



District 19E Newsletter



District 19E
2019-2020 Cabinet

District Governor

Frank Bega

208 620 8763

frankbega@frontier.com

1st Vice District Governor

Peggy Harriman

208 755 6137

pah4610@gmail.com

2nd Vice District Governor

Vacant

Cabinet Secretary

Ken Cook

208 765 2538

kook12@roadrunner.com

Cabinet Treasurer

Ron Thurlow

509 279 4041

thurlow1@q.com

Immediate Past DG

Lyndon "Lyn" Harriman

208 755 6138

leharriman1@gmail.com

Zone Chairs:

Zone E-1

Lee Teichmer

lteichmer@gmail.com

Zone E-2

Vacant

Zone E-3

PDG Maria Andrews

lionmariaandrews@gmail.com

Zone E-4

Vacant

Zone E-5

Vacant

Zone E-6

Vacant

Zone E-8

Paul Bogaard

250 505 4463

bogee@shaw.ca

Zone E-9

Vacant

Zone E-10

Claude Oram

250 345 0171

claudeoram@gmail.com

Zone E-11

Leonard Parenteau

208 448 1851

thamamon@hotmail.com

District Governor's Message



This has been the fastest year of my life. It started out chaotic and confused, but slowly through the help of our wonderful Lions, it became a very personal and enjoyable year for me as District Governor.

Marge and I were amazed at the things we learned about the Lions of District 19E and actually became addicted to hopping in the car and heading out to meet with our Lions clubs. Thank you for supporting me as your District Governor. Also included in this message is a heartfelt thank you to all the Lions who stepped forward to serve our district as Cabinet Members, District Officers, and whose service helped make our year the best.

The Covid-19 virus has caused many alterations to how we hold meetings, serve our communities, and deprived us of being able to celebrate our district-wide accomplishments throughout this year. It is my intention, with the assistance of several of our Lions in this district to hold a summer celebration when time and circumstances allow (meaning when the borders are open and the restrictions are lifted). We will send out the information when this will be held, and I hope all of you who read this letter will be able to join us at that time.

Once again, thank you to all the Lions of District 19E for continuing to serve your communities and for those of you who were able to make donations to our programs that extend beyond your local areas.

Frank Bega and Marge
District Governor
District 19E (2019-2020)

Please join me in welcoming the following new Lion to District 19E:

CLUB
Fernie

NEW MEMBER
Karmen McNabb

SPONSOR
Ted Shoemith

District Governor’s Visitation Schedule

District 19E Clubs

JULY---2019

17 (Wednesday) Green Bluff Lions
 25 (Thursday) Bonner's Ferry Lions

AUGUST

5 (Monday) Coeur d'Alene Lions Club
 6 (Tuesday) Spokane Central
 12 (Monday) Fairmount & District E-10
 14 (Wednesday) Liberty Lake
**17 (Saturday) Cabinet Retreat-
 Rathdrum Lions Club**
 19 (Monday) Lake Windemere
 27 (Tuesday) Spokane Shadle North

SEPTEMBER

5 (Thursday) Sparwood, Elk Ford, Fernie
 9 (Monday) Cranbrook Lions Club
 10 (Tuesday) Airway Heights
 11 (Wednesday) Wilbur, WA
 12 (Thursday) Northport Lions Club
**14 (Saturday) Cabinet Meeting-
 Cranbrook, BC**
 17 (Tuesday) Grand Coulee Dam
**19-21 (Thurs.-Sat.) USA/Canada Lions
 Leadership Forum-Spokane**
 23 (Monday) Rockford, WA
 25 (Wednesday) Sand Creek
 27 (Friday) Castlegar Selkirk Lions

OCTOBER

1 (Tuesday) Nelson, B.C.
 2 (Wednesday) Kootenay Slocan
 5 (Saturday) Rosalia, WA
 8 (Tuesday) Kootenai Lake
 10 (Thursday) Medical Lake
 15 (Tuesday) Hauser Lake
 16 (Wednesday) Chewelah, WA
**17-20 (Thurs.-Sun.) MD19 Fall Convention-
 Winatchee**
 21 (Monday) Reardan Lions Club
 22 (Tuesday) Smelterville
 23 (Wednesday) Priest River Lioness
 Priest River Lions Club
 23 (Wednesday) Post Falls Lions Club
 26 (Saturday) Creston, BC
 28 (Monday) Spokane Valley Lions

