

# HAND BOOK 2018-2019



**Changing**  
Lives



**Mustafa Kudrati**

**DISTRICT GOVERNOR**

**DISTRICT 411C - TANZANIA**





## TABLE OF CONTENT

* Message from District Governor	1
* Message from District Cabinet Secretary	2
* Message from District Cabinet Treasurer	3
* District Goals	4
* District Action Plan	6
* Committees of Cabinet and District Officers	7
* District Directory	8
* Distribution of Clubs to Region and Zone Chairperson	10
* District Contest for Clubs	11
* Club President's Forward Planner	13
* District Governor's Visitation Schedule	17
* District Clubs	19
* District Diabetes Awareness	20



# MESSAGE FROM THE DISTRICT GOVERNOR

**My dear fellow Lions and Leos.**

In accepting the mantle of leadership as the 1st District Governor of District 411C Tanzania I am not unmindful of the enormous responsibility that comes with it. There is never a time when privilege comes, without a responsibility. I am persuaded, the capacity to serve, is what gives life its deepest significance.

I draw inspiration from the founding fathers of this great Club, who have set precedence for a fine blend of excellence and commitment to service. There is no illusion about the fact, that we need to re-invent and re-brand ourselves individually and corporately as a District, to sustain this good model, and consistently take it a notch further.

What a privilege it is to serve you in the capacity of District Governor. Yes indeed everyone's destiny is measured by the life one lives, the help one gives and the truth one speaks. There is nothing that has been more fulfilling in my life for the last many years, as being a member of our mighty association The Lions Clubs International, Please Let us plan our year in such a way that, the we create a lasting Impression to the communities whom we will serve.

Helen Keller, whom we all know from our Lion Circles once said: "Life is either a daring adventure or nothing" and yet we hear it all the time: how important it is to take care of those around you. From your little brother or sister to the homeless you see in the street, it seems like society constantly reminds us how important it is to be concerned about others.

**You are Lion and together WE SERVE!**

Ultimately, our actions will not only be appreciated, but the chances are that, they will touch the lives of both the people we meet and many people we may never even see. The greatest reward of serving others is how it makes us feel about ourselves.

That special feeling is our creator's way of telling us thank you!

Thank you for caring! Thank you for making a difference in the world!

**That is why my slogan says**

**"CHANGING LIVES"**

Changing lives is absolutely necessary, The world is not for the lethargic or the cavalier. We need to be audacious and re-position ourselves in the scheme of things.

Our corporate existence should be indivisible. The kind of robust love, bond, closeness in proximity and mutual respect that existed among our founding fathers, must be religiously adopted and sustained.

Showing kindness to others is a powerful source of happiness. In doing this, we develop a heart of gratitude to our creator,

We need to continue making someone's future happen. If you only think of yourself, you cannot be happy. If you want to be happy for a lifetime, help someone by your generous giving. No act of kindness, no matter how small, is ever wasted. The little things matter the most. When you have



Been given so much, you must give back. If you remember to appreciate the opportunity you have been given, you will always give to others in need.

The district successes are directly related to the health of the club. Membership and leadership will play a pivotal role in promoting our service activities. Please be reminded that our primary focus is service, and to accomplish our goals we will need to envelope all the criteria mentioned above to surge further and change lives.

The core team of the leaders appointed will be your guides throughout the year and please gain as much as you can to ensure your growth, retention, reporting, budgeting, conduct proper meetings and create activities which will cause an impact.

I thank you all and hope for your support to change lives and make a difference.

**LION MUSTAFA KUDRATI  
DISTRICT GOVERNOR,  
LY 2018-2019**



## MESSAGE FROM THE DISTRICT CABINET SECRETARY

### My Fellow Lions and Leos

From this year District 411B Tanzania and Uganda are two separate districts.

Tanzania is District 411C.

I am grateful to the District Governor Lion Mustafa Kudrati for appointing me as the first cabinet secretary for District 411C. It indeed is an honor and privilege for me to serve as Cabinet Secretary for Lionistic year 2018-2019

This position comes with many responsibilities. It will not be possible for me to fulfill my role without the support from my fellow Lions. Therefore, I would request my fellow lions that we have to build an outstanding public image through good work and let us continue doing so for the benefit of our association.

I would like to congratulate past District Governor Rizwan Qadri and his team for a very successful term in office for the Lionistic year 2017-2018.

Lions have worked to build better lives for people around the world and specifically in Tanzania; I have seen the remarkable and heart touching projects that have been done in supporting our country's journey for the past 55 years since the lions club in Tanzania was founded in our country.

This year I am urging Lions and clubs to Follow Your Dream as it was a dream to have our own District 411C which is now a reality. You have two choices.

You can shrink your dream to fit reality. Or you can stretch reality to fit your dreams. The history of Lions is testament to the validity of the latter. For nearly a century Lions have made dreams come true.

For over past 100 years Lions have grown stronger, and this year will not be an exception. In 2018-2019 Lions will once again demonstrate that Melvin Jones vision of like-minded people joining together to help their neighbours continues to resonate across borders and in our contemporary, fast-paced modern culture. As the famed aviator Amelia Earhart said, "No kind action ever stops with itself". One kind action leads to another.

Good example is followed. A single act of kindness throws out roots in all directions, and the roots spring up and make new trees."



So how much can we change the world if we serve 200 million people? We plan to find out by 2020 2021

Our communities need our dreams and our passion to serve. Our friends and neighbours await our energetic kindness, our We Serve approach. We are who we want to be.

Being a Lion is a great gift in itself, a dream life in which we have the perfect opportunity to share our good will and concern for others. So, **Lions, Follow Your Dream of CHANGING LIVES!**

Today, you have a full and varied programme ahead of you. I know you will be participating in activities on a broad range of subjects ranging from health, literacy, water and hunger. I know you will give it all your energy and enthusiasm.

I thank every one of you for your commitment and wish you a most productive year 2018-2019

**LION MUSTANSIR GULAMHUSSEIN  
CABINET SECRETARY, LY 2018-2019**



## MESSAGE FROM THE DISTRICT CABINET TREASURER

**My Dear fellow Lions,**

**A**s now we are going to have a New District (Tanzania) and its District Governor.

This would have not been possible without blessings and the hard work of our Immediate Past District Governor Lion Rizwan Qadri.



For this I would like to take this opportunity to congratulate our first District Governor Lion Mustafa kudrati for the year 2018-2019 and putting his trust in me for appointing me as his Cabinet Treasurer.

As your Cabinet Treasurer, I am positive of the cordial relation and cooperation from all clubs in our District and together we will be very effective and strong team.

Mean while I request all outgoing Presidents and treasurer to prepare final account and get it audited and to incoming President or treasure to prepare their budget for activity and admin starting account.

