



April 2018

from DG Harry's pen

WOW, less than 100 days to go until the end of this Lions year. It's been great fun, visiting the clubs in the district. Janette and I were warmly welcomed by all. Thank you everyone for the gifts we received.

We are entering the busy part of our year with lots of activities for our clubs, our district, the district conference in Worley, Idaho and finally the International Convention in Las Vegas in July.

CONFERENCE UPDATE: Our International Guest is International Director Thomas Gordon and his wife Gillian. They come from Ontario. Director Tom is a native Canadian and was elected director to represent Canada at the International Convention in Chicago in July. Please extend our western hospitality to Tom and Gillian.

Lion PZC Cheryl Ekler along with assistants PZC Pat Nilson and PZC Lonnie Morse have put together our District Conference April 20-21 at the Coeur d'Alene Resort Casino. On Friday check out the BBQ, Slot Tournament and Fun Night, and, of course, a visit to the Hospitality Room.

Delegate Certification and Voting. New this year. Certification and Voting will be done Saturday morning. Delegates will be certified and then will immediately vote. Time will be from 7:30am to approximately 11:30am. Make sure you have your delegate form.

Saturday Morning will be the "Celebration of Life Service" followed by General Session. Plan to attend the lunch where we will hear from an individual who received assistance from our own Northwest Lions Foundation. We will also recognize our District Peace Poster winner. A registration form and additional conference information will be found on a later page in this newsletter.

After Lunch, a Seminar titled, "LCI FORWARD" will be presented by 2nd VDG Mark Mansell (District G) and International Director Thomas Gordon. Please plan to attend this very important seminar.



You may ask, what is LCI Forward? LCI Forward is a road map for Lions to plan, implement and achieve our vision for a better future. It's designed to help Lions triple our humanitarian impact and serve 200 million people a year by 2021. The LCI Forward program accentuates initiatives where Lions worldwide are asked to support club activities in the following areas:

- Tripling our impact through a renewed service strategy with: Diabetes Awareness/Prevention
- Vision/Hearing, Staving off Hunger, Saving our Environment, and Pediatric Cancer Research, Education and Support!
- Improve our public opinion with more focused publicity and valued-added community service!
- Have the Best-In-Class Leadership and Personal Development Path-ways for our Lion Members!
- Lastly, enrich our members' experiences as Lions that promote pride and attract new Lions!

Only the weak are cruel. Gentleness can only be expected from the strong.

And, the Lions Organization is the Strongest of the Humanitarian Service Organizations in the World!

Please take great pride in being a member of the largest and greatest service organization in the world! As we kick off our second century of service to others, please spread the word about what we represent and how we make a positive difference in our local communities and around the world. In our second century, let's make sure we are no longer the best kept secret. We are Lions – We Serve!!

COME AND HAVE A GREAT CONFERENCE AS WE ENTER OUR 101ST LIONS YEAR.



April 2018

RETENTION

In the March Issue of the Lions Magazine, the message our International President wrote had some very interesting words of wisdom. "Let us Link Arms"

We should use this advice in reaching out to new members and old members alike. Take their hand, make them feel welcome.

Take their hand in asking them to be a part of an event that is coming up, let them know you need their thoughts.

If we don't do this we are going to lose these members and younger people are not going to want to join our Lions Club if they are not going to feel included.

Marge Bega - Chairperson

MEMBERSHIP NOTES

What a great month of bringing in new members to your clubs. Congratulations and keep up the positive growth and reporting.

Some of you may know International is running a contest from April 1 to June 15 in each of the seven constitutional areas. The sponsor of each new member will be entered in a drawing, the prize will be \$750. Two winning names will be drawn from each constitutional area. A goal is to have 1.5 million lions serving by the time of the International Convention in Las Vegas. This will be a strong showing of "*The Power of We*"

We as a Multiple District still have our Spring Ahead contest. Please stay involved with it also. We just need one new member per club for each of the remaining months in our lion's year. We can to it.

An update of interest, we will soon be starting a Cheney Club. Please stay posted for their charter date. Many hours of volunteer canvassing have been put into this effort. A big "Thank You" to those members of our district that gave freely of their time and energy to make this happen. Thank you to the Medical Lake Lions for sponsoring and providing the Guiding Lion to insure the future of this club.

See you all at our Spring Conference in Worley.

PDG Brian Ross
GMT-District 19E



April 2018

District 19E Spring Conference Training Information

April 21, 2018

2nd VDG Frank Bega/ Acting GLT

Leadership and officer training opportunities abound at our upcoming Spring Conference. Below is a list of the scheduled training along with the information for each.

