



Lions Clubs International

Governor's Newsletter

District A4

Ontario and Quebec



Volume 19/20
Issue #2

Editor: Lion Sandra Baldwin slbaldwin@rogers.com

Governor's Jan.-Mar. Message

The Governor's Musings

Greetings Fellow Lions, Lion-ess, Lionette and Leos

The coronavirus (COVID-19) is changing the last 3 1/2 months of my term in many ways. The way we travel, congregate and serve in our communities and work. We all need to put health and safety first in this challenging time.

Please follow the Ottawa Medical Officer's recommendations to keep everyone healthy.

- Please stay at home if possible.
- Limit social gatherings of any kind.
- Wash your hands frequently.
- If you must go out, stay at least 5' from people

It is very hard to hear of all the Lions events being cancelled, but we do have to be safe. Reach out to your communities to the elderly and offer picking up groceries or medication for them. Give a phone call to a elderly neighbour to make sure they are ok especially in the rural areas. We will get through this, we just need to follow



District Governor
Beth Lewis

the rules and be patient and enjoy some family time.

On the happy side of things, I am ecstatic with the response that I have been receiving for the Governor's Project which is "Camp Banting East" and "Childhood Cancer". The clubs and individuals have been very generous. I would like to thank all of you.

I would still like to have the Service Project for Ronald MacDonald's house. Below is the wish list for anyone who would like to help out. Once we know what we are doing about the convention, arrangements can be made for pick up through me for any of these items.

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Message du Gouverneur-jan/mars

Muse du gouverneur

Chers membres Lions, Lion-ess, Lionette et Leos

Le coronavirus (COVID-19) modifie les trois derniers mois et demi de mon mandat à bien des égards. Notre façon de voyager, de nous rassembler et de servir dans nos communautés et de travailler. Nous devons tous faire de la santé et de la sécurité une priorité en cette période difficile.

Veillez suivre les recommandations du médecin hygiéniste d'Ottawa pour garder tout le monde en bonne santé.

- Veuillez rester à la maison si possible.
- Limitez les rassemblements sociaux de toute nature.
- Lavez-vous les mains fréquemment.
- Si vous devez sortir, restez à au moins 5' des personnes

Il est très difficile d'apprendre l'annulation de tous les événements Lions, mais nous devons être en sécurité. Tendez la main à vos communautés pour les personnes âgées et offrez-leur de ramasser des produits d'épicerie ou des médicaments. Appelez un voisin âgé pour vous assurer qu'il va bien,

surtout dans les zones rurales. Nous allons passer à travers cela, nous avons juste besoin de suivre les règles et d'être patient et de profiter d'un peu de temps en famille.

Du côté optimiste des choses, je suis ravi de la réponse que j'ai reçue pour le projet du Gouverneur soit «Camp Banting Est» et «Cancer de l'enfant». Les clubs et les particuliers ont été très généreux. Je vous remercie tous.

J'aimerais toujours avoir le projet de service pour la maison de Ronald MacDonald. Vous trouverez ci-dessous la liste de souhaits pour tous ceux qui voudrait aider. Une fois que nous savons ce que nous faisons à propos de la convention, des arrangements peuvent être faitent par mon entremise pour ramasser l'un de ces articles.

Liste de souhaits de cartecadeau

- Walmart
- Tigre géant
- Shoppers Drugmart
- Rexal
- Épicerie
- Métro, Indépendant,
- Sobeys
- Farm Boy
- No Frills, Freshco

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<p>District Governor: Beth Lewis</p> <p>Cabinet Secretary: Joyce Firlotte</p> <p>Cabinet Treasurer: James D. Doyle</p> <p>1st VDG: Jean Lauziere</p> <p>2nd VDG: Renee Devenny</p>	<p>Region 13 Chair: Robert Fournier</p> <p>Region 22 Chair: James Hall</p> <p>Region 30 Chair: Susan Tunnicliffe</p> <p>Region 41 Chair: Raja Wysocki</p>	<p>Zone 13 (N) Chair: Kristina Jensen</p> <p>Zone 13 (S) Chair: Jacques Duquette</p> <p>Zone 22 E Chair: Trevor Howard</p> <p>Zone 22 (W) Chair: Rachelle Clayton</p> <p>Zone 20 (W) Chair: (contact Region Chair)</p> <p>Zone 30 (S) Chair: Jerome Andre</p>
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Gift Card Wish List

