



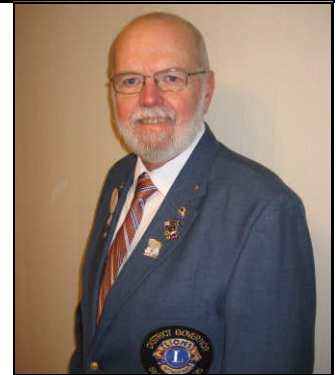
# 5M7 GRAM



January 2015

Lions, Lioness and Leos of 5M7,

**"January - 2015"** Half of our Lions year has passed. Please take some time to reflect on the last six months. Feel proud of what has been accomplished and be concerned about what else we could have done. Look forward into the next six months and plan on what we can do further to help those less fortunate. When I review the progress we have made in specific areas, I am proud to have been a part of the success, but I am sobered by the areas we came up short in. We all have our regular projects scheduled throughout the Lions year; why not look into what additional needs our communities have and see if we can help simply as Lions or in partnership with other civic organizations. If you look hard and deep enough, there is plenty of need to go around!



To date I have attended *Governor's Nights* at 21 of the 52 Lions clubs in our district. I have scheduled 19 more throughout the months of January through May. I need to hear from the last 12 clubs to complete the required Governor's club visits. Please refer to my calendar in this issue for dates still open. If a Leos Club is interested, I would love to come to one of their meetings.

Recently, the [Peace Posters](#) submitted at our district level were judged. Our District 5M7 winner this year is Sophia Park, a 13-year old, 8<sup>th</sup> grade student at Westwood Middle School. She was sponsored by the Spring Lake Park Lions Club. I entered her winning poster in the MD5M contest and was happy to be informed by Council Chair Lion Earl Orvik that she won the Multiple Peace Poster contest as well! Her poster is now on its way to be judged in the Lions Clubs International contest.

Some other good news is we have inducted 90 new Lions in 5M7 over the last 5-1/2 months. Sadly we have allowed 84 Lions to leave. I urge you, the club members and officers, to keep in touch with all of our members and keep them involved and productive. They joined because they wanted to be a part of the largest greatest service organization on earth. Help them maintain that opportunity.

My schedule looks to be extremely hectic, but if I can be of assistance to anyone, please contact me and I promise I will do all I can to help. My e-mail is [terry\\_wold@hotmail.com](mailto:terry_wold@hotmail.com) and I am on Facebook. I look forward to hearing about your successes and areas we need to work harder and smarter on.

For those of you who have enrolled in the [MD5M Regional Lions Leadership Institute](#) being held in Mahanomen this spring, please send me your payment of \$150.00 as soon as possible. I need to have it all completed by the 15<sup>th</sup> of January. Remember, upon completion of the week-end course, MD5M will reimburse you \$100.00.

I hope all of you had a wonderful holiday season and I wish each and every one of you a Happy, Healthy and Productive New Year!



Best Wishes,

Lion Terry Wold  
District Governor, 5M7  
612-759-5433  
"Serve The Need"



Season Greetings to Lions, Lioness, and Leo's —

Where have these past six months gone? They have been busy months, going to Lions Clubs, Lions activities, zone meetings, and Governor's Nights. I hope Lions, Lioness and Leo's are thinking about attending the [Mid-Winter Lions Convention](#) this January 16-18, at the Minneapolis Airport Marriott Hotel in Bloomington. I know what Governor Terry Wold and the Convention Committee have planned is excellent, and I hope you will enjoy all of them. After the Saturday Night Banquet it should be a fun time. I did hear that some Lions are taking part in this program with K-9 Dogs of St. Paul Police Department. I guess we should be careful what we have on ourselves that night.

We are having the [First Timers Contest](#) again this year. The contest will start right after the *Memorial Service* for first-time convention attendees, 1 and 2<sup>nd</sup>

VDG Steve Linder will be taking care of the contest. I will be collecting Ink-Jet and Laser Cartridges and cell phones at Mid-Winter Convention. Bring your used eyes glasses too.

