



5M-7 GRAM

January 2016



Lions, Lioness & Leos,

It's hard to believe that half of my year as District Governor of 5M-7 has passed. It has been fun with Lion Clubs visits, Lions breakfasts, Lioness activities and Leos activities. The next six months of my schedule look to be extremely hectic. In January and February, there will be 12 District Mid-Winter Conventions. Our District 5M-7 38th annual Mid-Winter Convention will be Jan. 15-17, 2016, at Minneapolis Airport Marriott, Bloomington. I hope Lions, Lioness & Leos are planning to attend this year. I know the Mid-Winter Convention Committee had a lot of meetings to make this a good Mid-Winter Convention. It would be nice for the whole District 5M7 of Lions, Lioness & Leos to attend this year. We are still looking for Lion member to run for 2nd VDG of 5M-7. As for 5M-7 Lion membership, we started with 1,908 July 1, 2015. As of today, we have 1,905 Lion members. We added 100 Lion members, but dropped 103 Lion members. Worldwide, we



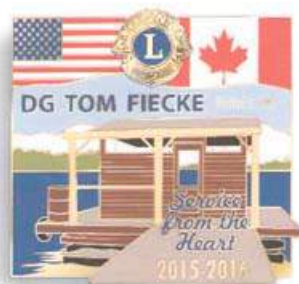
have 1,397,078 Lion members in 210 Countries speaking 11 languages.

I'd like to wish everyone of District 5M-7 and Lions worldwide, and all the Lioness and Leos, a Merry Christmas and Happy New Year.

Very proud to be your District Governor of 5M7.

DG Tom Fiecke

Service from the Heart



WANTED: 5M7 2nd Vice District Governor candidate for 2016-17

We as Lions of District 5M7 are looking for someone to run for 2nd VDG for year 2016-17. You must have been a Lions Club President and Lions Zone Chair.

You can send a letter of your qualification and a letter from your Lions Club to show their support for you as 2nd VDG of 5M7.

It would be nice to have one or more Lions apply for this position.

You would be going in as District Governor of 5M7 in year 2018 in Las Vegas. The convention will be June 29-July 3, 2018. You would need to go out about a week early for DG Training.

Election of 2nd VDG of 5M7 will take place at 2016 District 5M7 Mid-Winter Convention, which will take place Jan. 15-17, 2016, at Minneapolis Airport Marriott Hotel, Bloomington.

DG Tom Fiecke

Service from the Heart

E-mail: lionfiecke@yahoo.com



As I write this, I hope everyone had a safe and Merry Christmas. After the holiday season, it's time to get back to work. As I prepare for my journey as District Governor of 5M-7, we have our Mid-Winter Convention in Bloomington. I hope to meet with as many of the Lions of our District. Please stop by 2nd VDG Dan and my Hospitality Room and help us enjoy the Convention. 2nd VDG Dan will be running for 1st VDG and I will be running for DG. Please be a delegate and support us. Lion Kathy and I are attending most Mid-Winter Conventions in our Multiple District this year. We look forward to seeing what goes on at other districts.



VDG Steve and Lion Kathy are pictured with Santa and Mrs. Claus at the Elk River Lions pancake breakfast.

We are getting ready for our trip to Fukuoka, Japan for the International Convention in June 2016. Tickets are purchased for our flights over and back and we are just waiting for hotel assignments.

We will have four days of training, then the Convention and we are staying for a week longer to tour Japan. Lion Kathy and I lived in Japan for three years while I was serving in the Army. Who would have thought that we would be returning after 37 years?

We look forward to seeing you at our Mid-Winter Convention and we hope you had a wonderful Christmas and hope the best for you in the year to come.

Thank You For All You Do

1st Vice District Governor Steve Linder

Dear Lions,

We are getting closer to the Midwinter Conventions which will be upon us in January, and I would like to remind all the clubs of some things that need to be done.

If you have had a member of your club that has passed away, please send me a good photo and a bio of the Lion, Lioness, or Leo. As of today we have about 20-plus members that have passed away and I only have three bios and photos, yet. So, please go and find me some information on our dear friends that we can present at the Memorial Service at the Mid-Winter Convention.

Speaking on the convention, please make your reservation soon. There are plenty of rooms, we just don't want to have you rush at the last minute. Also, order your meals early. The price of the meals and the hotel have been the same for the last few years, that's from the hard work from the committee members that have been negotiating with the hotel to keep this weekend affordable.

Make sure your club dues are up-to-date by the end of the year. Any club with past due amounts will not be "in good standing" and will not be able to vote at the Mid-Winter convention.

This Newsletter will be coming out at the end of December and I want to wish all the Lioness, Lions, and Leos a very happy and special holiday greetings from us, Lions Dan and Cathy.



