



District 19E Newsletter



District 19E
2020 – 2021 Cabinet

District Governor's Message

District Governor

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Vacant

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October
2020

DEVASTATION AND GRATITUDE

District 19 E has seen its share of devastation this past month with the Babb fire near Rosalia, WA, the Whitney fire near Davenport, WA, and the Hunter 2 fire near Blanchard, ID. There is an additional fire burning near Bayview, ID, however, from reports, at the time of this newsletter, no one has been displaced.

Beginning with the Babb fire, Rosalia Lions Club has been working with the small neighboring community of Malden since the beginning of the fire. I have been working with Rosalia Lion Secretary Linda Pritchard from the time they opened up a fire relief center the day after the fire came through on September 7.

At one point, I drove to Malden, a population of 211, and saw the devastation experienced by the small community. I personally have never seen anything like it. The majority of the community members lost everything, but there is a lot of hope and enthusiasm to rebuild. Rosalia Lions indicated that they are still in need of pet supplies, coffee or K cups, hot cocoa, taco kits, juice boxes, microwavable foods, shelf stable milk, pudding/jello cups, baggies/all sizes, coffee filters (we usually break these up into baggies to help the most amount of people), reusable microwave safe storage containers (we can open boxes and let people just take a few), cleaning supplies, liquid hand soap, laundry soap (powder we can separate into baggies), dryer sheets (we can separate into baggies), denture supplies, kitchen wares (new or used), small kitchen appliances, new kitchen towels or washcloth, and small dish soap.

As for the Whitney fire, there is a lot taking place from surrounding communities and organizations to help their fellow ranchers. Animal needs such as hay, alfalfa, cat and dog food, etc., are prohibited by a grant, as is the loss of crops and homes. So, any help that you can provide would be greatly appreciated. Please contact one of the following entities: *Pioneer Title Company* - collecting for District Fire Departments in the county--Yvonne Reppe- 509-725-3161; *Lincoln County Farm Bureau - Farmers and Ranchers*- David Manzanares- 509-323-3000; *Friends of the Fair - Farmers and Ranchers*- Bryce Bailey- 509-496-7883; *Lincoln County Cattleman's Association - Ranchers* -- Matt Schneider-509-721-0446.

As your district governor, I am in the process of applying for a grant to help with those affected by the Whitney fire, and looking into the ability to acquire a second grant for those of the Babb fire, but there are many needs that can't be met with a grant such as the loss of livestock, individual structures, and crops.

Along with the fires and devastation, comes gratitude for the help given by Lions. We Serve is an understatement when it comes to donations sent by Lions. I am so proud of my affiliation with this organization.

*"UNLEASH YOUR PASSION FOR LIONISM WITH KINDNESS,
WHILE EMBRACING DIVERSITY"*

District Governor's Visitation Schedule

Canadian Clubs: Dependent on COVID US/CANADA travel restrictions issued thru Oct 21		
<u>OCTOBER</u>		
1st	CANCELED	Fernie/Elkford/Sparwood/Sand Creek
2nd	Friday	Priest River
3rd	Saturday	River City BBQ
5th	Monday	Windermere (Zoom)
6th	Tuesday	Grand Coulee (Zoom)
8th	Tuesday	Northport—not confirmed
12th	Monday	Sandpoint—not confirmed
13th	Tuesday	Spokane Central (Zoom)
13th	Tuesday	Spokane Shadle (Zoom)
16th-17th	Fri & Sat	COG Meeting
19th	Monday	Reardan
21st	Wednesday	Liberty Lake
21st	Wednesday	Chewelah (Zoom?)
24th	CANCELED	NWLLI
24th	CANCELED	Spokane Central Pig Roast
26th	Monday	Spokane Valley
27th	CANCELED	Airway Heights
28th	Wednesday	Mark Creek
<u>NOVEMBER</u>		
3rd	Tuesday	Beaver Valley, Rossland-Golden, Trail
5th	Thursday	North Pend Oreille Valley
7th	Saturday	Rosalia
7th	Saturday	MD19 Virtual Convention
9th	Monday	Rathdrum
11th	Wednesday	Wilbur
14th	Saturday	2nd Cabinet Meeting
17th	Tuesday	Almira
23rd	Monday	Castlegar-Selkirk 50th
<u>DECEMBER</u>		
1st	Tuesday	Hauser

