

District 19E Newsletter



District 19E 2019-2020 Cabinet

District Governor Frank Bega

208 620 8763

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1st Vice District Governor

Peggy Harriman 208 755 6137 pah4610@gmail.com

2nd Vice District Governor

Vacant

Cabinet Secretary

Elaine Cook 208 765 2538

kook12@roadrunner.com

Cabinet Treasurer

Ron Thurlow

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Immediate Past DG

Lyndon "Lyn" Harriman 208 755 6138

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Zone Chairs:

Zone E-1

Lee Teichmer

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Zone E-2

Vacant

Zone E-3

PDG Maria Andrews

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Zone E-4

Vacant

Zone E-5

Vacant Zone E-6

Vacant

Zone E-8

Paul Bogaard

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Zone E-9

Vacant

Zone E-10

Claude Oram

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Zone E-11

Leonard Parenteau

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District Governor's Message



MERRY CHRISTMAS LIONS OF DISTRICT 19E

I hope all of our Canadian Lions had an enjoyable Thanksgiving Day in October and that our US Lions had an enjoyable Thanksgiving Day last month.

Please enjoy the upcoming Christmas Holidays with enthusiasm and an open heart to those in need. If your club doesn't already have a Christmas community support event, please take the time to create one and share your good fortune with others.

To those clubs already onboard with a Christmas Project, keep up the good work and thank you for your foresight.

District Governor's Visitation Schedule

<u>JULY2019</u>	
17 (Wednesday)	Green Bluff Lions
25 (Thursday)	Bonner's Ferry Lions
AUGUST	
5 (Monday)	Coeur d'Alene Lions Club
6 (Tuesday)	Spokane Central
12 (Monday)	Fairmount & District E-10
14 (Wednesday)	Liberty Lake
17 (Saturday)	Cabinet Retreat-
10 (Mandan)	Rathdrum Lions Club
19 (Monday) 27 (Tuesday)	Lake Windemere Spokane Shadle North
27 (Tuesuay)	Spokane snaule North
SEPTEMBER	
5 (Thursday)	Sparwood, Elk Ford, Fernie
9 (Monday)	Cranbrook Lions Club
10 (Tuesday)	Airway Heights
11 (Wednesday)	Wilbur, WA
12 (Thursday)	Northport Lions Club
14 (Saturday)	Cabinet Meeting-
	Cranbrook, BC
17 (Tuesday)	Grand Coulee Dam
19-21 (ThursSat.)	USA/Canada Lions
22 (Manday)	Leadership Forum-Spokane
23 (Monday)	Rockford, WA
25 (Wednesday)	Sand Creek
27 (Friday)	Castlegar Selkirk Lions
OCTORED.	
OCTOBER 1 (Tuesday)	Nelson, B.C.
2 (Wednesday)	Kootenay Slocan
• • • • • • • • • • • • • • • • • • • •	•
5 (Saturday)	Rosalia, WA
8 (Tuesday)	Kootenai Lake
10 (Thursday)	Medical Lake
15 (Tuesday)	Hauser Lake
16 (Wednesday)	Chewelah, WA
17-20 (ThursSun.)	MD19 Fall Convention-
21 (Monday)	Winatchee Reardan Lions Club
22 (Tuesday)	Smelterville
23 (Wednesday)	Priest River Lioness
	Priest River Lions Club
23 (Wednesday)	Post Falls Lions Club
26 (Saturday)	Creston, BC
28 (Monday)	Spokane Valley Lions