NOVEMBER

5 (Tuesday) Davenport, WA
 6 (Wednesday) Golden and District
 7 (Thursday) N. Pend Oreille Valley
 11 (Monday) Sandpoint Lions Club
 13 (Wednesday) Trail.Rosland,Beaver Valley
 20 (Wednesday) Salmo, BC
 25 (Monday) Rathdrum Lion Club

DECEMBER

**7 (Saturday) Cabinet Meeting-
 Rathdrum Lion Club**

JANUARY---2020

14 (Tuesday) Cheney Centennial

FEBRUARY

MARCH

2 (Monday) Osburn
 3 (Tuesday) Priest Lake Kaniksu
 4 (Wednesday) Coolin Branch
 17 (Tuesday) Wasa, BC
**21 (Saturday) Salmo, B.C. -
 Cabinet Meeting**

APRIL

7 (Tuesday) Almira, WA
 14 (Tuesday) Pinehurst/Kingston
 22 (Wednesday) Mark Creek

MAY

**1 (Friday) District 19-E
 Spring Conference-CDA**
**2 (Saturday) District 19-E
 Spring Conference**
**3 (Sunday) Transition -
 Cabinet meeting**

Please submit all District Newsletter articles to:
d19e.dg.newsletter@gmail.co
 Pictures need to be in .jpeg format ;
 text needs to be in either .docx or .r
 format. Deadline for submission is 1
 21st of the month.
 Please send corrections or addition
 information to the above email
 address.

Zone E-1:

Airway Heights
 Cheney
 Centennial
 Green Bluff
 Medical Lake
 Rosalia
 Spokane Central
 Spokane Shadle North

Zone E-2:

Almira
 Davenport
 Grand Coulee Dam
 Reardan
 Wilbur

Zone E-3:

Coeur d'Alene
 Hauser
 Osburn
 Pinehurst Kingston
 Post Falls
 Rathdrum
 Smelterville

Zone E-4:

Cranbrook
 Creston
 Kootenay Lake
 Mark Creek

Zone E-5:

Beaver Valley
 Northport
 Rosland-Golden City
 Trail

Zone E-6:

Elkford
 Fernie
 Sand Creek
 Sparwood

Zone E-8:

Castlegar-Selkirk
 Kootenay Slocan
 Nelson
 North Pend Oreille Valley
 Salmo

Zone E-9:

Chewelah Valley
 Liberty Lake
 Rockford
 Spokane Valley

Zone E-10:

Fairmont & District
 Golden & District
 Lake Windemere
 Wasa

Zone E-11:

Bonnerr's Ferry
 Priest River
 Priest Lake Kaniksu
 Sandpoint

LEADERSHIP

VDG/DGE PEGGY HARRIMAN

I don't think it can be stated enough times about the importance of having leadership in place at the local, district, multiple district and national levels. Unfortunately, as mentioned many times in the past several months, if things don't change that's exactly what's going to happen at district 19 E.

The 2020-2021 list of cabinet members is provided with some additions and changes, and I want to thank those members who have stepped into the roles of leadership. Please check out the list; those that are in bold type are either added or changed, and if they are a member of your club, please tell them thank you. They are working for you. Also note that my cabinet is still without a succession of leaders.

I hope that others will see the importance of these positions and decide that they will step into the roles. I also hope that those who are qualified to be a Vice District Governor and eventually Governor will consider doing so with a modified visitation schedule such as what is being done in District H.

District H has split their district into three different visitation areas, and each of the VDGs and the DG take one of the three areas to visit during one year, the next year is another area, and by the time the Lion has become DG, he/she will have visited all of the clubs. I don't expect any VDG to visit clubs this year, but that the process begins next year. It is important to understand that all visitations by a VDG and DG are compensated. So again, if you have served as a zone chair, please consider taking on the position of Vice District Governor.

UNLEASH YOUR PASSION FOR LIONISM!!!!

CHILDHOOD CANCER

VDG/DGE Peggy Harriman



At a time when the world is dealing with and focusing on the pandemic, let's not forget the children diagnosed with cancer. Remember that cancer doesn't take a break and over 300,000 children are diagnosed each year. They and their families need our support, so if you can, support LCIF and/or your cancer centers.

It's also important to remember that grants are available to Lions districts and multiple districts in amounts from US\$10,000 to US\$150,000. Projects must be implemented in coordination or collaboration with existing government or charitable childhood cancer medical facilities. And, if an applicant wishes to implement a project involving medical equipment or infrastructure, they may be eligible to apply for support through the LCIF Matching grant program.

