





## DISTRICT LEADERSHIP

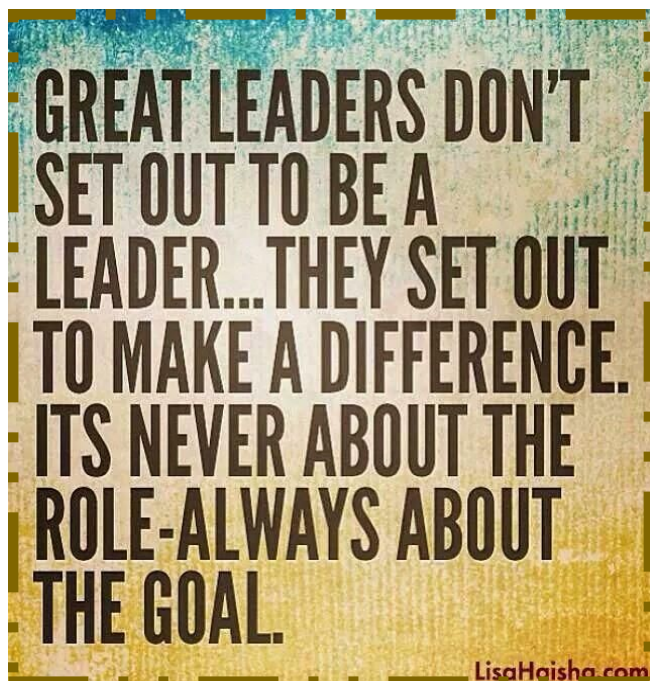
1st VDG Lion Mark  
Landwehr

### FELLOW LIONS, LEOS....

I had the pleasure of inducting the new officers in the Forest Lake Lions club last week and stayed for their business meeting. Not only was it a very well run meeting but they gave multiple donations to different request ; one of them was scholarships of \$1000 to ten students in the Forest Lake school district. I took a picture of some of the recipients and if I wasn't such a dinosaur on a computer I could have passed it along to Judie for the newsletter.

I also attended the Ham Lake Lions business meeting and inducted two new members. They are Matt Landwehr, my youngest son, and Andy Mickelson , a lifelong friend of Matt's.

If you have not heard yet, Lion Marv Bucholz died unexpectedly this past Tuesday. Lion Marv was a 40 plus year Ham Lake lion member and was very active in the club. We will miss him. 1st VDG Lion Mark Landwehr



"May we think of freedom not as the right to do as we please, but as the opportunity to do what is right."

PETER MARSHALL

### ***2021 REGIONAL LIONS LEADERSHIP INSTITUTE (RLLI)***

**WHEN: OCTOBER 21-24 2021**

**WHERE: HOLIDAY INN  
DETROIT LAKES MN**

We are looking for Lions from your district to attend the 2021 MD5M Regional Lions Leadership Institute! Lions that are selected as participants in the Institute must be in good standing in a Lions Club and may not be a 1st Vice District Governor, District Governor, Past District Governor, International Director, or Past International Director. The \$150 fee for the Leadership Institute includes the cost of materials, facility, staff, and four (4) meals. Room costs and additional meals are not included. **However, a \$75 rebate from MD5M, through a grant from LCI, will be given to each participant that completes the program.** Participants **MUST** be available to attend **ALL** sessions beginning on Thursday evening and ending Sunday afternoon.

Each district has the opportunity to send six (6) participants; however, if other districts do not meet their allotment, your district may send additional Lions. The Institute will have a maximum of 72 participants.

**Applications are available from your District Governor or on the MD5M Website and are due (without fees) by August 31, 2021.** Your District Governor will then make the final participant selection. Institute graduates from your district will tell you that the Regional Lions Leadership Institute is beneficial for you in every facet of your life and not just in your role as a Lion. I

If you have questions concerning the Institute, please feel free to contact: Lion Dennis W. Kelly III [dkellylion@gmail.com](mailto:dkellylion@gmail.com) We look forward to giving **YOU** this **UNBELIEVABLE OPPORTUNITY!!**

**See page 11 for the RLLI application**



# DISTRICT CABINET NEWS



## Lions Macular Degeneration Center

Age-related macular degeneration is the leading cause of vision loss in Americans 60 and older. A disease that causes damage to the macula (the part of the retina responsible for central vision) age-related macular degeneration (AMD) erodes our ability to recognize faces, read, view a painting, or perform intricate tasks. Over 3 million people in the United States will have AMD by the year 2021.

