

WE SERVE

NOVEMBER 2020



Lions, Lioness and Leo's,



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Have you ever thought about time travel? Where would you go? And when would you go? Would you go back one minute? An hour? Days? Years? Would you go back to a time in your life that has significance to you? Would you go back in time to witness a significant event in history? Would you go back in time to right a wrong or to try to change the trajectory of history? Or change the direction of a loved ones life?



While none of us has such a device or machine in our basement or garage, we are involved with Lions, which could be considered a time machine, of sorts. We change lives, we change futures, and we change history. We change lives when we provide eyeglasses. We change futures when we support our local food shelves. We change history when we help communities recover from natural disasters.

We Lions, Lioness, and Leos don't really need a time machine. Helping our fellow travelers is enough to change lives, futures and history. And we can do that now, without regrets, and without a time machine.

There are many types of grants available through LCIF to assist you in your "time travel". Go to **www.lionsclubs.org** and hover your mouse over "Resources for Members" to reveal a drop down menu and click on "Resource Center". In the search box type in "LCIF Grants" and there will be a list of grants that are available. There will also be tips in how to apply for the LCIF grants.

The other side of "time travel" is helping fund the "trips". Are you giving to LCIF, either at a club level or personal level? Anyone can give. It could be a one-time donation or it could be a monthly donation. I, personally, give monthly. LCIF gives me a receipt and I submit a copy of it to my employer who then matches what I give.

Thank you for what you have done in your most recent "travels" to change lives, futures, and history. You have made an impact!

Have fun "time traveling"!

Yours in service

DG Peter



INSIDE THIS ISSUE.....

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1st VDG Lion Judy Herrala

Lions, Lioness, Leos

Even though many events in my Vice District Governor (VDG) life have been cancelled or made virtual, I just returned from VDG Training in St Cloud which was an in person training! It was so good to be able to be with the VDG's from our multiple district! It was different than a normal VDG training. We social distanced and took precautions. No meals were served, we were on our own with that. We live streamed with our counterparts in Canada. Who would've thought that Lions would be zooming, live streaming, and using all of these electronics to make Lions happen? So with all this talk about live streaming and zooming and how to have a convention without being there......Say what???????



SAVE THE DATE! JANUARY 16th, 2021 The Lions of 5m7 will be holding our convention VIRTUALLY!

- -This will be a one day event.
- -The cabinet will be there to make this happen, while others will be able to be there from home or with their clubs where they meet.
- -There will be a business meeting, we will hear from DG Peter, we will have the memorial service, speakers, parade of green, and more! I can't wait for the parade!

The planning has just begun and the committee is excited. Please put the **date of January 16, 2021** on your calendars to attend our convention virtually. As the convention committee meets there will be more information coming out about this to our clubs.

Do we have any clubs out there who would like to meet as a club on zoom, but your club is not quite sure how to do that? I can help you get started with this if you want to try. We can practice one day and you can see just how easy and fun it is. Pretty soon you not only will be zooming with your clubs, but you will be zooming with family and friends from far away! I can see it now.

Are there any clubs out there who are finding unique ways to run a project? There are clubs who are finding ways to run projects safely, there are some who are unable to find those safe ways if the project doesn't allow it. And there are some clubs coming up with brand new ideas. Let's share the projects that we ARE able to do. This may give other clubs ideas. Post your activities on the "Lions of 5m7" Facebook page by sending your items to our 5m7 Secretary/Treasurer Jim Pokela and he can get them on the district Facebook page. This will get the word out and we can all see them.

Are there any of our clubs/club secretaries out there who still need assistance with reporting in MyLion? If YOUR clubs do not report your service activities, nobody does. Please let me know if you need assistance. I've assisted many and can help you and your club, too.

Please reach out to your District Governor Team if you have questions, need assistance or if you would like to chat about anything at all. We are here.

Hope to see you soon! Lion Judy Herrala





What happens with the Eyeglasses we collect!

A Lions Club President places collection pails in Minnesota optical stores, banks, school city halls, etc., so individuals can easily donate their old eyeglasses.