2VDG Dan Kaiser



2015-2016 DISTRICT GOVERNOR CLUB VISIT REQUEST

Type of Visit: Attend Regular Club Meeting _____

Awards Banquet and /or Celebration with Governor Talk _____

Working Meeting to Address Specific Club Issue _____

Club: _____ Dinner? Yes _____ No _____

Preferred Date: _____ Alternate Date: _____

Social Hour Time: _____ Dinner/meeting time: _____

Contact Person: _____ Phone: _____

E-mail: _____ Cell Phone: _____

Meeting Location _____

Address _____ City _____ State _____

Directions: _____

Will this be a joint meeting with another club or clubs? _____

If so, list the other club(s): _____

Additional requests of Governor during visit?

(Install officers, induct new members, present awards, or other):

1st Vice District Governor invited? Yes _____ No _____ Spouse? Yes _____ No _____

2nd Vice District Governor invited? Yes _____ No _____ Spouse? Yes _____ No _____

Zone Chair invited? Yes _____ No _____ Spouse? Yes _____ No _____

Please return this form to me ASAP so I may get the visits scheduled. The sooner I get your form back, the better chance you have of getting your 1st choice of dates. I will get in touch with you to let you know what date will fit with my schedule. I am looking forward to visiting your club.

Approximately 7 - 10 days before your Governor's Night, I will reconfirm the date and find out if you have any special requests.

Please mail form to:

District Governor Lion Tom Fiecke
7303 235th Street
Silver Lake, MN 55381

H. 320-327-2837

C. 612-310-6235

Lionfiecke@yahoo.com

DG Tom's calendar:

January

- 5 Mid-Winter Convention Committee Meeting
- 7 Howard Lake Lions Governor Visit
- 8-10 5M-5 Convention, Bloomington
5M-6 Convention, Bloomington
5M-9 Convention, Brainerd
- 13 Buffalo Lions Club Meeting
- 14-17 5M-7 Mid-Winter Convention at Minneapolis
Airport Marriott Hotel, Bloomington
- 15-17 5M-10 Convention, Tower
- 22-24 5M-1 Convention, Rochester
5M-4 Convention, Alexandria
- 27 Chisago Lakes Governor Visit
- 28 Hanover, Crow River, Rockford Lions Gov. Visit

5M-7 District Cabinet Meetings for 2015-16

The 5M-7 District Cabinet Meetings
will be hosted at Kraus-Hartig VFW Post #6587
8100 Pleasant View Dr. NE. Spring Lake Park
on Thursdays:
• March 31, 2016
Social and meal 6-7 p.m. and meeting at 7 p.m.

DISPLAY TABLES FOR THE LIONS 5M-7 MID-WINTER CONVENTION

If you are the Chairman of a group that needs a display table in the main hallway at the Minneapolis Airport Marriott Hotel in Bloomington on Jan. 15, 16, 17, 2016, PLEASE contact me as soon as possible and let me know the number of tables you NEED.

These groups had display tables set up last year: CAMPS, CAN DO CANINES, DIABETES FOUNDATION, ENVIRONMENTAL PHOTO CONTEST, GLT/GMT, LCIF, LEADER DOG, YOUTH EXCHANGE, LEOS, HEARING FOUNDATION, VISION FOUNDATION, 5M-7 GRAM, PROJECT NEW HOPE, SPECIAL OLYMPICS, WELLNESS VAN, YOUTH OUTREACH, TRUE FRIENDS, PIN TRADERS, MD5M MULTIPLE CONVENTION.

Any other groups that need a table, please contact me as soon as possible. THANK YOU!! WE SERVE!!

Looking forward to a GREAT 5M-7 Mid-Winter Convention!!!

Lion Bill Guthrie

763-786-8072 and bmguthrie9@q.com

January 2016

2016 Lions Mid-Winter Convention

The 2016 District 5M-7 38th Lions Mid-Winter Convention will be Jan. 15, 16, 17, 2016, at the Minneapolis Airport Marriott Hotel, Bloomington, Minnesota.

Friday, January 15, 2016 at 7:30 PM

Opening Ceremony

Memorial Service

PID Brain Sheehan: Roar Talk on Lionism

First Timers Meeting

Hospitality Rooms Open 9 PM to Midnight

Saturday, January 16, 2016

Seminars in morning

Lioness Program

Leo's Program

12:00 Noon Luncheon

Business Meeting at 2 PM

Governors Banquet at 6 PM

Guest Speaker: ID Edward Farrington from
Milford, New Hampshire

Entertainment: St. Paul Police K-9 Unit

Hospitality Rooms open 9 PM to Midnight

Sunday, January 17, 2016

Church Service at 8 AM

Sunday Breakfast at 9 AM

Guest Speaker: Leo Alayna Mackiewicz of
Forest Lake Leos

There will be more details coming in the near future,
DG Tom Fiecke

Help make the Gram great!

