





LIONS 5M7 GRAM



A Note From District Governor Al Kvistero

Lions, Lioness and Leos,

Well the State Fair is here so is the unofficial end of summer I guess. How can it be the end of

summer but not the end of mosquito season? I had lots of fun yesterday working at our Foundations booth down at the State Fair yesterday. So many people stopped and asked where they could drop off glasses in their communities and several stopped to say that their loved ones cornea's had been donated and used somewhere. It is encouraging to meet the public at events like this and hear that we are all doing good things.



We had a couple of exchange students in the district this year. I had a wonderful evening in St. Cloud as all of the exchange students in the Multiple District got together and made a native dish from their countries for our dinner that evening. We had about 35 students in the multiple this year, the food was wonderful and their program was very interesting.



We have had our first cabinet meeting and I'm happy to announce a couple of items.

• For the first time in several years, we have Youth Exchange Co-Chairs. Lions Debra and Scott Johnson from the Big Lake Lions have taken on this challenge. They will be actively seeking out some people to host exchange students next summer. We will also be looking for some students participate and go experience the world.

- Secondly, in keeping with the updated core areas of Lions International, we have added cochairs for the Childhood Cancer Initiative. Lions Genia Sjervan and PDG Pat Kennedy have taken on this role. I'm sure there will be a period of fact finding and needs assessments as we look into this new area for Lions. Expect to hear more from them this year.
- Thirdly, and sadly, we have ended our partnership with the Wellness Van. Over the past several years, their core usage has grown apart from our District and the return for us did not meet the investments that we put into the program. I would urge clubs in their area that wish to continue support of the Wellness Van to continue.

Planning has started for the Mid-Winter Convention. Mark January 18, 19 and 20 on your calendars, it will be our last celebration at the Bloomington Marriott before we move to our new digs in 2020. I hope to see everybody there for a great time.

I also see that as of this morning, we have added 39 new members in the district so far this year. Congratulations and welcome to all of our new Lions. Unfortunately, we have lost 40 and we have to ask ourselves why. I urge all the sponsors of our new members to get them involved in your clubs quickly and help them to grow into Great Lions.

Thank you all very much for everything we do. I look forward to seeing everyone as I start my club visits next week.

Thank you

DG Al Kvistero



Things on my mind: Vice District Governor Jim Kugler

So, what are the topics for this month newsletter? There are four: midwinter, membership, training, and Leader Dog.

January might seem a long way off in the distance what with hot and

January might seem a long way off in the distance what with hot and humid weather on the horizon and; the Great Minnesota starting next week, but it's only a few months away. I do not know what's going to happen but a group on lions, including PDG's are working on changes to this year's event trying to make the event more user friendly. The bottom line, is that we'd like to see more lions participate in the event.

If you have suggestions of areas needing improvement and ideas of how to improve those areas please contact the chair of the committee Lion Vicki or any of the current governors or past governors on the committee. Has you club looked at it's membership goal for this year. Does the

plan include increasing membership or just maintaining membership? I've stated this before and I'll state in again, has your club done an inventory of what the membership thinks of the club by using How are your ratings? The results might be surprising. Not every lion is going to a USA/Canada forum or an international convention, but have you thought about participation in program closer to home. On November 2, there is a forum at the Shooting Star Casino in Manomin designed for all lions. There will be seminars for everyone. In addition to the seminars you'll get a chance to meet other lions from other clubs to exchange ideas. This year there will be an added attraction, Third International Vice President Brian Sheehan. If you never seen or met Lion Brian and heard one of his presentations, you are missing a lot of information, energy and enthusiasm



about this organization called Lion's International.

Leader Dog, located in Rochester MI, has been around since 1939. Up until last weekend I did not even know that much about the organization other than the fact, they trained puppies to help the blind navigate their communities by using a seeing eye dog. My eyes have been opened. What started out with three Detroit Lions wanting to help a visually impaired person, with a donation of \$400 has turned into a \$12,000,000 operation training about 300 individuals and puppies a year.

If you will, picture yourself as a 44-yearold who has just been declared legally blind. If you need help, blindfold yourself and try to eat a meal. What happened to your sense of independence and your selfconfidence? That is exactly what happened to one of our speakers. As his blindness progressed, he lost his independence (he could not longer drive and had to rely on his wife for his mobility) self confidence and self-esteem. He could no longer provide for his family. He was depressed until someone

introduced him to Leader Dog. He has now gained back most of what he lost before becoming blind. He still cannot drive!