Friday, April 20th, at the Cd'A Casino: Leader Development (formerly known as Leadership 101) will be held in the Council Room. Start time 8:30 AM, finish at 3:30 PM. Lunch will be included in the registration fee of \$35.00 for all Lions; non-lions wishing to attend will be charged \$50.00. Cost will be at par for all attendees from our Canadian clubs.

Saturday April 21st, Club Officer Training will be offered in 4 different locations. Club President, to be held at the Council Room, facilitator ZC Roger Schramm, time 10:30 – 12:00; Club Secretary Training to be held at the Red Tail Hawk back room, facilitator 2nd VDG Frank Bega, time 10:30 – 12:00; Club Treasurer Training to be held In the Chinook Arriba Room, facilitator Lion Patti Patterson, time 10:30 – 12:00; Club Membership Director Training, facilitator Zone Chair Margie Walters, to be held at the Ponderosa Room, SW Corner; time 10:30 – 12:00. There will be directions to all the rooms involved as well as the times.

If you are planning on attending any of the Officer Training Sessions, please go on line to: www.lionsmd19.com, go to the left hand column, select Club Officer Manuals, and print off the manual that pertains to your position. Please bring the manual with you to the training session you are attending.

If you have not already registered for the Spring Conference, when you do so, please indicate somewhere on the registration that you are planning to attend officer training.



Diabetes Is No April Fools

Welcome to April and the celebration of mischief that is April Fool's Day! I will start this article off with a knock-knock joke, but one with a lesson about diabetes

Knock knock
Who's there?
Type 1 diabetes.
Type 1 diabetes who?
Knock knock
Who's there?
Type 2 diabetes.
Type 2 diabetes who?
Can't you tell the difference?

One thing that is no prank or to be fooled with however is diabetes. This month's tips on living with and beating diabetes focus on diabetes in the workplace. First, regular shifts are best, according to Dr. Alan Glaseroff, and avoid shift rotation as these tend to throw off insulin, food, and exercise schedules. Also, avoid stressful jobs as stress can raise blood sugar levels and stress can include extremes of temperature, both hot and cold.

Further, know if breaks are allowed. Living with diabetes requires occasional breaks so that the diabetic can eat, check blood sugar, or take necessary medication. Larger companies can possibly be a better option as they are covered by worker protection laws. Remember that all organizations are required to comply with the Americans with Disabilities Act (ADA).

By paying attention to the needs of the diabetic population all family, co-workers, employers, and Lions can help make the world a better place for those with diabetes. Please take care of yourself and those in your life and see your doctor regularly.

We can beat this!

Lion Doug Callahan, DBA -District 19E Diabetes Awareness Chair

Creston Leos & Rotary serve an amazing International Dinner

Our Creston Leos assisted the Creston Rotary Club at their amazing International Dinner on Friday 23rd March 2018. Our Leos were kept busy serving the wonderful dishes of international cuisine from our local restaurants the Rotocrest Hall. Leos rolled up their sleeves and helped with the clearing the tables and cleanup.



Bits & Bytes: Technology Tips by Lion Tammy

- Keep passwords safe
- Use Complex passwords
- Change passwords often
- Use different passwords (don't use the same password for everything)





District "E" Spring Conference

Our District "E" Spring Conference will be held April 20th – 22nd, 2018 and will be held at the Beautiful Coeur D'Alene Casino Resort Hotel in Worley, ID.

We are planning a great Spring Conference for our DG Harry Lippincott and you.

You can make your room reservations NOW! Just call 1-800-523-2464 and use booking ID 2143 to reserve your room. The Lion's Block of Rooms are \$93.00 dollars.

Friday morning will be "Leader Development (formerly Leadership 101) Class", hosted by Lion Patty Allen and PDG Brian Ross. Be sure and let 2nd VDG Frank Bega know if you are interested in attending. (208) 659-1446 or email frankbega@frontier.com

We are offering a Great BBQ Friday Evening, around 4:00 p.m.

A Slot Tournament at 5:30 p.m. (don't forget you must have a rewards card before you can play).

Contest & Awards with some of them being judged Friday at 7:00 p.m. Musical Performance, Musical Comedy, Humorous Story, 5-min Achievement Speech and Uniform Parade. Saturday, judging for Club Brochure, Club Bulletin, Club Business Card, Scrapbook and Club Website will take place. Be sure and let Lion Elaine Cook know if you or your club would like to participate in Contest & Awards. (208) 765-2538 or email kcook12@roadrunner.com

The Rockford Lions Club, will host Fun Night at 8:00 p.m. Come as your favorite "Star Wars", "Futuristic" or "Space" Character as there will be Games and a Costume Contest and prizes.

