting on us.

Your support of diabetes will be the difference in our fight against this disease. Learn more about how your district can contribute to this cause and help me promote it to Lions so we can change the world together.

Sincerely,

**Dr. Naresh Aggarwal**

**Your International President**

For additional Diabetes information contact District 19E Diabetes Chairperson, Lion Doug Callahan, [Doug.Callahan.Lions@gmail.com](mailto:Doug.Callahan.Lions@gmail.com).

## MONTHLY MEMBERSHIP REPORTS (MMR'S)

One of the most critical issues District 19E experiences today is late or NO monthly reporting of membership by clubs. I am a bit perplexed by why this happens. I expect there may be a variety of reasons that seem rational to some.

For me, I continue to wonder why clubs do not file the membership report immediately after the club holds its 2<sup>nd</sup> meeting in the month. From a membership standpoint, there likely will be no membership activity for the remainder of the month, and if so, an amended report can be filed or wait until the next month report.

Filing the report timely after the club's last meeting in the month, or alternately, by the 25<sup>th</sup> of the month will assure your Zone Chairperson, Cabinet Secretary or District Governor will not be contacting you for the report. Filing by the 25<sup>th</sup> of the month will also bring awareness to issues such as: computer issues, no internet, etc., that may arise when waiting until the last minute.

As your District Governor I ask you to consider filing your reports promptly. By doing so, it will be a great help to me and the district. DG Harry



### NOTICE – CABINET MEETING

The 2<sup>nd</sup> Cabinet Meeting for the year will be held Saturday, Noember 4, 2017 beginning at 10:00AM. Meeting will be hosted by the Sandpoint Lions Club at there Lions Den, 607 S. Ella Street, Sandpoint, Idaho.

Cabinet Secreetary, Lion John Wilson will be requesting written reports and a head count for lunch during the week of October 23-27, 2017.

Hope to see all at the meeting.

### NEW & REINSTATED MEMBERS ADDED SEPTEMBER 2017

Congratulations to the new members and their sponsors

Castlegar-Selkirk	Lori Brown	Barry Brown
Chewelah Valley	Patricia L. Holstine-Pein	Kristine Park
"	Sharon Smith	Brian Ross
Coeur d Alene	Gordon Hein	Ken Cook
"	A. Jean Karlin	Ken Cook
North Pend Oreille Valley	Raymond L. Stone	Mary Persons
Northport	Kenneth Scot	Carol Jean Broderius
Rathdrum	Walter Singer	Reinstated
"	Susan M. Manthey	Cherry Heitstuman
"	Terry Crawford	Majorie Bega
"	Joyce Crawford	Majorie Bega
"	Kimbercly Vedvig	Majorie Bega
Sandpoint	John A Causey	Reinstated
Spokane Central	Rebecca Gilman	David Gilman
"	Jacee Daschel	John Daschel
"	Jacob Edward Brewer	Andrea Hesler
"	Lucy Fowler	Gale Fowler
"	Robin Ball	Steve Ball
"	Susan M. Maggio	Steve Maggio

**REPORTS:** Club Membership and Activity reporting is required by LCI. In September 78% or 39 of 50 clubs reported. There has been better reporting. Club Presidents please follow up with your Club's Secretary to assure reports are submitted. District reports should be filed online by the 25<sup>th</sup> of each month. If you are having trouble getting your reports in, please contact your Zone Chairperson or Cabinet Secretary John Wilson and he will assist you with the reports. **Let's have District 19E shine for reporting!**



## **1<sup>st</sup> VDG Lyndon Harriman What is your Lion AHA Moment?**

Everyone agrees that until we are impacted by an AHA moment while serving as a Lion, we don't really understand how great an impact we have on the people and the communities we serve. Hopefully, you and every Lion you know has experienced the moment where we know what a wonderful gift it is to change people's lives for the better.

My most recent AHA moment came during one of the food drives my club operates in co-operation with the local food bank. It had been a busy day standing in the hot sun handing out flyers in front of the store asking for donations to the food bank and indicating what items the food bank most desperately needed. An elderly couple had stopped and chatted with us on the way into the store and were examining the flyer we handed to them. They thanked me for the flyer and went into the store to do their shopping. After a while they again passed us on the way out, nodding and smiling as they made their way to their car. As the old Chevy turned in front of us, the husband leaned out the passenger window and beckoned me over. I walked over and he handed me an envelope, with tears in his eyes, telling me the Lions club along with the food bank had saved his families lives last winter. I listened as he proceeded to tell me how desperately they needed food and their trip to the food bank saved them. He went on to say how the food bank personnel went on and on about how fortunate they were to have the Lions Club support in their efforts to help the community.

