



Lions Clubs International

Governor's Newsletter

District A4

Editor: Lion Margaret Tucker— lionmargaret@gmail.com



Volume 2020-2021
March 2021

DG Lion Jean's Project

Building
Healthier Todays,
More Productive
Tomorrows

LIONS QUEST



A Program of Lions
Clubs International
Foundation

Lions Quest is LCIF's world-renowned social and emotional learning (SEL) curriculum that has helped more than 19 million students feel safer and gain important social and problem-solving skills. It's also the program helping educators at schools challenged by student fighting, bullying, and absenteeism become more effective at developing calmer, more thoughtful, healthier students.

Harvard University found students participating in Lions Quest reported improved perceptions of school climate, and physical and emotional safety*. For 35+ years, LCIF has funded Lions Quest globally. Our commitment to improving the lives of millions of children here and in 100+ countries globally continues.

LIONS QUEST CURRICULA

Evidence-based and proven, Lions Quest is vital for so many of today's youth. Carefully crafted age-specific lessons and exercises delivered by teachers receiving special Lions Quest training, help students thrive.

- **Skills for Growing – Pre-K to Grade 5:**
Directs students' energies into becoming capable, healthy young people with sense of direction and strong commitment to family, school, community
- **Skills for Adolescence – Grades 6-8:**
Helps students, parents, teachers address physical, emotional, social challenges of early adolescence
- **Skills for Action – Grades 9-12:**
Capitalizes on belief that young people with strong character and who expect positive behavior can meaningfully address issues affecting their lives, their community, the world

Students learn how to prevent bullying; say no to drugs, tobacco, and alcohol; make responsible decisions; and establish positive relationships. Character development lessons help students become adept at feeling and showing empathy, setting and achieving goals, and managing emotions. The value of helping others, or service learning, is yet another aspect of the program.

MOVING ONLINE COVID-19 has forced remote learning and retooling at warp speed. Responsive to changing education needs, Lions Quest created new resources to ensure students can continue SEL lessons and effectively cope with the pandemic.

Online resources, built on Lions Quest proven approaches, are augmented by the practice of mindfulness. Mindfulness helps create a sense of calm and mental clarity, while SEL promotes self- and social-awareness. Practiced together, this deepens inner well-being and promotes healthier relationships.



Lions Clubs International
FOUNDATION

Learn more about all Lions Quest offerings at
lions-quest.org or email lionsquest@lionsclubs.org



Convention 2021 - Convention Notice

District A4 Lions Club Members

February Update Convention Planning

Please share this information with all members of your Lions Club

Your District Lions Convention Committee has been working to develop our first Virtual Lions Convention 2021. It will be different and here are some of the items we can share at this time.

By saying it will be “**virtual**” we mean that you can enjoy the convention from the comfort of your home and still participate with others through the technology of ZOOM. *So, Lions, here is what we know now:*

1. Date of convention: April 17 & 18, 2021

Time: Open groups start at 8:00 for Meet & Greet, followed by meetings and other sessions at 9:00. A schedule will be provided when finalized.

2. Registration: Cost: \$5 per person. 1st Vice District Governor Lion Renee Devenny oversees this process. Registration can be completed easily online with link that will be sent early in March.

3. Nominations for District Cabinet Officers:

- a. The committee is led by Lions Joe Gauthier PDG & Shelley Gauthier PDG.
- b. Deadline for nominations for 2nd VDG, Region and Zone Chairpersons is March 15, 2021.
- c. Nominations will be verified by Nominations Committee.

4. Club voting delegate credentials:

- a. Information relating to the number of delegates to which each club is entitled, and the process of reporting delegate names is coming in early March once details are received from LCI.
- b. Clubs need to make certain each voting delegate meets the required qualifications, as defined in the club constitution. Each secretary **or** president will provide the names of delegates online through a link that will be provided.
- c. This process and the election/voting will be done online through a secure online program

Continued on page 3



Cont'd from page 2

Convention 2021 - Convention Notice

District A4 Lions Club Members

It's Convention Planning Time

February Update Convention Planning

called SurveyHero. Instructions will be forthcoming on this as well in early March.

5. Elections:

- a. The elections committee of Lions Joyce Firlotte & Karen Doyle is developing a secure online voting system.
- b. Each delegate will be notified by email and can vote with a secure anonymous electronic ballot.
- c. Clubs will be notified in March of nominees and other motions to be voted on as requested by Cabinet.