CLUB VISITATIONS **VDG/DGE Peggy Harriman**

I am guessing that some of you may be wondering about the lack of my attempt to make arrangements with local leaders regarding club visitations? I must tell you that this topic, among others, have been weighing heavy on my heart and in my thoughts due to this pandemic. Because clubs have been understandably reluctant to commit to a date, I have decided to put off reaching out to clubs until the middle of June. I am hoping that we will learn more about this disease as states and providences begin to open. It also has made it difficult since Canada's Prime Minister and the United State's President have put off opening the border until at least June 21st, with the possibility of another delay.

Please allow me some leniency as this is a wait and see scenario plays out. I hope and pray that I will be able to visit each club, as I have found that getting to know new members is the most awarding part of being a District Governor.

RETURN TO ACTIVE **IPDG Lyndon Harriman**

Hopefully as you read this the danger from the Coronavirus (Covid 19) is lessening. As our nations and states and provinces begin to return to normal our Lions Clubs will also resume our activities with renewed vigor. Our requirements of stay at home, closure of businesses and social distancing have forced many Lions clubs to suspend meetings and activities. This has reduced our impact on our communities needs and past efforts. We need to turn this trend around and if possible expand our presence in local communities.

First, as soon as it is safe to do so, we need to resume our face to face meetings. Planning and executing fund raising activities should be one of the activities we start off with, tied to the charity the funds will be donated to. Next, we need to begin our service activities, become visible in our communities and support local causes. The key to supporting our communities is returning to the joy and comradery associated with our activities.

It's difficult to impossible to experience the satisfaction of a job well done if you never undertake that job. We need to return to our new normal and begin as soon as possible to become the Lions we were and if possible to exceed our past successes.

PUBLIC RELATIONS

Hello, Fellow Lions!

As local businesses are finally reopening in phases, Lion Clubs are also **MORE THAN READY** to restart 2020 fundraising events and hands-on community projects! So, as you set the dates for events & projects, please send your information to me at denisemurray1@msn.com so I can get the information out to the 19-E Lions.

Remember, I need: **Date** of Event/Project, **Time** of Event/Project, **Location** of Event/Project, **Cost** of the Event/Project, **Menu** (if you are serving food or selling food), and a **Lion Contact** e-mail and phone # for any questions about the event or project.

Thank you so much for your dedication to Lions & to your communities!

Sincerely ~ 'Yours in Lions',

Denise

denisemurray1@msn.com

Verizon Cell # 731-697-7211

19-E Public Relations Chairperson 2019-2020

ADMINISTRATION ASSISTANT TIDBITS

ELECTIONS & NEW OFFICER REPORTING: Club elections should have been completed by April 15 with the new officer information reported to LCI by May 15th. Unfortunately there are a few clubs that have not reported their officers. The clubs that have not reported know who they are and should report the new officers immediately. This is a responsibility that clubs agree to do under the Standard Club Constitution and By Laws. It is hoped that clubs would be respectful of their responsibilities as being part of a larger organization.

MONTHLY MEMBERSHIP REPORTS: As I said last month I really thought that with clubs not meeting due to the COVID-19 that it would be possible to achieve 100% reporting. Didn't make it as a few clubs that are chronically late or never report again did not report. As above, the Monthly Membership Reporting is responsibility of clubs under the Club Standard Constitution and By Laws.

These are subject items covered when the District Officer Training is held. A third major responsibility under the Standard Club Constitution and By Laws is to pay dues timely. Many officers do not attend this training resulting in the district not being in what is called “Good Standing”.

PDG Harry Lippincott
19E Administration Assistant

Dear Club Leader,

The coronavirus (COVID-19) pandemic has impacted the work of Lions around the world. In many cases, it has also created financial hardships for our Lions and the people for whom we care.

To support the incredible men and women serving with us, the International Board of Directors has passed a resolution to help our clubs.

Here is an overview of the resolution approved by the Board of Directors:

Flexible payments – No clubs will be suspended or cancelled through December 31, 2020 for late payment of dues.

Charter and entrance fees waiver – We have waived all charter and entrance fees from July 1 – December 31, 2020. These measures will help Lions facing financial hardships, and give our clubs hope, encouragement, and an opportunity to start the new Lion year with renewed energy and optimism.

This may be a time of great need, but we will overcome this together. For more than a century, Lions have taken on the greatest challenges facing humanity. That is who we are, and what we do.

So let us stand together. And let us remember just how important we are to our communities and the world.

