



District 19E Newsletter



District 19E 2019-2020 Cabinet

District Governor

Frank Bega
208 620 8763
frankbega@frontier.com

1st Vice District Governor

Peggy Harriman
208 755 6137
pah4610@gmail.com

2nd Vice District Governor

Vacant

Cabinet Secretary

Elaine Cook
208 765 2538
kook12@roadrunner.com

Cabinet Treasurer

Ron Thurlow
509 279 4041
thurlow1@q.com

Immediate Past DG

Lyndon "Lyn" Harriman
208 755 6138
leharriman1@gmail.com

Zone Chairs:

Zone E-1
Lee Teichmer
lteichmer@gmail.com

Zone E-2

Vacant

Zone E-3

PDG Maria Andrews
lionmariaandrews@gmail.com

Zone E-4

Vacant

Zone E-5

Vacant

Zone E-6

Vacant

Zone E-8

Paul Bogaard
250 505 4463
bogee@shaw.ca

Zone E-9

Vacant

Zone E-10

Claude Oram
250 345 0171
claudeoram@gmail.com

Zone E-11

Leonard Parenteau
208 448 1851
thamamon@hotmail.com

District Governor's Message



Here it is, nearly the end of October, one quarter of the way through this District's Lions year. Marge and I have been enjoying ourselves, visiting and meeting with our fellow Lions throughout Eastern British Columbia, Northeastern Washington, and Northern Idaho. That is 48 very active clubs, busy supporting their communities throughout the year. We will have visited 33 clubs by the end of this month.

I am extremely excited as I review club service activities from your clubs, each one doing similar activities, but with their own particular variation; a working example of "Your Club, Your Way".

Our District goal of 500,000 service activities is a challenge, complicated by the change in reporting procedures. If any of you are having difficulties making the connection with MyLion, please contact me, PDG Harry Lippincott, or PDG Kim DiRienz. I, even as the District Governor, am having difficulties getting someone to answer the phone on the other end. We will leap this hurdle and make this work because we are doing important things for our communities.

Please keep up the good work and keep inviting new members to help you better serve your communities. Thank you.



SAVE THE DATE:

MAY 1-2

DISTRICT 19E SPRING CONFERENCE

BEST WESTERN PLUS

COEUR D' ALENE

More information coming soon

"Looking for the Lion in Everyone"

District Governor's Visitation Schedule

District 19E Clubs

JULY---2019

17 (Wednesday) Green Bluff Lions
 25 (Thursday) Bonner's Ferry Lions

AUGUST

5 (Monday) Coeur d'Alene Lions Club
 6 (Tuesday) Spokane Central
 12 (Monday) Fairmount & District E-10
 14 (Wednesday) Liberty Lake
 17 (Saturday) **Cabinet Retreat-
 Rathdrum Lions Club**
 19 (Monday) Lake Windemere
 27 (Tuesday) Spokane Shadle North

SEPTEMBER

5 (Thursday) Sparwood, Elk Ford, Fernie
 9 (Monday) Cranbrook Lions Club
 10 (Tuesday) Airway Heights
 11 (Wednesday) Wilbur, WA
 12 (Thursday) Northport Lions Club
 14 (Saturday) **Cabinet Meeting-
 Cranbrook, BC**
 17 (Tuesday) Grand Coulee Dam
 19-21 (Thurs.-Sat.) **USA/Canada Lions
 Leadership Forum-Spokane**
 23 (Monday) Rockford, WA
 25 (Wednesday) Sand Creek
 27 (Friday) Castlegar Selkirk Lions

OCTOBER

1 (Tuesday) Nelson, B.C.
 Kootenay Slocan, Salmo, North Pend Oreille
 5 (Saturday) Rosalia, WA
 8 (Tuesday) Kootenai Lake
 10 (Thursday) Medical Lake
 15 (Tuesday) Hauser Lake
 16 (Wednesday) Chewelah, WA
 17-20 (Thurs.-Sun.) **MD19 Fall Convention-
 Winatchee**
 21 (Monday) Reardan Lions Club
 22 (Tuesday) Smelterville
 23 (Wednesday) Priest River Lioness
 Priest River Lions Club
 Post Falls Lions Club
 23 (Wednesday) Post Falls Lions Club
 26 (Saturday) Creston, BC
 28 (Monday) Spokane Valley Lions

