

DECEMBER 2021



5M7 Gram



5M7 LIONS AND LEOS

As I write this on a quiet Thanksgiving morning, I have so much to be thankful for. 5m7 I am very thankful for YOU, my friends. Each one of you contributes to your club, our district, our multiple district and to Lions Clubs International. Without all of you we wouldn't be doing the good work that we do. I am thankful for your kindness and all of the service that you do for your communities and the world. I am thankful for all of you keeping me updated with your club happenings. **THANK YOU.**

We are almost halfway through our year together...so what do we do now? OH my gosh, WE KEEP GOING. We can't stop now we have more work to do and more fun to have. We have been at a plus for membership so far this year. We have 11 more members than we started the year with. With that....we have MORE SERVICE. You are all doing beautiful things in your communities. Our 5m7 Lions clubs inspire me. THANK YOU. I am so happy and proud of the innovative ways that our 5m7 Lions clubs have dealt with our ever changing world today. We do what we need to do to keep doing what we do best. Serve...Our clubs are showing that they are collaborating and sharing ideas with other organizations to get the job done, and doing the same thing within our clubs with our own members. Thank you.

It is December and a busy time. The Mid-Winter Convention committee is busy getting ready for our Mid-Winter Convention. The registration form and letters went out to every member a couple weeks ago so everyone should have that. A detailed schedule will arrive soon so you know what will take place and when. The deadline for the price going up is December 15th so get your registration form in by then. If you need the registration form please let me know, I will get one out to you promptly. They are also on the [www.5m7.org website](http://www.5m7.org), click on the conventions tab. Lion Hal Hinchliffe, our registrar for convention is awaiting your registration forms. The deadline for early bird registration is December 15th. Register early for a savings!

Our district Global Action Team met last week and we are working with Lion Orville our leadership coordinator on our Spring officer training which will most likely take place at the end of April with an in person training and also an online zoom training. There will be choices for you on two different days with two different ways to get your training! Please watch for information.

There is a one-time joining fee of \$35.00 which has been waved during the pandemic and it is currently waived through December 30th. This fee has now been waived again through June 30th, 2022. So for the rest of this year, let's save our new members some money.

As always, please reach out to me if you have questions, need assistance or if you would like to chat about anything at all. I am here for you and will help you with anything you need.

Hope to see you soon!

Lion Judy
763-753-6962

jhbells@earthlink.net



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VDG Messages

1VDG Lion Mark Landwehr.....

District Governor Judy and I attended a Governor's visit on Monday, November 15th at the Monticello Lions Club. While in attendance I realized why this club is so successful. First, the club president ran a very well organized and timely meeting. She must have had some excellent training. Second, the club members were very respectful of each other. When someone had the floor to speak, the entire club listened to what was being said. Third, they made DG Judy and myself feel very welcome.

This evening reminded me of an experience I had 30 years ago as the president of the St. Augusta Lions in 5M8. It wasn't very nice. I had attended a larger neighboring Lions club to ask for help with a project. I don't remember all the details but I will never forget the way I was treated. As I was speaking, about three little groups of people in the room started talking amongst themselves; the louder I spoke the louder they became. Frustrated, I finally shouted out, "Hey, I thought I had the floor, I only want to talk for about three minutes, and I'm not going home until I do". The room became silent. I finished what I wanted to say, thanked them for listening, and left. I would never go back to that club.

Part of fellowship in a club is being respectful of each other and listening when a person is talking. I believe our meetings should be completed in 90 minutes or less. Good meeting leaders in my opinion put their agenda's together, managing the time they have and sticking to it.

DG Lion Judy and I are setting up Leadership Training for presidents, 1st and 2nd president elects, secretaries, treasurers, and membership training for Saturday, April 23rd in Elk River. We will give you more details later in the year. Please reserve this date on your calendars.

1VDG Lion Mark Landwehr



2VDG Steve Milius

We are quickly approaching the midpoint of the 2021-2022 LIONS YEAR. Thus, I think we need to step back and take a serious look at the shape our local clubs are in. Are we back serving our communities and individuals that need assistance? I feel it is very important that we learn from our time spent dealing with changes caused by Covid. Many of the innovative things that were caused by Covid will have a place in our future as an organization. Zoom meetings will continue to be around because of the time, cost savings and reduced travel they provide. Many of the innovative fundraising ideas that came about from Covid will also be around like drive thru events. We all have adapted in one way or another to the Covid problem.

I think at this time we need to give ourselves a big pat on the back and a high five for all we have been able to do as an organization to serve our communities and people in need through this pandemic.