Thank you to everyone who has submitted highlights of past events and previews of future events. Please submit everything for the 5M-7 Gram, including the name of your club and captions for your photos, to glicht@heraldjournal.com by the 25th of each month. Please share any suggestions directly with me via email. I believe all my email addresses for secretaries and presidents are updated, but please let me know if the Gram needs to be sent to someone else. Please note when submitting information that PDFs and docs work best for flyers and JPGs work best for photos. Thank you!

Gram Editor Gabe Licht

"We Serve"

www.e-district.org/sites/5M7

Page 4

STOP DIABETES! LEARN MORE AT THE 5M7 MID WINTER CONVENTION



Join the Minnesota Lions Diabetes Foundation at 9 a.m. Saturday, Jan. 16, and learn how to prevent or live healthier with diabetes. American Diabetes Association Senior Manager of Mission Delivery Sarah Laulunen, Dave Clauer from Novo Nordisk, and PDG Terry Wold will be the speakers. Diabetes is a leading cause of heart attack, stroke, blindness, kidney failure, and amputations. If present trends continue, one in three American adults will develop diabetes by 2050. The good news is type 2 diabetes can be prevented and it isn't as hard as you may think. If you have diabetes, lifestyle changes can prevent or delay diabetes complications. Don't miss this presentation.

5M7 MID WINTER CONVENTION SURVEY

The 38th Annual 5M7 Mid-Winter Convention plans are well underway and most of the events have been arranged. Attendance at the convention has diminished in the past several years, so, the committee would like to have individual Lions, Lioness or Leos, or their clubs respond to a number of questions regarding nonattendance at the Convention.

The Airport Marriott Hotel in Bloomington provides great meeting facilities, fine rooms, with amenities, and good banquet meals at prices that are not higher than a good restaurant.

This is the 38th year that District 5M7 has held its Mid-winter convention at this location and they give us the best possible deal regarding room rates and meal costs compare to other venues around the Multiple District.

Keep in mind that an overnight stay is not required, but is recommended, and attendance at the meals is where much of the convention takes place. The comradery and socialization is unexcelled.

Please respond by e-mail or post mail to the following criteria regarding the convention. Your comments and concerns will be considered in planning future conventions.

Location (We have not been able to find a venue large enough to accommodate the expected attendees within our District boundaries)

Cost

Available time (Day trip, Overnight stay, Friday night and Saturday or Week end stay)

Programs & events

Other

Thank you in advance for your response.

PDG Lion Norm Kelzenberg
Convention Chairman, 2015-2016
nhkelzenberg@comcast.net
8482 Monroe St. NE
Spring Lake Park, MN. 55432

January 2016

"We Serve"
www.e-district.org/sites/5M7

Page 5

Time schedule for 5M7 Mid-Winter convention 2016



Friday, January 15th

- 1:00 PM Gambling Seminar
- 4:15 PM Cabinet Meeting-Zone Chair Reports
- 6:00 PM Drug Poster Due
- 6:45 PM Opening Ceremony & Memorial Service
- 8:00 PM Brian's Corner, Brian Sheehan PID
- 9 PM -12 PM Socializing and Hospitality Room visits
Entertainment

Saturday, January 16th

SEMINARS-Everyone is welcome to attend all the Seminars

- 8:30 AM Meeting with ID Edward Farrington
- 9:30 -10:15 Diabetes Foundation
Vision Foundation
- 10:30 - 11:15 Hearing Foundation
Leo's Seminar

- 12:00 Noon Luncheon
Start Tail Twisting (during salad)
State of the District
Peace Poster Presentations
Prize Drawings

BUSINESS MEETING

- 2:45 pm Committee/Foundation Reports
Nominations
Voting by club

ALTERNATIVE PROGRAM

- 2:45 pm Environmental Program
BREAK
Lioness Business Meeting

- 6:30 PM GOVERNOR'S BANQUET
ID speech
Awards presentations
Prize Drawings
Entertainment

Sunday, January 17th

- 8:30 AM Non-denominational Church Service
- 9:00 AM BREAKFAST
Leo Alayna MacKiewicz
Announcements and contest winners
Thank you and prize drawings
Adjournment

Lions District 5M-7 Mid-Winter Convention Meal Reservation Form January 15, 16, 17, 2016

PLEASE ORDER ALL MEAL TICKETS FOR CLUB ON ONE FORM

Meals must be ordered in advance

Meal tickets may not be sold at the convention

Meal Name Badges Will Be Checked At the Door for Each Meal

Club Name: _____
Phone: _____

Contact Person: _____
Email: _____

All people attending meals will receive a name badge with their meals indicated on the badge.

