



5M7 GRAM

“WE SERVE”

DG Jim Kugler: Things on my Mind



So, what’s on my mind?

We just completed our mid-winter convention. For the most part, the lions who responded to the questionnaire thought it was a good convention. Our overall ratings ran from a high of 4.68 for the convention speakers to a low of 2.83 for the quality of the hotel. The convention committee will go over the results in more detail when we meet for a follow-up meeting. Thanks to everyone who took the time to complete the survey.

The election results were as follows: Lions Peter Lendway as your District Governor elect, Judy Herrala as 1st vice District Governor elect and Mark Landwehr as 2nd Vice District Governor elect. The district has a good crew coming in to lead the district. At the business meeting it was approved to pay for the registration fee for any lion wanting to attend Northern Pride in March. Northern Pride is modeled after the USA/Canada Forum. The cost is lower. The time commitment to attend is less. And the location is much closer, St. Cloud. The dates for the session are March 27 and 28 at the Kelly Inn in St. Cloud. There is still room for lions to sign up for this event. You will be reimbursed after the event. So far there are 14 lions registered.

Save the date of April 25th. There will be a Safari at the Spring Lake Park High School. The Safari will address such topics as: Lions electronics, what do you want to do as a lion, an introduction to the foundations and what they offer to your club, a short orientation to the lions organization, duties of all club officers, what does the cabinet do, what does the zone do, do you want to get more involved at a level above the club and how are you going to use the information presented in your own club. There is a \$10.00 fee to cover materials, lunch and refreshments.

At the International Board of Director’s meeting held in October, the board voted to approve an international dues adjustment resolution that will be voted on at the International Convention in Singapore. The board proposed to adjust dues by \$3.00 effective July 2021 and then adjusted annually for US inflation. They will use a three-year inflation average not to exceed 3% or be lower than 1.5%.

This year is rapidly coming to an end for me. There are still a few clubs I need to visit. Please let me know when I can come out.

As for the district we’re doing great service projects in our respective communities. Most of those projects are going unreported to Lions International. Our collective membership is down 8 members from the same point last year. The district is working on a couple of new clubs to see if we can change the downward direction. What is your club doing to increase membership?

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Lion Jim

1st VDG Peter Lendway



Hello Lions, Lioness, and Leo's,

The 5M7 2020 Mid-winter convention is now history. Being held at the Radisson in Brooklyn Center allowed greater participation in the activities, seminars and meals and that was a plus for everyone. Thanks to everyone who made the event something to remember

The Convention Committee is always looking for new, fresh, and fun ideas and has some openings for anyone who has an interest in, or who is good at, planning fun activities. So, if you have an interest in serving on the convention committee contact any of the District Governors for more information. The

convention is for everyone – Lions, Lioness, and Leo's alike.

I am already looking forward to the next convention, meeting new friends, learning new things, rekindling friendships, and the fun we will be having!

Lion Peter Lendway, DGE

2nd VDG Judy Herrala



5m7 Lions, Lioness and Leos,

Convention. A celebration of our district. An election. A way to meet new friends and see those friends we see just once per year. I hope that you and your clubs had a nice time at convention this year. It is over and it was a great time. Thanks to all who worked so hard to have a great convention and those who attended.

So what's coming up? Meetings, projects, events, more governor visits, club elections, Northern Pride Lions Leadership Forum, meeting new friends, the 5M7 Expo and more.

What? 5M7 expo? What is it? It is a fun day in our district taking place on April 25th in Spring Lake Park at the high school. Look further into this newsletter to read about it.

It's time to start thinking about your club elections. Always an exciting time in our clubs as with elections brings new ideas, new thoughts and maybe some new projects in our towns as we look to refresh what we do in our cities. Elections really need to be completed in April so when your members attend the 5M7 expo, they will be ready to attend sessions that are there for the officers in your club. There will be a one hour training for each officer type and a chance to come back together at the end of the day as a club board and apply what you've heard through the day. You will not only learn about your position, but you will have a chance to hear from our Foundation chairs, our cabinet, have a meal together, hear from our Safari guides....hmm this sounds like a lot of fun. You can sign up NOW with our districts secretary. You can do this online or send a check! The cost for the day is just \$10.00 per person. You will get lunch, tools, much knowledge and more new friends!! How fun is that?

Presidents and Secretaries, all lions.....do you have a Lion account on the international website? Things have changed. It isn't just for MyLion. It is there that any lion can go to report membership, service, buy things at the Lions store, do some online training and more! All with one password. You will learn about this more at the 5M7 Expo!

So before you get there, please make sure you've signed on to the Lions international website at www.lionsclubs.org. Go there soon and go up to the top of the landing page where it says member log-in. And follow instructions to get a Lions Account. Please do this before the Expo. If you need help, we can help you. There are a lot of folks who want nothing more than to help our clubs. We will do this in person, over the phone, at any venue, just please ask. Call or email anytime.

One more thing...THANK YOU LIONS OF 5M7 FOR ALL YOU DO!

See you soon!

Lion Judy Herrala 1st VDG Elect - JLHBELLS@earthlink.net

Meet your 5M7 Cabinet Secretary

Hello Leos, Lioness and Lions!

My name is Lion Jim Pokela, and I have been your District 5M7 Secretary and Treasurer for 1 ½ years.

Past District Governor Al Kvistero asked me if I would do this job, and I agreed. Current Governor Jim Kugler asked me to continue, as well as Governor Elect Peter Lendway. So it looks like I'm doing this for at least another year and a half!

My volunteer position as 5M7 Secretary/Treasurer involves several duties. I would like to list them, in case you might be interested in taking this position in the future, or perhaps need some help in an area that falls under my purview, or if you are concerned I don't have enough to do in my spare time.



The closet of 5M7, financial and meeting records.

1. Answering some of your questions is one of my duties. At this point I can answer many questions, or point you to the person who can. Email 5M7Secretary@Gmail.Com and I will do what I can.