Regards,
Dr. Jung-Yul Choi
International President

Lions of 19E...You have done a remarkable job of keeping membership on the positive side for the year. Let's try to stay there. I have attached a message from our International President Dr. Jung-Yol Choi. Thank you for all your hard work and energy.
PDG Brian Ross GMT 19E



The last two months have been very difficult on everyone, especially with the Lions. It is really hard for those that just want to up and quit. How can we do this with social distance? Call these members send them notes of encouragement, let them know you are there for them. They are still needed and through communicating projects can be accomplished.

RETENTION
MARGE BEGA

Lions Club International Foundation

We approved 69 grants for \$3,559,090 for the full realm of our global service projects including our first grants for Hunger and Childhood Cancer. (This does not include the 218 COVID-19 LCIF Emergency Grants that total \$3.5) That means we have spent over \$7M to fund grants, in the last two months. We need to replenish this money.

Our investments have taken a huge hit, but they have outperformed the market by 2%, so we have our money well invested, even for volatile markets. Campaign100 has been extended until the end of the 2021-2022 fiscal year.

NOTE: The above comments are from PID Joe Preston that he sent out to Coordinators earlier this week. They are as a result of the Board of Trustees meeting held recently.

Through the end of April District 19E has donations of \$36,600 thank you to every club and individual that has donated to LCIF. PID Joe stated above we need to replenish funds. We have just 1 month left to achieve our goal of \$41,000. More importantly than achieving a goal is the 800 million individuals that go to bed hungry, children that have type 1 diabetes, children with cancer, individuals that do not have clean drinking water. The list goes on and on.

Members the U.S. received a generous gift from the government. I encourage you to consider donating a portion of that gift to LCIF. I realize some individuals this was needed financial help and probably can't and that's OK, while others it was in addition to what was already available. In an email from President Choi a few weeks ago he stated while we can't serve with our hands we can serve financially.

Best and quickest way to donate is go to LCI (www.lionsclubs.org) and select donate button. From there follow the prompts. You will need member ID and club#.

Stay safe.

PDG Bob Yeoman

LCIF MD 19 D-E-F Coordinator

When we do the best we can, we never know what miracle is wrought in our life, or in the life of another.

Helen Keller

I am happy to announce District 19E was granted an Emergency Grant in the amount of \$9,427.00 by LCIF to help us provide emergency equipment to our District due to the Covid-19 disruption to our Lions Life.

Thank you PDG Bob Yeoman, PDG Laura Wintersteen-Arleth, VDG Peggy Harriman, PDG Kim DiRienz and Cabinet Treasurer Ron Thurlow for your dedication, commitment and follow through to help make this happen. **DG Frank Bega**



Northwest Lions Foundation

I want to share with you the important program changes necessitated by the Covid-19 pandemic to the Northwest Lions Foundation. **We have curtailed all Lions Support Projects for 2020 with the exception of our Hearing Program.** These include Patient Care Grants, Project Support Applications and all Screening and events. **Our hope is to renew our school and public health screening when the pandemic subsides.**

How Clubs Can Help? “White Cane Days” your club support is needed today more than ever. We are asking every club to look for ways to increase contributions for 2020. Our 2020 Goal is **\$200,000.00** and every dollar will be used to support community programs. With the support of our MD-19 community this is an attainable goal.

For over 50 years, the Lions of Washington and North Idaho have used White Cane Days as the primary fundraising tool for the Foundation.

“White Cane Days” is just a name for our Annual fundraising campaign. How and when your Club raises funds is up to you. Many Clubs do it the first part of May; that looks like it will be out this year.

Here are some examples of successful project:

*Monthly or Bi-monthly reoccurring Club fundraiser, Bunco nights, Weekend breakfast or dinners, No Show meals, No Show Bowling teams or Golf Tournament, Engage the Business community. Find events that fit your Club and Community Support.

We hope your Club will help us meet our Goal.

