



# ARNPRIOR LIONS CLUB

May & June Arnprior Lions Bulletin, 2023  
By Arnprior Lion Colleen Campbell



## District A4 2022-2023

District Governor – Lion Susan Tunnicliffe  
Immediate Past District Governor – Lion Renée Devenny  
District 1<sup>st</sup> Vice District Governor – Lion Barry Chisholm  
District 2<sup>nd</sup> Vice District Governor – Lion Roxanne Backes  
Region Chair – Lion Jacques Duquettes  
Zone 22 Chairperson – Lion Ralph Martin  
Zone 22 East Chairperson – Lion James Hall  
Multiple District 'A' Council Chairman – Lion Mark Kelso  
International President – Lion Brian Sheehan  
Immediate Past President – Lion Douglas Alexander  
International Director from Canada – Lion Allen Snider

## District A-4 ~ Ontario & Quebec Canada

*Gananoque to Alexandria, Ottawa to Petawawa, Chalk River, Barry's Bay Ontario Low, Bryson, Buckingham, Cantley, Aylmer, Pontiac, Chapeau, Shawville, Quyon, Quebec*

Susan Tunnicliffe



District Governor



Barry Chisholm  
1st Vice District Governor



Roxanne Backes  
2nd Vice District Governor



# Arnprior Lions News

## Completed Meetings/Events & Coming Up

May 4<sup>th</sup>, 2023 – Director's Meeting – Lion Bill's House  
 May 6<sup>th</sup>, 2023 – Beachburg Lions Club Charter Night  
 May 11<sup>th</sup> - March 9<sup>th</sup>, 2023 – Regular Meeting – No Meal Masonic Hall  
 May 25<sup>th</sup>, 2023 – Dinner Meeting – 7 PM, Masonic Hall, BBQ, \$10/person & Orientation  
 May 28<sup>th</sup> – Walk for Guide Dogs – Robert Simpson park @ 11 AM

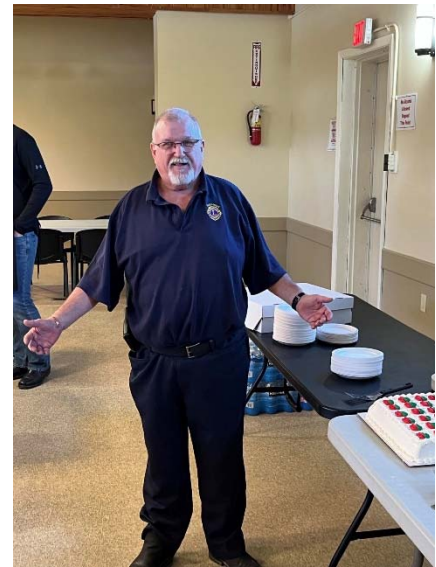
June 1<sup>st</sup>, 2023 – Director's Meeting  
 June 8<sup>th</sup>, 2023 – Regular Meeting (no meal)  
 June 17<sup>th</sup> – Jail & Bail Fundraiser  
 June 22<sup>nd</sup>, 2023 – Regular Meeting – Meal – New Executive Installment (Governor Sue Tunnicliffe special guest.)  
 (See BBQ schedule on page 18.)

July 1<sup>st</sup> – Canada Day Pancake Breakfast – (More details to follow.)

Coming soon – eyeglass campaign! Details to follow.  
 Looking forward to seeing everyone at the meetings and events.



## Hosted a Ham & Bean Supper! So good!



Our very own Lion Don Gougeon wins! The third highest award that can be given to a Lions member!

International President's Certificate of Appreciation

In Recognition of Distinguished Achievements

in Fulfilling the Mission of Lions Club International.



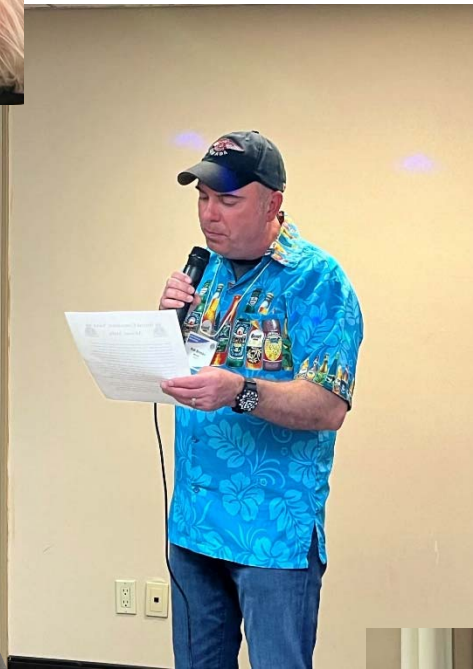


## Several members attend the District A4 Convention in Kingston, ON











## Held a huge successful Guide Dog Walk – raised over \$11,000!!!!









## Who Lions Are



**Lions are men and women dedicated to serving those in need, whether in their own community or around the world.**

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- Over 1.4 million members
- Over 200 countries
- More than 48,000 clubs