When an amount is collected by a Lions Club, please call either PDG Terry Wold or PDG Steve Linder and we will pick them up from you. We send the eyeglasses to the Minnesota Lions Eyeglasses Recycling Center in Sauk Rapids. From there, glasses are periodically taken to a recycling facility in Rosholt, Wisconsin, where optometrist-trained Lion members and others wash, repair, determine the prescriptions, and pack the eyeglasses. The glasses are put in bags, labeled with their prescriptions, and inventoried in a computer database. Glasses are destined for use in countries other than the United States, and groups can request eyeglasses for missions and international projects. Hearing aids can also be placed in collection pails, but any hearing aids collected will be forwarded to a Hearing Foundation trustee. Lions Clubs can make arrangements with PDG Terry Wold or PDG Steve Linder to receive collect pails or have glasses picked up.



PDG Terry Wold [West] terry_wold@hotmail.com 4113 Edgewood Road NE Blaine, MN 55104 H) 763-784-0203 C) 612-759-5433 Lion Steve Linder [East] linder71@usfamily.net 5567 153rd Ct. NW Ramsey, MN. 55303 H) 763-572-9348

Greetings Lions, Leos and Lioness of 5M7!

The MD5M Lions KidSight Foundation has developed Covid-19 vision screening protocols and



guidelines. We have also purchased Personal Protective Equipment for vision screening events. We have a school district in 5M7 that has incorporated KidSight Vision Screening into their ECFE program. They have already performed several screening events this fall. Our children still need us to be advocates for their vision! Interested? Want to learn more? Please contact us. We will gladly answer your questions and help you get a vision screening program started in your community.

Lion Ann Kaduce and Lion Mary Curtis, Directors, MD5M Lions KidSight Foundation, INC 5m7lionskidsight@gmail.com

Vision screening is not the goal; it is the method we use to reach our goal of



From the Gram Editor

A few words of **THANKS** for your patience while I work at learning [??] how to do the newsletter. I'm kind of a perfectionist so I'm always busy putzing, chang-

ing, adding, deleting items or re-arranging articles so they look better, go with content, or just 'cuz I thought it would 'flow' better. Sometimes it works and then again; sometimes it doesn't. When I send out 'suggestions' for the Gram, its because I think it might get those 'creative juices' flowing! If they're not 'flowing' its ok....just send me something otherwise I'll get a headache trying to think of what to write and the only way to get rid of a headache is to drink wine, right!?



ALASKA'S NEW CLIMATE THREAT...

In Alaska and other high, cold places around the world, new research shows that mountains are collapsing as the permafrost that holds them together melts, threatening tsunamis if they fall into the sea. Scientists are warning that populated areas and major tourist attractions are at risk.

One area of concern is a slope of the Barry Arm fjord in Alaska that overlooks a popular cruise ship route. The Barry Arm slide began creeping early last century, sped up a decade ago, and was discovered this year using satellite photos. If it lets loose, the wave could hit any ships in the area and reach hundreds of meters up nearby mountains, swamping the popular tourist destination and crashing as high as 10 meters over the town of Whittier. Earlier this year, 14 geologists warned that a major slide was "possible" within a year, and "likely" within 20 years. In 2015, a similar landslide, on a slope that had also crept for decades, created a tsunami that sheared off forests 193 meters up the slopes of Alaska's Taan Fiord.

"When the climate changes," said geologist Bretwood Higman, who has worked on Taan Fiord and Barry Arm, "the landscape takes time to adjust. If a glacier retreats really quickly it can catch the surrounding slopes by surprise – they might fail catastrophically instead of gradually adjusting."

After examining 30 years of satellite photos, for instance, geologist Erin Bessette-Kirton has found that landslides in Alaska's St Elias mountains and Glacier Bay correspond with the warmest years.

Warming clearly leads to slides, but knowing just when those slides will release is a much harder problem. "We don't have a good handle on the mechanism," Bessette-Kirkton said. "We have correlations, but we don't know the driving force. What conditions the landslide, and what triggers it?" Adding to the problem, global heating has opened up water for landslides to fall in. A recent paper by Dan Shugar, a geomorphologist at the University of Calgary, shows that as glaciers have shrunk, glacial lakes have grown, ballooning 50% in both number and size in 18 years. In the ocean, fjords lengthen as ice retreats. Slopes that used to hang over ice now hang over water. To deal with the hazard, experts hope to predict when a slope is more likely to fail by installing sensors on the most dangerous slopes to measure the barely perceptible acceleration of creeping that may precipitate a slide.