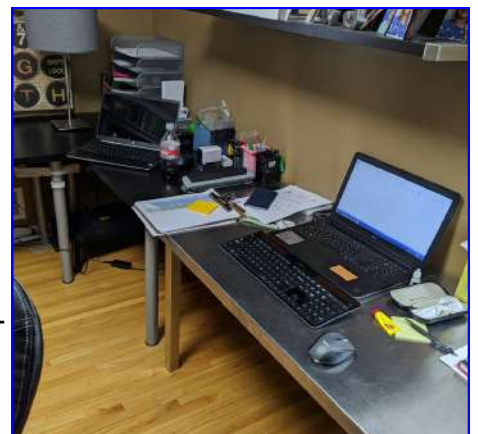
2. I am bonded by the Lions Organization to handle our money. I write checks, receive money to be deposited in our accounts, produce regular accounts of our assets that are open to be viewed by any 5M7 Lion upon request. Most of the money I deal with is the dues we pay. The Governor Team (consisting of the Governor, 1st and 2nd Vice Governors) decides on a budget and presents it to the 5M7 Cabinet. If the Cabinet votes to approve, then I use that document to disburse our money. Four times a year I bring the financial books to the Cabinet so they can oversee how our money is being used.

3. I keep a separate accounting of some other money. For instance, the contributions collected during the 5M7 Convention for The Below Zero Walk will go through me before the proceeds are sent to the Lions running what will soon be our MD5M Childhood Cancer Foundation. Also I deal with the 5M5 Convention funds, the upcoming 5M7 EXPO, and a few others.

Again, our books are open to any 5M7 Lion who is interested.

4. Recording Secretary for the Convention Committee.
5. Recording Secretary for the District Cabinet. The Cabinet meets 4 times a year and I produce agendas and minutes for the meetings.
6. Recording Secretary for the yearly 5M7 Business Meeting.
7. Serve on the Elections Committee. I produce the ballots, give qualified Lions their credentials for voting at the elections and the business meeting. Oversee the counting of the ballots and providing the results to the sitting Governor.
8. Collect and disburse the Parade of Green contributions.
9. Produce the Dues billings for our 5M7 area, send them to the clubs, and properly account for the receipts.
10. About twelve more things I'm forgetting right now.

When PDG Kvistero offered me this position, I asked him what the job involved. He said it was a snap. I guess I should put "snap" on that list of things to do!



The office space of your secretary. Included is a Diet Coke, the fuel upon which this secretary runs.

Environmental Chair-Lion Jan Dubats

'TIS THE SEASON TO KILL BUCKTHORN



The common buckthorn and glossy buckthorn were introduced to North America in the mid 1800's as an ornamental shrub, for fence rows and wildlife habitat. It escaped and became a nuisance plant. This small tree can grow to 22 feet in height and a trunk up to 10 inches wide. The buckthorn leafs out early and retains leaves late into the fall, creating dense shade that helps it to out-compete many native plants. The buckthorn has small berries that fall directly beneath the shrub and are eaten by birds and mice and is known to produce a severe laxative effect, helping distribute seeds far from the parent shrub. The Buckthorn is found in nearly every Minnesota county – despite sale, transportation or movement of these plants are prohibited.

Property owners who have buckthorn growing on their land may find winter can be a good time to get after this pesky plant. Winter is best suited to the cut stump method – saw the buckthorn close to the ground, and within two hours treat it with the right herbicide for the temperatures with a brush or a dauber. *Water-soluble work above freezing and oil-based ones can go lower.

The Conservation magazine article then suggests when you are done go inside and raise a warm drink to invasive species control.

Youth Outreach-Lion Ginny Hestekind-"Just Planting Seeds"

The Elected Governor Peter Lendway will be doing the **Peace Poster** and the **Drug Awareness** Poster contest in the new year. All clubs who had Peace Posters at Mid Winter Convention will receive a new kit from Youth Outreach. I have ordered them but they are not ready to ship yet.

Four (4) clubs got kits last year and did not use the kit. It is important to use the kits which were gifted to your club by the district or let me know that you will not be needing it so that I can give it to a different club.

The two clubs who have monkeys get your kits and be ready to go Maple Lake and Rockford, be sure you buy bananas and keep the monkeys fed.

The Drug Awareness rules can be found on the 5m7 website at www.5m7.org.
Work projects with young they are the future Lions.
Lion Ginny

The youth of today are the leaders of tomorrow. ~ Nelson Mandela



Adaptive Baseball in Blaine

HELP!

As you know, 5M-7 was awarded a \$100,000 grant from LCIF, to upgrade the adaptive baseball field in Blaine. This now 15 year old field has been demolished, but due to funding and a snow shorted construction season, work has been delayed until Spring.

This is good news, as we are about \$19,000.00 short of our goal, and could use your help if you have extra funds or gambling money available. Checks can be written out to the Blaine Central Lions Club, and mailed to P.O. Box 49051, Blaine, MN 55449.

Make sure to write, in the memo line CLCIF Grant MAT 16813/5M-7.

And a special thanks, from the athletes throughout the district, that use this field, to those clubs who have already given, some twice.

This field makes baseball a possibility for individuals who can't play on dirt or sod due to their needs for walkers or wheelchairs, something even Special Olympics can't offer.

Thank you all.

Lion Tom Waldren, Project Chair

Miracle League Field of Blaine

Questions? Email me: blainecentralliontom@yahoo.com; (763) 501-9070



Minnesota Lions Hearing Foundation

We bring you greetings from the Board of Trustees' and the Chairman of the Department of Otolaryngology at the University of Minnesota.

We hope that you had a chance to hear Dr. D. D. Michael speak about the Voice Clinic at one of the Mid-Winter Convention seminars. Speaking of the Mid-Winter, PDG Norm and I would like to thank the clubs that so generously gave to the Hearing Foundation at the conventions "Parade of Green", the total collected was \$11,245.00, again thank you.

We have our upcoming winter meeting coming up the first weekend in February. We will be working on plans for our upcoming 9th Annual D-FEET Hearing walk at the Landscape Arboretum in Chaska MN on June 6th, 2020. We also will be having our elections for our Foundation officers for next year.

