



Lions Clubs International
FOUNDATION



LIONS 5M7 GRAM



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"We Serve"





Things on my mind: District Governor Jim Kugler



Succession planning is an issue at the club and district level. Clubs and the district are looking for individuals to step up into various leadership positions for both the clubs and the district.. In many cases volunteers are hard to find. That is one of the challenges for NAMI (north American membership initiative). If this organization is going to survive, we are going to have to find an answer to succession planning.

The issue of how to handle your personal information is still a hot topic at the multiple district level. District 5m7's policy is on our web page.

Life happens and as it does, so too, do our commitments to this organization. Lion Brittani has served as the Gram editor for the past 18 months. She is going back to school and can no longer dedicate her time to the Gram. **This will be the last Gram.** The district is looking for an editor for the Gram.

If someone is interested, please let me know. How about putting the Gram on the district's web page rather than sending it out to most lions in the district?

Lion Brian has stepped away from coordinating the district's State Fair project. We do not have a replacement for him. If someone is interested, please give me a call.

Zone chairs for zones 3 and 9 remain vacant. If you're interested in helping with either of those two positions, give me a call. Your time commitment will be about 3 to 4 hours a quarter. In addition, you'll get a closer look at how other clubs in the district operate.

Nominations are also open for a second vice district governor. We will be voting on that position at the mid-winter convention.

Club visits are happening. Service projects are happening all over the district. We are impacting our communities. If you have not scheduled a club visit, please get in touch with me so I can get them on the district calendar.

Please register for the mid-winter convention January 10-12, 2020. It will be a change from the past conventions, so, come and see.

Lion Jim





A message from: 1stVDG Peter Lendway

Lions, Lioness, and Leos,

It is that time of year where our thoughts turn to pulling the Christmas decorations out of storage and decorating the tree, the house, and pretty much anything that does not move. We also start thinking about family gatherings and meals and whether the Vikings are going to the playoffs or the Gophers will go to the big bowl game. We also start setting in motion our winter plans for cross country skiing, snowshoeing, ice fishing, snowmobiling or driving south for the winter. It is a wonderous and joyous time of year!

It is not always joyous for everyone and that is where the Lions all across town have chipped in to support food shelves and shelters and sponsor events like Breakfast with Santa and Meal Baskets. The list goes on. Every community benefit's from having the Lions there. As our 2nd VDG Judy is fond of saying "You are Amazing!" I would agree!

There are members we have gained over the year and members we have lost. We will be remembering those we have lost on Saturday afternoon during the Mid-Winter Convention at the Radisson in Brooklyn Center. It is my request to get a photo and a short bio in to PDG Dan Kaiser for the Memorial Service on Saturday afternoon. This should be done by the end of December in order for them to be included in the program.

We will also be celebrating new members and first timers during the convention. They may be easy to spot because they will be running around gathering signatures of district and club officers. Help out the new members in their quest to gain the most signatures.

Have a Merry Christmas everyone!

Lion Peter





Thoughts from:
2nd Vice District Governor
Judy Herrala



5m7 Lions, Lioness and Leos,

Ahh! The snow is here! That means convention is just around the corner. Are you going? New committee, new location, new ideas, new schedule... I'm excited, are you? Registration forms are on the website at www.5m7.org. Click on "conventions" on the left side of the homepage. There you will find all of the convention forms. The room costs and the registration cost is a bit less this year if you haven't looked yet. What am I most looking forward to? Being with all of you. I can't wait to meet more lions, lioness and Leos that I haven't met before and those I already know. Should be fun!

Did you know that there are manuals for several of the officer positions in your club? They are called e-books. The e-books focus on the officer roles, responsibilities and other helpful tools as they are in the office. There are currently e-books for Club President/VP, Club Secretary, Club Treasurer, Club Membership Chair and Service Chair. To find the e-books go to the website: www.lionsclubs.org, then click on "search" and search for "e-book" and it will bring all of them up. Sometimes halfway through your year is a good time to re-read that manual as it makes a bit more sense when you read it after you've been in the position for a bit.

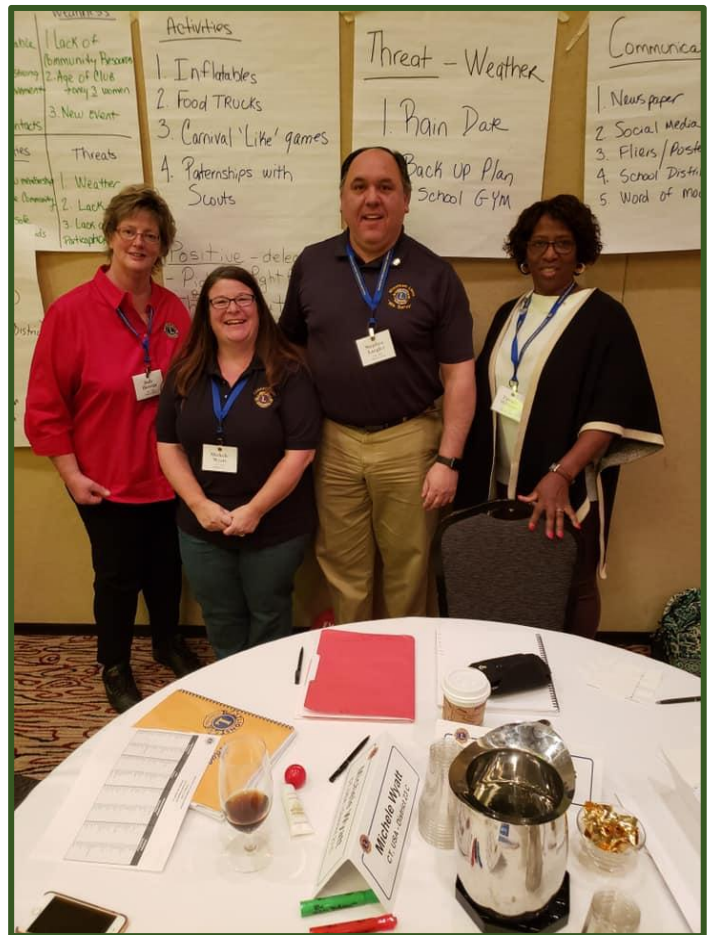


While you are on the website, I encourage you to click on Member Resources on the homepage of the website to see all of the great information that you can find on the website. Watch out, if you look you may find yourself still there 2 hours later.