"Catch the Dream" - Life Without Diabetes!

15 8th Avenue North, St. Cloud, MN 56303

Goals/Mission: To promote the mission of the MN Lions Diabetes Foundation which is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health care activities.

www.mnlionsdiabetes.org

Catch the Dream...

& Catch some Ca\$h

A Minnesota Lions Diabetes Foundation cash raffle. Minnesota Lions Diabetes Foundation will donate net proceeds from this cash raffle toward research to treat and cure Type 1 and Type 2 Diabetes.



10 Winning Prizes! Tickets \$10

2 \$1,000 winners

2 \$500 winners

2 \$200 winners

4 \$50 winners

Minnesota Permit # X-93230-21-003

Drawing 7:30 a.m. Saturday, May 1, 2021

Ticket holders not required to be present to win. Winners will be notified. Contact your District Diabetes
Foundation Trustee for tickets & information!

Lion Joel Anderson 612-723-9120 joeland1954@gmail.com

Lion Karen Norell 612-718-3627

karennorell2161@gmail.com



LOOKING FOR A 2020-2021 2VDG CANDIDATE. KNOW A LION INTERESTED? ARE YOU INTERESTED? CONTACT DG LION PETER



Lion Anne Emanuel 8433 Gatewater Drive Monticello, MN, 55362 C) 612-715-0214



"Mission: Inclusion"

The longstanding partnership between LCIF and Special Olympics recently expanded. Beyond vision screenings 2020 is the year of many changes. The youth exchange and prescription eyeglasses, this five-year expansion, known as "Mission: Inclusion," is creating programs to support acceptance of people with intellectual disabilities within their communities.

Special Olympics and Lions Clubs International continue ties' youth. to work to show that individuals with intellectual disa- Youth Exchange will be providing opportunities for stufield, Special Olympics athletes and Leos continue to team up to create social inclusion.

Lion Kathy McMillian 5420 104th Ave No Greenfield, MN. 55357 h) 763-498-8277 kathyjmcmillian@gmail



The Can Do Woofaroo was held virtually on Saturday, Join us for the 2020 September 12th and was a great success. Approximately \$91,670 was raised as of October 11th with more donations trickling in. Thanks to every who participated &/or donated to this wonderful event.

The Fall Graduation was held on Saturday October 24th with viewing on the Can Do Canines website.

Volunteer & Outreach Coordinator Laurie Carlson Can Do Canines: When we have clients that get dogs in District 5M7 we'd love to send you that notification to share with your club members. Also any fun upcoming events. With most things virtual now, easy to attend! If you missed the Tails of Independence YES presentation [https://cdcstream.causevox.com] you can view it and still support. If you, or someone you know are interested, on getting and get your gift matched!

Lion Stefanie Nelson 5235 Knox Ave No Minneapolis, MN.55430 w) 763-506-7112 c) 612-298-1523





program had to cancel all incoming and outgoing youth last year due to the pandemic, but with all significant change comes new beginnings. And we are planning for 2021 to be the best year to travel for our communi-

bilities have core talents and abilities that they long to dents who would like to travel abroad to experience life offer to their communities. Both on and off the playing outside of the United States. We will also be welcoming students from other countries and seeking Lions to be host families for the students coming from afar.

> I will be reaching out to the Leos clubs to recruit students in the next month. I am open to speaking at Lions clubs to provide more information regarding hosting students and sending students abroad.

> Looking forward to providing students a chance to learn about life from other countries.

Virtual Leo Conference Saturday, November 14th 10:00am-2:00pm



Enjoy a panel discussion from the Minnesota Alliance with Youth council members and learn about the Lions KOPE project out of Delaware on mental health and drug prevention awareness and participate in group fun activities online.

We are looking for all Leo clubs to share their great ideas, resources or projects with other clubs. More information with details coming out soon!

Registration will be out by November 1st.

us with a gift. Help us meet our goal of raising \$125,000 on the mailing list please send an email to Stefanie Nelson at stefanieenelson@gmail.com



Greeting Lions, Lioness and Leos of District 5M-7.

I look out my window today and I had to pinch myself to make sure I was really seeing what I was looking at....... (shhhhhhh......snow......in October......before Halloween), as my Father-in-Law would have said.....Uff-Da!

