

Lions Clubs International



District A-4 News

Ontario and Quebec

January & February 2023

Issue 4

Message from the Governor



Lions, I hope you are all reaching the goals that you have set for yourselves this Lion's year.

Our Membership is the second highest in our Multiple District with 1,313 members to date. Our Service Reporting has increased from 30% to 49%! Please consider sending funds to LCIF to help with the horrible earthquakes that continue to plague Syria and Turkey. I cannot even imagine the devastation that is going on, the lives that have been lost and the millions of people without homes to go to. Thank you for your donations. Where there is a need there is a LION!

To continue our great service, we need to live harmoniously, we need to support each other and be helpful in our service projects. We all know what a great feeling we get when we help someone and NOT expect anything in return. We are turning our actions into offerings. There are so many ways to serve our communities and it amazes me, how many of you are looking **outside of the box** to serve. If we keep doing the same thing over and over, we will stagnate. So, let's change things up!

Can you imagine the impact that our environment would receive if every day we helped pick up some trash on the street or roadside, choose not to drive just one day a week? How about throwing a pack of flower seeds into a vacant lot to beautify and to perhaps brighten

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Message from the Governor cont'd...

someone's day. Think of the birds and insects that would benefit as well. Make it a pact with yourself, to do one simple act of kindness each day. Because KINDNESS MATTERS!

It's Election Time: If you think that you would like to become more involved and would like to put your name forward for any position on your Club Executive, contact your Club President.

If you would like a position on the District Cabinet, do so by going to our website and download the Nominations and Endorsement Form and send it to PCC Al Page at hohoal@gmail.com our Nominations Chairman.

OYEZ, OYEZ, OYEZ – Calling all members in our District to come, attend and enjoy our 49th Annual Convention April 21, 22 and 23, 2023. As you may recall we sent out a survey to find out what you wanted to do and see at our convention. We listened to your thoughts and ideas and we have come up with a fabulous line up of learning, networking and having fun. Think about sponsoring a Lion to represent your club with your Administrative Funds. This year's convention will certainly inspire and provide amazing ideas to take back to your clubs.

If you are looking to add more fun to your Club Meetings look no further than this link. <https://www.lionsclubs.org/en/blog/five-ways-to-make-serving-fun>. Get to know your members, change things up, make new traditions, challenge each other and encourage silliness. Our President Brian Sheehan is certainly an inspiration in this area.

I want you all to know that the contributions you are making are a valuable and integral part of the success of our whole District. You are bringing our SERVICE INTO MOTION!



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J'espère que vous atteignez tous les objectifs que vous vous êtes fixés pour cette année de Lion.

Notre adhésion est la deuxième adhésion la plus élevée de notre district multiple avec 1,313 membres à ce jour. Notre Rapport de service est passé de 30% à 49% !

Veuillez considérer d'envoyer des fonds à la LCIF pour aider les victimes des horribles tremblements de terre qui continuent de ravager la Syrie et la Turquie. Je ne peux même pas imaginer la dévastation qui se produit, les vies qui ont été perdues et les millions de personnes sans domicile. Merci pour vos dons. Là où il y a un besoin, il y a un LION !

Pour continuer notre grand service, nous devons vivre harmonieusement, nous devons nous soutenir mutuellement et être utiles dans nos projets de service. Nous savons tous à quel point nous nous sentons bien lorsque nous aidons quelqu'un et que nous n'attendons rien en retour. Nous transformons nos actions en offrandes. Il y a tellement de façons de servir nos communautés et je suis étonné de voir combien d'entre vous regardent «hors de la boîte» pour servir. Si nous continuons à faire la même chose encore et encore, nous serons dans un état de stagnation. Alors, changeons les choses !

Pouvez-vous imaginer l'impact que notre environnement recevrait si chaque jour nous aidions à ramasser des déchets dans la rue ou au bord de la route, choisissons de ne pas conduire juste un jour par semaine? Que diriez-vous de jeter un paquet de graines de fleurs dans un terrain vague pour embellir et peut-être égayer la journée de quelqu'un. Pensez aux oiseaux et aux insectes qui en profiteraient également. Faites-en un pacte avec vous-même, de faire un simple acte de gentillesse chaque jour. Parce que la gentillesse compte !

