



District A-4 News

Ontario and Quebec

March & April 2023

Issue 5

Message from the Governor

SERVICE IN MOTION



We are constantly in Motion!

Every single minute, things are changing and we must change too.

That was exactly what happened at our 48th Annual District Convention in Kingston. We introduced many different and unique ideas this year, but what did not change was our commitment to offering interesting and informative sessions and countless networking possibilities.

Just look at what you have accomplished this year! We have only to look at the fantastic convention that was put on by some very hard-working Lions. A special thank you to PDG Anita Hart and her convention team for an outstanding effort that made our 48th Annual Convention such an amazing success. Their hard work ensured that Lions from across A4 could congregate and celebrate.

Message from the Governor cont'd...

We eagerly welcomed our Past International President, Judge Brian Stevenson, back to our District. Many of you had already met Judge Brian and many of you introduced yourselves and became instant friends. The Judge blew us away by his inspirational messages, his amazing sense of humour and especially his "Mother's Day Salute".

Childhood Cancer is our District Project this year as well as our Convention Service Project. I was overwhelmed by the amazing support from all of you. Children with cancer should be enjoying their lives NOT fighting for theirs'. I want to thank you all for your generous donations to *Our Backpack Project*, the services project chosen in the convention survey questionnaire.

100 backpacks were filled in less than 20 minutes! Region Chair West Marg Brooker of Seeley's Bay Lions Club oversaw the preparations. Bravo! Fifty of the backpacks were delivered to Kingston General Hospital this week. The other fifty will be presented to CHEO in the next little while.

Judge Brian was able to list many of the accomplishments that our district Lions did this year, because he has read every one of our club newsletters. The information he spoke about was taken from OUR NEWSLETTERS.

These newsletters are so important and valuable because it tells people what services you are providing, the results of your hard work and acknowledges the successes of your volunteers. If you do not send this information to our newsletter, people will not know what valuable work you are doing. So, please use the tools at our disposal to document your hard work on LCI Website, Face Book pages and Newsletters.

The formulation of intention, a change in perspective, or the creation of a goal can transform our lives in blink of an eye.

The goals that the clubs and the district have made for ourselves, brings us into a better place with positive and forward thinking.

Let's transform our wishes to make the world a better place into **goals**, and then have fun as we make them happen with our amazing service projects in our communities.

If we can remain fully engaged in the day at hand, enjoying all it has to offer and putting our energy into making the most of it, we will find that we are perfectly ready and capable to handle any future when it arrives.

BE KIND to yourself and OTHERS. BECAUSE KINDNESS MATTERS!

LET'S KEEP OUR SERVICE INTO MOTION

(Please take a look at our Award Recipients on Page 21)



Message du Gouverneur

SERVICE EN MOUVEMENT !



Nous sommes constamment en mouvement !

À chaque instant, les choses changent et nous devons changer aussi.

C'est exactement ce qui s'est passé lors de la 48e convention annuelle du district à Kingston.

Nous avons introduit de nombreuses idées différentes et uniques cette année, mais ce qui n'a pas changé, c'est notre engagement à offrir des sessions intéressantes et informatives et d'innombrables possibilités de réseautage.

Cont'd..

Il suffit de regarder ce que vous avez accompli cette année! Il suffit de regarder la convention fantastique qui a été organisée par des Lions qui ont travaillé très dur. Nous tenons à remercier tout particulièrement la PDG Anita Hart et son équipe pour les efforts exceptionnels qu'ils ont déployés afin de faire de notre 48e convention annuelle un véritable succès. Leur travail acharné a permis aux Lions de toute l'A4 de se réunir et de célébrer.

Nous avons accueilli avec enthousiasme notre Past Président International, le Juge Brian Stevenson, de retour dans notre District. Beaucoup d'entre vous avaient déjà rencontré le juge Brian et beaucoup d'entre vous se sont présentés et sont devenus des amis instantanés. Le juge nous a époustouflés par ses messages inspirants, son incroyable sens de l'humour et surtout par son "salut de la fête des mères".