Earlier in October, we held our fall Board meeting in St. Cloud, MN. We had some members present there is St. Cloud and some other were in attendance via a Go-to online meeting. Such is the nature of the beast with Covid-19.

We will be making our final \$100,000.00 payment on our \$1,000,000.00 10 year Endowed Professorship in March 2021. We ask the clubs in the District to remember us for the Parade of Green to be held during our District Convention in January 2021. Dr's Bevan Yueh and Samir Khariwala presented the research projects they were asking the Foundation to support. There were a total of 11 projects totaling \$50,000.00, those requests were approved.

We are making plans for the 2021 D-Feet Walk, not sure what it will look like exactly, weather it is in person, or a virtual walk, we are making plans. I am excited to come to your Zone meetings, or to a club meeting, weather in person or a zoom. Please call me or email me, I'd love to come tell you what all is going on at the U.

Yours in Lionism.

Lion Harold "Hal" Hinchliffe hhinchliffe9645@msn.com

H) 763-780-4842

C) 612-701-0228

5M-7 Trustee

Minnesota Lions Hearing Foundation



GRAM ARTICLES ARE DUE BY THE 25TH OF THE MONTH AND SUBMIT-

LATE SUBMISSIONS MAY NOT BE HONORED.

TED TO: 5M7gram@gmail.com.





who follow the Gram, this is a correction to the first article on LCIF for 5m7. That article stated the first grant was granted in 1987. That is not correct. The first LCI grant to 5m7 was in 1989. Since the first grant in 1989, there have been 13 grants awarded to 5m7. There is another grant waiting for final LCIF approval, but the story about the grant will be in another article. In 1990 LCIF awarded \$75,00 to purchase mobile medical service. Those monies were spent to purchase, or at least help purchase, the Wellness Van. The Wellness Van was a joint venture between Mercy/Unity hospitals and the 5m7 lions to provide free health screenings to the community. A lion's club would request the presence of the van to a specific event and the hospitals would send nurses out to conduct the screenings. The project continued until a few years ago when it became no longer cost effective to provide those screenings. The project has since been taken over by the Mercy/Unity Foundation. In 1995 LCIF granted an emergency grant of \$4,980.01 for Tornado relief. Again, in 1997 another emergency was awarded to the district. This time the grant was for \$10,000. According to PDG Bill Dubats about 30 hours after requesting the grant, monies were in the district account. A tornado ripped through Monticello leaving the residents without the ability to purchase prescriptions and groceries. Credit cards, cash and checkbooks were destroyed. PDG Larry Kounkel helped to administer the grant through a voucher system so folks could purchase those items. Monies donated to LCIF are returned to the district. Thanks to those clubs and individuals who continue to contribute to our charity, LCIF. THANKS

Lion Jim Kugler 5M7 LCIF District Coordinator



ZONE CHAIR NEWS

ZONE 3 Lion Deb Johnson

magnamomma@hotmail.com

Unfortunately, the Zimmerman Lions Club disbanded the end of August. Zone 3 now consists of Becker, Big Lake, Clearwater, Clear Lake, & Santiago.

I attended the Becker Lions Club meeting on September 14th. They are working with the City of Becker on updating Snuffy's Landing in Becker. This will be a great community project for them!

I attended the Santiago Lions Club meeting on Tuesday, October 13th. They are a very motivated club that work together so well! They did a Night to Unite where they did curbside pickup meals and gave away gift bags. They also did random drawings for prizes. They have a Trunk or Treat event planned for 10/31. They made up candy gift bags for the kids and will give them away via curbside. They will have a hay bales/scarecrow scene set up for photo ops (social distanced and monitored). They are in initial planning stages for a curbside pickup breakfast in December and fruit give away baskets to the needy for the holidays.

I have our 2nd Zone 3 meeting scheduled for Thursday, November 12th. It is being hosted by the Big Lake Lions Club and held at the Big Lake Lions/Township Hall.

Big Lake Lions Club is working on a Gun Raffle event to be held on January 23rd.

ZONE 4 Lion Monica Johnson

mdaljohn@msn.com

ZONE 5 Lion Angela Sedesky

sedesky641@msn.com

ZONE 6 Lion Mary Curtis

maryleacurtis@yahoo.com

ZONE 7 Lion Brian Sjerven

briansjerven@gmail.com

ZONE 8 Lion Paige Spink

ppatriot12@hotmail.coms

Overall it seems clubs are active with outside activities as much as possible while meetings are either held with low attendance, via Zoom or being rescheduled for January of 2021. Some activities that can be done safely are done while others are postponed until a later date.