Starting in February, until I go to Hawaii on June 22 of 2015 for the [Lions International Convention](#), I will be attending a number of mandatory District Governor Elect training sessions right here in Multiple District 5M to be ready to be sworn in as the next District Governor of 5M7; plus the training at the *Lions International Convention*.

Buffalo Lions Club will be celebrating their 70<sup>th</sup> anniversary on October 24, 2015 at Wild Marsh in Buffalo. Just to get word out about their big day.

I will wish you all Happy New Years.

Lion Tom Fiecke 1<sup>st</sup> VDG of 5M7  
*Serve From the Heart*

Lions, Lioness, and Leo's —

Hoping everyone had a very Merry Christmas and a Happy Holiday Season. It looks like a non-white Christmas; I would like a little snow but I'm loving the temperatures.

Next up is our [Mid-Winter Convention](#) down in Bloomington. A lot will be going on at the convention, starting with the *Gambling Seminar* and *Memorial Service* on Friday night with the socializing and hospitality rooms. After the *Memorial Service* all the first time attendees at the convention will meet to go over the [First Timers Contest](#). I hope to see a lot of Lions from our District at the convention. Without you it's not a Lions Convention.

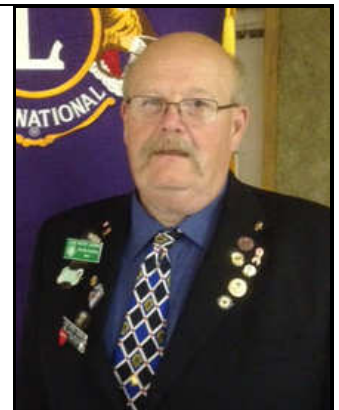
Saturday starts out with the *Business Meeting* with voting on the Governor and the 1<sup>st</sup> and 2<sup>nd</sup> VDGs. After the lunch, the *seminars* begin. The *Governor's Banquet* with the *International Directors speech*, Awards and the Police Dog demonstration.

Sunday brings the non-denominational Church Service, followed by breakfast with speakers and announcements.

Lion Kathy and I are making plans on attending the [International Convention](#) in Oahu, Hawaii. A lot to be done, but a trip of a lifetime — so much to do and see, besides the convention. It'd be great to see Lions from 5M7 there.

Thank You for All You Do

2<sup>nd</sup> VDG Steve





## DG Terry's Calendar:

### January

- 05 - Montrose Lions Governor's Night
- 08 - Delano Governor's Night
- 09 - Fridley Lions Winter Warm Up
- 10 - 5M5 & 5M6 Conventions – Bloomington
- 13 - Blaine Central Lions – Granny's Closet
- 14 - Chisago Lakes Lions - Governor's Night
- 16-18 - Mid-Winter Convention – Bloomington
- 19 – Personal day – Not Available
- 22 - Blaine Central meeting
- 24 - 5M4 Convention Lunch - Willmar
- 24 - 5M10 Convention Banquet - Duluth
- 28 - Annandale Governor's Night
- 31 - 5M11 Convention Lunch - Mahnommen

### February

- 02 - Cokato-Dassel Lions - Governor's Night
- 03 - Otsego Lions - Governor's Night
- 07 - 5M8 Convention Banquet - St. Cloud
- 12 - Maple Lake Governor's Night
- 14 - 5M2 Convention Banquet - Mankato
- 16 - Grandy Lions - Governor's Night
- 17 - Elk River Governor's Night
- 19 - Howard Lake Governor's Night
- 20 - 5M13 Convention Dinner - Virden, Manitoba
- 21 - 5M3 Convention Banquet – Marshall
- 23 – Wyoming Lions Governor's Night
- 24 - Fridley Lions - Governor's Night
- 26 - Blaine Central meeting