The Minnesota Lions Vision Foundation and the University of Minnesota are changing the outlook for those who suffer from macular degeneration. Together, they established the Minnesota Lions Macular Degeneration Research and Rehabilitation Center (the MAC) and the Lions Advanced Retinal Imaging Center. The MAC is a collaboration of people, organizations, and resources working to find new treatments and a cure for macular degeneration.

## Retina Clinic

University of Minnesota ophthalmologists who specialize in vitreoretinal conditions are dedicated to examining and aggressively treating patients with macular degeneration.

## Visual Rehabilitation Center

This state-of-the-art low-vision center uses advanced technology and education to help people remain independent in the home, school, workplace, and community. Visual rehabilitation specialists teach people with low vision they still have.

## Macular Degeneration Research

Laboratories dedicated to macular degeneration and retinal research are housed in the Lions Research Building. Scientists study many aspects of retinal disease, including the biology of aging. They collaborate with colleagues from other University departments, as well as from around the country. Research is critical to finding new medical options to treat and cure macular degeneration.

PDG Steve Linder 612-382-2236 [Slinder71@usfamily](mailto:Slinder71@usfamily)  
 PDG Terry Wold 612-759-5433 [terry\\_wold@hotmail.com](mailto:terry_wold@hotmail.com)

*Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence.*  
*Helen Keller*



## LIONS VOICE CLINIC

The Lions Voice Clinic was established to evaluate & treat voice disorders. provide a full range of state-of-the-art voice care, educate individuals about the human voice, research all aspects of voice use, specialize in treating singers, actors, & others with professional voices

A link from our foundation website (<https://www.5mhf.org/voice-clinic.html>) will take you to the University of Minnesota website that addressed the patient care information needed. <https://med.umn.edu/ent/patient-care/lions-voice-clinic> It has information about the care team, the voice and problems associated with it, treatments available, and answers general questions, such as who develops voice problems, different types of disorders, etc.

There is also a link to sign up for an appointment as well as important links to other sources such as the National Center for Voice and Speech, American Cancer Society and UMN Dept. of Speech, Language and Hearing Sciences. Please pass on this information to those in your community who may need these services. **Remember—We Serve.**

## Hello Lions, Lioness and Leos of District 5M-7,

One behalf of the Board of Trustee's and the U of M Department of Otolaryngology I want say "Thank you very much!" to all the clubs who donated to the 2021 Virtual D-Feet Hearing Walk. Through your most generous gifts the D-Feet Walk was able to raise over \$113,500.00. Reminder to everyone, please keep June 4th, 2022 open, that is the date for the next D-Feet Walk, and we hope to be able to hold it at the Arboretum.

Beginning next month, we begin the "new" Lions year 2021/2022. We kick off with a training "retreat" for the new trustees on Friday, followed by a joint banquet with the Lion's Gift of Sight, and Diabetes.

I look forward to coming out to visit clubs to talk about the new things that are happening at the University, so club president's please, give me a call.

Yours in Lionism,  
 Lion Hal Hinchliffe 5M-7 Trustee  
 Minnesota Lions Hearing Foundation INC  
 H) 763-780-4842 C) 612-701-0228







# DISTRICT CABINET NEWS



## LEO CLUBS OF 5M7

### ANOKA LEO CLUB



The Tornado club has been very busy this spring 2021, with the following events: Kindness Week-Feb.; Mental Health Check-In - All 3 Trimesters (Resources, Social Media, Peer Driven Activities, School Resources) ; ACT/AP Book Drive-Books will be donated to Columbia Heights High School; Teacher Appreciation-Tissue Paper Flower Bouquets & Cards; Elections-Speeches & Voting; Cub Foods Food Shelf Bagging-Every month-100-150 bags.