November was a busy month for club visits, zone meetings, working with my own club and some traveling. I found myself at 6 club visits, 3 zone meetings, 4 club events, a leadership training institute in Chicago and another district's convention in Canada. It was an amazing month.

Hearing about and seeing all that our lions clubs do is the most amazing thing. November is a busy month for everyone and to see our clubs working so hard through the holidays is inspiring. Our clubs and their members do so many good things in your communities. At club visits I sit there in awe when I see some of these things. And when I think that I just cannot do one more thing all I have to do is watch you, listen to you, be at your meetings and I get so inspired that there is nothing I can't do. It's because there is nothing that YOU can't do. I've seen it this month. I've been at meetings where an idea comes up and 10 minutes later you are committed to doing something you've never done before. Thank you 5m7 for ALL YOU DO. You inspire me.

I attended ALLI in Chicago...Advanced Lions Leadership Institute. There were Lions from all over the world there. Most of those lions were 2nd vice district governors so it was fun to get to know others from all over who are in my position. We were broken up into teams even prior to getting there, so I was working online with 3 others on assignments we had before it even started. I remember I just couldn't wait to get there and meet my team in person. I'll never forget the discussions, presentations and camaraderie of this Team #5. I didn't know them. But I will never forget them. We spent 3 days together, and I have new lifelong friends. This experience will go down in my memories of my VDG adventures. We are all in this together. We are all in this for the same thing...to SERVE. Thank you to Pam, Steve and Michele for the memories in my journey.



ANYONE can apply to attend any of the Leadership Institutes. In the past year there have been a few of them offered in our multiple district. ELLI, RLLI, etc. ALLI is an international institute which is offered in different locations in the world. Our district 5m7 has had several of our members attend these institutes and they have all come away with good thoughts about going to the leadership institutes as they have helped them in their lions journey. Whether you want to be a club officer, club president, zone chair or a district chairperson, these institutes are valuable. Please consider attending one of these in the future.

See you soon!

2ndVDG
Judy Herralá





Thank you

District 5M7 Lions,

Well the time has come, and my classes will be starting in January. I am blessed with the opportunity to go back and further my education in the health field. I love to help others and that is also why I love the Lions so much. But so, everyone knows:

This will be the LAST GRAM.

We are still looking for someone to take over as Gram Editor.

Please pass the word!

I want to Thank everyone for giving me the opportunity to publish these newsletters. I have learned a lot and I know I still have a lot to learn. Please keep an eye out for an email on how to move forward with getting things published to the District page.



Thank You

Warmest Regards,

Lion Brittani

ENVIRONMENTAL



OUR 10,000 MINNESOTA LAKES JAN DUBATS- ENVIRONMENTAL CHAIR

A couple days ago winter came to Minnesota with several inches of heavy, wet snow. This brings out the shovels, snowplows and salt. In recent news, we have learned that 56% Minnesota lakes are impaired.

In the winter, salt is applied to roads and sidewalks to melt ice and snow – this is where much of the chloride in our water comes from. The salt dissolves, runs into storm drains and most storm drains go into local waterways.

The problem with chloride is that it builds up over time, so waterways are getting saltier and saltier every year. That saltiness is hurting aquatic life and the health of our waterways- a truly valuable resource. Over time, chloride will work its way into ground water and other drinking water sources. It is difficult and expensive to remove chloride from tap water.

What can we do at our homes:

- Prevention is the first step! Shovel, sweep or blow snow off your surfaces before it builds and gets slippery.
- Use salt-free alternatives: sand, coffee grounds.
 - As I read further vinegar, beet juice, baking soda and other homemade remedies were suggested. I just may try some of these this winter.
- If you need to use salt, make sure the salt is spread evenly and thinly – no big piles or clumps.
- More salt does not mean more melting – the excess just runs into our favorite lakes and rivers.

We in the Midwest are so fortunate to be blessed with lakes, rivers and streams. It is our responsibility to take care and protect this resource.





Celebrating

Lions Eye Bank Week



December is holiday time and the season of giving. With this in mind, remember to give that precious gift of sight by becoming a donor. When you get or renew your driver's license, please check the box to mark YES for organ and tissue donation. That gift of your eyes to the *Lions Gift of Sight (LGS)* provides you an opportunity to benefit so many others. Your corneas can bring sight to two people and your eye tissues can assist researchers in finding a cure for vision ailments. Remember to let your family know of your decision to donate. You want them to be informed and proud of your choice to help others through donating your organs and tissues.

The first full week of December (1st to 7th) is **Lions Eye Bank Week**. Please have your club celebrate this event by considering the following:

- Tour the LGS
- Invite a speaker from the MLVF or LGS to a Club or Zone event
- Host or assist with an open house at the LGS
- Organize a donor awareness event
- Inform the public of the service provided by the LGS
- Organize a fundraiser for the LGS

Thank you for your continued support of this 59-year partnership between the Lions of Minnesota and the U of M!