5 (WEMDED	
	<u>VEMBER</u>	
6 ((Tuesday)	Davenport, WA
0 ((Wednesday)	Golden and District
7 ((Thursday)	N. Pend Oreille Valley
11	(Monday)	Sandpoint Lions Club
13	(Wednesday)	Trail.Rosland,Beaver Valle
20	(Wednesday)	Salmo, BC
25	(Monday)	Rathdrum Lion Club
	CEMBER (Saturday)	Cabinet Meeting- Rathdrum Lion Club
JAI	NUARY2020	
14	(Tuesday)	Cheney Centennial
<u>FE</u>	<u>BRUARY</u>	
MA	<u>ARCH</u>	
2 ((Monday)	Osburn
3 ((Tuesday)	Priest Lake Kaniksu
4 ((Wednesday)	Coolin Branch
17	(Tuesday)	Wasa, BC Salmo, B.C. –
21	(Saturday)	Cabinet Meeting
<u>AP</u>	<u>RIL</u>	
7 ((Tuesday)	Almira, WA
14	(Tuesday)	Pinehurst/Kingston
22	(Wednesday)	Mark Creek
MA		D' - ' - 40 F
1 ((Friday)	District 19-E Spring Conference-CDA
2 ((Saturday)	District 19-E
	(Sunday)	Spring Conference Transition -

District 19F Clubs

Zone E-1: Airway Heights Cheney Centennial Green Bluff Medical Lake Rosalia Spokane Central Spokane Shadle North Zone E-2: Almira Davenport **Grand Coulee Dam** Reardan Wilbur Zone E-3: Coeur d'Alene Hauser

Osburn
Pinehurst Kingston
Post Falls
Rathdrum

Rathdrum Smelterville

Zone E-4: Cranbrook Creston Kootenay Lake Mark Creek Zone E-5:

Beaver Valley
Northport
Rossland-Golden City
Trail

Zone E-6:

Elkford Fernie Sand Creek Sparwood **Zone E-8:**

Castlegar-Selkirk Kootenay Slocan Nelson

North Pend Oreille Valley Salmo

Zone E-9:

Chewelah Valley Liberty Lake Rockford Spokane Valley

Zone E-10:

Fairmont & District Golden & District Lake Windermere Wasa

Zone E-11:

Bonners Ferry Priest River Priest Lake Kaniksu Sandpoint

"Better to Give Than to Receive"

"It's better to give than to receive," is something we have all heard throughout our lives. However, as stewards of helping our communities, I'm not really sure which is more important. We certainly can't help or give as much as we would like without first receiving funds. Therefore, in our position as Lions, I believe both are equally important. Unfortunately, many clubs who have lost their signature projects are having to search for ways to earn/make funds.

I urge you to take time to plan what causes you want to fund and what activity/project you are going to implement to fund them. Focusing on causes that resonate with the existing concerns of large numbers of people often generates more funds. This is also true of finding members who are willing to chair and help with the activities. There is a bigger buy-in when there is a connection by all participants.

I also would like you to consider all of our less fortunate community members at this time of the year who may not know where or if they will get a meal, have children who may not receive Christmas gifts, or they simply don't have a warm coat for the winter. Often times those less fortunate community members are our next-door neighbors or attend our churches, or they are the children who are attending our schools.

If you don't know where to turn, you can call your local school(s), talk to a school counselor, and ask if they know of a family in need. They can't give you the names, but they can provide you with the family dynamics and let you know what is needed. Let's make this holiday season, as we always do, a little brighter for others in our communities.

HAPPY HOLIDAYS 1ST VDG PEGGY HARRIMAN

TIS' THE SEASON

As Lions our mission throughout the year is one of service and giving. Service to our communities and giving to those in need. We focus on identifying the greatest need in our communities and then responding to that need. We have historically been very successful in fulfilling our mission.

Perhaps in our zeal to serve our communities, we have overlooked a critical organization that desperately needs our help. I am talking about our own Lions Clubs. We have become an integral part of serving the needs of our community, and the loss of our club would seriously impact the well-being of our home. Over the last few years, our District (E) has lost three Lions Clubs and membership has dropped below 1,300 members. Remember at 1,250 members we can be asked to redistrict, shuffling our clubs into other districts/zones with little input on our part.