Please think about having either PDG Norm or myself Lion Hal out to your club for a presentation on the Foundation. PDG Norm covers clubs in Zones 1 – 4, and Lion Hal covers Zones 5 – 9.

Yours, in Lionism,

PDG Norm Kelzenberg
H) 763-786-1819
C) 612-219-8049

Lion Hal Hinchliffe
H) 763-780-4842
C) 612-701-0228



*Check this out!! All Lions are invited!
Save the date!*



5M7 EXPO SAFARI! SATURDAY
APRIL 25 2020
9AM-3:30PM

Seminars, materials, morning rolls & coffee, and Lunch in a box!
Bring your laptop and iPad, WIFI is available!

\$10 registration includes:
Seminars, materials, morning rolls & coffee, and Lunch in a box!
Bring your laptop and iPad, WIFI is available!

Register online at EventBrite - Search 5M7 'Safari' EXPO or
<https://www.eventbrite.com/e/5m7-safari-expo-tickets-74736672399>

Spring Lake Park High School
1100 81st Ave NE
Spring Lake Park, MN 55432

Questions???
5M7Secretary@gmail.com



9am The Gathering - Registration with Coffee, Donuts & Muffins
9:30am-9:50am Orientation To Your Safari
- Your Tour Operator DGE Peter Lendway
10am-10:50am The Tools for Your Safari - MyLCI, MyLion and more
11am-11:50am Pride of the Pride Hosted by 5M7 Safari Guides
-Officer Breakouts
-Member Orientation and LEOs
Noon-12:50pm Safari Walkabout and Lunch!
-Boxed Lunch and beverages provided to all that attend
1pm-1:50pm Pick your 5M7 Safari! Foundation or Cabinet
2pm-2:30pm Model of the Pride - Club Connection
2:30pm-3pm Pride of the Pride - Surprises and Take Aways
3pm-3:30pm It's a Wrap!
-Closing comments, Q&A and Evaluations

Questions???
5M7Secretary@gmail.com



2020 5M-7 Mid-Winter Convention recap



The 2020 5M-7 Mid-Winter convention has come and gone and what a wonderful time it was. We hope you were inspired by the seminars and speeches to bring some exciting new ideas back to your community. We also wish to congratulate all of the award recipients and the convention organizers for putting on a great convention!

Speaking of congratulations, a big one goes out to all the clubs in 5M-7 who participated in the annual Parade of Green! Due to the generosity of those clubs, the **Minnesota Lions Vision Foundation (MLVF)** received \$13,355.00!

Thank you so much to the 35 clubs who contributed their hard-earned dollars toward the Foundation and its projects. If you or your club hasn't yet made a donation towards the MLVF, don't worry, there is still plenty of time before the end of the year to send in your contribution!



Minnesota Lions Eye Surgery Center

We are proud to say the **Minnesota Lions Eye Surgery Center (MLESC)** has become a rousing success. PDG Terry & Lion Lyle found out at a recent foundation board meeting that the MLESC is projected to perform over two thousand surgeries during 2020. After not having on-campus surgical space for several decades, the MLESC now allows for the eye surgeons to perform their procedures without the hassle of traveling off-campus for them. This off-site scheduling created inefficiencies with the doctors and took up the patients' time. Having this new part of the department at the U of M means better use of time and more opportunities to handle patients. Our recent equipment purchase now allows doctors to perform cataract, retinal, cornea replacements and a multitude of other procedures. The MLVF is in the process of purchasing another piece of equipment, the first of its kind in Minnesota, for the eye surgery center. If you would like to help the foundation with making this equipment purchase, please consider making a donation and designating the MLESC for where you would like the funds to go towards.




Legacy Gifts

There are several ways that someone can make a contribution towards the Minnesota Lions Vision Foundation. Many people make an annual charitable donation for a tax deduction. Some parties make contributions that coincide with such events as anniversaries or birthdays. Others have designated the MLVF as a charity of choice for honoring a loved one who has passed away. In addition, some individuals have taken it one step further by setting up a legacy gift to the MLVF.

Legacy gifts can be done in several different ways. Options available to you could be a contribution in the form of *bequests, charitable gift annuities, retained life estates, wealth replacement trusts, charitable lead trusts, real estate gifts, life insurance policies, securities gifting, stock gifting and retirement plan asset gifting*. With so many options available to you, it is recommended you sit down and talk to your financial planner and lawyer to explore which might be best for you. **If you wish to make a lasting gift towards sight preservation & conservation, a legacy gift to the MLVF might be just the thing for you.**

Amazon Smile

 If you're already making purchases on **Amazon** or **Amazon Prime**, you now have a great way to make a contribution to the **Minnesota Lions Vision Foundation** when using these on-line services. Just log into your Amazon account and enter *Amazon Smile* into the search bar. From there, you will be given the opportunity to register your charity of choice. Just type in *Minnesota Lions Vision Foundation* and you'll be able to link the Foundation to your Amazon account. Now every time you make a purchase through Amazon, the MLVF will receive a contribution equaling 0.5% of your purchase. This passive fundraising can add up over time, so sign yourself up and have your family and friends do the same. The more this service is used, the greater the number of donations will be. It's a perfect way for you to give a little bit extra while you're making your gift purchases or buying your everyday needs.

Don't forget to turn in your collected used eyewear to your Zone chair, PDG Terry or Lion Lyle. If you haven't had a club or zone visit in a while from a MLVF director, it would be great for us to come see you. You can hear all the latest developments on research and treatments being done at the U of M, as well as how your club is sitting with Helen Keller Sight Awards. We hope to come visit all of you in the very near future, so please contact us to book us for your event.

Thank you Lions, Lioness, and Leos of 5M-7 for truly being "***Knights of the Blind.***"

PDG Terry Wold
terry_wold@hotmail.com
4113 Edgewood Road NE
Blaine, MN 55104
H) 763-784-0203
C) 612-759-5433

Lion Lyle Goff
gofflt@msn.com
10520 Tamarack Street NW
Coon Rapids, MN 55433-4963
H) 763-754-8921
C) 763-754-8921



Newsletter articles are due by the
25th of each month to
5m7gram@gmail.com



KidSight-Lions Ann, Mary and Tim-5M7 Kidsight Foundation



Community Eye Screening For Children



Thank You!