Saturday Morning at 8:00 a.m. "Celebration of Life" will take place and hosted by the North Pend Oreille Valley Lions Club.

After Lunch there will be a fascinating Seminar on "LCI Forward", hosted by International Director Lion Thomas Gordon and 1st VDG Lion Mark Mansell from District G.

- LCI Forward is LCI's plan to triple our impact by serving 200 million people annually by 2021.
- There are four visions to being the global leader in community and humanitarian service
Enhance Service Impact & Focus: The number of people in need served by a Lions Club – visually impaired, people with disabilities, people needing urgent assistance and often life-changing medical assistance.

Reshape Public Opinion & Improve Visibility: The need for voluntary humanitarian service is higher than ever as a result, and we need to remind society of our impact, and what communities could be like with a Lions Club.



Pursue Club, District & Organizational Excellence: We are today the largest voluntary service organization in the world. Continuing to innovate in services to Lions clubs and district, including further harnessing technology advances, will be essential to our second century of success and expanding our humanitarian service.

Improve Membership Value & Reach New Markets: People have more choices today to serve and give back to their community/people in need. We need to continue promoting new ways for caring people to be involved in our service and provide options for service engagement, which are flexible and mesh with today's busy lifestyles.

"DARE TO DREAM"

IF YOU HAVE NOT ALREADY REGISTERED FOR THE SPRING CONFERENCE PLEASE DO SO.

MAIL YOUR REGISTRATION FORMS IN NOW!

Please let PZC Lonnie Morse know if you would like to be one of our Coffee Sponsors. For \$25.00 dollars your Clubs name will be posted next to the Coffee Station and mention in the Conference Program. Please send check to PZC Lonnie Morse, at P.O. Box 1407, Rathdrum, ID. 83858.

Raffle: Coeur d'Alene Lions Club is in charge of our Spring Conference Raffle. Be sure and let PDG Lion Ken Cook know you are donating a raffle item or sending a monetary amount in so they can buy a raffle item by calling him at (208) 765-2538 or email him at kcook12@roadrunner.com.

LERC: Will have a Display Table so be sure and bring your pre-sorted eyeglasses in to be re-cycled. NO single lenses or eyeglass cases, please.

If you were interested in Golfing, Golf would be available at the Circling Raven Golf Club (depending on weather conditions). Ranked among golf Magazine's prestigious "Top 100 Courses You Can Play". Circling Raven Golf Club offers an enthralling 18 holes to conquer. This beautiful 7,189-yard course meanders through the rolling hills of Northern Idaho, as it's nestled among 620 acres of wetland, woodland and Palouse grasses. Circling Raven Golf Club@circling-raven additional contact info www.cdacasino.com/golf or call 1 (800) 523-2464.

Check out the Display Tables, Pin Traders and stop by and have a Diabetic Finger-Stick, to see what your blood sugars are.

Liberty Lake Lions will be filling our Goodie Bags and Spokane Shadle Lions Club will be our host for the Hospitality Room.



April 2018

50th Anniversary LCIF

This month's Lions Magazine had a great article on LCIF as we are celebrating 50 years helping others. I encourage everyone to read the full article on pages 23 through 27. Below I have copied the four key areas that LCIF reaches out to with grants as found in this month's Lions magazine.

We give sight by combating eye diseases, creating infrastructure to improve eye care delivery, increasing the number of trained eye care professionals, and making vision care more equitable and sustainable through programs like KidSight USA.

We support youth by helping children learn to work together, make positive decision, and serve their communities through Lions Quest, and by constructing schools, youth centers, and vocational training centers.

We provide disaster relief by helping devastated communities survive after disasters and by bringing hope through assistance in long-term efforts to rebuild homes and lives.

We address humanitarian needs from global health issues such as measles, diabetes, hunger and childhood cancer to empowering those with disabilities to lead more independent and fulfilling lives.

PDG Bob Yeoman
District 19E LCIF Chair

LCIF Donation update

This fiscal year Lions Club International Foundation is celebrating 50 years of helping others in a variety of ways. The giving goal for this year is 50 million dollars, a big increase from last years giving of approximately 37 million. I like to think that as Lions we raise to the challenge. To date District E has done just that- rose to the occasion. Thank you Dist E.

Through March our District has donated \$24,054 compared to \$21,155 in all of last year. Goal for the district is \$30,000, we can do it. Currently we have 20 clubs that have not donated to LCIF. Encouraging zone chairs to follow up with clubs and insure they are supporting our # 1 Foundation.

