



# 5M7 GRAM

September 2016



Wow, where has the month gone? Lion Kathy and I have been very busy. We really enjoy going out and visiting with other Lions. Since the last 5M7 Gram, we have held our first Cabinet Meeting. It went very well with lots of information being shared. We traveled out to Lindstrom for the Chicago Lakes Band in the Park, where they served hot dogs and corn on the cob. We attended a potluck picnic at the Spring Lake Park Den with a lot of the Lions from our club. I was invited over to the Afton, Bayport, Lakeland Lions Club in District 5M6, as my cousin now Lion Chuck was inducted into that Lions Club.

Now back to my own club where we packed 700 backpacks for students in need in the Spring Lake Park School District. A lot of hands make the job much easier. We packed the backpacks in about an hour with about 20 people doing the job.

I was asked by the Albertville Lions Club to present a Helen Keller Award to a 7-year-old and her family. Young Ava has a retina disease that has caused her to go blind. Albertville Lions have hosted a fundraiser walk/run to help with bills that Ava has. A 7-year-old girl that has the wisdom of a teenager. The same day we were off to Elm Creek Park Reserve to help with the Special Olympics end-of-year picnic. Lion Kathy cut watermelon and I helped cook for 200. Next, we stopped of at the Oak Grove Lions Acorn Days on the way up to our camper in Garrison. We walked around with PDG Kevin and checked out the booths the Oak Grove and St Francis Lions were working in.

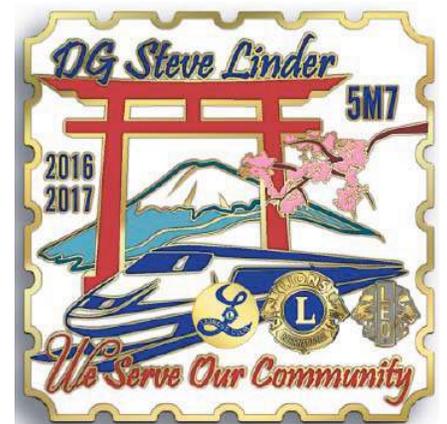
The next morning, we were off to Clear Lake and the Clear Lake Lions and Lioness Chicken and Corn Feed, where the food is great. We attended the Zone 8 meeting in Taylor Falls. Thanks to all the Clubs that showed up and shared the what their clubs are doing. Thanks to Zone Chair PDG Pat for a great meeting. We attended the Columbus Lions 40th Anniversary. Congrats to the Columbus Lions! Last night, we were at the North Branch Lioness and Lions trap shoot, potluck picnic. I haven't shot a shotgun for alot of years. The shoulder is alittle sore this morning but we had a great time with great friends and food. Today we're off to the Monti Brewfest. I hope the rain stops long enough to sample some brews. Tomorrow, off to Montrose Lions for a chicken dinner after the parade.

As you can see, we love attending Lion Clubs activities, but you have to put them in the 5M7 Gram and on the 5M7 website calendar. Also please get you Governors Visits scheduled as soon as you can to get the date you may want.

With a very heavy heart, I will end this with the passing of a very special friend and Co-Governor. 5M8 Governor Judy Hoofnagle passed away suddenly on Wednesday, Aug. 17. District Governor Judy will be missed. Rest in peace, Governor Judy.



Thank you for all you do,  
District Governor Steve





### Lions, Lioness, Leos

This past month, Lion Cathy and I had the pleasure to attend a training session and tour of Leader Dog facility in Rochester Hills, Michigan. The tour was very informative on this program that Lions have contributed to for the past 77 years. Leader Dog provided guide dogs to those in need at no cost to the recipient, which cost over \$40,000 per dog to raise and train. Last year, they provided about 200 dogs across the United States and Europe for those that are legally blind. If you would like more information you can Google “Leader Dogs for the Blind.” Keep them in mind along with Can Do Canines for your donations and at the Mid-winter Convention.

We are already planning for the Midwinter Conventions, which will be upon us in January, and I would like to remind all the clubs of some things that need to be done.

If you have had a member of your club that has passed away, please send me a good photo and a bio of the Lion, Lioness, or Leo. As of today, we have about 20-plus members that have passed away and I don’t have any bios and photos, yet. So please go and find me some information on our dear friends that we can present at the Memorial Service at the Mid-Winter Convention. Please send them to my home, 36455 Oasis Road, Lindstrom MN 55045.

Please contact District Governor Steve and plan your Governors visit, as his calendar is filling up fast with meetings and club visits. The Governors Club visit form is on the 5M7 website, 5M7.org, along with the 5M7 Gram that the clubs can use to visit other clubs events and a place to advertise your club events.

I was lucky enough this past week to join in Columbus Lions Club 40th Year Celebration. PID Brian Sheehan was the guest speaker and presented this quote from one of our past US President and a Past District Governor, “... Lions changed my life. I would never have been ambitious enough to run for Governor of Georgia. I would never have dreamed of being President of the United States ... if it were not for the Lions.” Lion Jimmy Carter, January 27, 2009

Thank You, yours in Lionism  
VDG Dan & Cathy Kaiser

### Lions, Lioness, and Leos of 5M7,

Wow, where does the time go? . . . In just three weeks, the kids go back to school, then it’s Halloween, then it’s Thanksgiving, then it’s Christmas, then it’s the Mid-Winter Convention again. Plans are underway to make this one the best yet. I urge you all to start planning and inviting more of your members to come down this year and help celebrate the 100 year birthday party of the Lions. Let’s make it a party.

I’m trying to get out to as many events as I can make. I was up at Camp Friendship a couple weeks ago serving ice cream to the campers. It is remarkable what they do there. I’m trying to work in the Brewfest by the Monticello Lions this weekend and then the State Fair and a bunch of Zone meetings to try to get to.

I urge anyone with any questions, problems or concerns to give one of us a call. I also urge you all to advertise all your events in the Gram and the website. We are our own best kept secret.



Thanks everyone,  
2VDG Al Kvistero

## DGE Steve's calendar:

### September

- 1 Spring Lake Park Steak Fry
- 3 Minnesota State Fair
- 9 Circle Lex Lions Golf Tourney
- 11 Cochlear Picnic
- 12-18 US/Canada Forum
- 26 Zone 1 Meeting
- 27 Circle Lex Lions Governor's Night
- 28 Coon Rapids Governor's Visit

### October

- 6 Blaine Central Governor's Visit
- 7-9 MD5M Leo Leadership Conference at Camp
- 11 Anoka Governor's Visit
- 12 Oak Grove Governor's Visit
- 14-15 Council of Governors
- 16 True Friends
- 27 Cabinet Team Meeting
- 29 Thanksgiving for Vision
- 30 Spring Lake Park Pancake Breakfast

### Help get the 5M7 Gram where it needs to go

While the new Lions year began two months ago, it takes a while to get all the email addresses updated. I have updated the cabinet email addresses, but still need a lot of new emails for the clubs. I will continue to send the Gram to the email addresses I have. If you believe someone else should be receiving the Gram, please let me know so I can update my email list. I will not delete any email addresses unless asked to do so.

Thank you to everyone who submitted photos and information by Saturday, Aug. 20. The 20th of the month will remain the deadline for the Gram. I will be sending out a reminder as the deadline gets closer. As always, I will try to be flexible, but reserve the right to decline entries submitted after the deadline.

Due to several requests, event advertisements will continue to be reduced in size to fit three or four events on each page. This change will shorten the Gram, and make it easier for secretaries to print it for members without email access, which all secretaries are encouraged to do. I encourage everyone to use large font and submit posters as PDFs whenever possible. Please limit submissions to one page when possible. Thank you!