District 19E Clubs

- Zone E-1:
Airway Heights
Cheney
Centennial
Medical Lake
Rosalia
Spokane Central
Spokane Shadle North
- Zone E-2:
Almira
Davenport
Grand Coulee Dam
Reardan
Wilbur
- Zone E-3:
Coeur d'Alene
Hauser
Osburn
Pinehurst Kingston
Post Falls
Rathdrum
Smelterville
- Zone E-4:
Cranbrook
Creston
Kootenay Lake
Mark Creek
- Zone E-5:
Beaver Valley
Northport
Rossland-Golden City
Trail
- Zone E-6:
Elkford
Fernie
Sand Creek
Sparwood
- Zone E-8:
Castlegar-Selkirk
Kootenay Slocan
Nelson
North Pend Oreille Valley
Salmo
- Zone E-9:
Chewelah Valley
Liberty Lake
Rockford
Spokane Valley
- Zone E-10:
Fairmont & District
Golden & District
Lake Windermere
Wasa
- Zone E-11:
Priest River
Priest Lake Kaniksu
Sandpoint

Please submit all District Newsletter articles to:

d19e.dg.newsletter@gmail.com

Pictures need to be in jpeg format and text needs to be in either .docx or .rtf format. Deadline for submission is the 25th of the month. Please send corrections or additional information to the above email address

2020-2021 DISTRICT GOALS
District Governor Peggy Harriman

As district governor, it is required that I develop district goals and steps to achieve the goals. As such, I want to let you know what the goals are for 2020-21, in the hopes that you will help me achieve them. Let's face it, I am just one person of many.

- 1) I believe that all members should be aware of the district goals in order for them to be achieved. I believe we are a team and that you are the most integral part of that team.
- 2) Clubs to increase their membership. Our numbers are dwindling in District 19 E, making our voices at the multiple and international level muffled. Therefore, I am asking each club to increase their membership by at least one (1) person while retaining the members already in existence by the end of the year. That means if a club loses a member for some reason, they would need to invite two (2) new members. Think about it, if each club increased by one member each year, we would increase membership each year by 46 members a year. What an accomplishment.
- 3) District 19 E needs to have a succession of leadership by February 2021 in order that we have a district governor in place by July 2021. There isn't anyone that will take my place at the end of my term as district governor on June 30, 2021. This is unacceptable. Every organization must have a succession of leadership at all levels of an organization this large.
- 4) I would love to see every club be able to award a Melvin Jones fellowship to a well-deserved member of the club or of the community. It's important to recognize all of the great Lions and those who have supported Lions.
- 5) I also encourage donations to Guide Dogs in Canada or Leader Dogs in the United States. Just think of those who have benefited already with a dog that has been trained due to your donations.
- 6) Encourage club secretaries to report the number of members every month prior to the last day of the month.
- 7) As always, report your service projects, hours, number served, and number of participants in the MyLion App.
- 8) Finally, I would hope that you would continue your support of our MD's Care project. For the next 2 years, the Care project will focus on helping the Haitians provide aide in establishing learning centers in 20 rural communities for girls 10 to 18 years of age who have missed out on basic education.

*"UNLEASH YOUR PASSION FOR LIONISM WITH KINDNESS,
WHILE EMBRACING DIVERSITY"*

I joined the Lions in January of 2011. That means I have been a Lion for a measly 9 years, but I have been on the Leadership ladder since 2015, starting out as a Zone Chair for Zone 19E-3. All along the way I have been encouraged and supported by our Lions members and leaders alike. I have just completed my year as District Governor. It was the accumulation of learning, attending classes, going online, and meeting with Lions throughout District 19E and MD-19.

I stumbled many times along the way, but with the support of those leaders and facilitators who preceded me, I was able to do what was expected of me in each level of leadership I was in. I am not saying it was easy, but anyone with the desire can become a facilitator or an officer in a leadership position; starting at the club level, then moving up to the Zone level, District level, and even at the MD-19 level.

Lions Clubs International (LCI) is contemplating changing the rules so that past District Governors cannot run again at any position above the club level. Our district currently has three (4) Past District Governors serving as Zone Chairs this year. If the change I mentioned takes place, we will not be able to rely on the goodness and commitment of those past district governors.

I know that our slogan as Lions is "We Serve", but without new leaders we will not be able to exist as Lions.

