

District 19E Newsletter



District 19E 2020 – 2021 Cabinet

Dístríct Governor's Message







NOT ALL DOOM AND GLOOM

Many of you, like my club, normally don't meet in the summer months and due to the pandemic have had a longer break than usual. Whether to get out and help your community and have meetings is certainly a personal and/or club's decision and one that can't or shouldn't be made lightly.

Personally, I am having a real desire to have meetings and do fundraising and projects. I also miss my fellow Lions, and I'm guessing that many of you are feeling the same way.

Yes, this pandemic has put a damper on many of our projects or cancelled them, but that doesn't stop our communities from needing us, or members coming up with innovative ways of serving. I have discovered that members of one club built and stained picnic tables as part of their Canadian Lions Centennial project and put out a sand pail for cigarette butts and used a leaf blower to make sure the parking area is safe for motorcycles. Another club found a way to have a food drive and others are carrying out this important service throughout the multiple district. A group of four members volunteered to collect food, they had a good turnout and proudly collected over 1600 lbs of food and some cash to help their community in dealing with hunger. Those same four members put up flags during a national holiday and cleaned up glass along a bike path. Not only are members doing things as a club, but they are doing things independently and reporting the service to the club secretary or service chair. Another group delivered Large Print Readers Digest in July/ August to adults who are living with blindness and/or visual impairment, other clubs are still collecting glasses and sorting them, and still others are shopping for school supplies and delivering them to schools for those who are unable to afford them at this time.

Having fundraisers is one of the most difficult things we are all dealing with and probably will all year, but again clubs are finding novel ways to make money. One club is planning to hold a garage sale out of the trunk of their cars in a parking lot while practicing social distancing. Another idea was to do a craft fair in a parking lot with the same concept but charging participants \$5 - \$10 a car. After all these months, crafters must have a surplus of crafts to sell. What a great way to raise money for the club and the participants. Finally, there are a plethora of virtual fundraising ideas on the web.

Remember, where there is a need there is a Lion with health and safety of our members always at the forefront.

District Governor's Visitation Schedule

AUGUST		Via Zoom
8th	Saturday	Cabinet Meeting
11th	Tuesday	Castlegar Selkirk
18th	Canceled	Kootenai Lake
20th	Tursday	Creston
SEPTEMBER		
7th	Monday	Lake Windermere
10th	Thursday	Medical Lake
14th	Canceled	Fairmont
15th	Tuesday	Nelson
16th	Canceled	Kootenia Slocan
21st	Canceled	Coeur d'Alene
22nd	Tuesday	Pinehurst
23rd	Wednesday	Post Falls
24th	Canceled	NWLLI
28th	Canceled	Cranbrook
<u>OCTOBER</u>		
1st	Thursday	Fernie/Elkford/ Sand Creek
2nd	Friday	Priest River
3rd	Saturday	River City Chili Cook-off
5th	Monday	Osburn
6th	Tuesday	Wasa
7th	Wednesday	Golden
8th	Thursday	Northport
12th	Monday	Sandpoint
13th	Tuesday	Spokane Central
13th	Tuesday	Spokane Shadle
14th -17th	WedSat.	COG & Convention Penticton
19th	Monday	Reardan
20th	Tuesday	Nelson
21st	Wednesday	Liberty Lake
21st	Wednesday	Chewelah
24th	Saturday	Spokane Central Pig Roast
26th	Monday	Spokane Valley
27th	Tuesday	Rockford
28th	Wednesday	Mark Creek

Please submit all District Newsletter articles to: <u>d19e.dg.newsletter@gmail.com</u>

Pictures need to be in jpeg format and text needs to be in either .docx or.rtf format. Deadline for submission is the 25th of the month. Please send corrections or additional information to the above email address