PDG Ken Cook, Dist. E Trustee

208-964-0181, kcook12@roadrunner.com

UPDATED CABINET LIST FOR 2020 – 2021

1st Vice District Governor

2nd Vice District Governor

Cabinet Secretary

Cabinet Treasurer

Global Leadership Team Coordinator

Global Membership Team Coordinator

Global Service Team Coordinator

Club Support Team Coordinator

Environment Chair

Bulletin, Newsletter Editor

Extension Chairperson

Diabetes Awareness

Honorary Cabinet Member

Constitution and By-Laws

Parliamentarian

District Administrator

Leader Dogs

Public Relations

NW Lions Foundation

IT/Website/Facebook

Retention Chair

Care Chair

L.C.I.F. COORDINATOR -US

ZONE CHAIR E-1

ZONE CHAIR E-2

ZONE CHAIR E-3

ZONE CHAIR E-4

ZONE CHAIR E-5

ZONE CHAIR E-6

ZONE CHAIR E-8

ZONE CHAIR E-9

ZONE CHAIR E-10

ZONE CHAIR E-11

Peace Poster Chairperson

Camp Stix Representative

Sight Preservation Chairperson

Lions Foundation of Canada

LEOS, USA /Canada

District Youth Exchange Coordinator

BC Lions Society Chair

Childhood Cancer Chair

Conference Chairperson

Conference Co-chair

VACANT

VACANT

PZC Marita Norton

Lion Bob Apple (Spokane Central)

IPDG Frank Bega

PDG Brian Ross

PDG Kim DiRienz

PDG Frank Bega & DG Peggy Harriman

PDG KIM DiRienz

PZC Gayle Pollock

PDG Lyndon Harriman

PDG Laura Wintersteen-Arleth

PDG Father Ted Bradley

PDG Harry Lippincott

PDG Harry Lippincott

PDG Harry Lippincott

PZC Lonnie Morse

Lion Denise Murray

PDG Ken Cook

PZC John Wilson

Lion Marjorie Bega

Lion Barb Yeoman

PDG Bob Yeoman

ZC Lee Teichmer

PDG Bob Yeoman

Lion Mary Hassler

VACANT Canadian

PDG John Bowles

PDG Glen Barry

ZC Paul Bogaard

PZC Tom Walters

VACANT Zone Chair Canadian

PDG Jim Moffitt

PZC Margie Walters

PDG Laura Wintersteen-Arleth

Lion Joy Otis

PDG Glen Barry

Lion Bob Whitman

PZC Leonard Parenteau

PZC Kirk Duff

Lion Connie Hill- Bunch

PDG Ken Cook

VACANT



**Father's Day
June 21**

You Never know

Chair PDG Kim DiRienz District 19E GST Coordinator/Environment

You never know where you will find a new opportunity to serve. North Pend Oreille Valley Lions Club have embarked on a new environmental service project thanks to a post by Past Council Chair Steve Somerset on the Lions of MD19 Facebook page.



PCC Steve attended a Virtual Lions Symposium sponsored by the Young Lions Task Force where he learned about a recycling program by a company called Trex. You may have heard of them; Trex manufactures wood-alternative decking, railings and other outdoor items from recycled materials.

The Trex Company has hosted the Recycling Challenge since 2006, with the objective of educating public on the importance of plastic film recycling through school and community recycling programs. Participants collect plastic film with the goal of recycling a minimum of 500 pounds of plastic in a 6-month period. If the goal is met the group is awarded a Trex bench. *Each participating organization is only eligible for one bench in a six month period regardless of how many pounds are recycled passed the 500 pounds.*

The plastic film that qualifies includes: grocery bags, bread bags, bubble wrap, dry cleaning bags, newspaper sleeves, ice bags, plastic shipping envelopes, cereal bags, case overwrap, salt bags, stretch film, wood pellet bags and produce bags. All bags must be clean, dry and free from food residue.

Trex provides two recycling bins and can supply more if needed. The collected bags are delivered to a participating store to be recycled through a reverse logistics channel. The stores prefer small, frequent deliveries of bags of plastic and will not accept bulk deliveries of bags. Participating collection locations include:

- Washington – Albertsons, Bi-Mart, Fred Meyer, Kohl's, Safeway, Target and Winco
- Idaho - Albertsons, Fred Meyer, Kohl's, Safeway, Smiths and Winco
- British Columbia – Safeway and Federated CO-OP

With the current situation, many grocery stores are not allowing patrons to present reusable bags for sacking their groceries and are instead bagging them in single-use plastic bags. NPOV Lions will be providing a way for people in their community to dispose of the plethora of plastic grocery bags while aiming for a new bench to place where everyone can enjoy it.

For information on the Trex Recycling Challenge, visit their website at:
<https://www.trex.com/recycling/recycling-programs/>

WE SERVE

NPOV Lions

PDG Kim DiRienz took a break from sewing masks to crocheting 100 ear savers...a great way to use scrap yarn and continue to serve the community. A special touch was the addition of buttons imprinted with “Handmade with Love” For information: www.ravelry.com/patterns/library/mask-mates-ear-savers