NOVEMBER

5 (Tuesday) Davenport, WA
 6 (Wednesday) Golden and District
 11 (Monday) Sandpoint Lions Club
 13 (Wednesday) Trail.Rosland,Beaver Valley

25 (Monday) Rathdrum Lion Club

DECEMBER

7 (Saturday) **Cabinet Meeting-
 Rathdrum Lion Club**

JANUARY---2020

14 (Tuesday) Cheney Centennial

FEBRUARY

MARCH

2 (Monday) Osburn
 3 (Tuesday) Priest Lake Kaniksu
 4 (Wednesday) Coolin Branch
 17 (Tuesday) Wasa, BC
 21 (Saturday) **Salmo, B.C. -
 Cabinet Meeting**

APRIL

7 (Tuesday) Almira, WA
 14 (Tuesday) Pinehurst/Kingston
 22 (Wednesday) Mark Creek

MAY

1 (Friday) **District 19-E
 Spring Conference-CDA**
 2 (Saturday) **District 19-E
 Spring Conference**
 3 (Sunday) **Transition -
 Cabinet meeting**

Please submit all District Newsletter articles to:
d19e.dg.newsletter@gmail.com.
 Pictures need to be in .jpeg format and text needs to be in either .docx or .rtf format. Deadline for submission is the 21st of the month.
 Please send corrections or additional information to the above email address.

Zone E-1:

Airway Heights
 Cheney
 Centennial
 Green Bluff
 Medical Lake
 Rosalia
 Spokane Central
 Spokane Shadle North

Zone E-2:

Almira
 Davenport
 Grand Coulee Dam
 Reardan
 Wilbur

Zone E-3:

Coeur d'Alene
 Hauser
 Osburn
 Pinehurst Kingston
 Post Falls
 Rathdrum
 Smelterville

Zone E-4:

Cranbrook
 Creston
 Kootenay Lake
 Mark Creek

Zone E-5:

Beaver Valley
 Northport
 Rossland-Golden City
 Trail

Zone E-6:

Elkford
 Fernie
 Sand Creek
 Sparwood

Zone E-8:

Castlegar-Selkirk
 Kootenay Slocan
 Nelson
 North Pend Oreille Valley
 Salmo

Zone E-9:

Chewelah Valley
 Liberty Lake
 Rockford
 Spokane Valley

Zone E-10:

Fairmont & District
 Golden & District
 Lake Windemere
 Wasa

Zone E-11:

Bonnerr's Ferry
 Priest River
 Priest Lake Kaniksu
 Sandpoint

PASSION

1st VDG Peggy Harriman

We may associate passion with something very personal such as "The passionate affection and desire felt by lovers for each other." However, "**passion is also a strong, enthusiastic liking for something, or a devotion to or interest in a cause or subject.**"

For the purpose of this article, I want to focus on the definition in bold font. You probably thought this was going to get really juicy, sorry to disappoint. Passion, I believe, is what drives all of us to the point of joining a Lion's club. We have a passion to serve others, to help our local, national, and global communities, and many of us have had this passion all of our lives from the teacher, to the military, to fire personal, police officers, etc. What is important is that we try our best to maintain or fire up that passion within ourselves and others. If we don't, I am afraid that our communities are going to be the losers.

You may not know this, but two clubs in District E dissolved and several members in the past year have either left or passed. In Constitution 1 and 2, the US and Canada, our membership has continued to decline, but numbers are increasing in other constitutional areas. What does this mean for us? This means we are going to lose our voice when it comes to making decisions that affect the entire association, and it will also mean that our dues will probably have to increase again.