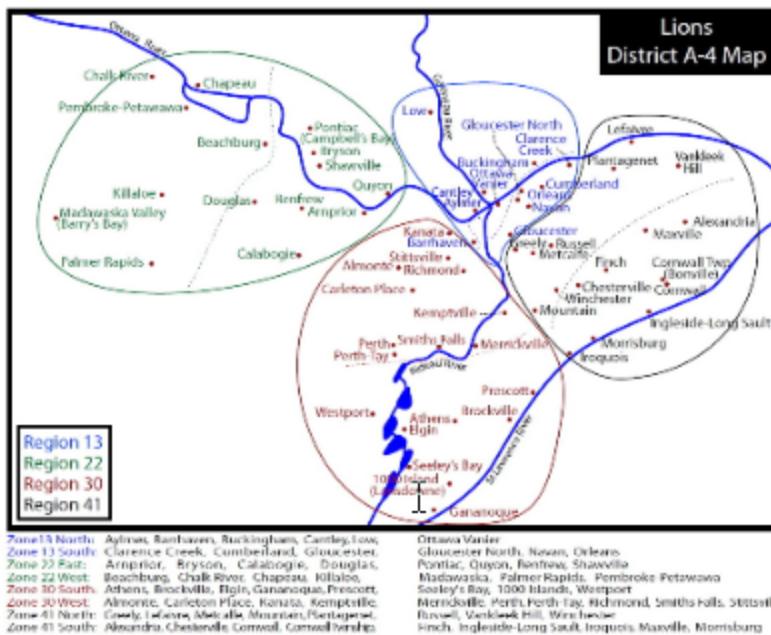
## Who Lions Are



- **Vision Statement:** To be the global leader in community and humanitarian service.
- **Mission Statement:** To empower volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions clubs.
- **Motto:** "We Serve"
- **Slogan:** Liberty, Intelligence, Our Nation's Safety
- **Purposes:** LCI has a list of purposes to convey why Lions clubs exist.
- **Code of Ethics:** LCI has a code of ethics which set the standard that Lions should aspire to adhere to.



## District A4 Map



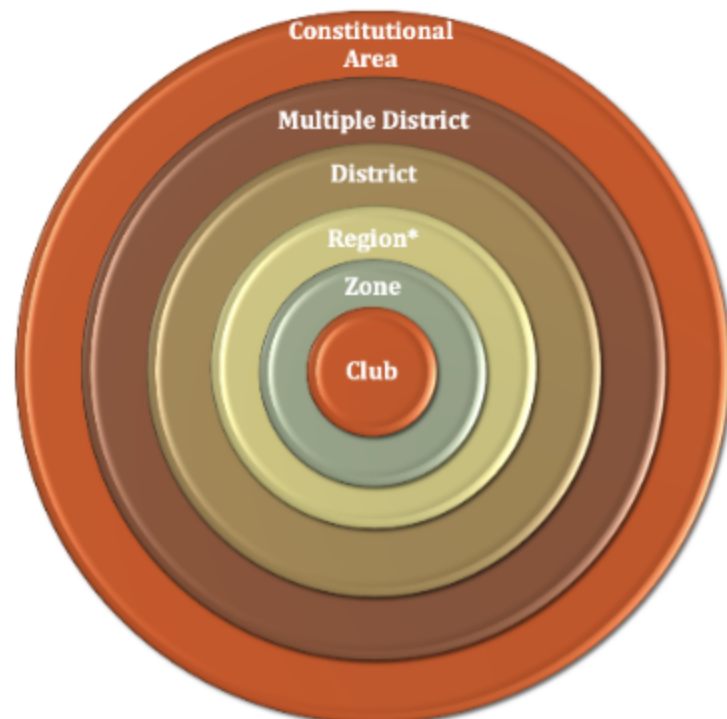
District A4 is part of a multiple district called MDA.

At this time, District A4 has 62 Club. We have 4 Regions and 8 Zones.