Frank Bega, IPDG
District 19E



First Day of Fall...September 22, 2020

Global Leadership Team (GLT)

Thank you to all the club officers who braved the challenge and attended the Club Officer Team Training on the Zoom format. Please note that the recorded version is still available through the MD-19 website. If you are trying to access and having difficulties, please contact me. I will do what I can to make it work.

Next on the agenda....what are some of the seminars you would attend at the Spring Conference? Please send me your preferences and we will try our best to make them available, keeping in mind that our district does not have a significant number of facilitators.

We as a District are very short on people who want to fill the Leadership positions as well as the facilitator positions. LCI and MD-19 offer training in both areas, at very little cost to you the individual. Our district is suffering and we need you to please step up and make your mark at the district level.

I look forward to seeing many of you at District Governor Peggy's Spring Conference in April of 2021. Please start planning and saving now so you can become a mover and a shaker in the **Exceptional District 19E.**

IPDG Frank Bega
District 19E
Global Leadership Training Coordinator (GLT)

RETENTION
Marge Bega, Chair



We Serve

I have said this over and over; Retention is hard there are no easy fixes

- *Greet every member when they come in make them feel that their presence is important to your club*
- *Listen to what new and old and members alike have to say or suggest*
- *Explain to new members why you are doing a certain project and how it will help the club and the community, how the importance of volunteering is the key to success.*
- *With the pandemic everything has changed. Ask your new or old members if they have any ideas or ways to have fund raisers. They may have contacts that your club didn't know about. Listen to them.*
- *If your club does not work together and you continue to lose members you will lose your club and your community will lose all the help the Lions have provided.*

GLOBAL MEMBERSHIP TEAM (GMT)

The Covid 19 pandemic, hurricanes, fire storms and other natural disasters have taken a toll on the world as we know it. Our way of life has changed impacting the ways we can help others. We Lions need to reach out and show our preparedness to help in all these situations. In doing so we need to build our membership. Our clubs are losing too many members to age, non-involvement, death, and other time involved projects. We need to become the leaders in helping our communities build a better place for our neighborhoods and their populations.

October is normally known as member recruiting month. Please take the time to plan an open house, invite your new prospective members and entertain them. Provide coffee, juice, cookies, veggie trays or something of your choosing. Impress them with the service and humanitarian projects your club has contributed to your community, the world, and your club's future. Show them how they could become involved and their expertise could benefit others. Prepare ahead and have handouts and membership applications readily available.

If you have Wi-Fi connections, you could offer short pdf or power point videos to show how we are involved around the world. Some fresh examples are: North America Wildfire Season, 2020 Atlantic Hurricane Season, Beirut Explosion, the Coronavirus, Puerto Rico earthquakes, our Lions mission for sight and hearing, diabetes, childhood cancer and dedication of our time to humanitarian aid not only at home but around the world.

Once you have a new member, refer them to the Lions Clubs International.org web site. Have them view the New Members Welcome Book www.lionsclubs.org/resources/EN/pdfs/nm9.pdf. This will give information on what our five areas of service covers. Then view the short video, www.lio/EN/lionsclubs.org/newmembers.php. This should be a helpful orientation for them and may answer a few questions they may have. Be willing to sit with them and explain some of the Lions programs. You will be their mentor so impress on them the passion you have and your commitment to humanitarian needs.

Good luck and we hope to see each of your clubs grow.

PDG Brian Ross GMT

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WHILE EMBRACING DIVERSITY"*

GLOBAL SERVICE TEAM (GST)

An Opportunity to Serve Communities as Part of a District 19E Project

During a recent District 19E Cabinet meeting (held over the internet via Zoom), a new District service project was approved. Funds were approved for the purchase of materials to make up twenty (20) cloth mask kits that will be offered to clubs in the District on a first come, first served basis, until supplies run out. Each kit will include instructions on how to sew the masks and materials (fabric, interfacing, elastic, craft wire and bias tape) to make ten (10) masks. A portion of the funds approved would be used for postage to send the kits out to clubs that request them.

In return for receiving kits, clubs are asked to submit photos of Lions in action sewing or delivering the masks and a description of where they were donated.

PDG Laura has offered to be a central distribution point for US clubs that don't have a facility, agency or group already in mind to receive their masks.

