



APRIL 2023

SM7 GRAM

Inside This Addition

1-2: Leadership News

3-10 Cabinet News

11-13 News Around the District

14-15: Upcoming Convention Info



HELLO FELLOW LIONS AND LEOS,

Our cabinet has been working on a policy manual for our District 5M7. Earlier this year I asked our multiple chairperson, Glen Kaufmann, how to proceed with this. He suggested that I not reinvent the wheel and ask other districts that have policy manuals for a copy of theirs as a start. I did that. I contacted the 5M2 and the 5M10 and they both graciously sent me copies of their manuals. CC Glen advised me to add or subtract as we saw fit for our own district. One of our PDG volunteered to help with this and started putting ours together. I took a copy of what we had to our last cabinet meeting and the cabinet decided it needed more work. I agreed. We are still trying to put this together. Some of your fellow Lions are probably asking, "why do we need a policy manual?" I feel we need one to help our leadership get answers to what needs to be done and when it needs to be done. When I became a DG I struggled with getting answers on issues important to running our district. I knew I could ask different PDG's for advice and I did that a lot. Thank all of you who have been helping me. But I found out that sometimes when I asked three different PDG's the same question on an important issue I would get three different answers because as humans, we forget or remember things differently.

If we have a policy manual we can look it up. Some of the Lions that are helping put this together suggested that part of our new policy manual is already covered in our constitution and by-laws. I don't see a problem with this. If we have a table of contents you can go directly to whatever you are looking for, You don't have to read this manual cover to cover to get answers. Thanks to all the Lions that are helping put this together.

I have attended quite a few governor visits this past month and have enjoyed all of them. My wife likes to accompany me but spends a lot of evenings with our grandkids. We have a two year old granddaughter that has a spitting image of my personality, full of the devil. She's giving grandma more gray hair than the other three grandkids put together. The other day she stepped into my hiking boots and tried to chase my German Shorthair around the kitchen. Grandma wasn't impressed.

I have had three dogs in my life. A chocolate Lab, a Cairn, and a German Shorthair. Lab's are the most loving dogs in the world and they try to get along with everyone. Cairn's are the most stubborn. You don't walk a Cairn, they walk you. I now have a German Shorthair. It took a while to warm up to each other. He was a shelter dog. We are now best friends and I couldn't ask for a nicer dog. Our grandkids can push, lay on him, chase him, take food away from him, (this really amazed me the first time it happened) . One of my grandkids dropped a pork chop on the floor, the dog grabbed it, and before I could intervene one of my grandsons reached over and took it away .

When I go to club visits and meet new Lion members who all have different personalities I think about the dogs that I've had in my life. I try to look at the positive side of people. All the Lion members that I meet are good Lion members, we all joined for the same reason. The same reason 1.4 million people joined Lions, we want to serve. I love being a Lion.

Our district volunteered to host the 2025 Lions Multiple Convention. If you would like to help on this committee would you contact me . Our spring training is being put together by Lion Orville Lindquist. The date is Saturday, May 20th and will be held at the Spring Lake Park High School. Please plan on having officers from your club attend this.

I still have five clubs that have not contacted me for a governor visit; please do so.

DG Mark Landwehr



LEADERSHIP MESSAGES

Hello Lions and Leos!

Change is upon us! It started last month when we turned our clocks ahead one hour. This month we will watch with delight as the snow melts. We observe with anticipation the daylight hours lengthen. All these changes we have experienced before and we take them in stride.

But what about other changes? Changes like taking on a new role at work or in your club? Is it fear of the unknown that prevents us from forging ahead? Fear of failure? Fear of success? Change can be unsettling at times, but, all in all, everything works out. And, more often than not, the change ends up being good.

We learn, we grow, we teach others what we learn. That is how we become better at what we do. That is how we become a better club. Even if we do fail we still learn and teach others. Learning a new hobby is a good example of changing and learning from failures. Our first attempts at anything are likely to not be perfect. However, we learn from those imperfect experiences ways to improve. I would also say that teaching others when you have a "eureka" moment is a way cementing those changes and maybe learning something new in the process.

Your community is watching your club. They celebrate your successes in the changes you make in your communities. And they are awed at the resilience you demonstrate when you learn from failures and try again.

There are many opportunities presented to you through the Lions through our districts training, training on LCI and even in your own club that can spur change and growth in your club, district, work and life that don't cost anything, but the benefits can be immense. See if you can find opportunities to learn and change here in the SM7 Gram. Change can be good and beneficial.

Let's learn together and serve together to change our communities for the better.

DGE Peter Lendway



Fellow Lions and Leos,

Hello! The sun is shining, the snow is melting, the days are longer! By golly, I think Spring might be on the way. We'll see green grass and blooms of all kinds before we know it. Mother Natures annual new beginnings season is upon us.

Is your club working on your annual new beginnings season? Have you voted on your new club officers? Are plans being made for your upcoming service projects? Are you mixing things up a tad or sticking with your safe, tried, and true?