From the bottom of my heart, I say thank you for being a Lion and for the sacrifices you have made to be a Lion. From time not spent with children and grandchildren to extra expense for gas and wear and tear on your vehicle. Thanks for remembering that being a Lion means "We Serve". Thanks for your time

2nd VDG Steve Milius

District Governor Lion Judy and Monticello Lions Club





GLOBAL SERVICES TEAM

I would like to take this opportunity to give a big thank you to the 31 clubs that are reporting service events and fundraisers in MY LION. We are now at 58% of the clubs in the 5M7 District reporting. This a giant gain from two years ago when we only had 36% of the clubs reporting for the entire year. Last year we were up to 42% of the clubs reporting. Governor Judy and myself have put a lot of emphasis on getting these activities reported in a timely manner. The donated hours of service and donated dollars are used by many of the large corporations that the Lions International have partnered with for matching funds. The more donated hours and dollars we show on our books the more monies we can receive from the matching funds from these corporations. This is FREE MONEY, we already have the work done so let's get the credit for the work!

Our goal for this year is 80% of the clubs reporting. I do believe we can surpass this mark with the help of the Club Secretaries and Service Coordinators in the remaining Clubs that have not reported any activities to this point. If you are one of these people and are having trouble entering your projects let me know and I will work with you to get your projects reported. It only takes about 5 minutes per event to do the reporting. My contact info is:

Cell Ph.# 319.239.1636 Text # 319.239.1636

E-mail smdancer54@gmail.com

2VDG Lion Steve Milius GSTC for District 5M7



CONVENTION NEWS....

MIDWINTER CONVENTION: DATES: January 7 through January 9, 2022. LOCATION: NW Marriott in Brooklyn Park, 7025 Northland Blvd.

Reservation information can be found on our 5M7 website at www.5m7.org. Reservations are being accepted online or by telephone. The convention will be a new experience for us all. Friday evening we will have a cash bar for all Lions attending. There will be displays of many of our Lion's projects. Saturday morning will begin with three seminars; one from Ture Friends, a Leo-Lion Service Project and a Town Hall Meeting with the International Director. Following this will be our opening ceremony and then the all important lunch!

After lunch will be a Service of Remembrance followed by a business meeting which will include voting for the next District Governor, 1st and 2nd Vice District Governors and a constitutional amendment. Our first LEO's speech contest will follow the business meeting.

A banquet will be held on Saturday evening with special entertainment. Sunday morning will include the Ecumenical Fellowship Service.

Hospitality books [meal tickets] can be ordered immediately by using the registration form on the website. Looking forward to seeing everyone at the convention!



CALLING ALL DELEGATES!

The Mid-Winter Convention is right around the corner. The official letter to all Clubs requesting your delegates will be out in December, 2021 (I have received the official numbers from LCI and sent them out). That means you should start talking about it at your Club meetings. Don't be caught off guard. The rule is 1 delegate for every 10 members. And the same number of alternates. The number of members is based on your totals to LCI as of November 30, 2021. Please make sure to read the 5M7 Gram and the District 5M7 Website for valuable information on the coming Convention. Lion Jim Pokela, District 5M7 Cabinet Secretary/Treasurer



Mid-Winter Backpack Project Sponsorship

Come serve on Saturday, January 8th from 10a-10:45am to pack backpacks for homeless youth in Brooklyn Park. The money donated will go toward supplies to complete the project.

Clubs or individuals can donate toward the project
For Gambling funds checks to Park Center High School
All other funds checks to 5m7 Leos



One Heavy Duty Backpack Total Cost \$300

Items include: durable backpack, Spirit wear (embroidered hoodie and hat), Ear buds, fidgets, lanyards, candy, snacks, gift cards, socks, Chapstick, and a few other extras



One Draw String Backpack Total Cost \$ 125

Items include: drawstring bag, water bottle, winter hat, gloves, scarf, socks, hand/feet warmers, Ear buds, candy, snacks, chapstick and gift cards



Gift Cards Cost \$20 each

Variety of stores: Cub, Target, Aldi's, McDonalds, Burger King, Arby's, Holiday and Speedy way for Gas cards



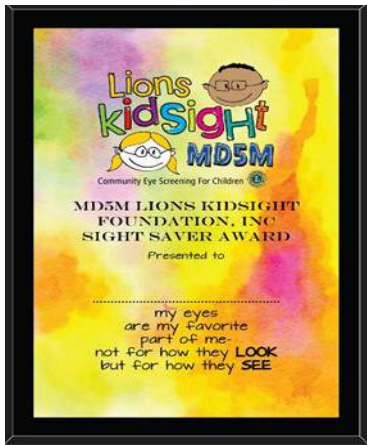
Donations of any amount are welcome!