Yes, increase again. This past week it was voted by the delegation at the MD19 Conference to increase our dues by \$3.00 for January 1, 2020 and again \$3.00 July 1, 2020. Why was this necessary? Again, as membership decreases so does the revenue that is needed by the district to run programs and the MD19 office. I want to again encourage you to find ways to keep your passion, pass on that passion to your existing members, and recruit people in your communities that have a passion to serve.

DISTRICT 19 E RESILIENCE

IPDG Lyndon Harriman

Many of you may not be aware of the difficulty's clubs have faced in District 19 E. Over the past few years many clubs have lost their main fund-raising vehicle. They have had to scramble to continue their service in and for their communities and Lions Clubs International.

Examples abound; Spokane Central Lions lost their Spokane Interstate Fair Beer Garden, North Pend Oreille Valley Lions (NPOV) lost their fall excursion train ride. Spokane Shadle North lost their annual Crab Feed, Rathdrum lost their Mustang raffle, and Post Falls lost their Haunted House, one they had run for almost 50 years. The Smeltonville Lions lost their demolition derby, and clubs throughout our region have had to move or change their main meeting location. The loss of these major activities, some covering decades of history in their respective Lions Clubs, have made our Lions RESILLIANT, DETERMINED AND ADAPTABLE.

NPOV has built and started the rail riders' program, human powered rail riders that people can use to tour the fall leaves in northern Washington. Spokane Central has expanded its Pig Roast and added several smaller beer gardens. The Rathdrum Lions have switched to an ATV raffle and Post Falls has gone to a quarterly raffle system, the first of which was very successful. Shadle North is exploring several alternatives such as dinner in the dark, raffles and other fund-raising activities. Every club in our district is ready, willing and able to take on new challenges while searching for new fund-raising activities. I know that similar dedication can be found in any of our MD 19 districts.

“Looking for the Lion in Everyone”

Convention News...and other

A GREAT CONVENTION— Congratulations and many thanks to the Wenatchee Central Lions Club for a terrific 2019 MD19 Annual Convention and Counsel of Governors meeting, October 16 to 19, 2019. It was, by all accounts, *Simply The Best!*

- *ELECTIONS AND BALLOT MEASURES* — The results of voting by the club delegates for the 3 matters on the ballot at the MD19 Convention are:
 - **Constitution And Bylaws Revision:** PASSED.
 - **MD19 Dues Increase:** PASSED.
 - **MD19 Lions Foundation Of Canada Representative:** Richard Simonson, of the Port Coquitlam Lions Club (District 19-H), ELECTED.

CONGRATULATIONS – To our District 19E Lions being recognized with awards, congratulate them.

ZC Marita Norton – Zone Chairperson Excellence Award

PDG Kenneth Cook – Club Secretary Excellence Award

PDG Bob Yeoman – Club Secretary Excellence Award.

DUES – Several clubs in the district have unpaid dues to MD19 and LCI. Accounts Receivable still remains an issue as some clubs feel they don't need to fulfill their Lions duty to pay dues when due. While clubs have much latitude to operate, as their communities need them to, there are still some basic responsibilities that clubs should realize they are expected to complete. Reporting their activities and paying their dues are two such responsibilities and they should both be taken very seriously by the clubs.

DON'T FORGET TO FILE YOUR IRS FORM 990-N TO PRESERVE YOUR CLUB'S TAX EXEMPT STATUS

Most Clubs in our district are 501 (c)(4) organizations under the IRS Tax Code and are exempt from federal income taxes so long as they file the required form 990 annually. If you do not file your e-Postcard on time, the IRS will send you a reminder notice, however, club treasurers and secretaries often change frequently leaving the IRS with a bogus address. There is no penalty assessment for late filing the e-Postcard, but an organization that fails to file required e-Postcards (or information returns –Forms 990 or 990-EZ) for three consecutive years will automatically lose its tax-exempt status. Loosing tax exempt status may require your club to pay back taxes on moneys your club took in even though it was used for administrative or charitable purposes. The e-Postcard is due every year by the 15th day of the 5th month after the close of your tax year. For Lions Clubs the tax year ends June 30, therefore the tax filing date is November 15. It is a simple process if you have your club's tax number (EIN). You just attest that your club did not have revenues exceeding \$50,000.00. Online access for filing your Form 990-N can be found at <http://epostcard.form990.org>.

