



As I look over my records, my year as District Governor is coming to an end, with 10 scheduled governor visits left and three that have not be scheduled as of yet. To all the Lions clubs that we have had the opportunity to spend time with, it was truly our pleasure to visit with you, to be able to sit and talk with Lions from all over the district about problems and the great things Lions do in 5M7.

At the last Council of Governors, all the clubs in the Multiple District were challenged to add at least one new member to their clubs. That would be 52 new members in our district. I have a few visits coming up with three to seven new members that will become part of the Lions family.



We are looking forward to seeing Lions from 5M7 at the 98th MD5M Convention in Bemidji on April 21-23. Not only is it a beautiful area but there are some great tours like the Bemidji Woolen Mill, Lakeland Public Television, AirCorps Aviation, where they are rebuilding a WWII airplane, plus so much more. My favorite this year is the Zero K walk for diabetes. It cost \$20, preregistration, you walk out the front door, into the side door and your walk is over. Now that's my kind of walk.

Also coming up is the Be the Match Walk/run on May 13 at Lake Harriet.

Mark the date of June 3 on your calendar, at 9:30 a.m., at the Landscape Arboretum is the D-Feet Walk for Hearing. A small donation gets you into the Arboretum, lunch, and a T-shirt. It should be a great time.

If your a golfer, the Governors Cup is for you. A four-person scramble golf tourament, it will be held at Whisper Pines Golf Course in Annandale on June 13 beginning at 10 a.m. All proceeds are going to Lions Vision Foundation, Lions Hearing Foundation, and Lions Diabetes Foundation.

The 100th Lions International Convention will be in Chicago, June 30-July 4, 2017. This is going to be huge. USA/Canada Lions Leadership Forum will be in Portland, OR, Sept 21-23 2017.

Kidsight is up and running in 5M7. We now have the kids vision screening machines and some of us have been trained. Lions Mary, Ann and Tim are waiting for a call from your club so they can come out and show your club what Kidsight is all about.

And, as always, please post your club activities on the district website.

Thank you for all you do for the district and for your clubs.

DG Lion Steve





Lions, Lioness, and Leos,

To empower volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions clubs. This is the Lions Clubs International Mission Statement that we all adhere to and hopefully follow this in our personal life. We are there to serve others, the hungry, the hurting, the young, the old, all those that need a helping hand.

Where there is a need, there's a Lion.

Few things:

We should have started to have the nominations for officers for next year with the elections and reporting into LCI BEFORE May 1. The directory, which needs to be done by July 1, has to be compiled and published and, in order for that to happen, we all need

to do our part and get the reporting done. I know that one Lioness club has already sent in their officers for next year, good going.

I'm still looking for those with a passion for furthering my goal next year to have more hands help with our projects and service – Many hands make light work. The more Lions we have helping, the more we can serve.

Thank you, Lion Dan Kaiser, DGE

Lions, Lioness, and Leos,

It's hard to imagine that my year as 2nd Vice District Governor is almost over.

I have really enjoyed this learning experience this year. It has been so amazing attending all the clubs that I have and see how differently we all do the same things. It has really been fun. Thank you to all who have invited me out this year.

The Multiple Convention is coming up on April 21-23. Bemidji is going all out and it looks like it will be a great convention. If you haven't signed up, yet there is still time. I'd love to see a huge crowd from 5M7 up there.

Thanks to everyone for the wonderful work you are doing,



See you in Bemidji, Lion Al Kvistero 1st VDGE

DGE Steve's calendar:

April

1	St. Francis Lioness Fashion Show and Luncheon
2	Hanover Crow River Lions Hashbrown breakfast
4	Otsego Governor's Visit
5	Ramsey Governor's Visit
6	Spring Lake Park Governor's Visit
8	Forest Lake Waffle Breakfast. Diabetes Update
9	Anoka Pancake Breakfast