Le cancer de l'enfant est notre projet de district cette année, ainsi que notre projet de service pour la convention. J'ai été bouleversée par l'incroyable soutien de chacun d'entre vous. Les enfants atteints de cancer devraient profiter de leur vie et NON se battre pour la leur. Je tiens à vous remercier tous pour vos dons généreux à notre projet de sac à dos, le projet de service choisi dans le questionnaire d'enquête de la convention.

100 sacs à dos ont été remplis en moins de 20 minutes! La présidente de la région Ouest, Marg Brooker, du Lions club de Seeley's Bay, a supervisé les préparatifs. Bravo ! Cinquante des sacs à dos ont été livrés à l'Hôpital général de Kingston cette semaine. Les cinquante autres seront remis au CHEO d'ici peu.

Le juge Brian a pu énumérer un grand nombre des réalisations des Lions de notre district cette année, car il a lu tous les bulletins d'information de nos clubs. Les informations dont il a parlé sont tirées de NOS BULLETINS.

Ces bulletins sont très importants et précieux car ils informent les gens des services que vous proposez, des résultats de votre travail et des réussites de vos bénévoles. Si vous n'envoyez pas ces informations à notre lettre d'information, les gens ne sauront pas quel travail précieux vous faites. Nous vous invitons donc à utiliser les outils à notre disposition pour documenter votre travail sur le site Internet du LCI, les pages FaceBook et les bulletins d'information.

La formulation d'une intention, un changement de perspective ou la création d'un objectif peuvent transformer notre vie en un clin d'œil.

Les objectifs que les clubs et le district se sont fixés nous permettent de nous améliorer grâce à une pensée positive et tournée vers l'avenir.

Suite du message du gouverneur...

Transformons nos souhaits de rendre le monde meilleur en objectifs, puis amusons-nous à les réaliser grâce à nos incroyables projets de service dans nos communautés.

Si nous pouvons rester pleinement engagés dans la journée en cours, en appréciant tout ce qu'elle a à offrir et en mettant notre énergie à en tirer le meilleur parti, nous nous apercevrons que nous sommes parfaitement prêts et capables de faire face à n'importe quel avenir lorsqu'il se présentera.

Soyez aimable avec vous-même et avec les AUTRES. PARCE QUE LA GENTILLESSE EST IMPORTANTE !

MAINTENONS NOTRE SERVICE EN MOUVEMENT

(Veuillez jeter un coup d'œil à nos lauréats à la page 21)



Proudly serving as your Governor/Je suis fier d'être votre Gouverneur,

Susan E. Tunncliffe
A-4 District Governor/
A-4 gouverneur de district



Club News

The Club

Seeley's Bay

Location

Seeley's Bay, ON Canada

Impact

Childhood Cancer

All about Service in Motion

The **Seeley's Bay & District Lions Club** were excited when Regional Chair, Lion Marg Brooker spoke to us about helping with the District A4 Convention Service Project for Childhood Cancer.

Over 12 items purchased to put into 100 Lions drawstring bags, Cards were made so Lions could send their best wishes and let them know they are not fighting alone. Convention attendees had all items placed inside the bags in a blink of an eye, with many good vibes being sent to CHEO and Kingston Health and Science Centre. We hope these bags provide a bit of distraction at this difficult time.

Thanks, Lions, for helping us put them all together and to everyone who supported the service project.

Seeley's Bay & District Lions Club

Seeley's Bay Lions cont'd...





The Club
Kanata-Hazeldean Lions
Location
Kanata, ON, Canada
Impact
Community

WE SERVE

On February 11, more than 300 people enjoyed a warm breakfast of pancakes, scrambled eggs,

sausage, and coffee, tea, or hot chocolate at a Winter Carnival hosted by members of the



Kanata-Hazeldean Lions. Afterwards, guests lined up for horse-drawn sleigh rides around Clarence Maher Park. But the day's crowd-pleaser was a magic show that delighted old and young alike.

"It was amazing," exclaimed one young audience member who spent the entire show with her eyes wide open in amazement.

The Kanata-Hazeldean Lions mascot welcomes the carnival's #39's youngest guest

Kanata-Hazeldean Lions cont'd...