C'est le temps des élections : Si vous pensez que vous aimeriez vous impliquer davantage et que vous souhaitez proposer votre nom pour n'importe quel poste au sein de l'exécutif de votre club, contactez votre président de club.

Si vous souhaitez un poste au sein du cabinet du district, rendez-vous sur notre site Web et téléchargez le formulaire de nomination et d'approbation et envoyez-le à PCC AI Page à hohoal@gmail.com notre président des nominations.

OYEZ, OYEZ, OYEZ - Appel à tous les membres de notre district à venir assister et profiter de notre 49e convention annuelle les 21, 22 et 23 avril 2023. Comme vous vous en souvenez peut-être, nous avons envoyé un sondage pour savoir ce que vous vouliez faire et voir à notre congrès. Nous avons écouté vos pensées et vos idées et nous avons mis au point une fabuleuse gamme d'apprentissage, de réseautage et de plaisir. Pensez à parrainer un Lion pour représenter votre club avec vos fonds administratifs.

Suite du message du gouverneur...

La convention de cette année inspirera certainement et fournira des idées incroyables à rapporter à vos clubs.

Si vous cherchez à ajouter plus de plaisir à vos réunions de club, ne cherchez pas plus loin que ce lien. <https://www.lionsclubs.org/en/blog/five-ways-to-make-serving-fun>. Apprenez à connaître vos membres, changez les choses, créez de nouvelles traditions, défiez-vous les uns les autres et encouragez les niaiseries. Notre président Brian Sheehan est certainement une source d'inspiration dans ce domaine.

Je veux que vous sachiez tous que les contributions que vous apportez sont précieuses et font partie intégrante du succès de tout notre District. Vous mettez notre SERVICE EN MOUVEMENT!

Proudly serving as your Governor/Je suis fier d'être votre Gouverneur,



Susan E. Tunncliffe
A-4 District Governor/
A-4 gouverneur de district



Write a short article about your club's signature service project and send it, with photos, to lionmargaret@gmail.com for publication in the district newsletter.

Deadline for the next issue of the *District News* is April **25, 2022**. Publication is May 1, 2023.



Club News

The Club

Cumberland Lions Club

Location

Cumberland, Ontario Canada

Impact

Orléans-Cumberland Community
Resource Centre (local foodbank)

District A4's **Cumberland Lions Club** members held their annual Breakfast with Santa this past December 3, 2022 at their Maple Hall in Cumberland, Ontario. This event is held to sponsor the Orléans-Cumberland Community Resource Centre (local foodbank).

The community is invited to come in and enjoy a hearty breakfast put on by our Chef Peter and the children are invited to visit Santa Claus and get a little gift from him and do crafts with us. We had a great turnout and raised \$4,852.55 for the Centre. It was a proud day for us in the **Cumberland Lions Club**.



The Club
 Barrhaven Lions Club
Location
 Nepean, Ontario Canada
Impact
 Support to Barrhaven Food Cupboard

Barrhaven Food Cupboard gathers and distributes food for individuals and families in the area. Over the last holiday season, demand has increased dramatically among those in need in our community. Continuing to help people in need, the **Barrhaven Lions** were pleased to help the Food Cupboard with a \$2,000 donation.



Barrhaven Lions Club President Nancy Campbell presenting cheque to George MacDonald, Barrhaven Food Cupboard