- 11 Zone 5 Meeting
- Zone 4 Meeting
- 17 Columbia Heights Governor's Visit
- 18 Clear Lake Governor's Visit
- Forest Lake Governor's Visit
- 20-23 MD5M Multiple Convention
- 24 Big Lake Lions and Lioness Governor's Visit
- 26 Annandale Governor's Visit
- 28 Cokato Dassel Lions Pork Chop Dinner
- 29 Albertville Lions 40th Anniversary
- 30 Spring Lake Park Lions Pancake Breakfast

May

2 5M7 Lioness Group Meeting

June

- 3 D-Feet Walk for Hearing
- 3 Centennial Celebration at Mall of America
- Governor's Cup, Whispering Pines Golf Course
- 15 Blaine Central Lions Meeting

Help make the Gram great

Thank you to everyone who has submitted highlights of past events and previews of future events. Please submit everything for the 5M-7 Gram, including the name of your club and captions for your photos, to glicht@heraldjournal.com no later than the 20th of each month. I try to be flexible, but reserve the right to decline items sent after the deadline.

Please note when submitting information that PDFs and JPGs work best. If you must send a Word document, please send it as a doc and not docx. Please share any suggestions directly with me via email. I believe all my email addresses for secretaries and presidents are updated, but please let me know if the Gram needs to be sent to someone else.

Thank you! Gram Editor Lion Gabe Licht glicht@heraldjournal.com

Upcoming events

April

- 1 St. Francis Lioness & Lioness Salad Luncheon & Fashion Show, 11 a.m., and Easter Bingo, 6:30 p.m. at St. Francis American Legion
- 7 Nowthen Lions Club Fish Fry, 5-7 p.m. at Nowthen Alliance Church Dining Room
- 7 Montrose Lions Smelt Fry, 3-7 p.m. at the Montrose Community Center
- 8 Belgian Waffle Breakfast, 8 a.m.-noon at Forest Lake Floral Gift & Garden
- 9 Howard Lake Lions Palm Sunday Breakfast Buffet, 8 a.m.-12:30 p.m. at 625 8th St., HL
- 11 Zone 4 Meeting, 6:30 p.m. Social Hour, 7 p.m. Dinner at Hidden Haven
- 20-22 Cedar-East Bethel Lions and Lioness Annual Craft and Garage Sale at East Bethel Ice Arena
- 21-23 MD5M Convention, Sanford Center, Bemidji
- 22 Big Lake Lions Annual Fish Fry, 4:30-7:30 p.m. at Big Lake Lions/Township Park
- 22 Chisago Lakes Lions Cadillac Dinner, 5-7 p.m. at Lent Town Hall
- Oak Grove Lions 12th Annual French Toast Breakfast, 8:30 a.m.-12:30 p.m. at Oak Grove Senior Center
- Feed My Starving Children Food Packing Event, 6-7:30 p.m. at 401 93rd Ave. NW Coon Rapids
- 28 Cokato Dassel Lions Annual Pork Chop Supper, 4:45-7 p.m. at Cokato Elementary School
- 29 Albertville Lions 40th Anniversary Celebration, 5:30-6:30 p.m. Social, Dinner/Program to Follow at Albertville City Hall

May

2 5M7 Lioness Group Meeting, 6 p.m. social, 6:30 p.m. dinner at River Oaks of Anoka

June

- 3 D-Feet Walk for Hearing, 9:30 a.m. at Landscape Arboretum, Chaska
- Governor's Cup 4-Person Scramble Golf Tournament, 10 a.m. at Whispering Pines

July

21 Golf Outing Fundraiser for PID Brian Sheehan's Campaign, 9 a.m. Registration, 10 a.m. Shotgun Start at Kimball Golf Course



National Donate Life Month

April is *National Donate Life Month* as started by Donate Life America and its partnering organizations in 2003. This month is set aside annually to encourage Americans to register as organ, eye and tissue donors and to celebrate those that have saved lives through the gift of donation. Your *Minnesota Lions Vision Foundation (MLVF)* board representatives, PDG Paul and Lion Lyle, would like to remind you to celebrate *National Donate Life Month* by registering to be a donor and encouraging others to do so. The contribution of your eyes to the *Minnesota Lions Eye Bank (MLEB)* will help others maintain and receive the gift of sight. Corneal transplants and important eye research can only occur when someone makes the selfless act of donating their eyes. During April, please make sure to tell your family, friends and fellow Lions to sign up for organ donations. Remember, you should tell your family of your wish to donate your organs, eyes and tissues. By having your family informed about your choice, it will help simplify the process when the time comes.