### COON RAPIDS LEO CLUB



The CR Leo club was very busy this year completing 1000 hours of service for the year as a club. They completed the following projects throughout the year: Letters to the nurses and doctors in the Mercy Hospital System; World of change campaign in their community; Letters to children in St. Jude's Hospital; Mentoring with Morris Bye Elementary; Kindness Matters activities at the high school; Organized and held the 1st Cultural Festival.

### ANDOVER LEO CLUB

The Andover Leo club has been very busy even during the pandemic: Raising money for Hope for Youth; Bringing awareness to Homelessness through multiple projects throughout the year

### BLAINE LEO CLUB

The Blaine Bengals worked on completing projects around the community- including writing letter and collecting items for the food shelf and homeless shelter.

### SPRING LAKE PARK LEO CLUB

The Spring Lake Park Leos have completed the following projects this year: Foster Care Backpacks-Stuffed backpacks with items that a foster child might need when going to a new environment; First Aid Kits-Packed First Aid supplies for Hope4Youth and other organizations; Cards for Nursing Home facilities-created sunshine cards for residents of local nursing homes; Goodie Bags for Kids in the Hospital-Packed bags with food and other supplies for kids that are in local hospitals.; Eyeglass Sorting-Sort donated eyeglasses for the SLP Lions Club!



Lion Stefanie Nelson

[stefanieenelson@gmail.com](mailto:stefanieenelson@gmail.com)

Lion Peter Yelle

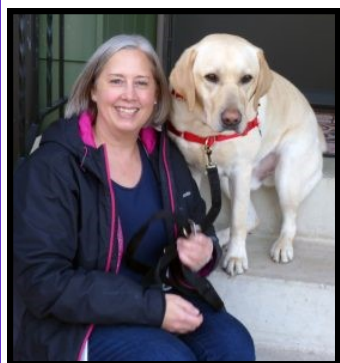
[pete.yelle58@gmail.com](mailto:pete.yelle58@gmail.com)

**These are our future Lions so support your LEO Clubs!**

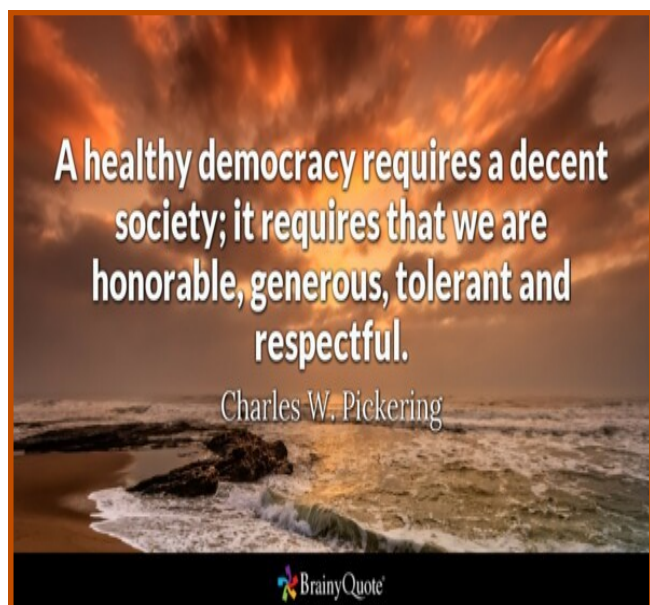


# DISTRICT CABINET NEWS

Lion Kathy McMillian  
5420 104th Ave No  
Greenfield, MN. 55357  
h) 763-498-8277  
[kathyjmcmillian@gmail.com](mailto:kathyjmcmillian@gmail.com)



Janet isn't new to Can Do Canines, she's an alumni! In 1997, Janet received her first Hearing Assist Dog from Can Do Canines (then Hearing and Service Dogs of Minnesota). Tiger, a Border Collie mix, was her faithful partner, alerting her to important sounds for 13 years until he passed away in 2010. Kona, an engaging yellow Labrador Retriever, was matched with her in 2020. So what does a typical day look like now? Janet reports, "Kona is always by my side." As she goes throughout her day, he is there. "He got me going and gave me the confidence to get through the day." What else does she appreciate? "Being able to go outside, not feeling worried about being alone knowing Kona will alert me and help me if needed." Read more about Janet and Hearing Assist Dog Kona: <https://can-do-canines.org/familiar-with-the-process-still-delighted-with-the-results/>