Did you know -- November 2019

Diabetes Awareness Month

November 14

- World Diabetes Day
- **November 15**
- Postmark deadline for a club to send one winning Peace Poster (per contest) to the district governor
- Leo October Membership Growth Award nominations due

PDG Harry Lippincott

District 19E Administration Assistant

Leader Dogs for the Blind Visually impaired Rathdrum resident receives a guide dog from Leader Dogs for the Blind. Ben Straughen left for LDB on Sunday, October 20th. Ben and “Pablo” were introduced and it was love at first sight. Pablo is a 15-month old Yellow Lab / Golden Retriever mix. They are undergoing 27 days of intense training 24/7.

Lonnie Morse, Chairman

19-E Leader Dogs, U.S.

lionlonnie@gmail.com



RETENTION

MARGE BEGA

Ways to improve your club and retain membership

ASSESS your club's current status with respect to the four core dimensions.

Perhaps your club is doing things in the current manner because 'we have always done it this way'.

Perhaps your club is doing everything well' meeting the needs of its community and its members.

Perhaps your club is going through the motions, meeting community needs with service projects to which members don't feel a genuine connection. Without a genuine, personal connection to the types of service the club provides, members may not realize the full value of their club membership.

Whatever the outcome of assessment, it never hurts to take stock of things from time to time. Take advantage of the various resources available, and most importantly invite not only club leaders, but club members to share their perceptions about the club. This is the best way to get new members and older members involved and the desire to remain a Lion



Plan Now for Earth Day 2020!

April 22, 2020 is the 50th Anniversary of Earth Day. All around the earth, people are joining to together to Protect our Environment. Start working with the members of your club to plan a special activity to celebrate this milestone in your community.

Need ideas? Consider organizing a community clean-up project or a tree planting project.

COMMUNITY CLEAN-UP PROJECTS

Community clean-ups are a great way to improve the environment:

- Adopt-a-highway, waterway or park. Maintain its litter-free appearance.
- Clean a waterway; re-stock it with fish.
- Remove graffiti from a public place.
- Improve a playground or athletic field.
- Landscape a public area.
- Check lead levels in school drinking fountains and replace pipes if needed.
- Encourage the use of organic instead of chemical fertilizers.

TREE PLANTING PROJECTS

Trees absorb carbon from the atmosphere, conserve soil and water, provide homes for animals, shade for humans, and are a source of food and medicine.

- Trees can serve as a living memorial of a club anniversary or a member's birthday.
- Some clubs have planted Lions memorial forests.
- Other clubs have sponsored contests. The grand prize was a tree planted in honor of the contest winner.

Invite other service organizations and members of your community to come out and participate in your event. Many hands make light work – and it will put your club out where your friend and neighbors can see how "We Serve."



Fremont Lions tree planting in Wilder

KIM DI RIENZ

District 19E Environment Chair

GLOBAL SERVICE TEAM

Here's A Chance for Your Club to Receive up to \$200 for Service Projects!

It's not that Lions need an incentive to serve their communities (that is what they joined together to do), but here's an added bonus to the good feelings achieved through service - \$200 for your club to help defray the cost of service projects.

Each club that completes a service project for each global cause (Diabetes, Environment, Hunger, Vision and Pediatric Cancer) during this Lion-Year will have their club's name put on a ticket and placed into a drawing. At the end of the Lion year 2019-2020, three ticket(s) will be drawn and the clubs whose names were drawn will be reimbursed up to \$200 for money spent for their projects.