Gram Editor Lion Gabe Licht  
glicht@heraldjournal.com

## Upcoming events

### September

- 1-5 Lions at the Minnesota State Fair
- 9 23rd annual Circle Lex Lions Sandburr Open at 11 a.m. at Chomonix Golf Course
- 10 Wyoming Lions Club "Stage Coach Days" Events: Pancake Breakfast, 7-11 a.m., Wyoming City Hall and Bingo, 12-4 p.m. at Water Tower Park
- 10 Otsego Lions Wellness Van, noon-3 p.m.
- 10 Lino Lakes Lioness making bars
- 12 Big Lake Lioness Red Cross Blood Drive
- 17 Big Lake Lioness Annual Garage Sale
- 17 Columbus Lions Fall Fest Garage Sale (Wellness Van, 11 a.m.-2 p.m.)
- 24 North Branch Lioness Wellness Van 10 a.m.-1 p.m.

### October

- 5 True Strides Open House, 3:45 p.m. at Camp Courage
- 7-9 MD5M Leo Leadership Conference at Camp Friendship, Annandale
- 9 Ham Lake Lions Wellness Van, 11 a.m.-2 p.m.
- 15 American Diabetes Association Diabetes Expo at Minneapolis Convention Center
- 16 Camp Courage Challenge Ropes Course & Zip Line dedication, noon-4 p.m.
- 22 Cokato-Dassel Lions Sportsman Raffle Drawing, 7 p.m. at Thirsty's Tavern, Dassel
- 24 Lioness Group I and II Meeting Hosted by Big Lake Lioness
- 28-29 Anoka Halloween Tent Event, 6 p.m.-midnight at Jackson Street (next to Serum's)
- 30 Spring Lake Park Lions Wellness Van, 8:30-11:30 a.m.

### November

- 5 Wyoming Lions Turkey Bingo, TBA
- 11-12 Northern Pride Lions Leadership Forum at Shooting Star Convention Center, Mahanomen

### December

- 10 Wyoming Lions Santa Days, 9:30-11:30 a.m. at Wyoming City Hall

2016-17 5M7 Cabinet

Title	Name	Phone number(s) or address	Email
District Governor	Steve Linder (Kathy)	R: 763-572-9348 C:612-382-2236	slinder71@usfamily.net
1st Vice Governor	Dan Kaiser (Cathy)	R: 651-583-3428 W: 651-361-7527	danandcathy@frontiernet.net
2nd Vice Governor	Allen Kvistero	R 763-428-8569 C 612-708-6753	akvistero@gmail.com
Cabinet Sec/Treas	Deb Roberge	C: 612-483-3962	debrob1955@gmail.com
IP District Governor	Tom Fiecke	R 320-327-2837 C 612-310-6235	lionfiecke@yahoo.com
Zone 1	David Stein	R 763-682-2264 C 763-548-4823	dstein@steincpa.com
Zone 2	John Thill	C 651-278-5097	jtbandit@comcast.net
Zone 3	Martin Olson	R. 763-856-5510 C. 763-227-3336	mpolson@izoom.net
Zone 4	Position open		
Zone 5	Vicki Violet	763-442-5455	lionvickiviolet@gmail.com
Zone 6	Mary Curtis	C:612-269-3121 R: 763-323-8139	maryleacurtis@yahoo.com
Zone 7	Position open		
Zone 8	Pat Kennedy	R 651-257-1900 C651-428-1341	pckennedy@frontiernet.net
Zone 9	Peter Lendway	R 320-396-4621	lendwaypeter@hotmail.com
Camps	Theresa Goff (Lyle)	R 763-754-8921 C 952-716-8900	t-m-goff@hotmail.com
Can-Do-Canines (E)	Jenny Black (Jeremy)	R 612-834-3464 W 952-924-5642	lionjennyblack@gmail.com
Constitution/ByLaws	Larry Kounkel (Mary)	R 763-295-3381 C 612-839-4090	larryandmk@gmail.com
Conventions/Forums	Terry Wold (Donna)	R 763-784-0203 C 612-759-5433	terry_wold@hotmail.com
Diabetes	Thomas Bourque (Beth)	R 763-208-3627 C 603-548-3958	waveruna.yahoo.com
Diabetes Foundation (E)	Deb Weston	B 763-635-4485 C 612-360-4696	dweston@ga-er.org
Diabetes Foundation (W)	Joel Anderson (Becky)	R 763-757-2515 C 612-916-4052	joel.anderson@jemtechnical.com
District Adviser	Brain Toews (Joanne)	R 763-571-2841 C 612-812-3022	brian.toews@gmail.com
Environmental	Jan Dubats (Bill)	R 763-757-4143 C 763-229-9671	jdubats@q.com
Gambling Shawn Danahue	(Chaundra)	R 763-444-9121 C612-701-4063 B 763-784-9179	sdonahue@usinternet.com
GLT Coordinator	Chad Vokaty (Lindsay)	R 763-639-6559	chadvokaty@gmail.com
GMT Coordinator	Judy Herrala (Mark)	R: 763-753-6962 C: 763-229-9005	jihbells@earthlink.net
International Advisor	John Edling (Bev)	R 320-743-2111 C 320-267-6715	jedling60@frontier.com
Kids Sight	Tim & Ann Kaduce	R: 763-786-0922 C: 763-257-5145	Kaduceam@msn.com
Kids Sight	Mary Curtis	R: 763-323-8139 C: 612-269-3121	maryleacurtis@yahoo.com
LCIF	Terry Wold (Donna)	R 763-784-0203 C 612-759-5433	terry_wold@hotmail.com
LCIF	Tom Fiecke	R 320-327-2837 C 612-310-6235	lionfiecke@yahoo.com
Leader Dog	Two positions open		
Leo Clubs Co-Chair	Pete Yelle (Jackie)	R 763-755-0749 B 763-600-5055 C 612-718-1384	pyelle@district16.org
Leo Clubs Co-Chair	Alex Watson	R 651-274-6373	14AWatson@gmail.com
Leo Clubs Co-Chair	Norm McCarthy (Dawn)	R 763-784-4972	mccarthynorm@q.com
Lioness Associate	Kathy Linder (Steve)	C: 651-335-0408 R: 763-572-9348	katlinder@usfamily.net
MD5M Hearing Foundation	Norm Kelzenberg (Barb)	R 763-786-1819 C 612-219-8049	nhkelzenberg@Comcast.net
MD5M Hearing Foundation	Hal Hinchliffe (Leslie)	R 763-780-4842 C612-701-0228	hhinchliffe9645@msn.com
MN Lions Vison W	Paul Hansen (Shirley Klein)	R 320-274-3234 C 612-840-5960	pjhansen@windstream.net
MN Lions Vision E	Lyle Goff (Theresa)	R 763-754-8921 C 763-754-8921	gofflt@msn.com
Newsletter - GRAM	Gabe Licht	C 763-258-9915 B 763-972-1028	glicht@heraldjournal.com
Project New Hope	Kevin Beadles	C 612-251-0802	farfromthinkin@gmail.com
Special Olympics	Tom Waldren (Jill)	12411Coral Sea St NE Blaine, Mn 55449	
MN State Fair	Larry Kounkel (Mary)	R 763-295-3381 C 612-839-4090	larryandmk@gmail.com
Technology /Web/Facebook	Allen Kvistero	R 763-428-8569 C 612-708-6753	akvistero@gmail.com
Wellness Van Program Asst	Dawn Prince	B: 763-236-3810	dawn.prince@allina.com
Wellness Van Presenter	Genia Sjerven (Brian)	C651-669-7519 esjerven@amfam.com, sjerveng@gmail.com	
Youth Outreach	Virginia Hestekind (Jim)	R 763-786-3474	vhestekind@comcast.net
Mid-Winter Convention	Terry Wold (Donna)	R 763-784-0203 C 612-759-5433	terry_wold@hotmail.com
Photographer	Ed Nelson (Sue)	R 763-784-0032 C 612-709-0698	etnelson1943@yahoo.com