2019 Tax-deductible donations



We know a lot of you are already thinking about your tax returns for next year. To help you with a possible tax deduction, the MLVF would like to remind you that it is a 501(c)3 non-profit and contributions towards it are 100% tax deductible. PDG Terry and Lion Lyle encourage you to consider the **Minnesota Lions Vision Foundation** when making your year-end donations. When you submit a donation, please make all your checks out to the *Minnesota Lions Vision Foundation* or *MLVF*. Donations will be used in the area of greatest need unless a specific program is listed on the memo portion of your check. The various Foundation programs include:

Lions Gift of Sight (LGS), the *Minnesota Lions Children's Eye Clinic (MLCEC)*, the *Minnesota Lions Macular Degeneration Research and Rehabilitation Center (The MAC)*, the vision research at the *Lions Research Building (LRB)*, the *Minnesota Lions Eyeglass Recycling Center (MLERC)*, and the *Minnesota Lions Eye Surgery Center (MLESC)*.

Mid-Winter Preparations



The Mid-Winter Convention is just a few weeks away and PDG Terry and Lion Lyle wish to remind you of a few things to consider when planning for our celebration in Brooklyn Center the weekend of January 10th to the 12th. Please look over the list below and feel free to contact us if you have any questions or concerns about any of the items listed.

- Don't forget to bring your used eyewear to drop off at the convention. PDG Terry and Lion Lyle will have a booth set up in the main hall of the hotel and you can drop off your club's collected eyewear there. Leos from clubs in 5M-7 will be sorting and packing all the eyeglasses brought to the convention. The **Minnesota**

Lions Eyeglass Recycling Center (MLERC) will be sending a truck and trailer on Sunday morning to collect any used eyewear the Lions of 5M-7 bring to the convention.

- Please remember to consider making a financial contribution towards the MLVF as part of your *Parade of Green* donations. Your club's generosity is greatly appreciated, and we could not accomplish the work our foundation performs if it wasn't for your financial support. Help us all celebrate our 60th Anniversary with a donation!
- There will be a sign-up sheet at the MLVF information booth for those Lions, Lioness and Leos interested in volunteering at the MN State Fair information booth this summer. The dates that 5M-7 will be responsible for providing volunteers are **Thursday September 3rd, 2020 & Monday September 7th, 2020**. The booth is open from **9:00 AM to 9:00 PM** each day and volunteers usually work a four-hour shift. We hope you will help out with this important public outreach project.

Helen Keller Sight Awards



In 1925, when Lions International was only seven years old, the legendary Helen Keller spoke to Lions members at their annual convention and challenged them to become “knights of the blind in the crusade against darkness.” That speech set the Lions’ course for their efforts in sight preservation. Since then, millions of Lions members worldwide have devoted their service careers to helping people with visual impairments. Looking at all that Helen Keller has accomplished, it is small wonder that the Lions are inspired by this exceptional woman and quite natural that the Minnesota Lions Vision Foundation developed the **Helen Keller Sight Award** as a tribute to her.

Established in 1992, more than 2,000 Helen Keller Awards have now been bestowed on deserving recipients who have distinguished themselves on behalf of sight. The awards are an excellent way to honor a Lion, Lioness, non-Lion individual, business, or organization. The award recipient receives a beautiful plaque and pin, and the recipient’s name is displayed on a Helen Keller board in the *University of Minnesota’s Eye Clinic*. Both the donor and the recipient have the satisfaction of supporting worthwhile Lions projects.

PDG Terry and Lion Lyle are available to assist you with confirming your club’s Helen Keller Sight Award balance, in ordering and in presenting the awards. Please consider honoring an individual, a group or a business that has supported your club by presenting them a Helen Keller Sight Award.

Legacy Gifts – Planned Giving



There are several ways that someone can make a contribution towards the **Minnesota Lions Vision Foundation**. Many people make an annual charitable donation for a tax deduction. Some parties make contributions that coincide with such events as anniversaries or birthdays. Others have designated the **MLVF** as a charity of choice for honoring a loved one who has passed away. In addition, some individuals have taken it one step further by setting up a legacy gift to the **MLVF**.

Legacy gifts can be done in several different ways. Options available to you could be a contribution in the form of bequests, charitable gift annuities, retained life estates, wealth replacement trusts, charitable lead trusts, real estate gifts, life insurance policies, securities gifting, stock gifting and retirement plan asset gifting. With so many options available to you, it is recommended you sit down and talk to your financial planner and lawyer to explore which might be best for you. If you wish to make a lasting gift towards sight preservation & conservation, a legacy gift to the **MLVF** might be just the thing for you.



Community Sight Service Projects

For over 90 years, Lions have been supporting sight conservation efforts and aiding those with visual impairments. While projects such as used eyewear collection and the creation of Lions eye banks have received the majority of the accolades, PDG Terry and Lion Lyle are looking to hear about your club's efforts. If your club has a project or a fundraiser dedicated towards vision, we want to hear about it.

- Are you working with your local schools with vision screenings?
- How about connecting with your local senior citizens on sight conservation efforts?
- Does your club organize sorting used eyewear and utilize some help from outside of the club?
- Are providing free eye exams or glasses for individuals in need?
- Do you have an annual fundraiser where the proceeds are dedicated to sight preservation?

PDG Terry and Lion Lyle would like to share your stories and ideas with the rest of 5M-7 and across MD5M. Please contact us with your club's vision projects or if you are looking for ideas on how you can organize a local event.

Amazon Smile



If you're already making purchases on **Amazon** or **Amazon Prime**, you now have a great way to make a contribution to the Minnesota Lions Vision Foundation when using these on-line services.