District 19E Clubs

Zone E-1: Airway Heights Chenev Centennial Medical Lake Rosalia Spokane Central Spokane Shadle North Zone E-2: Almira Davenport Grand Coulee Dam Reardan Wilbur Zone E-3: Coeur d'Alene Hauser Osburn Pinehurst Kingston Post Falls Rathdrum Smelterville Zone E-4: Cranbrook Creston Kootenay Lake Mark Creek Zone E-5: Beaver Valley Northport Rossland-Golden City Trail Zone E-6: Elkford Fernie Sand Creek Sparwood Zone E-8: Castlegar-Selkirk Kootenay Slocan Nelson North Pend Oreille Valley Salmo Zone E-9: Chewelah Valley Liberty Lake Rockford Spokane Valley Zone E-10: Fairmont & District Golden & District Lake Windermere Wasa Zone E-11: Priest River Priest Lake Kaniksu Sandpoint

District 19E Newsletter IPDG Frank Bega

Time is racing and I feel as if my wheels are just spinning underneath me. Not being able to cross the border and inter-mingle with our fellow Lions to the north has been extremely disappointing. I still have many unfinished duties to complete and I have no idea how long it will take to do so, or if it will even happen.

We have received the LCIF Emergency Grant funds and ordered the PPE materials, and they have arrived. We will be delivering them the week of August 23rd – 27th. Once again our ability to share with our fellow Lions in Canada will be delayed, but will not be forgotten. I am sure that other members of the Leadership team will be sharing more information on this matter as well.

Keep striving to serve your communities, expand your vision to recognize new and different ways to do so and please by all means stay safe in all things that you do.

Frank Bega IPDG, District 19E

District 19E Newsletter Global Leadership Team Coordinator (GLT) IPDG Frank Bega

We held our Zoom Club Officer Training for the club officer for District 19E on Saturday, August 15th. We had over 50 attendees from throughout the district and from other clubs in MD-19 as well. Thank you to all of our officers who attended.

If you were not able to attend, there will be another "Learning Session for Club Officers to he held on September 12th, starting at 8:30 and ending at roughly 12:30. There are sign-up sheets on Facebook. If you need help getting signed up please contact me and I will assist you.

There are also many places to go to find information concerning Lions in a Leadership position. MD-19 had numerous officer training books on their website, and LCI has and can provide Officer Training books on their website as well as specialized classes at or on the Lions Learning Center.

We are already looking forward to District Governor Peggy's Spring Conference; if you have ideas on seminars you would like to see presented please share. I am fairly certain we will be holding a Leader Development class on the Friday and will try to offer club officer training for officers who will be serving in 2021-2022.

I look forward to seeing each of you at some point during the upcoming year.

RETENTION Marge Bega, Chair

I came across this quote the other day and it seemed like it would be a good incentive for a member that was losing interest in being a Lion. Hopefully it will be helpful if someone in your club is having doubts.

"Our greatest weakness lies In giving up. The most certain way to succeed is always to try just one more time"



July 20, 2020 District 19 E District Governor Peggy Harriman

Dear Peggy,

It is my pleasure to announce my intent to run for the office of Vice Council Chairperson for Multiple District 19. I am willing to give my time, energies and expertise towards the continuing improvement of our Multiple District. My speaking skills, interpersonal leadership experiences and educational background should serve me well as the Vice Council Chairperson of our Multiple District.

I firmly believe that I have the qualifications required to excel at the duties of Vice Council Chair. I have been a Lion in good standing since the turn of the century. During my years as a Lion in my home club the Post Falls Lions, I have worked tirelessly for the goals of Lionism. I have worked on countless work parties and have directed numerous committees. Further, I have served as a leader holding the position of President, Secretary-twice, and Treasurer-three times.

Looking to expand my leadership skills, I moved onward in Lionism serving as Zone Chair during Robert "Bob" Eklers' term as DG in 2009-2010. Additionally, I have been a guiding Lion for many years; helping to guide the fledgling Liberty Lake Lions Club though its first two years. I served as 2nd Vice District Governor under DG Glen Barry 2016-2017, 1st VDG under Harry Lippencott 2017-2018, and as District Governor of District 19-E during the 2018-2019 Lion year. During Harry's year, I served as a member of the committee that helped charter a new club in Cheney Washington.