If your club is interested in obtaining a kit (initial limit of two per club), please email your request, with contact name and mailing address, to District 19E Global Service Team Coordinator Kim Di Rienz at kdirienz@hotmail.com.

Yours in Service,
PDG KIM DI RIENZ
District 19E GST Coordinator



EXTENSION OPPORTUNITY

PDG Lyndon Harriman

An unusual opportunity to increase your Lions Club by adding new members or even by developing a new Lions Club in your community is by visiting your local Chamber of Commerce meeting. Chamber meetings vary from community to community. Often, they include formal meetings where business is discussed, ribbon cutting ceremonies where new businesses are admitted into the community and the chamber, or informal breakfast get togethers where businesses have an opportunity to network with other members.

These less than formal meetings are a perfect opportunity to present information about Lions. You can talk about Lions Clubs International, our history and service areas and review our tremendous successes. Also, you can talk about your own Lions Club, your service to your community and the successes you have had. During your presentation you can ask for input on what the attendees believe are their community needs and if they can be improved? What recommendations do they have and what help, if any, can they offer?

Recently, District Governor Peggy Harriman and I attended the Hayden Chamber Breakfast and made a presentation about Lions Clubs and invited them to form a local Club. We obtained a table, used a Lions skirt, and developed a tri-fold presentation on Lions. We used literature from LCI and developed a survey in which attendees could provide input on the needs of the Hayden community. The presentation was fun, easy and enjoyable.

Regardless of the outcome, we informed business owners and leaders in Hayden about the Lions, our history and our service. We hope this will bear fruit in the form of a new Lions Club, but even if it doesn't, it was well worth the effort.



DG PEGGY HARRIMAN
HAYDEN CHAMBER
Breakfast Meeting
Thursday September 24, 2020.

*"UNLEASH YOUR PASSION FOR LIONISM WITH KINDNESS,
WHILE EMBRACING DIVERSITY"*

In Thoughts and Prayers....



***Sandpoint
Spokane Central
Wasa
Wilbur***

***Keith E. Leiber
Ronald J. Clark
Bev Rauch
Keith Haden***

Cooperative for Assistance and Relief Everywhere (CARE)

In Haiti, many children lack access to quality, basic education. The problem is even greater in the central region of Haiti the number of girls who complete primary education is shockingly low in 2018 more than half of school-age girls in this region did not complete more than 2.5 years of schooling. The government of Haiti is committed to strengthening Girls education and improving opportunities for vocational training. The Ministry of education has developed a 10 year policy and operational plan to foster collaboration across local international and government partners geared toward advancing basic education in Haiti. CARE is partnering with the Haiti government in support of this plan to increase girls' access to education.

CARE is undertaking a new initiative in Haiti. Care plans to establish community lead and community manage learning centers for girls 10 to 19 who like to drop dead to school or if not it a chance to attend one. Once these centers are established they will provide 9 to 12 month accelerated learning courses Tailored to the realities of girls in Haiti the centers will be equipped with learning curriculums based on CARES Groundbreaking program called strengthening opportunities for adolescent's resilience. (SOAR)

District 19 E is attempting to raise \$4400.00 as our share, but more importantly help support girls aged 10-19 receive a better education. Thank you to Lion Clubs Grand Coulee and Kootenay Lake for already donating to CARE. A \$500.00 donation will earn that club or member a Gordon F Smith Fellowship from MD 19.

Checks can be sent to the MD 19 office in Bellingham, on the memo line put Haiti.

Thank You
Barb Yeoman
CARE Chair

Peace Poster Update:

Date to purchase kits from the Club Supplies Sales Department at International Headquarters has been extended to October 15.

Please get the young artists, ages 11 to 13, in your community involved. This year's theme, "Peace Through Service."

LCIF Emergency Grant Final Report

District 19E
IPDG Frank Bega

9/16/2020

District 19E started researching the Emergency Grant in late April of 2020. Our district was denied three times due to changes in the governing rules, and one application was completely misplaced. Finally on June 19th we were informed that we had been approved for an Emergency Grant and that we could expect to receive the check in a few days. We received it in our district account on June 24, 2020. We placed our initial order for Personal Protective Equipment on that day but were held up for two weeks trying to figure out how to actually purchase those supplies. Final confirmation of receipt of the PPE request was on July 24, 2020. Order was placed on July 31, 2020. The PPE arrived in District 19E on Monday, August 24, 2020 and delivered to the various nursing homes and care facilities on Thursday, August 27, 2020.

