





LIONS 5M7GRAM



A Note From District Governor Al Kvistero

Lions, Lioness and Leos;

Wow, it seems like last week that I was writing my last article for the Gram. Time certainly has gone on warp speed. To all that attended the

International Convention, wasn't it fun. It was certainly exciting to hear our new International President Gudrun Yngvadottir, and I look forward to the upcoming year. It was more exciting to vote in one of our own as 3rd International Vice President, Lion Brian Sheehan. Lions Brian and Lori will do a wonderful job.



We have a lot of new challenges and new opportunities this upcoming year.

We need to grow our membership, especially in our smaller clubs. I really di

We need to grow our membership, especially in our smaller clubs. I really didn't realize how many of our club presidents are serving multiple terms until I started looking at the numbers this past few weeks. We need to find some future leaders and "tutor" them so that they can step up when it is time. There are several leadership training opportunities available if you have a future leader in mind. The USA/Canada Forum is September 20-22 in Columbus, Ohio. Much closer to home, the Northern Pride Leadership Forum is November 2nd & 3nd up in Mahnomen, MN...the price is very reasonable and our own 3nd International Vice President, Lion Brian Sheehan will be one of the speakers.

By the time this is published, I am happy to announce that we should have created a new cabinet position for Childhood Cancer to align ourselves with Lions International. This was one of the new areas of focus introduced last year, then known as Pediatric Cancer, but has been renamed to broaden its scope. To begin with, I believe our new chairpersons will have to do some basic needs assessments within our district. Please look for more information here in the Gram in the future.

The new Governors Visit forms are up on the web site www.5m7.org and there should be a copy in this publication. Please fill them out quickly before the best dates get taken and so I can get the calendar set. Plus it will give my wife some time to get used to seeing how many nights I won't be home this year.

We are currently working on an "all-district" new member orientation to be held in mid-September. I'm still working on the speaker for this. If we get it worked out before this issue of the Gram is published we will include flyer for it. If not, I will be emailing it out to all the club presidents, secretaries and any new member in the district. We will hold another orientation at the Mid-Winter Convention, and a 3rd orientation sometime in April or May.

And as a final note, as you may have noticed, we have a new Gram editor this month. Thank you Lion Brittani for stepping up and

taking on this task. I'll be waiting to see the new Gram and watch it evolve as it becomes yours. Thank you to Lion Jason for the hard work that he put into the Gram this past year.

And thanks to all of you.

Lion Al Kvistero DG 5M-7







2018 – 2019 Governors Visit

Club:						
Preferred Date:						
			eeting/Dinnei	r Time: _		
Contact Person:						
Location:						
Address:						
Directions:						
Dinner:	Yes No		Joint Me	eting? Y	es	_ No
If Yes, list other clu	ıbs					
Special Requests d 1 st VDG Invited			s, Induct Mem Spouse	· 		
2 nd VDG Invited	Yes	No	_ Partner	Yes	No	
Zone Chair Invited	Yes	No	Spouse	Yes	No _	
Please return to m I will contact you c special requests.			-			any other
District Governor A	Allan Kvistero					
19790 Jackie Lane						
Rogers, MN 55374						
Allan@Kvistero.ne	<u>t</u>					
(612) 708-6753						



Things on my mind: Vice District Governor

As we move into this lion's year, service, membership and leadership issues are floating around in my mind.

Membership

Last year the multiple district had a decline of 476 members. District 5m7 had a net growth of 3 members. What is your club's goal for increasing membership this year? A good place to star might be to do a club assessment "How are Your Ratings?"

Service

This is mostly a club issue. Are there new service projects in your club's plans for this year? Has your club done a service survey in your community? How can we get more vets involved in our clubs?

Leadership/Training

There are lots of options available to increase your knowledge about being a lion. Not only is there information, but you'll also get the opportunity to network with other lions. It would a great benefit to your club if at least one member would attend one training evet this year. Those events include: one of three new member orientations, the spring school of instruction, one day at Northern Pride Lions, the mid-winter convention or the regional lion's leadership institute. (The district has scholarship monies available for that institute).

Lion Jim



Lions, Lioness & Leos of 5M-7:



Happy 20th Anniversary to the MAC!