The Club

Club Lions de Clarence Creek

Location

Clarence Creek, Ontario Canada

Impact

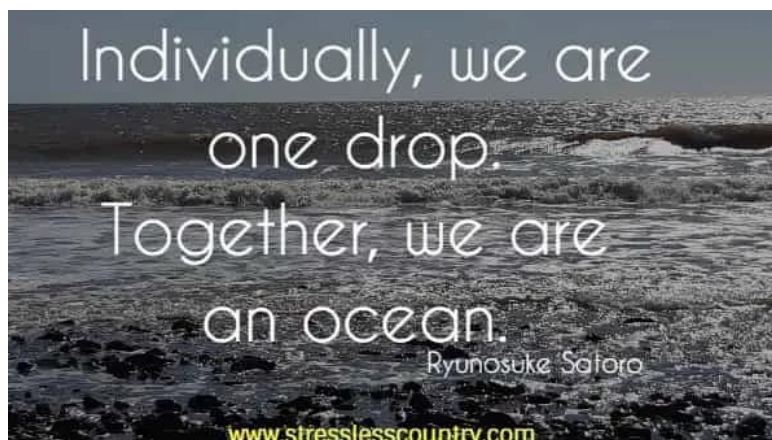
50th Charter and Award Presentation

On November 12, 2022, the **Lions Club of Clarence Creek** celebrated their 50th Charter Night in their 52nd year. It was well attended. The celebration was held in both official languages.

Four Members: Jacques Duquette, Robert Pagé, Donald Lalonde, and Donald Ouellette were each presented with the Melvin Jones Award.



Our active Charter Member, Lion Gaëtan Pagé, was awarded with the Half Century Pin for his 50 + years of continual service with our Club and to our community. Congratulations Lions!



The Club
Gloucester Lions Club
Location
Gloucester, Ontario Canada
Impact
Trivia Night

Hello Fellow Lions,

SAVE THE DATE! Gloucester Lions are hosting a **Trivia Night** and YOU are invited!
It's going to be a fun-tastic evening! Please see the poster below for more details.

This would be a great occasion for you to bring potential Lion members out for a night of fun! Show off your team spirit by wearing your Lions Club shirts and have a *'roaring'* good time!

We are promoting the Trivia Night to local Lions Clubs first and will open it up to the public in March, so save your spot now!

Feel free to re-post this to your web site and or Facebook pages. The more the merrier!

Many thanks!

~Theresa, Gloucester Lions



Gloucester Lions Trivia Night

Saturday, May 6, 2023

Lions Hall above the Fred G. Barrett Arena
3280 Leitrim Road (at Bank St.), Gloucester

6 p.m. : Dinner service

Chili & a bun \$10 cash
Bake sale for desserts
Cash bar & snacks available

7:30 p.m. Trivia starts

Teams of six are \$60
or singles for \$10

TRIVIA
NIGHT

WIN PRIZES

All proceeds go to local charities.

Advance registration only. Everyone is welcome.

Must be 19 or older.

Please e-transfer registration to:

gloucesterlions@rogers.com

or call (613) 314-2897



The Club

Kanata-Hazeldean Lions

Location

Kanata, Ontario Canada

Impact

Joint Service Clubs project

Service Clubs Support Kanata Food Cupboard with Literacy Day Donations

Members of the **Kanata-Hazeldean Lions** and **Kanata-Stittsville Kiwanis** delivered books to the Kiwanis Food Cupboard on Friday, January 27, which is Family Literacy Day. Both groups are committed to supporting the literacy of local young people.

The Lions purchased 320 books at the grades 2 to 6 level from the Scholastics Read and Rise program, a publishing incentive that encourages young people to improve their reading level. "We chose many books written by or about Canadians," reports Helen Mason, Chair of the Literacy Committee, "and included stories from different cultures."

The Kiwanis donated 113 books from The Kiwanis Literacy Club Foundation for kids in Junior Kindergarten to grade 3. These comprised English and French titles and included many that parents can read to their children as they engage in learning.



Picture (left to right): Glynn Kneebone, President, and Irene Davies from the Kiwanis Club of Kanata-Stittsville; Kaitlyn Lalonde of the Kanata Food Cupboard; Todd Sloan, Acting President; Tom Feltmate, and Helen Mason from the Kanata-Hazeldean Lions Club.

DISTRICT NEWS

MDA Lions Environmental Photo Contest

The MDA Lions Environmental Photo Contest is coming up! Have your cameras at the ready! Please read the info sheet below. Although it gives the MDA address, your entries for the Environmental Photo Contest must be voted on locally in A4 first. Please send photos to

Lion Kim Sheldrick
8707 Bank St
Vernon, ON K0A 3J0

prior to **Wednesday April 19 2023** for judging at the A4 Convention.



