

# THE CLASSIC PRIDE

Official Newsletter of the San Diego Classic Lions Club A bi-monthly e-mailed and mailed publication

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SD CLASSIC INSTALLATION, HAWAIIAN STYLE Submitted by Janette Magsanoc

The San Diego Classic Lions Club had the Installation of the 2011-12 Officers last August 20, 2011 at the Sizzler Restaurant in National City. It was a Hawaiian themed event and everyone looked festive and cool during that warm, temperate day. Four new members were inducted by PDG Art Arboleda while Paradise Zone Chair Josie Rabelas installed the officers. IPP Dexter Tiu assisted by past secretary, Remy DeRamos gave out the awards and recognitions to all those who contributed to the success of the club during LY 2010-11. Declared Lion of the Year was Lion Ria Reodica-Tiu. Another important event that happened that day was the Proclamation of Twinning Alliance between SD Classic and "Club de Leones Tijuana Campestre". These two clubs have established a partnership in feeding the homeless and transients in Tijuana, Mexico since December, 2010. The members of these two clubs serve breakfast every 2<sup>nd</sup> Saturday of the month to over 800 to 1000 people. Now they have sealed the pact through an International Club Twinning. The event room of the Sizzler was filled to more than its capacity by the approximately 90 attendees. The entertainment by the Hawaiian dancers during dinner was very amusing to the delight guests; and yes, Elvis was in the building! Some visitors were very accommodating during the audience participation in learning the hula dance by hitting the coconut... pineapple... papava...banana... coconut... pineapple... papaya... banana... banana... banana... banana!!!!!



EDITORIAL By: Remy DeRamos

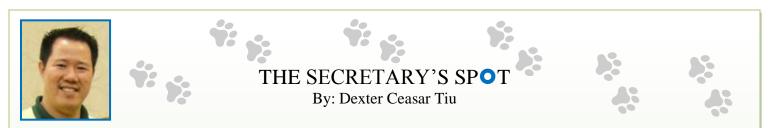


I would like to thank all those who replied and gave very positive comments after they received the maiden issue of "The Classic Pride" last August. Some suggested that we submit it for the District Bulletin Contest; we will seriously consider this suggestion. Remember, we do not mind to receive constructive criticisms as well, for we are new to this and any bit of help to correct any errors will be taken as a learning process. Please feel free to share a copy to your colleagues by printing a hard copy or forwarding an electronic copy to them...or if you prefer, give us their e-mail address and we will include them in our distribution list. To those who do not wish to receive a copy again and want to be taken out of our distribution list, please E-mail me at remyd.lion4life@yahoo.com or Lion Luz at dfabuluz1@aol.com.



Our planned Club Retreat was not carried out as planned due to the difficulties in finding a venue during the Labor Day week-end. I suggested conducting the training and orientation where we hold our club meetings and plan the real retreat for next year with a better planning. However, a prospective member, the daughter of Lion Remy DeRamos, offered to hold the retreat in their newly acquired home in Escondido. The house will be available in November. The officers and members were excited and anticipate a weekend of no distractions from the usual household chores ...cooking ...laundry...etc.... As I always say, it will take more than one session of orientation and officers training to be able to absorb what you need to know.

I would like to thank Wes and Odette Bright on behalf of the officers and members, for offering the use of their new home for our retreat.



I would like to report that every effort was made to contact our non-paying and non-attending members; sad to say, very few responded. Since we have already paid the dues up to December, we are still giving them up to November to respond. We are still trying to reach them to encourage them to stay as members of the club, if not as active members, as members-at-large. We value each and every member and we understand our individual priorities. We will be amending some sections of our C & BL for the change of our meeting days and the change in family membership dues to be in compliance with the LCI dues increases in LY 2012-13 and 2013-14.

I would also like to request the members to report to me or to the president, charitable services that they do individually. From simple acts of driving an elderly neighbor to a doctor's appointment, or buying groceries or stamps for them to your personal donation to a charity, whether financially or in kind. As Lions these acts can be reported in the Monthly Activities Report of the club. What we do as a club is common knowledge to all of us, particularly to me, as the secretary, and to Lion Luz, as the president, and between us these club projects and programs will be reported to LCI, but we want to include your personal charitable acts, so please, report them every meeting to us.



This featured article of the newsletter will be an ongoing section. Here, we will publish the recent happenings, changes or updates within the association to keep everyone informed.

Since last Lion Year (2010-11), the "new" Club Excellence Award and the District Governor Team Excellence Award was implemented by LCI. Is it an oversight that the District Directory, again, this year still contains the "old" President Excellence Award criteria? DG Brad Weeks' message in the inside front cover also encourages the club presidents and secretaries to strive to get their awards so the Region Chairs and Zone Chairs can in turn get their Excellence Awards... this is not true anymore. The "new" Club Excellence Award (Form DA-1) has new and revised requirements. Once met, clubs receive a distinguished banner patch to be proudly displayed on their banner and the president receives a Club Excellence Pin. The District Governor Team Excellence Award (Form DA-50) also has requirements to be met and once met; the DG can list the members of his team who put forth an exceptional effort to achieve excellence in the listed categories. Members of the DG Team are the 1VDG, 2VDG and the Regions and Zones. The DG should only name "the ones who worked exceptionally" to meet the requirements. District Team members qualify for the award when their district excels in the categories listed. Qualifying zone and region chairpersons receive beautiful lapel pins, while the DG, 1VDG and 2VDG receives prestigious medals to honor and recognize their leadership and dedication. There are five (5) required achievements to be met and they are in the categories of Service, Membership, Communication, Leadership Development and Club Development. Additionally, there are twenty (20) optional achievements and ten (10) out of the twenty are required to be fulfilled. At the time of this writing, the 2011-12 DG TEAM EXCELLENCE AWARD APPLICATION (revised 1/11) is already out but the 2011-12 CLUB EXCELLENCE AWARD is not (perhaps, it is still being revised). For reference, the 2010-11 CLUB EXCELLENCE AWARD (11/10) is still posted in the LCI web site.