6. A **Cabinet meeting (business session)** will be held during the convention according to a coming schedule notice.

7. A **Memorial Service** is planned to recognize Lions Family Members who have passed during the 2019-2020 and 2020-2021 Lions Year. Unfortunately, due to COVID-19 and the cancellation of the convention no memorial service was held in April 2020. We will remember these Lions at this convention.

8. **Learning Sessions** are being planned by Lion James Johnston PDG and will include sessions on LCIF, diabetes, membership, and public relations. Details will follow when finalized.

Lions, please share this information with your members. We are really looking forward to you joining us in April for the convention. As noted above, more information is coming to you and we really encourage you to participate.

Lion Jean

Lion Jean Lauzière, District Governor A4

Lion Joyce

Convention Chair 2021

Global Service Team

Thank you for all the Service Projects that all the clubs have been doing. It has been a very difficult year for all the clubs to get out into your communities and do service work. Support the Global Causes by picking one or two and do a project. We have to think outside the box for our service projects during the pandemic. Please report all of your service activities.

Clubs, can you please email me a summary on all the different projects that you have completed so far this year and also any new projects that you have planned for the rest of this year.

Lions Beth GST Chair

bandblewis@xplornet.com



Clubs News — The Lions in our district do extraordinary work in the community. Here is a small selection of some of the amazing projects undertaken.

GREELY LIONS

GREELY LIONS SUPPORT THE OSGOODE EMERGENCY FOOD CUPBOARD

In these difficult times, many people and organizations need some additional help. The **Greely Lions Club** was happy to find that it could support one of our local organizations that, in turn, supports others in the community.

On Saturday 23 January, Lions David, Lee and Greg (the three masked musketeers in the photo) built custom

shelving at the Osgoode Emergency Food Cupboard to ensure that items can be appropriately stored.

The Lions Club was helped in this project by the Leitrim Home Hardware owner Omkar who provided the materials at a generous discount.

The **Greely Lions** are pleased to be a regular sponsor of Osgoode Emergency



Lions David Frost, Lee Nickerson and
Greg Fox



Food Cupboard and encourages others to do the same. After all, we're all in this together.

Stittsville District Lions

Stittsville District Lions Partnered with “**Wellings of Stittsville 55 plus**” and also with “**Hazeldean Gardens Retirement and Assisted Living**”, to raise money for the Dog Guides. Together we set out to collect Beer, Liquor and wine bottles and cans to raise money for LCIF Dog Guides.

We were excited at the announcement of the chance to double our donation by the generosity of Dr. Don and Joyce Hilton, so we presented LCIF with a cheque for \$4,698.45 and doubled it would be over \$9,386.90.

We scheduled a ZOOM meeting for the presentation on December 19th, and invited the names below:

- Lions Foundation of Canada Dog Guides Fundraising Coordinator **Kelly Russell** from Oakville
- MD A Council Chair Lion **Debbie Dawson**
- District Governor A4 Lion **Jean Lauziere**
- Wellings of Stittsville 55 plus residence: **Darcy MacLennan** General Manager
- Wellings of Stittsville 55 plus residence: Cordinator of the bottle collection **Pat Struble**
- Hazeldean Gardens Retirement Residence: **Brenda MacLean** General Manager
- A4 Lions Foundation of Canada Chair Lion **Raja Wysocki** from the **Russell Lions Club**
- President of the **Stittsville District Lions Club** Lion **Don Zogalo**
- Committee Chair of the Bottle Drive Lion **Marilyn Southall** Stittsville District Lions Club
- Committee member Lion **Ron Armstrong**

Lion Beth Lewis IPDG



The Picture is starting on the left: Louise (from Wellings, don't know last name), Pat Struble, Lion Beth IPDG, Darcy MacLennan, Lion Marilyn Southall, Lion Ron Armstrong.

GREELY LIONS AND GLOUCESTER LIONS SUPPORT YOUNG FAMILY IN NEED

Just prior to Christmas, **Greely Lions** were approached by a single mother in our area advising of a situation involving her, at the time, 17-month-old son. Young Zeek has undergone three head surgeries at CHEO and now requires a cranio helmet. The cost to the family would be about \$4000, is not covered by OHIP, and the family has no supplementary insurance.



Although a GoFundMe had been established, **Greely Lions** decided that we would support the family separately. Given that the family lives in an area that overlaps Greely Lions and Gloucester Lions, **Greely Lions** approached **Gloucester Lions** to see if they would be interested in partnering to support the family. In the end, each Lions Club agreed to provide \$500 for a total donation of \$1000 in support.



