February 2019









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MidWinter Convention



February 2019



February 2019



"We Serve"



<u>A Note From:</u> District Governor <u>Al Kvistero</u>



Lions, Lioness and Leos,

I thank everyone who took the time and came down to the Mid-Winter Convention. I hope that you were able to reunite with some other people that you know, maybe met someone new and maybe even brought a new idea home to your club. It was quite busy and I know that I had a good time. Next year we will be holding our convention at a new site, the Rise in Brooklyn Center. If you have ideas you would like to see at your convention please forward them to us. Our International Director Gary Brown and his wife Lion Barb had a great time visiting everyone and wished us to thank all of you. We had a wonderful time visiting with ID Gary & Lion Barb, they were truly remarkable people and I hope you had a chance to visit with them.

I am happy to report to all of you that our Parade of Green collected \$127,832. I thank each and everyone of you for your contributions. I would also like to congratulate our new District Governor Elect Jim Kugler and his wife Lion Jan. I know they are about to start an amazing journey and have as much fun as I have had. Congratulations also to our new 1ST Vice District Governor Elect Peter Lendway. He has some time yet, but I know will make a wonderful Governor in another year.

I would also like to congratulate PDG Larry Kounkel for being elected into the MD5M Lions Hall of Fame. I'm looking forward to my photo op with a celebrity when he is inducted at the Multiple Convention in Mahnomen in April. PDG Larry has done so many great things for his club, our district, and has been a very patient mentor to so many of us. Congratulation PDG Larry.

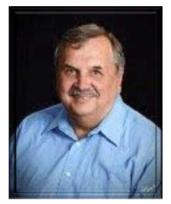
There are still several of you that I have not heard from yet to schedule a Governors Visit. It doesn't have to be a traditional Governors Night. I like meetings too. It is so interesting to see how we all do the same things in different ways. Please check my calendar on the district web site. I have lots of dates still open.

The Regional Lions Leadership Institute (RLLI) is quickly approaching. It is a great way to meet other Lions and learn a lot about being a Lion. Each district can send 6 people and I still have some openings. It will be held in Mahnomen on March 28 - 31. The cost is \$150 to sign up. If you attend and complete the class, MD5M will reimburse you \$100 and our district will reimburse you another \$100. This class is held every two years.

Once again, I thank you for everything you have done. I know the next few months will be very busy for all of you and that you will continue to do amazing things.

Thank you

DG Al Kvistero



Things on my mind: Vice District Governor Jim Kugler

Before launching into my thoughts for this newsletter, I'd like to express my thanks to everyone who participated in this year's convention. I'd also like to say thanks for the opportunity to serve as your district governor next year. Lion Jan and I are looking forward to the journey. The theme is The Power of We.

Still in the recovery mode after the district convention. I'm working on putting together the cabinet for next year. What I do know is the dates for the cabinet meetings for next year. They are July 23, October 22, January 10, 2020 at the district convention, March 10 the maybe May 10th. The cabinet meetings will be held at the American Legion in Monticello.

There are three themes for next year: increasing membership by having each club have a net membership growth of at least one new member; recruiting members to take an active part in various leadership training opportunities; and moving the convention to an entirely new location in Brooklyn Center. Along with a new location look for enhancements in the convention. More about all those items in later newsletters.

Lion Jim



A message from: 2nd Vice District Governor: Peter Lendway

Hello Lions!

The last weekend in January, as I made visits to three other midwinter conventions, 5M10 in Tower, 5M4 in Alexandria, and 5M1 in Rochester, I was struck by how different they were from our conventions. Some printed programs for each event. Some had a big social on Friday night and did their memorial service Saturday morning. Some provided a bag with a pad

of paper, a pen, programs, brochures, something sweet etc., as a nice welcome. There were also similarities. We support the same programs like KidSight, Can-Do Canines, Leaderdog, Friendship Ventures, etc. So, in effect, we are working toward the same humanitarian goal of service to our communities. There were guest speakers that spoke on the programs we jointly support.

While there is no right or wrong way to run a convention it is your convention, after all. The convention committee is always open to new ideas. An example of a new idea might be to have a big social in one big room instead of several hospitality rooms all spread out. Or have lunch on Saturday immediately after the memorial service. The list can go on....

If you have an idea for something new or a change in the order of what we currently do feel free to bring it up to anyone on the convention committee or to any of the cabinet members or zone chairs. Thank you Lions for what you do for your communities!

1VDGE Peter Lendway



Environmental Winter Thoughts

Winter has come to Minnesota with subzero temperatures, wind, snow and ice. It is nice to snuggle up by a fire and read a good book. But we have things to do that take us outdoors and we are thankful when the snowplow has come and clears the streets and spreads salt to make travel much safer. This got me thinking about the

environment and road salt.

The history of using salt on our roads started in New Hampshire in 1941 and as automobile accidents decreased other states took notice and began using road salt too. In the 1950's, the U.S. highway system began a rapid expansion and the increased mileage of roads required more road salt. In the 1970's Americans began to realize the harmful effects of road salt on nearby land and waters

New technologies are helping cut the amount of salt used, plows can be equipped with application regulators and others systems that can gauge the amount of salt being spread. A liquid salt brine can be spread more evenly than rock salt, and it begins to work immediately because the salt is already in solution. This can reduce salt use by as much as 70%.

As I was reading the Coon Rapids Community Connection News, I noted that the city uses a salt/chemical mix and not sand. The salt is used on main roadways and not on every block of residential streets. In neighborhoods, salt is most often put down at intersections and on hilly locations. The city tries to use enough salt to keep the roads safe, while balancing the needs of the environment.

What will happen in the spring when the rains flush the salt into our lakes, streams and rivers. As road salt infiltrates our drinking water supplies, it can cause health problems in critters and we humans.