### March

- 05 – Spring Lake Park Governor's Night
- 10 - North Branch - Governor's Night
- 12 - Blaine Central meeting
- 13-15 - Council of Governors #3 - Brooklyn Center
- 24 - Cabinet Meeting #3 - KJ's Refuge, Orrock
- 26 - Blaine Central meeting

### April

- 09 - Blaine Central meeting
- 17 - Council of Governors #4 - Bloomington
- 17-19 - MD5M Convention - Bloomington
- 21 - Ham Lake and Cedar/East Bethel  
Joint Governor's Night
- 23 - Blaine Central meeting
- 27 – Big Lake Lions & Lioness Governor's Night
- 28 - Circle/Lexington and Lino Lakes  
Joint Governor's Night

### May

- 14 - Blaine Central Lions - Regular Meeting
- 28 - Blaine Central Lions - Regular Meeting

### June

- 06 - D-Feet Hearing Walk
- 11 - Blaine Central Lions - Regular Meeting
- 25 - Blaine Central Lions - Regular Meeting

**Note:** The dates listed for regular meetings of the Blaine Central Lions Club are available for scheduling Governor's Nights.

**Editor's Note** — Please send your articles and photos for the **5M7 Gram** by the 25<sup>th</sup> of each month. Be sure to include your club name, and captions for your photos. Send to: [beckymom@comcast.net](mailto:beckymom@comcast.net)



## MD5M Hearing Foundation

I would like to give a “Thank you” to the Stacy Lions, Cambridge Lions, and the Anoka Lions for helping people get hearing aids this year. They have changed the lives of three people in a profound way. Thank you Lions of these clubs.

PDG Jim Mulroy  
MD5M Hearing Foundation  
Trustee

**THANK YOU**

## Youth Outreach

*What does it take to make a Youth Outreach Chair excited?*

This past month the two words would be "Determination" and "Monkeys."

Yes, we have a **Peace Poster Winner** — Sophia Parks 13, an 8<sup>th</sup> grader from the Westwood Middle School, sponsored by the Spring Lake Park Lions, and now off to the next level, Multiple District 5M for the judging.



So the two words are now "On cloud9"

The next email I received – "The 5M7 poster is the Multiple winner and will now go to Lions International."

Well, so now the words are "Wait" and "See"?

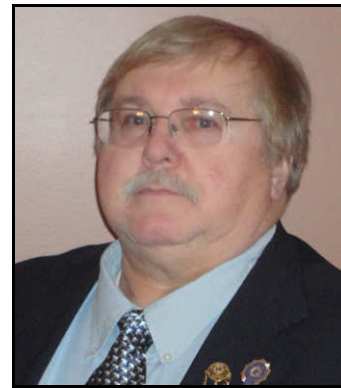
I am so excited for Sophia Parks and the Spring Lake Park Lions! If I need to use "Monkeys" and stay on your back I will. This is a great program for the 11-13 years-old's and remember, "I'm Big and I'm strong."

If Youth Outreach gave you a kit to do the Poster last year and your club does not have a poster, please pay the district back the money for the kit. We are not paying for kits for the trash!

Youth Outreach Chair,  
Lion Ginny Hestekind.

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## 2<sup>ND</sup> Vice District Governor Candidate



Candidate for 2VDG Lion Dan Kaiser

I have been a Lion for 25 years and I have served as a member of the Almelund Lions Club as their President several times. In District 5M7, I have served on the 5M7 District Cabinet, several years as Zone Chair, two years as Region Chair, the District Cabinet Secretary-Treasurer and other positions.

I have the support of the Almelund Lions Club, my wife, Lion Cathy and my family. I am asking for your support in announcing my candidacy as the 2<sup>nd</sup> Vice District Governor for the 2015-2016 Lions year.

Respectfully submitted,

Lion Dan Kaiser



*We Serve*

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Hosted by: Minnesota Lions Diabetes Foundation, Inc. and the University of Minnesota

29.1 million people in the United States are living with diabetes. More than 375,000 people in Minnesota have diabetes and that number is on the rise.

