



THE MANE WORD

Iroquois-Matilda Lions
District A-4
Zone 41 South

2nd and 4th Mondays
Iroquois Legion

Editor: Stephen.law94@sympatico.ca

Lions Year Events

December 2022

01 – World AIDS Day
03 – Morrisburg Santa Parade
05 - International Leo Day
09 – Tri-Club Christmas Party
25—Christmas (as if you needed a reminder)

January 2023

Hunger Awareness Month
13 - Melvin Jones' Birthday

February 2023

Childhood Cancer Awareness Month
15 Childhood Cancer Day

March 2023

08 - International Women's Day
18 – St. Patty's Party

April 2023

Environmental Awareness Month
Family & Friends Month
Leo Club Awareness Month
21-23 District A4 Convention, Kingston
22 - Earth Day
27-29 Club's Play at Upper Canada Playhouse

May 2023

Strengthen Membership Month
28 - World Hunger Day

June 2023

07 Lions Clubs Birthday
17 Galop Canal Bluegrass Chicken BBQ

Membership

At our Oct. 24th meeting, we welcomed two new members Anna and Len Cunning. Here they are with Lion Rick, Lion President Evonne and their sponsor Lion Carol.



Tri-Club Christmas Party

Each year, one of three local clubs (Morrisburg & District Lions, Ingleside Long Sault Lost Villages Lions and Iroquois-Matilda Lions) takes a turn hosting our annual Club Christmas Party for club members and their guests. This year's party will be hosted by the Morrisburg and District Lions Club. Details are:

- Friday December 09, 2022
- Morrisburg Legion 10 Legion Way, Morrisburg
- \$30.00 per person
- Cocktails @ 6:00 pm (cash bar) Prime Rib Dinner @ 7:00 pm

The deadline was Nov. 25th so if you are interested in attending contact Lion President Evonne immediately.

Just a reminder to bring phone or camera for pictures and cash for the draws. The Iroquois-Matilda Lions hosted the Tri-Club Christmas Party in 2021. Here's a few photos from that night.





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Meetings

2022

September 12

September 26

October 3 – Chinese food

October 24 – Oktoberfest dinner

November 14 – Yefsi's

November 28 Chili/sandwiches or lasagna/spaghetti (Guest speaker House of Lazarus)

December 12 – roast beef

2023

January 9 (Guest speaker Dundas County Hospice)

January 23

February 13

February 27

March 13

March 27

April 10 (Guest speaker J.W. MacIntosh Seniors Support Centre)

April 24

May 8

May 29

June 12

June 26

Lions International Strategic Plan

A Strategic Plan Built for Lions

Now we're building on this success with the Lions International Strategic Plan to ensure that we will always be ready to serve our communities and the world. This plan keeps us focused on the future so we can continue to grow and thrive.

Our strategic approach addresses key areas of Lions. Here's what we'll focus on as we move forward:

- Greater integration between Lions Clubs International and Lions Clubs International Foundation (LCIF) because we share the same mission of service.
- Stronger activation at the club level to make sure clubs are fully engaged.
- New models of engaging volunteers to make sure we're offering the opportunities they're looking for.
- More regionalization to make our plan even more relevant around the world.

To read more about the Lions International Strategic Plan, go to the LCI website at: www.lionsclubs.org/en/blog/Lions-international-strategic-plan

Hunger

Hunger is a problem without borders.

Global Statistics

- 1 in 9 people is (are) chronically hungry.
- Chances of food insecurity ~10% higher for women.
- At least 50% of children under age 5 have hidden hunger--lack of essential nutrients.
- 2 billion people lack regular access to nutritious and sufficient food.
- 25% of children are stunted due to lack of nutritious food.

Locally, **Community Food Share** has been serving Dundas and Stormont Counties for over 30 years. Starting as a smaller Dundas County Food Bank, the registered charity has expanded its scope to offer a wide range of services. Community Food Share partners with community groups to offer a variety of services, including:

- Healthy Choices Food Bank
- Tax Prep Assistance
- Community Gardens
- Community Advocate
- Growing Futures
- Christmas Basket Programs
- Heat for the Holidays

You can help your neighbours by donating food, money or your time. Community Food Share can be reached at 28 Ottawa St., Morrisburg or **613-543-0065** or by email at morrisburg@communityfoodshare.ca

House of Lazarus is a non-profit organization that works with the community to ensure that people have the basics of life. Their food bank and many outreach programs offer food, clothing, household goods, furniture and housing supports to those in need. It supports residents in Dundas County and South Stormont.

At our Nov. 28 meeting, the Iroquois-Matilda Lions donated to the House of Lazarus from our bingo account.



House of Lazarus can be reached at 2245 Simms Street, Mountain, ON or 1-613-989-3830 or by email at cashby@houseoflazarus.com

Apple Tree Ministry Community Christmas Dinner

Another local program that aims to alleviate hunger and also lift spirits is this community Christmas dinner. It will be held Christmas Day, December 25th at the Morrisburg Legion. Doors open 11:30 am. Dinner is served at noon. For reservations please call 613-543-3904 and leave a message or email stjames072013@gmail.com before December 19th.

Everyone is Welcome (Delivery / Take-out meals are available). Free will offerings are gratefully accepted to assist the Apple Tree Ministry in community outreach throughout the year. They still need donations of food and volunteer assistance. This is their 25th Community Christmas Dinner.