Traveling safely is important to all of us as is not destroying water quality.

Minnesota the Land of 10,000 Lakes has a treasure that must be cared for.



Lion Jan Dubats



2019 5M-7 Mid-Winter Convention recap

The 2019 5M-7 Mid-Winter convention has come and gone and what a wonderful time it was. There were some great presentations such as the one by Dr. Deborah Ferrington from the **Macular Degeneration Research and Rehabilitation Center** at the University of Minnesota. She gave an inspirational talk about how important donated eyes are for her research into finding a cure to age-related macular degeneration. We hope you were inspired by her speech to become an eye donor and to designate the Lions Gift of Sight as your eye bank of choice!

February 2019

Speaking of congratulations, a big one goes out to all the clubs in 5M-7 who participated in the annual Parade of Green! Due to the generosity of those clubs, the **Minnesota Lions Vision Foundation** (**MLVF**) received \$16,733.00! Thank you so much to the 34 clubs who contributed their hard-earned dollars toward the Foundation and its projects. If you or your club hasn't yet made a donation towards the MLVF, don't worry, there is still plenty of time before the end of the year to send in your contribution!



Minnesota Lions Eye Surgery Center

We are proud to say the **Minnesota Lions Eye Surgery Center** (**MLESC**) has become a rousing success. PDG Terry & Lion Lyle found out at the January foundation board meeting that the MLESC is projected to perform over one thousand seven hundred surgeries during 2019. After not having on-campus surgical space for several decades, the MLESC

now allows for the eye surgeons to perform their procedures without the hassle of traveling off-site for these procedures. This off-site scheduling created inefficiencies with the doctors and took up the patients' time. Having this new part of the department at the U of M means better use of time and more opportunities to handle patients. Our recent equipment purchase now allows doctors to perform cataract, retinal, cornea replacements and a multitude of other procedures. The MLVF is in the process of purchasing another piece of equipment, the first of its kind in Minnesota, for the eye surgery center. If you would like to help the foundation with making this equipment purchase, please consider making a donation and designating the MLESC for where you would like the funds to go towards.



Legacy Gifts

There are several ways that someone can make a contribution towards the Minnesota Lions Vision Foundation. Many people make an annual charitable donation for a tax deduction. Some parties make contributions that coincide with such events as anniversaries or birthdays. Others have designated the MLVF as a charity of choice for

honoring a loved one who has passed away. In addition, some individuals have taken it one step further by setting up a legacy gift to the MLVF.

Legacy gifts can be done in several different ways. Options available to you could be a contribution in the form of *bequests, charitable gift annuities, retained life estates, wealth replacement trusts, charitable lead trusts, real estate gifts, life insurance policies, securities gifting, stock gifting and retirement plan asset gifting.* With so many options available to you, it is recommended you sit down and talk to your financial planner and lawyer to explore which might be best for you. **If you wish to make a lasting gift towards sight preservation & conservation, a legacy gift to the MLVF might be just the thing for you.**

Amazon Smile

If you're already making purchases on Amazon or Amazon Prime, you now have a great way to make a contribution to the Minnesota Lions Vision Foundation when using these on-line services. Just log into your Amazon account and enter *Amazon Smile* into the search bar. From there, you will be given the opportunity to register your charity of choice. Just type in *Minnesota Lions Vision Foundation* and you'll be able to link the Foundation to your Amazon account. Now every time you make a purchase through Amazon, the MLVF will receive a contribution equaling 0.5% of your purchase. This passive fundraising can add up over time, so sign yourself up and have your family and friends do the same. The more this service is used, the greater the number of donations will be. It's a perfect way for you to give a little bit extra while you're making your gift purchases or buying your everyday needs.

February 2019

Don't forget to turn in your collected used eyewear to your Zone chair, PDG Terry or Lion Lyle. If you haven't had a club or zone visit in a while from a MLVF director, it would be great for us to come see you. You can hear all the latest developments on research and treatments being done at the U of M, as well as how your club is sitting with Helen Keller Sight Awards. We hope to come visit all of you in the very near future, so please contact us to book us for your event.

Thank you Lions, Lioness and Leos of 5M-7 for truly being "Knights of the Blind."

PDG Terry Wold terry_wold@hotmail.com 4113 Edgewood Road NE Blaine, MN 55104 H) 763-784-0203 C) 612-759-5433 Lion Lyle Goff gofflt@msn.com 10520 Tamarack Street NW Coon Rapids, MN 55433-4963 H) 763-754-8921 C) 763-754-8921

LEGISLATIVE ASSISTANCE GAMBLING

Some of our Lions Clubs in 5M7 are involved in Charitable Gambling, while others are not. However, I believe with over 1200 licensed organizations in Minnesota that there is a license in your City. Perhaps it is a Fire Department or a Youth Fund or a Legion or VFW. You may not be helping your Club but perhaps another group in your community.

This is a budget year for Minnesota. This is our best chance to get something through the Legislature. According to Allied Charities, the non-profits involved in gambling are on target to pay \$95 million to Minnesota in G-1 taxes. WE NEED YOUR HELP. CONTACT YOUR LEGISLATORS.

House File 69 and its Senate companion bill SF219 will exempt our donations from the Gambling Taxes. If this is passed, the non-profits would see about \$20 million in tax reductions. There would still be almost 3 times as much tax as needed for the Stadium Bond payments. The Senate file chief author is Nelson with co-authors of Chamberlain, Anderson Kiffmeyer and Ingebrigtsen. HF 69 chief author is Dettmer with co-authors of Ecklund, Davids, Gunther, Nornes, Pierson, Erickson and Nash. Thank those who signed on and ask others to vote positively.