All your club needs to do to be eligible is to:

1. Complete a service project for each Global Cause during the 2019-2010 Lion Year.
2. Report the completed projects on MyLion, including Lion hours, number of Lions involved, and number of community members that were impacted/benefited by the projects.
3. Donated money does not constitute a service project; however, if you have a service project specifically designated towards a Global Cause, you may submit it as a project.
i.e. If you take money from your community account to have a dinner/auction/etc. and that money raised was designated for Childhood Cancer, that counts as a service project.
4. Send a copy of your project details to the District GST Kim Di Rienz (kdirienz@hotmail.com). It must outline what the project entailed, how much was spent, and which Global Cause was the focus.

If you need help in project ideas, please go to <https://lionsclubs.org/en/resources-for-members/resource-center> and type in the search engine what you need, for example "Environment Service Project Ideas."

I look forward to reading about the good works your club is doing!

KIM DI RIENZ District Global Service Team Coordinator

Officer Training

On September 28th there was an officer training in Creston B.C., for Canadian officers. Facilitators were Bob Yeoman/Secretary Training, DG Frank Bega/President Training and Margie Walters/Membership Director Training. There were 8 officers in attendance from Nelson, Fernie, Fairmont and Creston. Thanks to everyone involved in making this a successful endeavor. There will be an officer training at the Spring Conference and possibly a training in Canada in May 2020, for new officers.

GLT Tom Walters

Peace Poster Report

Margie Walters/District Chair

So far, six clubs have chosen to participate in the Lions Club International **Peace Poster Contest: Smeltonville, Davenport, Grand Coulee, Chewelah Valley, Lake Windermere and Sand Creek.** If you are still planning to participate please contact me, tomargie7@gmail.com. Please send your Peace Posters to me, rather than the District Governor by **November 15.**

Margie Walters
1209 Pinebrook Dr.
Chewelah, WA 99109

Laura Wintersteen-Arleth
Camp STIX Liaison
Dist. 19 E



We're STIX Diabetes Programs for children with diabetes!

It all started 20 years with a summer camp to give kids a terrific week of friendship and fun that they will never forget. There were 12 campers and 25 volunteers. We will now be celebrating 20 years of serving kids and families with Type 1 diabetes by giving them the best week of the year at camp.

Camp STIX statistics at a glance:

- 68 Counselors and Jr. Counselors
- 90% of counselors/JCs were previous campers
- 30,000 glucose test strips used
- 1,000 ketone test strips
- 4,800 cans of apple juice to treat low blood sugars
- 1,500 medical staff hours
- 8,408 meals served
- 701 pounds of lettuce/salad mix
- 11,712 yogurts
- 1,176 string cheese

Cost of Camp:

Approx. 200 campers

Approx. 170 volunteers

Cost \$146,000

Cost per camper \$900.00

Tuition: Most pay \$350 or less

Scholarships

No child is turned away because they can't pay

Here is how you can help:

Donation to Camp STIX

Camp STIX Diabetes Program

PO Box 8308

Spokane, WA 99203

Program on Camp STIX/diabetes

Contact:

PDG Laura Wintersteen-Arleth

lionlaurawintersteen@gmail.com

509-999-6282

Lions can help!! Our clubs have long supported Camp STIX and your help is needed even more now!! Camp STIX has expanded the camps due to the increasing need. Camp TWIGS: Day camp for kids ages 6-9; Camp STIX, for ages 9-18 and STIX Adventure Camp for kids 16-18.

Rathdrum Lions Club had their annual firewood cutting on Saturday, October 26 from 8:00am to 2:00pm. Several Lions, citizens took part to cut, split, load and deliver cords of wood to people needing help with keeping warm this winter. Wood was delivered to Spirit Lake, Athol. Coeur d'Alene and Rathdrum communities.