Finally please do contact my office or the assistant Treasurer for any assistance you may require.

Together we will have a very successful Lionistic year 2018-2019.

With personal regard.

Yours in Lionism,

**LION SHANTI SHAH**  
**CABINET TREASURER, LY 2018-2019**



# DISTRICT GOALS



Permit me to present the District Goals for Lionistic year 2018 -19. These goals form the basis of our performance with good understanding that all of us are participants. All Lions should promote these Goals in order achieve success of the District 411C .

Our District Theme this year is "CHANGING LIVES" based on the knowledge that Lions where ever they are, they are known for service which is also our Motto "We Serve" Lions are indeed a proud organization. There is a feeling of pride shared among our members, knowing that our commitment to serve the needs of others is what has made us, and keeps us, the global leader in humanitarian service. It is the same pride that has sustained us for 101 years.

## 1) MEMBERSHIP GROWTH & RETENTION

As Lions, Our focus is on service, but our strength is directly related to growth. The expression "there is strength in numbers" applies directly to our association. The more members we have, the more service we can provide. My Membership Development strategy includes recruitment, special targeting involvement, retention, membership satisfaction, branch clubs, extension and rebuilding existing clubs. Encourage more women to join our association. They have resilience ability and are ever willing to serve. We should also invite former members because they know Lions already, but after addressing the possible cause as to why they left. The simplest method I believe is to be initiated by existing members . Once again all we need to do is "each one and reach one"

**Retention:** It is common knowledge that the drops have to be addressed. It is a universal problem and we should be having a more personalized touch to avoid further drops. The best way to retain members is make them feel responsible and involve them actively in all denominations.

Target set- 150 members and 7 clubs

## 2) LEADERSHIP AND RE-ORIENTATION

Lions Clubs across the District have potential good leaders who sometimes lack the necessary training. Our goal this year is to encourage potential leaders to acquire more leadership skills and use those Leadership Skills to train others. Trained leaders will help to equip serving Lions and joining Lions with more information and skills to drive Lionism higher. A special Training for PST will be conducted. Also Lions will be encouraged to undergo FDI, ALLI and RLLI. Proper Orientation and Re-orientation Seminars will be conducted at Club, Zone and District Level. This will go hand in hand with efforts at Mentoring and Coaching.

## 3) THE YOUTH & LEO CLUBS

The Youth and Leo Club Program objective in our District will be to provide our young people with an opportunity for development and contribution, Individually and collectively, as responsible members of the local, national, and international community. The youth are the future members and leaders of our association. The Leos will be encouraged to Work with the Lions and learn the value of service to humanity. The Leos will also be required to Participate in Peace Poster contests, in Lions Quest and in Reading Action programs. Clubs are encouraged to identify and Sponsor at least one Leo Club during the year. The growth of Leos Clubs will positively impact on Community services and membership growth.

## 4) PUBLIC RELATIONS AND IMAGE BUILDING.

Branding of our association is absolutely necessary and our association also needs to be visible. The communities have to be made aware of our existence through proper propagation and media publicity. Show casing our activities will invite potential members and also assist in fund raising. Inviting civic leaders and celebrities add flavor to our activities and boost us further in commanding influence in those corridors of power. This would make a win situation for all including the communities who wish to be served.



## 5) SIGHT CONSERVATION & WORK WITH THE BLIND.

We shall continue working with all our service Partners in an effort to manage situations of preventable Blindness and assist the Visually Impaired. Today, 80% of vision impairments are preventable or curable. Lions and Leos are encouraged to Screen for vision, educate our communities, build clinics and support the blind and visually impaired through assistive technology and vocational training programs. We perceive up to 80 per cent of all impressions by means of our sight. And if other senses such as taste or smell stop working, it's the eyes that best protect us from danger. We can do more and accomplish more when we work together with like-minded people, companies and organizations. Our District must endeavor to maintain SIGHT of our people.

## 6) RAISING DIABETES AWARENESS.

The District will aggressively promote Diabetes awareness. WHO estimates that over 422 million people worldwide have diabetes, a growing world epidemic that is expected to affect over 642 million by 2040. All clubs are encouraged to promote diabetes awareness, education, prevention, detection, control, and where possible, conduct further research. Each and every club will be expected to participate at the bare minimum Diabetes screening of the community in which the club is situated at least once in the Lionistic year. We shall work with local community partners and national diabetes associations to promote diabetes education and awareness throughout the year. All clubs should endeavor to commemorate World Diabetes Day, an annual campaign led by the International Diabetes Federation on November 14 in whichever meaningful way.

## 7) COMBATING CHILDHOOD CANCER

Children are a gift to the world, yet every two minutes a child is diagnosed with cancer and less than half of the world's children have access to effective care. Children who survive cancer are often left with debilitating effects that can impact their physical development and ability to learn. All Clubs should answer the call by expanding Diagnosis and access to life saving treatment and should try to support the children and families who need our help and give children with cancer a second chance at life.

## 8) ENVIRONMENT & TREE PLANTING.

The health of our planet is essential to life. The environment impacts the quality of our air and water, the availability of food and medicine, the health and beauty of our local communities and the future of us all. During the year, Lions shall spear head environment protection through public awareness. Also, the District will promote programs of planting as many trees as possible. Trees should be planted at the right season to minimize loss and the benefiting communities must of necessity be involved.

## 9) FIGHTING HUNGER

Nearly one billion people go to bed hungry every night. All Lions and Leos should work hard at addressing this global need by providing help and hope to the children, families and neighbours who need it most. All Lions Club should identify people that need food and provide. Lions and Leo in our District should help create sustainable community gardens and lead community food drives to fight hunger where they live and work.

## 10) CONCLUSION

Lets Rise to the challenge of serving our communities. In very many countries, in Schools and Senior Centers and Disabled Centers, in regions battered by natural disaster, in hospitals and clinics, Lions and Leos presence is noticeable and so it must remain. We must carry out meaningful Fundraising activities to generate funds with which to serve. Because we're local, we can serve the unique needs of the communities where we live. And because we're global, we can address challenges that reach beyond borders. The obligation lies in our hearts to go forward to bring more smiles to humanity by "CHANGING LIVES".

I look forward to yet another Successful Lionistic year keeping in line with the international presidents goals.

**LION MUSTAFA KUDRATI**  
**DISTRICT GOVERNOR**



# DISTRICT ACTION PLAN



## Dear Fellow Lions and Leos,

It is a distinct honor to present our Handbook and Action plan for the Lionistic Year 2018 – 2019.

