www.5M7.org

5M7 GRAM

WE SERVE

Lions, Lioness and Leo's,

September is upon us. A time of transitioning from one season to another. A time of change. A time to wrap up the summer months and prepare for the cold and icy days of winter, where we look forward to the days of spring where new life is awakening around us and the air is fresh.

SEPTEMBER 2020

It's a little like our lives right now, Covid-19 was the blizzard that put us into the winter months, but with little warning. We also know

that eventually winter ends. The cold days gradually get longer and warmer. New growth begins all around us as the trees bud, the flowers start blooming and the lawns start greening up.

I am anticipating spring where we can all meet together again with Covid-19 behind us as just a memory of a winter that came early. A winter that was long, but gave us a chance to better prepare for the upcoming spring. Until then, keep serving your community as best you can and prepare for the spring because when it comes it may come as quickly as the winter did. Will you be ready?

Will you be ready with new and needed community projects? With new and innovative **"fun"raising** ideas? With new and excited members to chair the project and **"fun"raising** committees. The downtime of winter is the perfect opportunity to prepare for such growth.

Spring is coming!

Yours in service DG Lion Peter Lendway Governor's Message VDG Messages District Cabinet Messages Zone Chair Messages 5M7 Upcoming Events Columbus Lions Governors Visit Form

INSIDE THIS ISSUE.....

Editor's Note: It's that time of year when clubs need to be thinking about the Governor's visit. Readers will find the form at the end of the Gram. Please bring to your next meeting and schedule as soon as possible.





Motto: Kindness Matters



1st VDG Lion Judy Herrala



5m7 Lions, Lioness and Leos,

The beginning of this 2020-2021 year certainly has been a different start than in past years and has also been an exercise in creativity with a bit of change thrown in. And that is a good thing! I see it most days that our 5m7 clubs are finding ways to serve during the pandemic. It is my belief that our clubs can find ways to continue with most all our activities by switching things up and doing things a bit differently.

By thinking of the purpose of our events, I think we can find ways to make that purpose happen for our communities. Need an example? At the end of October, the great pumpkin usually visits our communities on Halloween and I think many of our clubs host Trunkor-Treat events. So the purpose is for the kids to get candy. Of course we can still give out candy to kids, but may just have to give it out a different way! A drive through trunk or

treat might just be the ticket for a fun time. All candy could be bagged ahead of time for each child and as the cars drive through, they are given a bag of candy or toys, whatever you usually give out. I have seen on Facebook lately that parents are asking if other parents are taking their kids trick-or-treating and they are most all saying, "you bet we are." A drive-thru experience might be a fun time!

So what about a Breakfast with Santa where we may not be able to host hundreds of kids for a meal, crafts and Santa? The purpose of the event is for the kids to see Santa. So having the meal may not be feasible, but having Santa pass out goodies, candy canes, and a take home craft to the kids could work. What are some of YOUR ideas for activities that your clubs are doing? Please share them with me and I will make sure to get them in the newsletter for October!

August is the month for the traditional visit for the 1st VDG's of each district to visit Leader Dogs for the Blind in Rochester Hills, Michigan to tour and learn more about them. This was accomplished this month virtually with a bit of time on each Monday to learn about Leader Dogs for the Blind. Did you know that Leader Dogs for the Blind has a very informative website? I encourage each of our lions members to peruse the Leader Dogs for the Blind website to learn more about it. And then invite Lion Ann Keefe to your club or your zone for a presentation about Leader Dogs for the Blind.

I see that District Governor Peter is getting some governor visits lined up. I will tell you from the governor side of the club visits, it is always exciting, interesting, eye opening and amazing to see all that our clubs do.

Thank you District 5m7 Lions, Lioness and Leos for doing all that you do. Keep up your great work! I am constantly inspired and amazed to hear about and see what our clubs are doing in your communities. Keep in touch with your governor team. We love to hear from you. Hope to see you soon!

1st VDG Judy Herrala

2nd VDG Lion Mark Landwehr

We will look forward to VDG Lion Mark to have comments in next month's Gram.

Gram Editor

DISTRICT CABINET NEWS

Minnesota Lions Vision Foundation

More than 100,000 Americans are in need of eye, tissue, or organ donations right now. Worldwide, a shortage of corneas for transplant is leaving too many people waiting for the chance to see. You can help. Please consider becoming an eye donor after your death. The gift of sight is a precious thing. <u>Donation Facts:</u>

Almost anyone can be an eye donor. Poor vision, cancer, or age may not prevent donation. Most religions support eye, tissue, and organ donation as the final act of love and generosity toward others. Eye donations are used for sight saving cornea transplants, research, and education.