Just a couple of short stories about his journey. There is a twenty-six-day orientation program for every person receiving a puppy. The training days are highly structured. Each day begins at 6:30 when all of the trainees and their dogs are in the courtyard. Dogs are expected to relieve themselves. Poop has to be picked up. Since he had the most residual vision, it was his job to help pick up poop. All of the trainees, regardless of their residual vision are trained to pick up their dogs' poop. Think about what you might have to do, being visually impaired, to find your dog's poop.

On a more serious note, dogs are trained to work at the command of their owners except when the command will put the owner in harms way. The command was given to Dixie to go forward. Dixie refused the command and blocked the owner from proceeding. The command to move forward was again given and again Dixie refused to move. At about same time an 18-wheeler went through the intersection. Had not Dixie disobeyed the command the owner would not have made that presentation.

In addition to Guide Dog Training Leader Dog also does Deaf-Blind Dog Training, white cane and mobility training, GPD training, and a summer camp experience for visually impaired teen. It was a great experience. The monies raised to operate Leader Dogs is all donated. All of the training and all of the dog's area provided at NO charge to participants. The average cost for the training is \$38,000.

Lion Jim



Lions Gift of Sight



Nearly sixty years ago, two organizations—the University of Minnesota and the Lions—combined their aspirations and their resources to create the Lions Gift of Sight (formerly known as Minnesota Lions Eye Bank). Both organizations recognized they held the common interest of serving the people of Minnesota, and one way to act on this service was to give the state an eye bank.

Dr. Harris, chair of the Department of Ophthalmology, laid the groundwork for an eye bank by developing a plan to approach the families of deceased patients at University of Minnesota-affiliated hospitals about donating their loved ones' eyes. He then worked with the School of Mortuary Science to establish a mutually acceptable technique for removing donor eyes.

Austin Lions club member, George Dugan, solicited Lions club support across the state and arranged financial backing. Thanks to Mr. Dugan's efforts, Minnesota Lions, at their annual meeting in June 1960, unanimously adopted the eye bank resolution, and the Lions Gift of Sight was born.



In the spring of 1961, Minnesota Lions presented the University with a check for \$6,400, representing a pledge of \$1.00 per Lions member. The Lions contributions increased regularly as the eye bank program expanded, and today Lions donations top \$250,000 per year. These donations support not just the eye bank, but also help the Lions Children's Eye Clinic, the Lions Macular Degeneration Center, the MN Lions Eye Surgery Center and eye research efforts at the Lions Research Building.

Since its inception, the Lions Gift of Sight has provided corneas for more than 35,000 transplant surgeries. Across the world, countless people have been helped by more than 11,000 eyes provided by our eye bank for research that leads to the development of treatments and cures. All of these accomplishments came about because of Lions and doctors coming together many years ago to what has become one of the top eye banks in the world.

Thanksgiving for Vision



Attending the event *Thanksgiving for Vision* is something we all hope to accomplish on our Lions' bucket list. **This year's event is taking place on Saturday, October 27, 2018 at the Earle Brown Heritage Center in Brooklyn Center.** All of the 5M-7 club presidents will be receiving invitations to this event. We encourage your attendance and, if your club president and their guest cannot attend, we encourage your club to send a representative and a guest

to honor the invitation. If you have a long-serving club member or a new Lion who has never been to Thanksgiving for Vision, it is your choice on who could benefit the most by coming to this event.

It is very special to know that the doctors and staff of the Department of Ophthalmology take time every autumn to thank the Lions in this way. This event is a celebration of restored vision. The morning begins with an educational seminar focusing on the research being done at the University. A wonderful luncheon follows featuring inspirational speeches by a donor family representative and a corneal transplant recipient. These people directly benefited from the research and clinics at the U of M, which are supported by you Lions. This event is guaranteed to make you feel glad that you are a Lion! If you have any questions about or are having trouble making a reservation to the event, please contact PDG Terry or Lion Lyle.