HF 81 would change the current flat rate of 8.5% on some types of gaming to 4.25%. This HF would also change the combined receipts rate from 9% on the first \$87,500 of net receipts, 18% up to \$122,500, 27% up to \$157,500 and 36% over \$157,500 to a much more manageable 4.5% on the first \$200,000 then 9% up to \$500,000 and then 13.5% over \$500,000. Rep Leuck is the chief author and co-authors are Dettmer. No Senate companion bill at this time.

Either of these bills would be 100% welcomed by all non-profits involved in gambling.

JOIN US ON MARCH 18TH FROM 5 TO 7 PM AT BEST WEST-ERN PLUS CAPITOL RIDGE. Speak directly to your legislator.



LIONS FISH FRY

BIG LAKE LIONESS CLUB

Current Members: 15

SPONSORSHIP AND DONATIONS

- Sponsor monthly NAPS [Nutritional Assistance Program for Seniors] distribution site
- Sponsor monthly bingo for care center residents
- Collected and distributed 350 hats, 175 gloves/mittens and assorted scarves [from the Mitten Tree] to four elementary and one middle school in Big Lake and Becker.

EVENTS HELD IN FEBRUARY

- Assisting with food distribution through Second Harvest and local food shelf at elementary school
- Purchase flowers and provide bingo money for Care residents with birthdays in February.





FRIDAY MARCH 8, 2019 4PM TO 8PM AT LIONS PARK ON CR 5

Followed by......[and your favorite].....

LIONESS PIE SALE



Come and get a delicious, scrumptious piece of pie to top off that hearty fish dinner.

LIONESS ACTIVITY REPORT: 2018-19 "Serving Our Communities"

Club Name: Big Lake Lioness Club

Person's Name: Lioness Dee Leslie

Club Position: Secretary

Month/Year Reported: 01/2019

Members last month: 15 Adds: 0 Drops: 0 Total Members this month: 15

Donations [Lioness sponsored and community organizations)

- 01/19 Purchased flowers for local nursing home residents with birthdays in Dec.
- 01/19 Provided prize money for Bingo held at local Nursing Home

Lioness Sponsored activities:

- 01/16 Volunteer for NAPS (Nutrition Assistance Program for Seniors) 4 worked **Service project**
- 01/19 Sponsored monthly Bingo at local nursing home (5 helped) Service project

Special Note: The Mitten Tree project that we do with Riverwood Bank in Big Lake brought in 350 hats, 75 pairs of mittens/gloves and 7 scarves which were divided up among the three elem./middle schools in Big Lake and two (primary and intermediate) in Becker.

List upcoming event/s and dates your club has plans for

Feb. 4th we will be helping with Second Harvest Food Distribution to be held at Independence Elem. School – sponsored by the Big Lake Food Shelf March 8th we will be doing dessert sales at the Big Lake Lions Fish Fry.

Attendance at other Lions/Lioness events

If you have pictures of club events, please email to 5M7 Gram news editor. Gabe - glicht@heraldjournal.com







LIONS DAY



AT

FEED MY STARVING CHILDREN

MONDAY, APRIL 15, 2019

Districts 5M2, 5M5, 5M6 and 5M7 will join together at the 3 FMSC facilities in the Twin Cities Metro area. Our Mission is to pack food for the malnourished children of the World!

Our goal is to have EVERY club in the 4 Districts participate in one or more shifts on that day. Collaboration among LIONS, LEOS, LIONESS, FRIENDS AND FAMILY will make this an achievable goal! In fact, ALL Lions, Leos, Lioness from ANY and ALL Districts are welcome to join in on this effort!!

3 locations = 860 VOLUNTEERS

Raise funds to help pay for the supplies that we pack. Conduct a dedicated fund raiser to support this project.

Promote this in your community as part of the Lions Clubs International Global Service Framework focusing the efforts of Lions and Leos clubs on 5 service areas with the goal of tripling our humanitarian impact by serving 200 million people per year by 2021.

If you have any questions, please feel free to contact us.

District 5M7 Chairs: Lions Bill & Marcia Guthrie, #763-786-8072

bmguthrie9@q.com



THANK YOU!!



WE SERVE!!



A Fundraising Page has now been set up for our Lions Day 2019. This is open to ALL Lions, Lioness, Leos, Friends, Family, Neighbors, Co-workers or anyone who would like to support our upcoming event on April 15, 2019!!!

Please share these EASY steps with everyone in your District and beyond!

Go to: www.fmsc.org

On the top row - click on: WAYS TO GIVE

Then click on: Fundraise for FMSC

Next click on Step #2: Complimentary Online Fundraising Page

Once on that page, scroll down to: Support a Fundraiser and type in

LIONS DAY 2019

Another way you could make a donation would be if someone is coming to the event on APRIL 15 from your Lions, Lioness or Leos Club, they could bring the donation (check, cash, etc.), put it in an envelope and mark it

LIONS DAY 2019

If no one is coming to the event and you prefer not to do the online donation, then a check could be sent to the FMSC headquarters in Coon Rapids and mark on the memo line – LIONS DAY 2019.

The address is:

Feed My Starving Children

401-93rd Avenue NW

Coon Rapids, MN 55433

THANK YOU!! THANK YOU!! THANK YOU!!

LIONS DAY AT FMSC

MONDAY, APRIL 15, 2019

PLEASE SIGN UP BY APRIL 1 SO THAT THE SLOTS CAN BE FILLED !!!!

The website is: www.fmsc.org Registration for LIONS DAY at FMSC is VERY easy this year!