Farmers rotate their crops. If they continue to plant the same crop in the same field year after year, they will deplete essential nutrients from the soil. The practice of crop rotation reduces reliance on one set of nutrients, and the probability of developing resistant pests and weeds.

NO, I am not saying you are a bunch of farmers with a club full of weeds and pests! My point is, we are only harming ourselves when we settle for comfortable and routine. Are you utilizing the talents of your members to their full potential? Do you encourage change, share duties and responsibilities or do you rely on the same people year after year?

Step up and run for club office or take the lead on a project. Refresh the energy of your club. Allow yourself the potential to grow. No task is too big or fresh new idea trivial. Nobody travels down this path of Lions and volunteerism alone. There are endless opportunities for growth and support. Don't be afraid to step up and ask.

Once you are done selecting your new leaders, sign them up for the **District Spring Training event on May 20. ALL CLUB OFFICERS** should be attending...that means seasoned, long-term, and brand-new officers alike. Your attendance is encouraged and expected. You will hear DGE Lion Peters goals for the upcoming year. You will have the opportunity for networking with fellow Lions throughout the District. There is always something new to learn as we launch into a new year of service.

Yours truly with continual blooming and growing in Lionism!

IVDGE Lion Mary

CLUB LEADERSHIP ELECTIONS



Did you know that nearly half of clubs did NOT meet the end-of-April deadline to conduct and report club elections last year? Several didn't even get that done before the new Lion year began on July 1. I get it – it is hard to pull people together, hard to get candidates for certain positions, hard to get things reported. Plus – we all have lives and so do our club members.

Now that the leadership election season for 2023-2024 is beginning, we want to change that. Why is this important? Strong leaders are the future of our clubs and the future of Lions. If we don't take this seriously, we hurt our movement.

The ask – for all current club leaders – is to make elections a priority, get good conversations in your clubs about who those leaders might be, conduct good elections and get the results reported by April 30. This sets all of our clubs up for success in the new Lion year.

Orville Lindquist, GLT Chair orville.lindquist@gmail.com

5M-7 LIONS SPRING EXPO AND TRAINING

Folks who will be leaders in the new Lion year should mark their calendars for spring leadership training and work sessions (our Spring Expo)

Saturday, May 20, 2023

Spring Lake Park High School

10 AM – 1 PM – includes breakfast treats and lunch

We will bring together some great people from around the District and trainers from around the State to plan for the year ahead. There will be focused trainings and work sessions for several leadership roles –

- ◆ Presidents & Vice Presidents
- ◆ Secretaries
- ◆ Treasurers
- ◆ Zone Chairs
- ◆ Membership Chairs & Service Chairs

As leadership elections conclude, new leaders should plan to attend and mark their calendars (which is why there is such push to get elections done and done on-time). More details will be in next month's Gram

Orville Lindquist, GLT Chair orville.lindquist@gmail.com

*Save
the
Date*



Governors Recognition Banquet

June 10th 2023

Kraus-Hartig VFW Post

Pleasant View Drive NE

Spring Lake Park

More Information to follow

LIONS AND LEOS



Happy Spring 2023 to all the Great Lions of District 5M7. "They" tell me that Spring is officially here, and I do see signs they may be right!

Please contact PDG Lion Steve Linder or myself about visiting your Lions Club this spring or summer. We would like to show a video tour of Lions Gift of Sight. The video explains how donated eyes are transported to our lab in Minneapolis and what happens once they are received.

If your club has used eyeglasses or is interested in the video, please give PDG Lion Steve or myself. We would love to visit your club!

Also, the Vision Foundation will have a table at the upcoming Multiple District 5M Convention being held in St. Cloud at the Holiday Inn on May 5 - 7, 2023. You can bring your used glasses and pick up any vision related supplies you need. Thank You for all you do!

PDG Lion Terry Wold at 612-759-5433 and at terry_wold@hotmail.com

PDG Lion Steve Linder at 612-382-2236 and at slinder71@usfamily.net



In March's Gram we talked about the state fair. We wrote "Use this link to sign up." Unfortunately, the link was not ready in time to be included before article deadline. There was no link in our article. No one has reached out to ask us why or even where they could find the link. This makes us wonder, **DOES ANYONE READ THIS?** We hope everyone is! We really enjoy working alongside our District Lions at the State Fair and can't wait to see who signs up to join the fun. Please open the link (Ctrl and click to follow link). Sign up to work on **Monday, August 28** or **Tuesday, August 29** only at this time, please. Remember you will receive free fair admission! No experience needed! We will train you onsite.

Lion Mary Curtis and Lion Ann Kaduce

State Fair 2023 Kidsight Screening

Many Thanks to the clubs that have been doing screenings in their schools and communities. We have increased our presence in schools and it has been a positive experience. The schools are impressed with how efficiently we provide screening results. May this service continue to grow. Contact us if you want to learn how your club can offer this service to your community. We are starting to receive calls to reserve screening equipment for community events this summer. Keep the calls coming! We would love to have a full calendar with all our machines spread out across the district!