Donations



If you wish to donate to the MLVF, please send your checks to either PDG Terry or Lion Lyle and remember to make the check out to the Minnesota Lions Vision Foundation or MLVF. You can indicate where the funds are to be designated towards such as the Lions Gift of Sight (LGS), the Minnesota Lions Children's Eye Clinic (MLCEC), the Minnesota Lions Macular Degeneration Research and Rehabilitation Center (The MAC), the vision research at the Lions Research

Building (LRB), the Minnesota Lions Eyeglass Recycling Center (MLERC), or the Minnesota Lions Eye Surgery Center (MLESC) in the memo portion of your check.



Amazon Smile

If you're already making purchases on Amazon or Amazon Prime, you now You shop. Amazon gives. have a great way to contribute to the Minnesota Lions Vision Foundation when using these on-line services. Just log into your Amazon account and

enter Amazon Smile into the search bar. From there, you will be given the opportunity to register your charity of choice. Just type in Minnesota Lions Vision Foundation and you'll be able to link the Foundation to your Amazon account. Now every time you make a purchase through Amazon by logging in through Amazon Smile, the MLVF will receive a contribution equaling 0.5% of your purchase. This passive fundraising can add up over time, so sign yourself up and have your family and friends do the same. The more this service is used, the greater the number of donations will be. It's a perfect way for you to give a little bit extra while you're making your gift purchases or buying your everyday needs.

Keep up the good work, 5M-7! You are all truly 'Knights of the Blind in the crusade against darkness'!

Yours in Lionism,

PDG Terry Wold terry wold@hotmail.com H) 763-784-0203 C) 612-759-5433

Lion Lyle Goff gofflt@msn.com H) 763-754-8921 C) 763-754-8921

Rush City Lions Pancake Breakfast

Rush City Lions are doing a Pancake Breakfast at the Rush City Fire Hall for Fire Prevention Week

October 14th. 8 am - noon

Pancakes, Scrambled eggs, sausage, juice and coffee ~ free will donation!



1st Annual Coon Rapids Lions

Rocky Beer Fest



November 12, 2018 5 pm—9 pm

at



Alloy Brewing 2700 Coon Rapids Blyd NW in Coon Rapids

\$20 Admission

Include<mark>s: 1 Pint, 1 Flight OR 2 Non-Alcholic Bever</mark>ages, Bo<mark>wl of C</mark>hili

Come for music, food, beer & FUN!!

Limited to 100 TICKETS

All proceeds go to community projects in Coon Rapids.

Talk to a Coon Papids Lion to purchase tickets

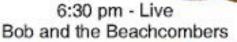
Albertville Lions Club Presents the 2nd Annual



Saturday, September 8th, 3pm til 10pm Albertville MN - Main Street - Lions Park

Cars, Trucks, Motocycles, Old and New are welcome Cruise In, Show off your ride, have a cold one Nusic and enjoy some food and music!

3:30 pm - The Forgery





www.theforgeryband.com



Food & Drink-3pm

Pig Roast (shredded pork sandwich) / Grilled items / Beer & Beverage Tent



For info, Email: albertvillelions@gmail.com · follow us on Albertville Lions facebook







Dynamic and Motivating Speakers

International Director Pat Vannet Lions Clubs International's Third Vice President Brian Sheehan



Please come join us in this fun filled Lion's event!



Shooting Star Casino 777 SE Casino Rd Maknomen, MN 56557 (800) 453-7827



Registration form at http://www.lionsmdsm.org Registration fee \$75.00 USD/\$75.00 CAN (Includes Saturday's lunch and dinner) Hotel \$65.00 USD plus tax

https://www.eventbrite.com/e/northern-pride-lions-leadership-forum-2018-tickets-44597493303



36 Informative Seminars

**GAT Working Together * So, you want to be a district governor * Laugh your way to a better club *
Building Leaders for Tomorrow * Recruiting Younger Lians * Young Plinks vs Old Greezers * Construct a
meaningful Project * Kids Sight * Successful Tricks for Recruiting New Members * Mentoring * GLT - How
to spot a successful leader * LCI Core Five * Women, Families, Youth * Navigating the LCI Website-My Lion
App * Roberts Rules * Leadership Institute Opportunities * Who's on First and What Does it Matter? *
Lions University - Understanding it and using it in your district no How to Run an Effective Meeting *
Orientation for your new member * Joining Your District's Cabinet no Succession Planning * Quality
Initiative Program (CEP) * Zone/Region Chairperson; Expanding your pride * Thisking and Cyber Altacks
* The 21st Century * Starting a LEOS club or Campus Club - Building Blocks of our Future * Fun with Tail
Twisting * Helio I'm your new member, I'm leaving * The fun way to build a team * Role of Supporting
Partner * Creative recognition * Conflict Resolution * Time Management * New ways to strengthen
your club * Lions Clubs International - Everything you wanted to know and resources

Please come join us in this fun filled Lion's event!