Click on Volunteer at the top of the page. Then Click on Search Group. Then type in either the Join Code (listed below) OR Lions Day. Then choose the location (Coon Rapids, Eagan or Chanhassen) and the time slot that you would like to volunteer. Click on Join. Then either Log In if you already have an account with FMSC OR Create an Account. All you need to do is put in your name, address, phone number, email and a password. Once you are into the Join Group, just answer the questions and then there will be a confirmation that you need to do.

CHANHASSEN: 18732 Lake Drive East, Chanhassen, MN 55317

9:30 AM - 11:30 AM - JOIN CODE - 2E6613 - 70 VOLUNTEERS
12:00 PM - 2:00 PM - JOIN CODE -7BEE93 - 70 VOLUNTEERS
6:00 PM - 7:30 PM - JOIN CODE K5XXP2 - 100 VOLUNTEERS
COON RAPIDS: 401 – 93 ⁸⁰ Avenue NW, Coon Rapids, MN 55433
9:30 AM - 11:30 AM - JOIN CODE - 12VV82 - 70 VOLUNTEERS
12:00 PM - 2:00 PM - JOIN CODE - BK3361 - 70 VOLUNTEER5
2:30 PM - 4:30 PM - JOIN CODE - 204498 - 140 VOLUNTEERS (LEOS)
(NOT A ZERO, BUT A CAPITAL LETTER O)
6:00 PM - 7:30 PM - JOIN CODE - NXEE8Y - 100 VOLUNTEERS
EAGAN: 990 Ione Oak Road, Suite #136, Eagan, MN 55121
9:30 AM - 11:30 AM - JOIN CODE - VEWWMM - 70 VOLUNTEERS
12:00 PM - 2:00 PM - JOIN CODE ME99GX - 70 VOLUNTEERS
6:00 PM - 7:30 PM - JOIN CODE - 5X889B - 100 VOLUNTEERS

5M2 - GST Coordinator Lion Sue Bowman - s.bowman@frontiernet.net

5M5 - Coordinator Lion Kim Schommer - schox3@comcast.net

5M6 GST Coordinator Lion Gina Detviler - gmdetviler@mmm.com

5M7 Coordinators Lions Bill & Marcia Guthrie - bmguthrie9@g.com

Peace Poster Contest

Lion Maureen is presenting the winners of the Peace Poster Contest at Columbus Elementary School



Maple Lake Lion Jon Fries and over 400 pair of glasses collected by our club. This is the third straight year more than 400 pairs have collected.

On January 13th, 12 Post-Prom Party committee members and 20 Maple Lake Lions collaborated to serve 302 guests at a pancake breakfast held at the V by HH. <u>\$1,328</u> dollars was raised for the Post-Prom Party which provides a safe and entertaining event for Maple Lake High School Prom attendees.







Retund Policy Charitable contributions are non-refundable, and the minimum Fire & Ice Lions Lunge fundraising requirement is considered a charitable contribution and is therefore also non-refundable Serent Cance Lations Policy Lions programs

Event Cancellations Policy We reserve the right to delay, shorten, or in rare circumstances, cancel an event due to inclement wather. Safety of participants and spectators is always extremely important to us. No refunds will be offered if the event is cancelled or if you cannot attend. If an event were to be cancelled, we would still offer an incentive pick-up option to participants. We'll make all possible

attempts-by e mail, website and social media-to inform participants if changes are made to an event

Your Fire & Ice Lions Lunge will allow the Rush City Lions and Fire Department to continue supporting and expanding our community outreach in helping families in need, purchase new equipment/gear and training

programs for firemen, provide scholarships, bring special events to our senior citizens (fruit drive) and youth

Leo's program), to improve our community (enhance our city park). Also, strengthen our national and global

Come out and support your community







LITPC YOUTH SCHOLARSHIP INFORMATION

The Lions International Trading Pin Club (LITPC) has announced for

the 2018-2019 school year that there will be 3 US \$2,500 scholarships

awarded. Graduating Leos OR graduating sons/daughters, grandsons/granddaughters of Lions or Lioness are eligible to apply for the LITPC Youth Scholarship. The most important aspect of the Youth Scholarship Program is to help a young person pursue his/her education and follow their dreams. The 2019 recipients will be announced at the Pin Traders Annual Breakfast in June, 2019.

Selection of the scholarship recipients will be based on academic achievement, an essay stating the student's goals, a statement of reason(s) for applying and an overview of work, community and school service, and letters of recommendation.

The current forms for the scholarships are available on line at www.litpc.org In the right column, click on LITPC Scholarship Information. Then click on Scholarship Application

Form. Please follow the instructions, fill out **ALL** the forms neatly and correctly which includes the 4 essay questions (in 350 words or less) and the question about scholarships that you have been offered along with submitting a certified copy of your high school transcript including activities. Plus you also need to attach recommendations from 2 persons (i.e. teacher, coach, clergy, employer, etc.) **AND** attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

ALL forms and letters are to be submitted by **MARCH 1, 2019** to: Lion Bill Guthrie, Scholarship Chairman 9-101st Lane NW Coon Rapids, MN 55448

If you have any questions, please feel free to contact me at 763-786-8072 or

bmguthrie9@q.com

The LITPC takes great pride in fulfilling the motto of Lions Clubs International,

"WE SERVE"







BREAKFAST BUFFET

Sunday, February 17th 8:00 am – 12:30 pm Howard Lake Lions Club Lions Hall 625 8th St. Howard Lake

Enjoy a delicious meal of Pancakes, French Toast, Sausage, Scrambled Eggs, Potatoes, Biscuits and Gravy, Coffee, Juice and Milk

Take your sweetheart out for breakfast Everyone is welcome to attend

FREE WILL DONATION

Proceeds to benefit 6 year old Ava Hayden with medical expenses related to Cerebral Palsy