As they drove off, I opened the envelope he had given me, figuring maybe they had donated twenty dollars. Imagine my surprise when I saw inside was a check for \$1,000. I could hardly believe what I was holding. Their story and generosity drove home that day what an impact Lions have, how that impact can change lives and how that can change the world.

It's important to remember that, no matter how small the gesture, you and Lion members locally, nationally and internationally are making an impact. I want to personally thank you for all that you have done and continue to do for your respective communities and beyond.



## DISTRICT 19E 2<sup>nd</sup> VDG FRANK BEGA WHERE DOES LEADERSHIP START?

Well, **Leadership starts with you!** It starts when you are able to understand yourself, control yourself, and make yourself achieve things.

Just like you have to accept other people, understand them, and try to be an inspiration to them, **you have to do the same with yourself.**

**Be wise.** Don't start doing something that is too hard to achieve, given the circumstances and resources available, and then blame yourself when you fail. **Choose** rather what you want to do **more effectively**, big things but not impossible things, and **work gradually but steadily** to achieve what you want, one step at a time.

**Be nice.** Don't reward yourself only when you achieve things. Reward yourself also when you are working hard even if you are not achieving anything right now. You need motivation just like others need it. **Your best motivator is you.**

**Inspire yourself.** Visualize a time when you did something in a great way. Remember your attitude and the feelings you had. Assert to yourself that this achievement is evidence of your capability to succeed.

**Don't torture yourself.** Mistakes are not crimes. You are just in the same mode as a baby that is learning how to walk.

### **You need peace inside yourself to become a leader.**

How can I convince others to do something regularly if I'm a procrastinator? How can I make others believe in something I lose faith in after a while? How can I expect others to achieve success if I don't have the right understanding of how to determine the right methods of completing this project?

One of the great values of understanding yourself and being in peace with yourself is that you get to understand others through this same way. Many of us fail to realize that we share a large part of what we feel and how we are with others.

Yes, each one of us is unique, but you'll be surprised to know how much we all have in common. After you understand yourself better and are able to make yourself achieve things, you will be more capable at showing others how to find self-peace and how to perform better.

This is why it makes sense to say that leadership starts inside yourself, and that you are your own first follower.      Courtesy of Muhammad Alwaeli



October 2017

## DISTRICT 19 E RETENTION CHAIR MARGE BEGA

Retention is difficult; there are so many scenarios to consider. We need younger members that have the energy to do club projects, and become club leaders, yet we still need the older members that are able to help with projects that does not require a lot of physical strength and share their knowledge of what being a Lion means.

If you happen to meet an older member when you are out and about greet them, and let them know they are missed and invite them to attend your next meeting, even if it is just for a visit. They may say they are too busy with other things now and don't have time for Lions. This did happen in my club and the dropped Lion came to one of our events and paid his dues for another year and said he would attend one of our dinner meetings before he leaves for the winter.

Making people feel they are needed and welcome is important. Giving the new younger members a project makes them feel that there is a need for them.

## CARE

CARE has developed a program framework for Girls with Opportunities initiative, which intends to reach 100,000 girls nationwide over a 10-year period. The proposed project is part of a broader program framework, and achievement targets have been established to contribute to this broader goal. As part of this broader initiative, CARE seeks funding for the two-year Girls with Opportunities pilot project, which will target 4,569 girls at 19 schools in the departments of Huancavelica and Ica in southern Peru. The focus of this project is to empower adolescent girls from rural and marginalized urban areas with better quality education and opportunities to learn important social skills.

As you know MD19 is Partnering on this project for 2017 & 2018. The 19 E goal last year was \$4005 the district raised \$3872, we were so close! 39 clubs did not make a contribution to CARE. Going forward please consider making CARE part of your 2017/2018 budget.

Thank you for your continuing support of CARE.

Mail Checks to:

MD 19 Lions (make notation to CARE)

4141 West Maplewood Ave

Bellingham WA 98226



October 2017

## LCIF Grants

Quite often when we think about LCIF we think about disaster relief for flooding, earthquakes hurricanes and more. While we are faced with many of these disasters annually and many in recent time LCIF does so much more. Since LCIF was started in 1968 there have been 13,509 Grants totaling \$1,029,435,535.32 through September 1, 2017.

Where do we spend the money other than disasters? There are 4 areas in which we give grants to, they are, Sight, Youth, Disaster relief and Humanitarian needs. In this month's article I want to talk about youth and the Quest Program.