Mountain Township and District Lions

Mountain Township and District Lions held a 50/50 draw in the Fall of 2020. Tickets were sold throughout the Fall with the draw being held December 3rd, 2020. We had 2000 tickets printed with 1461 tickets being sold for a gross profit of \$7,305.00. The draw was held at our December 3rd, 2020 meeting.

The proud winner of 3,652.50 was Annie Fleurant-Ceelen. While all the club members and various community outlets were involved in selling tickets, our 50/50 Draw Committee consisted of Tim Haas, Nathan Lang, Ally Martin and Karin Ceelen. Our Club is donating our share of the proceeds to various charitable causes in our community.



Nathan Lang, Co-Chair,
50/50 Draw Committee



Gananoque Lions Club

The **Melvin Jones Fellowship Awards** have been given to Past-President, **Paul Robertson** and his wife, **Ruth**, at an impromptu Award Ceremony in the Gananoque Lions Centennial Park recently. Lion Paul Robertson is a retired policeman and has always delved into everything Lions and is a very devoted, hardworking, caring Lion. He has been a member of 3 Lions Clubs (Dutton & District Lions Club, Iroquois Matilda Lions Club and now **Gananoque Lions Club**). Over his 44 years as a Lion, Lion Paul has been President 4 times and has served as Vice-President and Committee Chairperson many times. He has had the distinct honour of being "The Lion of the Year" 3 times. Lion Paul is very direct in his approach, loves selling tickets and is noted as the "Ticket Sales King". He has introduced Lionism to many people and was involved in initiating three young ladies into the Lions at the Iroquois-Matilda Lions Club before women were even accepted. He has been very involved in Vision and



Audio Screening in the local schools, Canada Celebrations, The Duckie Race, Pump-Gan-Fest and leading on many Committees. What Lion Paul says his biggest gift as a Lion was definitely the fellowship and being able to help those in need.

Ruth Robertson was also awarded the **Melvin Jones Fellowship Award**. This award is presented to anyone in the community that has done outstanding work in the Lions world. Ruth has been involved as long as her husband, Paul Robertson, since October 1977. She has assisted at bingos and she is on the Vision/Auditory testing team every year. During her time at home working alongside her husband and raising her children, she earned her BA and became a teacher.

Along with her many talents, she acted as Director of the Glaucoma Research Society and is presently on the CNIB Board for Eastern Ontario. Amongst all of her achievements, most recently, Ruth was presented the first ever CNIB Colonel Baker Award. Colonel Baker was wounded during WWI at which time he lost sight in both eyes. Upon his return to Canada, he organized the CNIB in 1918 and took charge of all training and aftercare arrangements for the Canadian blinded soldiers. The CNIB Award celebrates an individual whose outstanding efforts have made a selfless contribution to change what it is to be blind today. Things are more challenging today for Ruth because of her vision loss but that hasn't stopped her from attending, working and supporting both Lion Paul and also the **Gananoque Lions Club**.

You can't get very far until you start doing something for somebody else.

Melvin Jones, our founder

Stittsville Lions Club

Dear Ms Southall,



Marilyn Southall

On behalf of Diabetes Canada and the National Awards Review Committee, I am honoured to share the news that you have been selected to be one of this year's recipients of the **2020 National Volunteers of the Year Award** in recognition of your excellent efforts in the fight against diabetes.

The National Volunteers of the Year Award honours those who have gone above and beyond in supporting the work of Diabetes Canada. We are arranging to have your award delivered to you as a formal presentation is not possible this year.

We offer our congratulations and hope you are keeping well. We truly appreciate your passion for this cause and your dedication to helping improve the lives of Canadians who are living with diabetes or prediabetes. Together, we can and we will, End Diabetes

With my deepest gratitude,
Ellen Stensholt National Awards Review
Committee, Co-Chair Board Director
Diabetes Canada

Congratulations!

CONGRATULATIONS LION MARILYN we are so proud of you and the work you do for Lions and Diabetes.