Questions, please contact:

Lion Pete Yelle - pete.yelle58@gmail.com or

Lion Stefanie Nelson - stefanieenelson@gmail.com

Checks can be mailed to Lion Stefanie Nelson
5019 Ewing Ave N Brooklyn Center MN 55429



Hopefully, everyone had a plentiful Thanksgiving, have recuperated from your food comas, and are ready for navigating the tough budget month of December. This is a month of giving and we're all looking for the best deals to stretch our dollars. The same rings true with our Lions club. You will be holding meetings this month

where you evaluate the money you worked hard to earn this past year and decide how you will disperse it. Some of your monies will be earmarked for the Parade of Green.

We ask that you consider a donation to the MD5M Lions KidSight Foundation. We are still a young foundation. We are working hard at building and establishing our program. We are very appreciative of the support received from our clubs through service projects and fund donations.

Monetary donations to the foundation are accumulative. Once you have reached a donation total of \$1,000 you are eligible to give a Sight Saver Award. What better way to honor a fellow Lion or supporter of your Lions club than with this unique award! We will be letting clubs know their accumulative totals. Thank you for your support.

Are you on social media? Have you liked our Facebook page? Our marketing committee recently added us to the world of Instagram, please follow us. As stated, we are still a new and growing foundation. We want to generate interest and buzz in KidSight Vision screening. Help us get people talking and asking questions, follow us on social media, like our content.



Our wishes this month for everyone are good health, safe travels, joyful family holiday gatherings and the opportunity to SERVE your community.

Lion Mary Curtis and Lion Ann Kaduce
5M7 Directors, MD5M Lions KidSight Foundation
5m7lionskidsight@gmail.com

Vision screening is not the goal; it is the method we use to reach our goal of every child seeing clearly!



Wishing all Lions, a safe and wonderful Holiday Season. But what comes after the Holiday Season? Only the **BEST MIDWINTER CONVENTION** in the Multiple District. That's right, the 5M7 Midwinter Convention on January 7-9, 2022. The Midwinter Convention Committee has been working hard to make it the best ever. There is a new venue in Brooklyn Park, Mn, at the Minneapolis Marriott NW.

The Minnesota Lions Vision Foundation will be collecting used eyeglasses at our booth at the convention. Just bring those used eyeglasses that your club have been collecting and drop them off. You can pick up some glasses wipes, some pamphlets and other information about Minnesota Lions Vision Foundation. We will have some used eyeglasses collection buckets for clubs. If we have enough time on Saturday afternoon the Leos will be helping sort and pack the collected eyeglasses.

Please contact myself or PDG Terry with the approximate number of boxes or glasses your club will be dropping off so we know how many we have; we may have to call the Lions Eyeglass Recycling Center to bring the trailer down to pick up those eyeglasses.

PDG Terry and PDG Steve are willing and able to attend your Club or Zone meeting to give a short presentation about Minnesota Lions Vision Foundation. Thank you for all you do

PDG Steve Linder 612-382-2236 Slinder71@usfamily
PDG Terry Wold 612-759-5433 terry_wold@hotmail.com



DONATION DRIVELET'S HELP OUR FRIENDS AT TRUE FRIENDS!



Simply purchase any of the following items:

- ⇒ Waterfront equipment [vests, ear plugs, etc.]
- ⇒ Arts and crafts supplies [colors, paints, colored paper, paint brushes, colored pencils, etc.]
- ⇒ Basic Recreational equipment [baseballs, bats, basketballs, soccer balls, etc.]

Items can be brought to the Mid-Winter Convention or contact Lion Theresa Goff, 5M7 Camps Chair @ 612-799-2770 or t-m-goff@hotmail.com to make arrangements.



Catch the Dream...
Life without Diabetes

As the year is coming to an end for everyone, we give thanks for the efforts of our Lion community to continue working towards community awareness on Diabetes. MLDF Co-Trustees Lion Joel Anderson and Lion Mike Edwards are planning their Diabetes Outreach Awareness Program for the new year. Tremendous research at the University of Minnesota funded by the MLDF, and life-style changes in our diet and physical activities, are the main goals they want to alert members to. Just life-style changes alone will help to lessen the risk of diabetes. "Diabetes can be controlled" if we all work together, and that is one of the mantras Lion Joel and Lion Mike want our district members to understand. Our efforts end goal for the new year is dedicated to ***"improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities."*** We look forward to your Parade of Green donations to continue funding this valuable research. As a good friend once told me "Breathe and Drink Water" and life will be good.