## Structure of Lions Clubs International



- A club consists of a minimum of 20 members
- A zone consists of 4 – 8 clubs
- A district is comprised of at least 35 clubs with 1250 active members
- Several districts in a given geographical area comprise a multiple district
- Each Lions club is located in one of the eight Constitutional Areas, which is represented by at least one international director, We are Constitutional Area II





## Arnprior Lionette Executive

President – Hannah O'Connell [hdconnell@hotmail.com](mailto:hdconnell@hotmail.com)

Past President – Joan Kelly [jekelly1942@gmail.com](mailto:jekelly1942@gmail.com)

Vice-President – Margie Lagrove [margieklimpel2091@gmail.com](mailto:margieklimpel2091@gmail.com)

Secretary – Helen Hall [hhall1@hotmail.com](mailto:hhall1@hotmail.com)

Treasurer – Betty Dunlop [brdunlop@hotmail.com](mailto:brdunlop@hotmail.com)

1st Year Director – Irene Bruce (no email)

2nd Year Director – Sally Bradley [sallybra@outlook.com](mailto:sallybra@outlook.com)

Penalty Officer – Jocelyn Sutherland [Jocelyn.sutherland@yahoo.ca](mailto:Jocelyn.sutherland@yahoo.ca)

## Arnprior Lionette News

The Lionettes held a successful rainy-day Rummage-Sale April 29<sup>th</sup> raising \$502.00 for local charities.

Share the Wealth Raffle was drawn on May 4<sup>th</sup> with a cheque in the amount of \$1, 050.00 being presented to Arnprior/McNab/Braeside Seniors at Home Project.

Two winners: Josie Morrison of Arnprior and Lynn Russett of Arnprior was presented with \$525.00 each.

Arnprior Lionettes will be celebrating their 50<sup>th</sup> Anniversary (as of last year) on June 24<sup>th</sup> from 2:00 to 5:00 pm at the Arnprior Public Library. Everyone is invited for Refreshments, finger foods, display of memorabilia, memory sharing and social time.

Last meeting of the year will take place June 6<sup>th</sup> with a BBQ at Lionette Sally Bradley's. The initiation of a new member, Paula White, will take place as well as the Induction of our Slate of Officers for 2023-2024 by Lion Colleen Campbell.

Take care,

Lion Liaison Betty

Lionette Facebook - <https://www.facebook.com/profile.php?id=100009184124548>



# ARNPRIOR LIONS CLUB ROSTER (Starting July 1<sup>st</sup>, 2022)

Meetings: Board of Directors – First Thursday of the Month

Membership Meetings – Second & Fourth Thursday of the Month



President Lion Bill Gardiner (Judy)	Gardinerbill29@gmail.com	(613) 227-1040
Past President Lion Dave Campbell (Colleen)	camputes@gmail.com	(613) 620-2306
Secretary Lion Don Gougeon (Marge)	dmgougeon@sympatico.ca	(613) 623-5335
Treasurer Frank Power (Hazel)	frank.power@sympatico.ca	(613) 623-9892
Brenda Bennett (Bobby)	candsmeow@sympatico.ca	(613) 293-7809
Bobby Bennett (Brenda)	bobmf165@gmail.com	(613) 299-8256
Bruce Bidgood (Diana)	bruce_bidgood@yahoo.ca	(343) 544-7131
Robert Brooks (Cathy)	rbrooks@roocabro.com	(613) 457-5101
Colleen Campbell (David)	colleen.da.campbell@gmail.com	(613) 623-0733
Wayne Carroll (Kitty)	kwcarroll@live.com	(613) 623-5511
Michael Collins	mikecollins23@outlook.com	(613) 818-2781
Leo Enright (Barbara)	bhlenright@gmail.com	(613) 623-2252
Dave Furgoch (Amita)	furgosh@sympatico.ca	(613) 623-9121
Ben Gardiner (Bailey)	gardinerben@hotmail.com	(613) 299-5783
Cheryl Grenier	cmgrenier@hotmail.com	(613) 790-2246
Marilyn Gunn	marilyngunn@yahoo.ca	(613) 266-0626
Dave Haines	liondavehaines@gmail.com	(613) 622-5478
Jim Hall (Carla)	jecf2023@outlook.com	(613) 623-3762
Anita Hart	lionanitahart@gmail.com	(204) 333-7622
Hasler Hayes	haslerhayessecurity@gmail.com	(306) 209-6477
Jim Kilby	jkilby61@yahoo.com	(613) 216-1796
Roger Larabie (Jackie)	rogerlarabie@gmail.com	(613) 623-3830
Diana Lynn Larocque (Ray)	laydeedi487@gmail.com	(613) 433-3761
Diana Lavallee (Bruce)	diana.ginger@hotmail.com	(613) 620-5717
Peter McCluskey (Bonnie)	mcccluskeyp@aol.com	(613) 623-3333
David Olmstead (Marie)	david.olmstead@sympatico.ca	(613) 623-7524
Shauna Oostendarp	soostendarp@hotmail.com	(613) 266-2225
Sara Smeltzer (Andy)	jasper12@hotmail.ca	(613) 433-5947
Kimberly Telford (Greg)	havetel1@gmail.com	(613) 880-8989
Jake Vanderzwet (Valerie)	javal1961@gmail.com	(289) 385-2890
Cathy Weckwerth	vernoncat74@gmail.com	(613) 623-9977