Thank you to everyone who donated monies to MD5M Lions KidSight Foundation at our annual Parade of Green for a total of \$9,700. Every \$1,000 donated by a club or individual is eligible for our Foundation Sight Saver Award.

There has been an increase in interest to provide free vision screening for our youth. Finding volunteers or an extra hand during the work day or at established community events can be difficult. Due to these reasons we are starting to investigate forming KidSight Screening teams. We would like to have several throughout the district. These teams would be available to provide vision screenings for neighboring clubs. This is an excellent way to support fellow clubs and promote their events.

A Lion needs to coordinate and oversee all KidSight Screening events. However, a team can be comprised of Lions, Leos, family members and neighbors. We'd love to hear your thoughts. Please contact us. Better yet, invite us to your Zone meetings!

It doesn't seem like it with the cold weather and snow, but the Minnesota State Fair will be here before we know it! Our Foundation will once again provide vision screening in the KARE 11 Health Fair Building for the duration of the fair.

Our district is in charge Monday, August 24 and Tuesday, August 25. Each day will have four (3 hour) shifts. The booth is run by a director along with six Lions/volunteers per shift. You will receive a free admission pass to the fair and mileage reimbursement. To eliminate the last minute scramble, shift sign up has already started. Please contact us for information.

Thank you for your financial support of MD5M Lions KidSight Foundation and for offering this SERVICE to our youth.

Lions Ann, Mary and Tim, District 5M7 KidSight Foundation Chairs:
5m7lionskidsight@gmail.com

Vision Screening is not the goal; it is the method we use to reach our goal of every child seeing clearly!

District 5m7 Social Media



Lions District 5m7



lionsdistrict5m7



Lions District 5m7

Don't forget to use Social Media to promote your Lions Club and advertise your events. Search for other clubs (on both your club and personal pages) Follow your fellow Lions club, like and share their events. Let's work together with this free media to spread the word about our clubs and community events.

#5M72020 #LIONS #WESERVE

Follow and be followed in your Lions community. Let everyone know the good things we do for others!

5M7 Membership Update

July 1, 2019: 1,895 members
 January 1, 2020: 1,881 members
 January 31, 2020: 1,876
 Year to date members added: 103
 Year to date members dropped: 122
Loss/Gain: -19
 # of clubs: 52 Clubs
 Worldwide: 1,412,310 members

PROJECT NEW HOPE
 FACTS ABOUT
VETERANS

THERE HAVE BEEN MORE SUICIDES BY VETERANS THAN ACTUAL COMBAT DEATHS

22 VETERANS END THEIR LIVES EACH DAY

MISSION STATEMENT
 To provide Veterans and their families education, training, and skills necessary to help manage their lives after wartime service.

Find us on - Project New Hope MN Veteran's Retreats

www.projectnewhope.net

FOR MORE INFORMATION CONTACT:
 Kevin Beadles farfromthinkin@gmail.com 612-251-0802
 Dave Schroeder daveschroeder@midco.net 320-358-4030



**LIONS DAY
AT
FEED MY STARVING CHILDREN
MONDAY, APRIL 20, 2020**



Districts 5M2, 5M5, 5M6 and 5M7 will join together at the 3 FMSC facilities in the Twin Cities Metro area. Our Mission is to pack food for the malnourished children of the World!

Our goal is to have EVERY club in the 4 Districts participate in one or more shifts on that day. Collaboration among LIONS, LEOS, LIONESS, FRIENDS AND FAMILY will make this an achievable goal! WE NEED YOU TO SIGN UP NOW FOR A SHIFT OR MAYBE EVEN TWO SHIFTS!! In fact, ALL Lions, Leos, Lioness from ANY and ALL Districts are welcome to join in on this effort!!

Donations of any amount would be VERY much appreciated!! You can bring your personal donation AND/OR your Club donation to one of the sites on the day of the event OR you can mail it ahead of time to the Feed My Starving Children Coon Rapids location. Be sure to indicate in the MEMO area – LIONS DAY 2020.

Promote this in your community as part of the Lions Clubs International Global Service Framework.

Co-Chairman of the Event and District 5M7 Chairs:

Lions Bill & Marcia Guthrie, email us at: bmguthrie9@q.com or call us at: 763-786-8072

THANK YOU!! WE SERVE!!

LIONS DAY AT FMSC - MONDAY, APRIL 20, 2020

Sign up now to be a part of the 2020 LIONS DAY at FEED MY STARVING CHILDREN!!
www.fmsc.org

Click on Volunteer at the top of the page. Click on Search Group. Type in LIONS DAY Choose the location from the list below and the time slot that you would like to volunteer. Click on Join. Either Log In (if you already have an account with FMSC or Create an Account). To create an Account, all you need to do is put in your name, address, phone number, email and a password. Once you are into the Join Group, just answer the questions and there will be a confirmation that you need to do and you are registered. If you need any help with this OR want us to sign you up, please feel free to contact us – Co-Chairman of LIONS DAY – Lions Bill & Marcia Guthrie, #763-786-8072, bmguthrie9@q.com

CHANHASSEN – 18732 Lake Drive East, Chanhassen, 55317

Lions contact person – GST (5M2) Lion Darlene Mondor – mondordarlene8@gmail.com

GST (5M5) Lion Bernie Braegelmann – Bernxie@aol.com

Shift times and # of reserved spots – 9:30 AM – 11:30 AM - 70 - Join Code V7LZOG

12:00 PM - 2:00 PM - 70 - Join Code PDPD3E

6:00 PM - 7:30 PM – 100 - Join Code GV4VPL

COON RAPIDS – 401 – 93rd Avenue NW, Coon Rapids, 55433

Lions contact person – (5M7) Lions Bill & Marcia Guthrie – bmguthrie9@q.com

Shift times and # of reserved spots – 9:30 AM – 11:30 AM - 70 - Join Code WN8N3K

12:00 PM - 2:00 PM - 70 - Join Code XXBXMP

LEOS ONLY 2:30 PM - 4:30 PM – 140

6:00 PM – 7:30 PM - 100 - Join Code 9D5DPK

EAGAN – 990 Lone Oak Road, Suite #136, Eagan, 55121

Lions contact person – GST (5M 6) Lion Gina Detviler – gmdetviler@lions5m-6.org

Shift times and # of reserved spots - 9:30 AM – 11:30 AM - 70 - Join Code 2W4W24

12:00 PM - 2:00 PM - 70 - Join Code M2N23V

6:00 PM - 7:30 PM – 100 - Join Code B787G3

WE SERVE!! TURN HUNGER INTO HOPE WITH YOUR OWN TWO HANDS!!