Just log into your Amazon account and enter *Amazon Smile* into the search bar. From there, you will be given the opportunity to register your charity of choice. Just type in **Minnesota Lions Vision Foundation** and you'll be able to link the Foundation to your Amazon account. Now every time you make a purchase through Amazon, the MLVF will receive a contribution equaling 0.5% of your purchase. This passive fundraising can add up over time so, sign yourself up and have your family and friends do the same. The more this service is used, the greater the number of donations will be. It's a perfect way for you to give a little bit extra while you're making your gift purchases or buying your everyday needs.

Spring University Tour



We've heard your requests and we're bringing it back! The Spring clinic tours at the **University of Minnesota** will take place on **Saturday May 16th, 2020**. You will be able to hear some inspiring stories and learn about the latest work being done at the vision & hearing clinics and facilities at the U of M. If you're a new Lion or someone who hasn't been on the tour for quite some time, it is recommended to come for a visit. Invitations will be sent out in early 2020 so, keep an eye on your mailbox or in-box. If

you're interested, please let PDG Terry or Lion Lyle know. We can help you get registered for the tour and will be happy to see you on May 16th!

Club Visits



PDG Terry and Lion Lyle are eager to speak at your Club or Zone meetings, dinners and functions. We would be happy to share with your club the latest news about the *University of Minnesota's Department of Ophthalmology & Visual Neurosciences* research and treatment programs. In addition, if you have any questions regarding where your club stands on Helen Keller Sight Awards, need eyeglass collection boxes, have used eyewear to turn in or just have a general question about the *Minnesota Lions Vision Foundation*, please call or e-mail PDG Terry or Lion Lyle.

Great job in 2019, 5M-7! Let's make 2020 an even better year!

Yours in Lionism,

PDG Terry Wold
terry_wold@hotmail.com
 4113 Edgewood Road NE
 Blaine, MN 55104
 H) 763-784-0203
 C) 612-759-5433

Lion Lyle Goff
gofflt@msn.com
 10520 Tamarack Street NW
 Coon Rapids, MN 55433-4963
 H) 763-754-8921
 C) 763-754-8921

"We Serve"

<https://e-district.org/sites/5m7/>



What is a service project?

This is a question we hear from many Lions. There are actually two types of reportable service activities: **DIRECT** and **INDIRECT**.

Direct service is when Lions plan and implement a service project to serve community needs and interact directly with the people being served. Examples are:

- A community event providing diabetes education and screening services
- An ongoing support group for those affected by childhood cancer
- An educational activity where children receive a healthy breakfast

Indirect service is when Lions serve but to not interact directly with the beneficiaries. Examples are:

- A fundraising event where funds/resources are donated to another organization
- A community improvement project such as a facility improvement or tree planting
- The collection/donation of canned food to a local food shelf or school pantry

**Global Service
Team Coordinator**

Lion Roger Johnson
763-755-4664
rogvicki@msn.com

What can I do to help your Club Secretary enter Activities at MyLion?

Improvements were recently made (July 1, 2019) to MyLion. Some of the notable improvements include: Meetings are reportable; fundraisers are reportable on the mobile app; funds donated have been added as a metric to a service activity; added a copy feature for duplicating recurring events; added the ability to tag an activity as a Signature Activity; expanded the selection of available service project types and others that have been made or are in process that you can read about on our district's Facebook page.

We are aware that because of the foregoing improvements, our Club Secretaries have to "catch up" with the new technical features of MyLion in order to access it and be successful in entering all your club's activities at the LCI website. Email me and I will send you either or both of the following files:

1. A 5-page LCI publication entitled "**MyLion/How to Report and Celebrate Service**" (brief/easy)
2. A 28-page Wisconsin publication entitled "**MyLion/Desktop Version Tutorial**" (very detailed)

Just call me or email me at my contact information shown above, and I will send them to you.



Minnesota Lions Diabetes Foundation Update MLDF Funded Research – Partners with the University of Minnesota

Happy Fall and Winter from the Minnesota Lion's Diabetes Foundation (MLDF)! As our days become shorter and we transition to winter, it's still a good time to be active outside. As you may know, exercise has been shown to improve overall health in so many ways, including blood sugar control for individuals with diabetes.

With Mid-Winter meetings approaching, the MN Lions Diabetes Foundation wants you to know that your financial support to our Foundation supports critical diabetes research at the University of Minnesota.

The U of MN is one of the top diabetes research facilities in the world. Below is some information provided by the U of MN in support of that statement and the incredible progress made in diabetes research and treatments:

The U of MN has performed the first:

- Human-to-human islet transplantation
- Auto islet transplantation (transplanting one's islets back into one's own body to cure pancreatitis)
- Living-donor pancreas transplant
- Unrelated living-donor transplant
- Reversal of diabetes in twelve monkeys by transplanting islets from pigs
- Islet survival for more than one year without the use of immunosuppressive drugs in monkeys

Progress to date:

- One of only three sites chosen by the National Institute of Health to participate in the Clinical Islet Transplant consortium
- Since 2000, completed seven islet transplants trials with the following post-transplant results:
 - 70% of the recipients have become insulin independent
 - 67% remain insulin independent at one-year post transplant
 - 100% obtained immediate protection from hypoglycemia
 - 94% remain protected from hypoglycemia one year after their first transplant
 - 0% have experienced serious, unexpected adverse effects

Currently the U of MN is:

- Applying to the FDA for a Biologic License Agreement for the commercial manufacture of human islet as a treatment option for people with Type 1 diabetes
- Conducting numerous preclinical trials to translate the innovative research to the clinic

These statements of research confirm that the U of MN is a top diabetes research facility and the MLDF is confident your donated funds are going to the right place. If you haven't already, please reach out to Lion Joel Anderson at joeland1954@gmail.com or Lion Deb Weston at dweston2217@gmail.com to schedule your club visit. On behalf of the Foundation, **thank you. Because of you, we can realize our dream, life without diabetes!**

Lions from Zone 4 took the Risk Assessment and Made their Mark!