Shooting Star Casino 777 SE Casino Rd Maknomen, MN 56557



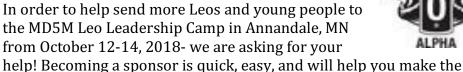
Registration form at http://www.lionsmdsm.org Registration fee \$75.00 USD/\$75.00 CAN (Includes Saturday's Lunch and dinner) Hotel \$65.00 USD plus tax

https://www.eventbrite.com/e/northern-pride-lions-leadership-forum-2018-tickets-44597493303



MD5M Leo Leadership Camp 2018

Dear Lions,



camp a more enjoyable experience. We are asking for sponsorships so that the cost of camp does not need to be raised for the attendees in order to continue providing for community service. Currently the cost of attending camp for the weekend is \$125.00 for a Leo, and we would like to keep it this way since many Leos lack funding and opportunities like the Leadership Camp.

The sponsorship opportunities that we are offering include the Bronze, Silver, and Gold and below is an explanation of what each sponsorship level entails. Another important detail is the clubs with gambling funs *can* provide sponsorship with that money for this conference since it is for a group activity. Please consider making a donation to help ensure another affordable, well-attended, informative Leo Leadership Conference in October 2018!

Sincerely,

Lion Anne Wickenhauser and Lion Pete Yelle MD5M Leo Chairpersons



3 Sponsorship Levels

Bronze: \$25.00-\$100.00. Your Club will be listed on the program.

Silver: \$101.00-\$250.00. Your club will be listed on the back of the T-Shirt as a Silver. Sponsor and listed in the program.

Gold: \$251.00 and Up. Your club will be recognized on the back of the T-shirt as a Gold Sponsor and listed in the program.

Club Name Amount

Sponsorship Level

District

Make Checks payable to **MD5M Leos**

Mail checks to Anna Wickenhauser 13650 County Rd 41 Cologne, MN 55322

Questions?

Call Lion Anna at 952-913-1467

Email: lionannaw@gmail.com

DUE BY OCTOBER 1st, 2018

MD5M Leo Leadership Conference 2018

OCTOBER 12-14 2018
CAMP FRIENDSHIP
10509 108th St. NW, Annandale MN 55302





Cost:

\$125 Leo and Lion Members* \$15 for Visiting Guests Meal

*Includes all meals, lodging, training, materials and activities.

Camp is open to any and all Alpha Leos and potential Leos (ages 12-18). Please fill out the registration form and the 2 Liability Waivers. This year Camp Friendship has also included a waiver that must be filled out and signed before you can drop off your child. We will have them available when your drop your child off in case you forget them at home. But if it could be done ahead of time it will make the registration and check in go more smoothly. There will be no lunch on Sunday. Registration is due by October 1st, 2018.

TENTATIVE SCHEDULE

FRIDAY OCTOBER 12

5-7 PM ARRIVAL AND REGISTRATION

6-7 PM DINNER

7-10 PM TEAM BUILDING

SATURDAY OCTOBER 14

8-9 AM BREAKFAST

9AM -NOON WORKSHOPS

NOON-1 PM LUNCH

1-5 PM CHALLENGE COURSE

6-7 PM DINNER

7-9 PM ACTIVITIES

SUNDAY OCTOBER 14

8-9 AM BREAKFAST

9-10:30 AM SERVICE PROJECT

10:30-11 AM AWARDS AND PICTURES

11-11:30 CABIN CHECKOUT

MAIL TO:

Anna Wickenhauser

13650 Co. Road 41

COLOGNE, MN 55322 Lionannaw@gmail.com Fax 952-466-2827 Cell 952-913-1467

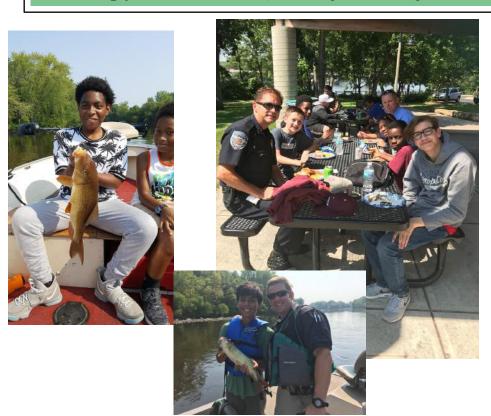
MD5M LEO Leadership Conference Registration Form