Hosted by MD5M Lions

It's quicker & easier online

Northern Pride Lions Forum

March 27th - 28th, 2020

Best Western Plus Hotel (Kelly Inn)
100 - 4th fourth Ave. South, St Cloud MN USA

For directions go to: www.bestwesternstcloud.com/



"Meet your fellow Lions from Wisconsin, Nebraska, Iowa, Saskatchewan, North Dakota, South Dakota, Manitoba, NW Ontario and Minnesota."



2020 Registration Form

Your District & Club Name: _____

Name & Title _____
 Address _____
 City/Town _____
 State/Prov. _____
 Zip/Postal _____
 Phone () _____
 Email _____

Registration form also available at <http://www.lionsmd5m.org>

Special Dietary Needs:

Vegetarian, Gluten Free,
(circle ones that apply)

Allergies _____

Registration Fee \$105.00 (US\$ or CDN\$)

Registration includes Friday evening Meet & Greet Mixer, Your choice of up to 6 of the 36 Seminars offered on Saturday, Saturday Breakfast, lunch and dinner with two dynamic guest speakers:

(seminars start at 9 AM Saturday Morning)

SIGN UP ONLINE @ <https://www.eventbrite.com/e/NPLF-2020-registration>

Pay with Credit card in US\$ or CDN \$ follow the online screen instructions to register.

If you would like to send a USD check or money order: Make it payable to: **Northern Pride Lions Forum**

mail to: Lions Dennis & Jacque Heinen, P O Box 94, Sauk Centre, MN 56378

Hotel Reservations – Contact the hotel directly – Rate \$109.00 USD per night (+ taxes) Until March 10th, 2020

Best Western Hotel, 100 - 4th Avenue South St Cloud, MN – Call Direct 1-320-253-0606

www.bestwesternstcloud.com/

This block is called "Northern Pride Lions Forum"

Cancellations prior to March 10th, 2020 will have a \$25.00 administration fee applied, Cancellations after March 10th, 2020 are non-refundable except for a documented medical emergency (\$25.00 administration fee still applies).

For more Information Email The Northern Pride Lions Forum at: nplfmd5m@gmail.com

Northern Pride Lions Forum Classes 2020-Pg 1

Northern Pride Lions Forum-36 Fun and Informative Sessions

1. **The Power of One**
2. **How to break up the monotony of the club: Icebreakers and activities for the club meeting.**
In this seminar, we will discuss simple ways to help everyone relax and have fun during a meeting. Why? Because when we are smiling and happy, we are more productive and make better decisions!
3. **Pediatric Cancer**
This seminar will present information regarding the addition of Pediatric Cancer to the Lions Core 4 projects and the formation and function of the Multiple District Pediatric Cancer Foundation.
4. **Serving with humor**
Are your meetings like work, or is it a good time with your friends? Humor can make your meetings enjoyable and worth attending.
5. **Building Leaders for Tomorrow: Ladder for Leadership and Recognizing Leaders in Your District.**
This seminar is intended for Lions who already have a desire for leadership, to enhance their skills and give them ideas on the steps required to be a better Lion and leader for tomorrow. How do we recognize leadership potential at the club level?
6. **Recruiting Younger Lions**
How to recruit younger Lions will cover many ideas to connect with potential Lions under the age of 40. In this session we will explore topics such as 'how do we find them, how do we communicate with them, and what will attract them?' Please come ready to share ideas and experiences you and your club have had!
7. **LCIF Campaign 100**
As challenges facing our world expand, so must our capacity to combat them. To build a future promising even greater service impact, Lions Clubs International Foundation (LCIF) – your foundation – proudly introduces Campaign 100: LCIF Empowering Service. Campaign 100 will empower Lions to serve 200+ million people a year by:
 - Increasing service Impact
 - Fighting diabetes
 - Expanding global causes
 These are not things that any one Lion, club or district can do alone. But together, we can. Together, our work and personal financial gifts to our foundation will ensure a brighter future for the next 100 years – and beyond.
8. **Building blocks to construction a project**
This seminar will feature steps to help guide Lions clubs through the process of constructing a meaningful, effective community service project. Discussion will include ways for Lions clubs to include community service in their fundraisers. There will also be time for interaction of attendees to share their service project success stories and ideas.
9. **KidSight**
10. **Better Together: Community Partnerships**
This presentation provides an engaging and interactive opportunity to learn the specifics of how to form community partnerships that can increase your club's capacity to serve, help recruit new members, and provide innovate new ways to serve!
11. **Mentoring in the 21st Century**
Learn what it takes to be a Lion Mentor and a Mentee. See if the Lions "Mentoring Program" can be of help to your club. We will also discuss if a Mentor can be of help to you professionally, besides in your Lions life.
12. **Explanation of the G's and what the GAT really is and who comprises it.**
How the "G" teams work together and what do they do. Who leads each "G" team? What do they mean for your club?
13. **LCIF Grants: What They Are Meant to Do and How to Apply For Them**
Types of grants, what's appropriate for club and district level, process for applying each type, how to get them submitted, and other pertinent information for each type of grant.
14. **Women, Families, Youth**
Incorporating Families, Women and Youth into your Lions Club is an outstanding way to grow your Club and take your Club in a fresh direction. It introduces your Club to previously hard to reach demographics and will affect everything from the members who will be a part of the club to the types of service activities your Club provides. Are you ready to explore this opportunity? Join us to expand your horizons!"
15. **Navigating the LCI Website-My Lion App**
This session will introduce Lions to the resources now available to help keep your club records and projects organized through both the LCI website Member Center, and the new MyLion App for mobile devices. An overview of MyLCI is included as well. Don't miss this fun, interesting presentation, aimed at new and entry-level users of these important technology tools.
16. **Roberts Rules**
If properly used, Robert's Rules result in effective meetings. Participants will learn how to make meetings efficient, about some common errors, and will practice what they have learned!
17. **Does your district want to bid for a multiple district convention?**
18. **The Platinum Rule. Treat people the way THEY want to be treated.**