**2016- 2017  
DISTRICT GOVERNOR  
CLUB VISIT**

Club: \_\_\_\_\_

Preferred Date: \_\_\_\_\_ Alternate Date: \_\_\_\_\_

Social Hour: \_\_\_\_\_ Dinner/Meeting Time: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Meeting Location: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Directions: \_\_\_\_\_

Dinner: Yes \_\_\_\_ No \_\_\_\_ Joint Meeting? Yes \_\_\_\_ No \_\_\_\_

If so, list other club (s) \_\_\_\_\_

Special Requests during visit?(Install Officers, Induct new members,  
present awards, or other \_\_\_\_\_

1st Vice Governor Invited? Yes \_\_\_\_ No \_\_\_\_ Spouse? Yes \_\_\_\_ No \_\_\_\_

2nd Vice Governor Invited? Yes \_\_\_\_ No \_\_\_\_ Spouse? Yes \_\_\_\_ No \_\_\_\_

Zone Chair Invited ? Yes \_\_\_\_ No \_\_\_\_ Spouse? Yes \_\_\_\_ No \_\_\_\_

Please return this form to me via email or snail mail to schedule your club visit. I will contact you one week before visit to reconfirm your date and go over any special requests.

District Governor Lion Steve Linder  
1583 S. Bavarian Pass Fridley, MN 55432  
(H) 763-572-9348 (C) 612-383-2236  
slinder71@usfamily.net



# Minnesota Lions Vision Foundation

## **Lions, Lioness and Leos of 5M-7:**

Many times during our travels around District 5M-7, we are asked what is done with the donations made to the **Minnesota Lions Vision Foundation (MLVF)**. Over the years, there have been several major commitments to research and treatment facilities located at the University of Minnesota's Twin Cities Campus. In this month's 5M-7 Gram, we would like to highlight two ongoing projects that began with a financial commitment from the Lions.

### **Ophthalmology Research**

In 1993, the Lions Research Building opened on the University of Minnesota's Minneapolis campus. The state-of-the-art laboratory building houses investigators working with the departments of ophthalmology, otolaryngology, and neurology, and collaboration among these departments is important to many research projects. The Lions of Minnesota, through the Minnesota Lions Vision Foundation, made a gift of \$3 Million to begin the project and continue to support ophthalmology research.

### **Minnesota Lions Macular Degeneration Center**

The year 1998 saw another tremendous effort by the Lions of Minnesota when they pledged \$2.5 Million to the **Minnesota Lions Macular Degeneration Research and Rehabilitation Center (The MAC)**. The MAC gathered together the physicians, researchers, the medical technology industry, and the Lions to fight the leading cause of blindness in the developed world and find a cure for macular degeneration. This facility has grown into one of the preeminent macular degeneration research labs in

the world, with many leading researchers from around the world collaborating with the staff at the U of M.

- **Used Eye Glasses:** Thank you for all of the used eye-wear and hearing aids collected by your clubs. Please remember to report any changes or additions to the collection sites your club maintains. Please remember to get your collected items to your Zone Chair, PDG Paul or Lion Lyle for processing. Please remove all of the eye glasses from the cases.

- **Donations by check:** When making a donation, please make all your checks out to the Minnesota Lions Vision Foundation. You can indicate the Foundation program you wish to support in the Memo section on the check.

- **Thanksgiving for Vision:** The invitations to this annual event should be arriving in your club mailbox. Every Lions club is encouraged to send a representative to Thanksgiving for Vision. At the event, you will hear from U of M doctors, transplant recipients and donor families who have all benefited from the generous contributions made by the Lions of Minnesota. If you are interested in attending the event, please contact PDG Paul or Lion Lyle.

As always, please contact us with any questions or to have us speak at your club meeting!

**Thank you, 5M-7, for being 'Knights of the Blind'!**

Yours in Lionism,

PDG Paul Hansen – MLVF West

pjhansen@windstream.net

H) 320-274-3234

C) 612-840-5960

Lion Lyle Goff – MLVF East

gofflt@msn.com

H) 763-754-8921

C) 763-229-6145



## DREAM CATCHER NEWS

MN Lions Diabetes Foundation, Inc.

*"Catch the Dream" Life Without Diabetes!*

[www.mnlionsdiabetes.org](http://www.mnlionsdiabetes.org) | [www.facebook.com/MinnesotaLionsDiabetesFoundation](https://www.facebook.com/MinnesotaLionsDiabetesFoundation)

2016 Fall



### Mission Statement

The Minnesota Lions Diabetes Foundation, Inc. (MLDF) is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities.

### Foundation News

#### **Lions We Have an Opportunity for You --**

Are you the Lion in your club who is interested in being our MN Lions Diabetes Foundation "Diabetes Awareness Champion"?

We need YOU to help us with Diabetes Awareness in your club and in your community! We have the organization plan done for you... All we need is your willingness to share our messages in your club. Your understanding of your community will help us spread awareness even further.

Contact your district Trustee for information.

#### **Welcome To Our New Trustees**

We would like to welcome DG Dennis Heinen from 5M4 who will be our Liaison this year, and the incoming Trustees: Lion Diane Tloutan from 5M1, Amy Swensen from 5M4, Joel Anderson from 5M7, Chari Buhman from 5M9, Kim Peters from 5M11. Welcome back to all returning Trustees and Executive Secretary PCC Bill Bard. We look forward to attending all the clubs in MN to share the MLDF story.

### Our Web Site

The MN Lions Diabetes Foundation has a new web site. You can find us at the same address. We updated the site with a new look, added a lot of new information, and put everything in a very user friendly format. You will find helpful information for people living with

diabetes, information on how to help support our mission of finding a cure for diabetes, and lots of pictures of award winners and fundraising efforts.

Check it out at: [mnlionsdiabetes.org](http://mnlionsdiabetes.org)



Spotted at the Vadnais Heights Farmers Market. Healthy Living includes fresh produce.

### World Diabetes Day – MLDF Diabetes Education Planning for 2016

With the success of the 2015 World Diabetes Day – Diabetes Education behind us, we are gearing up to host more sites this year. So far we are planning to be at 10 sites throughout the state. Several of these will be inside Walmart stores, and some will be in community grocery stores. This year we will be working with many of the same partners including: Walmart, Novo Nordisk, American Diabetes Association, U of M Extension Supplemental Nutrition Assistance Program Education (SNAP-ED), local Health and Fitness Organizations. Our Trustees will be looking for your help to greet customers and share diabetes education materials and information on healthy life styles. Locations will have four different stations of information. We would like to see Lions from each club attend this event to see how easy it would be to host a Diabetes Education event in more communities across MN. The 2015 results and

comments from those that attended tell us this is a valuable service for folks in need. Get involved by contacting your district trustees for more details.

### **Dream Catcher Calendar Fund Raiser**

MLDF 2017 "Catch the Dream" - Life Without Diabetes! Calendar Fundraiser. It's not too late to get your spot on the 2017 Calendar. By purchasing a spot you will be supporting diabetes research to find a cure. Honor someone special or post your club's activities -you can pick from 365 days for your spot.

**Option 1:** For \$100 (\$90.00 tax deductible) you can:

- 1) Choose a person's name, honored Lion, award winner or a family member who is special, or showcase a special event to be recognized in our printed calendar,
- 2) This name or event will also be posted on the MN Lions Diabetes Foundation, Inc. web calendar and the
- 3) Printed calendar and a Dream Catcher Pin will be mailed to the designated person.

**Option 2:** For \$200 (\$190 tax deductible) you will:

Receive Option 1 package plus your 50 word message and picture on the MLDF Facebook page. A great way to show that special someone you care!

More details can be found at our website [www.mnlionsdiabetes.org](http://www.mnlionsdiabetes.org) or contact your area Trustee.

