



### **SEPTEMBER 2022**

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### HELLO FELLOW LIONS AND LEOS.

The summer is flying by; I can't believe August is almost gone. I have met a lot of wonderful lion members in the past two months, I want to meet all of you. I would like every club president to contact me and set up a governor visit; preferably before our mid-winter convention in January. I don't mind if two or three clubs want to get together for these visits. I would like clubs that are not meeting for a dinner meeting and have't since covid to consider doing so again. I think dinner meetings help build fellowship. I teach confirmation at my church and the first night of class I ask my kids why they attend mass. I get a lot of great answers and I write them on the chalkboard as I get them. When they are finished we look them over and more often than not I tell them they missed one. I come for the cookies after mass also. The cookies and the fellowship. The really successful churches have great fellowship. So do the really successful lions clubs.

If you have never met our new International Lion President, Brian Scheehan you might want to consider buying a ticket to his October 4th block party on Nicollet Island. President Brian is a very busy lion member; I was told he only has five days all year that aren't booked with either family or lion functions. President Brian has a personality that once you meet him you will never forget him.

If your Lions club is considering booking a hospitality room at our mid-winter convention, please do so soon. They will go fast. There are only ten rooms left available.

Some of the zone chairs have met with myself, and our governor team. They are in the process of setting up the first of three zone meetings for the coming year. So you might ask yourself, why do we have zone meetings? I'll try and answer that. First, the zone meetings give all the clubs a chance to share ideas on service projects. It also gives club presidents a chance to get answers on issues they are having in their clubs. The first zone meeting will be centered around service projects, the second around membership, and the third around leadership. At a minimum your club president and secretary should attend, but everyone in the club is welcome. There will always be a meal at these zone meetings. The hosting club gets to decide what's for dinner.

Lions International is raising membership dues. A three dollar increase took effect on July 1st of 2022; a two dollar increase will happen on July 1st of 2023, and a two dollar increase will take place on July 1st of 2024. This is not a lot but the clubs might want to increase their membership dues a little to cover the increase.

I will be working at a ticket booth at the state fair Saturday the 27th. Stop by and say hi.

DGE Mark Landwehr

## LEADERSHIP MESSAGES



### Hello Lions and Leos

What have you learned today? If I were to ask you, what would you say? Did you follow a new recipe? Or try a new paint or stain on a project? Did you learn something new that your go-to software program could do?

There are different ways of learning. One way is by listening. Another way is by watching. And yet another way is by doing. No one way is better than the other. In fact, it is predominantly how an individual approaches learning that determines which way works best for them.

What I have found, for me, is that is specific to the topic of study and it is usually a mix of all three. I like to read about a topic, see it demonstrated, then try it myself. Sometimes, though, just reading and watching is enough to gain an understanding of the topic.

I am reminded of a quip attributed to Will Rogers "There are several types of people in this world. Some learn by listening. Some learn by watching. And then there are those that just have to pee on the electric fence for themselves!" LOL!

As Lions we are "doers". We try things to see if they work and are not afraid of the outcome because we are confident that by doing we will learn what works and what doesn't. And then we will try again with the new-found knowledge gained from the previous effort.

I would like to encourage everyone to learn something new and become a doer.

Pee away!

**1VDG Peter Lendway** 

### Greetings Fellow Lions and Leos,

It doesn't seem possible that school is starting back up, people are searching out everything pumpkin spice and our days are getting shorter! So many things to fit onto our days. Hopefully, you can fit a few moments into some of your days for Lions.

Enjoy your club time. Its where you work together and plan your community projects and events. As IP Brian states, "Together We Can" and you are! You are making a difference. Make sure we know about it. We want to support your club. Utilize your free advertising. Submit your flyer to our gram editor (5m7gram@gmail.com), have your event placed on the district website calendar (5m7webtech@gmail.com) and utilize social media (Facebook, Instagram, Twitter).

Need some extra helping hands with your events? Ask your neighboring clubs or how about a coworker or neighbor. They might enjoy the opportunity to serve others and you could gain a new member.