Individual donations have always been accepted but this year we have put an emphasis on individual donations. Extremely happy to announce that 30 members have donated nearly \$6500. Three members have donated \$1000 each, remember these donations are tax deductible. Last year we had 7 members make individual donations and every penny is put to use, not administrative costs.

As we near the end of our fiscal year I encourage all clubs to make that first donation to LCIF. If your club has already donated but you find additional funds please consider a second donation. Also encouraging members to make an individual donation through LCI.

PDG Bob Yeoman -District 19E LCIF Chair



NEW, REINSTATED & TRANSFER MEMBERS – March 2018

Welcome to all into the world's greatest Service Organization.

Club	Member	Sponsor
Chewelah Valley	Dave Martin	Kay Lupton
	Donna Martin	Kay Lupton
	Eric A Blackburn	Brian Ross
	Rhea Ross	Brian Ross
Coeur d'Alene Creston	Shari A Prymak	Jewell Wooldridge
	Darren A. Douma	Re-instated
	Crystal Morton	Re-instated
	Celia Pringle	Ingrid Voigt
Davenport Lake Windermere	Christine Vanderloos	Ingrid Voigt
	Joseph D Van Ausdle	Scott Hudson
	Brent Lindquist	Margaret Page
	Wendy Thorney	Doug Liebel
Reardon	Michelle Lindquist	Bob Page
	Doug Pritchard	Doug Liebel
	Brian J Gallagher	Dale Swant
	Jack B Kellum	Dale Swant
Spokane Central	Eric Nikkola	Dale Swant
	Barbara A Cumpton	Cheryl Roberts
	E.W.Mike Adams	Transfer
Spokane Shadle North	Rick A Kienholz	Re-instated
	Marianne Nemeth	Bob Yeoman
Trail	Diane P Bolton	Patt Flack
Wilbur	Keith Kenney	Transfer

MONTHLY REPORTS: For the month of March 2018, 47 out of 49 District Club reported in a timely fashion. Two clubs did not report, reasons are unknown.

Suggestion for reporting include:

Prepare the report after the clubs 1st meeting is held

The secretary can always update prior to end of month

Early filing assures a report is completed

This eliminates problems that may occur at end of month including such as

Personal computer not working,

Forgetting the end of month is here, LCI website may be experiencing problems, etc. Always go back and check the report has been filed.



District 19-E 2018 Spring Conference
April 20, 21, 22
"Surveying the Future"



Coeur d'Alene Casino Resort Hotel
Worley, Idaho 83876
Lion's Block of Rooms - \$93.00
Reservations: 1-800-523-2464

Early Bird Drawing
Registrations postmarked by **3/20/18**
will be in the drawing for registration
refund!!

_____ **Lion/ Lioness/Leo/Guest**
Name Circle Appropriate

_____ / _____
Email (registration received) Phone

_____ / _____ / _____ / _____
Address City St/Prov Postal Code

_____ / _____ / _____ / _____
Club Dist Zone Current Office or Position

Diabetic/special diet? Check box & explain _____

NO MEALS SOLD AFTER 4/18/18

DATE	FUNCTION	COST U.S.	COST CAN.
	Registration (everyone)	\$15.00	\$19.00
Fri. 4/20 4:00 PM	BBQ grilled burgers, smoke sausages ,salad, cornbread, beans, chips	\$19.00	\$24.00
Fri. 4/20 5:30 PM	Slot Tournament When you check in, get your rewards card from Customer Service you must have it for tournament	\$15.00	\$19.00
Fri. 4/20 8:00 PM	Fun Night dress as your favorite futuristic person (or thing)	\$15.00	\$19.00
Sat. 4/21 12:00 PM	Lunch Buffet Deli Display - potato salad country style, steamed corn on the cob, pulled pork sandwiches, pasta primavera, fruit, cookies, chips	\$23.00	\$29.00
Sat. 4/21 7:00 PM	Banquet Buffet green salad, sea salt roasted baby red potatoes, baked ziti, chicken piccata, beef brisket	\$34.00	\$44.00

Make checks payable to: 19-E Spring Conference

TOTAL _____

Mail registration to: Lonnie Morse, POB 1407, Rathdrum, ID 83858

Conference Chair - PZC Cheryl Ekler (208) 443-7039 meatcutter.88@gmail.com

Conference Co-Chair - PZC Pat Nilson (208) 443-2352 panilson@aol.com

Registration Chair - PZC Lonnie Morse, (208) 777-5157 lionlonnie@gmail.com