**Quest:** More than 15 million youth have been taught positive life skills through Lions Quest, our most comprehensive program for youth. Lions Quest unites the home, school and community to cultivate capable and healthy young people through positive youth development programs. More than 600,000 educators have been trained to implement the programs, which supports character development, social and emotional learning, civic values, violence and substance abuse prevention and service learning.

Lions work with the schools to implement the program from kindergarten through 12<sup>th</sup> grade, and often partner on community service learning projects. Lions Quest is present in nearly 100 countries and program materials have been translated into 40 languages. This positive youth development program is having a huge global impact.

Next month I will focus on Sight.

PDG Bob Yeoman~19E LCIF Chair



October 2017

## Membership Development GMT Brian Ross

In the past years October was officially known as membership drive month. We now continually stress growth in all month.

Equally as important as lending a hand to club service activities is participating in the growth of your Lions club. Recruiting new members into your club ensures that there will be a continual influx of enthusiastic members to serve those in need and identify new service that can be done in your community. There are many excellent membership programs to help stimulate this essential growth, as well as foster quality members. They include:

- Family Membership Program encourages families to volunteer together by offering a special dues structure to family members and programs to include children and adolescents in club activities.
- Student Member Program offers a special dues discount to students to encourage student participation I campus-based and traditional Lions clubs and ensure the dynamism of student involvement in Lions.
- Leo to Lion Program provides an easy transition to former Leos becoming Lions by offering a special dues discount to qualifying former Leos and young adults in a Leo Lion club.
- Lions Worldwide Induction Day gives Lions the opportunity to welcome new members, stimulate membership growth and increase public awareness. Each year on a designated day in April, over one hundred districts tribute this day to the strength and importance of Lions. (Our Spring Ahead Program)

We also may form new clubs in areas of need. As a club, member or just concerned Lion take a look and see what we can do to preserve our future in your communities.





# LIONS DISTRICT 19E NEWSLETTER



October 2017

## 19E District Governor Visitation Schedule October 2017 through December 2017

### Oct

10/2/2017	Monday	Lake Windermere	E-10	6:00	Lions Hall, 611 Hwy 93
10/3/2017	Tuesday	Wasa	E-10	7:00	Community Hall, Wasa Lake School Rd.
10/4/2017	Wednesday	Golden District	E-10	4-7:00	Rickey's Grill
10/9/2017	Monday	Spokane Valley	E-9	6:00	Conley's Rest, 12622 E Sprague
10/12/2017	Thursday	Convention/Surrey, BC			
10/13/2017	Friday	Convention/Surrey, BC			
10/14/2017	Saturday	Convention/Surrey, BC			
10/16/2017	Monday	Reardan	E-2	7:00	Community Hall, 120 Spokane St.
10/17/2017	Tuesday	Nelson	E-8	6:30	Hume Hotel, 422 Vernon St.
10/18/2017	Wednesday	Mark Creek	E-4	6:30	BJ's Restaurant, 340 Mark St.
10/23/2017	Monday	Cranbrook	E-4	6:30	Heritage Inn, 803 Cranbrook St. N
10/24/2017	Tuesday	Priest River	E-11	11:00	P.R. Senior Ctr, 336 Jackson Ave.
10/24/2017	Tuesday	Airway Heights	E-1	6:30	VFW, 1307 S Loffer St.
10/25/2017	Wednesday	Priest River Lioness	E-11	11:15	P.R. Senior Ctr, 336 Jackson Ave.
10/25/2017	Wednesday	Wilbur	E-2	7:00	Big Bend Golf Club, Sole St. Road
10/26/2017	Thursday	Sparwood	E-6	6:00	Causeway Bay Hotel, Red Cdar Dr.
10/26/2017	Thursday	Elkford	E-6	6:00	Causeway Bay Hotel, Red Cdar Dr.
10/26/2017	Thursday	Fernie	E-6	6:00	Causeway Bay Hotel, Red Cdar Dr.

### Nov

11/4/2017	Saturday	Cabinet Meeting TBA		10:00	Hosted By Sandpoint Lions Club
11/6/2017	Monday	Osburn	E-3	6:00	Mom's Vintage Café, 713 E. Mullan
11/7/2017	Tuesday	Beaver Valley	E=5	7:30	Montrose Hall 980 - 9th Avenue
11/7/2017	Tuesday	Rossland/Golden City	E-5	7:30	Montrose Hall 980 - 9th Avenue
11/7/2017	Tuesday	Trail	E-5	7:30	Montrose Hall 980 - 9th Avenue Community Hall, 3656 Passmore Old Rd.
11/15/2017	Wednesday	Kootney Slocan	E-8	7:00	
11/16/2017	Thursday	Northport	E-5	7:00	Legion Hall behind Fire Station
11/20/2017	Monday	Colville	E-5	5:30	S. Main Sport Bar, 993 S. Main
11/21/2017	Tuesday	Spokane Central	E-1	12:00	Lincoln Center, 1316 N Lincoln
11/21/2017	Tuesday	Davenport	E-2	7:00	Memorial Hall, 511 Park St.
11/22/2017	Wednesday	Sand Creek	E-6	6:30	Jaffrey Seniors Hall, Rosen Lake Rd.
11/23/2017	Thursday	Thanksgiving			