It has been formulated from the experience of all you Leaders for the betterment of our wonderful District, which has been the forefront in all our Activities and recognized by Lions Clubs International. Our Leaders have flown the flag high and it is our duty to continue doing just this so that we can have a better tomorrow.

For all these, the District has come forth with this action plan there are specific initiatives that I have outlined for the success of this Lionistic Year.

### DISTRICT CABINET

The District Cabinet will be compact. Each cabinet member will be given a portfolio of the duties. Description of the duties of our Region and Zone Chairs are clearly outlined. Region Chairs have their specific duties and are actually the representatives of the District Governor. They will represent the District Conveners of the relevant portfolios in their absence during the activity of each Clubs in their regions. Zone chairperson and Region chairperson challenge is to closely work with each of the Membership Director of the respective Clubs in their Regions and Zones. District officers will work directly with the activities of the Clubs and assist them in their planning and functioning.

District officers are expected to draw out an action plan at the cabinet training and report their progress and success at the respective Cabinet Meetings.

## THREE CABINET MEETINGS

Name	Date	Day	Venue	Action
1 <sup>st</sup> Cabinet meeting	26 <sup>th</sup> Aug. 2018	Saturday	DSM Tanzania	Reporting
2 <sup>nd</sup> Cabinet meeting	26 <sup>th</sup> Jan. 2019	Saturday	Moshi Tanzania	Progress
3 <sup>rd</sup> Cabinet meeting	27 <sup>th</sup> April 2019	Saturday	Eldoret Kenya	Achievements

Each Cabinet member should ensure the following from their home clubs:

- \* A minimum of 25 members in their home club
- \* Dues must be paid by:
  - 1st Half – 15th September 2018
  - 2nd Half – 15th March 2019
- \* Monthly Membership Report done on due date
- \* Participate in ALL the District Programs
- \* Conduct Fund Raising
- \* Go full out on the Membership extension program
- \* Club Extension

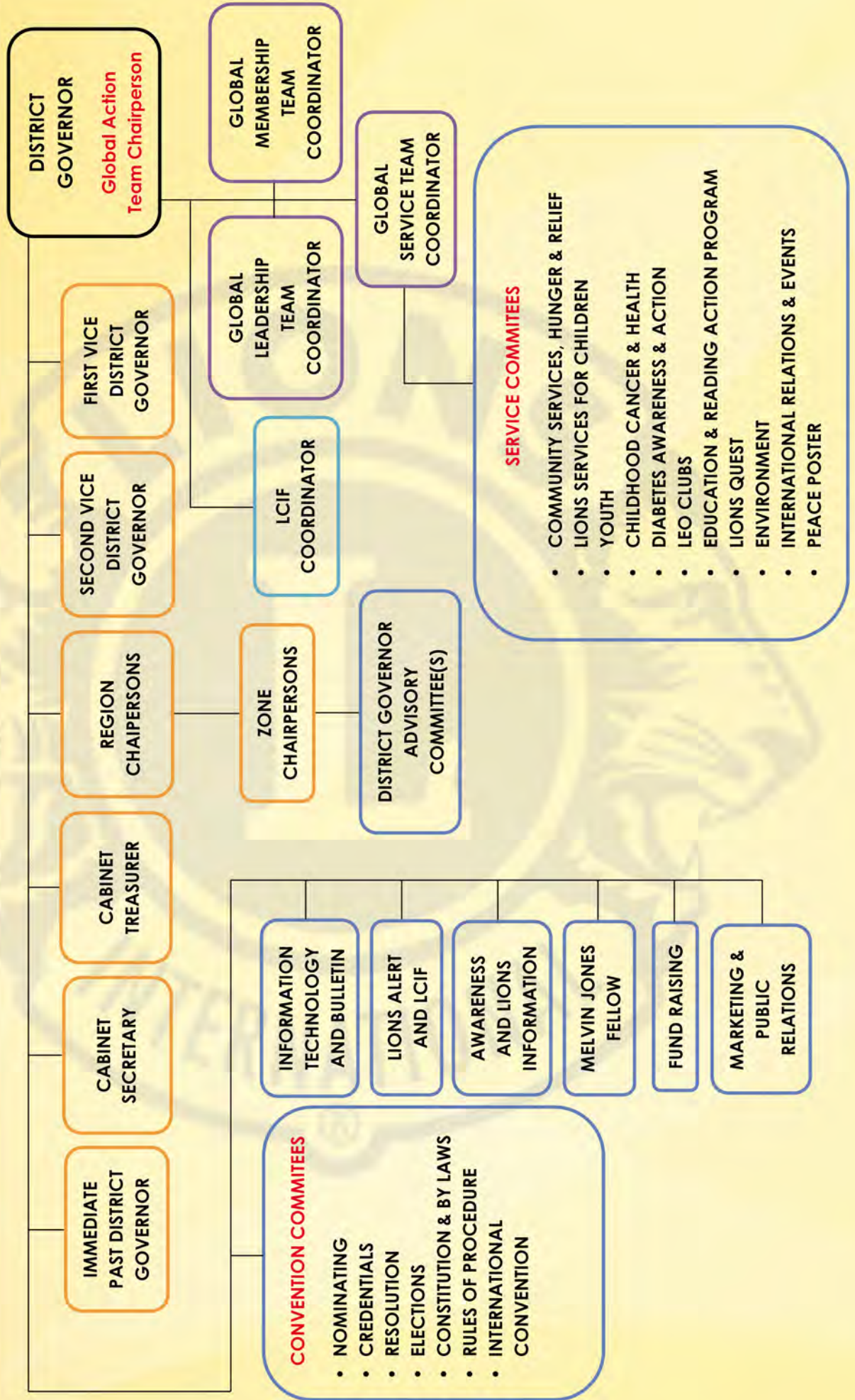
### CABINET INSTALLATION

All Cabinet Officers will be trained for their respective posts and will be given targets to achieve within a specific time.