World Diabetes Day was on November 14, 2019, and the MN Lions Diabetes Foundations are asking Lions and clubs to participate in a challenge to screen 1 million people for type 2 diabetes. Together, we can educate communities to better understand, prevent and care for diabetes.

Make your mark by going to our website, mnlionsdiabetes.org, and click on the World Diabetes Tab. Take the 60 second " Risk Assessment" and find out if you're at risk for Type 2 Diabetes.





YES, The MD5M Hearing Foundation has changed its name! Our new name is The Minnesota Lions Hearing Foundation, INC

YES, The Minnesota Lions Hearing Foundation co-sponsored a cochlear implant picnic, for implant patients and their families, with the Department of Otolaryngology and the Children's Hearing and ENT Clinic at the University of Minnesota.

YES, The Minnesota Lions Hearing Foundation approved funding for construction and equipment for a new hearing testing booth at the Children's Hearing and ENT Clinic at the U of M.

AND, YES, You are all Lions, and as such you should all be informed of all these and many more projects of the Hearing Foundation. Also, you should be a part of this action by making a contribution to the Foundation to support the work that is being done on your behalf.

The trustees that have volunteered to represent the lions of the district are ready, willing and able to come to your club or zone meetings and inform the membership of all those wonderful happenings and many more. Please contact your trustee.

Zones 1 – 4

PDG Lion Norm Kelzenberg

H. 763-786-1819

C. 612-219-8049

normkelzenberg2@gmail.com

Zones 5 – 9

Lion Hal Hinchliffe

H. 763-780-4842

C. 612-701-0228

hhinchliffe9645@msn.com



“Journey of Peace”

Lion Debra Wasserman
Lions Clubs International Essay Contest, MD5M Chair

The LCI Essay Contest began in 2010 as a companion to the Peace Poster contest. It is directed to students who are blind or visually impaired giving them the opportunity to write on the same theme as students participating in the artistic Peace Poster contest.

The Peace Poster contest and the Essay contest give students the chance to share their ideas and perspectives, and we adults the opportunity to learn about their view of the world and its future. The more students who are able to participate in the contests, the better for us locally and the world in general.

Teachers of the Blind/Visually Impaired receive information about the contest but reaching others who may know students is the goal of this article. If you know a student or a school district person, please do share this information. Peace Poster kits contain information you can use and share with those who might know a student who would be interested in participating in the contest.

I am also available to answer any questions and share information that would help you, your club, or those working with students.

liondebra@charter.net

506-332-2792 (Home)

612-718-8330 (Cell)

Essay 2019-2020

LIONS INTERNATIONAL ESSAY CONTEST RULES



Journey of Peace

Your club can sponsor visually-impaired students in the Lions Clubs International Essay Contest!

The contest is open to students who are considered visually impaired according to their national guidelines, and will be 11, 12 or 13 years of age on November 15, 2019. Eligible birthdates are November 16, 2005 through November 15, 2008. One grand prize winner will receive an award and US\$5,000.

The contest theme is "Journey of Peace."

- Only a Lions club can sponsor the contest. The contest may be sponsored in a local school or organized, sponsored youth group, or individuals may be sponsored as well.
- Essays must be no longer than 500 words, submitted in English, typewritten in black ink and double spaced.
- Each essay must be submitted with a completed entry form. Essays submitted without completed entry forms will be disqualified.
- Only one entry per student per year, and each entry must be the work of only one student.
- Essay entries cannot have already been published.
- Any essays found to be plagiarized will be disqualified, and the student will be prohibited from entering any future Lions competitions.

DEADLINES

November 15, 2019 – Postmark deadline for a club to send one winning essay to the district governor. **Note:** A participating club should notify its district governor in advance of sending an entry.

December 1, 2019 – Postmark deadline for a club not belonging to a district to send one winning entry directly to Brand & Marketing Strategy at Lions Clubs International.

December 1, 2019 – Postmark deadline for a district to send one winning essay to the multiple district council chairperson. A district not belonging to a multiple district must send its entries directly to Brand & Marketing Strategy at Lions Clubs International (postmarked by December 1).

December 15, 2019 – Postmark deadline for a multiple district to send one winning essay to Brand & Marketing Strategy at Lions Clubs International.

February 1, 2020 – Club presidents of international winners will be notified on or before this date.

Participants accept all responsibility for late, lost, misdirected or illegible entries. Entries sent with insufficient postage will be disqualified. Lions Clubs International is not responsible for entries damaged, destroyed or lost during the judging process. Entries cannot be acknowledged or returned. They become property of Lions Clubs International upon receipt. Essays (partial or in their entirety) cannot be used without written permission from Lions Clubs International.

In consideration for the opportunity to enter the Essay Contest, participants agree to allow Lions Clubs International to use their names and photographs for promotional and publicity purposes. An international grand prize winner is not eligible to receive subsequent prizes in future Lions International Essay Contests sponsored by Lions Clubs International. By entering, participants agree to be bound by these rules and the decisions of the judges and Lions Clubs International.

Lions Clubs International may cancel the contest without notice at any time. The contest is void where prohibited, taxed or restricted by law.