Transplants:

Donated corneas restore sight and improve a person's quality of life. Donated corneas benefit the public by returning individuals to productive and active lives. More than 1.5 million recipients have benefited since 1961!

Research:

Eye tissue donated for research helps scientists learn more about diseases like macular degeneration, diabetic retinopathy, and glaucoma Donated eye tissue leads to the development of new medications and surgical techniques and educates the next generation of doctors.

Stories from recipients:

Eye surgery complications left Christine nearly blind in her left eye. She struggled to perform ordinary activities until a cornea transplant restored her sight. Kailee was not yet two when a Christmas tree needle pierced her right eye, scarring her cornea. Thanks to a young donor, Kailee received a sight-saving cornea transplant and is now thinking about becoming an eye doctor. Marcia's vision problems started in high school. Thick glasses and front-row seats didn't overcome her failing sight, but a cornea transplant did. Now Marcia is pursuing a - career in criminal justice. Jason was diagnosed with aggressive keratoconus in both eyes, Jason needed cornea transplants for normal vision. His donor corneas allowed Jason to serve in the military with a sharpshooter ranking.

Lions Gift of Sight is a non-profit organization that is part of the University of Minnesota and supported by Minnesota Lions clubs. Minnesota's only eye bank, Lions Gift of Sight has helped restore sight for 60 years.

PDG Terry Wold [West] terry_wold@hotmail.com 4113 Edgewood Road NE Blaine, MN 55104 H) 763-784-0203 C) 612-759-5433 Lion Steve Linder [East] linder71@usfamily.net 5567 153rd Ct. NW Ramsey, MN. 55303 H) 763-572-9348 Greetings fellow Lions, Leos and Lioness of 5M7!

Our quarterly Foundation meeting on August 12 was held via teleconference. This is how most of our meetings are held and are very productive. A good portion of our time was spent fine tuning protocols and procedures for screening in our current world of COVID-19. We have been busy acquiring personal protection equipment for you to use at your screening events. Two school districts have already reserved equipment for their school screenings.

Remember, we are available to attend club meetings, zone meetings, meeting with school nurses and childcare centers. Call us if you need help coordinating an event or would like additional information on vision screening. We are here to help you as you SERVE your community youth.

Lion Ann Kaduce and Lion Mary Curtis, Directors, MD5M Lions KidSight Foundation, INC 5m7lionskidsight@gmail.com



Vision screening is not the goal; it is the method we use to reach our goal of every child seeing

DISTRICT CABINET NEWS



Start in Your Own Backyard

We in the <u>Land of 10.000 Lakes</u> must take care of this valuable resource, **water**. The University of Minnesota Extension reminds us "start in our own backyard." Here are some quick tips:

Select plants that will thrive in your existing soil type, light and space. Collect and use rainwater to water plants - all plants need water to be healthy and grow.

Lawns need less water than we think. Water in early morning (4 a.m. to 8 a.m.) to allow leaves to dry and reduce diseases. Feel top 6" of soil. Dry? Time to water. Use sensors and smart controllers on automated irrigation systems. Water deeply, and less often, to encourage root growth and drought tolerance.

Trees need more water. Water evergreens until the ground freezes. Newly planted shrubs and trees require more watering until established. Mulch plants to conserve moisture.

Knowing what, when and how of watering in our garden and landscape is key to growing healthy plants and conserving our water supply. Check with the University of MN extension for more information.

Unrelated topic – Some people have received unsolicited seeds – The Mn Dept of Agriculture asked that we do not throw away the package or contents, do not plant the seeds, but contact Arrest the Pest line at 1-888-545-6684 or <u>arrest.the.pest@state.mn.us</u> and provide you name and contact information and the date the package was received. Officials will coordinate the shipping the package and contents to MDA seed program. If you have planted the seeds, please contact the Arrest the Pest line.

Take Care, Be safe

Lion Jan Dubats, Environmental Chair 5M-7



"Catch the Dream" – Life Without Diabetes! 15 8th Avenue North, St. Cloud, MN 56303

Goals/Mission: To promote the mission of the MN Lions Diabetes Foundation which is dedicated to improving the quality of life for people with diabetes by funding research to cure diabetes, providing education and sponsoring preventive health care activities.