Lion Mike Edwards

mnedwards1@bellsouth.net

Cell: 321-795-8235

Lion Joel Anderson

joeland1954@gmail.com

Cell 612-723-9120

Foundation Co-Treasurer

District 5M7 Co-Trustee

Our Mission Statement is : The Minnesota Lions Diabetes Foundation, Inc. is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities.

TIPS WHEN EATING OUT OVER THE HOLIDAYS.....

- Eat a small salad or broth-based soup first. It's a nutritious and filling start to your meal that will help you consume fewer calories overall.
- Choose veggie-based entrees or those with baked, broiled or grilled fish or skinless chicken.
- Look for meals that aren't greasy or oily. For example, instead of ordering cheese-covered chicken enchiladas, get the grilled chicken or fish tacos. Choose food items without creamy sauces or gravies.
- Ask to substitute veggies or salad for fattening sides such as fries, coleslaw or butter-laden mashed potatoes.
- Portions served at restaurants can be too big. See if smaller portions are available. Restaurants often offer "half" salads or sandwiches upon request. Ask for a "doggy bag" to take extra food home.
- If you crave dessert, opt for fresh fruit or sorbet.

GREETINGS LIONS



Are you having problems with hearing loss? Tinnitus? Vertigo? And other conditions related to hearing and the ear? The Audiology and Aural Rehabilitation Clinic at University of Minnesota Medical Center can evaluate a wide range of hearing impairments and maximize your communication potential. With advanced expertise, our audiologists can prescribe and program the best possible hearing instrument for you, including hearing aids and cochlear implants. At the Audiology and Aural Rehabilitation Clinic, we are proud to be a part of the Lions 5M International Hearing Center that is located within our clinic. (<https://www.5mhf.org/international-hearing-center.html>)

Conditions We Treat:

Ear and Hearing Conditions

Hearing Loss in Adults

Pediatric Hearing Loss

Tinnitus

Vertigo

Vestibular Balance Disorders



The Audiology and Aural Rehabilitation Clinic at University of Minnesota Medical Center can evaluate a wide range of hearing impairments and maximize your communication potential. With advanced expertise, our audiologists can prescribe and program the best possible hearing instrument for you, including hearing aids and cochlear implants.

Go to <https://www.mhealthfairview.org/specialties/Audiology-And-Aural-Rehabilitation> to learn more and to request an appointment.

We want to remind everyone, please keep the date of June 4, 2022 open and plan on attending our D-Feet Hearing Walk, which will be held at the University of Minnesota's Landscape Arboretum in Chaska, MN.

PDG Jim or I would like to come visit your club, give one of a call to schedule.

Lion Hal Hinchliffe

5M-7 Trustee MLHF

Home: 763-780-4842

Cell: 612-701-0228

hinchliffe9645@msn.com

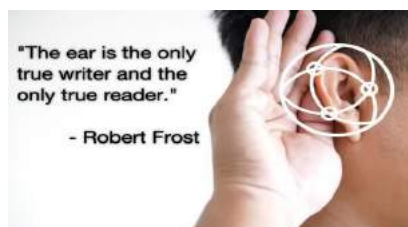
PDG Jim Mulroy

5M-7 Trustee MLHF

Home: 763-241-9562

Cell: 612-669-0754

lionjim0809@icloud.com





5M7 LEO CLUBS

*ANOKA LEO-TORNADO SERVICE CLUB; AND-
OVER LEOS; BLAINE BENGALS; COON RAPIDS*

HIGH SCHOOL/MIDDLE SCHOOL; SPRING LAKE PARK LEOS

The Leos of 5M7 are moving and shaking with great service in their communities. We are excited to be in the beginning stages of restarting a Leo club in St. Francis and starting a new club in Elk River. It is exciting to get more youth involved in service. Here are what our current sites have started with this year already:

ANOKA LEO- TORNADO SERVICE CLUB

The Tornado Service Club at AHS has been busy this fall! In October, club members kicked off the year with monthly Cub Foods food shelf bagging, completing 140 bags for purchase to donate to ACBC Food Shelf. Youth Service Coordinator and club advisor, Kelly Grew, along with five TSC members walkways in the Hope 4 Youth 4K, and the club did a drive for highly desired food and hygiene items. October ended with the annual We Scare Hunger; the Trick or Treat for non-perishable food items collected over 300 items for ACBC Food Shelf and Anoka High School's own Tornado Takeout Food Shelf.

In November, TSC participated in the AHS Veterans Day assembly by making Cards of Appreciation with mints and poppies. With Thanksgiving approaching, students learned about Twin Rivers Assisted Living Home in Anoka and made Positive Message Fall Cards for all residents.