- Walmart
- Giant Tiger
- Shoppers Drugmart
- Rexal
- Grocery

- Metro,
- Independent,
- Sobeyes
- Farmboy,
- No Frills
- FreshCo

Entertainment

- Cineplex
- Museum passes

Restaurants

- Tim Hortons
- Starbucks
- McDonald's
- Lone Star
- Wendy's
- Eastside Mario's
- A&W
- St Hubert

Snack Wish List (watch the expire dates)

- Individually wrapped snacks
- Jello, pudding packs,
- Cereal
- Cookies and Crackers
- Granola Bars
- Juice boxes
- Apple Sauce/ Fruit Cups
- Breakfast bars

Bedding/Towels

- White queen-sized bed sheets
- White face cloths
- White towels

Credits

Thank you to our Hunger Chair Lion Ameet Bhalla, Barrhaven Lions Club we now have a **Hunger District Project** "The Community Harvest Farm Project.

This project seeks a one-time funding for \$8,500 to purchase a tractor implement called a Flail Mower. This will be used for cutting and harvesting cover crops (buckwheat) to enrich and improve produce yield at the Ottawa Food Bank farm located in Stittsville on 8 acres of donated farmland. We are asking for all clubs to participate in this District Project.

- * 39,078 monthly clients
- * 14 tons distributed each day
- * 112 emergency food programs supplied
- * 37% of the clients are children

This year we have a Special Olympic Chair who is educating us on the different Special Olympics. Thank you Lion Tony Lawson.

Lion Marilyn Southall with her enthusiasm got some clubs excited about Diabetes and way they can raise money as well as raising awareness in the community.

Coinvenir de pge #1)

Divertissement

- Cineplex
- Passes musées

Restaurants

- Tim Hortons
- Starbucks
- McDonalds
- Lone Star
- Wendy's
- Eastside Mario's
- A&W
- St Hubert

Liste de collations

(regardez les dates d'expiration)

- Collations emballées individuellement
- Jello, paquet de pudding,
- Céréale
- Bisquits et craquelins
- Barres granola
- Boîtes à jus
- Sauce aux pommes / Coupes de fruits
- Barres de petit déjeuner
- Literie / serviettes
- Draps de lit queen-size blancs
- Chiffons blancs
- Serviettes blanches

Crédits

Merci à notre président de faim Lion Ameet Bhalla, du club Lions de Barrhaven , nous avons maintenant un projet du district pour la faim «The Community Harvest Farm Project». Ce projet vise un financement d'une fois de 8 500 \$ pour

l'achat d'un outil de tracteur appelé tondeuse à fléaux. Il sera utilisé pour couper et récolter les moissons de sarrasin afin d'enrichir et d'améliorer le rendement des produits à la ferme de la banque alimentaire d'Ottawa située à Stittsville sur huit acres de terres agricoles données en don. Nous demandons à tous les clubs de participer à ce projet de district.

- * 39 078 clients mensuels
- * 14 tonnes distribuée chaque jour
- * 112 programmes alimentaires d'urgence fournis
- * 37% des cliens sont des enfants

Cette année, nous avons un président pour les olympiques spéciaux qui nous instruit sur les différents jeux olympiques spéciaux. Merci Lion Tony Lawson.

Lion Marilyn Southall avec son enthousiasme a animer certains clubs au sujet de la diabète et de la façon dont ils peuvent amasser des fonds et sensibiliser la communauté.