### Dec

12/5/2017	Tuesday	Almira	E-2	7:00	Community Center, 44 Main St.
12/7/2017	Thursday	North P.O. Valley	E-8	6:30	Train Depot
12/9/2017	Saturday	Rosalia	E-1	12:00	Harvester, 410 W 1st Roundtable Pizza, 1908 W. Francis Ave.
12/12/2017	Tuesday	Spokane Shadle North	E-1	6:00	
12/19/2017	Tuesday	Hauser	E-3	7:00	Bob's Ville, 9510 N Hauser Lake Rd.
12/25/2017	Monday	Christmas			
12/26/2017	Tuesday	Boxing Day			



October 2017



2019 USA/Canada Forum

September 19-21  
Spokane, WA

We just got back from the USA/Canada Forum in Portland. Such a great time to network, learn, enjoy our Lions friends from all over. As great as Portland was, I know the forum in Spokane will be even better. It is up to all of us in MD19 to help. We will be needing lots of talents in many areas, so please look and see where you would like to join in. We are now planning for the 2019 USA/Canada Forum. MD19 are hosting this great event in Spokane and your help is needed. For all of the chairs, you will be working right along the Planning Chairs from USA/Canada. We are needing many volunteers, as well as Host Committee Chairs. If you are interested in being a chair of one of the committees, please let me know. I have job descriptions that I will be glad to share with you and answer any questions.

I am attaching a Volunteer Form to fill in and send back.

Chairs will be needed in the following areas: Vice Chair, Secretary/Host Office Chair, Treasurer/Fundraising Chair, Accessibility/Emergency Services Chair, Airport Operations Chair, AV & IT Chair/Host Photographer, Exhibits Booth Chair, Facilities Chair/Advisor, Forum Store Chair, Hospitality/Special Projects Chair, Manpower/Legal Chair, Opening/Closing Chair, Peace Posters/Leos/Strides Walk Chair, Pin Trader Chair, Printing/Digital Communications Chair, Promotion/Public Relations Chair, Protocol/VIP's Chair, Registration Chair, Seminars Chair, Sgt. At Arms, Sponsorships Chair, Transporting/RV Parking/Tours Chair, Welcome Center Chair.

Looking forward to an amazing 2019 USA/Canada Forum in Spokane thanks to our Lions of MD19.

PDG Laura Wintersteen-Arleth  
Host Chair



**Volunteer Sign-up  
2019 USA/Canada Lions Leadership Forum**

The Host Committee needs 350-400 volunteers. We need you to make this the best Forum ever!

Name \_\_\_\_\_ Club \_\_\_\_\_

Address \_\_\_\_\_ District \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ E-mail \_\_\_\_\_

NEEDED for communication during Forum: Cell Phone \_\_\_\_\_

Please check availability to volunteer and preferences for activities. *You can do more than one activity.*

**NOTE: \* = Seated Jobs # = Must be Registered for Forum**

**PROMOTION** (Information table at **Conventions** - must be registered)

District (identify) \_\_\_\_\_ State (identify) \_\_\_\_\_ International \_\_\_\_\_

**PRE-FORUM (Some Jobs May be until 5 p.m. Thursday)**

Availability: \_\_\_\_\_ Mon. Sept. 16 \_\_\_\_\_ Tues. Sept. 17 \_\_\_\_\_ Wed., Sept. 18

Jobs:

- |                                   |  |
|-----------------------------------|--|
| _____ Airport Greeter             | _____ Airport Drivers                    |
| _____ Welcome Center Greeter      | _____ RV Park Greeter                    |
| _____ Prepare Hospitality Baskets | _____ Host Committee Office Setup        |
| _____ Goody Bag Stuffing          | _____ Forum Store Setup #                |
| _____ Registration (Hotel) *      | _____ Registration (Convention Center) * |
| _____ Pin Trader Greeter #        | _____ Peace Poster Display Setup         |
|                                   | _____ Anywhere/As Needed #               |

**FORUM**

Availability: \_\_\_\_\_ Thur. Sept. 19 \_\_\_\_\_ Fri. Sept. 20 \_\_\_\_\_ Sat., Sept. 21

