





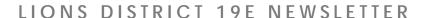
LIONS BATTLE HUNGER

Lyndon Harriman 1st VDG 19 E

Lions Clubs International President Dr. Naresh Aggarwal lists reducing hunger as one of our five top priorities. Around the world 795 million people suffer chronic undernourishment, that's one out of every nine people. Over 42 million people in the United States are food insecure, meaning that at some point in the year they will have difficulty putting food on the table. Over three million children die each year from malnutrition. Another category we rarely consider is that of returning veterans. Twenty-seven percent of veterans from the Iraq and Afghanistan wars struggle to put food onto the table. Food insecurity is a serious national and international problem.

What can we do at the local level to help reduce and eliminate this problem? Several things can be done to help alleviate this problem. Solutions should include actions of the Lions Clubs. Start or support a local food bank. If your community does not have a food bank start one. Food banks are on the front lines in the battle to reduce hunger. They distribute food to families and individuals in need. Food Banks can be independent or connected to churches or other nonprofit groups such as the Lions. Help collect food to donate directly to the food bank through a variety of ways. Hold a food drive by asking a local grocery store if you can solicit food and monetary donations to support your local food bank, or organize a community food drive and have people go door to door collecting food. Lion fundraisers offer discounted tickets or free or reduced participation with the donation of nonperishable food items. Lions clubs could start or support a local community garden, producing fresh fruits and vegetables to needy families. Perhaps your Lions club can come up with another method or way to support your food bank.

Hunger is a reality in more places than ever before; it is our job to help fight hunger in our communities.







DISTRICT GOVERNOR MESSAGE

From DG Harry's pen

It is said that if a community has a Lions Club, that community will get better. There is no doubt in my mind that this is a true statement, however limited.

The community not only gets better, it flourishes and blooms! Great things happen! Miracles occur! I have had the privilege of visiting twenty two clubs in the District since August. I have become more aware of the accomplishments of these individual clubs and the profound differences they have made in the areas they serve. I get excited thinking about the visits to the remaining clubs of District 19E.

The signs announcing the clubs at the edges of the towns and villages make one aware that within the community there are great members who care. These people are known as LIONS! I share your concerns about membership. I know that each Lion wants their club to be around in the years to come. There is no other way to say that the time is NOW to invite others to join. It has been my privilege to induct seven new members. It is hard to tell who is prouder when this occurs--the new member or the sponsor. How many of you remember the person who sponsored you into the club? How many of you have overheard a sponsor remark on an occasion of recognition to another say, "I was his sponsor!"?

Individuals are remembered when they make a difference in another's life. Sponsoring another into Lionism will change a life. You make a difference. Ask another today. Our family of Lions can and will grow with your commitment.



November 2017



Rewarding Our Leaders (Part II) By Ed Brandstoettner, 19E GLT Coordinator

Previously, I covered how the Membership Director could merit an Excellence Award. This month, I will cover the means for Presidents and Secretaries to achieve these awards. Each officer should attempt to earn these awards, taking pride in their Lions Club. Like the Membership Directors award, the **President's Excellence Award** also requires 115 points of a possible 145. To qualify, 40 points are available by attending the District Conference (20pts) and participating in a Contest and Awards Competition (20pts). If you go to the District Conference, you might as well maximize your points by participating in a contest but you can still qualify without those points. Next there are core points available for usual club activities (65/70 pts).

- Setting Club Priorities planning session. 15 pts BONUS: outside facilitator. 5 pts
- Club Activities: At least one fund-raising project and one service project 15 pts
- Publish a monthly bulletin / newsletter 20 pts
- Publish and distribute a club brochure at club functions. 15 pts

Additional points can be earned by the following activities:

- A net gain of one member 20 pts
- Attend a Club President training **15 pts**

Either of these activities will merit the Award, both if your club does not participate in the District Conference Contest and Awards.

The **Club Secretary Excellence Award** is the most complicated needing 267 points of a possible 307. Four required activities are necessary to earn this award along with two normal duties.