PDG Lion Dave Howard pour la promotion et la formation de nombreuses personnes et de nombreux clubs sur MyLion. Aussi pour la promotion de planter 2020 célébration Canadienne

Continued from page #12

PDG Lion Dave Howard for promoting and training many people and many clubs on MyLion. Also for promoting the planting for 2020 Canadian Celebration.

Lion Susan Tunnicliffe is doing a great job keeping the website updated. Thank you

And Lion Secretary Joyce I don't know how you do it, but you are always there for me. Thank you.

Clubs Please help find some Zone Chairs for next year. We need them. They are important to help the Clubs as well as the District.

Zone Chair position is a fun position. You get to visit club and find out about the clubs and give them information and also support and help clubs.

Cointinuer de pge #2)

Lion Susan Tunnicliffe fait un excellent travail en gardant le site Web à jour. Je vous remercie

Et la secrétaire Lion Joyce, je ne sais pas comment tu fais, mais tu es toujours là pour moi. Je vous remercie.

Aux clubs Lions, veuillez aider à trouver des présidents de zone pour l'année prochaine. Nous avons besoin d'eux. Ils sont importants pour aider les clubs ainsi que le district.

La position de président de zone est une position amusante. Vous pouvez visiter le club et découvrir les clubs et leur donner des informations et aussi soutenir et aider les clubs.

Beth Lewis

District Governor / Gouverneur de district

2019 / 2020



Please see Governor Beth's comments and more information on the link below. Very informative. Just copy this link to your browser and open.

[https://www.youtube.com/watch?
fea-
ture=youtu.be&v=uZ7d_QTdU3s&fbclid=IwAR2HbQl2OcJBj8Zxt
pKBCHFChq9Jbse_6-
iq9CHEPnTGAglPOThoHVyKo8A&app=desktop](https://www.youtube.com/watch?fea-
ture=youtu.be&v=uZ7d_QTdU3s&fbclid=IwAR2HbQl2OcJBj8Zxt
pKBCHFChq9Jbse_6-
iq9CHEPnTGAglPOThoHVyKo8A&app=desktop)

2020 Lions Clubs International Convention Cancelled The Board of Directors has voted to cancel the 2020 Lions International Convention, making Montreal, Canada our next International Convention in 2021.

The Board of Directors has voted to cancel the 2020 International Convention due to concerns about the coronavirus (COVID-19). This means that the next International Convention will be held in 2021 in Montreal, Canada.

On March 20, I advised you that our 2020 convention would not be held in Singapore due to the limitations put in place by the Singapore Ministry of Health. After evaluating a variety of different options, including moving the convention to a different venue or postponing it to a later date, the Board of Directors voted to cancel the 2020 convention. This decision was made with the health and safety of our Lions, staff and vendors in mind.

In the meantime, our Convention Team will be working diligently to assist you. Lions International will issue full refunds for all registration fees paid. At this time, we kindly ask that you do not contact Lions International Registration to inquire about your registration, ticket or housing cancellations as we are still in the process of establishing our cancellation details.

We are disappointed that we will not be able to move forward with this international event, but we are optimistic that with each new day there is hope, and as Lions we will continue to find new ways to put our kindness in action while safely serving our communities.

Regards,

Dr. Jung-Yul Choi
International President



This is the 2020 District A4 Convention Pin. They are for sale at \$3.00 each. You can get them from Lion Secretary Joyce Firlotte. Just send her an email and she will make sure you get them.



100 years of Service in Canada

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Began July 1st, 2019 and ends July 30, 2020

- goal is to plant 100, thousand trees in Canada
- asking the clubs to do a Community Centennial Celebration like plant a tree, or put a park bench in a local park or make a butterfly garden
- and please report your Community Centennial Celebration Project Matching L.C.I. Grants

I'M SO BORED.

**I WENT OUTSIDE TO
KNOCK ON MY OWN DOOR
THEN CAME BACK IN AND SAID**

"WHO IS IT?"

