

District 19-D Newsletter



19-D District Governor Joe Nilles
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July 25, 2011

Volume 2011/12 - 2

August 2011 - DISTRICT GOVERNOR'S MESSAGE

Dorothy and I have returned from the International Convention in Seattle. What a wonderful experience! We visited with Lions from many different countries and states, and all were very enthusiastic about Lions. We had our picture taken with the International President Wing-Kun Tam.

The incoming District Governors had classes and seminars for 4 days and learned about our roles for the year and the goals and plans of President Tam's. Many of his goals will stay the same as last year with August being the time of Engaging Our Youth, October for Sharing The Vision, December and January for Relieving the Hunger, and April for Protecting Our Environment. All through the year as the seasons warrant will be for the Planting of Trees. His goal for planting is 1 million trees, and the District Governors in attendance pledged 4.7 million trees (our district pledged 1550 trees).

The International Parade of Nations was fantastic. It was the longest parade in the history of Seattle and perhaps the cleanest, most enthusiastic, and best behaved (the police loved us). The parade route was about a mile long, but if all the Lions were on the street at the same time, it would have been 3 miles long.

We attended the International Show, very entertaining; the Global Youth Music Competition, classical guitars; Melvin Jones Fellows luncheon; all the plenary sessions, which provided great entertainment; and listened to some well known speakers.

We didn't see all of our district members who were in attendance, but tried to spend a little time with all we did see. There were probably between 20 and 30 Distinguished D Lions in Seattle.

July has been a time for planning and family. August will find us on the road as we start our visitations with the clubs and hold our first cabinet meeting in Ashcroft and District. On Friday, August 5th, we will help Ashcroft and District celebrate their 60th anniversary. September will find us in Canada for the entire month, when our traveling adventures begin.

DG Joe

District Governors' Visitation Schedule



Aug. 6, 2011	Cabinet meeting at Cache Creek-Ashcroft & District Hosting
Aug. 18, 2011	Lake Chelan, Noon, Apple Cup Cafe
Aug. 23, 2011	Othello, Noon, Senior Center
Aug. 24, 2011	Greater Wenatchee. Sunrise, 6:30pm, Shari's, East Wenatchee.
*Aug. 25, 2011	Mattawa/Desert Aire, 6:30pm
Aug. 26, 2011	Wenatchee Central, Noon, Wenatchee Convention Center
Sept. 6, 2011	Revelstoke, 7 PM, Castle Hall
Sept. 7, 2011	Valemont, 7 PM, Lions Hall
Sept. 8, 2011	Forest Grove 94, 7:30 PM
Sept. 12, 2011	Chase, 6:30 PM, Chase Community Hall
*Sept. 13, 2011	Williams Lake Lions & Lioness, 7:00 PM, Big Mama' Steakhouse, HWY 97
Sept. 14, 2011	Ashcroft & District, 6:30 PM, Ashcroft River Inn Restaurant, Ashcroft B.C.
Sept. 15, 2011	Quesnel, 7:00 PM, Billy Barker Casino
Sept. 19, 2011	Highway 24 Interlakes, 7:00 PM, Interlakes Hall
Sept. 20, 2011	Clinton, 7:30 PM. Clinton Legion

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Add to last months list of Eye Glass collection boxes in MD19-D2 and D5.

Greater Wentachee Sunrise Lions Club

Eastmont Pharmacy - 630 Valley Mall Parkway, East Wenatchee, WA 98802

Costco Optical - 375 Highline Dr. S.E., East Wenatchee, WA 98802

Correction:

Location for Nathan Scott, OD is Chelan, WA. not Wenatchee, WA..



MD19 Fall Annual Convention - Yakima WA Oct. 13 - 15, 2011

Lions, Lioness, Leos plan now to attend the upcoming Fall Annual Convention. Final Deadline for all registrations Thursday, October 5, 2011. No refunds after October 5, 2011

It's going to take me a little longer
to answer my e-mails now....



This Month's PR Ideas ***Wolfgang Schmidt, PZC D-9***

In the last issue, I mentioned the five W's and the Seattle conference. If you didn't have a representative at the conference, use the International website to get facts and copies of press releases to build your story for the benefit of the club.