Donor and Family Recognition Service

On Saturday, April 23rd, the Minnesota Lions Eye Bank Donor and Family Recognition Service will be held at the University of St. Thomas. This event celebrates those who have made the ultimate gift of sight by donating their eyes for transplantation or research. You will hear stories about the donors from their families and friends, as well as talks from the staff and technicians at the MLEB. If you're interested in attending, please contact PDG Paul or Lion Lyle for details.

Spring University Tour

You only have a few more weeks before the clinic tours at the University of Minnesota. **Saturday, May 6**th will be the day for you to check out the vision & hearing clinics and facilities at the U of M. If you're a new Lion or someone who hasn't been on the tour for quite some time, it is recommended to come down for a visit. You get to hear some great speakers, see some interesting presentations and check out the latest additions to the vision and hearing departments. You will also get a box lunch for free and have an opportunity to go tour the **Minnesota Lions Eye Bank (MLEB)** in the afternoon. If you're interested, please let PDG Paul or Lion Lyle know. We can help you get registered for the tour and will be happy to see you on May 6th!

Don't forget to turn in your collected used eyewear to your Zone chair, PDG Paul or Lion Lyle. If you haven't had a club or zone visit in a while from a MLVF director, it would be great for us to come see you. You can hear all the latest developments on research and treatments being done at the U of M, as well as how your club is sitting with **Helen Keller Sight Awards**. We hope you will have us come visit your club or zone in the very near future, so please contact us to schedule a presentation at your event.

Thank you Lions, Lioness and Leos of 5M-7 for truly being "Knights of the Blind."

PDG Paul Hansen - MLVF West

hansenpaul941@gmail.com

H) 320-274-3234

C) 612-840-5960

Lion Lyle Goff - MLVF East

gofflt@msn.com

H) 763-754-8921

C) 763-754-8921

Centennial Public Relations Contest

Lions Clubs of MD5M January 1, 2017-December 31, 2017

District	Club	Date of Event
Event		
Place an X ove	er the area your event	qualifies:
	Protecting our ENVIRONMENT Serving 25 Million People	Relieving the HUNGER Serving 25 Million People Serving 25 Million People Serving 25 Million People
If your event d	loes not fit one of the al	pove areas, where would you classify it?
Number of Clu	ub Members	Number of Members who participated
Approximate r	number in attendance/n	umber affected by this Event:
Explanation of	Event:	
What benefit d	lid this project have to	our community?
How did this e	vent publicize Lions an	d our 100 th Anniversary (Anniversary must be publicized)?
** Attach only	y 1 picture page	
Contact perso	n for this event:	WHERE THERE'S A NEED THERE'S A LION
Phone Number	er:	Email:
Does your clul	b have a Lions sign in y	our town?Yes No
Have you refre	eshed your Lions sign-	a new one or a new decal for our 100 th ?Yes No

Please submit to your District PR Chair before January 1, 2018. Clubs may enter more than once.

Contest Guidelines:

The Public Relations Contest is to promote Lions and the 100th Centennial Anniversary. Every club in the Multiple is invited to participate. Small clubs have the same chance as a large club to win.

If there are not enough lines on the application in any area, feel free to attach another page.

Each District will award 1 winner per year. A plaque will be given to the winner of each District at the Multiple Convention in 2018. An overall winner will be chosen from the 12 District winners and will be awarded at the 2018 Multiple Convention. \$500.00 will be awarded to the top winner overall.

Contest will run from January 2017 – December 2017.