### **Students and Diabetes**

Diabetes is one of the most common chronic diseases in school-aged children, affecting about 208,000 young people in the United States. Research shows that well-managed blood glucose levels not only can help young people stave off the long-term complications of diabetes but also help them feel better, happier, and more productive at school. In a supportive school environment, where school personnel understand the needs of students with diabetes and can respond appropriately in emergency situations, young people can manage their diabetes effectively throughout the school day and at school-sponsored activities. A Guide for Families and School Personnel can be found at <http://www.niddk.nih.gov/health-information/health-communication-programs/ndep/health-care-professionals/school-guide/Pages/publicationdetail.aspx>

### **Mark Your Calendars ----**

- Tour de Cure Rochester – October 1, 2016
- ADA Expo in Minneapolis - October 15<sup>th</sup>, 2016
- UofM Diabetes Research Update – April 8<sup>th</sup>, 2017



Thank you to the Sherburn and Jackson Lions Clubs of 5M3 for hosting their second annual "Lions Golf Tournament" and donating \$3,500 in profits to our MN Lions Diabetes Foundation! Sixty Lions and community members "Golfed for Diabetes" and area businesses and individuals sponsored holes and donated prizes for a silent auction and raffle! Come join in the fun next year on Friday, June 9, 2017! Watch for the ad in our new MLDF 2017 Calendar!

### **Is it time for comfort food yet? It doesn't need to be packed with calories. Try this.**

#### **Chicken Chili**

8 ounces skinless, boneless chicken breast, diced

1 clove garlic, minced

2-14.5 ounces cans diced tomatoes

16 ounce navy beans, rinsed and drained

¼ teaspoon ground black pepper

2 teaspoons chili powder

½ teaspoon cumin

Spray large soup pot with cooking spray. Add chicken and sauté over medium heat for 7 minutes or until done. Remove from pan.

Add onions and green peppers and sauté over medium-high heat for 3 minutes or until onions are clear. Add garlic and sauté 30 more seconds.

Add Remaining ingredients along with cooked chicken and bring to a boil. Reduce heat and simmer for 15 minutes.

Prep time 10 minutes. Serving 1 ¼ cup. Servings 4.

Calories 210. Sugar 7 grams.



[View Online](#) | [diabetes.org/expominneapolis](http://diabetes.org/expominneapolis) | [Forward to a Friend](#)

Dear Lions,

There are only 2 months until our 2016 Diabetes EXPO!

Register today for the **American Diabetes Association Diabetes EXPO on Saturday, October 15, 2016** at the Minneapolis Convention Center. The EXPO is FREE to attend and will include multiple exhibitors with the latest products, resources and information on diabetes.

This exciting FREE event will include:

- Exhibitors showcasing how-to product demonstrations, free products and food samples. Latest products, services and medications are featured.
- Medical professionals are present to answer questions in the Ask the Expert area.
- Exciting speaker's present information on diabetes related topics.
- Free health screenings are provided.
- Healthy Eating cooking demonstrations along with hands on education about how your plate should look.
- Active Living fitness demonstrations and the opportunity to meet with personal trainers to create your personal take home fitness plan.
- Activities for children to learn about healthy living are available in the Healthy Kids Area.
- A free Metro Transit pass to ride any bus or light rail to the event. Also, check the website for a charter bus coming from your area to the Diabetes EXPO.
- For more information on the event visit the Diabetes EXPO website at <http://diabetes.org/expominneapolis>.

Wheelchairs and scooters will be available for rental from the Minneapolis Convention Center for EXPO attendees with mobility needs. **If you or a family member will be needing assistance please reserve your wheelchair or scooter ahead of time. Reservations are required.** To reserve a wheelchair or scooter contact The Mobility Shop at [www.themobilityshop.com](http://www.themobilityshop.com) or call [1-888-404-5554](tel:1-888-404-5554).

## NEW THIS YEAR

This year we are excited to be offering NEW programming on our Main Stage. Throughout the day local celebrity hosts will be interviewing and spotlighting the activities, experts, and vendors at the EXPO while giving away free gift cards between their interviews! This will be a fun and exciting, interactive opportunity that is not something to be missed!

Another new feature will be for kids who have attended camp through the American Diabetes Association to come to the Kids Area for a campers reunion. The YMCA will have some fun games for the kids along with a planting opportunity provided from Gertens. Kids will have a hands on learning opportunity to better understand the connection between gardening and eating health.

Be sure to share the EXPO news with your friends, family and co-workers. Forward this message to others who may be interested in attending and they can visit <http://diabetes.org/expominneapolis> to register online and receive up to the minute information on the EXPO.

We can't wait to see you at the EXPO!

Sarah Laulunen Raj  
Senior Manager, Community Engagement & Outreach  
American Diabetes Association  
[SLaulunen@diabetes.org](mailto:SLaulunen@diabetes.org)



Are you free Saturday, Sept. 17, 2016? Join us with your family, friends and well-behaved pups at our annual Can Do Woofaroo and Dog Video Festival! Every dollar raised goes towards providing freedom, independence and peace of mind for someone with a disability in our Minnesota community. The Woofaroo fundraising walk begins at 11 a.m.

Interested in attending only the Dog Video Festival? Tickets are \$10 and can be purchased via <http://goo.gl/LoAQKO>. The video part of the festival kicks off at 1 p.m.!

We're so excited for you to join the fun! You can learn more about the Can Do Woofaroo and how to participate at [www.candowoofaroo.org](http://www.candowoofaroo.org).



The Lions Youth Exchange took place at Can Do Canines recently.

# MD5M First Council of Governors Meeting



The MD5M Council of Governors met in St. Cloud MN on Saturday, July 23, 2016 at the Kelly Inn. The Council consists of all 12 District Governors along with the Council Chair Lion Todd Neumann. The Council meets 4 times a year to review MD5M Lions business. This was the first meeting of the Council since they took office at Fukuora Japan on June 27<sup>th</sup>. One District Governor from 5M8 Lion Judy Hoofnagle was unable to attend the Lions Club International Convention so a small ceremony was held for Lion Judy to install her as District Governor for 5M8.



International Director Bruce Beck (2016-2018) reported that 37,000 Lions attended the International Convention. ID Bruce will serve on the Constitution/Bylaws Committee for Lions Clubs International. The new officers for LCI are: International President Robert "Bob" E. Corlew from Milton Tennessee; First Vice President Naresh Aggarwal from Delhi India; Second Vice President Gudrun Bjort Yngvadottir from Gardabaer Iceland; Third Vice President Jung-Yul from Busan City Republic of Korea.

The meeting started with the passing of the gavel from Past Council Chair Kathy Jensen to Council Chair Todd Neumann. It was announced that PDG Bill & PDG Donna Mae Landwehr from 5M8 have established 9 new lions clubs in our Multiple this past year. This year they have started 2 new clubs in the Multiple. CC Todd informed us that IP Bob Corlew's is asking us to foster peace throughout the world so CC Todd is asking each District to host a Community Peace Project.

We now have 21,523 Lions in MD5M as of June 30, 2016 stated MD5M Global Membership Chair PDG David Dominick. Awards were given to Districts for: Member Retention- 5M3; Women Net Gain-5M5; Most Women- 5M10 40%; Out of Transition- 5M10 & 5M3; Highest Plus in Membership- 5M10; Most New Members- 5M9 with 286; New Club Award- 2 new clubs 5M4 & 5M9; 1 new club- 5M11, 5M1, 5M5, 5M8, 5M10; Best Year in Membership- 5M10.

A bus is being chartered to take Lions to the USA/Canada Forum in Omaha Nebraska on September 14 which will start in Frazee MN. For \$95.00 56 Lions can ride on this bus with various pick up points throughout the state of Minnesota. Check your District/Multiple websites & District Newsletters for the registration form. Dress code is casual & comfortable even at the evening banquets with no formal wear needed.