A gift to ourselves could involve inviting friends, neighbors, and members of other organizations we have partnered with to help us celebrate the holidays. We can and should showcase our accomplishments and community service. ASK these visitors to join with us as Lions and become members of our own clubs. WE can then offer to pay their initiation fee of \$35. This is a great gift to our new members and an even greater gift to ourselves for it is imperative that we reverse the trends currently occurring and begin to grow again.

Please consider giving the gift of life to our organization and offer to pay the initiation fee for all new members. It will mean so much in the long run and cost so little.

HAPPY HOLIDAYS
IPDG LYNDON HARRIMAN

FRANK BEGA, DISTRICT GOVERNOR DISTRICT 19E

Where do I begin? As a District we are lacking a 2nd Vice-District Governor, We are missing seven (7) Zone chairs, and numerous positions on the District Cabinet.

Where has all the enthusiasm about being a Lion and serving your community and helping people throughout the world gone?

Every club I have visited to date has had at least one member who exhibited the skills and Lions Club Knowledge to be able to fill a position on the cabinet, or as a Zone Chair, or as the 2nd VDG.

It all begins with orientation. What is expected of you as a Lion? What duties and responsibilities will you be faced with? How do you prepare yourself to meet those expectations?

As a District we offer Club Officer Training, but as a District we seldom address the orientation requirement. We assume that it will be taken care of at the club level. This is perhaps the most critical training session that in many instances never takes place. All a new member hears is "just do something".

What needs to take place is a sit-down session where the sponsor or mentor of each new Lion takes the time to explain why a Lions Club was formed in your area, what projects or activities are specific to your community, and where that new member or new members will fit into the overall scheme of things.

There are at least two versions of New Member Orientation on the LCI website. If you are not able to reach them, please contact one of the following: PDG Brian Ross, our District Membership Team Coordinator; 1st Vice-District Governor Peggy Harriman; your Zone chairperson; or me. We are all prepared to reach out and make sure your questions are answered or your problems are solved.

If properly mentored/oriented, new members will hopefully see the need for leaders and feel honored to seek a leadership position.

"SHOCKED"

Yes, you are reading the word correctly. The reason I am shocked is that for the month October 15 clubs did not report Monthly Membership. I have been in this District for 22 year and in all that time the most I recall is 5 clubs not reporting.

Two years ago, 90% of the District Clubs reported. The absence of 1 or 2 clubs reporting maintains all reporting to LCI at the 90% level. I wonder why there's such a large number of non-reporting clubs. I do know there has been difficulty for some of the Secretary's when using the MyLCI/MyLion website, however, 32 clubs did manage to report before the end of the month. A comment, do you know that when a club is trying to report at the "last" minute you are competing with approximately 46,000 other clubs.

Yes, that is the number of Lions Clubs in the world. This is a major reason why we encourage clubs to report early. We suggest reporting after the 1^{st} meeting of the month. However, if you are waiting until later in the month try to remember no later than the 25^{th} of the month.

I would be interested in knowing the issues you experienced if they were LCI website related. Hopefully, some of you will be glad to share.

I will remind all club officers that training is always offered at Spring Conferences. Additionally, the district has individuals that will come out and train your officers (minimum 2 clubs attending). These folks just like you, have a family, they may have full-time jobs and likely numerous other obligations, but they are Lions who are willing to help the district.

Respectfully,
PDG Harry Lippincott
District 19E Administration Assistant

RETENTION

MARGE BEGA

- **R** Remind your members of why they joined the Lions
- **E** Engage them in activities
- Thank them for the work they do
- **E** Encourage them to volunteer
- Never make them feel they aren't needed
- Try new ideas for fund raisers
- I Invite the older members to volunteer in projects that don't require a lot of physical work
- Only working together will make a strong club
- N Never give up on a member that wants to quit



Ford Motor Company has stepped up and added a hum noise to their electric cars that both guide dogs and vision impaired people can hear.

Mattel has released a Braille version of their popular game, **Uno!** Both people who are sighted and those who are visually impaired can play the game together with the same deck. The game can be found at Target for \$9.99.