This year marks the 20th Anniversary to one of the Minnesota Lions Vision Foundation's major projects. In 1998, the MLVF and Lions of Minnesota pledged to fight the leading cause of blindness in the developed world – macular degeneration. They gave \$2.5 Million to the University of Minnesota to establish the *Minnesota Lions Macular Degeneration Research and Rehabilitation Center* (**The MAC**) and to change the

outlook for those who suffer from macular degeneration.

Macular degeneration is a disease of the retina that causes permanent loss to the central vision, and by age 75, nearly one-third of all Americans will experience some degree of age-related macular degeneration (AMD). For the elderly, this loss of sight is especially tragic since many are already dealing with other physical limitations. With an ever-aging population, the cases of AMD will growth significantly over the course of the next several years.

The MAC gathers together the expertise of physicians, the work of researchers from many university departments, the hands-on knowledge of representatives from the medical technology industry, and the resources and energy of the Lions. This invaluable collaboration is the key to treating and curing macular degeneration.

We Lions should be proud of the support we've given to these dedicated doctors and researchers at the U of M. Through our generous contributions, strides are being made to diagnose and treat AMD. The ultimate goal is to cure or prevent this debilitating disease from plaguing future generations. Hopefully, your children and grandchildren will live in a time when macular degeneration is nothing more than the name of an illness found in the history books.

Helen Keller Sight Award banner patch



By now, most of the Clubs across 5M-7 have probably received something in the mail from the Lions Gift of Sight (formerly known as the Minnesota Lions Eye Bank). In 1992, an award to commemorate a \$1,000 donation towards the eye bank was started. This award is the Helen Keller Sight Award and during the past 25 years, hundreds of HKSAs have been presented to deserving individuals, groups, businesses and organizations. To celebrate the 25th Anniversary of this

esteemed award, a banner patch was created and have been distributed to the Lions Clubs in Minnesota who have given a Helen Keller Sight Award. Please display your banner patch proudly and the MLVF thanks you for your support!

Club Visits

Don't forget to invite PDG Terry and/or Lion Lyle to speak at your Club or Zone meetings, dinners and functions. They would be happy to share with your group the latest news about the MN Lions Vision Foundation and its partnership with the University of Minnesota's Department of Ophthalmology and Visual Neurosciences. They would love to talk to you about the Lions Gift of Sight, the Minnesota Lions Children's Eye Clinic, the Minnesota Lions Macular Degeneration

Center, the Lions Research Building, the Minnesota Lions Eye Surgery Center, and the proposed Lions Eye Institute. They would be happy to take your collected used eyewear, hear about your community vision projects and let you know where your Club stands with Helen Keller Sight Awards.



State Fair Booth

We are still seeking volunteers to help at the State Fair Information Booth located in the Education Building at the Minnesota State Fair. 5M-7 has the task of staffing the booth on Thursday, August 30th and we have one shift from 12:45 PM to 5:00 PM that could use some additional volunteers. Volunteers are needed to help pass out promotional items, answer questions and collect information from the fair attendees. If you are interest in volunteering but can't make it on August 30th, there are shifts available on other days of the

State Fair (August 23rd to September 3rd) that can use some help. Please check out the on-line schedule at *SignUpGenius* (https://www.signupgenius.com/go/60b0e49aaaa2aa6fb6-state) and feel free to add your name to the list. A big 'Thank You' goes out to everyone who helps the diabetes, hearing and vision foundations with this public relations project.

Keep up the good work, 5M-7!

Yours in Lionism,

PDG Terry Wold terry_wold@hotmail.com H) 763-784-0203 C) 612-759-5433 Kugler-pg2 Lion Lyle Goff
gofflt@msn.com
H) 763-754-8921
C) 763-754-8921An update from VDG Jim



Hello Lions.

For the past year I have been working on eyeglass missions to central America. This past February I attended a mission to Nicaragua with the Wisconsin Lions Missions. They have been doing missions to Nicaragua for 25 years. Working 5 days, we served about 4000 people with eyeglasses and changed their lives. It also changed my life. It is the most worthwhile thing I have ever done. That week of service made me a Lions all over again. Since then, there has some political strife happened in Nicaragua and over 300

people have been killed. Our contact down there is in hiding and his house was fire bombed. He is trying to get himself and his family out of the country. So, there will be no missions down there for the foreseeable future. About a month ago Lion Steve McCabe, the mission coordinator for Nicaragua, called me and volunteered to help me organize the Minnesota Lions Eyeglass Missions. We will be using the same contact as Wisconsin uses for their missions to El Salvador. His name is Diego. Diego has selected the city of Antigua for our first mission to Guatemala and the tentative date is early March of 2020. I have gotten on the mission to El Salvador in 2019and right after that mission, Lion Steve, Diego, and myself plan to fly to Guatemala and go to Antigua. Once there we will meet with the local Lions Club we will be working with and check out the facilities, hotels, security, andcont a whole bunch of other things we need to know before we can conduct a mission down there. I have been to Antigua and it is an old city, but rather scenic. Should be a great mission. Going on a mission costs each individual

Lion about \$1500 depending on airfare. We go to SERVE!