- Provide a Summary of Club Activities **55 pts**
- Attend the District Conference 50 pts
- Attend Secretary Training **50 pts**
- Complete the MD-19 Club Officer Report Form 42 pts
- Have the club financial solvent at the beginning of the fiscal year 15 pts
- Pay MD19 dues on time **10 pts**

This obtains 222 points towards the Excellence Award, with only 45 more to earn. These can be earned by:

- Attending Zone Meetings 20 pts each
- Attending MD19 Convention 25 pts

All of these awards are reasonably achievable and a great acknowledgement of your club officers' efforts. The thing that prevents most officers from getting these awards is reporting. It is your responsibility to recognize and praise your club officers, so report your activities and earn your awards. All club members can assist their leaders by getting involved by ensuring club functions are well attended and supported.



November 2017



CARE

CARE has developed a program framework for Girls with Opportunities initiative, which intends to reach 100,000 girls nationwide over a 10-year period. The proposed project is part of a broader program framework, and achievement targets have been established to contribute to this broader goal. As part of this broader initiative, CARE seeks funding for the two-year Girls with Opportunities pilot project, which will target 4,569 girls at 19 schools in the departments of Huancavelica and Ica in southern Peru. The focus of this project is to empower adolescent girls from rural and marginalized urban areas with better quality education and opportunities to learn important social skills.

As District Governor Harry visits clubs he is asking for members to make individual donations to CARE. Please help insure that all members know this and come prepared to help support CARE.

Mail Checks to: MD 19 Lions 4141 West Maplewood Ave Bellingham WA 98226

Thank You! District 19E



November 2017



Centennial Celebration Update

We're in the home stretch of the celebration of Lions Clubs first 100 years of service. The formal celebration may be winding down, but our dedication to community service continues.

This year, Lions Clubs International added another campaign to the Centennial Service Challenge – Halting Diabetes. That campaign is in



addition to the original four campaigns: Engaging Our Youth, Sharing the Vision, Relieving the Hunger and Protecting our Environment. I continue to encourage all clubs in our District to look for at least one project during this Lion Year that would meet each of the five challenges and to be sure to report it when it has been completed. One club, **Medical Lake Lions Club**, has already met all five campaigns — a very impressive accomplishment. I hope to hear of many more of our clubs reporting the same feat.

I would also like to receive an update on the progress of Legacy projects that have been undertaken by clubs in our District. I know of several projects that have been undertaken and I hope to hear about their completion. Be sure to include a celebration of that completion and/or dedication of the project and provide photos and a write-up to your local paper and have your club secretary include it in the Service and Activities Report.

It is an honor to serve with the Lions of District E. Keep up the wonderful work that you do.

Kim Di Rienz District E Centennial Coordinator







Lions Club International Foundation (LCIF)

FirstSight

Lions Club International Foundation has many different programs that we help support. Last month this letter focused on Quest. This month the article will focus on FirstSight While I could write a very lengthy article detailing all the sight programs we have I want to give you a brief look into SightFirst.

Since the inception of SightFirst in 1990 this program has played a key role in reducing global blindness. It is only through the efforts of Lions, our partners, local health authorities, eye care professionals and other non governmental organizations that SightFirst has been able to help 30 million people have improved or restored vision. SightFirst serves as a leading member of VISION 2020, the global initiative for the elimination of avoidable blindness.

With a focus on building comprehensive and sustainable eye care systems, SightFirst provides funding for many eye care services. This enables them to strengthen eye care facilities, train professionals, build awareness about eye health in 3rd world countries. Through two fundraising campaigns Lions are investing \$415 million in the SightFirst program to extend its services to even more people in need. With an average cost of just \$6 to help restore a person's vision or prevent blindness, millions more will be given the gift of sight.

Through the many Lions sight programs, the lives of millions have been changed. Many of LCIFs sight initiatives are a result of strong partnerships with groups that share our dedication to preserving sight. In order to improve eye health, SightFirst is committed to understanding the causes, impacts and solutions to the world's major eye issues and diseases.