In view of the fact that what we delivered was preventive materials, we can only claim that the staff, the patients, and where allowed, the visitors; were provided protection from spreading or acquiring the Covid-19 virus. The various facilities had staffs ranging in number from 35 to 154, and they were caring for patients numbering anywhere from 35 to 110 patients, and that we delivered to 8 facilities we can safely assume somewhere between 1500 and 2000 were enabled and possibly protected by the PPE supplied to them by the Lions of District 19E. It would be nearly impossible to project the indirect beneficiaries.

Jill Larsen, Royal Park Health and Rehabilitation: “Amazing! Thank you so much!! I can’t even explain what this means to those of us that work in one of these places! I have seen and heard of all the work and supplies donated to hospitals but to have this in Long Term Care facilities. This is incredible!”

Jarod, Honeysuckle Senior living Center: “Oh my goodness, the PPE have had a tremendous impact on our community. We are so grateful for those items. We never know when we are going to receive a shipment from the CDC or the state level. It’s so phenomenal to have our local community support us.”

Mike, Good Samaritan Society; Silverton, Idaho: “Due to the shortage of PPE in our country, the gift of the Lions clubs has helped us to maintain a supply for our staff and residents. Thank you, thank you, and thank you.”

Michel Lambert, Valley Vista Care, Sandpoint, Idaho: Lions were very helpful. It has been very difficult to get PPE, and it’s great that people like your organization are willing to help us get through this time. I couldn’t say it enough of how much it is appreciated.”

The delivery of the PPE to the various facilities was recorded on camera and shared numerous times on Facebook; in both district and club newsletters; and by word of mouth throughout NE Washington, North Idaho, and Eastern British Columbia.

The onset of the Covid-19 virus started in April but was not recognized as a threat to our people until early May. That is when we started seeing alarming numbers of people contracting the virus and actually seeing people dying. Being as how we are Lions, and our motto is “We Serve”, we tried to come up with a program we could use to serve our communities.

We tried several different approaches to this problem, supporting food banks, providing communication devices for homeless people, working in conjunction with food banks, but for various reasons those approaches were denied. We finally decided that providing Personal Protective Equipment to the staff and patients at various local care facilities was the best we could do.

LCIF Emergency Grant Final Report (Cont.)

To that end we identified two care facilities in Eastern Washington (Royal Park Health and Rehabilitation, Spokane Veterans Homes), three care facilities in North Idaho, (Honeysuckle Senior Living Center, Good Samaritan Society, Valley Vista Care Facility) and two care facilities in British Columbia (Castlevue Care Center and Dr. F.W. Greene memorial Center) to be the recipients of our grant provided products.

While we are still waiting to deliver to our Canadian homes, we have donated to all of the facilities that we had selected in Washington and Idaho. The PPE was graciously accepted by the staff at each of the facilities and we were assured that the patients would be grateful as well.

We had a stalwart group of Lions that participated in numerous meeting leading up to the actual delivery of materials, Four Past District Governors, one District Governor, one Immediate Past District Governor, three veterans, and a community member not yet a Lion (will be soon); and 5 Lions club members from the Sandpoint Lions Club.

1	PayPal July 31, 2020	4303.80	PPE
2	PayPal July 31, 2020	1500.21	PPE
3	PayPal July 31, 2020	2548.54	PPE
4	PayPal July 31, 2020	1075.98	PPE

Total spent: \$9428.53 Grant amount: \$9427.00

Lions Club International Foundation (LCIF) Campaign 100 Model Club

The model club program is part of Campaign 100 and improves our chances of reaching our goal of \$300 million in donations. First off if your club selects to become a model club you have a total of 6 years to reach this goal. Campaign 100 ends 6/30/2022, however Model Clubs have until 6/30/2023 to achieve their goals. Below is a description of how it works.

Participating clubs are asked to donate \$500.00 per member average (PMA) over the 6 years. There are already 3 years and 3 months behind us but we still have 2 years and 9 months to raise funds. For an example suppose your club has 15 members on November 1st when the club agrees to support Campaign 100. Multiply 15 x \$500.00 and your goal is \$7500.00. Now imagine that club has \$4000.00 in donations from the start of Campaign 100 (7/1/2017) they need to donate an additional \$3500.00 prior to 6/30/2023.