Yours sincerely in Lionism, PDG Jim Mulroy Mission Coordinator Minnesota Lions Eyeglass Missions Do for, not to.



Big Lake Lioness Club 17 Current Members

MONTHLY SPONSORSHIP

Sponsored monthly NAPS (Nutritional Assistance Program for Seniors) distribution

DONATIONS

Flowers to nursing home residents with birthdays

EVENTS HELD IN JULY

- Provided flowers for nursing home residents with birthdays
- Appreciation Dinner for Lioness members

UPCOMING EVENTS IN AUGUST

Provide flowers for nursing home residents with birthdays

UPCOMING EVENTS IN SEPTEMBER

- Semi annual bloodmobile sponsored by Red Cross and Lioness
- Annual Garage Sale







Last year LCI initiated a new program called the Global Service Team as part of the Global Action Team.

The goal was to give clubs 5 SERVICE projects that are actually "hands on projects". Not money making projects. The subjects are Hunger, Diabetes, Youth Cancer, Environment, and Vision. The kicker is that all clubs are to have a special "Club Service Chairperson" to head up these 5 service projects.

People join Lions Clubs to SERVE. They do not join Lions Clubs to raise money. Think about it.

Do you get the "feel good" feeling for raising money? I don't think so. We get the "feel good" feeling for doing something for somebody else with no strings attached. No reward expected or received, but something that really helped somebody else.

Now, these hands on service projects have to be reported to LCI and the club service chair can do it. It doesn't have to be the club secretary. The cub service chair can do it. The goal of LCI is to serve 200,000,000 people per year. They need us, the Lions clubs, to report these service projects. Governor AI wants to see 75% of the clubs in 5M7 to have Club Service Chairpersons by the MidWinter Convention in January, 2019. So, come on Lions, let's get to work.

Yours sincerely in Lionism, PDG Jim Mulroy District 5M7 Global Service Team Coordinator



FIFTH ANNUAL

HUGO LIONS COMMUNITY **SCRAMBLE**



All proceeds go to the Hugo Yellow Ribbon Network

7:00 A.M. REGISTRATION & PUTTING CONTEST 8:30 A.M. SHOT GUN START

Oneka Ridge Golf Course, Hugo MN

\$80.00 per person entry fee. This will include field events, green fee, cart rental, tee gift, dinner at the Hugo American Legion, and one drink ticket. Plus, each golfer receives a \$100.00 gift card for Travis Mathew apparel. ALSO INCLUDING THE HOLE-IN-ONE CONTEST! After August 1st, the price raises to \$85.00 per person.

REGISTRATION FORM ON BACK







Questions please

- Dan Balthazor | 612.910.0994 | dmabalthazor@gmail.com
- Jason Schwieger | Jschwiegs@gmail.com contact:





HUGO LIONS COMMUNITY SCRAMBLE

7:00 A.M. REGISTRATION & PUTTING CONTEST

8:30 A.M. SHOT GUN START

FIELD EVENTS INCLUDE Closest to the Pin, Longest Putt, and Longest Drive.

➤ CONTEST PRIZES <</p>

HOLE-IN-ONE: THREE HOLE IN ONE CONTESTS INCLUDING A CAR

Questions please • Dan Balthazor | 612.910.0994 | dmabalthazor@gmail.com contact: • Jason Schwieger | Jschwiegs@gmail.com

Enclose check for \$80.00, per player. Make Checks payable to: HUGO LIONS CLUB GOLF AFTER AUGUST 1st, PRICE RAISES TO \$85.00 PER PERSON

MAIL TO: DAN BALTHAZOR

13448 Europa Court, Unit 4, Hugo, MN 55038

All proceeds go to the Hugo Yellow Ribbon Network

GOLFER #1	
EMAIL	
GOLFER #3	
EMAIL	

Albertville Lions Club Presents the 2nd Annual



Saturday, September 8th, 3pm til 10pm Albertville MN - Main Street - Lions Park

Cars, Trucks, Motocycles, Old and New are welcome Cruise In, Show off your ride, have a cold one and enjoy some food and music!