No refunds After January 6, 2016

Complete Meal books paid for by 12/15/2015 - \$78.00 After 12/15/2015 - \$88.00

Individual Meal purchase

Saturday Luncheon paid for by 12/15/2015 - \$25.00 After 12/15/2015 - \$35.00

**Saturday Banquet paid for by 12/15/2015 - \$35.00 After 12/15/2015 - \$45.00
(Includes free Governor's mug)**

Sunday Breakfast paid for by 12/15/2015 - \$22.00 After 12/15/2015 - \$32.00

NO Orders will be honored AFTER 12/31/15

Special Meals Such As Vegetarian. Gluten Free, Etc. are Available upon Request

[illegible]**Checks payable to: 5M-7 Mid-Winter Convention**

Total Cost \$ _____

**Mail to: PDG Pat Kennedy
30630 Elm Street
Lindstrom, MN 55045**

NO Orders will be honored AFTER 12/31/15



2020 American Blvd. E.
Bloomington, MN 55425

2016 MINNESOTA LIONS
District 5M-7 Midwinter Convention

Rate = 93.00 + 14.275% tax = \$106.28

**ALL INDIVIDUAL ROOM RESERVATIONS MUST BE
MADE DIRECTLY WITH THE MARRIOTT HOTEL**

AT 952-854-7441 OR 800-228-9290
BE SURE TO REFER TO LIONS 5M-7

Group Name: _____

Person Completing List: _____

Phone: _____ Fax: _____

Address: _____

Email Address: _____

* All Marriott Hotels are now smoke free*

Executive Secretary

Lions Clubs International Multiple District 5M

Organization Summary

Multiple District 5M, second largest Lions Clubs International District in North America consisting of 21,500 members serving local communities in Minnesota, Manitoba and Northwest Ontario, while meeting humanitarian needs, encouraging peace, and promoting international understanding through 648 Clubs is seeking an Executive Secretary.

Location: Minnesota **Closing Date:** January 20, 2016

Job Type: Part Time **Job Category:** Administrative Support Services

Salary: \$30,000 - \$35,000

Primary Duties:

This position reports to the Council Chair with direction of the Council of Governors. Executive Secretary shall perform such duties as specified or implied by the Constitution and By-Laws of MD5M. This position provides direct administrative support to volunteers. These duties include but not limited to receiving correspondence, receiving and depositing funds, preparing checks, maintaining financial accounts, books, and records of MD5M, serve as an ex-officio member of standing and appointed committees of the Council of Governors and shall generally assist the Council of Governors in conducting the business of MD5M.

Qualifications:

The successful candidate will be a self-starter, extremely organized, have strong writing and verbal communication skills, Microsoft Office skills and have keen organizational and time management skills. This job requires

local and international travel. Have the ability to lift up to 50 lbs and must be bondable.

Experience:

The ideal candidate will have a track record of getting things done, experience with working with volunteers and boards, experience with QuickBooks and budget management. Work experience in Association management preferred but not required.

Additional Info:

To learn more about MD5M and to download our job application, please go to our website at:

www.Lionsmd5m.org

To learn more about Lions Clubs International, check out the website at:

www.lionsclubs.org

How To Apply:

If this position excites you, send a cover letter with your resume and job application to: Kathy Jensen, 32549 CR 11, Wendell, Minnesota 56590-9771 or via email at quiltlady@runestone.net

December 21, 2015

Dear Area D District Governors and MD GMT Coordinators,

I am sending congrats to the District Governors who are Silver Award Winners in Period 1!

These are the Silver Award Winners: 27 B2 Susan Selner, 27 C1 Robert Henning, 27 D2 Gary Daines, 27 E1 Larry Bradley, 5 SE Jerry Voss, 5M 1 Stanley Nerhaugen, 5M 2 Marvin Grimm, 5M 5 William Moore, 5M 7 Thomas Fiecke and 9 SW Dean Brant.

You can take pride in your achievements for Period 1.

As you know, the Silver Award is for positive growth in your district. The Gold Award is for positive growth that is higher than your 5-year average and having chartered at least one new club in your district.

Governors, you have the opportunity to be recognized in Period 2, which runs from December, 2015 – June, 2016. I encourage all of you to get on track for this recognition.

We have much to accomplish together in the last half that remains in your governor year. Please continue to stress these programs:

Ask One – Continue promoting the Ask One campaign. A new logo is available online for your use. A great message for clubs is to share the Centennial Celebration Membership Award Program.

Member Satisfaction is such an important part of membership. Promote the Global Service Action Campaigns to clubs to help further club success and pride. That family feeling within a club is the glue that can keep members satisfied.