The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart. Helen Keller



UPCOMING EVENTS

MIDWINTER CONVENTION NEWS

There will be a Mid-Winter Convention on January 16th. It will be held via the Zoom Virtual Meeting Platform. There will be a parade of Green and a Memorial Service. Watch for more details in the coming Gram.

PDG Lion Jim Kugler



We need clubs to provide biographical and service information including an original photo of our fellow Lions and Lioness who have passed in the last year. The Memorial Service is planned for the Mid-Winter Conven-



tion. **Please send the information no later than January**1 to: Lion Dan Kaiser 36455 Oasis Road, Lindstrom,
MN 55045.

Contact him at 651-583-3428 or danandcathy@frontiernet.net If you have any questions whatsoever, please call Lion Dan.



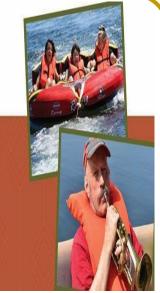
DST ENDS NOVEMBER 1ST



True Friends Belong Together

A Show and Yell Fundraiser

Thursday, October 22, 2020 12:00 p.m. - 12:30 p.m. CST Watch live online on Facebook or YouTube @TrueFriendsCan



The video "premiers" Thursday, Oct. 22 at 12:00 pm CST. To watch the show, to **www.truefriends.org/showandtell** or watch it on our Facebook or YouTube page @TrueFriendsCan. It will be available to watch afterward.

Ruth Kewitsch, Senior Director of Development | O: 952.852.0128 | C: 952.829.5911

TRUE FRIENDS | RuthK@truefriends.org

Camp Courage | Camp Friendship | Camp Eden Wood

Camp Courage North | Plymouth Office | Find All Locations

Facebook | Twitter | Instagram | YouTube Pinterest | LinkedIn

Please invite your friends and family, and join us for an online "show and tell" program where we showcase our camps and share participant stories. True Friends is a nonprofit agency providing lifechanging experiences that enhance independence and self-esteem for children and adults with disabilities.

True Friends' programs include camp, respite, therapeutic horseback riding, conference and retreat, travel, and team building; serving over 25,000 individuals annually. True Friends serves individuals in Minnesota and throughout the United States. For more information

www.truefriends.org or call 952.852.0101.



What's Up

FROM ELK RIVER LIONS......

There is an exciting new project in Dayton, MN. It is called the Magnus Veterans Foundation. It is the first of its kind!In early October, 2020, several local organizations including the Elk River Lions and other Lions Clubs and government officials attended the presentation of a 37-acre estate from philanthropists Sue Rawlings and her late husband Vincent E. Egan, creator of Sesame Street Live, to the Magnus Veterans Foundation.

The Magnus Wellness Center will provide social, spiritual, physical, medical, and psychological experts to help veterans and their families adjust to life after military service. It's being put together by a team of volunteers led by a medical doctor who is a recently retired lieutenant colonel. It will take about a year to transform this beautiful property into a wellness center, so they hope to be up and running by November, 2021. All services will be free for the veterans and their families! If you are a veteran, get on their list. If you have funds to donate, they would appreciate your support. If you're looking for a service project, ask them about their volunteer needs.

The Elk River Lions Club helped them with some start-up funds and plan to support them in the future with funds and volunteers. Elk River Lions Past President Deb Weston has already been very active doing volunteer work with them, along with a very energetic local charitable group, the Hoodlums. Also, Project New Hope of Minnesota is looking into working with Magnus Foundation, as their mission is the same. We are all optimistic with the potential for helping so many more veterans with this new approach. More details will follow as things take shape. Take care of each other and be safe

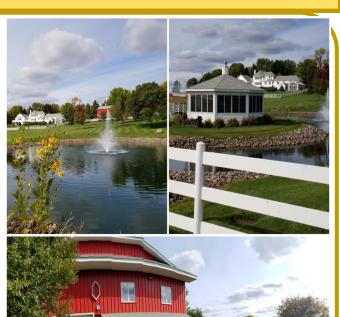
Lion Kevin Beadles , President, Elk River Lions