Northern Pride Lions Forum Classes 2020-Pg 2

Northern Pride Lions Forum-36 Fun and Informative Sessions

19. Lions University - Understanding it and using it in your District

Have you ever wanted Year-Round Training on building your Knowledge, Resources, and Skills on serving your club and community? Then Lions University is for YOU! By completing the training sessions online, you will be able to receive credits to complete the following programs: Bachelors, Masters, and Doctorate all at your own pace.

20. Blueprint for a Stronger Club

21. Orientation for your new member

This informative and engaging seminar will feature the following topics:

- The importance of new member orientation
- Orientation materials available through LCI and other sources
- Different orientation session options
- Orientation planning and preparation.

Be prepared for an open discussion where you can share stories and ask questions.'

22. It's Your District Cabinet: What a cabinet is and how to serve on the cabinet.

23. TBD

24. Overcoming "stage fright." How to be comfortable speaking in public.

25. The Role Zone/Region Chairperson. What is this all about?

Often referred to one of the most fun positions in Lions, Zone Chairperson is also very important to the success of our organization. Learn what you can do as a Zone Chairperson to improve your local clubs and your district. Look at ways you can share your District Governors message. We will discuss the Region chairs responsibility in guiding the Zone Chair. Get in the Zone!

26. Phishing, Cyber Attacks, and Phone Scams... OH MY!

Phishing, whaling and other forms of cyber-attacks are becoming more and more common in our ever-changing digital world. Criminals are getting smarter and looking to non-profit organizations and members of those organizations with growing frequency, knowing they typically have access to money and the people are civic minded. Learn how to recognize these types of attacks and how to protect yourself and your club from falling victim to a cyber-criminal.

27. How to shop at the Lions Store

In this session, you will learn where to find it on the Lions Store on the web and how to use it.

28. Starting a LEOS club or Campus Club -Building Blocks of our Future

29. Fun with Tail Twisting

The fine line between entertaining and being obnoxious, or the most fun you can have with a Bank, Stockings, Inflatables and a Camera...let's instill good fellowship and enthusiasm at meetings! Remember the Tail Twister is responsible to make sure every meeting is interesting and fun. So, come have fun with us!

30. Quest

31. Team Building

This session is based on the book "High Five!" which captures the power and vision of great teams. Find out why ten simple words "None of us is as smart as all of us" will work magic for any organization.

32. Can you hear me now?

Communications in Lions Clubs: Connecting with Baby Boomers, Millennials and Gen Xers. How to get families involved. How do we communicate that they are welcome to be part of the club and work with them? How to communicate and all be on the same page?

33. Creative recognition

Discover fun and innovative ways to show appreciation for the Lions and non-Lions that enhance the valuable service provided to your community. Understand the meaning behind the recognition and how it helps to retain Lions in your clubs and districts and spark new interest in becoming a Lion.

34. Conflict Resolution

Conflict resolution need not be scary or difficult. Often, organizations find themselves ripped asunder by internal squabbles that threaten to burst out into full scale war. Let's discuss how to avoid those big battles and find peace in your club!

35. How to fit Lions into life

Learn how to juggle Lions, job, life and not feel guilty about not going to all of the Lions activities. People need to understand that we are all volunteers and how not to give up everything else to be a Lion.

36. Youth Exchange

Minnesota Lions Diabetes Research Update



Eleventh Annual Minnesota Lions Diabetes Research Update March 21, 2020

Hosted by the University of Minnesota Foundation and Minnesota Lions Diabetes Foundation, Inc.

More than 29 million people in the United States are living with diabetes—a growing number that includes 340,000 people in Minnesota alone. Unfortunately, that number is on the rise.

Join us at the annual Minnesota Lions Diabetes Research Update to hear from University of Minnesota scientists, who are conducting leading-edge research aimed at both preventing and curing diabetes. Learn how these scientists, funded by the Lions Diabetes Research Foundation, are making a direct impact in our community, state, and beyond.

Following the research presentations, guests will have the chance to interact with the scientists one on one, learn more about their research, and ask questions.

Saturday, March 21, 2020

11 a.m. | Registration and lunch

11:30 a.m. | Program

1 p.m. | Meet and greet with scientists

McNamara Alumni Center

University of Minnesota

200 Oak Street SE

Minneapolis, Minnesota

Faculty Research Presentations:

- **David Bernlohr, Ph.D.**, Research on the role of calcium in insulin action that could lead to a new drug for treating type 2 diabetes
- **Brian Fife, Ph.D.**, How blocking the body's immune pathway could stop the immune attack on islet cells
- **Michael Garwood, Ph.D. and Paul Wang, M.D./Ph.D. candidate**, Advances in viewing transplanted islets inside the body pre- and post-transplant
- **Bernhard Hering, M.D.**, Discoveries in pig islet research that could lead to a cure

RSVP by Wednesday, March 11:

RSVP online at www.rsvp.umn.edu/Lions2020

Please contact Caitlin Ochtera at ochte001@umn.edu or 612-625-8424 with any questions.

A confirmation letter, including parking information, will be sent prior to event.



Lions International Trading Pin Club-Lion Bill Guthrie



LITPC YOUTH SCHOLARSHIP INFORMATION

The Lions International Trading Pin Club (LITPC) has announced for the 2019 - 2020 school year that there will be 3 US \$2,500 scholarships awarded. Graduating Leos OR graduating sons/daughters, grandsons/granddaughters of Lions or Lioness are eligible to apply for the LITPC Youth Scholarship. The LITPC goal is to help our future leaders and give students a financial helping hand. **Last year the recipients were from Minnesota, Ohio and Oklahoma.** The 2020 recipients will be announced at the LITPC Pin Traders Annual Breakfast in June, 2020.