Extension makes up the third of the membership plan. The need to charter clubs in Area D is critical. A new club can be the positive difference in the equation of gaining members in existing clubs minus the drops that occur. Please make plans for chartering at least one new club in your district if you have not already done this.

Keep your membership goals and the action plans handy so that you can refer to them easily. Remember that your action plans for your goals are not worth much if you do not follow through with the plans.

Keep the collaboration going with your District Team, (first and second vice governors, GMT and GLT Coordinators and zone chairpersons) so that together you can really accomplish more.

What help do you need to meet the goals that you have set for the year? I am here to add assistance and advice to each of you. I have enjoyed getting to know you better through the workshops that I have participated in this year.

My goal for Area D is that we have the highest net growth in membership of all the areas in CA 1 on June 30. Let's do it!

MERRY CHRISTMAS to all of you! Thank you for your dedication and commitment. I appreciate it so much!

PID Judy Hankom

CA1 Area D GMT Leader

PS: feel free to share this message with your teams.

All Lions of Minnesota,

We have been asked for our help. As you know we now have the Volunteer Protection Act which allows us to help others without fear of a possible lawsuit. This law needs to be taken a little further.

In Ohio a Lions Club was holding a pancake fundraiser in an airport hangar. The owner of the hangar took it upon himself to offer free airplane rides to visually impaired persons, without the approval or endorsement of the club. This was nice, but the plane crashed killing 6 people. A judge has ruled that the club is responsible and must pay. They didn't have those kinds of funds and had to fold. Now LCI is being held responsible.

A bill is being introduced to prevent this from happening. Please contact your House representatives and your US Senators and let them know where we stand. To learn more go to the following link <http://www.lionsclubs.org/EN/how-we-serve/lions-advocacy.php>. The House bill is HR2290. The Senate Bill is S1684. The website will give you information on how to contact them.

Thank you in advance for your consideration on this matter.

Council Chair Kathy Jensen

Can Do Canines' Lions Newsletter Submission – January, 2016

Thanks to the support of Lions Clubs across 5M, Can Do Canines continues to train specially trained for people with disabilities and provide them to those in need, free of charge.

One recipient of a Can Do Canines assistance dog is 11 year-old Isaiah Kramer. Isaiah has been diagnosed with Duchenne Muscular Dystrophy, a degenerative muscle disease that affects every muscle in the body—legs, arms, lungs, heart, and more. Isaiah continues to physically decline, so he now depends on his wheelchair all the time.

Mobility Assist Dog Leo helps Isaiah by picking items that he drops, pulling off his socks and pushing buttons to open handicap doors in public. Below is a letter from Isaiah about how Leo has transformed his life.

I am writing to thank you and everyone at Can Do Canines for giving Leo to me.

Having Leo has changed everything.

Before I met Leo, I was unhappy all of the time because I couldn't do much and I always had to ask for help. My family would be busy and I had to bug them all the time just to pick something up off of the floor for me.

I was nervous and excited to meet Leo for the first time. Leo got used to me right away, but it was also a little scary. He was excited to see me every time we came for training.

Having Leo makes me feel more independent. He picks things up for me, helps me clean my room and carries things for me. I don't have to ask for help from my family as much.

Leo loves to follow me around and loves playing with me. We play Frisbee, tug and fetch together. I love how excited he is when he sees me. He runs to me and jumps around and rubs into me with his back.

I feel safe at night because Leo is there. I sleep better with him next to me.

If I am sad, I can go to Leo and he looks really concerned for me. I can see it in his eyes. He always cheers me up because I can talk to him and he doesn't argue with me.

I felt so lonely before. Now Leo will snuggle up next to me, play with me and make me happy anytime. I don't feel as lonely anymore.

Thank you for my best friend!

-Isaiah Kramer

2016 Winter Graduation

Come meet graduates like Isaiah at Can Do Canines 2016 Winter Graduation Ceremony on Saturday, February 13, 2016 at 1 p.m. More than 15 teams will receive

diplomas in recognition of graduating from our assist-

ance dog program.

The event will take place at Can Do Canines facility at

9440 Science Center Drive, New Hope, MN 55428.

Learn more at can-do-canines.org.



Isaiah Kramer and Leo



Albertville Lions Annual Breakfast

Sunday January 31st, 2016

St. Albert's Parish Center, Albertville, MN

8:30am – 12:00pm

Free Will Offering

“All are Welcome”

Traditional & Blueberry pancakes, scrambled eggs, homemade smoked sausage, juice, milk and coffee.

Community support of Lions Club events allows the club to gift profits back to community needs.



Hey all Lion Convention attendees!!

Do you have some spare time while at the convention and enjoy doing service projects? Would you just like to visit or take a break? If you answered yes, then come on into the Boardroom (check room # upon arrival) on Saturday from 9 AM to 5 PM.