Mailing address:

Essay Contest, Brand & Marketing Strategy
Lions Clubs International
300 W. 22nd Street
Oak Brook, IL 60523-8842

Email: peaceposter@lionsclubs.org

(The words "Lions Essay Contest" must appear in the subject line of the e-mail.)

Below Zero K



Saturday
January 11, 2020
After business meeting



Can you walk through a doorway? This event is for you!

Join your fellow Lions after the business meeting at 5M7's annual Mid-Winter Convention and walk 'Below the Zero'. Help Governor Jim raise awareness and funds for:

MN Lions Childhood Cancer Foundation

\$20 participation fee includes stocking cap

(All proceeds given to Foundation)



REGISTRATION FORM

5M7 Below Zero K FUNdRaiser

Saturday January 11, 2020

Name(s): _____

Cost: \$20 per person/cap Amount Enclosed: _____

Please make checks payable to: 5M7- Mid Winter Convention

Mail to: Lion Mary Curtis
10749 Tyler Court NE
Blaine, Mn 55434

<https://e-district.org/sites/5m7/>



Lions Day April 20, 2020



LIONS ALL.

The picture above shows a before AND after of Pierre in Haiti. We Lions, Leos, Lioness, family and friends as we come together on Monday, April 20, 2020, can make a HUGE difference in SO many lives of children around the world!!!

Besides asking for volunteers on LIONS DAY, we are also asking for donations to help cover the cost of the food that is packed that day. Here are some examples of what our \$\$ cover - \$52 PROVIDES ONE BOX of 216 meals, \$88 FEEDS A CHILD for a year, \$365 FEEDS A FAMILY for a year, \$1,866 PROVIDES A PALLET of food and \$10,000 FEEDS A VILLAGE!!!!

Please feel free to start signing up now for the shift/shifts that you would prefer. The hungry children of the World say "THANK YOU"!

CHANHASSEN – 18732 Lake Drive East, Chanhassen, MN 55317

9:30 AM - 11:30 AM – 70 volunteers - Sign-up Code V7L70G

12:00 PM - 2:00 PM - 70 volunteers - Sign-up Code PDPD3E

6:00 PM - 7:30 PM–100 volunteers - Sign-up Code
GV4VPL

COON RAPIDS - 401 - 93rd Avenue NW, Coon Rapids, MN 55433

9:30 AM – 11:30 AM - 70 volunteers - Sign-up
Code WN8N3K

12:00 PM - 2:00 PM - 70 volunteers - Sign-up Code XXBXMP

2:30 PM - 4:30 PM - 140 volunteers - Sign-up Code L272X2
(Leos)