Please submit your application to:

Lion Gabe Licht PO Box 498 Delano, MN 55328 glicht@heraldjournal.com

Can Do Canines' Lions Newsletter Submission – April, 2017

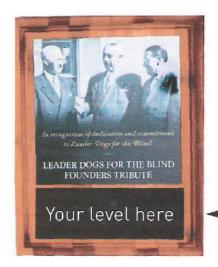


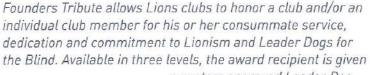
On February 8, the District Governors Elect from Lions Multiple 5M attended a training at Can Do Canines' New Hope facility. The group toured the facility, heard presentations from staff, met graduates and their dogs, and saw assistance dog demonstrations during the three-hour visit. Lions clubs of 5M provided \$152,000 in support for Can Do Canines during calendar year 2016, enough to sponsor six new assistance dog teams! Lions ROAR!

Celebrate Lions' 100 Years of Service with something special—

LIMITED EDITION Centennial Founders Tribute Plaque

Leader Dogs for the Blind is celebrating Lions' 100 years of service with a special edition Centennial Founders Tribute Plaque. This is a unique opportunity to recognize your club and/or a club member with this limited time offer. Please consider making a donation of \$500 (bronze), \$1,000 (silver) or \$2,500 (gold). Mail the form below to Leader Dog for your Centennial Founders Tribute Plaque. This offer ends June 30, 2018, so let's start celebrating!









a custom engraved Leader Dog Founders Tribute Plaque, as well as a commemorative Founders Tribute pin and patch (note: plaques, pins and patches are uniquely designed for each level and are not cumulative for silver or gold levels).

Note: The plate at the bottom will be engraved in either bronze, silver or gold

	VEL (Make checks payable to Leade □ \$1,000 SILVER					
INSCRIPTION—PLEASE PRINT CLEARLY (40 characters maximum per line)						
LINE 1						
LINE 2						
LINE 3						
Where you would like your plaque mailed?						
Name	Pho	ne number ()				
Address						
THERE'S A LION	Leader Dogs for the Blind					



1039 S. Rochester Rd • Rochester Hills, MI 48307 Phone 888/777.5332 • Fax 248/651.8512

Greetings from Leader Dogs for the Blind! Because you are a part of Multiple District 5M Lions Leadership, we wanted to make sure

you are aware of a recent update to our Prison Puppies initiative.

Prison Puppies began with one little puppy placed in an Iowa prison fourteen years ago; today it encompasses approximately 100

Future Leader Dogs being raised in 11 correctional facilities in four states each year. This growth is directly related to the early and

continued success of the puppy raising program at the Ft. Dodge Correctional Facility.

As Lions, you can be very proud of the special role you played in helping build a strong foundation for our Prison Puppies initiative.

Thank you for helping us meet our mission of empowering people who are blind or visually impaired with lifelong skills for safe and

independent daily travel.

Due to the expansion of Prison Puppies, we are redesigning sponsorship opportunities for puppies being raised in correctional facilities

including Ft. Dodge. We will be communicating the new giving opportunities in the coming months.

In the meantime, clubs can donate directly to Leader Dogs for the Blind in support of the Prison Puppies initiative. A donation of \$500

or more will earn your club a special banner patch.

We welcome any donations; however, if a club wants to specifically support Prison Puppies, they should send tax deductible donations

to:

Leader Dogs for the Blind

Prison Puppies

1039 S. Rochester Rd.

Rochester Hills, Michigan 48307

Checks should be made payable to "Leader Dogs for the Blind"

L.C.I.F. Melvin Jones Award

How do we apply???

On your computer, google the "Lions Clubs International" website. Click on "LCIF". then click on "Ways To Give". Click on "Melvin Jones Fellowship". Once you are there, read the details and history on the award and fill out the application. Phone numbers and other helpful information is available on the website.

Any questions, feel free to contact me at:

- * PDG (2014-2015) Lion Terry Wold
 - terry_wold@hotmail.com
 - 612-759-5433

If you want me to visit your Lions Club on behalf of LCIF, please contact me asap (as my year as LCIF Co-Chair is coming to an end on June 30, 2017).