The District Governors voted to continue with assisting the Oral Health Initiative. They received information from 5M3 PDG Dan Snobl and Cris Gilb, Director for Health & Human Services in 6 counties in SW MN. Pediatricians/General Practitioners have started working with this organization in doing baby checks for dental problems and referring the child to Dentists for cavies care. The biggest problem is many DDS refuse to treat young children especially those on medical assistance. In Southwest Minnesota there are 26 DDS with only 3 who will take medical assistance patients. Children should visit the dentist for the first time by the age of 1. A mouthful of decay can cause death. We need to prevent cavities.

Vision Honduras was presented by PDG Orville Trettin Letter who asked for support to send volunteers to Honduras in January. It costs a volunteer \$600 trip expense along with \$750 living expense while working in Honduras. This will be their 9<sup>th</sup> trip with over 10,000 pairs of eye glasses and sunglasses being given away. They are in need of volunteers and donations. Since this is not an MD5M project, it was approved for District Lions to help out.

Sending a Marching Band to the International Convention Parade in Chicago was discussed by PDG Keith Johnson. He has 2 bands who maybe going. Financial costs were discussed. We have money in our Parade fund to send both bands for the 100<sup>th</sup> Anniversary Celebration. It was voted in favor to send both bands, using 1 band for another country who will pay to have a band march with them. A short discussion was then held on the 2018

#### International Convention Parade in Las Vegas Neva

The Centennial Committee is receiving money from LCI with matching funds from the MD5M Multiple. This money will be used at the Mall of America on Saturday, June 3 in the afternoon for a Lions Celebration for Lions 100<sup>th</sup> Anniversary. Everyone is asked to attend this event.

A visit from the International Youth Exchange delegation invited the Council of Governors and guests to their International Supper. A dish is made by each student from their home country and shared with everyone in attendance. Twenty eight youth from 16 different countries were visiting Minnesota and participating in Camp Spicer.

Lions Minnesota Hearing Foundation reported that \$118,000 was raised so far for the D-Feat Hearing Loss with \$132,000 total pledged. A new fundraiser is coming out to each club to update the busy University of Minnesota facility with state of art equipment. "\$100 for 100 years" is a campaign where each Lions club will receive a box to donate to this event.

We will not be receiving MD5M Directory disks this year. The company that we receive the disks from is having problems with their program working with the new Windows 10/Office program. A PDF version of the directory will be available via email so a hard copy of Districts, Clubs and Presidents/Secretaries will be available but there will be no directory available to access all Lions members in MD5M. Please do not share the information in these directories for they are not to be used for solicitation.

The Minnesota Lions Vision Foundation is hosting their annual Minnesota State Fair booth. There are 46 shifts – 36 shifts have 2 volunteers manning the booth. Five shifts have 1 volunteer and 5 shifts have no volunteers. Please check with your District Chair if you can volunteer at the booth. New equipment for the first eye surgery suite is being installed at the U of M with hope for 4 or more in the near future. There will be a name change coming in the near future because our area now extends beyond Minnesota. There are 1,165 Helen Keller Awards available. If your club is one of the clubs with an award available (check with your District Chair on this) please consider awarding this to someone in your club or community.

The GMT's theme for the year is "Invite for Impact" which involves 3 steps: Chartering, Retaining, Recruiting. "Grow more to serve more".

LCIF- MD5M is number 2 in donations to LCIF in the United States, California being in first place. Club participation in MD5M was at 87%. For every district that has 100% participation in donating to LCIF in 2016-2017 Multiple Chair Lion Bert Nelson will donate \$100.00.

KidSight approached MLVF with a request for \$100,000 in their effort to purchase eye screeners of pre-school children in all districts of MD5M. MLVF agreed to help them once they present MLVF a written grant request, get a tax ID, have a bank account and become 501(c)3 qualified.

Leader Dogs for the Blind made their goal of \$14.5 million to build kennels. A bus trip in the spring from MD5M is being planned to travel to Rochester Michigan to tour the new facility. Eighty six people were trained in white cane use which is the first step in being considered in receiving a dog.

MN Lions Diabetes Foundation is planning a tour of their Research building on April 8, 2017. A new website will coming that will list upcoming events.

The upcoming Multiple Convention for April 21-23, 2017 in Bemidji already has 155 Lions pre-registered. Cost is \$110.00 until March 1.

The Winnipeg Host Committee announced a calendar fund raiser for their convention in 2018. Each district is asked to sell 166 calendars (3 calendars per club) to help with expenses. This calendar will be an 18 month calendar.

Special Olympics completed their "Opening Eyes" in June. They screened 459 athletes, gave out 460 pairs of sports glasses using monies from an LCIF grant

-Lion Cheri Appel, MD5M PR Chair



**Centennial Public Relations Contest  
Lions Clubs of MD5M July, 2016-January 1, 2017**



District \_\_\_\_\_ Club \_\_\_\_\_ Date of Event \_\_\_\_\_

Event \_\_\_\_\_

Place an X over the area your event qualifies:



If your event does not fit one of the above areas, where would you classify it?

Number of Club Members \_\_\_\_\_ Number of Members who participated \_\_\_\_\_

Approximate number in attendance/number affected by this Event: \_\_\_\_\_

Explanation of Event:

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What benefit did this project have to your community?

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How did this event publicize Lions and our 100<sup>th</sup> Anniversary (Anniversary must be publicized)?

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**\*\* Attach only 1 picture page**

Contact person for this event: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Does your club have a Lions sign in your town? \_\_\_ Yes \_\_\_ No \_\_\_

Have you refreshed your Lions sign- a new one or a new decal for our 100<sup>th</sup>? \_\_\_ Yes \_\_\_ No

**Please submit to your District PR Chair before January 1, 2017.**

**Clubs may enter more than once.**



## Hearing Foundation, Inc.

Website: [www.5mhf.org](http://www.5mhf.org)

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There is more going on than just fund raising.

The Hearing and Vision Foundations have teamed up to man a booth in the Education Building at the Minnesota State Fair. This event has been going on for many years. District 5M7 has been assigned to fill the booth on Saturday,

September 3rd from 9:00 AM till 9:00 PM, and on Monday, September 5th from 5:00 PM till 9:00 PM. If you are attending the Fair, Please stop by and say hello. If so inclined, we would welcome additional lions to stay and work in the booth. Positions are still available. Materials and hand out are supplied.

The cochlear implant celebration, sponsored by the Lions of Multiple 5M Hearing Foundation, Minnesota Health Cochlear Implant Program and Lions Children's Hearing & ENT Clinic, The Lions Clubs of Ramsey and Kingston will be held on Sunday, September 11, at Brookview Park in Golden Valley. This celebration is for all the patients that have received a cochlear implant and their families.

For more information about the Foundation and it's work, please contact your Hearing Foundation Trustee.

Zones 1 - 4

PDG Lion Norm Kelzenberg  
[nhkelzenberg@comcast.net](mailto:nhkelzenberg@comcast.net)

Zones 5 - 9

Lion Hal Hinchliffe  
[hhinchliffe9645@msn.com](mailto:hhinchliffe9645@msn.com)

Lions: **PLEASE** remember that all **Lions Clubs**, that have annual gross receipts less than \$50,000 **MUST** file note that this is an IRS requirement. This has to be filed online, and for most clubs it must be filed before **Nov** (there are a few Lion Clubs that have a calendar year as their fiscal year and your club must file each year by

To file, the easiest way to do it is to go to the following website: <http://epostcard.form990.org> Once you are at have the following:

1. Employer Identification Number (EIN), also known as a Taxpayer Identification Number (TIN). Your secreta you can get it for your club on the LCI website, [www.mylci.org](http://www.mylci.org), then pull up your club; it will have the number I number.
2. Tax Year Use July 1, 2015 to June 30, 2016
3. Legal name and mailing address
4. Any other names the organization uses.
5. Name and address of the principal officer.
6. Website address if the organization has one.
7. Confirmation that the organization's annual gross receipts are \$50,000 or less.
8. If applicable, a statement that the organization has terminated or is terminating (going out of business).