This activity/event is NOT sponsored by the HLWW Public Schools – District 2687

February 2019



PANCAKE BREAKFAST

French Toast, Ham, Sausage, Eggs, Juice, Milk, Coffee

Sunday, Feb 17th

8:00am - 12 Noon

at the

Shafer Township Hall

Just ¹/₄ Mile west of downtown Palmdale or 3 ¹/₄ miles east of downtown Almelund on Hwy 95

Sponsored by

Almelund Lions Club

Adults \$6.00

Children under 12 \$3.00

Children under 5 FREE

Used eyeglasses, hearing aids and ink jet cartridges will be collected at this and all Lions Club activities

We are always looking for new members, if interested please ask a Lion, Thank You

_____YES! I am interested in attending the 2019 MD5M Regional Lions Leadership Institute in Mahnomen MN March 28-31, 2019

NAME
ADDRESS
ADDRESS
СІТҮ
STATE/PROVINCE
PHONE NUMBER
EMAIL ADDRESS
CLUB NAME
MULTIPLE AND DISTRICT

CURRENT LION OFFICE

DIETARY NEEDS (check all that apply)

- VEGETARIAN
- GLUTEN FREE
- ALERGIES ______
- OTHER ____

Submit this application to your District Governor Team by February 01, 2019 for consideration

\$150 Registration PAYMENT Due by March 01, 2019

Checks and money orders (US FUNDS) Make payable to: MD5M RLLI Send to: MD5M RLLI Lion Vicki Violet 709 River Lane

709 River Lane Anoka MN 55303

Upon Successful completion of RLLI, each participant will receive a reimbursement of \$100 (US Funds).

"The Regional Lions Leadership Institute was a very positive and motivating experience! The sessions were informative, and they provided great opportunities to discuss local issues and get feedback from other Lions!" Lion Vern Koepp

Rush City MN USA Lions-5M7

"<u>We Serve</u>. That is the reason we are Lions. As a Lion, it is our responsibility to use the funds that we have been entrusted, wisely. As a service organization, we need knowledge and leaders to do this. That is why RLLI educates Lions." Lion Sue Winner

Duluth MN USA Lions-5M10

"I fust wanted to say how awesome the RLLI 2017 Leadership Institute in Mahnomen, Mn. vers. Everything from the talented instructors to the diversity of interactive training sessions. I came away from the training knowing I had better skills in Diversity, Member Motivation, Communication, Time Management, and a number of other topics, to take back to my club and help my club become stronger. I would highly recommend RLLI to any Lion member who wants personal growth and to strengthen their club." Lion Denis Deslauriers Portage la Prairie MB Canada Lions-5M13



"It was well worth the time spent meeting new Lions and learning about their clubs and relating to the same issues. With the help of the Leadership Institute I have stepped out of my comfort zone and am now serving my second term as Club President." Lion Warren Latham Watertown Lions-5M2

WHY ATTEND THE MD5M REGIONAL LIONS LEADERSHIP INSTITUTE?

Gain Valuable Life Skills While Growing Personally and Professionally

Energize your life and have fun!

Network-Network-NETWORK!

You don't just meet other Lions and make friendships, you are guaranteed to take home long lasting "Lion-ships" with Lions from Minnesota, North Dakota, South Dakota-USA, Manitoba and NW Ontario Canada!



"We would highly recommend attending RLLI. The course content is great in that it is wide-ranging. While most definitely relevant to Lions, it could be applicable and beneficial to improving organizational leadership anywhere in a person's life. Another great thing about RLLI would be the people vou meet from all over Minnesota & Canada. The networking was amazing. Finally, we would like to mention that the faculty really went out of their way to make the learning interesting and fun. This was truly a great experience for both of us." Lion Gina M Detviler Lion Marcos Gonzalez Inver Grove Heights Lions-5M6

2017 Schedule

Thursday	
7:00pm	Registration
7:30pm	Ice Breaker / Mixer
Friday	
7:00am	Kick Off Breakfast!
Morning	Diversity
	Lions Fundamentals
Lunch	On Your Own
Afternoon	Local Issues
	Public Speaking
	Member Motivation
Dinner	On Your Own
Evening	Member O&A Socialization
Saturday	
Breakfast	On Your Own
Morning	Goal Setting
	Communication
	Working In Teams
Lunch	On Your Own
Afternoon	Local Issues
	Mentoring
	Group Activity
Dinner	Celebration Banquet
Sunday	
Breakfast	On Your Own
Morning	Writing Your Mission Statement
	Time Management
Lunch	Provided (Working Lunch)
	Participant Presentations
Afternoon	Evaluations
	Departure (2:30pm)

Hospitality room is provided for "On Your Own" Meals, Breaks and Social!

February 2019

2019 MD5M REGIONAL LIONS LEADERSHIP INSTITUTE March 28TH-31ST 2019 Mahnomen MN-USA



Gain Valuable Leadership Skills that you can bring to your Lions Club, District and Community!



2017 Staff & Guest Speaker

Lion Bert Nelson-5M9 Past Council Chair 2006-2007

Lion Angela Sharbot-5M10 Past District Governor 2012-2013

Lion Dennis Kelly III-5M6 Past District Governor 2011-2012 (24-A)