## Happy March & April Birthdays

Lionette Margie Lagrove – May 3<sup>rd</sup>  
 Lion Diana Lynn Larocque – May 11<sup>th</sup>  
 Lionette Madeleine Hill – May 11<sup>th</sup>  
 Jackie Glandon (Roger) – May 14<sup>th</sup>  
 Lion Cheryl Grenier – May 23<sup>rd</sup>  
 Lion Dave Haines – May 28<sup>th</sup>  
 Lionette Sheila Poole – May 29<sup>th</sup>  
 Lion Jim Kilby – June 4<sup>th</sup>  
 Lion Rob Brooks – June 18<sup>th</sup>  
 Lion Kim Telford – June 19<sup>th</sup>  
 Lion Marilyn Gunn – June 26<sup>th</sup>  
 Lion Sara Smeltzer – June 28<sup>th</sup>



## Happy Anniversary

Lion Bill Gardiner (Judy) – May 5<sup>th</sup>  
 Lion Rob Brooks (Cathy) – May 9<sup>th</sup>  
 Lion Ben Gardiner (Bailey) – May 16<sup>th</sup>  
 Lion Sara Smeltzer (Andy) – June 5<sup>th</sup>  
 Lion Diana Lynn Larocque (Ray) – June 14<sup>th</sup>  
 Lions Bruce Bidgood & Diana Lavallee – June 20<sup>th</sup>  
 Lion Wayne Carroll (Kitty) – June 24<sup>th</sup>





#### PRESIDENT'S MESSAGE

**Together we can with  
International President,  
Brian Sheehan**

**Dear Lion,**

Leos and young Lions are so much more than just young members of the Lion family. Their hard work and innovation are carrying our service into the future. So be sure to get them involved and give them the opportunities to learn, lead and grow so we can work together to find tomorrow's solutions today.

We're also looking to the future with the new Lions International brand. The Lions International brand gives us a new way to talk to the world about the service and impact of our association and foundation, together. And together, with Lions around the world, we are focused on serving a world in need and strengthening Lions today, and for generations to come.

And thanks to you, the future of service is bright.

Make a great day,  
**Brian Sheehan**  
International President



#### PRESIDENT'S MESSAGE

**Together we can with  
International President,  
Brian Sheehan**

**Dear Lion,**

Making a difference in your community takes time, creativity and a whole lot of hard work. But most importantly, it takes leadership. And for more than a century, Lions have been the leaders that communities all over the world have counted on to get the job done.

Our clubs are so much more than a home for community volunteers. They are a training ground for community leaders. So take advantage of the training available to you as a Lion. Find opportunities to put your leadership in action. And be sure to invite the people around you to serve so they can help lead the change in your community.

We are leading the way forward, every day we serve, every time we give.

Make a great day,  
**Brian Sheehan**  
International President

<https://www.youtube.com/watch?v=ohOhCKAmESc>



LCIF.ORG



## From **LCIF** Chairperson Douglas X. Alexander

Greetings, Lions and Leos!

The generosity of Lions and Leos, through individual and club support, makes it possible for **LCIF** to magnify hope around the world – especially in times of crisis. Recently, a tornado hit southeastern sections of the USA, leveling communities in Mississippi. Lions responded immediately. As humanitarians, our organization grieves for those impacted by natural disasters like this one, but we pair our grief with action. We funded a US\$50,000 Major Catastrophe grant and a \$10,000 Emergency grant to empower Lions in District 30-M, Mississippi to help their communities recover. In our first story below, you will see how Lions are still responding to earthquake victims in Turkey and Syria. Additionally, Lions have continued to serve the needs of Ukrainian refugees one year after the war began. When disasters strike, Lions are there, serving for as long as necessary. I encourage everyone to consider donating to **LCIF's Disaster Relief Fund** to ensure Lions can always be there to support those impacted by disasters. Thank you to those who have already donated to the foundation. As humanitarian needs continue to increase around the world, your donations to **LCIF** help make so much of our service possible.