Lion Mary Curtis and Lion Ann Kaduce

SM7 KidSight Foundation Directors

5m7lionskidsight@gmail.com

Vision screening is not the goal, it is the method we use to reach our goal of every child seeing clearly!

DID YOU KNOW



MD5M Lions KidSight
has a
FACEBOOK Page

 Like us on
Facebook!

and Instagram Account

FOLLOW US ON
Instagram



Greetings 5m7 Lions and Leos,

Please don't forget about the **Strides Activity Challenge**. You can sign up now through April 30th. Sign up on your own to raise funds for the MN Lions Diabetes Foundation (MLDF) or you can create a team with your club, your friends, your family, etc. This is an online fundraiser, with some activities on your own. Please see the flyer below and let us know if you have any questions at all.

MN Lions Diabetes Foundation MN Lions Diabetes Foundation
JLHBELLS@earthlink.net and
mnedwards1@bellsouth.net

"Catch the Dream" ...Life Without Diabetes!

Minnesota Lions Diabetes Foundation
STRIDES for Diabetes Awareness

February, March & April 2023

Commit to 15 Miles of Physical Activity a Month

2000 steps = 1 mile

You Choose Your Activity

Be active on your own

Be a part of a team

Register at: MNLionsDiabetes.org

Registration opens February 1, 2023

\$30 Registration Fee

T-Shirts available



Physical activity, and healthy food and beverage choices are key to preventing diabetes and improving health.



Net Proceeds benefits
 Minnesota Lions Diabetes Foundation, Inc.
MNLionsDiabetes.org



IMPORTANT NOTICE

Over the next few months we'll be voting for and installing our new officers. In order for me to get the newsletter out to the appropriate people, I'm asking club officers (past or new) to send me their upcoming president and secretary's name, email address, and club name.

This will ensure that your newsletter continues to get to the right person. If club officers remain the same, please share that information also. Thank you
Gram Editor



Our Mission:
Connecting, empowering and transforming kids with Type 1 Diabetes.

WISH LIST!

Dear Lions of District 5M7 as 2023 starts Camp Sweet Life Adventures, Inc. says thanks to all the Lion's Clubs for continued support or our programs for kids affected by Type 1 Diabetes.

Camp Sweet Life has put together a short "wish list" (a list of possible items or monetary donations your Lions Club could make directly to Camp Sweet Life).

Here are a few items we ask you to consider making a tax-deductible donation towards (note: we can always mold a donation amount or program/event to fit your Lions Club).

Camp Sweet Life is a 501(c)(3) non-profit and charitable donations through gambling funds

Wish List Items:

- A. Sponsor a Cabin - \$150 – your Lions Club name put on Cabin for Camp 2023!
- B. Sponsor a Camper - \$400 (includes all program, medical, meals)!
- C. Sponsor a Golf Cart - \$500 per cart for the week of Camp (need 6)
- D. Juice Boxes - \$1,000 (a necessary ER staple needed at Camp for lows)
- E. Program - \$2,000 – be a signature sponsor for our feature program – T1D Ninja Warrior Katie Bone!

Make Donation today: make your check to Camp Sweet Life and mail to:
Camp Sweet Life Adventures, Inc
26486 Sioux Trail
Madison Lake, MN 56063

Can we visit your club? Contact Rene' Maes Jr. (Lion Rene') at:
Rene.Maes@campsweetlife.org or 507-995-6910cell

Camp Sweet Life Adventures, Inc. | 26486 Sioux Trail, Madison Lake MN 56063
Email: info@campsweetlife.org | Website: campsweetlife.org
Camp Sweet Life Adventures, Inc. is a 501(c)(3) non-profit organization.

Get ready for the



Lion Portal

In a few months, we'll be combining MyLion, MyLCI and Insights, along with some additional tools and functionality, into a unified mobile-friendly experience called the Lion Portal.

Help ensure a smooth transition. Make sure your Lion Account information is correct in MyLCI or your regional reporting system and has a unique, unshared email address.



Learn more here: lionsclubs.org/portal-updates.

LCI is updating the digital tools you use as a Lion. To put it simply, we're taking the functionality you have today with MyLion, MyLCI, Insights and other tools and combining them into one cohesive and consistent experience – the Lion Portal.

These resources and FAQs will help make sure that you and your fellow Lions and Leos are ready for the new Lion Portal. www.lionsclubs.org/en/resources-for-members/digital-products/portal-updates

Note: Remember to put activities on your FB page as well as the District's (5m7Lions) FB page.

District 5m7 has returned to Facebook.

Take a look and Like our Page! "5M7 Lions"



MN HEARING FOUNDATION SILENT AUCTION

The Minnesota Lions Hearing Foundation has been invited to host the **Silent Auction Room** at the Multiple District Convention, May 5-7, in St. Cloud, MN.