Editor's Note..... Of course the July Gram is in the colors of red, white and blue



26486 Sioux Trail , Madison Lake, MN. 56063

## UPCOMING EVENTS AND ACTIVITIES

**GLOW RUN** [in person this year] SEPTMEBER 18, 2021

Register at Eventbrite link and receive a really cool performance T-shirt if registered by September 10! Link to Eventbrite 2021 Virtual Glow will be up soon.

**ONLINE AUCTION:** Last year's online auction was so successful we will be doing it again online. All proceeds go to Camp Sweet Life. It will be held in September 2021. Check out our FB page [www.facebook.com/CampSweetLife/](http://www.facebook.com/CampSweetLife/).

**SAVE THE DATE FOR CAMP 2022: Sunday July 31**

Thursday August 4, 2022 Info at [campsweetlife.org](http://campsweetlife.org) or 507-934-9352 or contact Rene' 507-995-6910

*Our Mission: Connecting, empowering and transforming kids with Type 1 Diabetes.*



*Due to Covid-19 last year, Lions International waived new member fees but, beginning July 1, 2021 the \$35 one time fee will be re-instated for all new members who join a Lions Club.*

*The Lioness Bridge Program makes it possible for Lionesses to honor and acknowledge their proud past while enjoying all the benefits, rights and privileges associated with Lions club membership. The Lioness Bridge program has ended on June 30, 2021.*

*UPDATE: If you became a Lion after April 2019 reimbursement from 5M7 may be available to you. Please contact Lion Judie Zaske at: [rsjz55309@gmail.com](mailto:rsjz55309@gmail.com) for additional information and assistance.*

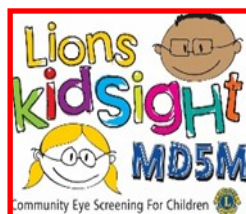




# DISTRICT CABINET NEWS

## Greetings fellow Lions.

Have you heard the news? The State Fair is back. KARE 11 has asked KidSight to participate in their Health Fair Building again this year. The Health Fair focus this year will be on screening, with a limited number of vendors. Proposed one way traffic and bigger spaces will allow for more distancing. We would love to have you volunteer your time at the fair joining the fun at the KidSight screening booth!



5M7 is responsible for **Monday, August 30 and Tuesday, August 31**. Shifts are approximately 3.5 hours with a cross over between shifts. The job descriptions and shift expectations are as follows:

**Vision Screener:** (2 positions) This Lion will be responsible for doing the vision screening using either of our screening systems, the Welch Allyn SPOT or the PlusOptix.

**Greeter:** (2 positions) This Lion will be responsible for standing in front of the booth and greeting people with children asking them if they would like to have their children's vision checked. They will carry a clip board with the consent forms and will instruct the parent or guardian in the correct manner to complete the form. They will check the form for legibility and completeness. They will hold the family in the outside area until a vision screener Lion is ready for them. They will then pass the paperwork and the family to the escort Lion. This position requires standing for long periods of time, approaching people and explaining the vision screening program.

**Escort:** (2 positions) The Escort Lion will receive the consent form from the Greeter. They will bring the family or child to the vision screening position. Once the screening is complete, they will hand the appropriate form to the parent along with the screening explanation sheet.

**If the result is a non-refer,** they will hand the non-refer form to the parent and thank them for having their child's eyesight screened. They will then place the consent form in the appropriate box. They will then proceed to the next waiting family.

**If the result is a refer,** they will have the parent complete the required items on the consent form. They will hand the parent the refer letter, the printout of the screening results and the explanation of screening form. They will then file the consent form in the appropriate box. They will then proceed to the next waiting family. This position is suited to a Lion who enjoys doing paperwork and is detail and process oriented. This position also requires standing for long periods of time.