* Following is a list of 5M7 Clubs who have accrued enough funds for 172 Melvin Jones Awards as of 02-28-2017:

LIONS CLUBS:

- * Albertville = \$5,637 or 5, * Annandale = \$4,430 or 4, * Anoka = \$1,000 or 1,
- * Becker = \$1,400 or 1, * Buffalo = \$2,000 or 2, * Cedar-East Bethel = \$5,322 or 5,
- * Chisago Lakes = \$2,650 or 2, * Clear Lake = \$2,070 or 2, * Cokato Dassel = \$2,235 or 2, * Columbia Heights = \$1,805 or 1, * Coon Rapids = \$16,850 or 16,
- * Delano = \$7,995 or 7, * Elk River = \$10,012 or 10, * Forest Lake = \$3,600 or 3,
- *Fridley = \$2,200 or 2, * Grandy = \$1,011 or 1, * Howard Lake = \$1,640 or 1,
- * Hugo = \$3,516 or 3, * Isanti = \$2,100 or 2, * Lino Lakes = \$10,020 or 10,
- * Monticello = \$11,150 or 11, * Montrose = \$3,777 or 3, * Oak Grove = \$1,250 or 1,
- * Ramsey = \$64,050 or 64, * Rush City = \$1,092 or 1, *Spring Lake Park = \$4,920 or 4, * St. Francis = \$4,947 or 4, * Waverly = \$2,692 or 2.

LIONS TOTAL = 170

LIONESS CLUBS:

* Anoka = \$1,400 or 1, * Monticello = \$1,000 or 1. LIONESS CLUBS TOTAL = 2

The numbers given are for Awards that can be given immediately. Club amounts shown if rounded up to the next thousand \$1,000 will make another award available.

Any questions, please contact I-PDG Tom or myself.



Exciting news! With grant money from LCIF and Minnesota Lions Vision Foundation, our District has purchased five Welch Allyn SPOT Vision Screeners. A Train the Trainer session has occurred and contact has been made with a Minnesota Child Care Center for screening. Yay!

Are you attending the Multiple Convention in Bemidji next month? There will be a service project with Lions KidSight. Consider joining us.

Do you want in on the action? Do you even know what we are talking about? We would love to talk to your club about KidSight. **We need clubs** to work with us on coordinating and screening our youth. There are 29 pre-school centers within our District that are awaiting screenings. Please contact us. This will be a rewarding, fun project for your club. District 5M7 Lions KidSight Co-Chairs: Lion Mary Curtis, Lions Ann and Tim Kaduce. 5m7lionskidsight@gmail.com

Silent Auction at MD5M Convention, Bemidji, MN

The silent auction committee from TEAM SHEEHAN is requesting your help to raise money for PID Lion Brian Sheehan in his campaign for 3rd International Vice President of LCI.

On April 21-23, 2017, during the MD5M Convention in Bemidji, the campaign committee will be holding a silent auction for the Lion Brian Campaign Fund. We need items for this fund raiser. Please consider donating an item by yourself or your club. Some ideas for a donation are a) theme baskets (movie night, chocolate lovers, flower gardener's treasure, etc.). b) handmade items such as walking sticks, quilts, etc. c) travel packages such as a weekend get-away donated by a resort, etc.

It would be helpful if you would contact Bert, Pamela, or Dave with the names of the donors and a description and approximate value of each donated item. This would help the committee prepare for the silent auction before the convention.

Bert and Pam Nelson bertpamnelson@gmail.com Bert cell phone 218-298-0599 Pam cell phone 218-298-0932 Dave Dominick <u>david.dominick@ymcatwincities.org</u>
Dave cell phone 651-261-0944

Also for sale!!

Lion Brian for 3rd VP hockey pucks are on sale for \$10 each. You can buy them at the convention. You and or your club can also purchase TEAM SHEEHAN hockey jerseys for \$65. There is the US version or the Canadian version. The order form is attached.

Thank you in advance for your donations and help in raising money for Lion Brian Sheehan campaign.