Ben and new guide dog "Pablo" have returned from Leader Dog school and are doing well and are inseparable. Ben and "Pablo" have been in the CDA Press and interviewed by KHQ-TV. In both cases the Rathdrum Lions Club was credited for making this happen.

PZC Lonnie Morse, 19-E Chairman Leader Dogs for the Blind lionlonnie@gmail.com



CHILDHOOD CANCER

Although Nationally Childhood Cancer Awareness has come and gone and Lions Childhood Cancer isn't until February, it's important to remember that the disease continues, and there are children in Pediatric Cancer Centers receiving treatment.

So, while you are toasty warm this cold, wintery season, consider making or buying new hats, caps, head scarves and blankets to donate to a childhood cancer center. Or while you are home with your family during the holiday season, think about those families who are spending it in the hospital. If possible, have your club write greeting cards full of well-wishes and encouragement to be shared with patients and their families at a local cancer center.



Thanks to the many Lions clubs for your donations to the Sacred Heart Childhood Cancer Center. I know there are other clubs who have used Amazon to order gifts, and there are still others who are continuing to gather needed items for the Sacred Heart Cancer Center, as well as other cancer centers utilized by community members in our district. Your gifts are very much appreciated.





Please join me in welcoming the following new Lions to District 19E:

•	New Member	Sponsor
Chewelah Valley	Ashley A. Grubb	Becky Washington
Hauser	Kirk E Marceau	Re-instated
Liberty Lake	Paul R. Nigh	Bill Ash
Mark Creek	Karen Mummery	Jennifer Mummery
Nelson	Dirk R. Jonker	Paul Bogaard
	Jesse McLaren	Travis Naakin
Priest Lake Kaniksu	Cal Marston	Micheal White
	Julie Johnson	Kim White
	Donna Soden	Re-Instated
Priest River	Bretta N. Schmidt	Re-instated
Sandpoint	Cherri L. Berg	N/A
	Larry J. Berg	N/A
Sparwood	Jerry L Scarff	Vicki Holberton
	Shawna Niki Laible	Vicki Holberton
	Lorna Jean Scraff	Vicki Holberton
Spokane Central	Larry Neil	Cheryl Roberts
	Joseph Tufts	Jeffery Snow
	Benjamin Utterback	Jeffery Snow
Spokane Shadle/North	Rick Barnard	Transferred
	Bobby Caruso	Rick Kienholz
	Ron Stauffer	Bob Yeoman
	Jo Eggan-Smith	Bob Yeoman
	R. Don Renish	Rick Kienholz
	Ada Renish	Rick Kienholz
	Stephan Alonge	Re-instated
Kootaney Lake	Bonnie Pelletier	Merridy Robb
	John Pelletier	Frase Robb
Wasa	Trinda Tarling	Laurie Kay
	Rick Tarling	Laurie Kay
	Gordon Turner	Stan Kneller
	Coral Turner	Stan Kneller

Happy Holidays and Season Greetings to Everyone!

When we look forward to the holidays and the New Year, we should look back to those that we have helped and to the future of our organization and those we will serve.

Has your club planned an open house? Are you on the lookout for new prospective members? Are you running out of ideas and fundraising activities?

The solution? Keep your members busy and active and generate freshness with new members. There are many opportunities to accomplish this by following a well-planned "Blueprint for a Stronger Club". Create a plan with your membership committee, then follow the plan. Use an "Open House" guide and invite prospective members. Follow the plan and use guidance from the "Just Ask Guide". It does work!

I had the opportunity to attend an open house with the Spokane Shadle/North Lions. It was well orchestrated, invitations sent out, guests invited, with speakers talking on the opportunities and history of lions. Pizza and cake were offered to all those in attendance. Speakers spoke well and were quite informative on local, district, multiple district and International issues. Their goal was to increase their membership by five. They may have gotten ten new members out of this event. It was so encouraging for their club that they plan to have another event in the spring.

The success of our organization relies in the hands of our clubs and its membership as we strive to keep us young at heart and our communities strong.