Lion Robert (Bob) Jechorek-5M5 Past Council Chair 2007-2008

Lion Lori Sheehan-5M4 International Lions Speaker and Trainer

Lion Paul Kowitz-5M6 Past District Governor 2013-2014

Lion Cheryl McKitrick-5M13 Past District Governor 2010-2011

Lion Earl Orvik-5M1 Past Council Chair 2014-2015

Lion Jay Norby-5M9 Past District Governor 2015-2016

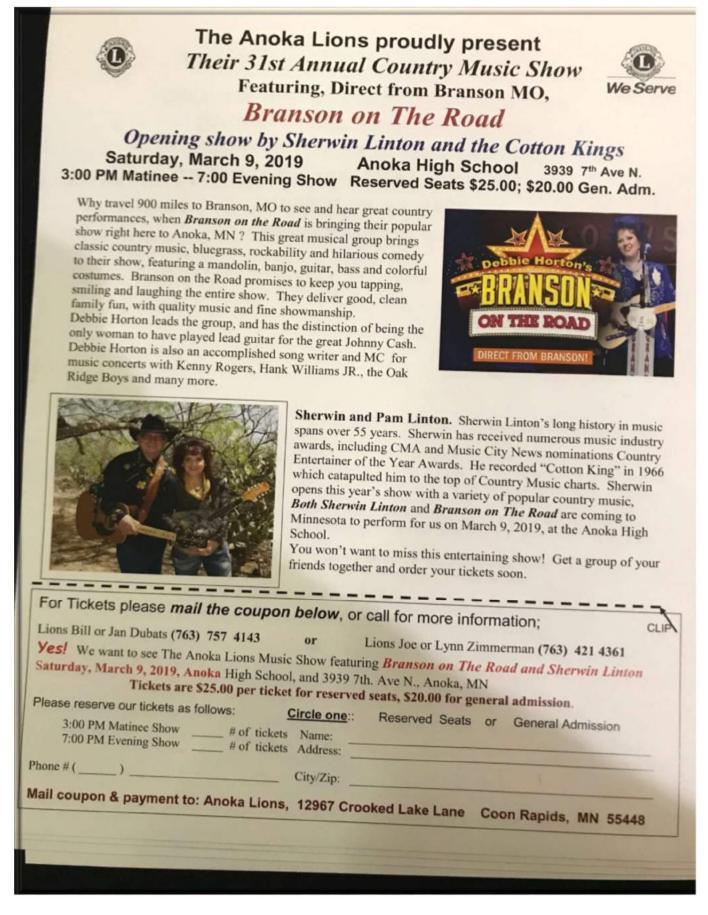
Lion Vicki Violet-5M7 Executive Secretary MD5M (Admin)

CELEBRATION BANQUET SPEAKER Lion Brian Sheehan-5M4

3rd Vice Pres., Lions Clubs Int'l 2018-2019



"What a great training! Not only for those interested in advancing through Lions but the curriculum also benefits your work and personal life. Highly recommended." Lion Stacle Kuehl Winona Sunset Lions MN USA Lions-5M1





"Catch the Sweet Deal" and join us for the 100th Birthday Party of MD5M 100th Annual MD5M Multiple Convention April 26th, 27th & 28th 2019, Mahnomen, MN, USA



Special Dietary Needs: Vegetarian, Gluten Free, Allergies

I am attending the convention, but **NO** meals are required, \$10.00 cost to attend _____ (Name Tag & Pin)

Full Hospitality Book (Includes Friday night Social, Saturday Breakfast, Lunch, Banquet & Sunday Brunch)

EVENT	Before March 1, 2019	After March 1, 2019	<u># ATTENDING <u>\$</u> AMOUNT</u>
Full Hospitality Book	\$ 95. USD \$ 120. CDN	\$ 105. USD \$ 130. CDN	
Frida <mark>y Night Social</mark>	\$ 15. USD \$ 20. CDN	\$ 20. USD \$ 25. CDN	
Saturday Breakfast	\$ 20. USD \$ 25. CDN	\$ 25. USD \$ 30. CDN	
Saturday Lunch	\$ 25. USD \$ 30. CDN	\$ 30. USD \$ 35. CDN	
Saturday Banquet	\$ 40. USD \$ 45. CDN	\$ 45. USD \$ 50. CDN	113.2
Sunday Brunch	\$ 30. USD \$ 35. CDN	\$ 35. USD \$ 40. CDN	
NO N	Aeals available after April	22, 2019 Total	s

Make checks payable to: **Vergas Lions** Memo: 2019 MD5M Convention Mail form & payment to: Linda Norby, 1021 5th Avenue NW, Perham, Mn. 56573

For Convention Information contact: PDG Rodger Palmer, <u>repotter@eot.com</u> or phone 218-841-0302 or PDG Jay Norby, <u>Jinorbs@eot.com</u> or phone 218-298-1041.

Check our website for information & updates on the 2019 MD5M Convention, lionsmd5m.org

Rock Painting



Class size will be 24 Lions (all materials will be provided) Friday, April 26th at 1:00 pm

\$25.00/Person

Name	
Address	City
State/Prov	Zip Code
District	Club

Make Check To: Vergas Lions In Memo put: Rock Painting

Mail To: Linda Norby 1021 5th Ave NW. Perham, MN USA 56573

ORDER FORM



ZOO TOUR - \$30.00

April 26, 2019 Depart Mahnomen at 11:00 am and return at 3:00 pm Depart Mahnomen 20 people per tour

Two times

Friday at 12:30 pm and return at 4:30 pm

Name	
Address	City
State/Prov	_ Zip Code
District	Club

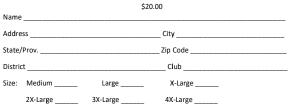
Make Checks payable to: Vergas Lions In Memo put: Zoo Tour Mail To: Linda Norby, 1021 5th Ave NW. Perham, MN USA 56573

0" K Penguin walk

Fundraiser for 3rd International Vice President Brian Sheehan Can't make it to the Convention and you would like a shirt, we can mail one to you. For 1 to 3 shirts please add an additional \$5.00 to your order for shipping.

Deadline for ordering shirts and getting them at the Multiple Convention is April 1st, 2019.