In consideration of participation in this LEO Leadership Conference, I hereby acknowledge and do enter this program at my own risk, assuming all known and unknown risks. I also agree to indemnify and hold harmless the Lions Organization and its volunteers from any and all injuries I may incur. I understand that any photographs and video recordings may be used by the Lions Organization. All persons under the age of 18 must have parent/guardian signature to participate.

Parent/Guardian		Signature			Date
Name:				Age:	Sex:
Address:					
City:		State	e:		Zip:
Phone:		Cell	:		
Email:					
Club Name:		Spons	soring Club	:	
	Adult	Circle All th Grade 5-8	Grade 9-	12	
	De	Leo/Lion Me Visiting Guest adline to Register	Meal \$15.0		
T-Shirt Size (adult sizes)	S	M L	XL X	XL XXX	L
Medical Condition	If so,	explain			
Any Special Needs?					
Emergency Contact Person_				Ph	
I give permission for Con	ference Sta	ff to perform basic	first aid if	needed.	
	M	Make Checks D5M Leo Leader	-		
Mail Registration To: Anna Wickenhauser 13650 County Rd 41 Cologne MN, 55322 lionannaw@gmail.com Fax: 952-466-2827 Cell: 952-913-1467	_ _ _	Guest Meal -\$1 Leo/Lion Men Total Enclosed	nber-\$125.0	0	



Anoka Lions 2018 Fishing Adventure with the Kids From Youth First was a success. Serving 18 youth from Anoka, Coon Rapids, and Ramsey area Youth First. Several hours of fishing on a flotilla of boats along with a fantastic chicken dinner, with all the extras, was served. Special guests included Anoka Councilman Jeff Weaver (boat captain), Anoka Police Chief Eric Peterson, Anoka police officers Youngquist and Groebner, and City of Ramsey Police Officer Moldenhauer





September 2018





WE "GET TO" SERVE

Serving our community for 40 years

Website: www.hllions.org

President: Terry Thorson

PO Box 13 Howard Lake MN 55349

1st Vice: Judy Mattson

2nd Vice: Gary Hagemann

3rd Vice: Craig Brose

Secretary: LaNette Thorson

Treasurer: Debbie McAlpine

Board of Directors: Harvey Krohn Joyce Thorson Donald Oestreich Tyler Trende

Lion Tamer: Judy Mattson

Tail Twister: Denise Oberprilller

Membership: Karen Hill Bonnie Weber Steve Weber

Immediate Past President: Denise Oberprilller CLUB VISIT



The Howard Lake Fire Department is scheduled to attend our Sept. 20th meeting. They will be teaching us about CPR and showing us how to properly use the defibrillator.



Email: lions@hllions.org

HOT DISH SUPPER

Our annual hotdish supper is scheduled for Saturday Oct. 13th from 5 -7 p.m. Lions Renee and Joyce volunteered to be chairpersons of the event. We will need members to bring hot dishes, salads, and desserts.

WELCOME

We welcome our new members Lion Jeff Wick who has transferred from the Cokato-Dassel Lions, and also his wife Peggy Wick who is a new Lion! Welcome to the club.

DUES WERE DUE BY JULY 1ST

Our dues will remain the same as last year. \$55.00 for individual and couples is \$90.00. Please mail them in or pay at the next meeting. Save the club the expense of mailing out statements. We will be mailing statements at the end of August to anyone who has forgotten to pay. Thank you to those who have already paid.

HAPPY BIRTHDAY to the Howard Lake Lion members who are celebrating their birthdays in September: Tyler Trende (3)

SCHOOL SUPPLIES

We are again be collecting school supplies this year. Lions Bonnie and Steve are putting out collection boxes at Howard Lake Foods, Howard Lake city hall, and Keaveny Drug in Winsted. We are looking for supplies such as pens, pencils, crayons, erasers, notebooks, folders, backpacks, and anything else that children can use in school. The boxes will be available from August 1st through September 3rd. If you would like to help drop off your donations at one of these sights or at a meeting. Cash donations can be sent to Howard Lake Lions, PO Box 13, put "school supplies" in the memo.