As Immediate Past District Governor, I didn't rest on my laurels. I worked closely with DG Frank Bega helping to further Lionism in communities. At the MD level, I served the last year on the Educational Committee and helped moderate Zone Chair Classes, and most recently I taught a Zone Chair class on Public Speaking. I am currently serving as the Chair of the MD 19 Leo Committee and am fostering a Leo as my co-chair on the committee. This has never been done before. This is an exciting time for Lions as well as our communities. I hope to be able to help shepherd Lions, Leos, our clubs, our districts and our Multiple District through the coming years as a mentor and a leader.

My life has been filled with leadership opportunities, a brief recap of my life should give you some insight into my character and qualifications. I was born in Seattle, Washington in 1953; I'm 67. Less than a year later, my family moved to Spokane, where I grew up and attended school. Shortly after graduating from University High School, I married the love of my life, Peggy. We have been happily married for 49 years. Peggy and I raised two children and are still in the process of guiding our two grandsons.

The Vietnam was raging during the early years of our marriage. Since my draft number was low, I decided to take an active role in my service choice and joined the Navy. During training in San Diego, I developed double pneumonia and spent 6 months at Balboa Naval Hospital. I was given a medical discharge due to severely damaged and scarred lungs.

Upon discharge, I attended college on the Veterans with Disabilities Act. I graduated from SFCC with an A.A. degree and from EWU with a bachelor's degree in secondary education. While attending college, I worked as a part-time banquet waiter at the Town and Country Restaurant in Spokane. Starting in 1978, I taught 8th grade Earth Science at Canfield Middle School in Coeur d'Alene, Idaho, until my retirement in 2009. While teaching, in addition to joining the Lions, I became heavily involved with leadership positions with the Idaho Educational Association. I served as President of the Coeur d'Alene Education Association, 12 years on the Board of Directors for the IEA, and 6 years as the Chair of Idaho's Professional Standards Commission, the governing body of Education Certification in the state. Also, while teaching, I attended the U of I and earned a Masters in Educational Administration in 1997.

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After retiring from teaching in Coeur d'Alene, the Post Falls District hired me to run their federal after school program which I did for the next two years until the funding ran out.

As you can probably guess my time in the service, classroom, holding offices of great responsibility and serving the community has given me a passion for continuing my passion for public service as well as a desire to help those who cannot help themselves. I believe everyone should volunteer to serve in any way possible, including leadership positions. Toward that end I served as the co-chair of the Post Falls Prairie Ducks Unlimited, and I served as a member of the Post Falls Community Volunteers for several years. I have held every leadership office from the local level through the offices at the District including District Governor.

I am looking forward to serving the Lions organization during the upcoming lion year in a position of trust and leadership. I hope this information has given you some insight into my frame of references.

Yours in Lionism, **PDG Lyndon E. Harriman**



Cooperative for Assistance and Relief Everywhere (CARE)

The organization CARE (Cooperative for Assistance and Relief Everywhere) was started in 1945. In 1951 MD19 formed a partnership with CARE. Every two years a new program is started that clubs and individuals can donate to. The past two years donations have been going to Honduras for healthy nutrition and most recently to provide food items due to Covid 19. The Multiple District raised donations of \$77,000 for that two year period.

The new program is focused on Haiti and education of girls ages 10-19. Most girls in Haiti receive only 2.5 years of schooling. Our funding program for the next two years will help fund learning centers so that girls will be able to receive accelerated leaning courses. It is common in Haiti for parents to sell their girls for financial gain. The girls are then used in underground sex trade.

Clubs donating \$500.00 or more are eligible for a Gordon F Smith Fellowship. All clubs should have CARE in their annual budget. Beyond the budget our club asks members to donate \$5.00 during the month they were born. A club of 30 can raise \$150.00 if all members participate. Fellowships must be requested for from the MD 19 office.