Selection of the scholarship recipients will be based on academic achievement, an essay stating the student's goals, a statement of reason(s) for applying and an overview of work, community and school service, and letters of recommendation.

The current forms for the scholarships are available on line at www.litpc.org In the right column, **click on LITPC Scholarship Information.** Then **click on Scholarship Application Form.** Please follow the instructions, fill out **ALL** the forms neatly and correctly which includes the 4 essay questions (in 350 words or less) and the question about scholarships that you have been offered along with submitting a certified copy of your high school transcript including activities. Plus you also need to attach recommendations from 2 persons (i.e. teacher, coach, clergy, employer, etc.) **AND** attach a recommendation letter from a Lions Club member indicating the name of the Club and state/province and country in which the Club is located.

ALL forms and letters are to be submitted by **MARCH 1, 2020** to:

Lion Bill Guthrie, Scholarship Chairman bmguthrie9@a.com #763-786-8072

You can either email me your application **OR** call me and I will give you my mailing address. Thank You and Good Luck to all!!

The LITPC takes great pride in fulfilling the motto of Lions Clubs International,

"WE SERVE"

Convention Parade of Green Totals:

Parade Of Green Tracker Sheet

	Donations since 7/1/2019	Donations today
501(c)(3)- Gambling Donations Allowed		
Lions Clubs International Foundation	\$13,550.00	\$17,200.00
Minnesota Lions Vision Foundation	\$30,475.00	\$13,355.00
Minnesota Lions Hearing Foundation	\$13,608.50	\$11,245.00
Minnesota Lions Diabetes Foundation	\$27,550.00	\$11,762.25
MD5M Kidsight Foundation	\$3,500.00	\$9,070.00
Can Do Canines	\$13,478.25	\$12,620.00
Leader Dog	\$17,500.00	\$10,445.00
Project New Hope	\$5,500.00	\$10,420.00
Camp Needlepoint	\$5,850.00	\$8,795.00
True Friends	\$29,950.00	\$8,100.00
Camp Confidence	\$0.00	\$3,170.00
Special Olympics	\$4,850.00	\$7,570.00
University of Minnesota	\$21,050.00	\$8,325.00
Other 501(c)(3) Please List	\$184,027.26	\$2,550.00
	\$0.00	\$0.00
Non-Gambling Donations	\$0.00	\$0.00
	\$1,700.00	
5M7 Leos	\$0.00	\$700.00
5M7 Youth Outreach	\$22,300.00	\$225.00
Other- Please List	\$0.00	\$0.00
Total Donations	\$394,889.01	\$135,552.25
Grand Total	\$530,441.26	

Convention Moments....

OBSERVATIONS REGARDING THE 2020 MID WINTER CONVENTION

As a member of the Mid Winter Convention committee, I had some insight about the events preceding the convention at the Radisson Brooklyn Center. We knew that we were committed to that location despite the multiple changes in ownership and management of the facility and we needed to forge ahead.

By far, the most productive meeting was the pre-convention meeting with several staff members and the new manager of the hotel on Thursday January 9, the day before the convention. We were talking face to face and coming together to make it all happen.

We were at the convention to learn from our presenters, to enjoy the entertainment, to learn from each other and to have a good time being there.

A few of the highlights, as I saw them:

Past International Director, Lions Bruce Beck's performance, "Back to the Eighty's", on Friday night could not have been better. What an opener!!! That was followed by a great performance by Kristoff the Magician.

The hospitality rooms were rocking, particularly the Governor, Vice District Governor combo room. Kudos to the organizers, decorators and workers. A great effort by the 3 clubs.

The Saturday programs and events were quite well attended. Again, there is no cost or obligation to attend the memorial, the meetings or presentations, but a lot of the action takes place during the luncheon and the banquet or the brunch for which there must be a charge.

If you know someone who is or was affected by diabetes, and everyone does, the Sunday morning speaker would have held your attention. Thanks Lions Joel and Deb for arranging that.

As always, the Parade of Green is the lifeblood of the causes listed on the Parade. A great big thank you to the clubs that contributed. I know that not all clubs are able to contribute to all the causes, but if a club would choose a cause or a few causes that they feel strongly about, even a small donation is a feather in their cap and greatly appreciated by those causes. A goal of 100% participation in the parade is an achievable goal.

Yes, I know that there were glitches and issues with the hotel and the convention. If you know of something, please contact a member of the committee. This is your convention and we want to make it great. We will try to address them for future events. Thank you.

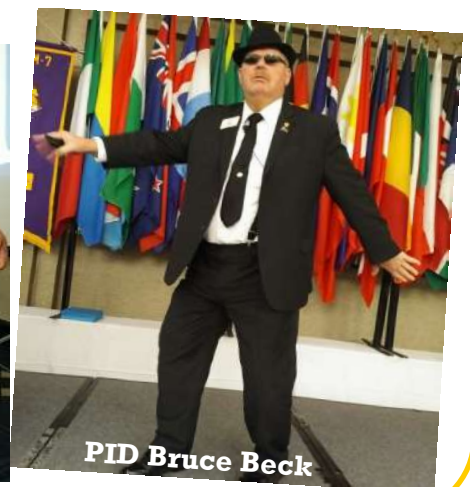
PDG Lion Norm Kelzenberg



Opening Ceremony



DG Jim/Brooklyn Center Mayor



PID Bruce Beck



Lion Deb Johnson, Big Lake Lions, stopped for a picture under the Below Zero K archway. (photo credit: Big Lake Lions Facebook page)

Below Zero K

Our first Mid-Winter FUNdraiser was a success. If you hadn't figured it out, the Below Zero K was not a walk outside (where it was Below Zero) but a walk underneath a Zero. (play on words! ☐) The intent was to have a group walk Below the Zero. We did not anticipate a Vikings game happening at the same time! No worries though, everyone attending the convention managed to walk 'Below Zero' several times.