# COMMITTEES OF DISTRICT AND CABINET OFFICERS







# DISTRICT DIRECTORY LIONISTIC YEAR 2018-2019

POSITION 	NAME 	MOBILE PHONE 	EMAIL 
District Governor	Mustafa Kudrati	+255 786058000	<a href="mailto:kudratim@yahoo.com">kudratim@yahoo.com</a>
Immediate Past District Governor	Rizwan Qadri	+255 784323218	<a href="mailto:rizconsultings@gmail.com">rizconsultings@gmail.com</a>
Cabinet Secretary	Mustansir Gulamhussein	+255 784561056	<a href="mailto:mustansir18@hotmail.com">mustansir18@hotmail.com</a>
Cabinet Treasurer	Shanti Shah	+255 713320790	<a href="mailto:shanti.shah@jiemel.com">shanti.shah@jiemel.com</a>
Assistant Cabinet Treasurer	Bhumika Shah	+255 782555123	<a href="mailto:bhumi_tinu@yahoo.com">bhumi_tinu@yahoo.com</a>
1st Vice District Governor	Shofiudin Babul	+255 713603117	<a href="mailto:siam37@hotmail.com">siam37@hotmail.com</a>
2nd Vice District Governor	Bakary Omary	+255 713770052	<a href="mailto:thermocool2005@gmail.com">thermocool2005@gmail.com</a>
<b>GLOBAL MEMBERSHIP TEAM (GMT)</b>			
District Coordinator	Rizwan Qadri	+255 784323218	<a href="mailto:rizconsultings@gmail.com">rizconsultings@gmail.com</a>
District Convenor	Shaheen Alam	+255 689380423	<a href="mailto:smaastz@gmail.com">smaastz@gmail.com</a>
<b>GLOBAL MEMBERSHIP TEAM (GMT) - FAMILY AND WOMEN'S SPECIALIST</b>			
District Chairperson	Sara Qadri	+255 773987786	<a href="mailto:saraqadri@hotmail.com">saraqadri@hotmail.com</a>
District Convenor	Bina Nathwani	+255 784235000	<a href="mailto:bina.nathwani@yahoo.ca">bina.nathwani@yahoo.ca</a>
<b>GLOBAL LEADERSHIP TEAM (GLT)</b>			
District Coordinator	Satish Sharma	+255 754270092	<a href="mailto:sharmasatish073@gmail.com">sharmasatish073@gmail.com</a>
District Convenor	Inderjeet Rehal	+255 767280244	<a href="mailto:nsrehal@hotmail.com">nsrehal@hotmail.com</a>
<b>GLOBAL SERVICE TEAM (GST)</b>			
District Coordinator	Bhavika Sajan	+255 688033222	<a href="mailto:bhavikasajan@gmail.com">bhavikasajan@gmail.com</a>
<b>REGION CHAIRPERSONS</b>			
Region (A1)-Zone 1 and Zone 2	Raghib Hassanali	+255 784238428	<a href="mailto:hrhassanali.2@gmail.com">hrhassanali.2@gmail.com</a>
Region (A2)-Zone 3 and Zone 4	Noreen Nathoo	+255 744307330	<a href="mailto:nurnathoo@gmail.com">nurnathoo@gmail.com</a>
Region B	Kalpiti Solani	+255 757305301	<a href="mailto:kalpit@solanitz.com">kalpit@solanitz.com</a>
Region C	Yogesh Shah	+255 787964374	<a href="mailto:yogeshvshah2001@yahoo.com">yogeshvshah2001@yahoo.com</a>
<b>ZONE CHAIRPERSONS</b>			
Zone 1	Reshma Shah	+255 657097853	<a href="mailto:reshuds@hotmail.com">reshuds@hotmail.com</a>
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Zone 6	Alem Burhan	+255 789462862	<a href="mailto:alemburhan@burhans.co.tz">alemburhan@burhans.co.tz</a>
<b>CONVENTION, CABINET MEETINGS &amp; LIONS FORUMS</b>			
District Chairperson	Raghib Hassanali	+255 784238428	<a href="mailto:hrhassanali.2@gmail.com">hrhassanali.2@gmail.com</a>
District Convenor	Aqeelabbas Asharia	+255 713561056	<a href="mailto:aqeel_asharia@hotmail.com">aqeel_asharia@hotmail.com</a>
District Co-convenor	Kalpiti Solani	+255 757305301	<a href="mailto:kalpit@solanitz.com">kalpit@solanitz.com</a>
<b>COMMUNITY SERVICES, HUNGER &amp; RELIEF</b>			
District Chairperson	Shiraz Rashid	+255 222860300	<a href="mailto:snr786@gmail.com">snr786@gmail.com</a>
District Convenor	Abubakar Haji	+255 784226289	<a href="mailto:abuhajis@hotmail.com">abuhajis@hotmail.com</a>
<b>DIABETES AWARENESS AND ACTION</b>			
District Chairperson	Rahim Garana	+255 689692832	<a href="mailto:rahimsadik89@gmail.com">rahimsadik89@gmail.com</a>
District Convenor	Naemullah Dar	+255 715294266	<a href="mailto:naemullahdar@hotmail.com">naemullahdar@hotmail.com</a>