Mark your calendar for our **Midwinter Convention**. It will be **January 27-29**, **2023**, at the **Kelly Inn in St**. **Cloud**. The planning committee is working hard to provide an excellent opportunity for Service and Fellowship. The change in venue and date will allow the return of hospitality suites Friday evening. I hope to see you there!

Make September a great month!

**2VDG Mary** 

"If you want to be successful, it's just this simple. Know what you are doing. Love what you are doing. And believe in what you are doing."

- Will Rogers

### Dear Lions and Leos

I am Lion Judy Herrala, your Global Membership Team Coordinator this year. I am able to provide you with resources for

your clubs and I hope you will call me, email me, or text me. My information is below. Lions International also has so many resources for our clubs to utilize when we think about membership.

Are you the Membership Chairperson in your club? There is a page on the Lions website just for you! Here it is: https://www.lionsclubs.org/en/resources-for-members/resource-center/club-membership-chairperson

This page has topics such as: Getting started as your clubs membership chair, getting new members, remotivating current members, club chairperson resources, etc. There are links provided there to ALL of this goodness! I can guarantee that if you take the time to go to this webpage, that you will come away with some new ideas for membership in your club.

If your club doesn't have a membership chairperson for your club, I will ask...why not? And then I will encourage you to add this position to your club board. It is important for every club to have this position as it is a person dedicated to making sure that your club has enough members to carry out our lions mission. I think that most all of our clubs have held projects where it is hard to find enough members who are available to cover all shifts to do all of the good things we want to do in our communities. Wouldn't it be wonderful if there was someone in your club dedicated to the membership portion of your club?

Membership is way more than just "getting members." Membership also consists of orientations for new members, retention of members, activating new members and providing plenty of service opportunities for them. You will see this when you begin reading the page for membership chairpersons which I have provided a link for above. You don't have to do this alone. Your club is with you every step of the way, you just need to share your membership knowledge with them so all will participate in membership.

**DID YOU KNOW?** In each of my articles I will share questions that have been asked of me this year and I will share the answers with all of you. Please, let me know if you have membership questions. I was asked:

Q: "PDG Lion Judy! We used to pay an initial \$35 application fee. During COVID, it was eliminated. Has it been instated A: The answer is yes, that has now been reinstated as of July 1, 2022

Q: "How do I re-instate a Lion who chose to not be a member for a year and now is back?" A: Once a member has

been dropped, they have a twelve month time period to either transfer their membership or be re-instated to their club. After the twelve month period they are considered a new member.

I am going to hold a **club brochure contest** at convention and our members will be the judges. So let's begin the updating of our club brochures and we shall see who will win the 2022-2023 club brochure contest at Mid-Winter

chure contest at Mid-Winter Convention! Start on your club brochures today! More details to come. Please let me know how I can assist your club with all things membership.



Lion Judy Herrala 763-753-6962 (h) 763-229-9005 (text) LHBELLS@earthlink.net

### Hi Fellow Lions

I'm Cathy McCauley, your new Global Service Director for 5m7. Growing up with a father who was a past District Governor, I have grown up with Lions in my blood. I was instilled with the same passion as my father to help serve our communities and our Lions brand. Being new in this position, I would love if



you are a Club Service contact or service chair to reach out so we can connect on the exciting things you have planned for the year! I would also enjoy ideas and volunteers to help plan some global events for all of us from 5m7! Teamwork is always better, so let's work together to create bigger and better service activities this year!

Lion Cathy McCauley
LionsCirclePinesLexington@gmail.com



#### Hello Lions and Leos of 5M7!

There are many things that you will find on our 5m7 website. Our district website address is: www.5m7.org . Many of the things you will find are listed below:



The Home page-this is the page which you will land on when you get there, it will have announcements about new things on the webpage and on the right side, there The Minnesota Lions Vision Foundation may be one or two calendar items featured and also there is Lions International information there which feeds into our page from Lions International.

The Calendar page-this is where you will find calendar items which are coming up for the next couple of months.

The Projects page-has the projects and foundations which district 5m7 supports. There are links to the chairpersons and also the project webpages.

The Photo Gallery page-is a work in progress at this time. Keep glancing at it because it will be changing with new things added.

The Contact Us page-has contact information for each member of your district cabinet. These are your foundation and project chairs for 5m7 and also your zone chairs. If you click on their name you can send an email to them if you would like to email them.