You **MUST** complete this every year. If you miss for 3 years, your club loses its tax exempt status and you mu fee to get re-registered. Avoid the pain, make sure that this is done at the latest by November 15 of each year there is some glitch that needs to be dealt with.

*Dan & Cathy Kaiser*  
36455 Oasis Road  
Lindstrom MN 55045  
[651-583-3428](tel:651-583-3428)

### Centennial Public Relations Contest

The Public Relations Contest is to promote Lions and the Centennial Anniversary. Every club in the Multiple is invited to participate. Small clubs have the same chance as a large club to win.

If there are not enough lines on the application (which is on Page 14) in any area, feel free to attach another page.

Each District will award one winner per year. A plaque will be given to the winner of each District at the Multiple Convention in 2017 and 2018. An overall winner will be chosen from the 12 District winners and will be awarded at the 2017 and 2018 Multiple Conventions. A monetary amount will be determined by the District Governors at the July 2016 Council of Governors.

The contest will run from July 2016– December 2017 and January 2017 – December 2017.

Please submit your application to [glicht@heraldjournal.com](mailto:glicht@heraldjournal.com) or mail to:

Lion Gabe Licht  
PO Box 498  
Delano MN 55328



**To: The Lions of MD5M/District 5M7**

**Re: Centennial Planning Committees Need Your Help!**

MD5M will celebrate the Lions Centennial on the first Saturday in June: 6/3/2017 at the Mall of America (MOA).

MOA will feature a large LED screen in the Rotunda showing Lions Videos and Still Photos for the entire day!

We need your Clubs and Members who have videos and pictures!

They can be recent or several years old.

The Clips and Phots will be put together for a presentation by the Multiple District's Planning Committee.

Send your Videos and Pictures to: PDG Dave Reach

[dreach@valgroup.net](mailto:dreach@valgroup.net)

Any format accepted. Filename should include club name, event, other identifying information. Deadline for submission is January 15, 2017. But, do it now!



## Update on the Centennial Service Challenge

### Activities planned for the Mall of America

on Saturday, June 3, 2017

#### Notes from 5M7 District Coordinator Lion Roger Johnson

PDG Lynn Farley, Steering Committee Chair, gave this update on our connection with the Mall of America. Lynn will be the overall **Vision Chair**, but PDG Dennis Kelly will be handling all plans regarding Kids Sight and the use of optical equipment to test the sight of children whose parents bring them to the Mall. Dave Moen will be handling the collection of used eye glasses and hearing aids. The Vision activities are tentatively set to occur in the Sears Court. Lynn encourages that we should reach out to any known Lions or non-Lions that may have videos of eye-glass fittings for people in foreign lands that could be used at the Mall. Please report any such knowledge to [rogvicki@msn.com](mailto:rogvicki@msn.com).

**Hunger Chair**, Cheryl Thompson, reported that she wants help from all Districts in the MD5M. She may be contacted at her email address: [cherylathompson@gmail.com](mailto:cherylathompson@gmail.com) with names of potential members who wish to help her on this essential committee to demonstrate Lions commitment to Hunger. Cheryl reports the potential involvement of 2<sup>nd</sup> Harvest. She indicated that Food Packaging with our Lions engaged in that food-packing activity will be a part of our Mall program for Hunger.

The **Environmental Chair** is John Frank of 5M8 and those activities, when planned, will likely be set up in the L.L. Bean Court at the Mall.

**Peter Yelle, Youth Committee Chair**, reported that he is working on that Core Value, and expects to have lots of Leos from around the state involved. Since the Leos are meeting at the Camp Friendship in Annandale in mid-October for their annual conference, at that event Peter expects that the MOA Event will occupy considerable discussion and that the Leos will be able to plan for lots of interesting activities in connection with demonstrations of our commitment to Youth. Peter thought that there will be a number of service stations showing what Leos do in their communities.

**The Audio-Visual Committee Chairs are Joe Schlichenmeyer and Dave Reach**. Please note that there is a continuous need for photos and video clips about Lions working in their communities that should be coming in from all Districts and Clubs who have them. Please assist in this process of sending video material to Joe. His email address is: [joepatsc@hbcsc.net](mailto:joepatsc@hbcsc.net).

**Public Relations Media Advisor, Kathy Jallvay**, has joined with our Steering Committee, and we are glad to have her involvement going forward. Kathy will also consider the steps to get Governor Dayton to issue a Proclamation that June 3, 2017 be considered "Lions Day in Minnesota." PID Brian Sheehan has reached out to past LCI President Frank Moore who is the Centennial Chairperson for LCI to see if he is available to be a speaker at our Big Mall Event. Brian will also reach out to see if we can get a video from President Carter if he can't make the event.



# Lions Clubs International

Dear Lion:

Lions serve in a variety of ways. With any service to the public, safety is of the utmost importance. In the case of an accident or any unfortunate event, a club may be held legally responsible. Originally adopted by the U.S. Congress in 1997, the Volunteer Protection Act (VPA) provides liability protection from claims that might be filed against a nonprofit organization's individual volunteers. In the Act's current form, however, protection from liability **does not** extend to the organization itself, including Lions clubs.

Currently before Congress is another bill called the Volunteer Organization Protection Act or VOPA. This Act would amend the VPA to extend liability protection that's already given to individual volunteers to organizations as well.

We need your help in moving VOPA forward; contact your representative in support of VOPA!

Use one (or more) of these ways to contact your representative:

- **Call** – You can read directly from a [phone script](#);
- **Write** – Send a letter by email, fax or mail; feel free to use this [sample letter](#). We also give [step-by-step instructions](#) on how to contact your representative;
- **Visit** – [Request and plan](#) a meeting; here's a [general calendar](#) of when representatives might be in their local offices;
- **Resources** – Visit us [online](#) for more information.

You can learn more about VOPA and how important this bill is on our [blog](#).

We would love to see photos of Lions making calls, visiting representatives and sending letters. Email photos (selfies count) to [governmentsrelations@lionsclubs.org](mailto:governmentsrelations@lionsclubs.org). Don't forget to include your club's name.

Protect your club today; thank you for getting the word out about the importance of VOPA!

Government Relations  
Lions Clubs International

## Albertville Lions

Albertville Lions co-host Ava's Inspired Walk for 7<sup>th</sup> and final year.

Ava Huggins was born into a world without color or any kind of visual stimulation or detail.

She was diagnosed with Leber congenital amaurosis (LCA), a rare disease with only around 3,000 known cases in the United States

Her parents Blair and Megan Huggins started Ava's Inspired Walk back in 2010 to raise awareness for the disease and raise money for research. Funds raised go to Foundation for Retinal Research.

Albertville Lions have provided tables, lunch, crossing guards, set-up, and clean-up at the event since its start in 2010, which has now raised over \$80,000 for the Foundation for Retinal Research.

As the Foundation for Retinal Research is merging with Foundation for Fighting Blindness, Ava's Inspired Walk will also merge.

Since this was final year of the event, Albertville Lions presented Ava Huggins and her family the Minnesota Lion Eye Bank Helen Keller Award. The award was presented by former Albertville Lions President Jeff Edelman, and current 5M7 District Governor Lion Steve Linder.



Left to right – Megan Huggins, Lion Steve L, Lion Jeff E, Ava Huggins, an Blair Huggins with youngest son.