GoodLivingGuide.com

Be kind to one another.
Say a word or two of encouragement. You never know who may need those gentle reminders more than anything today.

mypositiveoutlooks.com

Breakdown of the Special Olympics

Intellectual disabilities include conditions such as Autism, Down Syndrome, and more. For more information on Intellectual Disabilities, Special Olympics International has a great site at <https://www.specialolympics.org/about/intellectual-disabilities/what-is-intellectual-disability>.



Special Olympics

FOUNDED: 1968

ATHLETES: People of all skill levels with an intellectual disability, cognitive delay, or development disability

SPORTS: 32 offered

WHEN: 365 days a year, with 108,800+ competitions in 172 countries. World Games every other year



Paralympics

FOUNDED: 1989

ATHLETES: People from 10 categories of physical impairment

SPORTS: 28 offered

WHEN: Paralympic Games every other year



Olympics

FOUNDED: 1894

ATHLETES: Varying ability levels. Both able-bodied and athletes with disabilities have competed

SPORTS: 35 offered

WHEN: Olympic Games every other year

Website: <http://ottawa.specialolympicsontario.ca>

District A4 Special Olympics Chair PDG Tony Lawson



Barrhaven Lions Club Celebration

You are invited to join the Barrhaven Lions as we celebrate our 40th Charter anniversary. Over this time our club has given commendable assistance within our community and our contributions have benefited many in Barrhaven, Nepean, the District, and abroad.

Charter Member



Lion Gus Este

Celebratory Luncheon

Honouring Past District Governor Lion Gus Este

Saturday, September 12, 2020

noon to 3.00 p.m.

Hellenic Event Centre

1315 Prince of Wales Drive, Ottawa, ON

Cash Bar

Admission: \$35 per person

For tickets contact jamesddoyle@rogers.com or at 613-825-2373

by August 15, 2020



Barrhaven Lions Club Celebrates 40th Birthday

April 13, 2020 On April 11, 1980 the Lions roared into the Barrhaven community in the former Nepean and began their commitment to SERVE. Sponsored by the Ottawa East Lions Club, now the Ottawa-Vanier Lions, forty-one founding members received the Lions charter from Lions Clubs International and began their humanitarian service locally and internationally. The membership grew steadily for many years as community members worked together to make life better for those less fortunate.

Over the forty years, the Barrhaven Lions established a \$12,500 endowment fund to the Algonquin College Foundation; gave \$103,000 to the Queensway Carleton Hospital Foundation for Cancer Care; continue to give annual bursaries to five local area schools; and made financial donations and equipment to individuals; to countless causes, such as telethons for children assisted by the Muscular Dystrophy Association, Memory Boxes to CHEO, the Special Olympics and those affected and displaced in the 2018 Tornado. They also conduct Vision Screening in the schools. Fundraising efforts have included their annual Pancake Breakfast with funds going to the Children's Wish Foundation, and QuickStart Autism.

Their regular Bingo has enabled the Lions to support the Ottawa Hospital Foundation - Eye Institute, the Lions Recycle for Sight Program, the Lions Foundation of Canada Dog Guides that assists individuals with disabilities through specialized Dog Guide programs, such as Canine Vision Dog Guides for people who are blind or visually impaired, Hearing Dog Guides for people who are deaf or hard of hearing, Service Dog Guides for people who have a physical disability, Autism Assistance Dog Guides for children who have autism spectrum disorder.

One of the projects that the Barrhaven Lions Club members are really proud of is the annual Santa Claus parade which they started, with the former Nepean Lions, in 1997. The main thrust of the Parade has always been to provide an exciting and fun-filled event for the children of our community and food and cash donations are collected for the needy.

One thing that hasn't changed in the forty years is the sense of community and belonging that being a Lion affords.

Being a Lion provides opportunities for personal growth and leadership skills development that are amazing. This is where you develop lifelong friendships. The spirit of belonging is found in committees and clubs-within-the-club. Being a Lion means you have many opportunities to take part in a full schedule of events and activities and truly make a difference in the lives of those in need, not only in this community but in the Global Village as well. Undoubtedly you can find an area that excites your passion for service and focus your energy in that direction.