Orders received after that date will not be guaranteed to be at the Convention and shipping fees will apply.



of Shirts ordered _____ X \$20.00 = _____

Make Checks payable to: Vergas Lions In Memo put: T-Shirt Mail To: Linda Norby, 1021 5th Ave NW. Perham, MN USA 56573



Convention Pin



T-Shirt Design

<u>MD5M</u> <u>Multiple</u> <u>Convention</u>



Hotel & Event Center 777 Casino Road, P.O. Box 418 Mahnomen, MN USA 56557 April 26, 27 & 28, 2019 1-800-453-7827

WHEN MAKING YOUR RESERVATION PLEASE USE CONFIRMATION NUMBER 5381



\$65.00/Night + Tax This room features two full beds. Amenities: Refrigerator, microwave, coffee maker, TV



Park Your Wheels & Enjoy Some Thrills. Shooting Star's on-premise RV park. With a five-star rating from Woodall's Campground Directory, our paved park offers 47 deluxe sites complete with water, sewer and electric hookups, plus shower and laundry facilities. Call (800) 453-7827(STAR).

\$70.00/Night + Tax This room features two Queen beds. Amenities: Refrigerator, microwave, coffee maker, TV



Four Restaurants to choose from. 2 ONE 8 – Fine Dining Traditions Buffet MINO WIISINI – Eat Well Cafe SMOKE Barbeque & Brew



MINNESOTA LIONS DIABETES FOUNDATION

"Catch the Dream" - Life Without Diabetes!

Dear Fellow Lions in 5M7,

Did you know that according to the US Center for Disease Control and Prevention?

- > 30 million of us in the US have diabetes. One in four of us is unaware we have it,
- 84 million of us have prediabetes, and 90% of don't know it. Combined, that's a third of our US population, and
- Diabetes is the 7th leading cause of death in the US and the leading cause of adult onset blindness?

Did you know that the <u>Minnesota Lions Diabetes Foundation</u> (MLDF) has only been in existence since 2008 and in those ten years, we have donated over \$1.2 million to diabetes research at the University of Minnesota? These donations, designed to meet our end goals of finding a cure for this dreadful disease, as well as ultimately preventing it, are a result of donations from clubs like yours. Thank you for your continued hard work to help us in this battle.

We have another simple way for your club help us meet these goals: The MLDF is conducting a cash raffle to raise an additional \$50,000 for research and diabetes education. 1st prize is \$2,000; 2nd prize is \$1,000; 3rd and 4th prizes are \$500.00 each. Ten \$100.00 prizes will also be awarded. In total, that's fourteen winners!

Did you know that your two MLDF trustees (Lion Joel Anderson and Lion Deb Weston) have **lots and lots of tickets to sell** and <u>we need your club's help</u>? If each club in 5M7 would commit to purchasing one book of ten tickets (tickets are \$10.00 each) we'd meet our pledge to the Foundation.

To order your book(s) of tickets, please send a check payable to the Minnesota Lions Diabetes Foundation (\$100.00 per book of ten tickets) to either Lion Joel or Lion Deb by March 1. Your donation will count towards a Dream Catcher Award and tickets will be sent to your club as soon as your order/check is received. Thanks so much for your continued hard work and generous support!!!!

Lion Joel Anderson 16622 Sycamore Street NW, Andover, MN 55304 Lion Deb Weston 1797 Tipton Circle NW, #10, Elk River, MN 55330

Contact either one of us if you'd like to learn more about diabetes at an upcoming club meeting.

Lion Joel joeland1954@gmail.com Lion Deb dweston@ga-er.org



MD5M Lions KidSight Foundation Lions Mary Lea Curtis, Ann and Tim Kaduce, Directors

Thank you to all the clubs who have donated to KidSight. All monies are eligible for our Foundation Award. It is called the Sight Saver Award. Like the Helen Keller Award, donations from clubs or individuals amounting to \$1000 are eligible to receive this new award. Foundation Treasurer Lion Ann Kaduce would be happy to order this fantastic new award for your club to present to the deserving individual of your choice.

2018 found us out and about at many of our district community events. We really enjoy helping clubs SERVE their communities with this wonderful project. We were also part of a couple state wide events.

In June, 5M7 screened children at the Lions Centennial Celebration held in Anoka. Thanks to Big Lake Lions Deb and Scott Johnson, Circle Pines-Lexington Lion Bob Doocy and Montrose Lion Judy Wood for helping us out that morning. How many of you saw the video posted about the centennial event on Facebook? Director Ann and Tim are featured! Check it out:

https://m.facebook.com/groups/LionsClubsSupport/permalink/2101388046841782/

The other large event which we provided vision screenings for was KARE 11's Health Fair during the Minnesota State Fair. 27 Lions from 5M7 put in 181 service hours and screened 442 children.

The Lions of MD5M impressed Craig Hotvedt Executive Director of KARE 11's Health Fair. In his follow up letter, he stated, "As a first-year exhibitor at *Health Fair 11 at the Fair*, the Lions club team knocked it out of the park! I don't recall any other new group that embraced the challenge and handled the logistics as well as you and your team did. You were well-organized and your volunteers were enthusiastic. Well done! I hope you feel your efforts paid off. Of course, the real winners were the children and families that took part in the Lions vision screenings. It is a challenge to find organizations willing to provide screenings for this age group."

We have been asked and will be returning to do it all over again in 2019. Let us know if you are interested in joining us in August.