TSC members also volunteered their time for the Anoka Downtown Fight Night, Peninsula Park Leaf Clean-up, Anoka Women's Spooktacular and November Cub Bagging.

ANDOVER LEOS

The Andover Leos have hit the ground running this year and have carried out several great service projects. Here are some of the ways in which they have been helping the community (both school, and local):

- Carried out a food drive for ACBC food shelf
- Wrote notes of kindness to students, attached the notes to suckers, and gave them away during lunch
- Wrote thank you cards to Veterans, and raised money for Haven for Heroes
- Made placemats for Meals on Wheels
- Participated in a multi-club food drive effort to benefit the Christmas Committee
- Secured a therapy dog to visit Andover monthly

In the upcoming weeks, you will see many more amazing service projects from the Leos. Specifically, the Leos will be doing service work around mental health to address the very real struggles many students are currently experiencing.

BLAINE BENGALS

Bengals in Action at Blaine High School has been slowly regrouping after

the year of doing our group on zoom. We are meeting in person, weekly during CT time so students can take their regular school bus home. It seems to be working well. Time is tight but we are optimistic about doing some useful projects. We have been working on deciding what those projects will be. We decided, October and November were to help the Elderly in Blaine. We did yard raking with the Anoka County Community Action Program. We raked the leaves for ten seniors in our community. In November we worked on delivering meals on wheels again to seniors. These are called "Blizzard Bags" and they are bags with food to tide Seniors over if they have a snow day and can't deliver their meals. We also made 150 cards for Veterans Day to be given to the Veterans that attend the appreciation event here at Blaine High School in December and January we plan to work on Homeless/Hunger. We have a date for Feed My Starving Children and plan to do a food or clothing drive. Our plan is to do a project around Mental Health Awareness for February and March. Then in April and May we plan to work on Environmental Projects. We continue to work on our "Take What You Need" board that we started last year. It is a board that has envelopes for support, encouragement, happiness etc. These have positive quotes, and the thought is if you need something take it! It has been a big success during these challenging times. We are excited to partner with our Lions and see what this year will bring.

COON RAPIDS HIGH SCHOOL/MIDDLE SCHOOL

CRHS Leo club has started this year with a bang. The club has continued to:

- Support the local elementary school in volunteering for math night and STEM nights
- Hosted a outdoor movie in October in support of Railroad safety
- Hosted WE SCARE, collecting food for the high school food shelf supporting the increase families in need
- Partnered with CR Lions to collect enough plastic bags to build two benches to be displayed at the high school and middle school- the clubs are close to a third bench
- Partnered with Indian Education to support the increase knowledge of the Native American community in our school
- Development of FREE community movies in the high school auditorium with mental health tips and trivia prior to the movie- the CR Lions have helped sponsored this opportunity.

SPRING LAKE PARK LEOS

SLP Leos have been working hard on rebuilding their program. Spending time on sorting eyeglasses has been a great new project for many new members. They are preparing for the Holiday House being hosted by the Leos for students in their school to shop for their families on a low budget.

If you are interested in getting more involved with a Leo club, or would be interested in starting a Leo Club, please reach to either chair member:

Stefanie Nelson

stefanieenelson@gmail.com

Lion Pete Yelle

pete.yelle58@gmail.com

More Leo news next page.....

This is an article from a Spring Lake Park Leo about what the Leo program has meant to her.

Hi, my name is Celeste and I am a senior that has been involved in the Spring Lake Park Leo's Club program since freshman year. Community service has always been something that I am heavily involved in, not only because of the different experiences but also because growing up with a single mother we often had to rely on community service based resources. Due to this, community service and the Leo's Club in general is my way to try to help others the same way that my family and I received help. Additionally I love making new friends and through things like community service, people that might have not first known each other become closer and what I love is that by the end of the school year we practically become a family. The other thing that I enjoy very much are the administrators of the club and the people that attend because you can tell everyone that is there really wants to help others and our community. Leo's Club has given me the opportunity to not only meet amazing people but has shown me how impactful one's actions can be.



Some exciting news in which **MN CHILDHOOD CANCER FOUNDATION** is helping in the fight against childhood cancer right here in our own backyard! Please keep your donations coming in.

Thank you so much to all the clubs that have already donated!! Great news for the Survivorship Program at the University of Minnesota Masonic Children's Hospital! The Children's Cancer Research Fund was one of the matching partners in our first year!

In early 2021 Children's Cancer Research Fund launched the Dream Further Campaign to fund much-needed research and care coordination for survivors of childhood cancer. In November, with the help of a passionate community of supporters, the Dream Further campaign reached its ambitious \$2 million goal. These funds will accelerate groundbreaking survivorship research and care coordination at the M Health Fairview Masonic Children's Hospital to ensure kids not only survive cancer today, but they also thrive and enjoy long, healthy lives.