By supporting the Silent Auction, you help your Hearing Foundation continue its mission of research, education, and promoting hearing health. Here are just some of the ways we're fulfilling our mission this year:

- Contributing \$250,000 to rebuilding and re-equipping the Lions Temporal Bone Laboratory. The Lions Temporal Bone Lab is, the words of Dr. Meredith Adams, "The place where otologic surgeons are born." This is where doctors learn surgical techniques before going into the operating room. It is also a place where significant research and discovery takes place.
- Funding up to \$75,000 in new research grants centered solely on hearing related research.
- Beginning a new program to purchase hand held hearing screening devices that will be taken to schools, preschools, conventions, and other sites to do hearing screening.

To do all these things and more, we need your club's help! Here's how you can help...

Please consider donating a silent auction gift or gift basket from your club along with a bottle of wine or spirits to be used in a "bottle" game to help raise funds. Your help will provide us the opportunity to showcase the Minnesota Lions Hearing Foundation.

Please bring your gift basket and wine or spirits Friday evening to the hotel and turn them in at the convention near the registration table. Or, if your Club isn't attending and would like to donate a silent auction gift basket or other gift item, please bring your donation to a cabinet meeting, zone meeting, or contact your district's Foundation Trustees.

Thank you in advance for supporting your Minnesota Lions Hearing Foundation.

Lion Mike Benedetto 612-735-5423
mbenedet@smumn.edu

Please note: We need another Hearing Foundation Trustee for our District 5M7. If you are interested in serving on the Hearing foundation contact Mike Benedetto at 612-735-5423 mbebedet@smumn.edu for more details



BOARD OF TRUSTEES

John Tudor & Bob Melin, 5M1
Marv Grimm & Wanda Breimhorst, 5M2
Allen Struck, 5M3
Barry Erdhal & Bob Kulbeik, 5M4
Cheryl Jechorek & Kevin Walsh, 5M5
Marlene Haymen & Jeff Carnes, 5M6
Mike Benedetto, 5M7
Mike Appel & Bob Harms, 5M8
Michele Plagman & Laurie Kommer, 5M9
Susan Balstad & Barb Tanski, 5M10
Jerry Amiot & Gladwin Lynne, 5M11

OFFICERS

Michele Plagman, Chair
Rose Thies, Treasurer
Lori Steinemann & Bob Jechorek
Executive Secretaries

WEBSITE:

www.5mhf.org

EMAIL:

rose.thies@sibleyeast.org

REGISTRATION & PAYMENT INFO.

Checks payable to:
Minnesota Lions Hearing Foundation

Rose Thies, Treasurer

DFEET WALK

2023 MN Lions Hearing Foundation Fundraiser

Dear Lions and Friends:

Your Minnesota Lions Hearing Foundation 2023 Walk to DFEET Hearing Loss is just around the corner, on June 3, 2023.

It is not too late to help those with hearing-related issues.

Please consider participating in our 2023 Walk at the Minnesota Landscape Arboretum and at Diamond Point Park in Bemidji, MN. If you or your club cannot participate at either site, you can take a walk at your local park, bring some club members together for a walk in a park, jump on your treadmill, or ride your bike.

Levels of Support (please check appropriate box)

- ☐ \$25
☐ \$35 includes walk t-shirt mailed to you.
☐ \$100
☐ \$250
☐ \$500
☐ \$1000 gets your Club name on back of the t-shirt
☐ Other _____

Choose where you will join the Walk:

_____ Arboretum _____ Bemidji

Children under 12 will receive a free walk shirt.

We challenge your club to create a team to help raise funds for this important event. Please complete your registration form and mail to Lion Rose Thies.

We hope you will support the Minnesota Lions Hearing Foundation to raise the much-needed funds to support our mission of research, education, and clinical support to the deaf and hard of hearing community.

With regards,

Mike Benedetto



Eleven-year-old Ellie loves stuffed animals. She has a sloth named Sunny, a penguin named Pip, a dog named Bluey, a shark named William, and many more.

She says, "My stuffed animals make me feel happy." Now Ellie has a new animal in her life: a black Lab Autism Assist Dog named Bonnie.

Born with Cri du chat syndrome, a rare genetic disorder similar to autism, Ellie was not expected to walk, talk, or eat on her own. Her mom, Kari, says, "It was a pretty grim diagnosis, but, since day one, we've really done everything in our power just to ensure we give Ellie all of the opportunities for her to live the fullest life possible." With several types of therapies over the years, Ellie has done well. Then, a few years ago, Kari and husband Justin considered an additional "opportunity" of an assistance dog for Ellie and applied with Can Do Canines.

In late 2022, the family was thrilled to learn that Bonnie would be joining their household. Kari remembers when Bonnie first came to their home to meet Ellie, and Ellie flung open the door to squeal, "Yay, Bonnie!" Kari explains, "(Ellie's) always loved dogs. She can name every single dog in our neighborhood. If we met a dog on a walk five years ago, she can still remember the dog's name. It's incredible, right? She just really has this passion and love for animals."