You can visit, take a break and/or work on a project!



You can help sand wooden toys, knit or crochet a scarf, a hat or a square that will be made into blankets. All supplies and instructions will be provided; however, if you have your own knitting needles or crochet hooks, feel free to bring them. Or, you can bring your own project to work on!

Samples:



If you have any questions, please contact Deb O'Flanagan at 763-682-2389 (between 9 AM to 9 PM).



CLUB _____

Donations Being Presented Today

Amount

- | | |
|-------------------------------------------------------------------------------------------------------------------------|-----------|
| 1. Lions Clubs International Foundation LCIF (Melvin Jones) | 1. _____ |
| 2. Minnesota Lions Vision Foundation (Helen Keller)
Eye Bank; Macular Degeneration Center;
Children's Eye Clinic; | 2. _____ |
| 3. MD5M Hearing Foundation (Hearing Research Fellowship)
Children's Hearing Center | 3. _____ |
| 4. Minnesota Lions Diabetes Foundation (Dreamcatcher) | 4. _____ |
| 5. 5M7 Wellness Van-Mercy Hospital | 5. _____ |
| 6. Can Do Canines | 6. _____ |
| 7. Leader Dog | 7. _____ |
| 8. Project New Hope (Returning Veterans Program) | 8. _____ |
| 9. American Diabetes Association (Dreamcatcher) | 9. _____ |
| 10. True Friends (Camps: Friendship, New Hope, Courage,
Courage North and Eden Wood) | 10. _____ |
| 11. Special Olympics | 11. _____ |
| 12. Other (please list) (non 501C (3)) _____ | 12. _____ |

Non-Gambling Donations

- | | |
|------------------------------------|-----------|
| 13. 5M7 Leos | 13. _____ |
| 14. 5M7 Youth Exchange/Youth Camps | 14. _____ |
| 15. Others (please list) _____ | 15. _____ |

TOTAL

Please list previous donations to these organizations made prior to today and starting at the beginning of this year (07/01/15).

- | | |
|-------------------------------------------------------------------------------------------------------------------------|-----------|
| 1. Lions Clubs International Foundation LCIF (Melvin Jones) | 1. _____ |
| 2. Minnesota Lions Vision Foundation (Helen Keller)
Eye Bank; Macular Degeneration Center;
Children's Eye Clinic; | 2. _____ |
| 3. MD5M Hearing Foundation (Hearing Research Fellowship)
Children's Hearing Center | 3. _____ |
| 4. Minnesota Lions Diabetes Foundation (Dreamcatcher) | 4. _____ |
| 5. 5M7 Wellness Van-Mercy Hospital | 5. _____ |
| 6. Can Do Canines | 6. _____ |
| 7. Leader Dog | 7. _____ |
| 8. Project New Hope (Returning Veterans Program) | 8. _____ |
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Courage North and Eden Wood) | 10. _____ |
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| 12. Other (please list) (non 501C (3)) _____ | 12. _____ |

Non-Gambling Donations

- | | |
|------------------------------------|-----------|
| 13. 5M7 Leos | 13. _____ |
| 14. 5M7 Youth Exchange/Youth Camps | 14. _____ |
| 15. Others (please list) _____ | 15. _____ |

TOTAL



North Branch Lions Santa Day Breakfast

The North Branch Lioness did a Santa Day Breakfast Saturday at the Senior Center. We had a very good turnout and donating proceeds from the breakfast to the senior center. We also do a Santa Workshop and are giving a donation to the Midsummer Ambassadors for their help with the children shopping. Also we have facepainting and a donation can there that the money is donated to People Inc., which used to be called Crisis Nursery. We purchased gifts for a family this year with a mother father and 2 daughters 10 and 6. The Refuge had a PJ project that we donated items for families that leave home without much stuff...we donated PJ's, shampoo, slippers, and other misc.

We wish everyone a very Merry Christmas and Happy New Year.





The Rush City Lions partnered with First Evangelical Lutheran Church of Rush City to host the first Christmas light tour for senior citizens Dec. 14-16. The Rush City Lions organized the three-night event that included 36 riders and First Evangelical Lutheran provided the bus for the tour. The tour started at the Community Center in Rush City and reached many areas in Rush City, including Shorewood Park and ending with a grand finale at Roger and Leah Palmer's on Clover Trail, where Santa came aboard the bus with his little elf and handed out candy canes to the riders. A soup and sandwich meal was served after the tour and door prizes were raffled off to six lucky winners. The Rush City Lions would like to thank all the surrounding residents for decorating their home for a beautiful light show.



Lynn Hanson was one of the prize winners.



VDG Steve Linder at the Annandale Lions Pancake Breakfast.



VDG Steve Linder, Gov. Tom Fiecke, and 2VDG Dan Kaiser at the Zimmerman Governor Visit.