In 2021, contributions to the Dream Further Campaign will support two important goals of the hospital's survivorship program:

- Ongoing Research and Education - The goal of survivorship research is to evaluate the best interventions that will improve the health and well-being of all childhood cancer survivors, helping establish new standards of care around the world. In addition, better understanding of survivorship issues will help doctors better care for patients currently in treatment for cancer.
- Coordination of Care – A dedicated care team can help survivors

keep track of their complicated medical histories, check progress and follow up with them about upcoming appointments, necessary tests and opportunities to participate in survivorship research studies.

Over the past 40 years, the community that created Children's Cancer Research Fund has played a significant role in bringing the five-year survival rate for childhood cancers from less than 60% to over 80%. More children are surviving cancer than ever before. But their cancer journey doesn't end with the last chemotherapy treatment.

- There are 420,000 survivors of childhood cancer alive in the U.S. today.
- More than 95% of these survivors will have a significant health issue related to their cancer or treatment by the time they are 45 years old.
- Only one in five survivors receive the customized care and guidance they need.

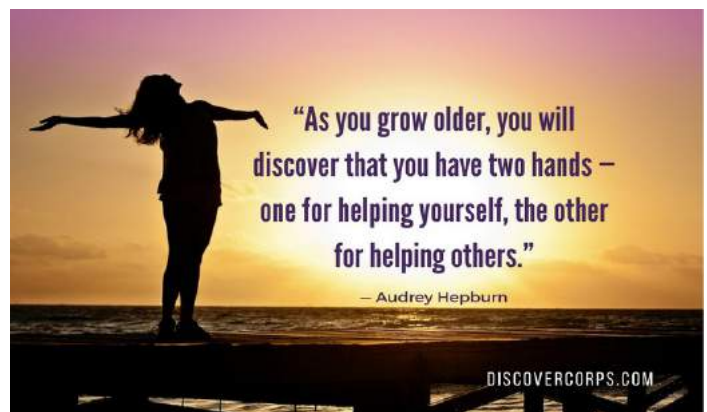
"CCRF donors provide the funding that allows us to create ways to never let a survivor slip through the cracks or get lost in the health care system. Together, we can make sure that children with cancer live their lives to the fullest and don't just survive, they thrive." - Dr. Karim Sadak, Director of the Cancer Survivorship Program at M Health Fairview Masonic Children's Hospital.



The next **PROJECT NEW HOPE RETREAT** will be **December 3-5, 2021** at Inspiration Point near Clitherall, MN. This will be promoted on Fargo/Morehead TV and radio stations.

If you know anybody who could benefit from this or would like to volunteer, please direct them to: www.projectnewhope.net to sign up. It's all free, even for the volunteers! This year's 2nd PNH retreat was early this month at Ironwood Springs near Stewartville, MN.

Lion Kevin Beadles farfromthinkin@gmail.com



ENVIROMENTAL NEWS



TRUTH ABOUT PLASTIC RECYCLING

Dedicated bins for plastic waste are a common sight and plastic recycling is widely promoted. So why does only a fraction of the plastic we toss actually get recycled?

Perhaps the most important reason is that there is very little financial incentive to recycle: it's far less expensive to manufacture most types of plastic from scratch than it is to recycle old plastic into something new. The least recyclable plastic products include many labeled with the numbers 3 through 7 in the recycling triangle as well as the majority of plastic bags and packaging film.

Certain types of plastic however, are economically viable and relatively easy to recycle, and even in high demand. These include PET plastic bottles, like the ones pop and water are sold in, and HDPE milk jugs [labeled with a 1 or 2 inside the recycling triangle]. But just 29% of the plastic used in these jugs and bottles was recycled in 2018.

According to guidelines from the FTC, at least 60% of Americans should have access to a program that recycles a particular item before it can be labeled as recyclable without some language noting that access to recycling may be limited. But these guidelines are rarely followed, according to a 2020 report from Greenpeace.

Only numbers 1 and 2 bottles and jugs are recycled consistently; labeling other items as 'check locally' inside the recycling triangle is just a way for a company to imply that something will be recycled when it will almost certainly end up in a landfill.

Well-intentioned consumers are also partly responsible for the low plastic recycling rate. "Wishcycling" or tossing every type of plastic into the recycling bin and hoping for the best, can make separating out useful material more difficult and actually reduce the amount of plastic that is recycled. This can lead to recyclable plastic ending up in landfills and incinerators.

