The coronavirus (COVID-19) is changing the last 3 1/2 months of my term in many ways. The way we travel, congregate and serve in our communities and work. We all need to put health and safety first in this challenging time.

Please follow the Ottawa Medical Officer’s recommendations to keep everyone healthy.

• Please stay at home if possible.
• Limit social gatherings of any kind.
• Wash your hands frequently.
• If you must go out, stay at least 5’ from people.

It is very hard to hear of all the Lions events being cancelled, but we do have to be safe. Reach out to your communities to the elderly and offer picking up groceries or medication for them. Give a phone call to a elderly neighbour to make sure they are ok especially in the rural areas. We will get through this, we just need to follow the rules and be patient and enjoy some family time.

On the happy side of things, I am ecstatic with the response that I have been receiving for the Governor’s Project which is “Camp Banting East” and “Childhood Cancer”. The clubs and individuals have been very generous. I would like to thank all of you.

I would still like to have the Service Project for Ronald MacDonald’s house. Below is the wish list for anyone who would like to help out. Once we know what we are doing about the convention, arrangements can be made for pick up through me for any of these items.


J’aimerais toujours avoir le projet de service pour la maison de Ronald MacDonald. Vous trouverez ci-dessous la liste de souhaits pour tous ceux qui voudrait aider. Une fois que nous savons ce que nous faisons à propos de la convention, des arrangements peuvent être faits par mon entremise pour ramasser l’un de ces articles.

Liste de souhaits de carte-cadeau
• Walmart
• Tigre géant
• Shoppers Drugmart
• Rexal
• Métro, Indépendant, Sobeys, Farm Boy
• No Frills, Freshco

Il est très difficile d'apprendre l'annulation de tous les évènements Lions, mais nous devons être en sécurité. Tendez la main à vos communautés pour les personnes âgées et offrez-leur de ramasser des produits d'épicerie ou des médicaments. Appelez un voisin âgé pour vous assurer qu’il va bien, surtout dans les zones rurales. Nous allons passer à travers cela, nous avons juste besoin de suivre les règles et d’être patient et de profiter d’un peu de temps en famille.

Continued on Page 2
**District Governor:** Beth Lewis  
**Cabinet Secretary:** Joyce Firlotte  
**Cabinet Treasurer:** James D. Doyle  
1st VDG: Jean Lauziere  
2nd VDG: Renee Devenny  
Region 13 Chair: Robert Fournier  
Region 22 Chair: James Hall  
Region 30 Chair: Susan Tunnicliffe  
Region 41 Chair: Raja Wysocki  
Zone 13 (N) Chair: Kristina Jensen  
Zone 13 (S) Chair: Jacques Duquette  
Zone 22 E Chair: Trevor Howard  
Zone 22 (W) Chair: Rachelle Clayton  
Zone 20 (W) Chair: (contact Region Chair)  
Zone 30 (S) Chair: Jerome Andre

Continued from page #1)

**Gift Card Wish List**
- Walmart
- Giant Tiger
- Shoppers Drugmart
- Rexal
- Groceries
  - Metro
  - Independent
  - Sobey’s
  - Farmboy
  - No Frills
- FreshCo

**Entertainment**
- Cineplex
- Museum passes
- Restaurants
  - Tim Hortons
  - Starbucks
  - McDonald's
  - Lone Star
  - Wendy's
  - Eastside Mario's
  - A&W
  - St Hubert

**Snack Wish List** (watch the expire dates)
- Individually wrapped snacks
- Jello, pudding packs, Cereal
- Cookies and Crackers
- Granola Bars
- Juice boxes
- Apple Sauce/Fruit Cups
- Breakfast bars

**Bedding/Towels**
- White queen-sized bed sheets
- White face cloths
- White towels

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**Credits**

Thank you to our Hunger Chair Lion Ameet Bhalla, Barrhaven Lions Club we now have a **Hunger District Project** "The Community Harvest Farm Project."