District 19E LCIF Chairperson PDG Bob Yeoman



November 2017



Regarding singing of United States and Canadian National Anthems at Lions Events

While I am well aware, that for the United States the "Star Spangled Banner" is officially designated by Congressional action to be the National Anthem for the United States. The controversy arises when Lions Clubs sing "America" during opening ceremonies for club meetings (in the US) rather than the "Star Spangled Banner".

A possible explanation:

Likely the reason "America" is sung is due to it being the accepted anthem prior to the 1931 approval of the Star Spangled Banner" and used by Lions Clubs since their beginning in 1917. In MD19 the Policy Manual lists an opening song to be either "America" or "Star Spangled Banner". The manual also lists "Star Spangled Banner" as a closing song.

Also, MD19 Club Officer Manual for Club Presidents list "America" as the anthem that should be sung at Lions events.

For me as the sitting District Governor of 19E, if I am asked what song should be sung for meeting openings, I will respond that "America" should be sung as it currently follows MD direction. If I am not asked, the decision will be at the meeting organizer's (Club President) discretion.

For those Lions interested in a solution to the directed use of our Nation's National Anthem the "Star Spangled Banner I suggest:

A Lion or Lions Club send to MD19 a written request asking the "Star Spangled Banner" be designated as the song to be sung at Lions events. The request could be made by any Lion in good standing in a club in good standing. MD19 then will likely assign the task to either the MD Policy Manual Committee or to the Strategic Planning Committee.

I believe this procedure could resolve the controversy. DG 19E Harry Lippincott October 18, 2017



November 2017



SAVE THIS DATE

Mark your calendar for our District "E" Spring Conference. The date will be April 20th-22nd, 2018, and will be held at the Beautiful Coeur D'Alene Casino Resort Hotel in Worley, ID. We are planning a great Spring Conference for our DG Harry Lippincott and YOU. The Menu and Room Rates are set! We want all of you to help make this a success by attending.

Lion Elaine Cook is looking forward to a great Contest & Awards program; start working on hose humorous stories, musical comedies, 5-min achievement speeches, musical performances, uniform parade and much more.

Coeur D'Alene Lions Club would like to remind your club to start putting something together for the Spring Conference Raffle. It is always exciting to see what unique items Lions Clubs bring to the raffle.

PZC Lion Ed Brandstoettner (GLT-Global Leadership Team) will be conducting a 101 Class on Friday Morning and Officer Training Saturday Morning.

We are looking for a Club who would host our Friday Fun Night event. For the theme think "Future" and don't forget a Slot Tournament.

We are looking for a Club who would be in charge of Goodie Bags.

Clubs who would like to be Coffee Sponsors! For \$25.00 dollars your Clubs name will be posted next to the Coffee Station and mentioned in the Conference Program. Please send your check to Lonnie Morse, at P.O. Box 1407, Rathdrum, ID. 83858.

SO GET THESE DATES & INFORMATION ON YOUR CALENDAR

2018 Spring Conference: April 20th- 22nd, 2018!

CONFERENCE LOCATION: Coeur D'Alene Casino Resort Hotel

37914 S. Nukwalqu, Worley, Idaho

SPRING CONFERENCE CHAIRPERSON:

PZC Lion Cheryl Ekler, (208) 443-7039, meatcutter.88@gmail.com

SPRING CONFERENCE CO-CHAIRPERSON:

PZC Lion Pat Nilson, (208) 443-2352, panilson@aol.com

REGISTRATION CHAIRPERSON:

PZC Lion Lonnie Morse, (208) 777-5157, lionlonnie@gmail.com

SPRING CONFERENCE MC:

PDG Lion Bob Ekler, (208) 443-7039, meatcutter.88@gmail.com

CONTEST & AWARDS:

Lion Elaine Cook, (208) 765-2538, kcook12@roadrunner.com

CONTEST & AWARDS CATEGORIES:

Club Achievement 5-minute speech, Club Brochure, Club Bulletin, "Club"

Business Card, Club Scrapbook, Club Website, Humorous Story, Musical

Comedy, Musical Performance, Uniform Parade and much more!