We are constantly updating our website: **www.mnlionsdiabetes.org** so please check it out for more specifics on events and educational information.

We will soon have raffle tickets again for a fun way to raise some funds. All prizes will be cash and tickets are \$10.00 each. Our theme is – "Catch the Dream-Catch Some Cash". We would love to get some tickets to your clubs and Zone Meetings!

Prizes will be --- (2) \$1000.00; (2) \$500.00; (2) \$200.00; (4) \$50.00 – That is 10 prizes totaling \$3400.00 That is a lot of chances to win! Ticket Price --- \$10.00 each

Our sincerest thanks to all of you for your tremendous past support in helping us to "Catch the Dream" ...LIFE WITHOUT DIABETES! Lions Joel and Karen are eager to come to your club to tell you about our foundation. – Just give us a date!

Lion Joel Anderson joeland1954@gmail.com

612-723-9120

Lion Karen Norell Karennorell2161@gmail.com

612-718-3627





Lion Anne Emanuel 8433 Gatewater Drive Monticello, MN. 55362 C) 612-715-0214



Lion Stefanie Nelson 5235 Knox Ave No Minneapolis, MN.55430 w) 763-506-7112 c) 612-298-1523 stefanieenelson@gmail.com



Lion Kathy McMillian 5420 104th Ave No Greenfield, MN. 55357 h) 763-498-8277 kathyjmcmillian@gmail.com

Our cabinet members are always willing and able to attend club meetings and share their information and knowledge about these wonderful programs. Feel free to contact them and set up a date.

DISTRICT CABINET NEWS

MINNESOTA LIONS VISION FOUNDATION

Due to COVID-19 and the safety for all, we have decided to cancel Thanksgiving for Vision and the MLVF Eye Ball.

Thanksgiving for EYE Vision U



Even though things are limited in the world currently... the Minnesota Lions Vision Foundation and Lions Gift of Sight are up and running. MLVF Directors are available to visit your clubs (virtual or in person) to give you an update on all that is happening.

DISTRICT CABINET NEWS

MN Lions Childhood Cancer Foundation is pleased to announce an extremely successful Shave for the Brave! Fundraiser. In the middle of a pandemic with all our gatherings of conventions and meetings postponed or held online, we persevered and raised over \$18,000! We thank all of you for your supportive contributions and spreading our fundraising information.

MN Lions Childhood Cancer Foundation has also raised over \$100,000.00, during the last Lions year, which after matches, became \$300,000 for the University of Minnesota Masonic Children's Hospital Childhood Cancer Survivor Program. We are looking forward to a check presentation ceremony when safe to do so.

Believe award: Clubs donating \$1,000.00 have earned our beautiful, Believe Award. We are so proud of the design and hope your club can display your successful contributions to assisting children with cancer. Currently our foundation is keeping records of all the club donations. Your club does not have to contribute all the funds at once to earn the Believe Award. Donations to the U of M Hospital will be designated for the Childhood Cancer Survivor Program. And the MNLCCF is the leading contributor for this new program! And we have pins!!!! Please request pins from your district representative, they are \$5.00/each. Two Recent donations: Kamp Kace (Kids Against Cancer Everywhere) http://www.kampkace.org in central Minnesota will use \$9,000 to pay for winter camps in the 2019 season by teens enjoying winter camp experiences, and to assist in their needs for the future. Unfortunately, the summer camp for 2020 was postponed due to the pandemic.Crescent Cove http://crescentcove.org : Crescent Cove wants to install a picnic area that will accommodate handicapped children and their families. Because of the unique design and safety features, this will cost about \$15,000. We would propose that the Lions of Minnesota fund this necessary project. The MN Lions Childhood Cancer Foundation will match any contributions by clubs or individuals at the rate of 1.5 to 1. That is, if a gift of \$100 is made, the Foundation will match it with another \$150. If we can raise \$6,000 from clubs and individuals, the Foundation match of \$9,000 will reach our goal. (Note Crescent Cove on the memo line of checks.)

Clubs can now write their checks to the MN Lions Childhood Cancer Foundation!!!(we just got our 501c3 status) and send the checks to Lions Tom McCarthy, (Treasure of the MNLCCF). Tom's address is 23535 735th Ave, Dassel MN 55325. Lion Tom will keep careful records of all club donations. Again, once a club reaches the \$1,000.00 donation level, they are eligible to receive a Believe Award.