Where do these donations come from you ask. First off all clubs should have a budget with LCIF as a line item. I encourage all clubs to have a special fundraiser with funds raised dedicated for LCIF. Members are encouraged to donate \$100.00 a year to LCIF, many are donating more with three in the district donating \$1000.00 each last year. For the first time ever Lions are encouraging non Lions to donate. We are asking family, friends, neighbors and others to donate. I know of an Optometrist who hopefully is going to donate \$1000.00 but Covid 19 has slowed the process. If your club meets at a restaurant ask them for a donation. I have prepared a package that I am passing out to local businesses and others that explains what Lions are doing and gives instructions on making a donation. This includes LCIF info, Charity Navigator congratulatory letter, IRS Tax Determination form and letter I have created. This is available to any club that would like a copy

Thank You
PDG Bob Yeoman
LCIF Chair

Get To Know Our District Cabinet Members



Bob Apple

Cabinet Treasurer

I'm a 35-year member of Lions who has served in the Spokane Central Club in many capacities throughout those years including President. Born and raised in Spokane, with some family still here, I have worked for large corporations and small business including many years of operating my own businesses in the General Contractor and Restaurant industries with good success though considered these the small businesses.

I have always been involved in Northwest issues and politically worked many initiatives that passed and changed State and Municipal law that also pressed me to run and eventually serve eight years as allowed on the Spokane City Council.

For all too many years I was a young Lion member who attended many conventions throughout our region and just about every activity my club engaged in while also supporting other area clubs when possible but now I am retired and like many we are seeing massive changes around us and in Lionism with new tasks and different involvements. I believe service clubs always do a better job than government at any task they take on and believe sometimes our government needs to get out of the way and let us do what we do best and that is making a better quality of life for everyone in every task we take on as a unified group committed to the task at hand.

Denise Murray

Public Relations

I was born in Oak Park, Illinois from two parents who were basically a pairing of 'North and South'! My mom was raised in Illinois and my dad was raised in Mississippi. The two met when my dad left the farm and moved to Illinois to 'make some money'. He became an over-the-road driver for a large trucking company and my mom worked at an accounting firm until I was born in 1962. Then my sister came along in 1966. After my dad had a near fatal auto accident, we moved back to my dad's family farm in Mississippi in 1967.

In 1972, Mom and Dad divorced, and my mom married a fellow who moved us to Tennessee-the 'Volunteer State' in 1977. It was there that I met my husband, Charlie, who is originally from Missouri. We married in 1986 and our son, Jobe was born in 1997. We lived in Tennessee until 2007, when we were relocated with Charlie's job to Spokane, Washington.

As we settled in Rathdrum, Idaho, it was there that I met a 'LION' and was introduced to Lions for the very first time. Being that I loved to volunteer, it was a match made in heaven, and I've been volunteer-strong ever since! Then, in 2015, we moved with another company to Point Pleasant, West Virginia, which is where we are currently residing.

Although I may not be in the area right now, my Lions Club is still the Spokane Shadle North Lions. And, as the volunteer Public Relations Chairperson, I do my entire job online. Having this position keeps me closely connected to the 19-E Lion members & to all their Lion events. My commitment to Lions is something I take very seriously, as the words "We Serve" mean the world to me. In fact, through Lions, my life has been enriched in continuous education as well as given me priceless friendships! My dedication to serving my community (wherever we live) is what keeps me completely connected to Lions across the country from one coast to another. And I look forward to serving thru Lions, even internationally, if the opportunity arises! ☺

Truly, it has been, and still is, a pleasure to serve as your 19-E Public Relations Chairperson!

Most Sincerely Yours in Lions,

Lion Denise Murray

CHILDHOOD CANCER

Of the **15,700 kids** under age 20 diagnosed with cancer **every year** in the U.S., **over 50** of them are in Spokane. Besides those living in the immediate Spokane area, many come from throughout Eastern Washington, N. Idaho and Western Montana for treatment. Since protocols often last 2 to 3 years, the number in active treatment can be several times that. As you can imagine, a childhood cancer diagnosis is frightening and stressful and affects the entire family. Many parents report feelings of PTSD for years after their child is in remission. There are several wonderful nonprofits in the area that serve these families, each with its own niche in the pediatric cancer community. They all have important roles in helping families cope with their nightmarish situation.

