

Kindness, a Key to Service

Our Message from DG Joe

DG Visitation Schedule:

- ~Not sure
- ~ Don't Know
- ~Anyone's Guess
- ~ Waiting to Hear
- ~ Best Guess Wins
- ~ Pray for Soon.



Websites:

- MD19 lionsmd19.org/indes.php
- District D e-district.org/sites/19d
- LCI lionsclubs.org
- NLF nlfoundation.org

We are about to start month 2 of our Lions year and it doesn't look like anything we have seen in the past. Clubs can't meet in the type of meetings we are used to, but with a little planning, we can meet in someone's back yard and still stay far enough apart to

protect everyone. The important thing is to stay in touch with all our members and look out for their health.

Things are a little tighter south of the border in what we can do. My own club and probably many others have lost most of their

fundraising activities until at least the first of the year if not longer. We can't let this stop us. We can continue to serve our communities with our hands and minds. Recently I was on a zoom symposium and discussion was held on virtual fund-

raising. It spoke of 4 different clubs and how they are looking forward to raising funds. It was a different way of using social media to help us continue our great efforts. For example, a LEOs club raised over \$15,000 in 3 weeks with a virtual concert. Even our own Wanda had a virtual wedding this past weekend. I have links to the different videos that I can send to any club who might be interested. I personally have trouble getting my mind around this, but our younger members can bring us up to speed on it. We are not too old to change the way we do things.

Many may be wondering what my schedule for club visitation looks like. I think, Shelley's schedule she put out last month, is probably close. "I don't know". I'm not up to speed on all of the requirements up in the wonderful north part of our district, but in the south, it doesn't look like we will be meeting as we are used to for quite some time. From what I hear, the border may not open till close to the first of December.

Bulletin Editor Shelley Costello shelan1437@aol.com

Please send articles by the 1st of each month for the current month's edition.

2020–2021 District Governor Joe

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We are living in challenging times with the virus, but that doesn't stop us from finding new projects, helping the environment, getting new members, and serving those less fortunate than ourselves. LCIF is continuing to work with communities in need, be it virus, disease, or flooding. Remember LCIF is our own foundation. Giving to LCIF is not limited to just clubs; reach out to community members and tell them what we do and ask for support.

The MD 19 annual fall convention has been canceled for this year. Next year's fall convention will be in Surrey, BC and then back to Penticton, BC in 2022.

Till next month, take care and stay healthy. DG Joe.

Environment....Angus Benedict

Hello fellow Lions. When we were school age (long time ago), the phrase was readin, ritin and rithmitic. Well, I want you to think about three 'R's now a days. Recycle, reuse and renew. I will submit some of my reuse projects I have done over the years on a monthly basis and I challenge all Lions to send me your accomplishments so we can share good ideas and prevent needless waste.

My 1st project was reusing industrial lamp shades for planters. As the pictures show – lamp shades on some scrap plywood with wooden wheels made from hole saw rounds from a wine rack I was building. A piece of angle iron and a bolt for an axle. They have been very efficiently movable and pleasant to look at. Also good conversational topics for neighbors and friends.

Send me your creations at environmentangus@gmail.com



Container
veggie garden,
beets and
carrots

District Goals for the 2020–2021 Lions Year MD19 – District D

We will continue to work for LCIF and campaign 100 and continue to encourage clubs to support their efforts.

We will work on this project when the DG, 1st VDG, and 2nd VDG visit each club. We will explain what the foundation does, talk of what the Increase in funding will help us do, and encourage continued support. It is Hoped this contact will increase donations by \$1000 over last year, which is \$24,479.72 at this time.

SERVICE GOALS:

Have 50% of the clubs do some type of Diabetes activity.

Have 50% of the clubs do some new type of environmental project and

Make communities aware of the need to support these activities.

Thru our visits to clubs and working with the ZCs try to get 90% of the clubs reporting their service activities on MYLION.

Continue to work and support the major global causes, Environment, Pediatric Cancer, Feeding the Hungry, Diabetes, and Vision.

Goals are so important to have, especially now. Think of a way to be active in our communities.

MEMBERSHIP GOALS & LEADERSHIP GOALS TO BE SHARED IN FUTURE MONTHS.

DISTRICT GOVERNOR	Joe Nilles	509-669-6766	lionjoe2@gmail.com
1 ST VICE DISTRICT GOVERNOR	Joyce Stevens	509-670-7527	jstevens98826@gmail.com
2 ND VICE DISTRICT GOVERNOR	Debbie Allan	250-554-1498	dandballan@telus.net
CABINET SECRETARY	Jeannette Britton	509-548-1947	jhbritton@earthlink.net

Where there's a need, there's a LION

My Fellow Lions,

Despite the doom and gloom being touted these days, we Lions remain impervious to pessimism, by staying active in meeting the needs around us. We “walk the walk” and “talk the talk”, by continuing amazing projects. And, hey, if we recognize some of the alarming figures coming our way, due to that dastardly virus, we take it on as a challenge, looking for new ways to carry out projects and maybe redefining our current projects. We will always live our motto WE SERVE.

Earlier in the past Lions year, the Vernon Lions Club raised over \$15,000 for two service dogs for local children. How? A lot of hard work and networking with community leaders and businesses. For three months the club, and some other clubs in the district, sold tickets for a Duck Race. Prizes were offered for the winning ducks; it turned into a major event in a park like setting. Congrats to the Vernon Lions!

Okay, you're already saying, “but that was before the virus.” Point taken. Does the term “virtual” sound familiar? The Duck Race could be held virtually, as well as other events. This is an area that we clubs need to explore, so we can continue our service undeterred.