MN LIONS CHILDHOOD CANCER FOUNDATION

CHILDHOOD CANCER T-SHIRT SALES

September is just around the corner. Show your support for Childhood Cancer Awareness month with a long sleeve t-shirt from our Foundation!

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ZONE CHAIR NEWS

Zone 3 Report

We had our first zone meeting on August 17th. The Becker Lions Club hosted the meeting at Pebble Creek Bar & Grill. We had 28 people attend from Becker, San- August 17th. The Lioness clubs have something tiago, Clearwater and Big Lake. Zimmerman and Clear Lake were unable to attend. It was a great meeting and everyone enjoyed getting together. We talked about how things were going for each club. The discussion formative and worthwhile. Clubs who attend have topic for the meeting was community service. I handed out the community assessment form and asked each club to think about completing one and coming up with a project for the year.

I have set up dates with each club to attend one of their meeting in the next few months. I will be going to Becker's meeting on September 14th, Santiago's meeting on October 13th and Clearwater's meeting on November 10th.

I'm truly looking forward to working with all Zone 3 clubs and getting to know my fellow Lions better this year!

Lion Deb Johnson Zone 3 Chair / Big Lake Lions Club Email me at magnamomma@hotmail.com

EDITOR'S NOTE.....

I was invited to my first Zone Meeting [Z-3] on similar but they were called 'Group Meetings'.

No matter what you call them, they are inan opportunity to share...share what they are doing in their club and community while sharing new ideas and projects so all can learn from them.

This is not 'just another meeting' but one where everyone who attends can network with other clubs and join in conversations on important topics such as community needs and working towards improving the club membership.



Zone 4 Cabinet Report Lion Monica Johnson Email me at: mdaljohn@msn.com

Zone 5 Report Lion Angie Sedesky, Email me at: sedesky41@msn.com

5M7 Zone 6 **Lion Mary Curtis** Email me at: maryleacurtis @yahoo.com

Chair Zone 8 Report Lion Paige Spink Email me at: ppatriot12@hotmail.com

Most clubs have a Facebook page, some even have Twitter. These social media sites can serve as a valuable tool for us if we use them right and to our advantage. Club news, events, flyers, upcoming projects....all play an important part in letting the community know WHAT we do and WHEN we do it. It gives us an opportunity to let the community know where their donations go when they attend that golf tourney, fish fry or pancake breakfast.

Make your community aware of the books you buy for ECFE, the gift baskets for seniors, the donations you made to the local food shelf, the money for a senior scholarship, or the work you did in building a ramp for a handclapped individual.

Let's not keep all this good work and service a secret anymore!

LION'S DAY AT FMSC - TUESDAY OCTOBER 20, 2020 ALL PREVIOUSLY EXISTING RESERVATIONS WERE CAN-**CELED ON AUGUST 12!!**

Sign up now to be a part of the 2020 LION'S DAY at FEED MY STARVING CHILDREN!! www.fmsc.org Click on Volunteer at the top of the page. Scroll down the page to Looking for a Specific Group? Type in LION'S DAY. Click on Search Groups. Choose the location from the list below and the time slot that you would like to volunteer. Click on Join. Either Log In (if you already have an account with FMSC or Create an Account). To create an Account, all you need to do is put in your name, address, phone number, email and a password. Once you are into the Join Group, just answer the questions and there will be a confirmation that you need to do and you are registered. If you need any help with this OR want us to sign you up, please feel free to contact us - Co-Chairman of LION'S DAY - Lions Bill & Marcia Guthrie, #763-786-8072, bmguthrie9@g.com

CHANHASSEN – 18732 Lake Drive East, Chanhassen, 55317

Lion's contact person – GST (5M2) Lion Darlene Mondor – mondordarlene8@gmail.com

GST (5M5) Lion Bernie Braegelmann – Bernxie@aol.com

Shift times and # of reserved spots - 9:00 AM - 11:00 AM - 70

12:00 PM - 2:00 PM - 70 6:00 PM - 8:00 PM - 70

COON RAPIDS – 401 – 93rd Avenue NW, Coon Rapids, 55433

Lion's contact person -(5M7) Lions Bill & Marcia Guthrie - bmguthrie9@q.com

Shift times and # of reserved spots - 9:00 AM - 11:00 AM - 50 12:00 PM - 2:00 PM - 50 6:00 PM - 8:00 PM - 50