I've been involved with one of them, the American Childhood Cancer Organization Inland NW (ACCOIN), first as a family receiving their services beginning 20 years ago, then a volunteer at events, and for some time now as a Board member and Treasurer. ACCOIN was started in 1977 as Inland NW Candlelighters by parents of kids with cancer, and it's still mostly a parent-driven organization. What impresses me about ACCOIN is they are "in the trenches" with family's day in and day out throughout the year, and provide a wide variety of services to the entire family:

- New Patient Bag at diagnosis – a large rolling duffel bag with resource books about childhood cancer for parents and child, plus practical and fun items including a binder full of tips from 40 years of parents' experience, thermometer, pill organizer, crusher and splitter, wet wipes, pens and highlighters, toiletries for hospital life, blanket, pillow pet, age-appropriate toy, Amazon Fire tablet, gas and grocery cards and more.
- **Support Groups individualized for parents, patients, siblings and teen/young adult survivors**
- Staffed office at Sacred Heart Children's Hospital - a refuge for emotional and financial support, childhood cancer information, toys or a snack. The full-time Patient Services Coordinator is an amazing, compassionate mom of a childhood cancer angel.
- **Toy "Poke" Box stocked with fun items from \$1 to \$5 to bring a smile when having a painful procedure or "poke"**
- Snack Basket, Food Cart and Care Packages
- **Special family events like the Christmas Party/Reunion and Summer Party where new families can meet veteran families who uniquely understand what they are going through**
- Christmas Adopt-A-Family
- **Bereavement Support – books, resource information, special gatherings to connect families, an annual candlelight vigil**
- Family Camps – special stress-reducing and bonding activities for the whole family
- **Monthly Support Lunch in the hospital - in partnership with local restaurants and ACCOIN funds, lunch is provided for families and staff alike.**
- Other family support – Valentines, Easter and Halloween treat bags, birthday club for patients and siblings.

ACCOIN accomplishes all this with a very small, dedicated, compassionate staff and many devoted, caring volunteers. You can find more information at: www.acco.org/inlandnw/. "It takes a village" certainly applies to childhood cancer families – they need all the help they can get to navigate a very traumatic time.

Lion Connie Hill-Bunch, Chair
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(509) 939-0725



Multiple District Nineteen Lions Clubs International

4141 West Maplewood Avenue, Bellingham, Washington U.S.A. 98226 • 360-733-4911 • www.lionsmd19.org



09/22/2020

Re: Musings to be shared

Dear Lions:

Don't forget October 16th pre-council meeting that evening, and Saturday October 17th 9am is the fall Council of Governors' meeting. Both will be held via Zoom; watch for the invite a few days prior.

We are getting closer to the MD19 Annual Convention. You can now register via Eventbrite when you follow the link at our website www.lionsmd19.org. Your opportunity is:

- MD19 Annual Convo via Zoom, beginning November 7th at 9am
- Only \$20 registration.
- First 300 registered get a convo pin
- That registration gives you access to 50, yes, I said 50, sessions and seminars!
- Your access code will let you view those 50, yes, I said 50, for 30 days after the Convo.

You can also go directly to our EventBrite convo ticket page and make your purchase here <https://www.eventbrite.com/e/md19convo2020-tickets-120313351473>. Buy that ticket and sign up for the free convo pin if you want, answer some questions and then you're almost set! On or about November 4th you will receive an email from md19convo2020.hubb.me with an access code and an invite link to the Saturday convo.

The Eventbrite ticket purchase can be done by credit/debit card, and will be processed as US\$ funds.

Please join me, and many other Lions this *November 7th* as we do things that we've always done, but just a little differently.

Sincerely,

A handwritten signature in black ink, appearing to read 'Peter Anderson'.

Peter Anderson, Executive Director
Multiple District 19
Lions Clubs International
360.733.4911 (work) 360.450.8272 (cell)

*"UNLEASH YOUR PASSION FOR LIONISM WITH KINDNESS,
WHILE EMBRACING DIVERSITY"*

Out and About in the District

Lake Windermere

Lions at Work in the Community Recycling Used Eyeglasses

For many years, the Lake Windermere District Lions Club has been involved in recycling eyeglasses. Pictured is Lion Maurice McIlwrick with one of the new boxes being added throughout the community.