I have been delegated to write publicity for my club and I just want to show you, that your community newspapers are always interested in human-interest stories and pictures with local residents.

Have a look at the "certificate article" (on next page). This is something easy to do and you will a) show appreciation to a commercial supporter and b) use the occasion to get publicity for the club.

The Kettle River Lions Club had a 'signature project', which had to do with our local senior's residence. The article gives the news and also the background on the involvement of the club in serving, local and internationally.

I am sure you have many projects, which could generate this kind of publicity. Take the bull by the horn, so to speak (or the Lion by the tail – to create a new metaphor), use your activities and your imagination. If you have one local papers, send it to the editor once a month. If you have two Rewrite the article and send it to both with different pictures.

You will notice that I took a picture of our president – not in a meeting, not in the parade as such – but with an interesting eye catcher: the antique car.

Another local paper published my picture of the Lions Flag flying from the Space Needle.

To re-iterate the reason for having articles in Papers, the interviews on the radio or an interview on cable TV, is two-fold:

1. the publicity for the club will foster awareness in the community and might result in new members, or give you reason to talk to friends and neighbors by starting a conversation "Did you see the article"
2. Your members will feel good when they see their club mentioned in the press.

My job as an assistant to the District Governor is to make you aware of opportunities for publicity and to help you if necessary to master some of the tricks of the trade. Don't hesitate to email me with questions.

PZC Wolfgang Schmidt
zonechaird9@aim.com

Cabinet Meeting

The first cabinet meeting will be held at Cache Creek in Ashcroft B.C. Saturday, August 6th.

WHEN: Saturday, August 6, 2011 beginning at 11:00AM (muffins & coffee) Buffet lunches for \$10.00

WHERE: Ashcroft River Inn at the end of the bridge. (250) 453-9124. One queen bed \$68.93; Two double beds \$75.71 including tax. There is also an RV park on the property.

DG JOE'S MESSAGE: For your reports I would like everyone to have 3 goals spelled out in the **SMART** format. (Specific, Measurable, Attainable, Reasonable, Time Bound) These goals should be about what you hope to accomplish this coming year, not about the District Governor's goals. The only reports other than the goals would be on things that are **really** ongoing or important because of a short time line. I look forward to seeing each of you in Ashcroft! See Page 7 for Cabinet Meeting Agenda.



Diabetes North

FOOT CARE

Rondeau Brown, Diabetes Chairperson, North

People with diabetes are especially prone to injury and infections of the hands and feet. Since diabetes impacts the circulation and immune system, it impedes the body's ability to heal itself. Diabetes also damages the sensory nerves (this is known as "neuropathy"), especially in the hands and feet, and as a result people with diabetes are less likely to feel a foot injury such as a blister or cut. Unnoticed and untreated, even small foot injuries can quickly become infected, potentially leading to serious complications.

As always, prevention is the best medicine, and good daily foot care will help keep your feet healthy. A good way to start is to assemble a foot care kit containing nail clippers, a nail file, lotion, a pumice stone and a non-breakable hand mirror. It is recommended that you have your bare feet checked by your doctor at least once a year. In addition, ask your doctor to screen you for neuropathy and loss of circulation at least once a year.



The 2010-2011 club year was very rewarding for The MD19-D

clubs north of the border. In 2010 the clubs donated a total of \$23,046.96 Canadian Dollars. This pays for 83.8 children to attend camp. The cost per scholarship is \$680. each. No child is ever refused a scholarship.

Of the \$23,046.96 raised PDG Mike Conley raised \$3,272.60 while visiting the Canadian Clubs. Also \$6,469.54 was raised in Memory of Dee Hlavach/Eades.

Total Raised by MD19-D Canadian Lions since July 1, 2003 \$165,527.71.

Great Work and a Big Thank you to the Clubs!!! Keep up the Good Work this Year. If you have read this and your club has never donated to Diabetes North or South, Why not do it today?

Diabetes South

Welcome to the new Lions year!

Sunshine Didra, Diabetes Chairperson South

As the Diabetes South chairman, I wanted to find out how to get info for newly diagnosed diabetics. I had already learned that there are diabetes educators at many clinics in Central Washington, where I live. I also went on to the Lions International website (www.lionsclubs.org) and searched around to find information about programs and organizations that have information and help for those with diabetes or who want to find out more about diabetes.