Make checks out to MD 19 and note CARE on the memo line. Mail checks to: MD 19 Lions 4141 West Maplewood, Avenue

Bellingham, WA 98226

Thank You **Barb Yeoman** CARE Chair

Please join me in welcoming the following new Lions to District 19E:				
<u>CLUB</u>	<u>NEW MEMBER</u>	<u>SPONSOR</u>		
Coeur D'Alene	Chris Beamish	Transfer		
Davenport	Kyler T. Hopkins	Scott Hopkins		
Fairmont	James S Gibb	Wendy Cunningham	Multiple District 19	
Mark Creek	Liz Anne Royer	Melissa Broadhurst		
Liberty Lake	Darren Van Orman	Wendy Van Orman		
Pinehurst Kingston	Jon R. Newcomb	N/A		
Salmo	Danita L Harnden	Ken Anderson		
Sparwood	Christopher Sam Gerlach	Cindy Dwyer		
	Jenise Alexandra Caseley	Cindy Dwyer		
Spokane Central	Mark Mashtare	Steve Maggio		
Spokane Shadle North	Richard E Cummings	Transfer		
	Jeff Banke	Transfer		
	Susan Banke	Transfer		
Trail	Wayne Richards	Reinstated		
	Betty Ann Richards	Reinstated		
6.44	Golden	RonTabbert		
A A A A A A A A A A A A A A A A A A A	Medical Lake	Dennis Veltry		
	Rossland	Douglas Halladay		
ATT A FE				
Sumphathu	Spokane Central	Gary C Congdon		
Sympany		Chuck Monson		
0.0	Spokane Valley	Elywn G Ellison		

Lions Celebrating Lions

Kootenay Lake hosted a special event with members, family and friends. President Doug Anderson presented Lion Tom Lempry (the last Charter member) with the Melvin Jones award and Lion Garth Norris with Lion of the Year award.





Frank's Celebration

July 26 was a day of celebrating IPDG Frank Bega and Marge and the great job they did during the last year. Due to Covid, IPDG Frank's conference was not able to be held, but we wanted to be able to say thanks to him. We gathered at the Lions Pavilion in Post Falls with a wonderful catered meal from Rustler's Roost.

Frank was able to pass the DG banner on to Peggy. PDG Harry presented Frank with a book from Cabinet members with their reports on accomplishments and PDG Lyn presented Frank with a monetary thank-you from the clubs in our district. Mary Hassler received a Melvin Jones Fellowship from the Rathdrum club.

So, even though we were not able to have a regular Spring Conference with all our dear Lions from NE Washington, N. Idaho and BC, we still were able to show Frank and Marge how much they were appreciated by the district for all the time, energy, love, dedication and effort they put into each of our clubs and members.

We were also able to have Zig Zag and Jacob Kidwell from Camp STIX come and assist with giving out the door prizes, displaying the beautiful quilt that Marge had been raffling off all year and draw the winning ticket. The quilt was made by Mary Hassler of Rathdrum and won by Mary Volk of Cranbrook Lions Club.

Thanks to the Post Falls Lions Club for hosting the bar. It was great to see PDG Patty Allen and Rock who drove over from Bellingham to celebrate with Frank. Thanks to Conference Co-Chair, Cheryl Ekler and PDG Bob Ekler for assisting me with the party.

Frank and Marge: You are loved and appreciated.

Laura Wintersteen-Arleth and Cheryl Ekler



Frank's Celebration (cont.)

IPDG Frank Bega presented to Bob Yeoman the 2019-2020 Presidential Award.

2019-2020 Club President Recognition of Achievement

E-1 Spokane Shadle Lions Club: Barb Yeoman

2019-2020 Club Membership Director Recognition of Achievement

E-1 Spokane Shadle North Lions Club: Bob Yeoman

2019-2020 Club Secretary Recognition of Achievement

E-1 Spokane Shadle North Lions Club: Barbara Yeoman

E-8 Castlegar Selkirk Lions Club: Joanne Baker

E-8 Nelson Lions Club: Arne Erickson

E-8 North Pend Oreille Valley Lions Club: Kathy Ibbetson

E-10 Fairmont & District Lions Club: Lynda Devenish

Zone E 2

In Zone E 2 most of the clubs are inactive during the summer months. Many of these members are harvesting/planting so you and I can eat. Looking forward to September when clubs start meeting again.