Bonnie is equally passionate about Ellie and loves to help her stay calm. Justin says that Ellie "has a lot of anxiety ... and is also a runner." Justin shares, "Anytime we were out in public, staying with us was always a challenge. She'll see something and she goes. It was really hard for us to be out as a family. We would literally have to have one arm on Ellie and one arm trying to do whatever we were doing." Now, tethered to Bonnie, Ellie is able to not only stay safe but also feel more confident leaving the house. Previously, she expressed a lot of nervousness when having to attempt new environments.

Justin also mentions the overall positive effect Bonnie has had on their family outings. "It is a night-and-day difference going out to dinner." Ellie doesn't get out of her seat so much or get hyper-focused on her phone or something else. "Now she's engaging more," says Justin.

But Bonnie doesn't have to be out among crowds to make difference. Kari and Justin report that Ellie is sleeping much better now with Bonnie and no longer regularly gets out of bed. She also tends to pick the skin on her hands and face quite often and easily gets fidgety. Bonnie provides an alternate, healthy focus. Justin

says, "Ellie gets in a loop. She sometimes will get so focused on something ... almost obsessive, and Bonnie is there to help alleviate that and get her off that track. It's an easy thing for Ellie to do, to go snuggle Bonnie, and then she quickly breaks out of that loop, which has been awesome."

For all these reasons and more, Kari and Justin offer a "giant thank you" to Can Do Canines supporters. "They're investing their time and their resources for someone they've never met," says Justin. "The impact that it has had on our life in such a short timeframe is really hard to even put it into words. We think Bonnie is the perfect addition to our family, and to think about the amount of time and effort it took to get Bonnie to where she's at, where she can help Ellie and her quality of life, I mean, it's priceless for us."

Ellie, herself, is delighted with her new furry friend. Kari states, "Bonnie continues to be a main theme through all the notes from school. The entire school staff knows about Bonnie. Ellie loves talking and sharing about Bonnie." In fact, when asked why she likes Bonnie, Ellie responds, "Bonnie makes me feel happy."

What more can a girl ask for?



OPEN HOUSE....

We will be hosting an **OPEN HOUSE** on Saturday, May 20, from noon to 2 p.m., at our campus. Potential clients, volunteers, or anyone who might be interested in supporting the organization is invited to attend to learn how an assistance dog changes the life of a person with a disability.

There is no pre-registration for this event, so please join us on May 20. You will be asked to share some contact information at our registration table upon arrival.

Go to candocanines.org for more info



5m7 Leo Clubs

*Anoka, Andover, Blaine, Coon Rapids,
Rush City, and Spring Lake Park*

Leos and Lions in 5M7!

Thank you to the Andover, Anoka, Blaine, Coon Rapids, Rush City and Spring Lake Park Leos for all the hard work on projects and community impact that happened in 2022. We look forward to all the new and exciting projects coming in 2023.

Parade of Green monies will be going to pay for camp for many Leos in 5m7. If you are interested in chaperoning Leos during future conferences, please let me know. All are welcome to join us.

If you are interested in getting more involved with a Leo club, or would be interested in starting a Leo Club, please reach to either chair member:

Lion Stefanie Nelson stefanieenelson@gmail.com
Lion Pete Yelle pete.yelle58@gmail.com

Blaine Bengals Leo Club

Bengals in Action partnered with the BHS Library and Anoka County Public Library to distribute 200 digital library cards over lunch for the TeenToBer event on Oct. 27, 2022. These digital cards are good through the end of summer 2023 and will help provide access to ebooks, audiobooks, and online tutoring.

17 BHS and BIA students spent the afternoon raking leaves for the ACCAP Chores and More program. Students were matched to seniors in the community (three Blaine residents and one Ham Lake resident) to rake and bag their leaves. At each stop during the afternoon, the residents reported the students were doing fantastic work. -- Photo attached.

Bengals in Action Students created 59 bookmarks for the upcoming Sunrise Elementary literacy event. These bookmarks are to help elementary students get excited about reading. BHS students are also volunteered at the event.



Blaine Bengals Leo Club



Coon Rapids Leo Club



Homecoming Parade



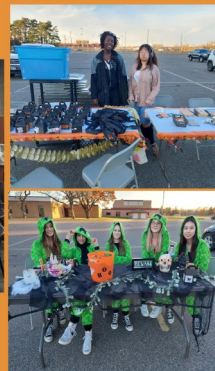
CR Lion Pancake Breakfast



Student Bingo



CRHS Truck and Treat Event



Rush City Leo Club- Holiday Gift Wrap



Rush City Leo Club

The Leos operate a "Santa Shop" during the holiday season in December. They collected gently used items from community members late in November, displayed the donated items at the local bowling alley, and helped children select and wrap items for family members or friends. Donated items filled about 20 six foot tables and the Santa Shop was open during a Saturday that the local Chamber of Commerce marketed as a "shop local" day.

Leos are coordinating Snow Days Week at the High School in February, different themes each day of the week that involve students and staff in a bit of fun. In March Leos plan to do a food drive for the local food shelf.