Foundations page-On this tab you will find the foundations that we support in 5m7 listed and there will be a link to that foundation website and also to our district chairperson email address.

The District Governor page-will feature our current District Governor.

The Forms and Awards page-has forms on it that you or your club may need through the year and the New Member Application resides on this page.

The Conventions and Institutes page-has 5m7 Mid-Winter Convention, the Multiple District Convention and also the International Convention links on it. It also has the Leadership Institutes on it with links to the registration forms to these institutes.

The 5m7 Gram page-has our 5m7 monthly newsletters on it when they become available to put on there. If you don't get the newsletter from your club officers, this is the place to go find the newsletter on the 1st of each month. Please take a look around the website to see the goodness that is there for your use.

**ATTENTION:** There is a NEW email for you to get ahold of Lion Judy to send your activities to the calendar on the website. It is 5m7webtech@gmail.com . Questions about the website? Email me there.

Have you missed the 5m7 Facebook page? We are beginning a new Facebook page. If you "liked" our page



before you will need to "like" the new one as well. At the end of the year last year our page was taken down by Facebook Facebook and we cannot get it back. So we are beginning a new page and we will put the

name of it and the link out there so you can find it and "like" the page. There is a lot of sharing of information on that page. Our district secretary Lion Jim Pokela works hard to keep the page updated. If you would like

something placed on our Facebook page you may send an email at the email above or to Lion Jim Pokala. Please let me know if you have comments or questions. Lion Judy Herrala





(MLVF) has been working to help the blind and visually impaired since 1960. Through our support of Lions Gift of Sight (formerly Minnesota Lions Eye Bank), our collaboration with the University of Minnesota Department of Ophthalmology, and our work collecting and distributing used eyeglasses, the Foundation helps countless people every day.

The Foundation is affiliated with Lions Clubs International, the largest service club organization in the world. Having 45,000 clubs and 1.35 million members worldwide. Founded in 1917, Lions Clubs International is best known for fighting blindness. In addition to helping in their communities, the Lions of 5M7 conduct vision screenings, equip hospitals and clinics, distribute medicine, and raise awareness of eye disease. Lions have a mission to provide vision for all, and the Minnesota Lions Vision Foundation is proud to work hand-inhand with Lions Clubs International and the Lions Clubs of Multiple District 5M7. Any questions, please contact your 5M7 MLVF Directors as listed below.

PDG Lion Terry Wold 612-759-5433 PDG Lion Steve Linder 612-382-2236



### **Featuring** Ben Marti Jazz Group

Wine Pull • Appetizers • Cash Bar \$30 per person • \$50 per couple Cash or Check

Semi Formal/Business Attire Contact Lion Deb Bialke at liondebbialke@gmail.com

> Earle Brown Heritage Center Captains Room 6155 Earle Brown Dr, Brooklyn Center, MN 55430 7:00pm - 9:30pm

Can your club donate wine for our wine cork pull? Contact Lion Deb Blaike at ilondebblaike@gmail.com

### FERN AT M HEALTH FAIRVIEW

It's commonly believed that dogs have a calming effect on people. At M Health Fairview Masonic Children's Hospital, there is proof. Fern, who began as one of two facility dogs there this spring can lower a child's stress level just with her presence. Fern's primary handler, Phylicia Petit, explains, "The nurses noticed every time Fern would walk by (one particular patient's room, that patient's) heart rate would change."

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Her gentle personality fits her role perfectly. Phylicia remarks about Fern's exceptional ability to read the room—a critical skill in their intense environment. "It's really cool to see how intuitive she is. She knows what is needed in the moment." She gravitates towards children and teens of all ages," but is "especially curious about infants (which is a large population in cardiac ICU), by stopping in doorways while we pass by or alerting me to crying from down the hall" Phylicia says.

She also might be an alternative focus for a child receiving a pain block wire, an example of how a stethoscope can hear a heartbeat, and a motivation for a child to walk with her for their first time following surgery. A cuddler at heart, she'll eagerly place her chin on a child's lap to "visit" or her head on their shoulder to "snuggle." Phylicia says that Fern just seems to "stare into your soul with her brown eyes."