This was a fundraiser for the new **Minnesota Lions Childhood Cancer Foundation**. Every \$20 donation received a stocking cap, something we all need during Minnesota cold snaps. It is also a reminder of those children who lose their hair due to cancer treatments. They need something to keep their head warm. Many participants donated their caps for local children receiving cancer treatments.

There are still hats available for purchase! Buy some for all your family members or add to the donation box. The caps are of nice quality and have the Minnesota Lions Childhood Cancer Foundation Logo.

The large yellow ribbon represents all forms of cancer. The five children holding hands represent the most common childhood cancers. Grey = Brain/Spinal Cord Tumors, Orange = Leukemia, Lime Green = Lymphoma, Purple = Neuroblastoma, Brown = Wilms Tumor (Nephroblastoma). Every two minutes a child is diagnosed with Cancer with the average age of that child being six!

Thank you to everyone who has supported this fundraiser. If you would like to make a donation please contact me @ maryleacurtis@yahoo.com. (every \$20 donation = one cap)

A huge shoutout and Thanks to *Upscaled Designs* in Blaine for their assistance and production.

Lion Genia Sjerven and PDG Pat Kennedy are the 5M7 Directors on the MN Lions Childhood Cancer Foundation.



Lion Peter gathers First Timers



District Governor Jim and International Director Geoff Wade and his wife.

Circle-Lex Lions Project

On January 23rd we held our Drug Awareness poster contest party. We had a pizza party for our winners and their teachers. Charlie our peace poster winner was also honored for the poster that won.

In February we will be working on the literacy project.



Yep, still having fun on Sunday morning!



5M7 Lions Clubs Upcoming Events

Howard Lake




VALENTINE'S BREAKFAST BUFFET

Sunday, February 9th
8:00 am – 12:30 pm
Howard Lake Lions Club
Lions Hall 625 8th St. Howard Lake

Enjoy a delicious meal of Pancakes, French Toast,
 Sausage, Scrambled Eggs, Potatoes, Biscuits and Gravy,
 Coffee, Juice and Milk

Take your sweetheart out for breakfast
 Everyone is welcome to attend

FREE WILL DONATION

**Proceeds to benefit the St. John's youth group
 for their upcoming trip to Milwaukee**

This activity/event is NOT sponsored by the HLWW Public Schools – District 2687

Saint Francis

Chapman Family Fundraiser

America Legion Post #622 Division
 Saturday, February 22nd
 3:00-7:00 PM

Tacos donated and cooked by St. Francis Lions Club – Silent auction and other giveaways



Olly Belle
 Tay-Sachs Warrior

Olly has Tay-Sachs Disease. This is a fatal genetic disease caused by the absence of an enzyme that helps break down fatty substances. These fatty substances (called gangliosides) build up to toxic levels in a child's brain and affect the function of the nerve cells. As the disease progresses a child loses their eye sight, hearing, muscle control, and leads to paralysis and death. Life expectancy is 2-5 years.

Dollars raised will help with medical bills, medical equipment, travel costs for treatments, household bills due to missed work, and family fun activities.

For more information on Olly's story, please visit:
www.caringbridge.org/visit/ollybelle

Saint Francis

16th Annual Empty Bowls

Benefiting the NACE Foodshelf




Thursday, March 19 2020
5:00 – 7:30pm
Free Will Donation Soup Dinner

St. Patrick's Catholic Church
 19921 Nightingale St. NW
 Oak Grove, MN


enjoy!

- Live Auction
- Silent Auction
- Ceramic Bowls
- Wine Pull
- Popcorn
- And more!!!

Sponsored by:
 Cedar/East Bethel Lions & Lioness
 Ham Lake Lions
 Oak Grove Lions
 St. Francis Lions & Lioness

NACE Foodshelf
 763-434-7685
Nacefoodshelf.org

Saint Francis



St. Francis Lions Presents

A Valentine Experience

ELVIS; Remembering the King



ST. FRANCIS AMERICAN LEGION

Date: Saturday 2/8/20 Tickets: \$30.00 Show: 7:00 –9:00

Dinner: 5:30 – 7:00, *Prime Rib, Potatoes, Buns, Dessert*

For tickets and info call Tim or Kristin @ 763-753-1265 or pick up tickets at the Am. Legion or at St. Francis Hardware

[Reserved handicap seating only; call in advance 763-753-1265]



The Anoka Lions 32nd Annual Music Show *NEIL DIAMOND REMEMBERED*



We Serve

By Matt Vee Family and Friends

Saturday, March 14, 2020

Anoka High School 3939 7th Ave N.

3:00 PM Matinee -- 7:00 Evening Show Reserved Seats \$25.00; \$20.00 Gen. Adm.

Many of us remember the great music of Neil Diamond and his chart-topping hits such as "Sweet Caroline", "I Am I Said", "Kentucky Woman" "Cracklin' Rosie" "Forever in Blue Jeans" and so many more memorable and entertaining songs. Matt Vee Family and Friends have

resurrected these great tunes in a sparkling celebration of the music of Neil Diamond, which is coming to Anoka High School auditorium March 14. This great musical production is thrilling crowds everywhere, with outstanding singing, playing and showmanship.



For Tickets please **mail the coupon below**, or call for more information;

CLIP

Lions Bill or Jan Dubats (763) 757 4143 or Lions Joe or Lynn Zimmerman (763) 421 4361

Yes! We want to see The Anoka Lions Music Show Neil Diamond, "I am...He Said" **March 14, 2020, Anoka High School, and 3939 7th. Ave N., Anoka, MN**

Tickets are \$25.00 per ticket for reserved seats, \$20.00 for general admission.

Please reserve our tickets as follows: Circle one: Reserved Seats or General Admission

3:00 PM Matinee Show _____ # of tickets Name: _____
7:00 PM Evening Show _____ # of tickets Address: _____

Phone # (_____) _____ City/Zip: _____

Mail coupon & payment to: Anoka Lions, 12967 Crooked Lake Lane Coon Rapids, MN 55448