Jobs:

- |                                       |  |
|---------------------------------------|--|
| _____ On-Call Drivers for VIPs        | _____ Host Committee Office Workers            |
| _____ Registration (Conv. Center) *#  | _____ Host Committee Booth (sell pins, etc.) # |
| _____ Bus Greeter (Arrive/Leave)      | _____ Hallway Greeter/Traffic Control          |
| _____ Forum Store Workers #           | _____ Announcement Kiosk/Lost and Found *#     |
| _____ Meal - Display Table Signs #    | _____ Update Seminar Signs #                   |
| _____ Meal - Ticket takers #          | _____ Seminar Greeter and Runner #             |
| _____ Meal - Seat availability #      | _____ Seminar Evaluation Data Entry *          |
| _____ Photographer (digital camera) # | _____ Hotel Transportation Liaison (at hotel)  |
| _____ Forum Store Take-Down #         | _____ Host Committee Office Take-Down          |
|                                       | _____ Anywhere/As Needed #                     |

**POST-FORUM**

\_\_\_\_\_ Sun. Sept. 22 \_\_\_\_\_ Airport Drivers Needed w/ SUV or van

**Please return this form to: PDG Laura Wintersteen-Arleth , 45843 Larson Beach Rd  
Loon Lake, WA 99148 (lionlaurawintersteen@gmail.com)**



## **DISTRICT 19E CLUB SUPPORT TEAM**

Global Action Team Coordinator (GAT): DG Harry Lippincott,  
[hlippin1@comcast.net](mailto:hlippin1@comcast.net)

Global Leadership Team (GLT) Coordinator: PZC Ed Brandstoettner,  
[brandsen@comcast.net](mailto:brandsen@comcast.net)

Global Membership Team (GMT) Coordinator: PDG Brian Ross,  
[pdgb.ross@gmail.com](mailto:pdgb.ross@gmail.com)

Global Service Team (GST) Coordinator: New Position from LCI. Currently Vacant

District Membership Liaison: 1<sup>st</sup> VDG Lyndon Harriman,  
[lcpdharriman@gmail.com](mailto:lcpdharriman@gmail.com)

District Leadership Liaison: 2<sup>nd</sup> VDG Frank Bega, [frankbega@frontier.com](mailto:frankbega@frontier.com)

District Extension Coordinator: PDG Ken Cook, [kcook12@roadrunner.com](mailto:kcook12@roadrunner.com)

District Retention Coordinator: Marge Bega, [huddlehou46@frontier.com](mailto:huddlehou46@frontier.com)

District Public Relations: Denise Murray, [denisemurray1@msn.com](mailto:denisemurray1@msn.com)

Cabinet Secretary: PZC John Wilson, [lion.jwilson@gmail.com](mailto:lion.jwilson@gmail.com)

Cabinet Treasurer: Ron Thurlow, [thurlow1@q.com](mailto:thurlow1@q.com)

Zone Chairpersons:

E-1 Roger Schramm, [roger.l.schramm@gmail.com](mailto:roger.l.schramm@gmail.com)

E-2 PZC Rob Loch, [robloch@hotmail.com](mailto:robloch@hotmail.com)

E-3 Brian "Kiwi" Kirk, [brianalankirk@live.com](mailto:brianalankirk@live.com)

E-4 Currently Vacant

E-5 Currently Vacant

E-6 Currently Vacant

E-8 Marita Norton, [speedshopper@potc.com](mailto:speedshopper@potc.com)

E-9 Margie Walters, [tomargie@centurytel.net](mailto:tomargie@centurytel.net)

E-10 PZC Harold Hazelaar, [sales@hdrailings.ca](mailto:sales@hdrailings.ca)

E-11 Currently Vacant

Please submit all DG newsletter articles by 1<sup>st</sup> of each month to:

[District19e.dg.newsletter@gmail.com](mailto:District19e.dg.newsletter@gmail.com)

Request: pictures in .jpg accompanied by written caption in Word



October 2017



**The Cranbrook Lions Club**

**Cordially invites you to our**

**70<sup>th</sup> Charter Night**

**October 28, 2017**

**Heritage Inn**

**Cranbrook, British Columbia Doors**

**open at 6:30 p.m.**

**Dinner (Roast Beef) at 7:00 p.m.**

**Cost: \$35 per person (Canadian funds only)**

**Guest Speaker is PID Jack Isaman**

**R.S.V.P. before Oct. 20, 2017**

**Please make cheques payable to the Cranbrook Lions Club**

**Mail to: Lion Pat Moore**

**38-1401 Willowbrook Drive**

**Cranbrook, B.C. V1C 6H**