<b>ENVIRONMENT</b>			
District Chairperson	Bakary Omary	+255 713770052	<a href="mailto:thermocool2005@gmail.com">thermocool2005@gmail.com</a>
District Convenor	Siraan Sameja	+255 657867727	<a href="mailto:your786siraan@gmail.com">your786siraan@gmail.com</a>
<b>SIGHT CONSERVATION, HEARING PRESERVATION, AWARENESS AND ACTION</b>			
District Chairperson	Shanti Shah	+255 713320790	<a href="mailto:shanti.shah@jiemel.com">shanti.shah@jiemel.com</a>
<b>INFORMATION TECHNOLOGY &amp; BULLETIN</b>			
District Chairperson	Reshma Shah	+255 657097853	<a href="mailto:reshuds@hotmail.com">reshuds@hotmail.com</a>
District Convenor	Aliasghar Karimjee	+255 783786114	<a href="mailto:a.alra@yahoo.com">a.alra@yahoo.com</a>
<b>INTERNATIONAL RELATIONS &amp; EVENTS</b>			
District Chairperson	Murtaza Bodal Bhai	+255 713320499	<a href="mailto:mbodal@live.com">mbodal@live.com</a>
District Convenor	Muzzafar Kaderbhai	+255 684049525	<a href="mailto:muzkaderbhai@gmail.com">muzkaderbhai@gmail.com</a>
<b>LEO CLUBS</b>			
District Chairperson	Sara Qadri	+255 773987786	<a href="mailto:saraqadri@hotmail.com">saraqadri@hotmail.com</a>
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<b>LIONS ALERT AND LCIF GRANTS</b>			
District Chairperson	Aqeelabbas Asharia	+255 713561056	<a href="mailto:ageel_asharia@hotmail.com">ageel_asharia@hotmail.com</a>
District Convenor	Parimal Patel	+255 782442044	<a href="mailto:lionparimal@yahoo.com">lionparimal@yahoo.com</a>
<b>LIONS QUEST</b>			
District Coordinator	Abdulmajid Khan	+255 787322175	<a href="mailto:mkhan46@yahoo.com">mkhan46@yahoo.com</a>
District Convenor	Mohamed Mulla	+255 784620024	<a href="mailto:amj@raha.com">amj@raha.com</a>
<b>LIONS SERVICES FOR CHILDREN</b>			
District Chairperson	Habil Khanbhai	+255 713615242	<a href="mailto:habilkhanbhai@gmail.com">habilkhanbhai@gmail.com</a>
District Convenor	Jagdish Mehta	+255 754437810	<a href="mailto:mjagdish@hotmail.com">mjagdish@hotmail.com</a>
<b>PEACE POSTER</b>			
District Chairperson	Protas Mmanda	+255 766363884	<a href="mailto:pmmmanda@gmail.com">pmmmanda@gmail.com</a>
District Convenor	Mahmood Mukhtar	+255 787277286	<a href="mailto:mukhtar_mahmood@hotmail.com">mukhtar_mahmood@hotmail.com</a>
<b>AWARENESS &amp; LIONS INFORMATIONS</b>			
District Chairperson	Mohammed Burhans	+255 713530412	<a href="mailto:burhans@burhans.co.tz">burhans@burhans.co.tz</a>
<b>YOUTH</b>			
District Chairperson	Manish Chavda	+255 754430729	<a href="mailto:lionmanishchavda@yahoo.com">lionmanishchavda@yahoo.com</a>
<b>MELVIN JONES FELLOW</b>			
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District Convenor	Suresh Nathwani	+255 789500005	<a href="mailto:snathwani0903@gmail.com">snathwani0903@gmail.com</a>
District Co-convenor	Yogesh Shah	+255 787964374	<a href="mailto:yogeshvshah2001@yahoo.com">yogeshvshah2001@yahoo.com</a>
<b>CONSTITUTION &amp; BY LAWS</b>			
District Chairperson	Jessie Mnguto	+255 688242004	<a href="mailto:jessie.mnguto@yahoo.com">jessie.mnguto@yahoo.com</a>
<b>EDUCATION &amp; READING ACTION PROGRAM</b>			
District Chairperson	Mustansir Gulamhussein	+255 784561056	<a href="mailto:mustansir18@hotmail.com">mustansir18@hotmail.com</a>
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<b>CHILDHOOD CANCER &amp; HEALTH SERVICES</b>			
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<b>LCIF COORDINATOR</b>			
District Chairperson	Hyderali Gangji	+255 784979966	<a href="mailto:hydergangji@hotmail.com">hydergangji@hotmail.com</a>
<b>MARKETING AND PUBLIC RELATIONS</b>			
District Chairperson	Dr. Zohraida Karim	+255 758339966	<a href="mailto:zaskarim@gmail.com">zaskarim@gmail.com</a>
<b>FUND RAISING</b>			
District Chairperson	Fatema Tapyia	+255 785500008	<a href="mailto:fatemaakeel@gmail.com">fatemaakeel@gmail.com</a>
District Convenor	Khadija Adamjee	+255 713606111	<a href="mailto:dijah2425@gmail.com">dijah2425@gmail.com</a>





# REGION AND ZONE DISTRIBUTION

## Distribution of Clubs for Region and Zone Chairperson

Region A - Raghiv Hassanali	Zone 1- Reshma Shah
	Lions club of Dsm Host
	Lions club of Dsm Tanzanite
	Lions club of Dsm Sunflower
	Lions club of Dsm Savannah
	Alpha Leo club of Dsm Tanzanites
Region A1- Raghiv Hassanali	Zone 2- Shaheen Alam
	Lions club of Dsm Mzizima
	Lions club of Dsm Amani
	Lions club of Dsm Umoja (campus club)
	Lions club of Tanga
	Alpha Leo Club of Mzizima Secondary School
Region A2- Noreen Nathoo	Zone 3- Sara Qadri
	Lions club of Dsm Pwani
	Lions club of Dsm Panorama
	Lions club of Dsm Azania
	Lions club of Dsm Africana Queens
	Alpha Leo club of Pwani
	Omega Leo club of Pwani
Region A2- Noreen Nathoo	Zone 4- Aliasghar Dharamsi
	Lions club of Dsm City
	Lions club of Dsm Africana Kings
	Lions club of Morogoro
	Lions club of Dsm New Century
	Omega Leo club of Dsm Africana
Region B- Kalpit Solani	Zone 5- Jeyoul Jethwa
	Lion club of Arusha
	Lion club of Arusha City
	Lion club of Arusha Technical Campus
	Lion club of Moshi Kibo
	Lion club of Kilimanjaro
	Omega Leo Club of Arusha
Omega Leo Club of Moshi	
Region C- Yogesh Shah	Zone 6- Alem Burhans
	Lions club of Mwanza
	Lions club of Mwanza Victoria
	Lions club of Mwanza Valentine
	Lions club of Shinyanga



# DISTRICT CONTEST FOR CLUBS

## Dear Lion Presidents and Fellow Lions,

In order to generate positive competition among Clubs I have designed a comprehensive District Contest through which clubs regardless of size or financial involvement will portray their hard work and maximize efforts to achieve our objectives in the spirit of "CHANGING LIVES"

### DISTRICT CONTESTS FOR CLUBS 2018 – 2019

#### A. Club Administration

- |   |             |
|---|-------------|
| 1. Receipt of all MMR Reports on or before 20th of the month until April 2019.  | <b>100</b>  |
| 2. Submission of budgeted income/Expenditure accounts for both Administration and activity by 31st August 2018.   | <b>50</b>   |
| 3. Submission of audited accounts 2017-2018 by 30th September 2018.   | <b>50</b>   |
| 4. Payment of District and International Dues in full by 30th December 2018.  | <b>50</b>   |
| 5. Payment of District and International 1st Half Dues by 15th August 2018.   | <b>25</b>   |
| 6. Payment of District and International 2nd Half Dues by 15th February 2019.   | <b>25</b>   |
| 7. For every New member Inducted in the club.   | <b>25</b>   |
| 8. For every member Dropped.  | <b>-100</b> |
| 9. For total membership Retention i.e. Zero Drops.  | <b>200</b>  |
| 10. For every club Chartered.   | <b>300</b>  |
| 11. For every Branch club formed.   | <b>150</b>  |
| 12. PU101 forms to be received with all the requirements, passport size photos of President, Secretary, Treasurer and Membership Director by April 15th 2019. | <b>50</b>   |
| 13. Excellent communication through simple E-news or Club Newsletter to all club Members, District and Cabinet officers (minimum one per month).              | <b>100</b>  |
| 14. Attendance at Orientation and Leadership Seminars/Workshops per Member.   | <b>50</b>   |

#### B. Club Activities

- |   |            |
|---|------------|
| 1. Starting a "Signature Project" (Major Project).  | <b>300</b> |
| 2. Reviving and reinvigorating your club's long term or Major Project including expansion and extension in the current lionistic year (per Project).  | <b>150</b> |
| 3. Excellent service activities carried out during the current Lionistic year. Maximum of four such activities will be counted towards the District contest, however a club may carry out more than four activities. Special reference will be given to clubs which carry out these activities and submit concise reports on regular basis with attachments of photographs or supporting documents to the DG's office before 31st March 2019 (not exceeding 400 pts). |            |