Peace Poster Report Margie Walters/District Chair

Six clubs chose to participate in the Lions Club International **Peace Poster Contest: Davenport, Chewelah Valley, Lake Windermere, Coeur d'Alene, Spokane Central and Sand Creek.** The district winner was from the **Chewelah Valley Lions Club.** Her name is Zoya Zaitzev. Her poster was sent to MD19.



Northwest Foundation

White Cane donations from District 19E clubs are lagging behind in comparison to last year. Many clubs have not sent their donations. Please send your donations before years end. Clubs donations, no matter how small, helps the Foundation to continue their valuable work and continue supporting our clubs and community members.

Let's make it a Merry Year! **PDG Ken Cook**



Lions Club International Foundation

Lions Club International Foundation has a new program that should make most everyone happy. The past couple of years I have visited clubs (not all), sent emails, visited Zone meetings to promote donations to LCIF. I have heard it said more than once we want our funds for local needs. Well LCIF has made that possible. A new Grant program has been started for Districts and Clubs. The new District and Club Community Impact Grant Application is referred to as DCG.

Here is how it will work to the best of my knowledge at this time. As I learn more I will share with the District.

- * Club must donate \$5,000 to qualify; District must donate \$10,000 to qualify.
- * Donated funds can accumulate over a 15 year period.
- * Club or District will be allowed to receive 15% of donation. If your club donates \$5,000 this year you would be eligible to receive a grant for \$750.00 next year. You would be helping your community and supporting LCIF programs.
- *Restricted funds are not included. Restricted funds are earmarked for Disaster, youth, vision, etc. when the donation is made.
- *Funds donated in fiscal year 2019-2020 are available in fiscal year 2020-2021. Currently our District has nearly \$6,000 from fiscal year 2018-2019 available.
- *Club can control their own funds for a community project OR release to the District for a District project.

Encouraging all members and clubs to make a donation to LCIF soon. We have seen a number of disasters recently, most current being fires again in California. If you can only give \$5.00 that is fine. Asking each club and member to give as they feel led.

Bob Yeoman LCIF Chairperson



District 19-E 2020 Spring Conference May 1, 2, 3 "Looking for the Lion in Everyone"



Time to celebrate the wonderful district we are a part of and all the accomplishments of our clubs.

We have so much to be proud of, so let's join together and plan to attend the District 19E Spring Conference. The conference will be a great time to connect with other Lions, participate in leadership and officer training and great seminars. Enjoy a wonderful boat cruise on Lake Coeur d Alene. Showcase all the amazing talents you have and the great service your club has done and participate in Contests and Awards. Join us for "Swingin Safari" Fun Night. Honor our Lions who have passed away at the memorial service. Get to know other Lions in the Hospitality Room. Have a great time during lunch as we raffle off desserts with proceeds being split between Camp STIX and Camp Winfield.

The conference will be at <u>Best Western Plus in Coeur d Alene</u>. Everything will take place on the main floor, so very convenient for everyone. Breakfast is included in the price of the hotel room.

We are fortunate to have International Director Gus Brown and Lion Barb join us for the weekend celebration. They are from Cape Vincent, New York and are looking forward to meeting the Lions of District 19E as he likes fly fishing, golf and outdoor activities and Barb enjoys outdoor activities and quilting.

We would love the clubs or members to donate coffee for break times. Bring raffle items so that we can make the raffle the biggest and best ever.

For Fun Night: PZC Marita Norton speedshopper@potc.net

For Raffle: PDG Ken Cook kcook12@roadrunner.com

Conference Chair: PDG Laura Wintersteen-Arleth lionlaurawintersteen@gmail.com

Conference Co-Chair: PZC Cheryl Ekler meatcutter88@gmail.com

Conference Registration Chair: Patti Patterson pattipatterson2006@yahoo.com

Please see deadline for hotel. This is Bloomsday weekend, so hotels fill fast and we will lose our dedicated block of rooms on April 3.