Hats off to the Kamloops Paddlewheelers Lions, who recently supplied 5 Ipads to Senior Homes in Kamloops, so that residents can communicate with family members. What an amazing service project, in which isolation can be conquered! Congrats to the Kamloops Paddlewheelers Lions!

We Lions continue to serve. There are some amazing service project stories out there and, as your District D service rep, I want to hear about them....in detail...please. Thank you for the opportunity to serve (there's that word again 😊) in District D. I hope to learn much more this year to keep the clubs better informed.

Lion Dorothy Nilles

PEACH, FETA & PECAN SALAD

Mixed greens (10 oz)	2 peaches – sliced	2 oz feta cheese - diced
1/2 c. pecans	2 tbsp minced red onion	4 tbsp olive oil
2 tbsp white wine vinegar	1 tsp honey	dash of pepper

Wash and dry the mixed greens and set aside.

Prepare peaches, feta and red onion.

Whisk together olive oil, white wine vinegar, honey and pepper.

Toss half the dressing over the mixed greens.

Add all the rest of the ingredients to the mixed greens and toss with remaining dressing.

Cabinet Meeting

The first Cabinet meeting will be August 29th, 2020 at 9am, unless this is too early for some of you. The meeting will be held via ZOOM with the invitation to come at a later date. Lunch to be available at the drive up window at my shop, no charge. However, let me know who is going to take advantage of this offer.

Reports are to be on what you hope to accomplish this year, and how you will work to support my goals. Briefly they are to:

- Increase support of LCIF,
- show a membership growth of at least one by the end of the year,
- Get officers trained through on-line or in person training,
- Half of the clubs doing something for diabetes,
- Half of the clubs doing some new type of environmental project,
- 90% of the clubs reporting on MYLION,
- Continued support of Lions' major causes.

A longer version of my goals is above.

Your reports need to be in to cabinet secretary Jennette by 8/22/20
jhbritton@earthlink.net

If there are any items you want to put on the agenda please let Jennette or me know. The agenda will be sent prior to the meeting on the 29th.

**Reminder: of 2nd Cabinet meeting:
Nov. 7th, in Oliver, BC**

Please add dates to your calendars.

Since there may be several of you who have never heard of me, I'll take this opportunity to introduce myself.

After growing up in Maine and New Hampshire, I came to the Northwest where I finished college in Oregon and became a teacher in Washington. I taught in several high schools in Seattle, Wa. for 29.59 years (but who's counting?). After retiring, I continued to work as a substitute teacher for a few years. My assignments included several "long term", meaning several weeks to a semester or more.

Five years ago I moved to Leavenworth to be closer to my sister, Joyce Stevens, and shortly after joined the Leavenworth Lions. In 2017-2018 I completed my first stint as secretary of the club.

I look forward to working with Joe and all of you this year.

Helping others less fortunate than us is what we do. Sometimes it only takes a smile to brighten someone's day. We walk with the knowledge that we never walk alone.

We Serve!



- **Easter Seals** was able to ensure a stable operation throughout the pandemic
- Due to a health order, we were not allowed to run our typical weekly camp program;
- Instead, the staff quickly pivoted with innovation to create an online Camp experience! Over 200 have signed up and attending weekly “camps”, as close to a virtual camp experience we could create! Complete with camp fire sing songs, virtual field trips whale watching and the Calgary Zoo and the infamous Talent Night.
- Here is what a camper mom wrote to us last week;

I can't say enough in terms of how grateful both Tina and I are for all the time, effort and energy you all put into creating such an incredible experience. Tina lives for camp. It's the highlight of her year and it's beyond description to explain how significant it is in terms of the quality and enjoyment of her life camp experience brings to her.

She loves all of the leaders and all of the experiences she gets to enjoy. We generally don't tell her that she's been accepted to camp too early on because she literally will not sleep for weeks due to the excitement and anticipation.

This online experience was incredible and so greatly needed. She hasn't attended her day program for the past 6 months and the impact has been tremendous. She's become so lethargic without having her daily structure in place. Camp gave this back to her. She was up ready to go bright and alert each morning and enjoyed every moment of it. She was of course exhausted by the end of the day and even more so by the end of the week, however it was a tremendous experience for her.

- Although our plan is to offer “real” camp next year if safe to do so at all three camps, we will evaluate whether we might also offer an online option for those that may not be able to attend
- Our City Day Camp will go ahead as planned in person; manageable & safe with small groups; It will run for 4 weeks in August in Vancouver and Victoria
- Easter Seals House is celebrating it's 65th anniversary this year! 35years at the Oak Street location
- In march with all of people's medical appointments being cancelled, occupancy at the House dwindled rapidly. We ceased our regular operations temporarily and offered the facility as a “COVID crisis centre” to Vancouver Coastal Health; Due to the excellent isolating nature of the suite set up, they immediately took over operating it and it has served as a shelter for Woman and children fleeing violent homes, which unfortunately escalates in a time of crisis.
- Our regular Easter Seal House operations will start back up again August 1st with medical appointments and surgeries being restored
- Over the past few months, we have been working hard on doing a few upgrades to our camps as well as Easter Seals House, in February, we received a \$300,000 grant from the provincial government to do this work
- We continue to fundraise and need support from the Lions as much as ever
- We are so happy to let you know that the Lions Camp Improvement Committee – Winfield recently donated \$50,000 to refurbish a men's and women's washroom and showers.
- Chrome & Cocktails Event has been moved to May 1st, watch for details
- Our Drop Zone event is a socially distanced safe event to run, the events will happen mid September in Vancouver & Surrey. Check out the website for more details
- Questions? Please do not hesitate to contact Lisa Beck ,
CEO lbeck@eastersealsbcy.ca 604-720-5129