SPRING CONFERENCE RAFFLE: Coeur d'Alene Club

PDG Lion Ken Cook, (208) 765-2538, kcook12@roadrunner.com Don't forget to let PDG Ken Cook know if your club will be donating an item or presenting a monetary donation.

101 CLASS & OFFICER TRAINING:

PZC Ed Brandstoettner, (509) 467-0360, brandsen@comcast.net





NEW & REINSTATED MEMBERS ADDED October 2017

Congratulations to the new members and their sponsors!

Lake Windermere Denise Goodwin Margaret Page

Daniel R Goodwin Bob Page

Medical Lake Albert J Spitzenberg William Trout

Kam S Gunther Carol Haynes Herbert M Hill Carol Haynes

Osburn Jim V Gilmore NA

Candyce M Gilmore NA

Sandpoint Ronda L Whittaker Nancy Lewis

Raymond J Kinman Karen Benedict Corrie L Kinman Karen Benedict

Chewelah Valley Fallyn R Grimm Brian Ross

North Pend Orielle

Valley Larry Pollock Victoria Reeve

Elkford Alice Sandra Tanaka reinstated

Priest River Peggy J Heid Ethe Perry

Rossland Colin Rintoul Donald Vinish

Mark Creek Melissa Broadhurst Christina Lafaut

REPORTS: During the month of October 2017, 43 of 50 clubs reported on Monthly Membership Reports (MMR). Thanks to those 43 Club Secretaries for being on time with their reports. This really has your club and district looking good. Remember, I am asking for all Club Secretaries to file the MMR on or before the 25th of the month. Possibly, the report could be filed after the club's second meeting. Remember also, if you need help please contact your Zone Chairperson, Cabinet Secretary John Wilson or me.







CLUB EVENTS & HAPPENINGS AROUND THE DISTRICT



The Creston Valley Leo Club was pleased to approve and welcome new members at their last meeting. Our new members made their pledge, "To Serve and Give Back." Uphold and improve the reputation of the Creston Valley Leo Club. New Leos were welcomed by President Dylan Smith and Vice President Logan Schmalz.

Creston Valley Leos - \$400.00 to BC Red Cross Wildfire Victims. Firzst order of business, first meeting, new year of our Creston Valley Leos was the treasurer issuing a check of \$400.00, which is being sent to BC Red Cross Wildfire Victims. President Dylan Smith, Vice President Logal Schmalz and Leo Nevaeh Keating off to mal the check. Well done Leos!!



Mr. Smiley Firewood and Nelson Lions & friends. This is part of the crew that cut and split the logging truck load of wood for our annual firewood sale on October 21, 2017. Lions – Paul Bogaard, Arne Erickson, Bill Brown. Volunteer: Ken



Golden Duck Race is in its 28th year. We sell up to 500 numbered "DUCKS". The first 2 across the finish line win \$1000.00 each for 2 individuals, the last one wins \$25.00. The "ducks" take about 40 minutes to finish the run. Winners prize presentation (L-R) Rich Roy (\$25.00), Lion Dave Clapperton, Lion Orlando Pecora, Beth Palumbo (\$1000.00), Tim Parker (\$1000.00) Lion Ron Tabbert.







CLUB EVENTS & HAPPENINGS AROUND THE DISTRICT (Pg2)





Spokane Shadle North Lions have nearly 50 newspaper recycling boxes around town. Members have been painting and restoring them recently.

Spokane Shadle North Lions bagged 900 bags of groceries in 100 minutes at Rosauer's grocery store. Annual event to help fight hunger.