## VOLUNTEER RECOGNITION WORD SEARCH PUZZLE

K S X D J B K N Q M V N D G L H J D V M G X R G  
 Z U U J A Z J X C I G Z C I J H Z R F H T C Y C  
 E E N O E O N D T M N G R W Z K T R D M O F N U  
 W U N K R N O I T A P I C I T R A P P M G A Z V  
 W R A P N E Q E S G B C X K J O F G M R X W T Y  
 F M L D O Y N I F V J B V B N Y K I F F H J F T  
 J M V D U I A E A V U P C Q C K T P V L G I Q I  
 C H I N L K W Z G A K Z I N L M F P E C A F M L  
 Q C A R I N G P C D E Q D V E N N L R C U N C I  
 A P P R E C I A T I O N C N K M P A K Y R L U B  
 H F G P O S W M H A J F T Y K D B N G Y E K Q I  
 L C E V N S O F W W V N L D V B O E T C C D Y S  
 S N Z A O A N T X X A I Q L S W C I H C O V V N  
 N A X L I R F Y V A L Z J U L Z N A K R G M D O  
 Q I I U T Z O A F M Y V D E G U L F B W N T Z P  
 Q K P A A J L T K T J R D N M E M Q D O I K G S  
 U C Y B R O B O E Y I G F M C H A R A C T E R E  
 A X W L E X K D E O E Y O D L G S W K J I N P R  
 L C R E D R B W I M D C U A K O E B R J O X C V  
 I K A W I F H B E A L F G C N D X K R F N T D K  
 T Q J R S W S N Y K P P U U N V R O D F O B F F  
 Y W M S N Y T D X E G N N J H Q Q D D A F P R R  
 I N Q Y O C C T J E L O U D F Q C M D U N K I H  
 V X S P C E X Y Y H M H T H A N K Y O U R G S W

Generous	PARTICIPATION	RESPONSIBILITY	QUALITY
UNPAID	VALUABLE	COMMUNITY	COMMITMENT
CHARACTER	CONSIDERATION	CARING	ACKNOWLEDGEMENT
THANK YOU	APPRECIATION	RECOGNITION	

## Why volunteer?

With busy lives, it can be hard to find time to volunteer. However, the benefits of volunteering can be enormous. Volunteering offers vital help to people in need, worthwhile causes, and the community, but the benefits can be even greater for you, the volunteer. The right match can help you to find friends, connect with the community, learn new skills, and even advance your career.

Giving to others can also help protect your mental and physical health. It can reduce stress, combat depression, keep you mentally stimulated, and provide a sense of purpose. While it's true that the more you volunteer, the more benefits you'll experience, volunteering doesn't have to involve a long-term commitment or take a huge amount of time out of your busy day. Giving in even simple ways can help those in need and improve your health and happiness.

### Benefits of volunteering: 4 ways to feel healthier and happier

01. Volunteering connects you to others.
02. Volunteering is good for your mind and body.
03. Volunteering can advance your career.
04. Volunteering brings fun and fulfillment to your life.





## Lions BBQ Roster 2023

### Team #1

Don Gougeon  
Jim Hall  
Carla Hall  
Frank Power  
Dave Haines  
Diana Larocque  
Anita Hart

### Team #2

Mike Collins  
Bobby Bennett  
Brenda Bennett  
Marilyn Gunn  
Cheryl Grenier  
Ben Gardiner  
Bill Gardiner

### Team #3

Roger Larabie  
Dave Olmstead  
Dave Campbell  
Cathy Weckwerth  
Bruce Bidgood  
Diana Lavallee  
Hasler Hayes

## Schedule

### **Sat June 3<sup>rd</sup>**

Priorpalooza  
10am – 6pm  
Robt Simpson Park

### **Sat June 10<sup>th</sup>**

Men's Shed Craft Show  
9am-2pm  
Robert Simpson Park

### **Sat June 17<sup>th</sup>**

Jail or Bail  
10am – 4pm  
Giant Tiger

### **Sat July 1<sup>st</sup>**

Canada Day  
12noon-4pm  
Robt Simpson Park

### **Sat July 1<sup>st</sup>**

Pancake Breakfast  
8am – 11am  
Nick Smith Centre

### **Sat July 1<sup>st</sup>**

Pancake Breakfast  
8am – 11am  
Nick Smith Centre



# From the Editor

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