## Albertville Lions



Albertville Lions who helped at the event. Left to Right – Lions: Pauline Meyer, Rick Anderson, Caytie Longhenry, Jeff Edelman, Ron Tiernan, Steve Linder, Pat Sweeney, Jenny Tice, and Leo Kolles,

## Hugo Lions

Thanks to the **Hugo Lions** for their continued support of our military members and their families; particular thanks to **Denny Route and Mike Gallivan** for their leadership in hosting the **Lions Golf Scramble to benefit the Hugo YRN**. The event was held under a beautiful clear blue sky at **Oneka Ridge Golf Course in Hugo, MN** and operated by the Arcand Family. Blue Star Parents and Golf Course family members Cathy and Scott Arcand enjoy the event



in their Yellow Ribbon adorned golf cart after the Hugo Legion Color Guard presents the colors and the singing of our National Anthem. Thanks to all the sponsors and golfers who participated in the event and a special thanks to **McGough Construction, Oneka Ridge Golf Course, Hugo Lions and Hugo American Legion** who sponsored our military guests from the **Minnesota National Guard's 133rd Air Wing, 34th Combat Aviation Brigade, the 2-147 Assault Helicopter Battalion, and Joint Force Headquarters.**

# Spring Lake Park Lions and Leos

Thanks to all the Spring Lake Park Lions, Leos and friends that helped stuff 700 backpacks with school supplies on Aug 11. The students of Spring Lake Park schools that benefitted from the SLP Lions monetary support and time are truly grateful!





## Lioness Spotlight

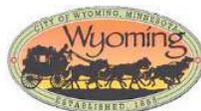


### Upcoming Events:

Sept. 10 Lino Lakes Lioness- Making bars for the Lions Prime Rib Dinner  
 Sept. 12 Big Lake Lioness- Red Cross Blood Drive  
 Sept. 17 Big Lake Lioness - Annual Garage Sale  
 Sept. 27 Lino Lakes Lioness- Attending the Circle Lex Governors Visit  
 Oct. 30 Lino Lakes Lioness - Clowning at Spring Lake Park Lions Pancake Breakfast.

### Mark Your Calendars:

**\*\*Oct. 24th Group I and II Lioness Meeting Hosted by Big Lake Lioness**  
 (More information to follow)



### Wyoming Lions Club "Stage Coach Days" Events

Saturday, Sept. 10th, 2016 7-11 AM

Wyoming Lions "Stage Coach Days Pancake Breakfast"

Wyoming City Hall

26885 Forest Blvd, Wyoming

(Fundraiser for the Lion Pastor Ed Wheatley Memorial Scholarship)

Saturday, Sept. 10th, 2016 12-4 PM

Wyoming Lions

"Stage Coach Days Bingo"

Water Tower Park

267th and Felton Ave, Wyoming

(Fundraiser for the Lion Pastor Ed Wheatley Memorial Scholarship)

Volunteers are very much appreciated!

Please contact our club president, Catherine Zerwas, at (651)-7750-6159 or email her at [CatherineZerwas@gmail.com](mailto:CatherineZerwas@gmail.com) for details.

## Chomonix's Largest Fall Tournament!

Great Time! Great Course! Great Fun! All Golfers Welcome!

### 23<sup>rd</sup> Annual Circle Lex Lions

#### \* SANDBURR OPEN \*

Community Fundraiser

Chomonix Golf Course

700 Aqua Lane, Lino Lakes, MN

Friday, September 9, 2016



- Shotgun Start-12:30 pm
- Registration from 11:00 am – 12:00 pm
- Lunch will be served beginning at 11:15 am
- 4 Person Scramble
- Many contests and other events!
- No coolers/containers allowed
- All beverages sold by Chomonix
- Team Captains must check in for their team and make sure all golfers are paid before receiving your packets

Early Registration Discounts! Includes: 18 holes, power cart, starting gifts, door prizes and lunch!

- EARLY BIRD SPECIAL: One Check One Team (4) \$300.00 (must be postmarked by August 19, 2016)
- \$80.00 per golfer until August 31, 2016
- \$90.00 per golfer at the event

Enter as a team or singles or doubles. We will make the groups.



Visit <http://www.e-district.org/sites/5m7/> for more information, and to register.

## COLUMBUS LIONS FALL FEST GARAGE SALE SEPT. 17 HOUSEHOLD DONATIONS NEEDED

Items to consider:

- Appliances (working or repairable)
- Garage items-tools-carpentry items-doors-windows
- Knickknack or Holiday items
- Toys-books-DVD's-CD's-tapes
- Childrens Items
- Jewelry
- Kitchen or household items
- (NO mattresses or clothing please)

Having your own garage sale this summer and don't know what to do with the items you don't sell? Contact us

and we will pick up your remaining items. (Excluding mattresses or clothing)

Columbus Lions uses these funds to give back to our community.

To arrange a drop off at our club or a pick-up at your home, please contact

Lion Brian Sterven at 651-492-0552

**Interested in donating an item as a raffle prize?**

**Contact Lion Brian at the number above or Lion Genia at 612-669-7519**

[www.columbuslionsmn.org](http://www.columbuslionsmn.org)

2016 USA-Canada Lions Leadership  
Forum  
Omaha, Nebraska  
Sept. 15-17, 2016

Leadership? Service? It's what Lions do!  
"Leadership for Service," the theme for the 2016 Forum, reflects our goal of equipping our Lions to meet the Centennial Service challenge in performing 100 million acts of service. Saturday afternoon will have three large service projects that every attendee will be able to participate in. Corresponding seminars have been added, teaching the skills and organization needed to better prepare service projects at the Club and District level.

Opening night, Thursday brings master illusionist and motivational entertainer, Billy Riggs. On Friday, Lion Jay Blake brings his drag race car "Follow a Dream" to the Forum, along with his amazing story of overcoming a blinding accident to follow his racing dream. Saturday we look forward to the inspiring words of our then International President, Chancellor Bob Corlew. We finish the evening with Retired General Dick Abel, who after a long career of Military, Private sector and public leadership will be talking about the leader within each of us.

Register now via our website: [www.lionsforum.org](http://www.lionsforum.org)

**JOIN US**

**October 5, 2016**

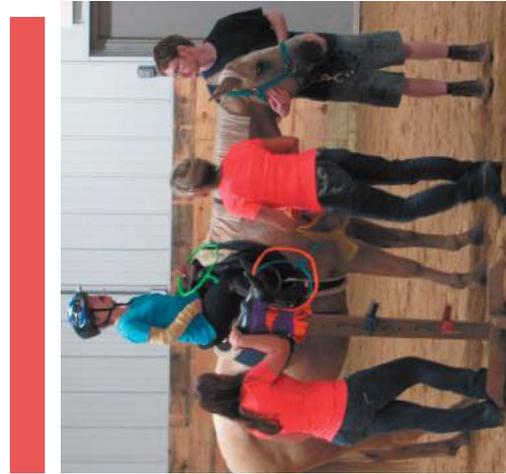
**3:45 p.m.**

**At**

**Camp Courage**

**8046 83rd St NW**

**Maple Lake, MN 55358**



We will visit **True Strides Therapy Horses** to learn how riders benefit physically, cognitively, emotionally, and socially.

**THE 9TH ANNUAL  
5M LEO LEADERSHIP  
CONFERENCE "THE YOUTH  
CONNECTION"**

MD5M Leo Leadership Conference 2016 | Camp Friendship - Annandale, MN



**SIGN UP TO JOIN US OCTOBER 7-9**  
*YOUNG PEOPLE COMING TOGETHER*

Young people explore the issues of community involvement, ethics and contributing locally and globally. Participants are challenged by outdoor, experiential, and service activities, and learn to communicate and solve problems with a diverse group of peers.

Leo Leadership Conference combines physical activities, with intellectually stimulating seminars, small group interactions and reflection time to empower young people to lead and serve in their home communities and beyond.