3:30 pm - The Forgery

6:30 pm - Live Bob and the Beachcombers



www.theforgeryband.com



Food & Drink-3pm

Pig Roast (shredded pork sandwich) / Grilled items / Beer & Beverage Tent



For info, Email: albertvillelions@gmail.com • follow us on Albertville Lions facebook



Join us for the 3rd Annual Vadnais Heights Lions Golf Event

When: Sunday, September 9th, 2018

Where: Forest Hills Golf Club

7530 210th Street North, Forest Lake, MN

Time: - Registration & Driving Range: 12 noon-12:45pm

- Line-up: 1:00pm, Shotgun Start: 1:30pm

- Dinner & Silent Auction follows -The Hills Restaurant & Event Center

- Event will go on... Rain or Shine

Other: Scramble Format - \$125 per golfer/\$500 per Foursome*

*Includes golf, cart, driving range, tee prizes, course events, & dinner.

Golfers also receive a gift certificate good for a "2 for 1" return visit to Forest Hills Golf Club, including 18 holes for two golfers with cart, worth \$60!

No foursome? No problem! We'll connect you with an awesome team!

Don't worry if you don't want to golf, join us for dinner and fun for just \$30!

Hole and Foursome Sponsorship Combinations also available. Checks payable to Vadnais Heights Lions Foundation

For more information about golfing, contact Jerry or Glenn!

Jerry Anderson: (651) 230-7671 <u>Jerry.anderson@allianzlife.com</u> Glenn Rusler: (651) 335-5312 <u>Glenn.a.rusler@ampf.com</u>



Lions Clubs International celebrated 100 Years of Service in 2017

Vadnais Heights Lions Club and Foundation is one of 46,000 clubs and more than 1.4 million members in over 210 countries. Since 1917, Lions clubs have aided the blind and visually impaired and made a strong commitment to community service and serving youth throughout the world. For more information about Lions Clubs International, visit the web site at www.Lionsclubs.org.

Do for, not to.







Cokato Dassel Lions Club will be selling grilled pork chop from our pork chop stand at the Cokato Corn Carnival Monday - Wednesday, Aug. 13-15. (Monday after the parade and Tuesday and Wednesday starting at 5 p.m.)

Come over and have one, or a pork chop, and enjoy our carnival while your here.



Pictured: front row- Lion Michael Day Back row from left Deb Geyen, Maple Lake Bridging Zambia - Maple Lake Lions Jim McCann, Tim Bautch, Jon Fries, Shannon Day, and Kenny Day and far right Charlene Wurm Maple Lake Bridging Zambia

The Maple Lake Lions donated \$1,000.00 to an international charity with roots in Maple Lake. Bridging Zambia is a branch of Action for Children Zambia, a child welfare program started in Zambia by Carol McBrady who is from Maple Lake and still has many friends and family here. Bridging Zambia's purpose is to make personal connections between local volunteers and the











Zambia children involved with Carol's program. The Lions donation will help complete a housing project for future volunteers to allow them to stay on-site at the program's farm in Zambia.

The Ramsey Lions have been serving beer and wine every Thursday at the Draw Summer Concert Series in Ramsey which goes through August.

We will be providing parking at the first weekend of the Game Fair, August 10-12.

We will also be serving pork chop meals and beer at the Nowthen Threshing Show, August 17-19.

Can Do Woofaroo

Providing freedom, independence, and peace of mind.

September 29, 2018

Can Do Canines

9440 Science Center Drive New Hope, Minnesota 55428

10 a.m. | Registration begins 11 a.m. | Walk begins Bring your dogs and friends to celebrate the amazing partnership between assistance dogs and those who need them.

This outdoor family-fun event includes a fundraising walk, dog costume contest, dog-centric vendors, lood, music, and more.



Learn More candowoofaroo.org

Entertainment

- Assistance dog demonstration
- Jackson & The Roosters
- Minnesota Disc Dogs
- And more!

Register

Visit candowoofaroo.org to create a personal or team fundraising page. Then encourage your friends and family to pledge!