4. Promotion and publicity of projects and activities through local media such as News papers, tv, Billboards etc.	<b>150</b>
5. Activities related to street children rehabilitation.	<b>50</b>
6. Participation in Diabetic Awareness camp.	<b>100</b>
7. Environmental Activity.	<b>100</b>
8. Participation in peace poster contest.	<b>100</b>
9. Implementing Quest program by sponsoring classes (for each class sponsored).	<b>50</b>
10. Community service activity.	<b>50</b>
11. Major fund raising projects.	<b>200</b>
12. Vocational training of youth.	<b>50</b>
13. Joint activity with an upcoming, small or a new club (Both will be rewarded).	<b>100</b>
14. Participation in Youth camps ( for each youth sponsored).	<b>50</b>
15. Blood donation camp.	<b>100</b>
16. Organizing of a major sight first activity, eye or diabetic camp (two in a year).	<b>200</b>
17. Contribution to LCIF US\$100 per member.	<b>100</b>
18. Minimum 2 Melvin Jones fellow.	<b>100</b>
19. Formation of Leo clubs.	<b>200</b>
20. Conducting innovative activity.	<b>150</b>

**C. Rules of Contest**

1. The contest commences on 1st July 2018 and ends on 31st March 2019.
2. All clubs in good standing in the District are automatically entered in the contest.
3. The membership size, Location and resources of the clubs will be taken into account in making the final decision on activities.
4. The results will be declared by the District Governor at the Annual District Convention, and his decisions will be final. No complaints or appeals of any sort will be entertained.
5. Clubs will only qualify to receive the awards if their International and District dues have been fully paid by 31st March 2019.





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# CLUB PRESIDENT'S FORWARD PLANNER 2018-2019

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## Dear Lion Presidents,

The following is the suggested Monthly Planner for the year 2018-2019. This Planner will help you in the management of your club, so that you and I will have a successful year as we are "CHANGING LIVES"

### JUNE 2018

- \* Start planning for your various Committees and appoint your respective Convenors;
- \* Assist your Treasurer to prepare your Club budget for presentation at the Board meeting;
- \* Carry out community needs assessment, select suitable activities for our area from the District program and embark from day one;
- \* Have the resolution for the change of Bank signatories minute in the Board and do the needful;
- \* Contact various DISTRICT CHAIRPERSONS for guidance and arrange with them to visit your Board or Regular meeting to talk about their activity;
- \* Prepare your membership Directory and send copies to all your members;
- \* Plan your monthly Newsletter;
- \* Along with your Membership Directors, look for service minded men and women to join your club, Order your new members kit in advance; and
- \* Membership kits are free for new members joining the Club.

### JULY 2018

- \* This is your first day in office and the District Governor's as well;
- \* Receive the District Governor At Julius Nyerere International Airport on 20th July at 7:50pm
- \* Motivate your membership to attend the Leadership seminars;
- \* MMR should be sent on or before 20th July, ready for posting with the minutes of the Board. This should be done throughout the year on the 20th day of the month;
- \* You are the backbone of the DISTRICT Program. Plan and Implement the same for yourselves and DISTRICT GOVERNOR'S success;
- \* Order PEACE POSTER contest kits and involve a minimum of two schools;
- \* Plan for a MEGA fund raising activity;
- \* Mark the dates for leadership and Orientation seminars and attend them;
- \* Prepare well in advance for your DISTRICT GOVERNOR'S visit; and
- \* Prepare your activities and administration budget and send to the Cabinet Treasurer;



## AUGUST 2018

- \* Contact the zone chairperson for details about first DISTRICT GOVERNOR'S ADVISORY meeting and make arrangement to attend the same. It is mandatory for President, Secretary, Treasurer and Membership Directors to attend;
- \* ARRANGE meeting with your conveners to plan your activities and for well-attended club meeting;
- \* Look out for the Community function or activities in which your Club can be involved;
- \* Look for other Club/organization and NGO's to form partnership in service activities;
- \* Promote Peace Poster contest. The last day to buy Peace Poster kits is 1st October 2018;
- \* Look for Prominent speakers to address your Club meeting;
- \* Involve all your members in SIGHT FIRST activities;
- \* Start planning for your club's major fund Raising activity now; and
- \* Attend the First Cabinet meeting in Dar es salaam.

## SEPTEMBER 2018

- \* District and International Dues must be paid within the first 150 days of the beginning of the Lionistic year;
- \* Audited accounts for the year 2017-2018 to be approved and sent to the Cabinet Treasurer;
- \* Finalize your plans for the 8th October world service day;
- \* Invite ZONE CHAIRMAN OR DISTRICT OFFICER to visit your club;
- \* Prepare your Monthly Newsletter and sent to each of your member;
- \* ENSURE your MMR and Activity Reports are being sent on time;
- \* Encourage your members to attend THE AFRICA LIONS FORUM which will take place in Rabat MORROCCO from 27th-30th Sept 2018; and
- \* Arrange for an Inter Club activity.

## OCTOBER 2018

- \* Implement OCTOBER WORLD SERVICE WEEK with community involvement in mind;
- \* Select your entries for Peace Poster Contest, as the deadline is 15th November 2018;
- \* Observe the world Sight Day on 14th October 2019 by carrying out SIGHT related activities; and
- \* Involve the ZONE CHAIRPERSONS and respective DISTRICT CHAIRPERSONS for Orientation and induction of new members.



## NOVEMBER 2018

- \* Inform your members, friends and corporate bodies about the MELVIN JONES FELLOWSHIP program. Enroll many more members;
- \* Send your entry for Peace Poster Contest to the DISTRICT GOVERNOR'S OFFICE before 15th November 2018; and
- \* You are about to complete your first half-year. Do your assessment of what you have achieved so far. Rededicate yourself to achieve what was not achieved in the second half of your term.

## DECEMBER 2018

- \* Attend the ISAAME Forum from 5th – 8th December, 2018 in Dubai UAE;
- \* Organize a fellowship program for your members during this festive month or perhaps organize a function to involve the community to say thank you and may be a fund raising event (New Year's Dinner and Dance);
- \* Along with other club in your Zone bring the joy of Christmas to a children's home in your area. Donate clothes, food and toys. Remember to publicize the event;
- \* Consolidate your planned activities;
- \* Ensure your club is in good standing as far as dues and sending of MMR are concerned;
- \* Make plans for WORLD PEACE DAY ON 24th January 2019;
- \* Arrange for maximum attendance at the SECOND DISTRICT GOVERNOR'S ADVISORY meeting; and
- \* Invite and Honor your Region Chairperson in January 2019 and also the charter members.