LION BRIAN 3RD VICE PRESIDENT HOCKEY JERSEY CAMPAIGN FUNDRAISER

"Team Sheehan!" Order Form and/or "Team Sheehan Eh!" Order Form

Together Everyone One Achieves more T.E.A.M Sheehan Jersey for sale as a fundraiser. . Designed to be a looser fit . Made of 100% polyester 7 oz.



The colors will be blue and red and white. The number on the back will be "5M". The name on the back is your choice of "Team Sheehan!" or you can have the Canadian version of "Team Sheehan Eh!" The front will have the

Canadian Version Qty	U.S. Version QTY	Shirt Size	Unit Price	Total
			\$65.00	
			\$65.00	
			\$65.00	
			\$6500	

			Shirt Total	
Name:			Shipping/Handling	-()-
Addr:			Balance Due	
C'A	Ct. 4	7.		

City: _____ State: ___ Zip ____ MAKE CHECKS PAYABLE TO:
LION BRIAN CAMPAIGN FUND
REMIT TO: BOX 177, BIRD ISLAND MN 55310

Also Order Online at LionBrian.com (Coming Soon) T.E.A.M. SHEEHAN Where Together Everyone Achieves More!

WTHIBI

Buffalo Lions



Longtime Buffalo Lion, Al Betcher, was recently honored for more than 30 years of service to the club's gambling committee. Lion Judy Sandeen presented a cake to him at the club's March 15 meeting.

Cedar-East Bethel Lions



Gov. Steve Linder inducted Heather Rickbiel and Nate Fischer into the Cedar-East Bethel Lions during the club's Governor's Night meeting.

Elk River Lions



The Elk River Lions recently had a meeting at the local fire department, where they hosted a chill dinner and looked at the burning house trailer the club helped update. Little Lion Corina W. is pictured below.



Howard Lake Lions



PDG Clay O'Flanagan (center) inducted the Howard Lake Lions' newest member, Tyler Trende (left) during the club's March 16 meeting. Tyler's sponsor is Lion Craig Brose (right).

Spring Lake Park Leos

The Spring Lake Park Leos were busy during the month of February. There were many community events and celebrations where the Leos volunteered including: The Super Hero party sponsored by the Blaine Park and Rec dept., the Sweetheart Dance sponsored by SLP and Rec along with the SLP Lions, Park Terrace Elementary's Bingo Night and planning/preparing for the upcoming birthday party for patients at the Ronald McDonald house in March.



Leos Catherine Fruzyna, Matthew Simonson and Hailey Cartier make paper roll creations for the upcoming birthday party.



Leos Stacey and John Perez faceprinting at the Sweetheart Dance at Spring Lake Park High School.

Polar Plunge





A few brave (?) Lions from 5M7 doing the Polar Plunge.

Spring Lake Park Lions Toiletry Bag Project

In January, the club placed an order for over 5,000 toiletry items for this project. The committee consisted of: Lion Jim Kugler, Lion Pete Yelle, and Lion Jean Streeter.

In March we distributed the toiletry items. Over 600 items went to Hope4Youth, 200 bag kits (each containing 13/14 different items) were given to Bridgeview, and the remaining 1200 items were delivered to the Panther Pantry.

The 200 bag kits for Bridgeview were put together with the assistance of the Spring Lake Park Elementary School's Student Council which consists of second and third graders. The kids had fun doing this project and finished filling the bags in less than 30 minutes! Kacie Schugel, the Student Council Advisor, told us that if we ever have any other similar projects to keep them in mind. The Lions provided a healthy snack of Halos and applesauce for the students.

The following Lions helped at Park Terrace on March 7th: Lions Eppie Dorsey, Jean Streeter, Joy Rooney, Norm Kelzenberg, and Pete Yelle.

The following Lions helped deliver bags to Bridgeview on March 15th: Lions Bob McNeil, Carrol Rahn, Jean Streeter, Jim Kugler, Joy Rooney, and Pete Yelle.

Thanks also to Lions Al Fischer, Betty Harris, Joy Rooney, Pete Yelle, and Sue Durand, for all their help at the Den.

The staff at Hope4Youth and the staff and clients at Bridgeview were extremely appreciative of our effort and this project was a huge success!