6:00 PM - 7:30 PM - 100 volunteers - Sign-up Code 9D5DPK

EAGAN - 990 Lone Oak Road, Suite #136, Eagan, MN 55121

9:30 AM – 11:30 AM - 70 volunteers - Sign-up Code 2W4W24

12:00 PM - 2 : 00 PM - 70 volunteers - Sign-up Code
M2N23V

6:00 PM - 7:30 PM - 100 volunteers - Sign-up Code B787G3



BREAKFAST WITH SANTA



Sponsored by the St. Francis Lioness



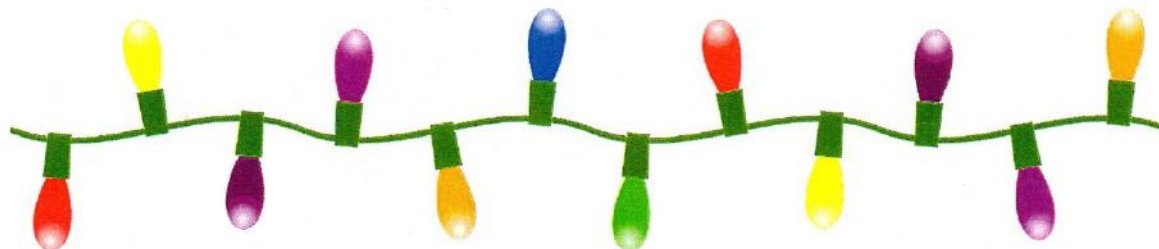
December 7, @ 9:00-11:30

at the St. Francis Am. Legion

Fun, Food and Door Prizes

Kids Plate; \$3.00 Adult Plate; \$4.00

Gifts for kids 10 & under



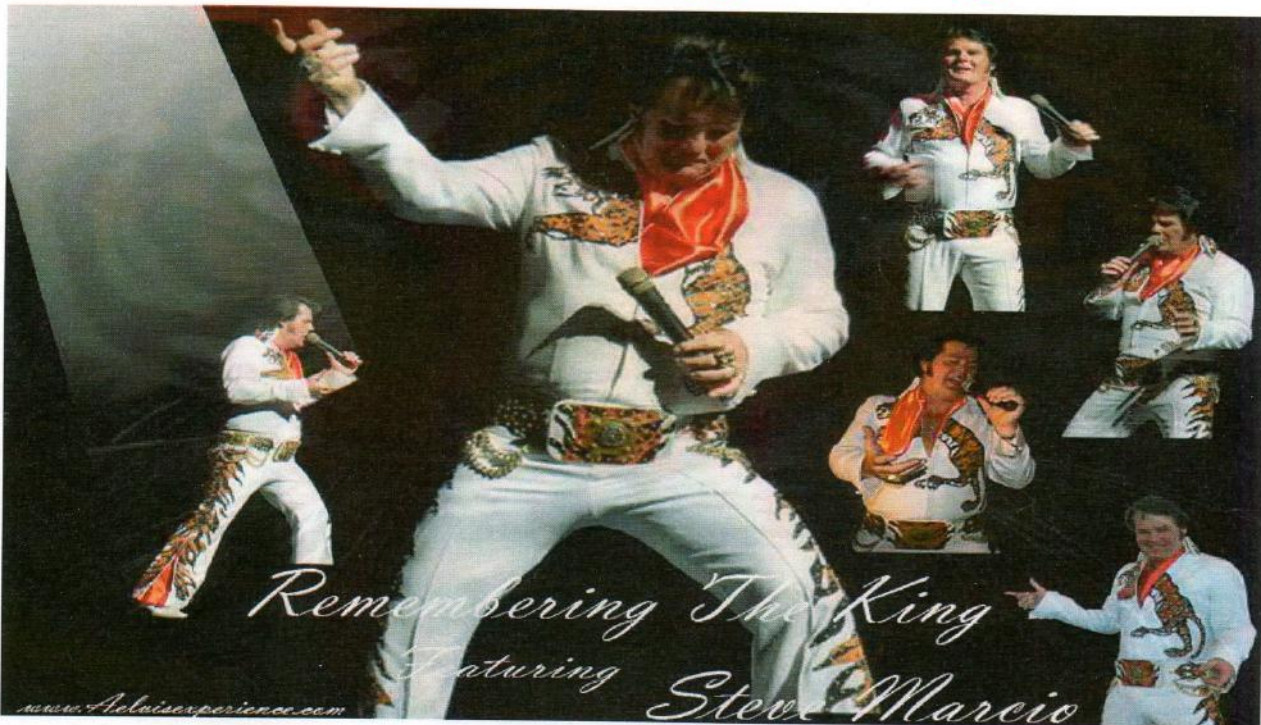


St. Francis Lions Presents



A Valentine Experience

ELVIS; Remembering the King 



ST. FRANCIS AMERICAN LEGION

Date: Saturday 2/8/20 Tickets: \$30.00 Show: 7:00 –9:00

Dinner: 5:30 – 7:00, Prime Rib, Potatoes, Buns, Dessert

For tickets and info call Tim or Kristin @ 763-753-1265 or pick up tickets at the
Am. Legion or at St. Francis Hardware

[Reserved handicap seating only; call in advance 763-753-1265]

Merry Christmas

SIGNING SANTA BREAKFAST

FOR THE DEAF AND HARD OF HEARING,
INDIVIDUALS WITH A DISABILITY or GROUP HOME RESIDENTS



Sponsored by the ANDOVER and BLAINE CENTRAL LIONS



SATURDAY, DECEMBER 7, 2019

9:00 a.m. – 12:00 noon

HOPE CHURCH

1264 109th Ave NE, Blaine

(NOTE new location this year)

FREE PANCAKE BREAKFAST



Free Pictures with Santa



**Interpreter Provided
if needed**

RSVP

**by Friday, November 29, to
Tom, Candy or Claire Conniff**

call / text: 763-300-0922; text: 763-639-5984

email: motleyman50@aol.com

Merry Christmas

Rochester...

... Our VISION is 20/20

**Go to MD5M
Website:
Events Tab
for Links**

2019-20 District Governors: Someone from the host committee will attend the Mid-Winter Conventions! Please arrange with the venue to have a secure wi-fi connection so registrations can be safe. Remember: Online Registration ONLY.

88 Current Registrations

The convention prices listed are valid through July 31, 2019

2019/2020 Multiple District Convention and Registration Information...

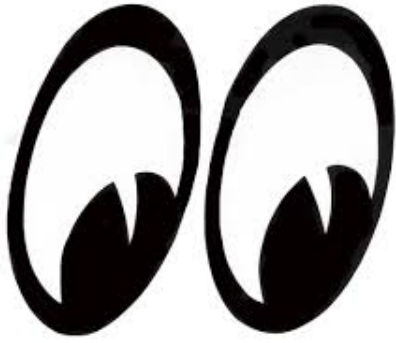
<https://www.experiencerochestermn.com/rsvp/?action=details&noredirect=1&eventid=352>

For Hotel Booking, click the following link...

<https://res.windsurfercrs.com/ibe/details.aspx?propertyid=9733&nights=1&checkin=04/30/2020&group=LIONSCLUB2020>

- ✚ May 1-3, 2020—Rochester, MN
- ✚ Rochester Civic Center Venue
- ✚ Kahler Hotel for Housing—being renovated!
- ✚ Working on transportation between the main venues
- ✚ 60th Anniversary of the Lions Eye Bank (now known as Gift of Sight)
- ✚ Use the 20/20 theme for vision references
- ✚ Dr. Erik van Kuijk will update us on the Lions Eye Institute
- ✚ Vision speaker-corneal transplant for example
- ✚ Post Town Winery (4 miles from Civic Center)
- ✚ Salem Glen Winery (10 miles from Civic Center)
- ✚ Oxbow Park and Zollman Zoo (13 miles from Civic Center)
- ✚ 'O' K walk incorporating Rochester's famous Canadian Geese population
- ✚ World famous Mayo Clinic across from the Kahler Hotel (tours available)





Who is ready to take on this collection of all of the PDG mugs and the bookcase to house them. I am looking for someone who can give this collection a good home and keep the collection going. Please contact me at 612-319-8049 or normkelzenberg2@gmail.com.