The USA/Canada Lions Leadership Forum is over. It seems like just yesterday we were putting in the bid to have it in Spokane. It was actually 4 years ago that we found out we did win the bid and our district would be the host district. I was incredibly proud of the support we showed the selection committee 4 years ago and even more proud of the support everyone showed during the planning and Forum. There are so many highlights to this Forum. So many people to thank. The Host Committee Chairs were absolutely phenomenal. They put their heart, souls, time and energy into making the Forum one to remember. All the volunteers who gave their time, excitement and knowledge were greatly appreciated. I had participants stop me and thank me for one of the best Forums they had ever attended. This was because of each person. The Forum Planning Committee had such high compliments of our Host Committee and all the Lions who volunteered.

Host Committee: When you see them, please extend your thanks to them for the wonderful job they did and for their time and commitment. A very special thanks to Bob for staffing the store the volunteers. Special thanks to Brian, who had the huge job of finding all the volunteers that were needed for every job, both planned and unplanned. Special thanks to Roger Schramm who not only was Facilities Chair, but also provided hospitality for every visit of the Planning committee. Special thanks to Cliff for stepping and helping me in multiple ways over this entire adventure.

Host Committee Chairs from District 19E: Cliff Miller, Bob Yeoman, Brian Ross, Tammy Callahan, Lee Teichmer, Lyn and Peggy Harriman, Roger Schramm, Sandy Flood, Sandy Eberle, Glen Barry, Tom and Margie Walters, Ken Cook and Bretta Schmidt. **Host Committee Chairs from our Multiple District:** Anne Smarsh, Polly Voon, Debbie and Mark Mansell, Barry Shiles, Tom Smarsh, Pat Burch, Steve Noble, Steve Somerset and Jan Weatherly.

Highlights:

The Strides Diabetes Walk: This was the largest walk ever!!!! We showed them how awesome the Lions from multiple district 19 are! There were 650 Lions registered to walk in Riverfront Park. The weather was perfect, the route was beautiful. A very special **thank-you to Camp STIX for sponsoring the walk.** Subway provided the lunch, with PCC Jim and PDG Irma Kemp donating apples for the event. Tom Smarsh as Host Chair did such a remarkable job. I heard nothing but compliments on this being the best walk ever.

Service Project: Each year a Service Project is chosen. This year, we chose to make feminine hygiene kits for women who are homeless. A huge thank-you to the Priest River Lioness Club and Bretta Schmidt for taking the lead on this amazing project. 2,000 kits were made and distributed to: Jonah's Project, SNAP, Women's Hearth, City Gate and WSU Nursing students working with the homeless. The excitement and appreciation from each of these groups was so rewarding. We had almost 300 participants in 2 sessions putting together the kits. There was so much excitement in the room. I had several people come up to tell me in all the Forums they had attended, this was probably the best Service Project ever. Thank-you to all the Lions for the donations of toiletries given to make this project a success.

Seminars: There were 76 seminars to choose from promoting Lions, leadership and service. Many participants who were first time attendees were so impressed at the quality of education provided to them. The powerpoints and handouts from the seminars will be posted on the Forum website soon.

Attendees: There were over 400 First Timers, with many from our district. We had about 1,600 Lions from around the United States and Canada, as well as from other countries.

Exhibits: There were over 40 exhibitors at the Forum. We had several from our own multiple district areas. Thanks to everyone who helped secure the exhibits. We sold out.

Sponsors: Our own **NW Lions Foundation for Sight and Hearing** was the major sponsor of the Forum. We are so grateful for their support. **MD19 Foundation for Service and Leadership** also assisted the Host Committee financially. **Camp STIX** sponsored the Strides Walk.

Lions Health Screening Unit: This is the first time in the history of the Forum that a screening was done at the Forum. The Health Sciences students from WSU Spokane Campus provided screenings and education to about 300 participants. Such a great partnership.

There is so much to be thankful for each and every Lion who volunteered, attended and supported the Forum. As Host Chair, I have been reflecting on the Forum and the last few years. I cannot even begin to show my appreciation and love for each and every one of you. The Forum was a huge success and it is because of each of you. Please accept my heartfelt thanks and gratefulness. I am so thankful to be a Lion and serve.

Laura Wintersteen-Arleth