Phylicia admits that some of her favorite moments with Fern, though, are when her cape comes off at home. "Fern's silly, playful, and social demeanor is so fun to watch. She loves to chase her tail, play with squeaker and tug toys, sniff in the back yard, and follow her mini dachshund sisters around the house." She also reports Fern's exemplary sleeping ability, remarking she "often snores like a grown man!"

At work, the two of them have been known to slide down the slide on the playground together. Then, when needing a nap, Fern can retreat to her personal space behind the pink, velvet drapes Phylicia made for her.

While the hospital previously had a facility dog, this is a pilot effort for Can Do Canines. Theresa sums up her experience so far saying, "It has exceeded all of my expectations and more. I feel really lucky that (Can Do Canines) had faith in us, that this was a good fit and that they chose these dogs for us."



Phylicia, Fern, and Theresa



### Join us at the Can Do Woofaroo!

### Saturday, September 24, 2022

Registration starts at 10 a.m. at Can Do Canines

Invite your friends (even the four-legged ones) to celebrate the amazing partnership between assistance dogs and the people who need them. This outdoor fundraising event includes a one-mile walk, live music, dog-centric vendors, dog costume contest, food and more!

The Lions Clubs of Minnesota will once again be the Presenting Sponsors.



### Lions KidSight

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Play this puzzle online at : https://thewordsearch.com/puzzle/3961125/

School is starting this month. This type puzzle will most likely be included in your school curriculums. Imagine how hard this will be for the children that don't See Clearly. You can help them! KidSight Vision Screening is quick, easy and FREE! We have everything you need. Contact us to learn more. We Serve!

Lions Mary Curtis and Ann Kaduce 5M7 KidSight Directors 5m7lionskidsight@gmail.com

Vision screening is not the goal; it is the method we use to reach our goal of every child seeing clearly!

#### PLEASE NOTE THE FOLLOWING:

ARTICLES are due the 25th of each month. You'll receive a notice 5 days before the 25th and a 24-48 hours notice prior to the 25th. All articles are due by 5pm on the 25th of the month. Months with 30 days will receive an earlier notice. Thank you

Gram Editor

#### **BELIEVE AND BE HEARD**

FREE

STRABISMUS

SEE CLEARLY

ASTIGMATISM

EYEGLASSES LAZY EYE

KIDSIGHT

PRESCHOOL

AMBLYOPIA

SCREENING

MYOPIA FOLLOWUP

TOUCHLESS

READING

LIONS

SIGHT SAVER

WE SERVE

District 5M7 has a new Hearing Foundation Trustee recently appointed by District Governor Mark Landwehr. Lion Mike Benedetto from the Monticello



Lions Club has begun to serve his two year term on the board.

The Hearing Foundation is a corporation within the Lions that promotes the advancement of research, education and promotion concerned with hearing health. Our vision is to prevent hearing loss and improve hearing health.

During the year just ended in July 39 clubs in 5M7 have contributed \$46,320 to the hearing Foundation. The foundation has worked closely with the Lions Hearing clinic and the University of Minnesota department of Otolaryngology, with emphasis on upgrading the Temporal Bone Lab at the University. All 5M7 clubs are encouraged once again this year to contribute to the foundation.

In addition to the club contributions, individual Lions members can make their own contributions in the form of a personal commitment, or in Memorial to the Hearing Foundation by sending a check to:

Minnesota Lions Hearing Foundations c/o Rose Thies Treasurer 21515 371st Avenue Green Isle, MN 55358

Be sure to identify in the memo line your clubs name.

For further information please contact

Lion Mike Benedetto 612-735-5423 mbenedet@smumn.edu

THIS & WHAT DE AF OR HARD OF MEALING PEOPLE FEEL WHEN HEARING PLOPLE SPEAKS TO THEM.

IT IS H \RD WORI .

# LEO

#### 5m7 Leo Clubs

Anoka, Andover, Blaine, Coon Rapids,

Rush City, and Spring Lake Park

Schools is starting... Yeah! We are excited to see all the amazing projects our youth will imagine and how much they have given to our communities. Watch for more opportunities to get involved with the Leo clubs this year. Save some time to read about all the fun projects that happen in September.