This project seeks a one-time funding for $8,500 to purchase a tractor implement called a Flail Mower. This will be used for cutting and harvesting cover crops (buckwheat) to enrich and improve produce yield at the Ottawa Food Bank farm located in Stittsville on 8 acres of donated farmland. We are asking for all clubs to participate in this District Project.

- 39,078 monthly clients
- 14 tons distributed each day
- 112 emergency food programs supplied
- 37% of the clients are children

This year we have a Special Olympic Chair who is educating us on the different Special Olympics. Thank you Lion Tony Lawson.

Lion Marilyn Southall with her enthusiasm got some clubs excited about Diabetes and way they can raise money as well as raising awareness in the community.

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**Divertissement**
- Cineplex
- Passes musées

**Restaurants**
- Tim Hortons
- Starbucks
- McDonald's
- Lone Star
- Wendy's
- Eastside Mario's
- A&W
- St Hubert

**Liste de collations** (regardez les dates d'expiration)
- Collations emballées individuellement
- Jello, pacquet de pudding
- Céréale
- Bisquits et craquelins
- Barres granola
- Boîtes à jus
- Sauce aux pommes / Coupes de fruits
- Barres de petit déjeuner

**Lingerie / serviettes**
- Draps de lit queen-size blancs
- Chiffons blancs
- Serviettes blanches

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**Crédits**

Merci à notre président de faim Lion Ameet Bhalla, du club Lions de Barrhaven, nous avons maintenant un projet du district pour la faim "**The Community Harvest Farm Project**". Ce projet vise un financement d'une fois de 8 500 $ pour l'achat d'un outil de tracteur appelé tondeuse à fléaux. Il sera utilisé pour couper et récolter les moissons de sarrasin afin d'enrichir et d'améliorer le rendement des produits à la ferme de la banque alimentaire d'Ottawa située à Stittsville sur huits acres de terres agricoles données en don. Nous demandons à tous les clubs de participer à ce projet du district.

- 39 078 clients mensuels
- 14 tonnes distribuée chaque jour
- 112 programmes alimentaires d'urgence fournis
- 37% des clients sont des enfants

Cette année, nous avons un président pour les olympiques spéciaux qui nous instruit sur les différents jeux olympiques spéciaux. Merci Lion Tony Lawson.

Lion Marilyn Southall avec son enthousiasme a animé certains clubs au sujet de la diabète et de la façon dont ils peuvent amasser des fonds et sensibiliser la communauté.

PDG Lion Dave Howard pour la promotion et la formation de nombreuses personnes et de nombreux clubs sur MyLion. Aussi pour la promotion de planter 2020 célébration Canadienne
Governor’s Newsletter  Page #3

Continued from page #12

PDG Lion Dave Howard for promoting and training many people and many clubs on MyLion. Also for promoting the planting for 2020 Canadian Celebration.

Lion Susan Tunnicliffe is doing a great job keeping the website updated. Thank you

And Lion Secretary Joyce I don't know how you do it, but you are always there for me. Thank you.

Clubs Please help find some Zone Chairs for next year. We need them. They are important to help the Clubs as well as the District.

Zone Chair position is a fun position. You get to visit club and find out about the clubs and give them information and also support and help clubs.

Beth Lewis
District Governor / Gouverneur de district
2019 / 2020

Lion Susan Tunnicliffe fait un excellent travail en gardant le site Web à jour. Je vous remercie

Et la secrétaire Lion Joyce, je ne sais pas comment tu fais, mais tu es toujours là pour moi. Je vous remercie.

Aux clubs Lions, veuillez aider à trouver des présidents de zone pour l'année prochaine. Nous avons besoin d'eux. Ils sont importants pour aider les clubs ainsi que le district.

La position de président de zone est une position amusante. Vous pouvez visiter le club et découvrir les clubs et leur donner des informations et aussi soutenir et aider les clubs.

This is the 2020 District A4 Convention Pin. They are for sale at $3.00 each. You can get them from Lion Secretary Joyce Firtlotte. Just send her an email and she will make sure you get them.