You and a guest are invited to hear about exciting developments in diabetes prevention and cure research from world-leading scientists at the University of Minnesota.

Learn from nationally recognized scientists who are leading some of the most promising diabetes research aimed at both preventing and curing diabetes and tour the immunology research labs and imaging magnets where this research takes place.

**When: Saturday, March 28, 2015**

- 9:15 a.m. - Tour 1
- 10:30 a.m. – Tour 2
- 11:30 a.m. – Light lunch and Program to follow

Tours of the Center for Magnetic Resonance Research and the Immunology Lab are limited at each of the tour times listed above. The same tours will be conducted during each of the morning shifts. Please select Tour 1 or Tour 2 when you RSVP. If you are a member of the board, please select Board Member Tour when you RSVP.

**Where:** Center for Magnetic Resonance Research, University of Minnesota, 2021 Sixth Street SE, Minneapolis, MN

#### **Program Highlights:**

- Dr. Brian Fife will provide a diabetes overview and then give a research update funded by the Lions. This research is focused on identifying and selectively removing the destructive cells that cause diabetes.
- Dr. Michael Garwood will present the exciting advances in the islet imaging research funded by the MN Lions. This research focuses on viewing transplanted islets inside the body pre- and post-transplant.
- Dr. Elizabeth Seaquist will discuss how long standing diabetes affects the brain. Her research focuses on how developing abnormalities may contribute to cognitive dysfunction, dementia, and/or diminished executive function.

**RSVP by Friday, March 6:**

Please RSVP online at [www.rsvp.umn.edu/2015LionsUpdate](http://www.rsvp.umn.edu/2015LionsUpdate)

For questions or to RSVP via email, please contact Rachel at [racheln@umn.edu](mailto:racheln@umn.edu) with your name, address, guest name, and tour option. You will be emailed an event confirmation and directions following your RSVP.





# MD5M 2015 CONVENTION



In a little over 4 months Lions, Lioness, and Leos from all over our Multiple District will be gathering in Bloomington MN to share fellowship, knowledge, and remember those great Lions that have passed on before us.

Come and experience dynamic speakers, amazing auctions and raffles and great entertainment!!

**Past International President Lion Al Brandel** and his wife **Lion Dr Maureen Brandel**.

**Dr Brooks Jackson**, Dean of the Medical School, U of M

Retired MN Supreme Court **Justice Paul Anderson**

**Carol Ann Kirkbride**, Leader Dog Puppy Raising in Prisons

**Adrie Haynesworth-Taylor**, Donor Coordinator, MN Lions Eye Bank

**Annette Kuypers**, Director Military Outreach, MN National Guard, *"Beyond the Yellow Ribbon"*

A live and silent **auction and raffles** with amazing items and prizes!!!

Participate in a **great service opportunity** — Saturday afternoon up to 140 Lions, Lioness, and Leos can work packing meals at the **Feed My Starving Children** facility right near the hotel. Sign-up sheets will be available at all District Mid-winter Conventions.

The **Rockin' Hollywoods** present *"Solid Gold Rock & Roll"* from the 1950's thru the 1980's with an energy and excitement that captivates audiences of all ages.

Plus easy access to the Mall of America, home to 580 stores!!!!!!

**April 17-19, 2015**

Marriott Airport Hotel  
2020 American Blvd East  
Bloomington MN 55425

Call 1-800-228-9290 (tell them you are with the MD5M Lions)

Rooms are going fast-----reserve today!!!

<http://lionsmd5m.org/MD5M/MD5MConvention/MD5MConvention.htm>

## Where There's a Need, There's a Lion

## Andover Lions Club



DG Terry addressing the membership.



DG Terry presenting 20 year Chevron Award to Lion Gail Roush.



DG Terry presenting PDG Lion Ken Roush with Governor's personal pin and Governor's District Award pin.



DG Terry presenting 30 year Chevron Award to Lion Wayne Johnson.