As always, if you are interested in starting a Leo club, please contact us and we would love to help start the process.

Lion Stefanie Nelson stefanieenelson@gmail.com

Lion Pete Yelle pete.yelle58@gmail.com

#### IN OTHER NEWS.....

The Rush City Lions and Leo's invited Stephanie Nelson to our Thursday, August 11th club meeting to share information about Leo clubs. Attached is an image of our club president Lion Christian Lenss, Lion Stephanie Nelson, a couple Rush City Leos, along with their advisor, Lion Vern Koepp



### **5M7 YOUTH EXCHANGE**

Youth Exchange sent 20 youth from twelve different countries home at the end of July. The youth had a great time here in the State of Min-



nesota. Look at your calendars now to host a young person who has come from afar during the month of July 2023.

Lion Stefanie Nelson 612-298-1523 stefanieenelson@gmail.com



### STATE FAIR TICKET SALES

By the time you are reading this many of us have started working at the Minnesota State Fair. I want to thank those that stepped up and volunteered their time to come out and help. We are still short people and in talking to some of the clubs I've been told they are having the same problem in getting people to step up and work on projects in their own club. Maybe many of us must step back and remember what we said when we took the oath to join Lions. When asked to serve, did you respond with "I will" or did you skip that part and say nothing thinking I only want to be a Lion in name only?

Those that volunteer at the State Fair have a great time and have the best people watching ever. They also make money for their club while sitting in an air-conditioned booth with friends. Either before or after working they can spend the rest of the day at the fair. And they did all of this for free. Free ticket to the fair, free parking, and could pick one or more days to come to the fair.

Hopefully next year you can step up and join in the fun! In the meantime, practice volunteering and stepping up in your own club when the opportunity arises.

After 22 years at the State Fair, I may have found someone to take over this project, but more on that later.

PDG Larry Kounkel



### ENVIROMENTAL NEWS

Lion Judie Zaske

At 3:30 A.M. on January 9, 2018, half an inch of rain poured down on the charred slopes of the Santa Ynez Mountains in coastal southern California. The flames of the Thomas Fire; at the time the largest wildfire in state history; had swept through the previous month, leaving the soil and vegetation scorched and unable to soak up the onslaught of water. The destabilized ground gave way in a devastating landslide. Boulders crashed into houses in the town of Montecito, Calif., and a highway was buried under several feet of mud. The disaster killed 23 people and caused an estimate of \$200 million in damages.

The memory of the landslide prompted researchers to investigate whether extreme rains may become more likely to follow major wildfires as the climate changes. Their work found that by the end of this century most wildfires in large parts of the West would be followed by several extreme rain events within five years. This would carry major risks of landslides and flash floods. And these risks are not confined to decades in the future: the study showed the odds of this type of compound event occurring have already risen across the West.

Climate scientists combine historical data with computer models to look for trends in how the severity and frequency of extreme weather events have already changed and how they will continue to do so in the future. These efforts have already made it clear that wildfires in the western U.S. will likely become more intense and burn larger areas and that heavy downpours are likely to get more frequent and intense. By their nature, though, such extreme combined events have been relatively rare. This means there is often not enough historical data to see any trends in how these events are changing as global temperatures rise.

Researchers have turned to newly available data from climate models run many, many times, which together provided enough scenarios for scientists to pick out trends in this type of extreme weather.

The researchers found that, by 2100, more than 90 percent of wildfires in California, Colorado and the Pacific Northwest will be followed by at least three extreme rainfall events within five years. The number of fires followed by a rainfall within just one year-when landslide risks are higher-is set to double in California by century's end. In the Pacific Northwest, that number is projected to increase by 700%, driven by the large increase in expected extreme rain events. And such concerns will become relevant long before the end of the century. There are significant increases in the likelihood of heavy rains following fires even by 2050. This finding provides insights into how risks could change if greenhouse gas emissions are curtailed and warming is kept to lower levels. Overall these types of studies are important just to raise attention for these newly emerging complex climate risks that are increasing.