There will be a zone meeting on September 26th. Currently working on a location in Davenport in hopes that we can do this in person. If not the meeting will be on zoom.

Bob Yeoman E 2 Zone Chair



Learn more about Leader Dogs from the experts. You can register for any and all of the upcoming webinars through the links below! All webinars include time for questions at the end.

Leader Dog's Puppy Raising Program

When: September 2, 2020 at 2 p.m. ET

About: Manager of Canine Development Bev Blanchard will give an overview of how Leader Dog's puppy raising program works. 60 minutes. <u>REGISTER</u>

Leader Dog's Breeding Selection Process

When: September 16, 2020 at 2 p.m. ET

About: Breeding Program Manager Dana Hunter will talk about the process of choosing moms and dads to create the best possible chances for puppies that will grow into successful Leader Dogs. 45 minutes. <u>REGISTER</u>

PZC Lonnie Morse, Chairman MD19-E Leader Dogs <u>lionlonnie@gmail.com</u>

Lions Club International Foundation (LCIF) 2019-2020 Final Figures

Lions Club International Foundation was started in 1968. The first grant was authorized in 1972 in the amount of \$5,000.00 for flooding in South Dakota. Since that time in excess of 13,000 grants have been approved totaling over \$1.1Billion dollars. Our district has been the recipient of a few of those grants. Firestorm 1989, Ice Storm 1996, Habitat Humanity mid 1990s, fires 2015 and Covid19 this year.

When we realized the seriousness of Covid19 a task force was formed with intentions of securing a grant. The team was made up of PDGs Frank Bega, Kim DiRienz, Laura Wintersteen-Arleth, Bob Yeoman, DG Peggy Harriman and Treasurer Ron Thurlow. We held a number of zoom meetings to determine the needs of the community as we had many ideas. In the end we requested a grant for almost \$10,000 which was approved. Laura and current Treasurer Bob Apple handled the ordering and payment of PPEs.

Yesterday Laura, Frank and Bob delivered PPEs to destinations in Spokane.

Frank and Marge were going to take inventory to Idaho for distribution in Northern Idaho and store supplies until we can take some north to Canada. The attached picture shows PDGs Laura, Frank and Bob delivering to the Vets Home on East 5th Street. Thank you to all clubs and members who have donated to LCIF to make these grants possible. While some are not meeting I encourage clubs and members to continue to donate to LCIF. Disasters do not take time off as we are currently experiencing in the Louisiana, Arkansas, Florida and other states. Members have actually donated more to LCIF the first 2 months than clubs have. THANK YOU to those members for supporting our premier Foundation.

Thank You **PDG Bob yeoman** LCIF Chair



NORTHWEST LIONS FOUNDATION

As we start a new Lion year, let's try to keep the saying going...*WHERE THERE IS A NEED, THERE IS A LION* Remember "WE SERVE " so let's not let this Virus stop us from helping our communities, the way Lions do. Right now the Foundation can only help with hearing, due to the lack of monies. White Cane funds from clubs is down about \$ 20,000. We need to try to turn this around...**we can do it!**

There are a lot of ways to raise money, so let's all think outside the box and come up with ways to do this. If you have a good idea pass it around. We need help so we can help you help your communities.

District E Trustee **PDG Ken Cook** 208-964-0181 kcook12@roadrunner.com

CHILDHOOD CANCER

Although February is Lions' Childhood Cancer Month, the U.S., Canada and many countries around the world recognize **September as Childhood Cancer Awareness Month**. In the 20 years I've been connected to pediatric cancer issues, it's been encouraging to see a dramatic increase in awareness of and attention to childhood cancer at the local and national levels. **The color gold represents childhood cancer, because gold is a precious metal and children are our most precious treasure. Thus, the gold ribbon is the international symbol of childhood cancer**. I would like to encourage you to wear a gold ribbon especially during September. They are easy to make with fabric or can be purchased online on many sites.

When viewing childhood cancer statistics, you might notice some discrepancies among sources. Some sources focus on ages 0 to 14, while others include ages 15-19, which is what I'm most accustomed to. In bringing myself up to date on Canadian childhood cancer facts, I found those to be very similar to U.S. data on a per capita basis.

