



MD 19-D3



SERVING OUR COMMUNITIES

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News From:

ZONE CHAIR LION DEBBIE BOSTOCK

October 2021

ZC Debbie's Remarks

Can you believe Halloween is almost here? There is a definite chill in the air and a dusting of powdered sugar in the higher regions of our mountains. Yet still the fires rage in California and the hurricanes are not finished in the Caribbean.

This month I have visited Logan Lake with 1st VDG Debbie. Unofficially I accompanied DG Joyce on her visits to North Kamloops, 100 Mile House and Quesnel. And will be going to Williams Lake with her on the 26th.

A busy month with our 2nd Cabinet Meeting via zoom wihcih anyone is welcome to attend. Just let me know so I can forward the link. I have a visitation with 1st VDG Debbie to Kamloops Aberdeen coming up on the 19th at noon and a visitation to Ashcroft and District with her on the 20th. I enjoyed all these visits and it is so good to be able to meet in person and enjoy the fun and fellowship this allows.

ZC Debbie

MD19 Convention

This year it will again be a virtual convention. This will make it a very cheap one to attend, no travel expenses or accommodation, food etc, so please join us for a fun time. The cost to register is only \$25 us. You can do so by going on to the MD19 website. I am also attaching a flyer about the convention along with this bulletin.

District Governor, 1st & 2nd Vice District Governor Visitations

Oct. 25, Enderby	Nov. 4, Leavenworth
Oct. 26, Williams Lake	Nov. 5-6, MD19 Fall Convention, Virtual
Oct. 28, Chase Lions	Nov. 9, Waterville
Oct. 30, 2 nd Cabinet Meeting via Zoom	Nov. 12, Wenatchee Central
	Nov. 22, Kelowna Okanagan Mission

1st VDG Debbie

Oct. 19, Kamloops Aberdeen
 Oct 20, Ashcroft & District
 Oct. 27, Forest Grove
 Nov. 3/21: Barriere
 Nov. 4/21: Valleyview Overlanders
 Nov. 18/21: Kamloops Brock Central
 Nov. 25/21: North Shuswap
 Valemount: spring 2022

2nd VDG Mike

Nov. 24/21: Westbank Lions Dec. 8/21: Peachland Lions

The greatest accomplishment is not in ever falling, but in rising again after you fall.

– Vince Lombardi

Membership

I hope you are all thinking about membership. Congratulations to Lion Sue Peters for bringing in Ashcroft and District's new member Jackie Berkey. This club also has a couple more prospective members in the wings. I know Kamloops Paddlewheelers have 2 prospective members. It goes to show that even during these challenging times, there are still prospective Lions out there. You just need to ask! 2nd VDG Mike is our District Membership Chair, so if you need some ideas or information he is more than willing to assist. Lion Mike will be presenting on Membership at our 2nd Zone Meeting in January.

Lions Quest

Instructional Strategies

Here are a few ideas to help you build a safe, nurturing, comfortable group environment:

Eliminating "Put-Down" Statements - Put-downs are defined as statements and actions that diminish a person using hurtful language or direct insults. When put-downs occur, the consequence is to offer three "Build-Up" statements that can be offered in person, written, and delivered directly to the target person, or given to the facilitator to check if the statements are truly "Build-Up" statements before delivering them.

Establishing a "Get Quiet" signal - The facilitator establishes a respectful signal to indicate when one activity is ending and another is about to begin. This signal can be raising a hand while participants do the same and draw their conversation to a close, or it can be a bell, chime, or physical signal such as hand clapping or a gesture. It allows the facilitator to manage group work activities without raising their voice or talking over others. The facilitator may also want to announce how much time remains in the activity so that participants have time to finish their thoughts or last sentences. This models the value of every voice while simultaneously models time management.

Source: Lions Quest Universal Program Guide

Zone Meeting

The 1st Zone Meeting was held on October 2nd via Zoom. Four of the Clubs were represented and we had the D8 and D10 clubs as well. PZC Dorothy Nilles spoke to us on Service; she is our District Service Chair. Lion Dorothy gave us some history on Melvin Jones. She reminded us that Service is our #1 priority. If you are having problems trying to report your club's service activities please let me know. ZC Karen has a Tutorial booklet that she has found very helpful, and we want to help if you need us to.

We also had PCC J.D. Nellor present information on the MD redistricting. There is lots of information on this if you go to the MD19 website.

Lion Dawn Brush, she is our District Mental Wellness Chair, gave a presentation on Mental Health. Very informative.

We touched on a zone project at the Zone meeting, and asked it to be taken back to the clubs for any further ideas. We thought due to the wild fires this year; we should do an environmental project such as planting trees, recognizing tree planters with a Tree Planting Awareness Day. Or perhaps something to do with Mental Wellness. We are looking for input so if your club has info on any of this, please let me know, we will discuss this further at our zone meeting is on January 22nd via zoom.

Fund Raising

Ashcroft and District have their annual raffle going on right now. This has been a very successful event for them. 1st prize is \$1,000.00, 2nd prize is \$500.00 and 3rd prize is \$250.00. If you would like to purchase tickets I have some. The cost is \$5.00 for 3 tickets and the draw date is Dec. 10th. Just in time to give you some Christmas shopping money. They sold out last year, so time is running out for you to get in on this great fundraiser.

If you have an event, project, function or program that you would like to promote, send it to me and I will put it in the bulletin. debbie.bostock@gmail.com

LCIF Club Coordinators

Our Training day For Campaign 100 for District Coordinators, DGs and their team and Club coordinators is fast approaching. This will be a training session starting at 9 am. on Saturday Oct. 23rd via zoom. If your club has an LCIF Chair please make sure they know about this training. I need to pass on those participants so I can get the link to them for this meeting. This is the last year for campaign 100 so it is important that our clubs support the effort, having an LCIF chair in your club is important so information can be sent to them, to pass on to the club.

Service Project Idea



Kamloops Paddlewheelers Lions Club members Angela and Gerry Hamilton came up with this really special service project idea. This is for seniors in some of the Senior Care Residences around Kamloops. For those seniors that have no family or friends to visit them, Lions Angela & Gerry make up small packages to take in to the homes for the birthdays or special occasions for these residents. The gifts are simple, a coffee/tea cup with tea/hot chocolate/coffee packets in it. Even filling a small bag with some chocolates/candy/baking can be a special thing for these people. So if you may have some things in your house that can be repurposed for something like this, think about it for Christmas.

Websites:

- MD19 <https://lionsmd19.org>
- District D <https://e-district.org/sites/19d>
- LCI <https://lionsclubs.org>
- Border Crossing <https://lionsmd19.org/newsletters.php>

D3 Clubs:

Ashcroft & District – President Sue Peters 250-457-0068 Secretary Vivian Edwards 250-453-9077
Kamloops Aberdeen – Lynne Davidson 250-372-8442 Secretary Beryl Cook 250-425-9280
Kamloops Brock Central – President Bill Sutherland 250-3371-0115 Secretary Tanya Martin 250-376-9588
Kamloops Paddlewheelers – President Al Walker 250-571-6563 Secretary Beth Gauthier 778-257-2759
Logan Lake - President Joan Saunders 250-523-9910 Secretary Annette Masney 250-523-6460

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