Saturday, August 31, 2013 9 a.m. to 11 a.m.

Children of all ages invited!

Bring your bicycle and helmet!

Safety Tips!

**Refreshments!** 

- ★ Raffle Prizes!
- ಈ Helmet and Bicycle Checks! ಈ Drawing for a Bicycle!

Nan Couts Cottage, 5045 Memorial Drive, La Mesa 619.667.1319 | cityoflamesa.com/srts | @LaMesaSRTS



LA MESA











## SIGN-UP FORM AND WAIVER

By signing below, and in consideration of my child's participation, I agree I will not hold the instructor, contractors, sponsors, officials, or a	any
member of the City of La Mesa responsible for any injury which any participant may incur d <mark>ur</mark> ing this event. I grant full permission for use	of the
participant's name, voice, and/or picture in any related media or other promotional materials for any purpose without compensation.	

Child's Name:	Age:	School:	AWA	
Parent or Guardian Signature:	STATE OF THE STATE	Date:		