The eyeglasses (no cases) are collected regularly from the boxes, then get shipped to Calgary, Alberta to the Canadian Lions Eyeglasses Recycle Centre where they are sorted by size and sanitized, then sorted by prescription and packaged to be distributed all over the world. Currently over 5.5 million pairs of eyeglasses have been distributed to over 92 countries.

In late August, Lion Maurice had an opportunity to help someone in need of eyeglasses without the distribution centre! The Lake Windermere District Lions Club is located in the beautiful Columbia Valley between the Rocky and Purcell mountains. Our spectacular location is a draw for thousands of tourists. On this particular day, a family from Saskatchewan was visiting the valley, camping and enjoying our waterways on kayaks. There was a mishap and the young adult son lost his glasses. As is often the case in small towns, someone "knew someone who knew someone". A call was made to President Raylene Oram who directed the person right to Lion Maurice. That afternoon the visitors were welcomed to Lion Maurice's home to sort through the boxes of glasses that had not yet been sent to the distribution centre. Success! In fact the young man found two suitable pairs. A donation was made to our Lions Club and everyone was happy. Good work Lion Maurice!

RIVER CITY LIONS

READY FOR A GET TOGETHER?

FOOD BEVERAGES COMPANY



What more could you want?

Q'emiln Park Gran Pavilion

Post Falls, ID

October 3, 2020

11:00am to 4:00 pm



ALL FOR \$20.00

Bring your mask, plenty of room for social distancing.

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Out and About in the District

Spokane Shadle North

The Spokane Shadle North Lions attempted a new fundraiser with moderate success for a first time effort. Members Vivian Huschke and Tracy Fejeren made this happen.

Vivian and Tracy worked with a Tupperware sales representative who conducted a 30 minute virtual meeting. In coordination with the sales representative a zoom meeting was held. Those wanting to purchase contacted the sale representative afterwards to place orders. The sales representative had a flyer available in which the club would receive 40% of all sales. In setting this up all funds were dedicated to Teen Mom's in advance.

Members of the club had a commitment of contacting people on their email list and inviting them to the event. Minimal effort with a return of \$425.00 that will go to Teen Mom's. Thank you Vivian and Tracy for our first ever Tupperware Sale.

We are currently setting up a store online that will allow us to sell bagged candy and nuts online. We started this last year after seeing Terri Lynn at the Forum in Spokane. We purchased product and sold at grocery stores but this year wanted to set up an online store instead. Minimal involvement on our part, set up the store and take money to the bank.

PDG Bob Yeoman



Thought you missed running in the 42nd Annual Only Fools Run at Midnight? Not so fast, we are back with an October 2020 Virtual Race! Sign up and complete your 5K anytime between October 17 and November 15, 2020. Then record your results on the race website. If you actually run at Midnight on Halloween (going to be a full moon too!) you will receive a special prize. Shirts will be mailed to all who register whether you run or not starting the first week of November.

The proceeds from this event will be used in the Lions Club's Sight and Hearing Conservation Program, purchasing eyeglasses and hearing aids for those who can't afford them, as well as local youth scholarships.

To sign up go to:

[runsignup.com/Race/WA/MedicalLake/OnlyFoolsRunatMidnightHalloweenStyle 5K Run...\\$20...Registration ends November 15, 2020](https://runsignup.com/Race/WA/MedicalLake/OnlyFoolsRunatMidnightHalloweenStyle5KRun...$20...Registration%20ends%20November%2015%2020)

Zone E2

Service and Kindness.

International President Choi has emphasized many times this year and last year Kindness and Service. This past Saturday at the E 2 zone meeting I heard a couple of stories that I wanted to share with the district. You have probably all heard about the devastating fire west of Davenport that destroyed crops, baled hay, barns, livestock, fencing and more.

Two large local ranchers were hit extremely hard. Both ranchers received donations of a semi-truck load of hay. The following day a semi-truck load of barb wire and fence posts arrived. Saturday 9/26, 125 or more volunteers showed up to build fence, some were Lions from Davenport and possibly Wilbur Lions. These Lions were putting to use the Lions Motto "We Serve". Thank you Lions. Thank you to the individual(s) that donated hay and fencing material.

An unidentified individual was so thankful and appreciative of all firefighters, made arrangements for all fire fighters to be treated to a Prime Rib dinner. What a great act of kindness.

Bob Yeoman

E 2 Zone Chair