Contest & Awards

Fellow Lions,

To keep Contest & Award a part of our Spring Conference, we need help from you. Take a little time to put together a bulletin, brochure, business card, scrapbook, or website. Plan a musical performance or share a story. Let's keep Contest & Awards going!

The rules are on MD19 website at https://lionsmd19.org or contact me.

Lion Elaine Cook 208-765-2538 Kcook12@roadrunner.com



Editor's Correction:

<u>Fairmont Lions</u> tree planting project in Wilder Park.

KIM DI RIENZ District 19E Environment Chair

Creston Lions Club:

Brayden Jellis an 18-year-old member of The Creston Valley Thundercats Hockey Team and a lifelong Creston resident was diagnosed with a rare type of Leukemia days after his 18th birthday. He is in Vancouver BC likely for the next year receiving treatment. Creston LC designated the proceeds from popcorn sales at 5 Thundercats games would be pledged to assist them. Creston LC also partnered with Save On Foods to hold a cookout in the parking lot at the local mall. Local media and Social media shared the story which led to about \$900 in direct public donations. Creston LC was able to present a cheque in the amount of \$2,348 to Brayden's Dad (Dale), Brother (Josh) and Uncle (Mike).





Remembrance Day Nov 11

The Creston Lions have always supported our Remembrance Day Ceremony and once again Lion Maury Murphy laid the wreath on behalf of our Club. Maury is a WW2 veteran of the Royal Canadian Navy and has been a Member of the Creston Lions Club for 68 years.





Creston Lions Club 80th Anniversary

Creston Lions Club was sponsored by Spokane Central Lions Club and Chartered in 1939. Special Guests included DG Frank Bega and his wife Marge, Guest Speaker PDG Laura Wintersteen-Arleth of Spokane Central Lions Club and Cranbrook Lions Club Roger Selby was Master of Ceremony. During the celebration including Lions from Salmo LC, Nelson LC and Kootenay Lake LC, DG Frank Bega installed our new Club President Ingrid Voigt. It was a great evening organized by Lions Henry & Rosie Schoof, Gordie & Terry McNeil, Ingrid Voigt and Larry Finley. A delicious dinner was catered by Lion Demetre Karantzous and crew



Spokane Shadle Lions Club:



Left: A new fundraiser of candy and nuts was very successful...more than expected! L-R Roger Schramm, Rick Kienholz, Rick Bernard

Right: "Fight against Hunger" filling 900 food bags to help feed approximately 3,600 people. Look for Spokane Shadle Lions helping with Toms Turkey Drive and Rosauers Grocery Store.



Spokane Shadle North Lions Open House

Spokane Shadle North Lions had an Open House recently. The membership committee met a number of times and planned this event by using MD 19 Open House guidelines. We went above the guidelines and prepared gift bags with pens, wrist bands, note pads and more. Members submitted names, invites went out, follow ups went out. Speakers were invited from Soles to Souls, Camp STIX, and Young Life, all organizations we have supported for a long period of time. Also invited District Governor to speak on Lion organization, Ist Vice District Governor to speak on women in Lions, Immediate Past District Governor to speak on Lion History and Membership Chair to help sell Lions. Members spoke on club history, vision, finances, LCIF, activities.

The Open House has resulted in 5 new members and 1 member reinstating his membership. New members will be inducted by District Governor Frank Bega on 12/8. Have been told that at least 4 others are giving consideration to joining the club. We will have a second Open House in the spring.





Northport Lions Club

"DECEMBER BINGO"!

Date: Sunday-December 1, 2019
Location: Northport School Cafeteria, 404 10th Street, Northport, WA.
Time: Doors open at 12 noon / 1 p.m.-Games begin to 4 p.m.
Proceeds are Supporting: The Community Swim Support Group
*Remember: You must be 18 years old to play

"18th ANNUAL CHRISTMASPARTY"!