Please see Governor Beth’s comments and more information on the link below. Very informative. Just copy this link to your browser and open.

https://www.youtube.com/watch?feature=youtu.be&v=uZ7d_QTdU3s&fbclid=IwAR2HbQl2OcJBlj8ZxtpKBCCHFC9Jbse_6iq9CHEPnTGAgLPOThoHVyo8A&app=desktop

Continuer de pge #2)

2020 Lions Clubs International Convention Cancelled
The Board of Directors has voted to cancel the 2020 Lions International Convention, making Montreal, Canada our next International Convention in 2021.

The Board of Directors has voted to cancel the 2020 International Convention due to concerns about the coronavirus (COVID-19). This means that the next International Convention will be held in 2021 in Montreal, Canada.

On March 20, I advised you that our 2020 convention would not be held in Singapore due to the limitations put in place by the Singapore Ministry of Health. After evaluating a variety of different options, including moving the convention to a different venue or postponing it to a later date, the Board of Directors voted to cancel the 2020 convention. This decision was made with the health and safety of our Lions, staff and vendors in mind.

In the meantime, our Convention Team will be working diligently to assist you. Lions International will issue full refunds for all registration fees paid. At this time, we kindly ask that you do not contact Lions International Registration to inquire about your registration, ticket or housing cancellations as we are still in the process of establishing our cancellation details.

We are disappointed that we will not be able to move forward with this international event, but we are optimistic that with each new day there is hope, and as Lions we will continue to find new ways to put our kindness in action while safely serving our communities.

Regards,

Dr. Jung-Yul Choi
International President
100 years of Service in Canada

Began July 1st, 2019 and ends July 30, 2020

- goal is to plant 100,000 trees in Canada
- asking the clubs to do a Community Centennial Celebration like plant a tree, or put a park bench in a local park or make a butterfly garden
- and please report your Community Centennial Celebration Project

Matching L.C.I. Grants

I’M SO BORED.

I WENT OUTSIDE TO KNOCK ON MY OWN DOOR
THEN CAME BACK IN AND SAID

“WHO IS IT?”

Be kind to one another. Say a word or two of encouragement. You never know who may need those gentle reminders more than anything today.
Breakdown of the Special Olympics

Intellectual disabilities include conditions such as Autism, Down Syndrome, and more. For more information on Intellectual Disabilities, Special Olympics International has a great site at https://www.specialolympics.org/about/intellectual-disabilities/what-is-intellectual-disability.

Website: http://ottawa.specialolympicsontario.ca

District A4 Special Olympics Chair PDG Tony Lawson
Barrhaven Lions Club
Celebration
You are invited to join the Barrhaven Lions as we celebrate our 40th Charter anniversary. Over this time our club has given commendable assistance within our community and our contributions have benefited many in Barrhaven, Nepean, the District, and abroad.

Charter Member

Lion Gus Este

Celebratory Luncheon
Honouring Past District Governor Lion Gus Este

Saturday, September 12, 2020
noon to 3.00 p.m.
Hellenic Event Centre
1315 Prince of Wales Drive, Ottawa, ON
Cash Bar
Admission: $35 per person
For tickets contact jamesddoyle@rogers.com or at 613-825-2373
by August 15, 2020
Barrhaven Lions Club Celebrates 40th Birthday

April 13, 2020 .... On April 11, 1980 the Lions roared into the Barrhaven community in the former Nepean and began their commitment to SERVE. Sponsored by the Ottawa East Lions Club, now the Ottawa-Vanier Lions, forty-one founding members received the Lions charter from Lions Clubs International and began their humanitarian service locally and internationally. The membership grew steadily for many years as community members worked together to make life better for those less fortunate.