## JANUARY 2019

- \* Organize activities to mark the birthday of Lion founder MELVIN JONES on 13th January 2019;
- \* Carry out an activity to celebrate the World Peace Day on 24th January 2019;
- \* Women-in-Lionism – Plan for Valentine's Day on 14th February 2019;
- \* Invite prospective women to join the Club;
- \* Attend the 2nd CABINET MEETING ON 19TH JANUARY 2019;
- \* Appoint Chairperson to the Nomination Committee.



## FEBRUARY 2019

- \* Half year Accounts should be ready to send to the respective offices in the DISTRICT;
- \* Hold NOMINATION Meeting for Club office bearers for the year 2019-2020;
- \* Clear the District and International dues if not paid for the year 2018-2019; and
- \* Encourage members to plan and attend the International convention in Italy from July 5th to 9th, 2019.

## MARCH 2019

- \* Lions day with UNITED NATIONS is in March. Organize to attend this important day with UNITED NATIONS;
- \* Organize an election meeting for the office bearers for 2019 -2020;
- \* Organize an activity to mark World Women's Day;
- \* Secretary to fill in PU.101 forms and send them to DISTRICT GOVERNOR'S and VICE DISTRICT GOVERNOR'S office without fail. Include photographs of the officers; and
- \* Encourage maximum number of members to attend the Multiple District Convention.

## APRIL 2019

- \* Plan your Induction ceremony to mark the world Induction DAY;
- \* Plan to order your Club awards to be presented at the Installation night;
- \* Make a point to call for a close meeting and review the year performance and give tips to the incoming President;
- \* Apply for necessary travel VISAS to Milan, Italy to attend the 102nd International Convention from July 5th to 9th, 2019. in Milan, Italy; and
- \* Lead a big delegation to the Multiple District Convention in Eldoret - Kenya

## MAY 2019

- \* Prepare for colorful installation MEETING;
- \* Finalize all your pending matters for a smooth hand over;
- \* Get set to attend the International convention in Milan, Italy; and
- \* Now that you have completed a successful year, remember your successor will need your guidance.

## JUNE 2019

- \* Carry out installation ceremony of your Club's new office bearers;
- \* Assist and guide your successor at all times.



# DISTRICT GOVERNOR'S VISITATION SCHEDULE

## 2018-2019



MONTH	DATE	DAY	ACTIVITY
June 2018	26 <sup>th</sup> - 29 <sup>th</sup>	Tue - Fri	◆ District Governor Elect's Seminar
June-July 2018	29 <sup>th</sup> - 03 <sup>rd</sup>	Fri - Wed	◆ 101 <sup>st</sup> International Convention, Las Vegas-NEVADA, USA
July 2018	04 <sup>th</sup> - 19 <sup>th</sup>		◆ Private Rest time-USA
July 2018	20 <sup>th</sup>	Sat (07:00pm)	◆ Return from the Inter - Convention to Dar-es-salaam
August 2018	1 <sup>st</sup> - 10 <sup>th</sup>		◆ Zone Chairpersons to plan and conduct first District Governor's Advisory Meeting and Zone Meeting
	24 <sup>th</sup>	Friday	◆ Arrival of Delegates for the 1 <sup>st</sup> Cabinet Meeting in Dar-es-salaam Fellowship Dinner ◆ Council of Governor's Meeting
	25 <sup>th</sup>	Saturday Morning 2:00 Pm - 5:00 Pm	◆ GLT Working Session ◆ 1 <sup>st</sup> Cabinet Meeting in Dar-es-salaam,
September 2018	7 <sup>th</sup> - 27 <sup>th</sup>		<b>Club Visitation</b> ◆ Lions club of Dsm New Century ◆ Lions club of Dsm Azania ◆ Lions club of Dsm Umoja (campus club) <b>Note: Exact dates of visitation will be advised after consulting DG office and Club president</b>
	27 <sup>th</sup>	Thursday	◆ Travel to Morocco
	28 <sup>th</sup> - 29 <sup>th</sup>	Friday & Saturday	◆ Attend the ALL AFRICA LIONS FORUM-Rabat Morocco
	30 <sup>th</sup>	Sunday	◆ Travel back to Dar-es-salaam
October 2018	6 <sup>th</sup> - 31 <sup>st</sup>		<b>Club Visitation</b> ◆ Lions club of Dsm Panorama ◆ Lions club of Dsm Amani ◆ Lions club of Dsm Sunflower <b>Note: Exact dates of visitation will be advised after consulting DG office and Club president</b>
November 2018	2 <sup>nd</sup>	Friday Afternoon	◆ Lions club of Shinyanga
	3 <sup>rd</sup>	Saturday Morning	◆ Lions club of Mwanza Victoria
	4 <sup>th</sup>	Saturday Afternoon	◆ Lions club of Mwanza Valentine
	3 <sup>rd</sup>	Saturday Morning	◆ Lions club of Mwanza



December 2018	5 <sup>th</sup> - 8 <sup>th</sup>	Wed - Sat	<ul style="list-style-type: none"> <li>◆ ISAAME FORUM-DUBAI UAE</li> </ul>
	10 <sup>th</sup> - 31 <sup>st</sup>		<p><b>Club Visitation</b></p> <ul style="list-style-type: none"> <li>◆ Lions club of Tanga</li> <li>◆ Lions club of Morogoro</li> </ul> <p><b>Note: Exact dates of visitation will be advised after consulting DG office and Club president</b></p>
January 2019	16 <sup>th</sup>	Wednesday Morning	◆ Lions club of Arusha
		Wednesday Afternoon	◆ Lions club of Arusha City
	17 <sup>th</sup>	Thursday Morning	◆ Lions club of Arusha Technical Campus
		Thursday Afternoon	◆ Lions club of Moshi Kibo
	18 <sup>th</sup>	Friday Morning	◆ Lions club of Moshi Kilimnजारo
		Friday	◆ Council of Governor's Meeting
19 <sup>th</sup>	Sat 9:30am - 1:00pm	◆ 2 <sup>nd</sup> Cabinet Meeting	
February 2019	1 <sup>st</sup> - 8 <sup>th</sup>		<p><b>Club Visitation</b></p> <ul style="list-style-type: none"> <li>◆ Lions club of Dsm Africana Kings</li> <li>◆ Lions club of Dsm Africana Queens</li> <li>◆ Lions club of Dsm Tanzanite</li> <li>◆ Lions club of Dsm Host</li> </ul> <p><b>Note: Exact dates of visitation will be advised after consulting DG office and Club president</b></p>
March 2019	1 <sup>st</sup> - 31 <sup>st</sup>		<p><b>Club Visitation</b></p> <ul style="list-style-type: none"> <li>◆ Lions club of Dsm Mzizima</li> <li>◆ Lions club of Dsm Pwani</li> <li>◆ Lions club of Dsm City</li> <li>◆ Lions club of Dsm Savannah</li> </ul> <p><b>Note: Exact dates of visitation will be advised after consulting DG office and Club president</b></p>
April 2019	24 <sup>th</sup>	Wednesday	◆ PDG Council Meeting - Eldoret
	25 <sup>th</sup>	Thursday	◆ MCC Meeting - Eldoret
			◆ 3 <sup>rd</sup> Cabinet Meeting – Eldoret
	26 <sup>th</sup>	Friday	◆ Sub-District Convention – Eldoret
27 <sup>th</sup>	Saturday	◆ 16 <sup>th</sup> MD 411 Convention - Eldoret	