EAGAN – 990 Lone Oak Road, Suite #136, Eagan, 55121

Lion's contact person -DG Lion Gina Detviler gmdetviler@lions5m-6.org

Shift times and # of reserved spots - 9:00 AM - 11:00 AM - 75 12:00 PM - 2:00 PM - 75 6:00 PM - 8:00 PM - 75



TURN HUNGER INTO HOPE WITH YOUR **OWN TWO HANDS!**

SATURDAY SEPTEMBER 19th, 2020

St. Michael Lions 2020 Scholarship Drive Golf Tournament- Cedar Creek Golf Course Albertville MN



Tee Off: 2:00 pm Shotgun start For-

mat: Four Person Scramble Cost: \$90 Per player includes 18 holes golf with cart and Meal

Go to www.stmlions.org to sign up online . Prizes, raffle

https://www.facebook.com/events

SATURDAY SEPTEMBER 19th, 2020

BACK TO THE 50's CAR SHOW and CONCERT

Thunder Blades Roller Rink 315136 125th St. Princeton, MN. 55371



CAR SHOW: 12-5pm Pre-register \$5 [www.twincities-events.com/50s-car-show] Register day of show: \$10 Drawings \$1000's in prizes...\$100 Cash Prize 1st & 2nd place .

LOOKING FOR FOOD/TRUCK VENDORSAND REFREASH-MENTS. Contact Lion Dave Schumacher @763-286-3577 or email @ DLS DLS 2210@gmail.com.



CONCERT: 50's American Bandstand 5pm-7:30pm \$15 at the door.

SUNDAY SEPTEMBER 20th, 2020



Scramble at Oneka Ridge Golf Course for a day of golf in a fun, yet socially conscious, full outdoor setting with events, raffles, Wiseguys pizza, lunch and prizes.

7am Registration \$80/golfer includes green fees, cart, tee gift and box lunch \$320/foursome Payment due 9/18*

8am Shotgun Start 1pm Outdoor lunch and ceremony

Raising funds to benefit frontline workers, first responders and those impacted by recent events. *VENMO @HUGO-LIONS | ONLINE AT GOODNEIGH-BORDAYS.COM/HUGO-TOURNAMENT for sponsorship/s*

*PAYPAL.ME/HUGOLIONSCLUBMN | CHECK PAYABLE TO HUGO LIONS GOLF: PO BOX 321, HUGO MN 55038

*ADD A SPONSORSHIP: RED \$300 WHITE \$200 BLUE

Columbus Lions







Christmas in August



On Friday, August 7th, the Columbus Lions presented the residents at the Birchwood Senior Center with "Christmas in August." A few Lions members put together a total of 26 goodie baskets for Residents in the Assisted Living portion of the center, containing such things as; dental hygiene items, personal care items, candy, puzzles and games for the residents to help bring some cheer to their day. Lions also handmade 26 vases with flowers for the residents who are in the intensive care side. Each basket and vase came with an inspirational quote, as well as a handmade greeting card from the local Girl Scout troop.

With there being many restrictions now due to COVID, we were only able to leave the packages outside, and the nursing staff delivered them to the residents. Birchwood was so kind to share some pictures of the residents as they recieved their goodies! Even with a mask on, you can still see the smile in the residents eyes to receive such a great gift. Many of these people have not been able to see their loved ones, have outside communication or even be able to interact with one another. This was just a small token to remind them that they have not been forgotten about, and that they matter.

Your Columbus Lions Club





2020 – 2021 GOVERNORS VISIT

Preferred Date:		_ Alternate Date:		
Social Hour:		 Meeting/Dinner Time: Phone:		
Location:				
Dinner: Yes No	Joint Meeting? Yes	No		
If Yes, list other clubs				
Special Requests durin	ıg visit:			
Install Officers	Induct Members _	Present Awards	Other:	
1st VDG Invited:	Yes No	Spouse/Partner	Yes	No _
2nd VDG Invited:	Yes No	Spouse/Partner	Yes	No _
Zone Chair Invited:	Yes No	Spouse/Partner	Yes	No _
2nd VDG Invited: Zone Chair Invited: Please return to me via e	Yes No Yes No email or snail mail to sch	Spouse/Partner	Yes Yes	No No
District Governor Lion Po	eter Lendway			
O Box 14, Braham, MN 5	55006			
l: 320-396-4621				

(Print, fill in and cut, paste into your email account and send or send by US Postal Service to District Governor Peter Lendway)