Or you can complete the form on the back of this brochure and bring it with you to the event.

Prizes

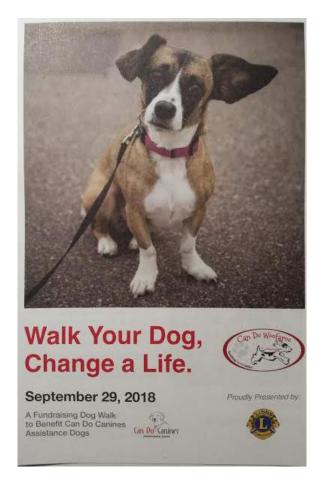
Can Do Woofaroo fundraisers are eligible for prizes based on the amount raised. View prizes online.



The needs of Can Do Canines are ongoing throughout the year, but at this time we are focusing on bringing together as many Lions Club members as possible to participate in the 2018 Can Do Woofaroo. It will be held on September 29th at the Can Do Canines facility located

at 9440 Science Center Drive, New Hope, MN 55428.

Besides the walk and the opportunity for you to obtain sponsors, either



individually or as a team, there will be wonderful vendors, great food (from fellow Lion Jim from Wagner's Drive-In), fun entertainment, amazing people and dogs, tours of the CDC facility and an overall fun day.

Go to https://www.candowoofaroo.org/ for more information or to sign up.

Clear Lake Lions and Lioness 39th Annual PORK CHOP & CORN August 12, 2018



11:00am to 6:00pm
C h e t G o e n n e r
Pavilion
Clear Lake Ball Park
1 Chop- \$8.00
2 Chops- \$10.00
Children Under 12Meal includes....



\$5.00

Cole slaw, potato salad, rolls....and all the sweet corn you can eat.



36 Informative Seminars

• GAT Working Together • So, you want to be a district governor • Laugh your way to a better club • Building Leaders for Tomorrow • Recruiting Younger Lions • Young Punks vs Old Geezers • Construct a meaningful Project • Kids Sight • Successful Tricks for Recruiting New Members • Mentoring • GLT - How to spot a successful leader • LCI Core Five • Women, Families, Youth • Navigating the LCI Website-My Lion App • Roberts Rules • Leadership Institute Opportunities • Who's on First and What Does it Matter? • Lions University - Understanding it and using it in your District no How to Run an Effective Meeting • Orientation for your new member • Joining Your District's Cabinet no Succession Planning • Quality Initiative Program (CEP) • Zone/Region Chairperson; Expanding your pride • Phishing and Cyber Attacks • The 21st Century • Starting a LEOS club or Campus Club -Building Blocks of our Future • Fun with Tail Twisting • Hello I'm your new member, I'm Leaving • The fun way to build a team • Role of Supporting Partner • Creative recognition • Conflict Resolution • Time Management • New ways to strengthen your club • Lions Clubs International - Everything you wanted to know and resources

Please come join us in this fun filled Lion's event!



Shooting Star Casino 777 SE Casino Rd Mahnomen, MN 56557





https://www.eventbrite.com/e/northern-pride-lions-leadership-forum-2018-tickets-44597493303

August 2018



Howard Lake Lions Club



WE "GET TO" SERVE

Serving our community for 40 years

PO Box 13 Howard Lake MN 55349 Website: www.hllions.org Email: lions@hllions.org

President: Terry Thorson

1st Vice: Judy Mattson

2nd Vice: Gary Hagemann

3rd Vice: Craig Brose

Secretary: LaNette Thorson

Treasurer: Debbie McAlpine

Board of Directors: Harvey Krohn Joyce Thorson Donald Oestreich Tyler Trende

Lion Tamer: Judy Mattson

Tail Twister: Denise Oberprilller

Membership: Karen Hill Bonnie Weber Steve Weber

Immediate Past President: Denise Oberprilller

SCHOOL SUPPLIES

We will again be collecting school supplies this year. Lions Bonnie and Steve are putting out collection boxes at Howard Lake Foods, Howard Lake city hall, and Keaveny Drug in Winsted. We are looking for supplies such as pens, pencils, crayons, erasers, notebooks, folders, backpacks, and anything else that children can use in school. The boxes will be available from August 1st through September 3rd. If you would like to help drop off your donations at one of these sights or at a meeting. Cash donations can be sent to Howard Lake Lions, PO Box 13, put "school supplies" in the memo.