MORE LEO PICS NEXT PAGE →



5m7 Leo Clubs continue...

Spring Lake Park Leo Club

Making Blankets, food packing and making of heart cards



Happy April Lions and Leos! We have now accepted twenty-six students from around the world to come to Minnesota for the month of July. We still have 20 students who need a place to call home during that time. Camp dates will be July 21-29, 2023. Here are the general requirements to host students:

- Students must have their own room with a bed
- Highly encouraged people are home during the stay of students- working from home
- More fun to host two students at a time- they can share a bedroom
- Encourage families to pick activities that highlight their community

If you are interested in hosting students, please do not hesitate to reach out.

Lion Stefanie Nelson 612-298-1523
stefanieenelson@gmail.com



5M7 Feed My Starving Children Trip



LEO'S ONE AND ALL....JOIN IN THE FUN!



Leo Gathering



MULTIPLE CONVENTION

May 5-6, 2023 Holiday Inn, St. Cloud

Friday, May 5th

Service Project,

Team building

Community Outing

Saturday, May 6th

Leadership building,

presentations,

Lunch with Lions,

Social Activities

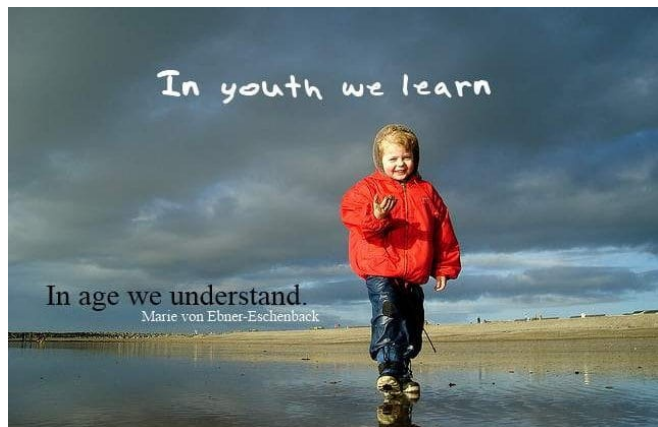
Cost: Clubs cover hotel cost, multiple covers meals, registration and activities

Club Leaders:
 Register Here
 Due April 10th



In youth we learn

In age we understand.
 Marie von Ebner-Eschenbach





ENVIRONMENTAL NEWS.....

Lion Judie Zaske

Words have meaning and power and when used in the right context, they can bring about change. Change, although not always appreciated, can make a difference in how we think and act. I believe this is how we view climate change.

Many believe climate change is a natural occurring 'cycle' that the earth has gone through over the course of millions of years. Along with this theory, it's believed that the world will eventually return to normal or at least 'near normal'. The largest extinction took place around 250 million years ago. Known as the Great Dying, this event saw the end of more than 90 percent of Earth's species. Although life on Earth was nearly wiped out, the Great Dying made room for new organisms, including the first dinosaurs. But, they disappeared also due to evidence suggesting an asteroid impact was the main culprit. Volcanic eruptions that caused large-scale climate change may also have been involved, together with more gradual changes to Earth's climate that happened over millions of years.

The point I'm making is that LCI is also changing and bringing about change in dealing with the environment. And clubs are SLOWLY going in that direction. MD5M along with LCI has invested and outlined an environmental plan, a plan clubs could use as well.

Our **VISION** would be to motivate our Lions and Leo clubs to lead positive action in areas of natural, social and cultural environmental services.

Our **PLAN** would be to motivate and educate our club and community to conduct meaningful environmental service activities.

Our **ACTION PLAN** could be:

- ⇒ Contacting your city council to see if they have a Sustainability or Environmental Committee and consider becoming a member.
- ⇒ Talk to your city council and do a '**NO MOW MAY**' in your community.
- ⇒ Gather environmental materials to review and present at meetings. Make this a discussion at every meeting to brainstorm ideas for projects.
- ⇒ Make a list of environmental projects you can do within your community such as:
 - >planting trees
 - >clean up local park/s and beaches
 - >roadside cleanup
 - >volunteer to clean up park trails/areas
 - >collect used cellphones and donate to people in need
 - >work with a master gardener and plant native

plants around your community

>provide small plot gardens. Club could furnish the materials and local school workshop students could build the plot gardens.



>work with the local lake association to prevent invasive species from entering local lakes

>work with local school/s to provide environmental information, ideas, projects for students to do

>use your FB page/Instagram to promote environmental ideas and projects. Get your community involved! And don't forget to show your appreciation to those who help or donate to your project.

>challenge another club on a project or work with another club on a project that both communities could benefit from (like saving plastic bags to recycle as lawn furniture).

Multiple districts and clubs need to step up and start thinking outside the box when it comes to environmental projects. We need to start addressing our community's environmental needs at each meeting and discuss ways to make our community better.



And one last thing....remember to report what you do on your service project reports.



BRINGING NEWS FROM AROUND THE DISTRICT

Stacy Lions is busy getting ready for their 100 year celebration!