First, I clicked on Our Work, at the top of the home page, then on Health Programs, which is on the left side of the page that came up. Next, I clicked on diabetes, which is highlighted in the body of the article called Focusing on Hearing, Diabetes and More. This brings you to the Diabetes Awareness Programs page, which is filled with resources you can click on and open. If you click on Diabetes Partnerships and Resources, it gives you highlighted links to several websites, including the American Diabetes Association. From their website, it is very easy to order a diabetes education packet. At the top of the ADA home page, Diabetes Basics and Living With Diabetes offer help for newly diagnosed diabetics.

If you click on the Diabetes Education and Camping Association link back on the Lion's Diabetes Partnerships and Resources page, you can find a camp for children with diabetes by entering a search word or words in the Directory. I entered Western Washington and several links to camps in Washington came up. When I put in Stix, the camp in Eastern Washington came up.

Many sites for Camp Winfield in B.C. come up when you search directly on the web.

Help is available online, as well as at your local clinics and hospitals. So pass this on to your clubs and members.

**Until next month,
Lion Sunshine**

MD19-D Club Events and Fund Raisers

Westbank Lions Club

Royal Revival of Rock'n'Roll

There's just under a month left until The Royal Revival of Rock'n'Roll comes to the Westbank Lions Community Centre, 2466 Main Street in downtown Westbank on Friday and Saturday evenings, August 12 and 13 and we've pulled out all the stops to make this the best Oldies show you'll see this year!!

LP and the 45s along with the Bigtown Horns will be recreating the era so well that you'll swear that you're there and we've contracted with SPL Sound to provide the very best sound and staging experience in the Okanagan.

And there are now a couple of great ways to make sure that you get a ticket to this one-of-a-kind experience. Just take a look below.

ABOUT THE SHOW

The Royal Revival of Rock'n'Roll is being presented by the Westbank Lions Club as part of our ongoing "Neighbours First. Always." initiative to provide assistance for our needy friends and neighbours. All funds raised stay right here in our community.



The show starts at 7 PM sharp on both nights and the doors open at 5 PM so everyone can grab a snack from the Lioness 50s Grill. There are FREE 50s hairdos and you can get a concert T-Shirt provided by WrightOn Signs in Westbank. The concerts will be recorded and you can pre-order a DVD of the festivities for delivery in September.

Tickets

Get tickets held for you

[Get Tickets By Email](#)

You can pick up tickets at only \$20 each at the Westbank Lions Community Centre Monday through Friday from 9 AM to noon or you can pre-order by email at westbanklionsclub@yahoo.ca. Just send us an email with your name and address and tell us how many tickets you'll need and for what night and we'll hold them for you for pickup either at the Lions Hall or on the night of the show - just tell us which option works for you.

We're offering this option because tickets are VERY limited and we don't want anyone to be disappointed - last year the Fifties' event sold out in just a few days. There may be a few tickets left for sale at the door on either night but don't take a chance - order early..

Stop by the Fifties Grill before the concert

[The Lioness 50s Grill](#)

Plan on arriving early for the show and drop into the Westbank Lioness Club's 50s Grill for the best burgers, dogs and knuckle sandwiches on the planet. There's also bar service available to make it even better.

The Grill opens at 5 PM both nights and will be serving right up to the 7 PM show time. There'll also be grill and snack service available during the show intermissions.

2-2466 Main Street

Westbank, BC V4T 1Z1

250-768-2322

westbanklionsclub@yahoo.ca.

[See Update on Page 6](#)



MD19-D Club Events and Fund Raisers

Westbank Lions Club GIO 500 Electric Scooter Winner

We'd like to thank everyone who participated in the raffle for the GIO 500 Electric Scooter over the past six months.

Through your support and generosity the Westbank Lions Club raised several thousand dollars for the benefit of local charities and causes.

Thank you!

The winner of the scooter draw was Ken Acquilon of Kelowna. Ken is pictured above being presented with the keys to the prize by Immediate Past President Ian Reid of the Westbank Lions Club.