VISION SCREENING

Thank you to Lions Ann Kaduce and Mary Curtis for the great presentation on Lions Kids Sight. Also thank you to Jolie Holland the schools district Nurse for attending to learn more about the program.

We are working on setting up a vision screening at the elementary schools in November. More information to follow when we get the final dates. We will need a few volunteers to help out.



MEAT RAFFLE

The meat raffle is scheduled to begin on Saturday October 6th at Troubles. This has been a great way for our club to earn some extra funds! We will need volunteers every Saturday to help out.

NATIONAL NIGHT OUT

Thank you to Lion Bonnie for putting together handouts for National Night Out. Also thanks to the other members who were able to attend, Lions Steve, Harvey, Gary, Donald, and any other members that we may have forgotten.

UPCOMING EVENTS

Sept. 6th meeting with potluck meal. Sept. 20th meeting with potluck meal. Oct. 6th, Meat Raffle at Troubles at 3 p.m. Oct. 13th Hotdish Supper, 5-7 p.m.

WELLNESS VAN

Lions Clubs in 5M7,

I am writing to inform you that due to increased costs and decreased participation the District has voted to discontinue its support of the Wellness Van. While we still support the cause we felt that the core usage for the Wellness Van no longer benefitted the District at large. We have also come to the decision that it will not be on the Parade of Green this winter. If individual clubs wanted to continue their support of the Wellness Van, they can contact Dawn Prince-Wellness Program Supervisor and Event Coordinator at 763-236-3810 or at dawn.prince@allinahealth.org.

The program was only scheduled for a 5 year span but has been an important asset to the community for close to 30. Many children have been helped and with the continued High School program it will continue to help many others.

We continue to hope for nothing but the best for this program.

Thank you,

Lion Genia Sjerven-Wellness Van Chair, PDG Lion Pat Kennedy

LINKS

Lions International – www.lionsclubs.org
Multiple District 5M- www.lionsmd5m.org
District 5M-7 - www.e-district.org/sites/5m7/
5M7 Gram newsletter - http://www.e-district.org/sites/5m7/page-8.php
Howard Lake Lions Club – www.hllions.org

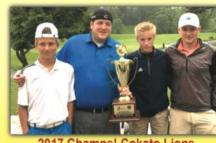
WE "GET TO" SERVE

MULTI DISTRICT LIONS, LIONESS & LEOS GOLF TOURNAMENT **GOVERNOR'S CUP** 4-Person Scramble Golf Tournament SATURDAY SEPT. 15, 10 A.M. SHOTGUN 18 Holes-4 Person Scramble Full Meal After Event • Contest & Prizes! Winning Lions Club receives bragging rights for one year and a "1st Place Lions, Lioness & Leos Golf Tournament Champions" traveling trophy!

County Road 6, Annandale

GOLF COURSE

Our golf carts now have GPS



2017 Champs! Cokato Lions

Proceeds donated to Hearing Foundation, Vision Foundation and Diabetes Foundation Inc.



To support this great cause and have your name or logo listed HERE. please contact Mark at mark@whisperingpinesgolf.com Vision Foundation or call 612-385-7181



Supporters of the Multi District Lions Golf Tournament District Governor of 5m7DG Al and Lion Marie, 5m5 Rob Hed and Lion Rhonna, 5m6 Pat Findley, Board of Trustees of the Hearing Foundation, the Board of Directors of the Vision Foundation.

Support this great cause... HEAR US ROAR!

LIONS, LIONESS & LEOS TOURNAMENT SAT, SEPT 15 Registration Form (Registration deadline May 14) VHISPERING Entry Fee* \$89 per person, \$25 for meal only. Golfer Golfer Total Amount Due \$ Make check out to: Whispering Pines LLC Golfer _ Amount to Charge: Visa \$____ Mastercard # Please complete registration form, enclose check (no cash), Name on card if not using cc, and drop off at WHISPERING PINES GOLF COURSE. Cand # *Entry fee includes Golf, Cart, Green Fees, Dinner & Prizes. For More information, please e-mail or call ___ Year___ Expiration: Month____ mark@whisperingpinesgolf.com 612-385-7181

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