The LC of **Big Lake Lioness** and the **Big Lake Lions** will be hosting Governor's Night on Thursday April 20th at the Lions Park CR 5 in Big Lake. Social starts a 6:00pm with dinner at 6:30pm

The **Annandale Lions** participated in the Buffalo Polar Plunge with an in kind donation of \$1000. We are preparing for another marquee event featuring a large Easter Egg hunt for children up to 12 years old on April 8th, which we've been hosting for over 40 years.



Cokato Dassel Lions "Trade UP":

The **Cokato Dassel Lions** are in the middle of an exciting initiative to raise funds for scholarships to support local students planning to attend Trade School. Lion Mark Redman (Co-Chair) of "Trade UP" stated, "we last did this 10 years ago and it was highly successful and fun for the community. We thought it was time to bring this back for a great cause".

The concept is simple. It starts with a small item being "traded" for a more valuable item, and this continues until trades end. It started recently when Lion Mark "traded" a Lions pin to an individual who provided a special Army bible in return. This was traded for a gift card and suddenly a \$500 gift card was traded to a local businessman for a \$1,000 Scheels gift card. This was then "traded" for the next item, a \$1,200 gift card good for a meat package from a local butcher. Co-Chair Lion Adam Tabberson is working closely with local businesses and has some significant "trades" pending. The community follows these "trades" on our Cokato Dassel Lions social media platforms, and an article appeared in our local newspaper. Eventually, Cokato Dassel Lions will auction off the last trade, using the proceeds to fund local scholarships. Contact Cokato Dassel Lions member Lion Mark (320-296-9623) with any questions.



PALM SUNDAY BREAKFAST BUFFET

SUNDAY, APRIL 2ND

8:00 a.m. – 12:30 p.m.



Howard Lake Lions Club

625 8TH STREET, HOWARD LAKE

Featuring Pancakes, French Toast, Scrambled Eggs, Potatoes, Sausage, Biscuits and Gravy, Desserts, Milk, Orange Juice, and Coffee

**Free Will Donation
Everyone Welcome**



JOIN US TO MEET THE EASTER BUNNY!!

GET YOUR PICTURE TAKEN AND GET CANDY!!

Saturday April 1, 2023

8a-12p

55 Lake Street N, Forest Lake, MN



**Sponsored by
The Forest Lake Lions Club**



Bring in old prescription glasses and receive a chocolate egg!!

AND MORE NEWS.....

Forest Lake Lions are helping out their Boy Scout Troops since they help out the Lions with their events. If you're looking for bedding plants, this is the place!



**Gertens
FUNDRAISING**

2023 Bedding plants and
Perennial Fundraiser!
Troop 9733 & 7733
Sale 2/14/2023 ~ 4/6/2023
Delivery 5/3/2023
Go to gertensfundraising.com
Store # 380
Seller is Troops 9733 & 7733
Order now before some sell out!!

UKRAINE NEEDS YOUR
SUPPORT



BRING NEW SOCKS, GLOVES,
HATS, RAIN PONCHOS OR
CASH DONATIONS FOR
UKRAINE SERVICE PROJECT
AT THE MD5M CONVENTION
MAY 5TH 12:00-3:00

Come One, Come All
Volunteer!
RAISE MONEY FOR YOUR CLUB BY
VOLUNTEERING WITH THE BLOOMINGTON
LIONS FOR THE ROYAL CANADIAN CIRCUS
AT THE MALL OF AMERICA'S NORTH LOT

**11 DAYS!
19 SHOWS!**
APRIL 13 - 23rd

[HTTPS://WWW.SIGNUPGENIUS.COM/GO/4090D4AA5A82AA6FC1-ROYAL#/](https://www.signupgenius.com/go/4090d4aa5a82aa6fc1-royal#/)

SIGN UP ON SIGN UP GENIUS!!



WELCOME TO THE
CIRCUS

CIRCUS DOES NOT USE EXOTIC ANIMALS

Royal Canadian Circus is coming to Bloomington with 19 shows on the eleven days of **April 13-23, 2023**. The Bloomington Lions are coordinating volunteers to help usher, watch fire exits and sell tickets. This is an EXCELLENT opportunity for you to build your clubs administration fund. Yup, you will get paid for your volunteer time and you get to watch the performance for free! It doesn't get much easier than this to fill the coffers! Use this Sign up Genius link and get ready for the show!

<https://www.signupgenius.com/go/4090d4aa5a82aa6fc1-royal#/>



SAVE THE DATE!

JUNE 3RD, 2023

NORTH BRANCH LIONS CLUB IS CELEBRATING OUR
50TH ANNIVERSARY

RSVP to NBLionsMNMarketing@gmail.com or 763-360-0808
MORE DETAILS TO COME

AND MORE NEWS.....

Forest Lake Lions Club donated 50 Teddy Bears to the Northwoods Humane Society. When the new animals come in they are usually scared and nervous ~ it's always good to have something to cuddle with !!