CHEWELAH VALLEY LIONS CLUB ROMP 'N ROAR GOLF TOURNAMENT AND SCAVENGER HUNT HELD SEPT. 16, 2017

It wasn't your normal golf tournament at the Chewelah Golf Course and Country Club in September. The Chewelah Valley Lions were able to raise thousands hosting their unique Romp 'n Roar golf tournament that featured a toilet on the first tee box, a scavenger hunt as teams progressed through the course, a hole where golfers rolled a bowling ball down a hill, one team "dress up" hole and another where golfers use a kickball as their first drive. The golf tournament was kicked off by grogs being served in the morning and when teams returned they were treated to a taco bar. Designer beer glasses and drink tickets to nearby Quartzite Brewery were handed out, along with prizes for the top golf and scavenger hunt teams. The weather was agreeable this year and golfers enjoyed the changeup from a normal golf tournament. The Chewelah Valley Lions already can't wait, and working, for the next Romp 'n Roar.



November 2017



NORTHWEST LIONS FOUNDATION

The reports are in White Cane it seems that a lot of clubs haven't sent there money in that they got for White Cane. Of the 30 clubs only 13 clubs have made a donation to Northwest Lions Foundation (White Cane). You need to put White Cane on note line to get credit. This is the money we use to run our programs.

Patient Care Grants:

Is a grant program for low income individual's needing assistance with vision and/or hearing related care, treatment, surgery or assistive technology.

Project Support Grants:

These are formal organizational grants and require a formal application to be completed and submitted semi-annually. Through this program we have also awarded small, one time only grants application to schools, Lions Clubs orsmall organization for very specific vision or hearing project.

Lions Hearing Aid Program:

This program provides new aids to people who cannot afford them. If the club verify that the person is in need, NLF will split the cost 50-50 with club. The cost to the club for 2 aids, \$350 - \$450.

Northwest Lions Foundation Trustee PDG Ken Cook

CONTEST AND AWARDS

Club Scrapbook

Time to start thinking about the Spring Conference and the Contest & Awards. Start getting your clubs scrapbook together, **please read the rules** there are in the roster book page num-ber 155. It would be nice to have a bunch of books so all can see what your club has done over the year. They need to be at the Spring Conference on Friday the 13th 2018 so they can be judged. Any questions call or email me.

19 E C&A Chairperson Lion Chair Elaine







DISTRICT 19E CLUB SUPPORT TEAM

Global Action Team Coordinator (GAT): DG Harry Lippincott, hlippin1@comcast.net

Global Leadership Team (GLT) Coordinator: PZC Ed Brandstoettner, brandsen@comcast.net

Global Membership Team (GMT) Coordinator: PDG Brian Ross, pdgb.ross@gmail.com

Global Service Team (GST) Coordinator: New Position from LCI. Currently Vacant

District Membership Liasion: 1st VDG Lyndon Harriman, lcpdharriman@gmail.com

District Leadership Liasion: 2nd VDG Frank Bega, frankbega@frontier.com District Extension Coordinator: PDG Ken Cook, kcook12@roadrunner.com District Retention Coordinator: Marge Bega,huddlehous46@frontier.com

District Public Relations: Denise Murray, denisemurray1@msn.com

Cabinet Secretary: PZC John Wilson, lion.jwilson@gmail.com

Cabinet Treasurer: Ron Thurlow, thurlow1@q.com

Zone Chairpersons:

E-1 Roger Schramm, roger.l.schramm@gmail.com

E-2 PZC Rob Loch, robloch@hotmail.com

E-3 Brian "Kiwi" Kirk, brianalankirk@live.com

E-4 Currently Vacant

E-5 Currently Vacant

E-6 Currently Vacant

E-8 Marita Norton, speedshopper@potc.com

E-9 Margie Walters, tomargie@centurytel.net

E-10 PZC Harold Hazelaar, sales@hdrailings.ca

E-11 Currently Vacant

Please submit all DG newsletter articles by 1st of each month to:

District19e.dg.newsletter@gmail.com

Request: pictures in .jpg accompanied by written







19E District Governor Visitation Schedule November 2017 through January 2018

Nov	ilot Governi	or visitation o	oncaan	CITOVCII	inser 2017 till odgir sandary 2016
INOV		Cabinet			
11/4/2017	Saturday	Meeting	TBA	10:00	Hosted by Sandpoint Lions Club
11/6/2017	Monday	Osburn	E-3	6:00	Mom's Vintage Café, 713 E. Mullan
11/7/2017	Tuesday	Beaver Valley	E-5	5:00	Montrose Hall 9080 - 9th Avenue
		Rossland/Gold			
11/7/2017	Wednesday	en City	E-5	5:00	Montrose Hall 9080 - 9th Avenue
11/7/2017	Tuesday	Trail	E-5	5:00	Montrose Hall 9080 - 9th Avenue
11/15/201		Kootney	- 0	7.00	0 % 11 # 0050 B
7 11/16/201	Wednesday	Slocan	E-8	7:00	Community Hall, 3656 Passmore Old Rd.
7	Thursday	Northport	E-5	6:00	Rivertown Grill
11/20/201	marcaay	- Horasport		0.00	TAVOILOMIT CIM
7	Monday	Colville	E-5	5:30	S. Main Sport Bar, 993 S. Main
11/21/201		Spokane			
7	Tuesday	Central	E-1	12:00	Lincoln Center, 1316 N Lincoln
11/21/201	Tuesday	Dovernort	Го	7.00	Mamarial Hall 511 Dark St
7 11/22/201	Tuesday	Davenport	E-2	7:00	Memorial Hall, 511 Park St
7	Wednesday	Sand Creek	E-6	6:30	Jaffrey Seniors Hall, Rosen Lake Rd.
11/23/201	,		-		
7	Thursday	Thanksgiving			
Dec					
12/5/2017	Tuesday	Almira	E-2	7:00	Community Center, 44 Main St.
		Spokane	_		
12/6/2017	Wednesday	Southeast	E-9	6:00	Brookdale South, 3117 E Chaser Lane
12/7/2017	Thursday	North P.O. Valley	E-8	6:30	Train Depot
12/9/2017	Saturday	Rosalia	E-1	12:00	Harvester, 410 W 1st
12/12/2017	Saturday	Spokane	<u> </u>	12.00	Tidivester, 410 W 1st
7	Tuesday	Shadle North	E-1	6:00	Roundtable Pizza, 1908 W. Francis Ave.
12/19/201					
7	Tuesday	Hauser	E-3	7:00	Bob's Ville, 9510 N Hauser Lake Rd.
12/25/201	Manday	Ob vietne e e			
7 12/26/201	Monday	Christmas			
7	Tuesdy	Boxing Day			
Jan			I.		
		New Years			
1/1/2018	Monday	Day			
1/0/0010		Priest Lake			No. 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
1/2/2018	Tuesday	Kanisku	E-11	6:30	Nickelplate Restaurant
1/3/2018	Wednesday	Coolin Branch	E-11	1:00	Ardy's Café, Coolin
1/15/2018	Monday	Martin Luther King Day			
	Í	Chewelah			
1/17/2018	Wednesday	Valley	E-9	5:30	American Legion, 111 S Park St.
4/40/0040	Thurs !	Green Bluff -		0.00	Bio Book Browns 40004 N. A. J.
1/18/2018	Thursday	Mead,WA	E-1	6:00	Big Barn Brewrey, 16004 N. Applewood
1/22/2018	Monday	Rockford	E-9	7:00	Harvest Moon Rest, 123 Main St.
1/24/2018	Wednesday	Liberty Lake	E-9	12:00	Barlow's Rest, 1428 N Liberty Lake Rd.
1/24/2018	Wednesday	Post Falls	E-3	6:30	P.F. Senior Ctr, 1215 E 3rd Ave.
1/25/2018	Thursday	Medical Lake	E-1	6:00	Pizza Factory, 123 S Broad St.



November 2017



November 2017