Each volunteer will receive fair admission tickets with mileage reimbursement. This link will take you to the Sign Up Genius app where you may select your volunteer shift or shifts. <https://www.signupgenius.com/go/5080D45ADAC2FA7F58-state1>

**The KidSight Foundation is requesting we be respectful of our assigned days. If you would like to volunteer on a day other than August 30 or 31, please refrain from registering until July 31. We want to allow time for districts to fill shifts with their club members.**

2,500 children had KidSight Vision Screenings during the 2019 fair. Join us as we volunteer our time to meet and exceed this number as we reach to obtain the ultimate goal of every child seeing clearly.

Club Presidents (incoming and outgoing): Remember the KidSight Foundation Sight Saver Award. When planning your year-end award ceremony, check to see if you are eligible to present a Sight Saver. As you plan the upcoming year events remember you have equipment at your disposal for vision screening events. Not sure what we are talking about? Once you have donated an accumulated total of \$1,000 to the MD5M Lions KidSight Foundation your club is eligible to present a MD5M Sight Saver Award. The equipment needed for a KidSight Vision Screening Event are free and available to all clubs. Please contact us. We will be happy to answer your questions. We are also available to attend your club meeting for a presentation.

Lion Ann Kaduce and Lion Mary Curtis, Directors, MD5M Lions KidSight Foundation, INC  
[5m7lionskidsight@gmail.com](mailto:5m7lionskidsight@gmail.com)



July 2021

First, the Minnesota Lions Hearing foundation board would like to THANK! all those clubs and individuals who donated and/or participated in the De-Feet Hearing Walk to raise funds and awareness for hearing loss and the isolation associated to those inflicted with hearing loss.

We are still bringing in money from walks that occurred after our original June 5th virtual walk, but will be able to give a final total amount of funds raised sometime this summer.

Some of you may not know what the funds are used for. Your financial support allows us to implement and endorse programs such as the Lions Children's Hearing Center (established in 1995), the Lions Children's Hearing & ENT Clinic (established in 2011), the new audiology booth and state-of-the-art equipment (2021), the Lions Professorship (established in 2011), diagnostic equipment for the new clinic (2021) and ongoing research.

Please remember to collect used hearing aids and get them to your Hearing Foundation trustee. They will be sure to take them to be asses and possibly refurbished to be used in our Affordable Hearing Aid Program.

To locate your district board member, go to <https://www.5mhf.org/board-lions-multiple-district-5m-hearing-foundation.html>

Lion Michele Plagman  
 Chair, Publicity committee

# DISTRICT CABINET NEWS

## MN Lions 2021 State Fair Booth

The booth will again be in the Education Building and will be shared with Vision Foundation and the Hearing Foundation. There will be promotional and informational materials on all Foundations to hand out, and we are planning a PLINKO game to make it more fun to hand out Give-Away items to the public.



Our days to serve are Thursday, September 2 and Monday, Labor Day, September 6 from 8:45am to 9:00pm. You can sign up for any other days also. The fair will be open August 26 through September 6. We are looking for 3 volunteers per 3-hour shift.

Please watch for the Sign-Up Genius coming your way; or ask any of the Foundation Trustees for details.



## LOOKING FOR GOOD LIONS!

The MLDF is in search of a good Lion to serve on the foundation beginning July 1, 2021. Also another Trustee needed in July 2022. You will be one of 22 trustees from all over the state of Minnesota. This is a very rewarding position and a great way to meet others and share in a wonderful goal of promoting awareness to Lions and the public of diabetes, and to help raise money through the Parade of Green and fundraisers for use in finding a cure for Type one and Type two diabetes.

### Our Mission Statement is :

*The Minnesota Lions Diabetes Foundation, Inc. is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health activities.*

This is a fun and fulfilling position. We meet quarterly and work closely with the University of Minnesota. And a beautiful brand new green shirt will be provided! I will personally work with you in the welcoming and learning process. Please contact me and I will be glad to discuss details.