Research being done will help inform emergency management in preparation and community adaptation for these events. In response to the Marshall Fire that destroyed more than 1,000 homes in Boulder County, Colorado, last December, officials are providing residents with resources to clear debris from the area in preparation for spring rains. The day after the Marshall Fire ignited, a major snowstorm fell which helped extinguish the flames. But in a warmer future, that snow may have fallen as rain, potentially compounding the devastation. Events such as these are not going to be prevented but we can prepare and be prepared to minimize the destruction.



### BRINGING NEWS FROM AROUND THE DISTRICT

The **COKATO DASSEL Lions Club** was asked a few weeks ago to join in on the 63rd annual Red Rooster Days on Labor Day Monday, Sept 5th for the 1st time. Our club loves a good challenge and have come up with a plan to serve Beer, smoked pulled pork, hamburgers and hotdogs as a meat alternative to the chicken. Red Rooster days is known to have the largest Chicken BBQ in the State. We are happy that our club will finally be a part of this long time community event. Wish us Luck!

Due to lack of responses, we have to **cancel** our upcoming **ANDOVER Golf Tournament** on September 11th. We are hopeful to try again next year and hope for more support from our local 5m7 Lions clubs. Please let me know if you have any questions. Greg Stumpf **gestumpf@gmail.com** 

The LIONS CLUB (LC) of BIG LAKE LIONESS had a great time helping out with ticket sales at the State Fair. Now we're getting ready for our annual GARAGE SALE on Saturday September 24th from 8am to 2pm. Items such as clothes, toys, household goods, books, shoes/purses, linens, men's tools, and garden items will be available. All items reduced to half price (WHAT A DEAL) after 12 noon.

**STACY Lions** will be hosting their **Ribfest and Car Show** with a ton of entertainment on Saturday Sept. 17th. And later in September they'll be hosing their **Booya** on Saturday Sept. 24th. Check out their FB page for info on location of these events.

Our COLUMBUS Lions will have a busy September! We'll be volunteering at **Sno Barons Hay Days** in North Branch. We will be there from September 8th through September 11th preparing and serving food to all the volunteers helping out for this event! We'll also volunteering at Summit Brewery in St. Paul for their annual fall gatherings. We'll be helping with ticket sales, beverage dispensing, and various other tasks. This year we will be selling pop and water as a fundraiser for our club. The event will be on Saturday, September 17th from 11am -7:00pm. And finally, we are bringing back our famous Pancake Breakfast at the Community Center in Columbus! Our fabulous pancakes, french toast, and sausage will be serviced from 8:00 - 1:00 on Sunday, September 18th. Prices and will be posted on our FB page soon (Columbus Lions 5M7). Looking forward to seeing familiar faces and many new ones too!



The **RUSH CITY Lions Club** celebrated its 50th anniversary in 2021. A commitment to community has been and continues to be the cornerstone of the member's values and purpose. Throughout the five decades of existence Rush City Lions serve others and strive to make a difference in this pristine rural town . The September activity for our club is roadside cleanup along a two-mile stretch south of Rush City on Old Hwy 61. Rush City Lions .....caring for the environment and caring for all.



#### **NOWTHEN Lions Club**

Wondering about the name of our city? The story is that the postmaster used to end his phrases with the words Now then. As they sat around the table one day trying to name our town, it was decided that the name of the town would be the next word said. And that is how we became Nowthen.

In September the **Nowthen Lions** will embark on our newest adventure of a membership drive. We will begin our drive at the Nowthen Heritage Festival in our town on September 24th. We host a lions table at the event where we will have some fun and look for new members for our club. We also will sell some concessions at this event. Our club has been participating in this event since the beginning of our club 14 years ago. We became a club when the City of Nowthen became a city in 2008. It was an exciting time for our city, to be our own city and have a lions club!

Thank you to Lion Jim Pokela from the Anoka Lions for presenting a check to Nowthen's President Joe Hazeman for Lion Brian Heichel's great beer pouring.



### BRINGING NEWS FROM AROUND THE DISTRICT

While **BLAINE CENTRAL** be one of the smaller clubs, we will be busy in September. We will be selling tickets and working other booths at the State Fair, volunteering at the Hope Church food bank and delivering Meals on Wheels. Weather permitting, we all pitch in to take care of our little corner of Blaine, Fort Lions Park.