Date: Sunday-December 8, 2019 Location: Northport School Cafeteria, 404 10th Street, Northport, WA. Time: 4 p.m. to 6 p.m.

There will be hot cocoa, cider, cookies and treats for all the children

FREE PICTURES WITH SANTA! EVERYONE IS WELCOME!



District 19-E 2020 Spring Conference May 1, 2, 3 "Looking for the Lion in Everyone"



Coeur d'Alene Best Western Plus

Lion's Block of Rooms - \$131.00 + taxes Canadian at Par Reservations: 1-800-251-7829 **Deadline is April 3**

Early Bird Drawing

Registrations postmarked by **4/1/2020** will be in the drawing for registration refund!!

	Name #1		Lion / Lioness / Leo / Gues Circle Appropriate	t
	Name #2		Lion / Lioness / Leo / Guest Circle Appropriate	ţ
Email (registra	ation received)		Phone	
	<i>I</i>			
Address	City	St/Prov		
Club	Dist Zone	1	Current Office or Position	
Mail registration and meal form to Make checks payable to: 19-E S	Pattipatterson2006@		Spokane Valley, WA 9921	2
iwake checks payable to: 19-E S	oring Conterence			
Name on card:	cards accepted: Credit ca	rd type:		
Credit card number:	Exp date:		CVV:	
Conference Chair – PDG Laura W	intersteen-Arleth 509-	-999-6282 lioi	nlaurawintersteen@gmail.co	om
Conference Co-Chair - PZC Chery	/l Ekler (208) 443-7039	meatcutte	r.88@gmail.com	

Registration Chair - Patti Patterson (208) 964-2121 pattipatterson2006@yahoo.com

Name	e/s:	
Emai	il:	
Phon	ne:	
	Special Diet: Check box & explain	

NO MEALS SOLD AFTER 4/18/18 Date **Function** Number | Cost Cost U.S. Canada 5/1/20 \$20.00 \$20.00 Registration (everyone) Fri. 5/1 Coeur d Alene Boat Cruise \$25.00 \$25.00 3:00-5:00 Drinks available for purchase Light snacks provided Fun Night: "Swingin Safari" Fri. 5/1 \$15.00 \$15.00 7:00-10:00 Sat. 5/2 Lunch \$20.57 \$20.57 12:00 Turkey Sandwich on cracked wheat bread with tossed green salad Vegetarian sandwich on cracked wheat bread with \$20.57 \$20.57 tossed green salad Penny's Summer Salad: grilled chicken breast, \$19.35 \$19.35 with mixed greens, sliced strawberries, blueberries, candied walnuts, blue cheese crumbles. Served with a poppy seed vinaigrette Sat. 5/2 **Banquet** 6:30 All dinner meal choices include fresh brewed coffee, soda, salad and chef's choice dessert Northwest Peach-Huckleberry Chicken. (Gluten \$34.95 \$34.95 Free). Oven baked French-cut chicken breast with a sweet peach huckleberry gastrique sauce. Served with Rice Pilaf and fire roasted vegetables. Medallions of Beef Bordelaise. Pan seared beef \$38.69 \$38.69 medallions prepared medium rare with red wine bordelaise, served with Yukon gold mashed potatoes and fire roasted vegetables. Wild Mushroom Ravioli. (Vegetarian) Wild \$34.95 \$34.95 mushroom filled raviolis in a creamy pesto sauce with caramelized onions, sun dried tomatoes and asparagus.

<u>Mail registration and meal form to</u>: Patti Patterson: 2023 N. Laura Rd Spokane Valley, WA 99212 Pattipatterson2006@yahoo.com

Make checks payable to: 19-E Spring Conference

Conference Chair - PDG Laura Wintersteen-Arleth 509-999-6282 lionlaurawintersteen@gmail.com

Conference Co-Chair - PZC Cheryl Ekler (208) 443-7039 <u>meatcutter.88@gmail.com</u>

Registration Chair - Patti Patterson (208) 964-2121 pattipatterson2006@yahoo.com