## LIONS CLUBS

CLUB NAME	CLUB NUMBER	CLUB PRESIDENT'S NAME
Lion club of Arusha	27835	BALWINDER S BANSAL
Lion club of Arusha City	125072	SIMRANPAL S GATTORA
Lion club of Arusha Technical Campus	127778	VALENCY P PAUL
Lions club of Dsm Amani	97312	IMTIAZ K AFRIDI
Lions club of Dsm Africana Kings	132789	SHAHEEN A ALAM
Lions club of Dsm Africana Queens	134562	SAIKA S SAMEJA
Lions club of Dsm Azania	77332	MIKIDADI HAMZA
Lions club of Dsm City	30851	HAPPINESS NKYA
Lions club of Dsm Host	27836	ALIASGER M DHARAMSI
Lions club of Dsm Mzizima	56755	BHAVIN SONIGRA
Lions club of Dsm New Century	133709	SHABBIRHUSSEIN KHALFAN
Lions club of Dsm Pwani	50170	SHABNAM Q KHAN
Lions club of Dsm Panorama	129382	KULVINDER S RAI
Lions club of Dsm Sunflower	133696	BHARGAV R SUCHAK
Lions club of Dsm Savannah	133303	OMARY BAKARY
Lions club of Dsm Tanzanite	130531	GEETA PRASHANT
Lions club of Dsm Umoja (campus club)	126992	YUNETH GEORGE
Lion club of Kilimanjaro	27839	JEYOUL S JETHWA
Lions club of Morogoro	105838	MBWANA B MAGUMBO
Lion club of Moshi Kibo	62837	JULIAN JONES
Lions club of Mwanza	27843	GHANSHAM S PATEL
Lions club of Mwanza Victoria	56844	SRIRAM CHUKKUPALLI
Lions club of Mwanza Valentine	63564	ROOPAL P PATEL
Lions club of Shinyanga	59500	JAYANTI PATTANI
Lions club of Tanga	27846	NOORIAH F ANJARI

## LEO CLUBS

Alpha Leo Club of Dsm Tanzanites	134321
Alpha Leo Club of Mzizima Secondary School	124072
Alpha Leo Club of Pwani	121526
Omega Leo Club of Pwani	126087
Omega Leo Club of Arusha	27835
Omega Leo Club of Moshi	100228
Omega Leo Club of Dsm Africana	134037





# DISTRICT DIABETES AWARENESS

## Raising Diabetes Awareness, Preserving Sight

The World Health Organization estimates that over 422 million people worldwide have diabetes, a growing world epidemic that is expected to affect over 642 million by 2040.

### Diabetes and Vision Loss

People with diabetes are at risk of losing sight due to diabetes eye disease. It is the leading cause of new-onset blindness in many countries. All people with diabetes – both Type 1 and Type 2 – are at risk. That's why everyone with diabetes should get a comprehensive dilated eye exam at least once a year.

Diabetes can lead to other possible complications, including heart attack, stroke, kidney failure, leg amputation, and nerve damage. In pregnancy, poorly controlled diabetes increases the risk of fetal death and other complications.

### Lions and Diabetes Awareness

With these statistics and concerns in mind, Lions have taken action through the Diabetes program. Our work supports diabetes awareness, education, prevention, detection, control, and research.

### What is Strides?

A Strides event is a highly visible, family-friendly activity that combines fun with service. It is an effective way for you to:

- \* Engage and empower your community in the fight against diabetes
- \* Show your support for those living with diabetes and their families
- \* Raise funds (optional) for diabetes projects in your club or district

Strides promotes diabetes awareness and the importance of healthy exercise for people with diabetes or those at risk for the disease. Strides events can include:

- \* Walking
- \* Dancing
- \* Cycling
- \* Running
- \* Other physical activities that promote healthy exercise.



## How to Organize a Strides Event

- \* Download helpful resources from the website. These materials may be downloaded and printed locally.
- \* Form a committee of Lions to plan and organize a club or district event.
- \* Strides can be used to earn funds at the discretion of the participating club(s) or district. Funds may benefit your local projects, such as diabetes programs, camps, schools or individuals in need of diabetes medical supplies.

## Diabetes Screenings

Diabetes is a growing world epidemic. Currently, 1 in 2 (46.5%) of adults with diabetes are undiagnosed. The purpose of diabetes screening is to identify asymptomatic individuals who may have diabetes and not know it, and refer them to qualified healthcare professionals for additional assessment. A diabetes screening can help detect [prediabetes](#) as well as [diabetes](#).

### Organizing and conducting a Diabetes Screening

- \* **Partner with healthcare professionals to carry out your screening event:** Government health departments, universities, hospitals, nurses, private physicians or low cost public screenings. They are knowledgeable about local healthcare laws and appropriate medical screening equipment and supplies to be used.
- \* **Obtain legal clearance/permits from local authorities:** Adhere to the appropriate healthcare laws and regulations for your jurisdiction when conducting health screenings.
- \* **Select a date and location for the screening:** Possible locations can include schools, libraries, places of worship, community centers or homes for the elderly.
- \* **Provide advance publicity:** Use social media platforms, newsletters and public announcements to notify the community about the date and location of the screening.
- \* **Stay in touch with community partners:** medical professionals, manager of screening location, volunteers, etc.
- \* **Establish a referral plan in advance of the screening:** Anticipate your screening will identify people at risk for pre-diabetes and diabetes. Make sure those with positive screening results will have access to additional medical care and/or diagnostic tests.

### Follow Up After the Screening

- \* Send letters of appreciation to persons involved in the screening.
- \* Provide publicity after your screening.
- \* Use [MyLCI](#) to share information about your screening



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