FROM OUR NEWEST LIONS CLUB......LET'S WELCOM ZIMMERMAN AREA LIONS CLUB

SAVE DATE

ZIMMERMAN AREA LIONS CHARTER NIGHT

10 . 15 . 22

FORMAL INVITE TO FOLLOV



# FREE Senior Dinner

(65yrs. and older)

September 26th, 2019

4 p.m. - 6:30 p.m.

Forest Lake American Legion Post 225 355 West Broadway, Forest Lake



Questions call: Sue Griffin 651-429-1451 Get ready for the Otsego Prairie Festival being held on September 17, 2023 at Otsego Prairie Park. The OTSEGO Lions sell raffle tickets for this event with cash giveaways. The run the Beer Garden tent and profit from all beer sales. They start the morning with a pancake breakfast along with live music, a bean-



bag tournament and more live music with a band and dance in the evening.

Our ANNANDALE Lions had a fantastic wrap up to Summer! We concluded with the build of our newest park in Annandale called Big Woods which features several sensory friendly areas including a braille tutorial and musical area. We also fully purchased a

AED device at our Recre-



ation Park and upcoming will have our Book Vending machine revealed as it arrives at our Elementary school. Proud to be a Lion!

In August the ELK RIVER Lions Club helped with a Magnus Veteran's Foundation fundraiser, with the keynote speaker being the U.S. Air Force officer from Monticello who coordinated the cave rescue of 12 soccer players and their coach in Thailand a few years ago. Elk River Lions also helped with Feed My Starving Chil-



Boxes Packed: 60 Meals: 30,240 Kids Fed For A Year: 82 Cost: \$7,257,60

dren, packing 30,240 meals for children overseas. They also were invited to a tour of the Civil Air Patrol facility near Delano, where they gave them check for \$5000. Elk

River Lions Club also donated hundreds of backpacks stuffed with school supplies to the local food shelf for distribution to families in the community. They also donated to the food shelf hundreds of reusable shopping bags with the Elk River Lions Club logo. And they signed up for multiple days to sell tickets on the midway at the Minnesota State Fair.





### **PLEASE READ**

### **NEW GUIDELINES ANNOUNCEMENT**

### "Say No, Say Yes to Your Dreams" FOR 2022-2023

### {Drugs Awareness Poster Contest}

The 5M7 Youth Outreach chairs are proud to announce that there will be a district wide poster contest at the Mid-Winter Convention in January. This will be our **37th Annual Drug Awareness Poster Contest**, and each age group winner will receive \$50.00 cash and a plaque. The winning club will see that the awards are given to the students. Or if you wish you can invite a cabinet to do the honors

#### **OBJECTIVE OF THE CONTEST ARE:**

- To actively involve young people in drug awareness at the local club level throughout the district and to encourage cooperation of school officials in the Lions Youth Outreach Program, or any other accredited program.
- The poster contest is open to all a Lions Clubs in the district. The contest has been a great success the past 30 plus years with Lions Clubs promoting the contest within schools of their area.
- Winners of the poster contest are chosen at the 5M7 Mid-Winter Lion's Convention. This procedure will again at the following at the 2022-2023 convention to be held in January.

### **CLUB CONTACT SUGGESTIONS INCLUDE:**

- Contact local school officials to coordinate a poster contact with their school drug education program.
- Contact local business to display all contest en tries
- Select judges (teachers, counselors, etc.) to judge on how effective the anti-drug message/presentation is, as well as on artistic skill.
- Award appropriate prizes to winners in each age category (trips to youth activities, money, school activities certificates etc.)
- Publish winners in each category in local newspapers; announce winners on radio, etc.

#### DISTRICT GUIDELINES ARE.

- 1. AGE GROUPINGS ARE: (K-1-2-3-4-5) [6-7-8] [9-10-11-12]
- Lower right-hand corner ON BACK: STUDENTS NAME, SCHOOL, GRADE, and the SPONSORING LIONS CLUB
- Name of club and sponsor's hotel room number must be displayed on the back of the poster.
- 4. Clubs are to take down their poster entries on/by

Saturday Evening.