Lion Tom introduces a young guest to a team of horses



Lion Jennifer serves the hot chocolate

Kanata-Hazeldean Lions cont'd...



Lions Robbin, Marlene, and Naomi take a pancake shift



A magician wows a young guest



People enjoy the meal WE SERVE

The Club

Navan Lions Club

Location

Navan, Ontario Canada

Impact

The Community

Meetings

At our February 27th dinner meeting, we were fortunate to have our Second Vice District Governor, Roxanne Backes visit us and give a presentation about the new MyLions website. Roxanne also presented to Vice President Tony Fiorentino a Certificate of Congratulations to the Navan Lions Club on our 70th Charter Anniversary of outstanding service to mankind. What an honour it is indeed for our Club to be recognized for this milestone.



Navan Lions cont'd....

Impact Lions Dog Guides

Virtual Wine Tasting Fundraiser for Lions Dog Guides



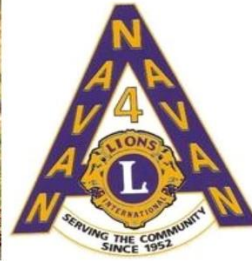
On March 4th the Navan Lions Club hosted in conjunction with Jabulani Winery a Virtual Wine and Cheese Tasting to raise funds for the Lions Dog Guide Program. There were 24 wine and cheese packages sold and we had a wonderful time by Zoom sampling the 3 wines (red, white and port) matched with homemade cheeses from Jabulani winery. Tom from Jabulani kept us entertained and helped us to discover some new pairing tastes. We look forward to visiting the Richmond winery when it reopens in June for the year.

We would also like to thank Lucie Lafontaine from Chartwell Belcourt Retirement Residences for providing each sold package with a food sampling box beautifully created by their Food and Beverage Manager, Darryl Collins. It was the perfect pairing for wines and cheeses and very much appreciated by all.

We are pleased to be able to donate \$1,200 to the Lions Dog Guides on behalf of this fundraising event.

Navan Lions cont'd....

Impact LCIF Dog Guides



Saturday May 27th, Navan and Ottawa area residents have an opportunity to participate in a fun event and give back to a very unique organization – the Lions Foundation of Canada Dog Guides (LFCDG). LFCDG is an accredited non-for-profit that relies on its largest fundraising event, the Pet Valu Walk for Dog Guides, to empower Canadians living with disabilities by providing Dog Guides at no cost and supporting them in their journey together.

Saturday, May 27th at the Domes in Navan, 1305 Fairgreen Avenue

12:00 pm Registration begins

1:00 pm 3 km walk followed by Yappy Hour and free BBQ provided by Cumberland Lions Club (Donations to offset food costs are greatly appreciated)

- Family friendly event. All dogs must be on leash.
- Come, sit and stay for Yappy Hour and a chance to win some fabulous prizes!
- Childrens Colouring contest with prizes
- Exhibits

Registration and pledge forms are available at local participating businesses or at the Navan Lions Website www.navanlions.ca and following the link to Dog Walk.

Contact Tammy at tammy.navan@gmail.com for more information or to become a sponsor for this event.

Navan Lions cont'd....

Impact The Community

Calling all golfers!

We are also pleased to announce our 6th Annual Golf Tournament will be held on Friday, June 16th at Pineview Golf Course. Players can sign up for \$380 for a foursome or individually at \$95 per person. BBQ Lunch will be provided along with great prizes to be won. A silent auction will also be available at the event for some great opportunities. Details can be found on our website www.navanlions.ca and registration is now open. We are also looking for Sponsors for the event starting at \$100- \$500 Levels. Contact Lion Don for details at don.macartney@rogers.com



DISTRICT NEWS

District Project – Childhood Cancer



District A-4 Convention Service Project

During the A-4 Convention held in Kingston at the Market Square Hotel we packed 100 backpacks in 20 minutes. They will be distributed to Kingston Health Sciences Center and Cheo along with 20 - \$50.00 gas cards for each. Backpacks consisted of a fleece throw, a pillowcase and markers, book, bookmark and pen, notebook, crayons, poppit bracelets and large poppit, motivational bracelet, tic tac toe and a fused glass heart created by Seeley's Bay Community member Courtney Geroux.