World Diabetes Day Was A Huge Success!

On November 14th , over 1,800 individuals and families participated in World Diabetes Day at local Walmart stores in 8 Minnesota communities- Bemidji, Brooklyn Center, Dilworth, Duluth, Mankato, Marshall, North Rochester and Sartell!

The MN Lions Diabetes Foundation led a pilot community service project on World Diabetes Day to create awareness on diabetes and the increasing numbers of individuals at risk.

World Diabetes Day was created in 1991 by the International Diabetes Federation (IDF) and World Health Organizations in response to the increasing health threat posed by diabetes. This year's theme is "Unite for Diabetes – Act Today for Change Tomorrow". Currently, the IDF reports that one in four people are at risk for diabetes-a staggering statistic.

The MN Lions Diabetes Foundation's goal in participating in this worldwide effort is twofold 1) to help identify those at risk for diabetes and provide information on ways to lower their risk through lifestyle change and 2) to provide education and resources to individuals with type 1 or 2 diabetes.

Fun food and exercise demonstrations for both kids and adults were ongoing at all 8 locations. Certified Diabetes Educators and health professionals were on hand to answer questions and provide information and resources.

Over 1,000 people took the "Are You at Risk" survey provided by the American Diabetes Association. Glucose blood tests were conducted at the Duluth Walmart. Our results showed an even higher risk level than the IDF statistic. We found that approximately 40% of those taking our survey were at risk for diabetes. **We are optimistic that the information provided will encourage those at risk to contact their physicians to determine if additional testing is needed and to look at ways to change their lifestyle by eating healthier and getting more exercise.**

Along with the MN Lions Diabetes Foundation, World Diabetes Day was sponsored by Novo Nordisk, Walmart, American Diabetes Association, and Stratis Health. The U of MN Extension Supplemental Nutrition Assistance Program Education (SNAP-Ed) demonstrated how to make Farmers Market Salsa which participants sampled and received other healthy recipe ideas.

THANK YOU to our Lions who organized and helped at each of the locations and to our tremendous sponsors for making this potentially life changing event possible. Your support is helping us to

"Catch the Dream"...LIFE WITHOUT DIABETES!



Minnesota Lions Vision Foundation

Lions, Lioness and Leos of 5M-7:

Happy 2016! We're starting a new calendar year and also acknowledging the half-way point of our Lions' FY 2015-2016. To get things off to a great start here in January, everyone in 5M-7 should attend our annual Mid-Winter Convention. This is an opportunity to visit with old friends, make some new friends, celebrate our accomplishments, learn about new things and make goals for the coming year. PDG Paul and Lion Lyle hope to see you all in Bloomington on January 15th to the 17th.

If you or someone from your Club is coming to the Mid-Winter Convention, please stop by the **Minnesota Lions Vision Foundation (MLVF)** booth. While there, you can see the list of **Helen Keller Award** recipients from 5M-7 for 2015. You can also collection information about the latest research and treatments at the University of Minnesota's Department of Ophthalmology, the Minnesota Lions Eye Bank, the MAC Center and the Lions Children's Eye Clinic. You can sign up to volunteer at the MN State Fair booth hosted by the Vision and Hearing Foundations.

PDG Paul and Lion Lyle will be collecting used eyeglasses, reading glasses, sunglasses and hearing aids at the information booth. The **Minnesota Lions Eyeglass Recycling Center (MLERC)** will be picking up on Sunday any eyewear dropped off during our convention. If your Club or Zone has eyewear to turn in, please have someone bring it to the information booth. You can also

pick up donation boxes for your collection sites at the information booth.

On Saturday morning (1/16/16), there will be a seminar hosted by the **MLVF** at the Mid-Winter Convention at 9:30 AM. The guest speaker will be Dr. Erik van Kuijk, MD, PhD, and Head of the Department of Ophthalmology at the University of Minnesota – Twin Cities. Dr. van Kuijk will be discussing the **Lions' Eye Surgery Center** which will be opening by early March 2016 at the U of M. This eight-year, \$4 Million commitment from the Minnesota Lions will bring eye surgeries back to the campus with state-of-the-art equipment. Everyone is encouraged to come and learn more about this new addition to the vision research and treatment facilities your donations help support.