Over the forty years, the Barrhaven Lions established a $12,500 endowment fund to the Algonquin College Foundation; gave $103,000 to the Queensway Carleton Hospital Foundation for Cancer Care; continue to give annual bursaries to five local area schools; and made financial donations and equipment to individuals; to countless causes, such as telethons for children assisted by the Muscular Dystrophy Association, Memory Boxes to CHEO, the Special Olympics and those affected and displaced in the 2018 Tornado. They also conduct Vision Screening in the schools. Fundraising efforts have included their annual Pancake Breakfast with funds going to the Children’s Wish Foundation, and QuickStart Autism.

Their regular Bingo has enabled the Lions to support the Ottawa Hospital Foundation - Eye Institute, the Lions Recycle for Sight Program, the Lions Foundation of Canada Dog Guides that assists individuals with disabilities through specialized Dog Guide programs, such as Canine Vision Dog Guides for people who are blind or visually impaired, Hearing Dog Guides for people who are deaf or hard of hearing, Service Dog Guides for people who have a physical disability, Autism Assistance Dog Guides for children who have autism spectrum disorder.

One of the projects that the Barrhaven Lions Club members are really proud of is the annual Santa Claus parade which they started, with the former Nepean Lions, in 1997. The main thrust of the Parade has always been to provide an exciting and fun-filled event for the children of our community and food and cash donations are collected for the needy.

One thing that hasn’t changed in the forty years is the sense of community and belonging that being a Lion affords.

Being a Lion provides opportunities for personal growth and leadership skills development that are amazing. This is where you develop lifelong friendships. The spirit of belonging is found in committees and clubs-within-the-club. Being a Lion means you have many opportunities to take part in a full schedule of events and activities and truly make a difference in the lives of those in need, not only in this community but in the Global Village as well. Undoubtedly you can find an area that excites your passion for service and focus your energy in that direction.

To know more about or to get involved with the Barrhaven Lions Club, please contact James Doyle at jamesddoyle@rogers.com or at 613-825-2373.

Cancellations

• **District A4 Convention** at the NAV Centre will be cancelled for this year. More information will follow
• **MDA Convention—Muskoka**—Unfortunately, due to the COVID-19 pandemic, we are unable to host the Multiple District A 2020 Convention as planned. Any room bookings with the hotel have been automatically cancelled, and any deposits paid to the hotel will be refunded by the JW Marriott. We are in the beginning stages of processing full refunds for all who registered.
• **Blind Anglers International Tournament (BAIT) - May 29, 2020**—All day/ weekend event - Sprucewood Cottages, Arden, ON—Weekend of fun and fellowship at a Lions sponsored fishing tournament
• **Effective Speaking**: Due to the COVID-19 virus Effective Speaking in our District A-4 has been cancelled. The MDA finals in Sarnia have also been cancelled. Hopefully, we will be able to resume the Effective Speaking next year. Stay safe.
  Chair PDG Lion Kris Schulz, Effective Speaking
Greetings from our International President Dr Jung-Yul Choi. His message is "We serve through Diversity

The most ambitious fundraising effort in LCIF history. Goal to raise US$300 million by June 30th, 2021. This campaign is to support the needs of a changing world, by expanding Lions commitment to communities and will focus on the following:

**Diabetes:** We serve to reduce the prevalence of diabetes and improve quality of life for those diagnosed by increasing public awareness, sponsoring diabetes screenings, and emphasizing healthy lifestyles.

**Environment:** We serve to sustainably protect and restore the environment health of our communities, generating long-term ecological impact.

**Hunger:** We serve to ensure all community members have access to nutritious foods and expand resources and infrastructure needed to address food shortages.

**Vision:** We serve to prevent avoidable blindness and improve quality of life for people who are blind and visually impaired.

**Childhood Cancer:** We serve to help those affected by childhood cancer by strengthen medical and social services, increasing life expectancy of children and enhancing quality of life for them and their families.

**Youth:** We serve youth through improved access to quality education, vital health services, inclusive social and recreational opportunities and positive youth development.

This is a win win situation, you get a receipt for your donation and you help a person.
IN MEMORIUM

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<th>Lion Robert MacLeod</th>
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