Magnus Veterans Foundation

16861 North Diamond Lake Rd, Dayton, MN 55327

www.magnusveteransfoundation.org

contact@magnusveteransfoundation.org





Project New Hope had a cabinet meeting 10/3/2020 in St. Cloud. Elections ere held for two vacant board positions. Lion Cindy Hagen [5M7] was voted executive secretary and Lion Tom Nokk [5M5] was voted Vice Chairperson. All retreats have been canceled. There is one more retreat scheduled in December and any decisions regarding that retreat will be made beginning of December. For more information about Project New Hope, Lion Cindy and Lion Kevin are available via Zoom or whatever platform should clubs wish to use.



What's Up



The Spring Lake Park Lions provided the Brats and Kraut at the annual Torg's Brewery Oktoberfest on October 5 in Spring Lake Park. Many brats and hamburgers were sold to go along with Torg's Craft Beer.







USED COOKING EQUIPMENT FOR SALE FOR SALE

The Coon Rapids Lions Club has two 34 qt. Bayou Classic Turkey Fryers model 9514 for sale. \$50.00, best offer? Also have two Ducane Portable Propane grills. Push button ignition, Stainless steel sear grill. \$100.00, best offer? Thanks.

Joel Anderson Coon Rapids Lions Club 612-723-9120 Joeland1954@gmail.com







What's Up

LION'S DAY AT FEED MY STARVING CHILDREN 10-20-2020 REPORT

Location/# Packing Ses- sions	Total # Vol	#Lions/Leos	#Bx Packed	Tot # Meals	# Kids Fed for a Year	Cost of Food
Chanhassen/3	25	14 [56%]	60	12,960	36	\$3,110.40
Coon Rapids/4	113	76 [67%]	183	39,528	108	\$9,486.72
Eagan/2	45	28 {62%]	80	17,280	47	\$4,147.20
Totals/9	183	118 [65%]	323	69,768	191	\$16,744.32

Breakdown:

Each bag of food feeds 6 kids. There are 36 bags packed into each box. 6 x 36=216 meals

323 boxes x 216 meals = 69.768 meals

69,768 meals divided by 365 days in a year will = 191 kids fed for a year

323 boxes x \$51.84 [cost/box] = Total cost of food \$16,744.32

AMOUNT OF DONATIONS FROM ALL 3 LOCATIONS = \$16,211.35 WITH MORE DONATIONS STILL COMING IN! THIS AMOUNT IS FROM DONATIONS WHICH STARTED MARCH 1, 2020 THRU OCTOBER 20, 2020.

CLUBS WHO VOLUNTEERED AT CHANHASSEN WERE: BLOOMINGTON, EDEN PRAIRIE, HAMBURG, HOPKINS & NORWOOD YOUNG AMERICA.

CLUBS WHO VOLUNTEERED AT COON RAPIDS WERE: BLAINE CENTRAL, COON RAPIDS, FRIDLEY, MINNEAPOLIS RIVERVIEW, MONTROSE, MOUNDSVIEW, NEXT GENERATION/DT MINNEAPOLIS & OSSEO. ALSO, ANDOVER LEOS AND COON RAPIDS LEOS

CLUBS WHO VOLUNTEERED AT EAGAN WERE: BURNSVILLE, EAGAN, INVER GROVE HEIGHTS, LAKE ELMO, MAPLEWOOD NORTH, NORTH ST. PAUL, ST. PAUL EAST PARKS, ST. PAUL MIDWAY & VADNAIS HEIGHTS.

THANK YOU SO VERY MUCH TO EVERYONE WHO PARTICIPATED & DONATED & MADE THIS A GREAT DAY FOR THE STARVING CHILDREN OF THE WORLD!!

LIONS BILL & MARCIA GUTHRIE

CO-CHAIRMAN OF THE 2020 LION'S DAY AT FMSC

Please keep in mind that FMSC always needs volunteers and donations. Volunteers can be individuals, family, friends, Lions Clubs, etc. THANK YOU to ALL of the clubs who participated and donated!! Clubs and individuals and businesses can still donate in October and November. Be sure to put LION'S DAY on the Memo line! If you have any questions or comments, please feel free to email Lions Bill and Marcia at: bmguthrie9@q.com Thanks again!!