In theory, sorting plastics and depositing only readily recyclable types into the recycling bin would help fix this problem.



In our January Gram we'll talk about ways to reduce plastic dependence.

LITPC YOUTH SCHOLARSHIP INFORMATION



The Lions International Trading Pin Club (LITPC) has announced for the 2021-2022 school year that there will be 3 US \$2,500 scholarships awarded. Graduating Leos OR graduating sons/daughters, grandsons/granddaughters of Lions are eligible to apply for the LITPC Youth Scholarship. The LITPC goal is to help our future leaders and give students a financial helping hand. This program started in 2012. Recipients have been from Connecticut, Delaware, Georgia, Iowa, Louisiana, Minnesota (2), New York (2), Ohio (3), Oklahoma (2), Pennsylvania (2) and Virginia (4). The 2022 recipients will be announced at the LITPC Pin Traders Annual Breakfast in June, 2022.

To obtain the current LITPC Youth Scholarship information:

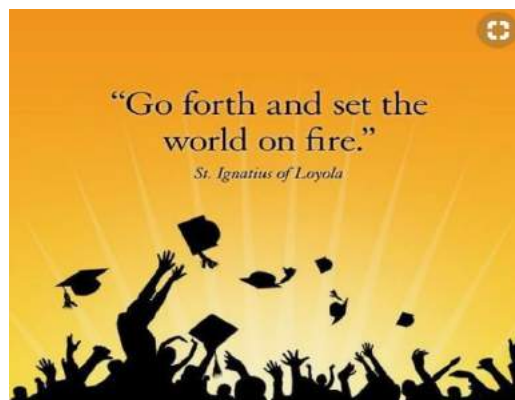
1. Go to the LITPC website: www.litpc.org
2. In the left column, click on LITPC Scholarship Forms.
3. Then click on LITPC Scholarship Information.
4. When that page comes up, click on Scholarship Application Form

Read and follow **ALL** directions. Be sure to fill out **ALL** the forms neatly and correctly which includes the 4 essay questions (in 350 words or less) and the question about scholarships that you have been offered along with submitting a certified copy of your high school transcript including activities. Plus you also need to attach recommendations from 2 people (i.e. teacher, coach, clergy, employer, etc.) **AND** attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

ALL forms and letters are to be submitted by MARCH 1, 2022
to: Lions Bill & Marcia Guthrie, Scholarship Chairman 763-786-8072 bmguhrie9@q.com You can either email us your application OR call us and we will give you our mailing address.

Thank You and Good Luck to ALL!!

The LITPC fulfills the motto of Lions Clubs International – "WE SERVE"



HERE'S WHAT'S HAPPENING....

CHRISTMAS EDITION



LIONS HOLIDAY LIGHT REVEAL WITH SANTA.....MONTICELLO LIONS....SATURDAY DECEMBER 4th 4:30pm to 6:30pm. West Bridge Park, Monticello FREE.....fire pits, lights reveal at 5pm, Santa pictures, gifts, hot chocolate and cookies.



BREAKFAST WITH SANTA....SANTIAGO LIONSSUNDAY DECEMBER 5TH, 20218:30am to 11:30amSantiago Town Hall. Gift bag for kids. Please bring a non-perishable item for local Student Pantry. *Go to Santiago Lions Club on FB for complete list of items needed.*

BREAKFAST WITH SANTA.....ELK RIVER LIONS....SUNDAY DECEMBER 5TH, 2021 8am-1pm All you can eat pancakes [plain, blueberry or chocolate chip] sausage, orange juice, and other beverages. Boys and Girls Club 905 6th St. NW Elk River, MN. Performance by the Land of Lakes Choirboys at 9:30am **FREE KIDS VISION SCREENING!** Lions KidSight MD5M is a nationwide program that safeguards the vision of children 6months through 6 years. Free will offering with all proceeds donated to Young Life and Thumbs Up 5K.



CHRISTMAS IN THE PARK....ALBERTVILLE LIONS.....SUNDAY DECEMBER 5th, 2021 2:00pm to 6:00 pm Albertville Lion's Depot, 58th and Main Avenue. Christmas tree lighting at 5:00pm Hot chocolate/cider served by Albertville Royalty; S'mores served by Scouts; horse drawn wagon, Santa and Mrs. Claus, STMA Choir Caroling and lighting ceremony set for 5:00pm

SHOPPING WITH SANTA.....LC of BIG LAKE LIONESSSATURDAY DECEMBER 11th, 2021 9am-12noon Event at LIONS PARK 21960 CR 5 Big Lake. Children can shop for affordable gifts, many handmade items. Tickets are \$1.00 per ticket and are sold at the door. Tickets can be used to purchase gifts, also donuts, coffee, or juice. Unused tickets are non-refundable



SANTA DAY AT KJ'S.... ELK RIVER LIONS CLUB....SUNDAY, DECEMBER 12TH, 2021 12noon-2pm. FREE family event. Take your own photos with Santa. Cookie Decorating, Crafts/Coloring, Games. Gift Bags for all children 0-12years of age. Family Drawings at 2pm. [One entry per household, must be present to win]

HERE'S WHAT'S HAPPENING....