Lion Joel Anderson Minnesota Lions Diabetes Foundation

Foundation Co-Treasurer District 5M7 Co-Trustee

Cell 612-723-9120 [Joeland1954@gmail.com](mailto:Joeland1954@gmail.com)

Web-site [www.MNLionsdiabetes.org](http://www.MNLionsdiabetes.org)

## 2021 MN Lions Childhood Cancer Foundation

### 'Shave for the Brave'

DISTRICT 5M7

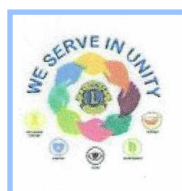


*is joining to shave as many heads as we can and raise funds for cancer kids. To donate go to:*

[mnlionschildhoodcancerfoundation.org](http://mnlionschildhoodcancerfoundation.org)

or mail checks to: Tom McCarthy  
23535 735th Avenue  
Dassel, Mn. 553253407

**Make check to: MN Lions Childhood Cancer Foundation. In Memo- Lions Name & District**



**HELP** Lions International tell our story by reporting your service on MyLion. Many Lions feel that reporting their service is not important. That's NOT TRUE! We need all clubs to report their service. The impact of our reporting is used to show the influence

Lions have in our District, our Multiple, the United States and Internationally. When your great work goes unreported, no one knows what your club has done and the impact your club is making to help others. This impact is important because these totals add up. With our membership and our service work, Lions can say we are the largest service organization in the world.

Lion Bernie Braegelmann

Global Service Coordinator



# DISTRICT CABINET NEWS

## CELEBRATION OF LIFE: PDG CLAY O'FLANAGAN 09-10

Date: Saturday, Sept. 18, 2021

Where: Legion Club in Buffalo, MN

Time: 11:00 am - service with lunch following. After lunch, (approx. 1:00-4:00) we will be celebrating Clay where we can visit, share memories, sing and have fun the way Clay would want us to.

Dress: Very casual, the way Clay would want it

Any updates will be posted on his Caring Bridge page:

<https://www.caringbridge.org/visit/clayoflanagan/>.



The coronavirus (COVID-19) pandemic continues to impact the work of Lions and communities around the world, creating financial hardships for Lions and the people we care for.

To support the incredible men and women serving with us, the International Board of Directors passed another resolution to help our clubs in the new Lion year. Here is an overview of the new resolution approved by **the board of directors: We have waived all charter and entrance fees from July 1 through December 31, 2021.** These additional measures will help Lions facing financial hardships and give our clubs the support and encouragement they need during these challenging times.

Regards,

Dr. Jung-Yul Choi, International President



### ZONE 3 = Becker, Big Lake, Clearwater, Clear Lake & Santiago

I just wanted to let you know that I am looking forward to being your Zone Chair again for 2021-2022. I hope that we will be able to have more zone meetings and I will be able to attend some of the events you have this next year.

I am looking forward to working together with all of you. - Zone 3 Chair Lion Deb Johnson

**Newsletter articles are due by the 25th of each month to: 5M7 Gram@gmail.com. NO EXCEPTIONS**

## CONVENTION NEWS

### CALLING ALL LIONS!



This is the first call for the **2022 5m7 Mid-winter convention. The dates are January 7 through January 9, 2022.** The location will be the NW Marriott in Brooklyn Park, 7025 Northland Blvd. That's at the corner of 694 and Boone Avenue N. The cost for the suites will be \$119 plus tax.

The committee is still working on details but this will give you a good idea of what and when things are going to happen.

The district's commitment to the Marriott is \$10,000. That revenue will be generated by charging everyone a registration fee. That registration fee has been added to the cost of meals.

Speaking of costs, here is an example of what we have to pay for dinner on Saturday night with a New York Strip on the menu. The Marriott is charging \$47. In addition to that there is a 24% service and gratuity charge added to the \$47. Once that has been added there is a state tax of 7.525% added to the total for a total cost of the meal of \$62.66. The convention has to charge that cost, to each person, having dinner on Saturday night. We'll have more cost information out when the expenses have been finalized.

#### Friday

Programming will begin on Friday afternoon with a gambling seminar. Lion Shawn Donahue will have more information out about that seminar later this year. There will be a cabinet meeting late that afternoon. This will be followed by a reception for the International Director.

#### Saturday

There will be several seminars in the morning. The convention will convene about 11:30 am. This will be followed by lunch, the memorial service, a business meeting and a Leo's speech contest. There will be a banquet. The day will end with entertainment and a cash bar.