Stittsville Lions Club



Upcoming Events:

March 2021

- 13-15** Faculty Development Institute in Los Angeles, CA, USA
- 20** Lions Day with the United Nations (New York City, USA)
- 31** Last day for regular international convention registration fees

April 2021

Environmental Awareness Month
Family & Friends Month
Leo Club Awareness Month
National Organ and Tissue Donation Awareness Month

- 17 & 18** District A4 Convention, Ottawa
- 24** Lions Worldwide Induction Day

Want to be in the next newsletter? Email your submission by the 15th to Lion Margaret at lionmargaret@gmail.com



Comic Relief



My cousin has two tickets for the 2021 SUPER BOWL, both box seats. He paid \$2,500 each ticket, but he didn't realize when he bought them, it was going to be on the same day as his wedding. If you are interested, he is looking for someone to take his place ... It's at St. Joseph Church, at 3 p.m. Her name is Amanda. She's 5'2, about 130 lbs. She's a good cook, too. She'll be the one in the white dress.

Two Canadians die and end up in Hell.

The devil decides to pay them a visit, so he walks into their room and sees them talking and laughing. Confused, he asks them why they're happy. They tell him, "Well, we're so sick of the cold where we're from, and this place is nice and toasty."

The devil, annoyed, storms away and goes to Hell's boiler room, where he turns up the temperature. He goes back to the Canadians' room, along the way being begged by all sorts of people to put the heating back down. He enters the room to see the Canadians having a barbecue. Furiously, he asks them what they're doing. "Well, we can't pass up this wonderful weather without getting out the barbecue!"



The devil realizes he's been doing the wrong thing. He goes to the boiler room and turns it down until it's at a colder temperature than ever seen on earth. He knows he's won now, so he goes back to the Canadians' room, only to see them jumping up and down in excitement. He shouts at them in fury, "WHY ARE YOU STILL HAPPY?!?!?" They look at him and shout at the same time, "Hell froze over! That means the Leafs won!"



Sometimes
we just need
to laugh
about our
failing
eyesight
and ability
to know for
sure what
we're doing.

Crabby Road 8-1-12



©Hallmark Licensing, LLC

Maxine.com

10 Tips for Fostering Teamwork

1. Choose the right people for every role
2. Get to know every member of the team
3. Play to individual strengths
4. Establish ground rules
5. Agree on a team mission
6. Promote sharing
7. Steer the conversation
8. Map goals and timelines
9. Ensure clear communication
10. Be fair



The challenge of
LEADERSHIP
is to be strong, but not rude;
be kind, but not weak;
be bold, but not bully;
be thoughtful, but not lazy;
be humble, but not timid;
be proud, but not arrogant;
have humor, but without folly.

— Jim Rohn

Simple Reminders
SIMPLEREMINDERS.COM



Important International News

On **March 8, 2021**, Lions will be joining the global conversation about gender parity on International Women's Day.

CELEBRATE INTERNATIONAL WOMEN'S DAY — March 8

"Women in leadership: Achieving an equal future in a COVID-19 world"

There's no better time to celebrate the women in your club than International Women's Day on March 8. Here are some great ways your club can get involved.

- ♦ *Go to the New Voices website for resources to celebrate women Lions.*
- ♦ *Post a selfie on Facebook in support of women everywhere on March 8.*
- ♦ *Share a story of an incredible woman in your club on social media.*



Is attendance and voting by Zoom considered to be the same as if you were in attendance at the meeting?

Election FAQs During COVID-19

District Conventions — If we are unable to hold our convention to elect officers, what happens next?

Club Elections — If our club cannot meet, how can we conduct our annual election of club officers?

[https://www.lionsclubs.org/en/covid-19-election-faqs?](https://www.lionsclubs.org/en/covid-19-election-faqs?el-)

[el-](https://www.lionsclubs.org/en/covid-19-election-faqs?el-)

[qTrackId=C37D9EB902BB566047C1B18431BD1D85&elq=8a19a75aaf094d9a9326b0e837321de6&elqaid=14193&elqat=1&elqCampaignId=1974&fbclid=IwAR0o9036PmazNoXHpM-dVaaxVbxjq6FKM5ts73mwtOeapgLPWU7MvkNXOUo#elections](https://www.lionsclubs.org/en/covid-19-election-faqs?el-qTrackId=C37D9EB902BB566047C1B18431BD1D85&elq=8a19a75aaf094d9a9326b0e837321de6&elqaid=14193&elqat=1&elqCampaignId=1974&fbclid=IwAR0o9036PmazNoXHpM-dVaaxVbxjq6FKM5ts73mwtOeapgLPWU7MvkNXOUo#elections)

Although the dates on this reflect last year, it can apply to this Lions Year 2020-2021.



IN MEMORIAM

Honoring the memory of those no longer with us

Dr. Kenneth Hartin

Richmond & District Lions Club Charter

President

PDG Laurie MacKechnie, Quyon Lions Club Charter Member