CLUB VISIT

Jeff Schoess, President of the Howard Lake Chamber of Commerce, along with Secretary Katie Huff and Volunteer Coordinator Kira Karels were visitors at our July 19th meeting. Jeff gave us some insight of the workings of the organization. Kira and Katie presented us with information about the Volunteer Network they are instituting in Howard Lake. They have a website and facebook page so everyone can check it out. http://www.howardlakeareavolunteernetwork.com and also on facebook. You can email them at https://www.howardlakeareavolunteernetwork@gmail.com.

SUMMER MEETING SCHEDULE

August 2nd meeting *NO* meal.

August 16th meeting with potluck meal.

We will return to regular meetings with potluck meals in September.

DUES WERE DUE BY JULY 1ST

Our dues will remain the same as last year. \$55.00 for individual and couples is \$90.00.Please mail them in or pay at the next meeting. Save the club the expense of mailing out statements.

We will be mailing statements at the end of August to anyone who has forgotten to pay.

HAPPY BIRTHDAY to the Howard Lake Lion members who are celebrating their birthdays in August: Charles Paschke (1)

FUND RAISER

Thank you to anyone who donated to the fund raiser for the family of Rodney Frank JR, son of Lion Bonnie Weber, who passed away from complications of a heart attack. The fund raiser took place at the Moose Lodge in Waite Park, MN on Saturday July 21st. There was a good crowd and Lion Bonnie said it went well. Our club donated a basket for the silent auction.

NATIONAL NIGHT OUT

Howard Lake National Night Out community cookout is Tuesday August 7th from 5-7 PM at Memorial Park. Come on out and join HLPD, HLFD and meet other residents. If you are interested in hosting your own neighborhood get together please contact HLPD at 320-543-3670 so we can arrange to have HLPD and HLFD stop by your event. Lion Bonnie is putting together some gift bags to hand out at Memorial Park.

SCHOLARSHIPS

Our scholarship recipients this year were, Haley Wiegert, Jordyn Tuchtenhagen, Katrina Schanus, and Chase Lange. They will each receive a \$1000.00 scholarship after completing their first semester of college. Congratulations to all the graduates.

SYMPATHIES

Sympathies to Lions Tom Sullivan and Denise Oberpriller. Their Mother-in-Law former member Hazel Oberpriller passed away on July 12th. A Mass of Christian Burial service was held at St. Mary's Church in Waverly on Saturday, July 28th.

VISION SCREENING

We are working on setting up a vision screening at the elementary schools in November. We will have guest speakers on August 16th to demonstrate the program. More information to follow when we get the final dates. We will need few volunteers to help out.

LINKS

Lions International – www.lionsclubs.org

Multiple District 5M- www.lionsmd5m.org

District 5M-7 - www.e-district.org/sites/5m7/

5M7 Gram newsletter - http://www.e-district.org/sites/5m7/page-8.php

Howard Lake Lions Club – www.hllions.org

WE "GET TO" SERVE

The Maple Lake Lions are one of the organizations sponsoring the Gear-Head Get Together on Saturday, **August 18th**. It is a huge car show and swap meet in Maple Lake. There will be over 1,000 cars lining the streets of town.

Swap meet starts at 8am. At the Irish stadium ball field. Set up starts at 7am. The Gear-Head swap meet will happen RAIN OR SHINE! So come prepared!

2018 Gear-Head Get Together Grand Sponsors







Saneda J. Deming, age 72 of North Branch passed away unexpectedly on Tuesday, July 3, 2018 at her residence.

Saneda worked at several different jobs throughout her life including Taymark, Water Gremlin, North Branch Golf Course as well as driving school bus for North Branch Schools. She was active with the North Chisago County Historical Society, was a founding and current member of the North Branch Lioness, was on the Sunrise Cemetery Board, served as a Cub Scout Den mother and was active with the North Branch Fire Dept. Ladies Auxillary. She loved listening to music as well as attending concerts. She enjoyed her time working around her yard as well as helping maintain Sunrise Cemetery.

http://www.grandstrandfh.com/obituaries/Saneda-J-Deming?obId=3143682#/obituaryInfo



Thank you for the opportunity to design the Gram.
I look forward to improving it each month.
Feel free to message me with questions or concerns...
Or advice!
Thank you,
Lion Brittani Floer