#### Sunday

Brunch with an address by the International Director.

There will be much more information coming out as we get closer to the convention. This is just a heads-up for lions to begin to plan for this event.

Lion Jim Kugler

2022 Convention Chair





# WHAT'S UP

## My Street Construction Update:

Nothing major this past month. Apparently TRUE construction [and headaches] in my area will begin the week of July 4th at which time they will begin digging up my road. I can't wait!



Project New Hope held their first retreat in 18 months. It was attended by several Vietnam veterans and 2 Iraq veterans. There were also several spouses and 3 children. A lot of war stories were heard and a few stories that had nothing to do with war. It was very relaxing and very educational. Lion Kevin Beadles



**THE ELK RIVER LIONS** have had a busy month! For the first time, they ran the beer concessions at Zimmerman Wild West Days, with help from the Rogers Lions, Nowthen Lions, St. Francis Lions, Dayton Lions, Otsego Lions, and local charitable organization "HOODLUMS".

Elk River also has their biggest Club meeting since the start of the pandemic, where 3 new members were inducted by PDG Jim Kugler and 2 transfers were accepted.

After being honored by the Elk River City Council as Volunteer of the Month, Lion President Kevin Beadles recognized several Lions for 2 years of diligent work and innovative thinking during these strange times. Most notably:

Lion Amy Berthiaume

- 2020 Lion of the Year
- 2021 Melvin Jones Fellow

Lion Secretary Deb Weston

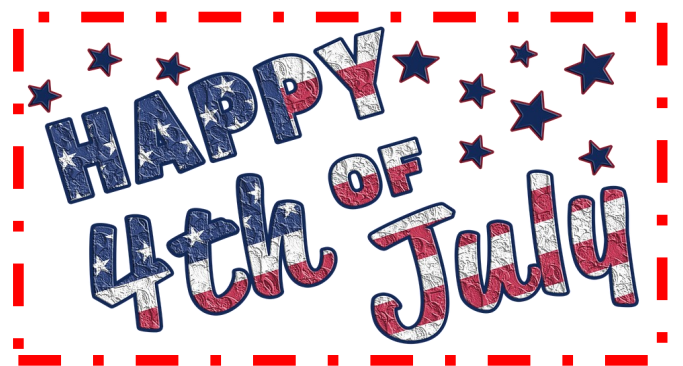
- 2021 Lion of the Year

Charter Member Lion Don McRae

- 50 Years of Service He said he's looking forward to the next 50.



July 15 - 18 -Sherburne Cty Fair  
 Sept 18 -Otsego Prairie Fest  
 -Thumbs Up High 5K/10K





# WHAT'S UP



## 2020-2021 District Governor Club Visit Request



Club: \_\_\_\_\_

Preferred Date: \_\_\_\_\_ Alternate Date: \_\_\_\_\_

Social Hour Time: \_\_\_\_\_ Dinner/Meeting Time: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Meeting Location: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Directions: \_\_\_\_\_

Dinner: Yes \_\_\_\_\_ No \_\_\_\_\_ Joint Meeting: Yes \_\_\_\_\_ No \_\_\_\_\_

If so, list other club (s): \_\_\_\_\_

Special Requests during visit: (Install officers, Induct Members, Present Awards, Other):

1<sup>st</sup> Vice District Governor Invited? Yes \_\_\_\_\_ No \_\_\_\_\_ Spouse? Yes \_\_\_\_\_ No \_\_\_\_\_

2<sup>nd</sup> Vice District Governor Invited? Yes \_\_\_\_\_ No \_\_\_\_\_ Spouse? Yes \_\_\_\_\_ No \_\_\_\_\_

Zone Chair invited? Yes \_\_\_\_\_ No \_\_\_\_\_ Spouse? Yes \_\_\_\_\_ No \_\_\_\_\_

Please return this form to me via email or snail mail to schedule your club visit. I will contact you prior to the visit to reconfirm your date and to go over any special requests.

Thank you. I look forward to visiting your club!

District Governor Judy Herrala  
22730 Waco Street NW  
Nowthen, MN 55070  
(763) 753-6962 (h)  
jihbells@earthlink.net