To know more about or to get involved with the Barrhaven Lions Club, please contact James Doyle at jamesddoyle@rogers.com or at 613-825-2373.

Cancellations

- * **District A4 Convention** at the NAV Centre will be cancelled for this year. More information will follow
- * **MDA Convention—Muskoka**—Unfortunately, due to the COVID-19 pandemic, we are unable to host the Multiple District A 2020 Convention as planned. Any room bookings with the hotel have been automatically cancelled, and any deposits paid to the hotel will be refunded by the JW Marriott. We are in the beginning stages of processing full refunds for all who registered.
- * **Blind Anglers International Tournament (BAIT) - May 29, 2020**—All day/ weekend event - Springwood Cottages, Arden, ON—Weekend of fun and fellowship at a Lions sponsored fishing tournament
- * **Effective Speaking:** Due to the COVID-19 virus Effective Speaking in our District A-4 has been cancelled. The MDA finals in Sarnia have also been cancelled. Hopefully, we will be able to resume the Effective Speaking next year. Stay safe.
Chair PDG Lion Kris Schulz, Effective Speaking



Greetings from our International President Dr Jung-Yul Choi. His message is "We serve through Diversity"



The most ambitious fundraising effort in LCIF history. Goal to raise US\$300 million by June 30th, 2021. This campaign is to support the needs of a changing world, by expanding Lions commitment to communities and will focus on the following:



Diabetes: We serve to reduce the prevalence of diabetes and improve quality of life for those diagnosed by increasing public awareness, sponsoring diabetes screenings, and emphasizing healthy lifestyles.

Environment: We serve to sustainably protect and restore the environment health of our communities, generating long-term ecological impact.

Hunger: We serve to ensure all community members have access to nutritious foods and expand resources and infrastructure needed to address food shortages.

Vision: We serve to prevent avoidable blindness and improve quality of life for people who are blind and visually impaired.

Childhood Cancer: We serve to help those affected by childhood cancer by strengthen medical and social services, increasing life expectancy of children and enhancing quality of life for them and their families

Youth: We serve youth through improved access to quality education, vital health services, inclusive social and recreational opportunities and positive youth development.

This is a win win situation, you get a receipt for your donation and you help a person.

Billboard

Governor Beth's goals for the year

- ◆ To increase membership
- ◆ To increase more knowledge in the clubs on Lions International, MDA, District and all the different projects
- ◆ To increase training for clubs and for leaders
- ◆ To increase community awareness,
- ◆ To increase logging service activities on MyLion
- ◆ To get more diversity in the clubs. Women and Families and New Voices
- ◆ To get more Lions and Clubs to participate in visitations, in conventions, in District events Lions is one big family
- ◆ To support the GAT (Global Action Team which consists of Global Leadership, Global Membership and Global Service)

IN MEMORIAM

Lion Michel Departto
Alexandria & District Lions Club

Lion Rupert Green (Honorary)
Athens Lions Club

Lion Andrew Sunstrum
Beachburg Lions Club

Lion Paul Fodey
Brockville Lions Club

Lion Garry Smith
Cornwall Lions Club

Lion Osborne Shaver
Finch & District Lions Club

Lion Richard Piche
Iroquois-Matilda Lions Club

Lion Frank O'Rourke
Maxville & District Lions Club

Lion Robert MacLeod
Maxville & District Lions Club

Lion Hal Wagnerr, PDG
Morrisburg & District Lions Club

Lioness Lois Sergeant
Perth Lioness Club

Lion Keith MacDonald
Renfrew Lions Club

Lion Paul Riddell
Stittsville & District Lions Club

Lion William McCulloch
Westport Lions Club

Lioness Jean Fisher
Perth Lioness Club

Lioness Liz Pierman
Perth Lioness Club