- 5. POSTER PAPER SHALL BE ONLY 11"X17" or 12"X18"
- Winners will be honored at the Club (Winning Posters will stay with the club until you honor them.
- Posters will be judged the FRIDAY EVENING of Mid-Winter
- 8. CLUBS ARE TO BRING ONLY 1ST PLACE WINNERS FROM EACH SCHOOL IN EACH GROUPING NOT EVERY POSTER.

Submit local winner in each age category to district, PLEASE NOTE; if your club can not have them there by 6:00 p.m. please see that youth outreach chair have them before convention . Youth Outreach Chair Lion Ginny Hestekind

### **Planting Seeds**

So if you now have the new Peace Poster Kit, you will need to follow the rules, like paper size, where to put the labels, the time in getting the poster where. We can only the judge the ones that do. The youth are the future LIONS and we need to help lead them in the right direction. Youth are fun and their HUGS are great. "Just planting seeds"

Oh by the way, a new supply of "monkeys" have arrived! And by the way I noticed the Gov. Club did not call for a free poster kit?

Lion Ginny Hestekind

### MEET YOUR NEW ZONE CHAIRS

Zone 1: Lion Rick Anderson

Zone 2: Lion Logan Stockamp

Zone 3: Lion Nancy Senn

Zone 4: Lion Deb Weston

Zone 5: Lion Angela Sedesky

Zone 6: Lion Andrew Macko

Zone 7: Lion Nancy Johnson

Zone 8 & 9: PID Dan Kaiser

### In September PDG Mike Janssen is

# RIDING TO FIGHT

### **Calling all Clubs**

PDG Mike Janssen founded and has served on both Multiple Childhood Cancer distance of 1,000 effort to raise desperately

### Your help is needed

our Childhood Cancer Foundations, foundations and has been the Chair. He will be riding the Kilometers or 622 Miles in an needed funds for the:

The Minnesota Lions Childhood Cancer Foundation.

and for: The Canadian Lions Childhood Cancer Foundation.

If each club in the Multiple could donate just \$100.00 to their perspective foundation for this ride, we could realize an income of about \$65,000.00 between our foundations to help children and their families dealing with cancer. Make your cheques payable to your perspective foundation and on the memo please put "PDG Mike J's Bike Ride". Together we can do this.

September is Childhood Cancer awareness month. Make this your project. (We Would accept any individual donations as well.)

In Minnesota, please send your checks to T. McCarthy, 23535 735<sup>th</sup>. Ave. Dassel, Mn. 55325 In Canada please send your cheques to M. Janssen, 58 Walter Copp Cres. Wpg. Mb R2K 4H6

Any questions please contact Mike at mjanssen@shaw.ca or (204) 330-3802





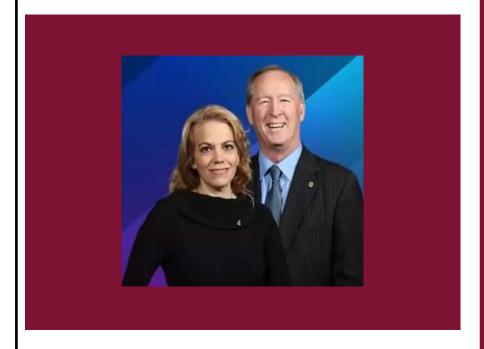






### HELP WANTED!

International President Brian and Lion Lori Sheehan will be hosting the Lions Clubs International Board Meeting in Minneapolis in October, 2022. We are looking for volunteers to meet the international officers and directors as they arrive at the Minneapolis-St. Paul International airport.



Just meet the Directors as they come down the elevator at the baggage claim, guide them to the appropriate baggage carousel, and then to the waiting transportation that will take them downtown to the hotel.

Volunteer for a shift on one of the following days: September 30, October 1, or October 2. Meet the
International
Board of
Directors

Talk with
Directors from
all over the
world

Be involved in a truly once in a lifetime event

Have FUN!

Contact:
PCC Bob Jechorek
rpjech@gmail.com

Make it a club project and have your whole club volunteer. And, your club can report the volunteer hours in My Lion as a club project.

Be part of this once in a lifetime event. Let's show the International family that MD5M really is the best multiple district in the world! Volunteer today!