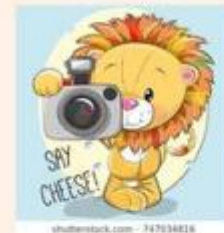
MD5M PHOTO CONTEST

July 1, 2019 – June 30, 2020

“UNFORGETTABEL SCENERY – CITY OR COUNTRY”

RULES:

- Original work of a Lion or Leo Member
- Submit name, phone number, district, name of the subject, and city or town photo was taken
- Only one entry per member
- Submit photo by email in digital format, must be minimum resolution of 300dpi, and in jpeg format to rpuckett66@gmail.com
- No snail mail
- Entry will imply consent to use for promotional activities
- First Place \$30.00 or 11x17 Canvas
- Second Place \$20.00 or 8x10 Canvas





2019

Howard Lake Lions Club

WE "GET TO" SERVE

Serving our community for 41 years



PO Box 13 Howard Lake MN 55349

Website: www.hllions.org

Email: lions@hllions.org

- President: Judy Mattson
- 1st Vice: Gary Hagemann
- 2nd Vice: Craig Brose
- 3rd Vice: Jeff Wick
- Secretary: Terry Thorson
- Treasurer: Karen Hill
- Board of Directors:
Donald Oestreich
Tyler Trende
Harvey Krohn
Joyce Thorson
- Lion Tamer:
Bonnie Weber
- Tail Twister:
Jeff Wick
- Membership:
Bonnie Weber
Steve Weber
Becky Frank
- Immediate Past President:
Terry Thorson

BREAKFAST WITH SANTA

Our Breakfast with Santa will be held on Sunday, December 8th from 8:00 a.m. to 12:30 p.m. If you can't help that day, come and support us by attending the breakfast. Proceeds from the Breakfast will be used for our Silent Santa program. We will be cleaning and setting up and making sausage gravy at 9:00 a.m. on Saturday, December 7th. Some vacuuming and dusting will be needed plus cleaning bathrooms and setup up tables. Many hands make the job a lot easier. Lion Bonnie is the chairperson for the Breakfast Buffet and Lion Deb is the chairperson for Silent Santa.



PEACE POSTERS

We judged the Peace Posters at our November 7th meeting. Kristi Main did a great job again this year working with the students and explaining the Peace Poster theme. The winner has sent to the district to be judged at the Mid-Winter convention. Thank you

to Kristi for your help in this great project. The winners from our club were Kirsten Heber 1st place and Karlee Smith 2nd place. Also pictured are the Waverly Lions winners.

CHRISTMAS PARTY

Our annual Christmas party will be at our December 5th meeting. We will again be doing a gift exchange, if you are a man bring a man gift, if you are a lady bring a lady gift, they will be handed out anonymously. The value should be around \$15.00. Bring hors d'oeuvres to share. There will **not** be a regular meal. The schedule will be a short meeting, snacks and gift exchange, followed by dice game and or Bingo.

UPCOMING EVENTS

- Meat Raffle ongoing every Saturday at 3 p.m. @ Troubles
- December 7th – making sausage gravy and hall set up at 9:00 a.m.
- Silent Santa Breakfast Buffet – Sunday December 8th at 8 a.m.
- Christmas – Wednesday, December 25th



PDG LION DARRELL MAIN

Our condolences go out the family of Lion Darrell. Darrell passed away Friday, November 15th at the Park View Care Center in Buffalo Minnesota. Darrell was a charter member of our Lions Club. He served many positions including president and also served as District Governor of 5M7 in 1995 - 1996.

Darrell's funeral was Monday, November 25th at St. John's Lutheran Church in Howard Lake. It was a nice service, and many of Darrell's Lions awards were on display.

PROJECT CARING

The club voted at our November 21st meeting to once again make a donation to Project Caring. We made a donation towards the purchase of Turkeys which will be added to food baskets handed out to families in need in our community during the holiday season.

Meetings

The first meeting is Thursday, December 5th at 7:00 p.m. Christmas Party with hors d'oeuvres

The second meeting is Thursday, December 19th at 7:00 p.m. potluck meal



ROYALTY VISIT

Lion Karen, treasurer, presented the Howard Lake Royalty with a donation from the proceeds of our hot dish supper at our meeting on November 21st. The Royalty is always eager to help at our functions and are great representatives of our community.

MEAT RAFFLE

The Meat raffle started up again on October 5th at Troubles. The time will remain the same, 3:00 p.m. We will need volunteers to work each week. Troubles will be offering new specials this year. Let's all help out and make it another great year.

LINKS

Lions International – www.lionsclubs.org

Multiple District 5M- www.lionsmd5m.org

District 5M-7 - www.e-district.org/sites/5m7/

5M7 Gram newsletter - <http://www.e-district.org/sites/5m7/page-8.php>

Howard Lake Lions Club – www.hllions.org



HAPPY BIRTHDAY to the Howard Lake Lion members who are celebrating their birthdays in December: Joyce Thorson (2); Harvey Krohn (3).





2019 – 2020 Governors Visit

Club: _____

Preferred Date: _____ **Alternate Date:** _____

Social Hour: _____ **Meeting/Dinner Time:** _____

Contact Person: _____ **Phone:** _____

Email: _____ **Cell:** _____

Location: _____

Address: _____

Directions: _____

Dinner: Yes ___ No ___ **Joint Meeting?** Yes ___ No ___

If Yes, list other clubs _____

Special Requests during visit (Install Officers, Induct Members, Present Awards, Other)

1st VDG Invited Yes ___ No ___ Spouse Yes ___ No ___

2nd VDG Invited Yes ___ No ___ Partner Yes ___ No ___

Zone Chair Invited Yes ___ No ___ Spouse Yes ___ No ___

Please return to me via email or snail mail to schedule your club visit.

I will contact you one week before to reconfirm the date, directions, and any other special requests.

**District Governor Jim Kugler
8140 Terrace Rd NE
Spring Lake Park, MN 55432
jimkugler@comcast.net
(763) 234-7695**