Celina Schertz was presented with a \$100 check from the **Forest Lake Lions** at Court of Honor. Celina is the very first female Eagle Scout in Forest Lake! Her excellence in scouting, academics, and community service will serve as an example for scouts (and everyone) to follow for a long time to come ~ maybe a future Forest Lake Lion!!??!!



Forest Lake Lions are proud and honored to be included in the City of Forest Lakes City Center sign!

The **Forest Lake Lions** were happy to donate a \$150 Joanne Fabrics gift card to St Andrews Shelter. This will give them some money for project supplies to help them navigate the challenge of change. Projects can help keep minds calm, help with healing both mind and body, and produce something to help with their new lives.





103rd Annual MD5M Multiple Convention

May 5-7, 2023

Holiday Inn, St. Cloud, MN

HIGHLIGHTS

IP Brian & Lion Lori Sheehan
Live, in-person and not flat!

Mark Lindquist
Motivational Speaker

Ukraine Service Project

Sheehan Foundation Penguin
Sock Walk

Starkey Hearing Session

John Harrington
1980 Olympic Miracle on Ice



REGISTER ONLINE
If you plan to pay by check, it is kindly requested you fill registration out online. Details for mailing the check are included there.



REGISTER ONLINE
If you plan to pay by check, it is kindly requested you fill registration out online. Details for mailing the check are included there.



MAKE YOUR HOTEL RESERVATION
SCAN WITH YOUR PHONE'S CAMERA



Complete 1 form per attendee

May 5-7, 2023
Holiday Inn & Suites
St. Cloud, MN

www.lionsmd5m.org

Registration Questions? contact Dennis Heinen
320-491-3996

heinende@centracare.com

OR

Nikki Fisher, Visit Greater St. Cloud

320-202-6712

nikki@visitscloud.com

Name

Title

Your District Club & Name

Phone Number

Address

City State Zipcode

Email

Are You A... Lion ☐ Leo ☐ First Timer ☐

Will you require Braille Documents at the Convention? YES ☐ NO ☐

PRICE INCREASES TO \$160.00 MARCH 1, 2023 **\$AMOUNT**

Full Hospitality Book **\$160.00 USD** includes all meals and registration fee

Registration is included in any meal chosen below:

Friday Night Social **\$25.00 USD**

Saturday Breakfast **\$30.00 USD**

Saturday Lunch **\$35.00 USD**

Saturday Banquet **\$55.00 USD**

Sunday Brunch **\$30.00 USD**

CIRCLE Saturday Banquet Option

Stuffed Chicken

Roasted Pork Shoulder

Wild Mushroom Fettuccine

Special Dietary Needs:



Make Checks payable to Lions MD5M Convention

PCC Dennis Heinen 12069 Bluegill Drive

Sauk Centre, MN 56378

Cancellation fees apply - NO cancellations accepted
after April 1, 2023

CHECK OUT OUR 5m7 website (under Conventions/ Forums) for more information

2023 MD5M Lions Convention Booklet Ad Sale Information

Thank you for considering an ad in our 2023 MD5M Lions Convention booklet. We will be printing 300-400 of these booklets which will be used every day of the convention. The booklets will then be sent home with our attendees and used for reference throughout the year.

The Lions are involved in both local and international programs to help people improve their lives. Thank you for helping raise funds for their community service programs!

Businesses: Promote your goods and services to this group of community-serving Lions.

Clubs: Promote your club's favorite project(s) – share your successes and ideas. Support the convention!

Programs: Promote your Lions Program or Foundation. Share your successes and needs with MD5M Lions. Support the convention!

Quarter Page \$50

3" wide x 3.75" tall

Add color for \$5

Eighth Page \$30

3" wide x 1.75" tall

Full Page \$175 – 6.5" wide x 8" tall - Add color for \$20

EXCLUSIVE Back inside Cover in Color = \$225

~~**EXCLUSIVE** Back outside Cover in Color = \$225~~ Sold

EXCLUSIVE Inside Front Cover in Color = \$225

(available on first-come basis)



Half Page \$90 – 6.25" wide x 3.7" tall

Add color for \$10

Deadline for Ad Submission is March 31st, 2023

Submit print-ready ad or ad info to Lion Todd Neumann at deerhilltgn@gmail.com

Note: Ads can be sent print ready as a PDF. Resolution: 300 Color must be CMYK or B&W (grayscale)

Questions: Contact Lion Todd Neumann at 320-295-6002 or by email.

Please remit payment to your sales person or send to Lion Todd Neumann at 91670 Wagon Wheel Rd, Sturgeon Lake, MN 55783. Make checks payable to: MD5M Lion Convention.

REMEMBER.....ARTICLES ARE DUE THE 25TH OF EACH MONTH UNLESS OTHERWISE NOTED. YOUR COOPERATION IN ADHEREING TO THIS TIMELINE, HELPS ME TO PRODUCE AN INFORMATIVE AND ENJOYABLE GRAM IN A TIMELY MANNER!