MDA Lions Environmental Photo Contest

The MDA Lions Environmental Photo Contest provides a way for Lions and Leos to portray, through an original photo, their pride and commitment to improving, protecting and preserving the environment. Every District within MDA that is good standing can submit a photograph in each category through the District Chair. The photograph should depict the local environment of the community the Lions or Leo Club serves. They must therefore be taken within the geographical area of MDA.

Entry Guidelines: The competition invites photos depicting these two categories -
1. Our Natural Environment and 2. Lions In Environmental Service.

1. Our Natural Environment included Plants, Animal Life, Landscape (Urban or Natural), Plant Life or Weather Phenomenon. (no people)
2. Lions in Environment Service - People are allowed in these photos highlighting our service work with the environment.

First and Second Place Winners will be chosen from each category

The photos must measure 8" x 10" (20.3 x 25.4cm), an original, unaltered black and white or colour printed photo. You can send a digital version of your photo to the email address below and state which category the image should be in and who is the photographer and Club but a hard copy version must be sent in as well to the address below by May 19, 2023 for voting at the MDA Convention in London, ON

The contest begins at club level and winning photographs will advance to the District and then Multiple District Competition.

To learn more about the **Environmental Photo Contest** please contact:

IPDG Lion Jennifer Batte
MDA Environmental Chair
Email: lionjenniferbatte@gmail.com

Mailing Address:

Jennifer Batte
Box 656
Walkerton ON N0G 2V0



Lions Clubs International
Multiple District "A"



Service
IN MOTION
EN MARCHÉ

21 - 23 April / Avril 2023

Four Points by Sheraton
285 King Street East, Kingston Ontario

Four Points by Sheraton
285, Rue King Est, Kingston Ontario

District Project – Childhood Cancer



*Please Note: If you or your club wish to make a donation, please make cheques payable to: **District A4 Lions Clubs***

*Memo at bottom left: **District Project – Childhood Cancer***

Mail to:

*Lion Joyce Firlotte – District Treasurer
133 Pine Street
Smiths Falls, K7A 4S4*



Free Vision Screening within Ottawa Area Schools

Volunteers Needed

The Vision Screening Program has begun once again now that the Covid restrictions have been lifted in schools and the need has never been greater. With children having to do school work from home on computers and tablets over the past 2 years there has been a real strain on their vision even more so than usual. Many of these students have never seen an eye doctor before. Some have recently immigrated to Canada and their parents or guardians may not be aware that they are not seeing to the best of their ability. This is where the Lions Clubs and Essilor Vision Foundation come in.

Many of our volunteers are members from The Navan Lions Club and a few others from East area Lions Clubs that have been volunteering to screen the children in the Ottawa Schools. These schools have been selected as having the greatest need by the Ottawa Carleton District School Board. There are eleven schools on the list to be completed between February and the end of June. The need for volunteers is great and we are appealing to **all of the Lions Clubs in the District** to assist where they can. We particularly need Lions from the **west end** to cover the schools in that area. The typical day requires four Lions to screen the children.

What is involved with the screening?

- One volunteer to be the runner between classroom to gather and return the students to their class after their test.
- One volunteer to operate the Smiley Face Camera that measures distance and close vision.
- Two volunteers to screen the children using eye charts, matching games, 3D finding hidden shapes and colour vision test and record on the tablet.

All of the training will be provided and is easy to learn. It is very rewarding to know that you are helping a child to see better by referring them on to an optometrist. If glasses are required then they are provided for free from Essilor Vision Foundation.

To volunteer --please contact Lion Christina MacPherson (Navan Lions Club)
chrisnavan@rogers.com



Lion Volunteers Front Row L-R Margaret Pettipaw (Russell Lions Club), Harold MacPherson (Navan Lions Club), Christina MacPherson (Navan Lions Club),

Back Row L-R Tammy Simpson (Navan Lions Club, Susan Macartney (Navan Lions Club)