Westbank Lions Royal Revival of Rock'n'Roll update

Opening Act Just Added

We're excited that we've come to an agreement to add Cynthia Leigh-Ann, one of the country's fastest-rising young artists, to the Royal Revival of Rock'n'Roll. Cynthia will be taking the stage at 6:15 both nights. Get more details at her web site:

<http://www.cynthialeighann.ca/>

Doors open at 5 PM for the best burgers and dogs on the planet from the Lioness Fifties Grill. Get there early and enjoy.

Grant County Fair - Moses Lake, WA.

August 16th - 20th

Come Support the local Lions Clubs of Grant County at the fair this year.



Moses Lake Lions - Lions Ears, ice cream, drinks, Espresso and deep fried Twinkies.

Moses Lake Lioness Club - Famous Space Burgers

Ephrata Lions Club - Hamburgers , etc.



Bring the family, eat at our booths, see the animals and then the rodeo.

Does your club have a fund raising event or an interesting project coming up or just completed?

Why not let other clubs know what you have been doing. Send any article you would like to submit to the bulletin editor.

The bulletin goes out around the 25th of the month for the upcoming month. The editor requests input around the 15th of the month so he has time to put things together.

Acceptable in put is .doc, .docs, .odf or .txt. .PDF can be used but it requires conversion and no changes can be made to it. Pictures can be .png, .jpg, jpeg or .gif .

The Editor <mailto:upscope@nwi.net>

19D Cabinet Meeting
August 6, 2011
Ashcroft River Inn
Agenda

1. Call to Order
2. *America*
3. *O'Canada*
4. Invocation
5. D.G. remarks
6. Banner passing
7. Motion to approve DEF kick-off meeting expenses from escrow
8. Discussion of the future of Zone 19D6 (only 3 clubs in this zone)
9. Report on Dee Hlavach Eades Fellowship
10. **ZC Reports**
 - a. D-1 ZC Sandy McMurray
 - b. D-2 ZC David Severance
 - c. D-3 ZC Geoff Davis
 - d. D-4 ZC Tony Herba
 - e. D-5 ZC Corallee Morgan
 - f. D-6
 - g. D-7 ZC Leif Bengtsson
 - h. D-8 ZC Morley Brown
 - i. D-9 ZC Linda Schaffrick
 - j. D-10
11. **Committee Reports**
 - a. Club Support Team
 1. Facilitator – 1st VDG Willem Roell
 2. Leadership – ZC Corallee Morgan
 3. Extension N. co-chairs – PZC Debbie Bostock, PDG Norma Bent
 4. Extension South – PDG Joan Hunter
 5. Membership North – PZC Lionel Burnier
 6. Membership Central – PZC Wanda Carisse
 7. Membership South – PZC Darrell Brady
 8. Public Relations – PZC Wolfgang Schmidt
 9. LEO – PZC Joan Thomson
 - b. Bulletin – Russ Fineman
 - c. Peace Poster – PZC Debbie Bostock
 - d. YEP North – PZC Al Fennig
 - e. YEP South – PDG Mike Conley
 - f. Lions Quest – PZC Frank Shelest
 - g. Sight Conservation North – PDG Doug Southerland
 - h. No Child Without – Linda Schaffrick
 - i. Lions Foundation of Canada – PZC Bob Ayotte
 - j. Leader Dogs – Nayda Littlefield
 - k. International Relations – Wanda Carisse
 - l. Lioness – Linda Schaffrick
 - m. LCIF Coordinator – PDG Dave Wilding
 - n. Information & Tech. – PZC Dennis Foster
 - o. CARE – PDG Ron Silver
 - p. Diabetes North – PZC Rondeau Brown
 - q. Diabetes South – PZC Sunshine Didra
 - r. Contests & Awards – PZC Wanda Carisse
 - s. BC Lions Society – PDG Brian Chadsey
 - t. Hearing North – PZC Howard Swaren
 - u. Hearing South – PDG Bev Bradford
 - v. Environment – Brett Bostock
 - w. C&B – Parliamentarian – PCC Bob Bradford
12. **Announcements & Upcoming Events**
 - a. Next Cabinet meeting November 5, Camp Winfield – PZC Al Fennig
 - b. MD19 Fall Annual Convention October 13-15, Yakima, WA
 - c. 19D Spring Conference April 27-29, Leavenworth, WA
13. Carry -in agenda items
14. Adjournment