**WHEN**  
October 7-9, 2016

**WHERE**  
Camp Friendship  
Annandale, MN

**CONTACT**  
Pete Yelle  
1415 81st Avenue NE  
Spring Lake Park, MN 55432  
763-600-5055  
[pyelle@district16.org](mailto:pyelle@district16.org)

**COST**  
\$100 Leo Member and  
Lions Members  
\$120 Non- Leo Members

*Includes all meals, lodging,  
training, materials and activities*

**REGISTER**  
View the registration form on  
the reverse side.

**TENTATIVE SCHEDULE**

**FRIDAY, OCTOBER 7**  
4-6 p.m. arrival and registration  
6-7 p.m. dinner  
7-10 p.m. team building, ice breakers

**SATURDAY, OCTOBER 8**  
8-9 a.m. breakfast  
9 a.m.-noon workshops  
12-1 p.m. lunch  
1-5 p.m. obstacle course  
6-7 p.m. dinner  
7-9 p.m. skits

**SUNDAY, OCTOBER 9**  
8-9 a.m. breakfast  
9 a.m.-noon service project  
12-1 p.m. lunch  
1-2 p.m. closing and pictures



**YOU'RE INVITED**

**TAKING COURAGE TO NEW HEIGHTS**

**THE CHALLENGE ROPES COURSE & ZIP  
LINE... a dedication & family fun event!**



**Lions Clubs International  
FOUNDATION**

**Sunday, October 16, 2016**  
12-4 pm (lunch served at noon)

**CAMP COURAGE**  
8046 83rd St NW  
Maple Lake, MN 55358

**Please RSVP by October 3**  
[Events@TrueFriends.org](mailto:Events@TrueFriends.org)  
952.852.0101 x376



## Anoka Halloween Tent Event

Sponsored by the Anoka Lions and the Minnesota Lions Vision Foundation

**When:** Friday October 28<sup>th</sup> and Saturday October 29<sup>th</sup>

**Time:** 6:00 PM to 12:00 MIDNIGHT

**Where:** Jackson Street (next to Serum's) in Anoka

**Cost:** \$15 cover charge, \$3 each for drinks and food

**COLD BEER! LIVE MUSIC! COSTUME CONTEST!**

COME JOIN IN THE FUN AND HELP SUPPORT THE LIONS AT THIS FUNDRAISER!



**FRIDAY NIGHT is COUNTRY MUSIC NIGHT!**

**SATURDAY NIGHT is CLASSIC ROCK NIGHT!**



**HAPPY HOUR SPECIAL FROM 6:00 PM TO 8:00 PM NIGHTLY!**

**COMMEMORATIVE CUP AVAILABLE WITH SPECIAL PURCHASE!**

PROCEEDS FROM THIS FUNDRAISER WILL BENEFIT PROJECTS SUPPORTED BY THE ANOKA LIONS CLUB AND THE MINNESOTA LIONS VISION FOUNDATION



## Wyoming Lions Club Upcoming Events

Saturday Nov. 5th, 2016. - Time is TBD

Wyoming Lions Annual "Turkey Bingo"

Wyoming City Hall

26885 Forest Blvd

Saturday Dec. 10th 9:30-11-30AM

Wyoming Lions Annual "Santa Days"

Wyoming City Hall

26885 Forest Blvd

Volunteers are very much appreciated!

Please contact our club president, Catherine Zerwas, at (651)-7750-6159 or email her at [CatherineZerwas@ymail.com](mailto:CatherineZerwas@ymail.com) for details.

XXXX

Cokato - Dassel Lions Sportsman Raffle  
Drawing Oct. 22, 2016 - 7 pm

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State/Zip \_\_\_\_\_  
Phone# \_\_\_\_\_  
License X-02898

\$20.00

License X-02898

## Cokato - Dassel Lions Sportsman Raffle Drawing Oct. 22, 2016 • 7 pm Thirsty's Tavern, 241 Atlantic Ave., Dassel

1 Savage Axis II 223	1 Remington Express 20 ga
1 Savage Axis II 243	1 Remington Express 12 ga
1 Savage Axis II 270	1 CVA Optima 50 cal Camo
1 Savage Axis II 30-06	1 Moultrie M990i
1 Henry Lever 22 LR	1 Jiffy Pro 4 Lite Gas Auger
1 Henry Lever 22 LR	1 Vexilar FLX 28 Ultra Pack
1 Benelli Nova 12 ga Synth	1 Clam X2 Thermal

Prizes have an equal value option as a Scheels Gift Card.  
Need not be present to win. Must be 18 or older to purchase ticket or win prize.  
Winner is responsible for any applicable taxes or fees. See website for raffle rules.

Information Posted on Cokato-Dassel Lions Club Facebook Page

XXXX

\$20.00



**Northern Pride**  
**Lions Leadership Forum**

Hosted by  
MD5M Lions



**November 11th - 12th, 2016**  
**Shooting Star Convention Center, Mahnomen MN USA**  
**2016 Registration Form**

"Meet your fellow Lions from Wisconsin, Nebraska, Iowa, Saskatchewan, North Dakota, South Dakota, Manitoba, NW Ontario and Minnesota."

**Your District & Club Name:** \_\_\_\_\_

Name & Title \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/Town \_\_\_\_\_  
 State/Prov. \_\_\_\_\_  
 Zip/Postal \_\_\_\_\_  
 Phone (w / area code) \_\_\_\_\_  
 Email \_\_\_\_\_

Registration form at  
<http://www.lionsmd5m.org>

ALL costs are in USD  
Canadians are asked to  
send USD money order to  
PDG Cheryl



**Special Dietary Needs:** Vegetarian, Gluten Free, Allergies \_\_\_\_\_ (circle ones that apply)

**Registration Fee \$99.00 USD**

Registration includes Friday evening Meet & Greet Mixer (if you are arriving then), Your choice of up to 6 of the 36 Seminars on Saturday, Saturday lunch and dinner with dynamic guest speakers: PID Brian Sheehan and PID Robert Littlefield. (Saturday Breakfast on your own, seminars start at 9 AM)

Make cheques / money orders payable to: **Northern Pride Lions Leadership Forum**

**US residents mail to:**



**PDG Dave Jensen,**  
32549 Co Rd 11  
Wendell, MN USA  
56590-9771  
R. 218.458.2428  
C. 218.770.9410  
E. [oakstuff@runestone.net](mailto:oakstuff@runestone.net)

**Canadian residents mail to:**



**PDG Cheryl McKitrick**  
PO Box 340, Crystal City  
MB Canada R0K 0N0  
E. [cemckit@gmail.com](mailto:cemckit@gmail.com)  
R. 204.873.2091  
C. 204.825.8073

Cancellations prior to October 31st, 2016 will have a \$25.00 fee applied, NO Cancellations after October 31st, 2016 except for Medical emergencies are accepted anytime with doctors letter (\$25.00 fee still applies).

For more Information contact: PDG Dennis W. Kelly III at [cdk3inc@outlook.com](mailto:cdk3inc@outlook.com)

Hotel Reservations – Contact the hotel directly – Rate \$65.00 USD per night (+ taxes) Until October 30th, 2016  
 Shooting Star Hotel & Casino, Mahnomen, MN – call 1-800-453-STAR and ask for block #71.  
 This block is called **“Northern Pride Lions Leadership Forum”**

# SAVE THIS DATE

## Jan 13, 2017

Gambling Seminar  
Cabinet Meeting  
Opening Ceremony and Memorial Service  
Socializing and Hospitality Rooms

## Jan 14, 2017

Casual Dress till the Governors Banquet= Club Vest and/or Club Shirts  
Speakers  
Display Tables  
Meetings Birthday Party at Lunch  
Governors Banquet

## Jan 15, 2017

Non-denominational Church Service  
Breakfast

# And More don't miss this years Mid-Winter Convention