DG Terry presenting 15 year Chevron Award to Lion Gary Wrobel.

## Buffalo Lions Club



DG Terry addressing the membership.





Chevron Award and Leader Dog  
Paver Brick recipients.



Secretary Lion Cheryl reading the Leader Dog Paver  
Brick Award letter to two Lions who each have  
55+ years of service!

## Cambridge Lions

Here are some photos from the Cambridge Lions  
*Governor's Night* and *White Elephant Gift  
Exchange*. Please note our new "wookie",  
2<sup>nd</sup> VDG Lion Steve!





## Cedar East Bethel Lions



The Cedar East Bethel Lion's and Lioness Clubs recently sponsored their annual *Breakfast with Santa* event at the Cedar Creek Elementary School. The families were able to visit with Santa, do crafts, do the fish pond and enjoy a pancake breakfast.

Pictured with Santa are Camden and Wyatt Bauer of East Bethel.

## Montrose Lions



The Montrose Lioness Club donated \$550 to the Montrose Elementary school for the playground equipment fund. The money was raised by selling brownie sundaes and holding a craft/bake sale. These events were held in conjunction with Lions dinners and they were well supported by our community. Thank you to all of those that supported us.

Pictured from left to right are Marlette Babatz (past President), Elementary Principal Tony Steffes (and also a Lion member) and Lioness President Judi Salonek.

## Spring Lake Park Leos

The 7<sup>th</sup> Annual Holiday House sponsored by the Spring Lake Park Leos was attended by 145 elementary aged kids and their families. Thirty Leo Club members helped the kids shop and supervised craft activities and other games.

Another 25 Spring Lake Park Lions and guests were on hand to complete the wrapping of the presents.



Leo Melissa Yang helped her siblings shop for the holidays.



Leo Cheyenne Grant does some face painting.



Lion Ann Kaduce helps with the wrapping.

## Zimmerman Lions



DG Terry addressing the group.



Creative Christmas decorating.



DG Terry with Secretary Tracey Frantesl and President John Frantesl.



**Lions Clubs International  
FOUNDATION**

## Donating to LCIF

Did you know that one-hundred percent of every dollar donated to LCIF goes to someone in need?



LCIF receives no funding from club dues, and all administrative costs are paid through interest earned on investments. LCIF relies solely on donations from our partners and Lions like you for the

grants we award. Approved grants have exceeded our grant budget for several years, which means that your unrestricted donations are more important than ever before. When you make your donation to LCIF, please consider selecting "Area of Greatest Need." This unrestricted donation gives LCIF the flexibility to support initiatives where the need is most urgent.


## LCIF Rated a 4-Star Charity

LCIF has recently earned its third consecutive 4-star rating from Charity Navigator for its effective fiscal management and its commitment to accountability and transparency.



Charity Navigator examines the financial health, accountability and transparency of charities to determine its ratings. LCIF's 4-star rating indicates that it consistently executes its mission in a fiscally responsible way. Only 12 percent of the charities evaluated earned a third consecutive 4-star rating. This exceptional distinction means that LCIF outperforms most other charitable organizations in the United States. You can be confident your donations are being used in support of the programs for which they are intended.





FRIDLEY LIONS FUNDRAISER

# 2015 Winter Warm Up

*Food & Wine Tasting Extravaganza  
Silent Auction*

Friday, January 9, 2015  
5:00 – 8:00 pm

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*Fridley VFW ~ 1040 Osborne Rd ~ Fridley, MN 55432*

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\$25 at the Door or \$20 in Advance per Ticket

For more information or to purchase tickets contact:

Fridley Liquor Store 248 – 57th Ave NE

[www.fridleylions.org](http://www.fridleylions.org) or [BFalink@gmail.com](mailto:BFalink@gmail.com)