PDG Paul and Lion Lyle can assist your Club with its own vision projects and also inform your Club on how it stands towards receiving Helen Keller Sight Awards for presentation to deserving recipients. Please have your Club schedule PDG Paul and/or Lion Lyle for a visit. They would love to talk to your Club and also present any Helen Keller Sight Awards to your honorees. Don't forget to turn in your collected used eyewear and hearing aids at the Mid-Winter Convention! **Thank you, 5M-7, for being 'Knights of the Blind'!**

Yours in Lionism,

PDG Paul Hansen – MLVF West

pjhansen@windstream.net

H) 320-274-3234

C) 612-840-5960

Lion Lyle Goff – MLVF East

gofflt@msn.com

H) 763-754-8921

C) 763-229-6145

2015 – 2016 Lions Environmental Photo Contest

Lions from 5M-7 clubs in good standing can enter an original, unaltered, black-and-white or color photo (without people) of the environment of their Lions Club in the following 2015-2016 Lions Environmental Photo Contest categories:

- Animal Life
- Landscape (Urban or Natural)
- Plant Life

- Weather Phenomenon

- Special Theme

o Dignity, harmony, humanity: Celebrating the peaceful coexistence of species.

Send photos (8" x 10") by December 31, 2015 to:

Lion Jan Dubats

12967 Crooked Lake Lane NW

Coon Rapids MN 55448 Or jdubats@q.com

Lion Al Jensen Leadership Award Nomination

Candidate must have been a Lion for at least five years prior to nomination

(Please type or carefully print)

NAME: _____ DATE JOINED LIONS: ____ / ____ / ____

DISTRICT: _____ CLUB: _____

OFFICES HELD (Club, District, Multiple District, please list all):

How does this candidate qualify for the Lion Al Jensen Leadership Award?

(Please refer to the MD5M Policy Manual Appendix 15.0 for criteria)

97th Annual MD5M Lions Convention

***Come Join us at
the Bend in the River
II***

***April 22,23,24, 2016
Verizon Center,
Mankato, MN***

***Sponsored by District 5m2
Lions Clubs***

Come Canoe with 5M2





Join Us at the
"Bend in the River II"
 97th MD5M Convention
 April 22, 23, 24, 2016
 Verizon Wireless Center, Mankato, MN
 Hosted by District 5M-2



Registration Form

Please print

☐ Lion ☐ Lioness ☐ Leo ☐ Guest

☐ Lion ☐ Lioness ☐ Leo ☐ Guest

Name _____

Name _____

Address _____

Address _____

City _____ Prov/State/Zip _____

City _____ Prov/State/Zip _____

Email Address _____

Email Address _____

Title: _____ District: _____

Title: _____ District: _____

Club: _____

Club: _____

☐ Check if this is your 1st Multiple Convention

☐ Check if this is your 1st Multiple Convention

Please specify any dietary needs: _____

Please specify any dietary needs: _____

Will you need Braille convention material? yes or no

Will you need Braille convention material? yes or no

Meal	During 2015 MD5M Convention Only	Before March 1, 2016	On or after March 1, 2016	# Attending	Amount
Yes, I am coming to the convention but not staying for the meals. _____					XXXXXX
Hospitality Book	USD \$90.00	USD \$100.00	USD \$110.00		
Friday night mixer	XXXXXX	USD \$15.00	USD \$15.00		
Saturday Brkfst	XXXXXX	USD \$ 20.00	USD \$25.00		
Saturday Lunch	XXXXXX	USD \$25.00	USD \$30.00		
Saturday Banquet	XXXXXX	USD \$40.00	USD \$45.00		
Sunday Brunch	XXXXXX	USD \$20.00	USD \$25.00		

Make checks payable to: MD5M 2016 Convention

Total Submitted: \$ _____

Mail registrations to: Lion Charlette Abbas
 312 Foothills Road
 PO Box 133
 Courtland, MN 56021
 paandmaabbas@hotmail.com

Convention information:
 Maynard Rucks @ king70@frontiernet.net. or
 Nancy Mathwig @ nmathwig@hotmail.com

Cancellations accepted and refunded prior to April 1, 2016. \$20.00 fee for cancellations.

See separate information form for available hotel rooms and rates.



Join Us at the Bend in the River II

97th MD5M Convention

April 22nd-24th, 2016

Verizon Wireless Center

Hosted by District 5M-2

Hotel Information

Hotel Reservations can be made by calling or booking online to your hotel of choice. Rates will be guaranteed until March 21st, 2016 or until blocks fill up.

Hilton Garden Inn

Attached to Verizon Wireless Center

20 Civic Center Plaza

Mankato, MN 56001

Phone: 507.344.1111

Rate: \$90 +tax

Mankato City Center Hotel

Attached to Verizon Wireless Center

101 E. Main Street

Mankato, MN 56001

Phone: 507.345.1234

Rate: \$94.99 +tax

Holiday Inn Express

3.5 miles away

2051 Adams Street

Mankato, MN 56001

Phone: 507.388.1880

Rate: \$99.99 +tax

Best Western Hotel

1.5 miles away

1111 Range Street

North Mankato, MN 56003

Phone: 507.625.9333

Rate: \$94.99 + tax