This project could not have happened without the generosity of our District clubs and community members contributing with one goal in mind helping children undergoing cancer treatments to put a smile on their face if only for a short time.

Lion Marg Brooker
Region Chair West

*Please Note: If you or your club wish to make a donation, please make cheques payable to: **District A4 Lions Clubs***

*Memo at bottom left: **District Project – Childhood Cancer***

Mail to:

*Lion Joyce Firlotte – District Treasurer
133 Pine Street
Smiths Falls, K7A 4S4*



Convention Auction

Convention auction was a great success. We raised \$2475.00 which was more than double the previous year.

PDG Jean Lauziere



Club Excellence Award

Don't Forget — Presidents and Secretaries please fill out the CLUB EXCELLENCE AWARD APPLICATION.

Go to the Lions International Club Website and download the application — <https://www.lionsclubs.org/resources/134886982>
Fill it in and get it back to me by August 15, 2023. Let us celebrate our success.

Susan Tunnicliffe
District Governor

The Club
Cumberland Lions Club
Location
Cumberland, Ontario Canada
Impact
LI Leadership Medal



Region East Chair Lion Jacques Duquette from the Club Lions de Clarence Creek received a Leadership Medal from International President Brian Sheehan at our 2023 District A4 Convention. Presenters were District Governor Susan Tunncliffe and PIP Judge Brian Stevenson.



PDG Andy Etherington from the Cumberland Lions Club was honoured with an Art Woods Fellowship Award for his commitment, dedication and 41 years of service. Presenting this award to him at our District A4 convention in 2023 was District Governor Lion Susan Tunncliffe and PIP Judge Brian Stevenson. Congratulations Lion Andy!

Cumberland Lions Club cont'd...



Lion Gail Lanktree from the Cumberland Lions Club was presented with a plaque for the District A4 Bulletin Contest. The plaque was presented by Lion Jim Hall at the District A4 Convention in 2023.



CONVENTION PICTURES



Award Winners at our 48th Annual District Convention

Our Congratulations go to:

Lion Kristina Jensen - Presidential Medal

Reserved for Lions who work together with everyone as a team and distinguish themselves through exemplary service that significantly strengthens their community or our association.

Lion David Howard - Leadership Medal:

Lion Jacques Duquette – Leadership Medal

Intended to recognize Lions and Leos who make significant contributions to leadership development and work well with everyone. Exceptional leadership is evident

Brian Stevenson Fellowships:

Lion Larry McMillan - Gananoque Lions Club

Lion Raja Wysocki - Russell Lions Club

Art Woods Fellowship

Andy Etherington PDG – Cumberland Lions Club

5 Certificates of Appreciation from Lions Clubs International President Brian Sheehan.

Lion Bob Reddick - Westport Lions Club

Lion Donald Gourgeon – Arnprior Lions Club

Lion Margaret Brooker - Seeley's Bay Lions Club

Lion Larney Moke – Orleans Lions Club

Lion Jean-Guy Thibodeau – Orleans Lions Club

Global Action Medal

Lion Carol Thompson

Governor's Award:

Iroquois-Matilda Lions Club - President Evonne Delegarde

Athens Lions Club – President Todd Evans

Diabetic Awareness Granite Plaque

Lion Marilyn Southall – Barrhaven Lions Club

Club Newsletter Winner

Lion Gail Lanktree - Cumberland Lions Club

A4 Directory Corrections

Page	Club/Position	Correction	Old version
8	Immediate Past District Governor – Renee Devenny	Res: 343-250-0158	Ph: 613-925-5955
12	Governor's Honorary Committee - Renee Devenny	Ph: 343-250-0158	Ph: 613-925-5995
17	Active Past District A4 Governors - Renee Devenny	343-250-0158	613-925-5995
11	Lions Clubs International Foundation (LCIF) – Jim Devenny	Ph: 343-250-0158	Ph: 613-925-5995