# *Nowthen Lions Club* **6<sup>TH</sup> ANNUAL ICE FISHING CONTEST**

**Saturday, February 7**  
**East Twin Lake, Nowthen**

**Registration at 9:00 a.m.**

**Contest starts at  
11:00 a.m. sharp!**

**Final weigh-in is 2:00 p.m.**

**Prizes for 3 largest fish caught  
\$250, \$100 & \$50**



**Door Prizes throughout the event  
Kids Prizes • Same Day Raffle  
Hot Food and Drinks**

**Tickets are \$10 per hole and available presale and on the lake.**

**No portable ice houses or glass containers.**

**Complete set of rules available at the weigh-in table.**

**For more information, call Jeff at 763-238-0596,  
email to [jeff@stewyspainting.com](mailto:jeff@stewyspainting.com) –or– Judy at 763-753-6962,  
email to [jlhbells@earthlink.net](mailto:jlhbells@earthlink.net)**



**This event is a fundraiser for the  
Nowthen Lions Club.**

**Look for parking signs at the lake.  
Special assistance available for those in need.**



## Lioness Clubs



***Tis the season to be jolly...*** here's hoping this finds you and your family ready for the joys of the season. I know each and every Lioness Club has had their *Shopping with Santa* or *Breakfast with Santa* or 'something' with Santa. All the clubs work hard to ensure that children get a chance to meet and greet Santa and enjoy what Christmas brings.

My thanks and warmest wishes to each and every member of our Lioness Clubs for a very Merry Christmas and happy and safe New Year!

### Notes to Self...

- **Mid-winter Convention January 16-18<sup>th</sup> 2015.** I hope to see some of you at the convention and even though we aren't having a program; we can still get together.
- I would appreciate Lioness clubs forwarding their monthly M&A reports and newsletters to me at [[judiegolfer@yahoo.com](mailto:judiegolfer@yahoo.com)] so I can share what you're doing in the 5M7 Gram.
- We could really use some pictures of events the Lioness are doing/have done for the Gram.
- It's getting late and if you haven't scheduled your *Governor's Night* either with or without your Lions Club, I strongly suggest you do so soon. The form for the *Governor's Night* is on the 5M7 website [<http://e-district.org/5m7/site>]. If you have any questions/concerns or need assistance, just let me know.
- Don't forget to submit articles to your local newspaper about your activities your club is doing in your community. This is a great opportunity for your club to let your community know who and what you are!
- I am working with the web people to see about putting the PU101 form on the website. A reminder that your 100% Lioness President and Secretary Awards forms are currently on the website for your use.





### *My Christmas Commentary...*

*As we begin a new year, I think back to when many Lions Clubs did so many community service projects. With the addition of gambling, it brought about a new focus for some clubs. Gone were the days of a club's focus to help out local seniors with raking or painting. It seemed to be more important and for some, less work, to just give money rather than help someone out.*

*But the Lioness Clubs of this district never forgot the true meaning of what Lionism and 'to serve' stands for. These ladies, regardless of size or money, give of themselves to their communities in so many ways. Their focus is not only on the elderly, or the hungry, or the children or the homeless. Their devotion is to their community and those who live in the by making it a better place. This is Lions International's greatest asset, yet we're treated with so little respect and recognition by the organization and district we serve. Some of our Lions Clubs have embraced the talents, knowledge and expertise of women who have joined Lions; yet we fail to recognize those same traits in the members of our Lioness Clubs.*

*As a charter member, I've had the not so often pleasure of watching changes being made. We all agree that change occurs; whether we like it or not. And many of us have come to understand that at times we have no control over the change or the people who execute that change. But, what we do have control over is the ability to recognize those within our organization, our district, our group; the humanitarian services the Lioness provides to those in need, to those who may be lonely and to those who need the help that the Lioness give.*

*It's not hard to recognize the work done by your fellow club members...regardless of what or who their name is. A simple act of kindness, consideration and recognition goes a long way to show ones appreciation for the work being done.*

*My hope is that as change occurs, changes in how we support and recognize those whose sole purpose is the same as the organization that we belong too, changes to become better in 2015.*