A huge THANK YOU to the following Lions who volunteered their time to SERVE at the Minnesota State Fair: Andover Lion Tom Boshart, Anoka Lion Vicki Violet, Big Lake Lions Deb and Scott Johnson, Cambridge Lion Lorraine Schummer, Cedar-East Bethel Lions Ruth and Gary Larson, Columbus Lions Genia Sjerven, Stephanie Hauer, Forest Lake Lion Chris Stauner, Rush City Lion Vern Koepp, Spring Lake Park Lions, Tiffany Peterson, Ann and Tim Kaduce, Mary Curtis, Kathy Miller, Jan and Jim Kugler, Bob McNeil, Pete Yelle, Wyoming Lions Catherine Zerwas, Weslie Gray, Judie LaBarre, Zella Oswald, Deb Ashby. Some districts were having a hard time getting volunteers to cover their shifts. Anoka Lion Jim Pokela along with Vicki Violet and Cambridge Lion VDG Peter Lendway pitched in and gave them a hand. Thank you again to all these Lions for making this event a huge success! We couldn't have done it without you.

In 2018, 5M7 screened 2,965 children. 328 of them received a referral to see an eye care professional. This gives us a referral rate of 11% with 6 being the average age of the children referred.

Governor Al recognized the hard work and dedication of 3 - 5M7 KidSight Rock Stars at our recent MidWinter Convention. (L to R, Lion Jan Kugler Spring Lake Park Lion, Lion Ann Kaduce Spring Lake Park Lion and Lion Judy Wood Montrose Lion) Lions Jan and Judy were awarded the International President Certificate of Appreciation. Of the 2,965 children screened by 5M7 last year both Lions Jan and Judy were each instrumental in the screening of over 1,000 of these children. (That's half of the district total!!) Lion Ann was awarded the International President Leadership Medal for her Service and dedication as MD5M KidSight Foundation Treasurer and 5M7 Director. Congratulations to these dedicated Lions!

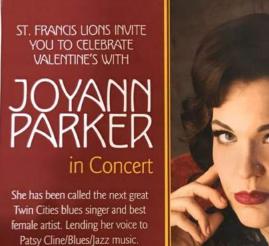
CONTIUNED ON NEXT PAGE



Although it has taken us a couple years, we can finally say that we have given a KidSight presentation to all zones in our district. 26 clubs in 5M7 have participated in KidSight screenings with 80 Lions trained in the screening process. We are continuing to meet with clubs for training and screening events. BUT this is not enough! 5M8 is slightly larger than us, they reported at our quarterly board meeting that they only have 10 clubs left to train. We have not even reached the 50% mark! Why? The district has 5 machines with printers that are free of charge to any Lion, Lioness or Leo club in our district to provide vision screenings. This is a readymade project, all paperwork and training provided. What are you waiting for? We, your District Directors, are here to teach and support you with this phenomenal project. Vision screening is not the goal, it is a method we use to reach our goal of every child seeing clearly. Is your club providing a service to your community that could save a child's sight?

Lions Mary, Ann and Tim 5m7lionskidsight@gmail.com

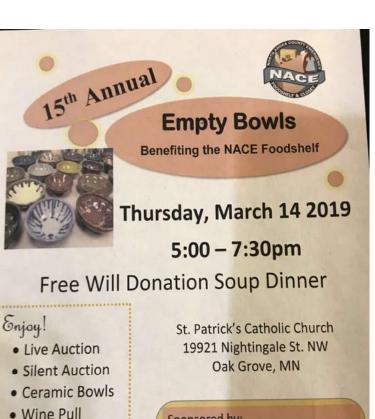




Saturday, February 16 St. Francis American Legion Post 622 3073 Bridge Street NW Social Hour 6:00 pm Dinner 6:30 pm Music 7:00-9:00 pm

Cost is \$25 Includes a dinner, coffee, water and cake, Additional beverages may be purchased. Tickets at St. Francis True Value Hardware. There will be a limited number of tickets available the evening of the event. There will be some other valentines entertainment/games.





Sponsored by:

Cedar/East Bethel Lions & Lioness Ham Lake Lions Oak Grove Lions St. Francis Lions & Lioness

Update!!

State Fair Coordination: Lion Brian Heichel FarmerBFH@aol.com

Thank you for taking on this role



Popcorn

Kids Activity

And more!!!

NACE Foodshelf

763-434-7685 Nacefoodshelf.org

Lions Legacy Golf Tournament

Saturday, June 22nd, 2019

Heron Landing Golf Course - 10:00 a.m. Couchiching First Nation



~ WIN A CAR!! with a HOLE IN ONE!

Putting Contests
Driving Contests
FUN Contests
PRIZES for ALL
Cost: \$100. each
or \$400. a team

PRESENTED BY:



To Register CALL: Bill Michl bmichl226@gmail.com David Beach davebeach321@gmail.com Registration Deadline: June 6th, 2019



Fort Frances Lions Club Fort Frances Voyageur Lions Club Entry includes 18 holes of golf, cart & supper.

ALL proceeds will be equally donated to: the Homelessness Program & the Women's Shelter Program

LIMITED TO FIRST 36 paid TEAMS!

Governors Visit Form







2018 – 2019 Governors Visit

Club:				• · · · · · · · · · · · · · · · · · · ·	
Preferred Date:			Alternate Date:		
Social Hour:			Meeting/Dinner Time:		
Contact Person:			Phone: _		
Email:			Cell:		
Location:					
Directions:					
Dinner:	Yes	No	Joint Meeting?	Yes	No
If Yes, list other c	ubs				
Special Requests	during v	visit (Install	Officers, Induct Members, Pre	esent A	wards, Other
ecial Requests		·		esent A	wards, Other

1 st VDG Invited	Yes No	Spouse	Yes No
2 nd VDG Invited	Yes No	Partner	Yes No
Zone Chair Invited	Yes No	Spouse	Yes No

Please return to me via email or snail mail to schedule your club visit.

I will contact you one week before to reconfirm the date, directions, and any other special requests.

District Governor Allan Kvistero 19790 Jackie Lane Rogers, MN 55374 <u>Allan@Kvistero.net</u> (612) 708-6753