In Canada, an average of 3.5 kids and adolescents are diagnosed with cancer every day, 43 every day in the U.S. In both countries, cancer is the #1 cause of death by disease for children and adolescents. Some of the cancers that develop in children are rarely seen in older individuals, and childhood cancers tend to be more aggressive and diagnosed at a later stage. Causes of most childhood cancers are not known. Less than 10% of all cancers in children are caused by an inherited mutation.

Thankfully, survival rates have improved dramatically in the last 50 years. Overall, about 80% of kids with cancer survive at least 5 years, but survival rates vary greatly depending on the type of cancer. This can range from 99% for retinoblastoma to 95% for some kinds of leukemia to 1% for DIPG, a type of brain tumor. One in five of those 5-year survivors will die prematurely due to the original cancer, a secondary cancer or the effects of treatments. In the U.S., an average of 5 kids loses the battle every day.

Seems very bleak, but what can we do? Support and advocate for more money spent on research specifically for pediatric cancer. Kids aren't just "little adults" - their fast-growing bodies react differently to treatments, and they often have cancers that are rarely seen in adults.

One more immediate action many of us can take is to donate blood on a regular basis. Blood donations directly impact a child's survivability, especially those with blood cancers (of course adults too). When my daughter was in treatment for Acute Myeloid Leukemia, she had over 200 transfusions of either whole blood or platelets, without which she wouldn't have survived as long as she did. I'm very grateful to all those wonderful donors who made that possible. I realize that during this pandemic, many won't feel safe donating blood. Honestly, it took me a while to get up the nerve, but it made me feel good to finally do it. I certainly understand that many aren't able to donate blood due to their own health issues, but for those who can, please do!

Lion Connie Hill-Bunch, Chair <u>chillbunch@comcast.net</u> (509) 939-0725



Out and About in the District





Events Canceled for October: River City Branch Club Chili Cook-off Spokane Central Pig Roast Coeur d'Alene Dinner in the Dark

Get To Know District Cabinet Members

Cabinet Secretary Marita Norton

I was born & raised in Spokane, WA. After marrying, we also lived in Spokane, on the west coast of Washington, Portland, Oregon, and Simi Valley, California. We returned to Washington in 2002 and purchased a home for our favorite spot on the Pend Oreille River.

My husband and I joined the North Pend Oreille Valley Lions club in October of 2002. I have been Lion Tamer, Tail Twister, Board member, 1st VP, Secretary, & President. I assisted PDG Kim DiRienz as cabinet secretary and I was the Zone Chair for Zone E8 for Lion years 2017 to 2019. PDG Kim and I were selected to help IPDG Frank Bega with Spring Conference Fun Night but we all know what happened there!!

I am now cabinet secretary again and totally enjoying assisting DG Peggy Harriman with whatever she needs. I have been very active in my local club, helping with our excursion train and now with the Rail Riders. The NPOV Lions club honored me in 2015 by presenting me with a Melvin Jones award. This award was given to me by PDG Kim DiRienz so it was extra special. I was designated "Lion of the Year" in 2019. I feel that when I joined Lions I found my "niche" and can't imagine a life without service to my local community and beyond.

Marita Norton



ARTWORK INSPIRED BY A LION Cabinet Secretary Marita Norton

Recently my granddaughters visited. They are 12 and 9. Anyone who has had children knows that keeping them busy is very important for everyone's sanity. With this in mind, I challenged Aven and Moxie to paint two concrete statues – yard art – to keep them from boredom and to spruce up the pelican and the lion. Being inspired by DG Peggy's new pin with the Lions colorful mane. DG Peggy asked that I share the results of their efforts.

I am especially proud of the Lion painted by 9 year old Moxie and here is why. Moxie was born with a tumor on her left optic nerve. She is basically blind in that eye but as you can see, that doesn't stop her from creating a work to be proud of and to earn \$20.00 from a grateful Grandma for her "I want a dog fund". Enjoy!!





Aven Age 12

Moxie Age 9