



WE SERVE IN LION COUNTRY

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ZC Debbie's Remarks

Wow, the year is over – it has been a great one and I wish to thank all of the Clubs of D3 for doing what they could during this difficult year. I must have done something right, because you have given me your vote of confidence to remain as your Zone Chairman for a second year. Of course it also might have something to do with the fact that no one stepped forward to take on the position!!! I look forward to visiting all of you in person. This upcoming year our incoming District Governor is Lion Joyce Stevens of Leavenworth Lions, and I look forward to working with her to make this a great year. I know you will all support Lion Joyce and enjoy meeting with her, hopefully in person. I wish to extend congratulations to all of the incoming officers – I am looking forward to working with all of you. It looks like we might be back to a semblance of normalcy this summer, I plan to enjoy it, I hope you can all do the same, have a wonderful summer and look forward to seeing you all in the fall. I know some of the Clubs are finding projects to do, even with the challenges faced – I wish you all success.

Life is 10 percent what happens to you and 90 percent how you react to it

Club Officer Leadership Training Dates

If you missed the excellent training session held in May, please register for one of the training dates listed on the flyer attached, with the link 'register here' for either date. The dates are July 24th or September 25th both are from 9 am to 12:30 pm. You must register in order to attend these sessions. All members are welcome but most especially the incoming officers, even if you are staying on in the position or have held the position in the past. There is always something for you to learn and get to meet other Lions/Leos and share ideas.

Zone Accomplishments

The clubs have really done very well, even during these trying times we have faced this past year. We are currently at the same number as at the start of the year. So I look forward to hopefully being able to add some new members before the end of our Lions year. I know that Ashcroft and District has some potential new members. That club has also been able to be active during this difficult year. Way to go Ashcroft. Also Logan Lake took on a new project in the community newsletter and has been active in the community. The Kamloops Clubs have not been quite as busy. With the second vaccine now getting into the arms of our members, let's think what we can do.

Communication Tip

JUST SAY, "THANK YOU"...Do you have a problem accepting compliments? Do you often answer, "Oh, it was nothing." If so, be aware that in many cases such unconscious deflecting of a compliment is interpreted negatively by the person who makes it. Try this instead: just say "Thank you." Nothing more is necessary. IT seems so basic, but you'll be surprised at how well this simple, straightforward technique works.

Monthly Membership Report

Thank you to all the clubs in the zone for getting their reports in on time. It is very much appreciated. Let's keep it up and make it happen each month next year as well. Again we are trying to make sure that in District D that the report is done by the 20th of each month, so make a note on your calendar so you do not forget.

Let's Give Back to the Environment

DO YOUR PART BY CONSERVING WATER! DID YOU KNOW?

- About 96.5% of the water on earth is too salty for consumption, and 2/3 of the remaining water is fresh water which is in glaciers, ice. That doesn't leave a lot of water left! TIPS to conserve GALLONS of water each month...
- Take shorter showers as a typical shower uses 5 to 10 gallons of water a minute. Limit your showers to the time it takes to soap up, wash down and rise off.
 - Don't leave your faucet running when you wash or rinse dishes, wash your hands or face, brush your teeth or shave.
 - Rinse your fruits and vegetables and reuse the water to water your plants.
 - Don't flush unnecessary things down the toilet as each flush can waste 5 to 7 gallons of water.
 - Avoid soaps filled with toxins as the toxins can go down the drain and pollute the water, and consider switching to a natural, eco-friendly soap.
- Reuse your bath towels when at home or at a hotel! Let them dry properly and wash after every 4th or 5th use. Towels don't need to be washed every time they're used.
- Capture rainwater and consider installing a rain barrel



Helping in our Communities



Thank you to the Kamloops Paddlewheelers ,
On behalf of all the Residents & families of Pine Grove Care Centre, words cannot express your kindness and generosity. We are so grateful for your donation to install a sun shade in our back yard so our residents can enjoy the sunshine and stay safe.
Thank you from the bottom of my heart for all the wonderful work and support you have given to us at Pine Grove Care Centre.
The quote "there are angels" all around us is so true. Thank you for been our angels.

Lions Gerry and Angela with staff and residents.

A lot of people get the reputation for being cheerful when they're really just proud of their teeth



Look Who Celebrated his 90th Birthday

Our own PZC Geoff Davis. Nearly all in our Zone know Geoff. He was our Zone Chair for 2 years and is one of the biggest promoters of visitations.

We all wish you all the best Geoff; our Zone would be a much less joyful one without you in it. You introduced us to some memorable characters. Some of us remember you as Zone Chair you ran your Zone Meetings as Professor Know It All, very aptly named. And some of us know you as your other persona Hal Hackleberry.