CHRISTMAS EDITION



SILENT SANTA, DISTRIBUTION.....COKATO DASSEL LIONS.... SATURDAY DECMEBER 18Th.
2021 at 7:00am at the St. John's Ed Center Cokato. Any financial donations can be sent to PO
Box 691 Cokato, MN. 55321

BREAKFAST WITH SANTA...ANNANDALE LIONS...SATURDAY DECEMBER 18TH, 2021 9am
to 12noon. Annandale High School. Free food, toys and photos with Santa. For the second
year we are doing an OUTSIDE DRIVE THRU event!



SEASON GREETINGS FROM YOUR

LEADERSHIP TEAM



Fellow Lions, LEO's.....It has been my pleasure serving as your Gram Editor this past year. I appreciate all words of encouragement and kindness you have sent me. As we move forward into 2022, with your help, I'll continue to provide a newsletter that is current, hopefully timely, deeply inspirational and sometimes funny for your reading pleasure. Wishing you all a safe and happy holiday and blessed New Year!

Lion Judie Zaske

ARTICLES FOR THE JANUARY GRAM ARE DUE BY **DECEMBER 26TH** so please plan accordingly.



Is there someone in your club who's eligible for these award/s?

Awards-Hall of Fame and Al Jensen

Hall of Fame Award

Our Mid-Winter convention is coming in January, so please consider nominating a Lion member for the **Hall of Fame Award**. To honor those Lion and Lioness members of character and substance who have demonstrated the highest level of commitment and dedication to the efforts of their club, district or multiple district and the motto of our association, "We Serve."

Criteria for this award is:

- May be a Lion or a Lioness
- Must have been a member in good standing for at least 15 years
- Must be at least 2 years removed from the Council of Governors, if a PDG
- Have qualifications above and beyond the call of duty including social and human endeavors
- Should be of good moral character
- Should have a good reputation in good standing in his/her community
- If deceased, must have been a member in good standing of a MD5M Lions or Lioness Club at the time of his/her death

There is a nomination fee of \$150.00. For each candidate nominated and must accompany the nomination to the District Governor. All nominations must be received to the District Governor no later than 30 days prior to our MidWinter Convention, which is no later than **December 8, 2021**.

Lion Al Jensen Leadership Award

Selection Process:

1. One or two awards may be presented annually to Lions who have been members for five years or more.
2. The candidates' selection must be based only on contributions at a District or Multiple level.
3. Each District Governor shall annually nominate no more than one Lion to receive the award.
4. The nomination must be on the official nomination form, signed by the District Governor and submitted to the Council Chair each year no later than **March 1**.
5. Final selection of the award recipients shall be made by a committee of the seated Council Chair and the two previous Council Chairs.

Selection Criteria: The award shall be presented to the most qualified Lions nominated for the award, based on the following criteria:

Leadership Characteristics:

1. **Vision**... The ability to see or seek out new ideas and new ways to advance the humanitarian service of Lionism.
2. **Creativity**... Can see new ways to solve problems and to provide humanitarian service. Willingly solicits new ideas from others and helps implement the ideas without worrying about who shall get credit.
3. **Courage**... Follows through on commitments or a project no matter how difficult it may be. Openly accepts feedback, both complementary and critical, and is able to use the feedback to improve the overall success of the work.
4. **Initiative**... Willing to step up and make things happen. Accepts assignments when asked and volunteers where needed. Makes things happen and gets things done.
5. **Unselfishness**... Contributes without expecting something in return. Is most interested in the success of the work and the recognition of those who contributed to the success. Finds satisfaction in the success of the work and the people served, not in the power base that may be gained.
6. **Teamwork**... Success in organizing a team, delegating work within the team, assuring that all members of the team are informed and committed, and follows through to make sure that the work of the team is successful. Also the ability to listen, take suggestions or directions, communicate, and work successfully as a member of a team.
7. **Effectiveness in leading others**... Motivates others to be part of a project/ piece of work, gives them clearly defined recognition when the project/work is completed.
8. Best exemplifies the leadership qualities of Lion Al Jensen.