In order to be considered for an Excellence Award, clubs and district teams are asked to complete the award application and mail the form to the English Language Department at International Headquarters, or fax it to (630) 706-9130, to arrive no later than September 30, 2011. The awards are then sent to the current DG who should present it to the recipients, hopefully, assisted by the IPDG.



On behalf of PDG Julie Crawford, PDG Art Arboleda awarded Lion Luz with the Club President Excellence Pin for her exceptional performance during LY 2009-10 as the charter president of San Diego T.F.C. Lions Club. There was a delay in the awarding due to the awards being "lost in transit" and duplicate awards were requested.



Club Excellence Banner Patch and Club President Excellence Pin received by SD Classic Lions Club & President Remy DeRamos for LY 2009-10 (Also lost in transit)

### CLASSIC HEALTH WATCH By: Arsenia Ubando, RN



**Trachoma** (Egyptian Ophthalmia or Granular Ophthalmia) is an infectious disease of the eye cause by the bacteria "*Clamydia Trachomatis*". Although the disease is very rare in the United States, it remains a leading cause of blindness in the underdeveloped and developing world. It is estimated that there are 84 million people suffering from active infection globally and nearly 8 million people are visually impaired as the result of the disease.

Trachoma is spread by direct or indirect contact with eye, nose and throat secretions from affected individuals or contacts with inanimate objects that can irritate the eyes. Flies can also be a source of mechanical transmission. Therefore, many factors are indirectly linked to the causes of Trachoma including lack of water, absence of toilets, fly infestation, crowding and poverty in general. Most transmissions occur within the family. Populations marked by poverty, crowded living conditions or poor hygiene are at a higher risk for this disease.

Upon contact with an infected source, the incubation period is about 5-12 days before symptoms appear. The first sign is eye irritation followed by swelling (inflammation) of the tissues lining the eyelids (conjunctiva) or pink eye (conjunctivitis). It is followed by cloudy cornea, discharge from the eye, turned-in eyelashes (intropion) and swelling of the lymph nodes just in front of the ears. Prolonged and severe irritations can cause the eyelashes to turn in and rub against the cornea. This causes eye ulcers, scarring, vision impairment or loss and therefore, blindness.

Trachoma can be treated by the use of antibiotics and can prevent long-term complications if used early in the infection. In some cases, eyelid surgery may be needed to prevent long-term scarring which can lead to blindness.

Sometimes called "Egyptian Ophthalmia", (because it was first described in troops stationed in Egypt), the disease became an epidemic during the Napoleonic Wars from 1798-1815 affecting the military and civilian population of Western Europe. Also known as "Granular Ophthalmia" because the scarring and formation of new blood vessels in the surface of the eye gives the patient a sensation of having "sand in the eye".

To date a group of Lions, joined with partners, conduct a two weeks long MalTra in the Amhara Region of Ethiopia. The Amhara Region is the most endemic state in the most endemic countrythe ground zero of Trachoma so to speak. Started in November 2008, the strong partnerships of the Carter Center, Amhara Regional Health Bureau, International Trachoma Initiative, Pfizer and LCIF are essential in successfully tackling this public health problem at this magnitude. Since then, the campaign has been conducted every six (6) months in Amhara (one week in the east and one week in the west). Lions have helped in mobilizing more than 15,000 community volunteers to ensure more than 10 million people in more than 4,500 villages receive twice-annually the drug that will help prevent Trachoma as well as protect them against other common infections. The use of Zithromax, an antibiotic manufactured by Pfizer, has proved a breakthrough. The most common alternative is a cheap, messy antibiotic ointment that has to be applied twice daily to the eyes for six weeks. Zithromax, in contrast, can be taken in a single dose — making compliance easier and distribution to millions simpler. LCIF has helped distributed more than 42 million doses of Zithromaz to help fight Trachoma. On the fifth MalTra Campaign (last November, 2010) the administration of the 225millionth dose of Zithromax was accomplished. Ethiopia has received 32 percent of the global donation of Zithromax since the program's inception, representing an approximate value of US\$1.6 billion.

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Contract

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2011-2012
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Editha Magsanoc
Linda Banzon
Orlando Cruz
Tess Samson

## SD Classic Signature Projects... It's All About Food

SD Classic Lions Club members love to eat...you can tell by the sheer weight of the members (LOL). Is it by coincidence that their signature club projects are all about food? Not for themselves but by feeding the homeless and transients of San Diego, California and Tijuana, Mexico.

Every 2<sup>nd</sup> Saturday of the month, club members labor to cook 20 lbs of pasta with red sauce (mocked marinara) in the wee hours of the morning to be able to travel across the border by 6:30 am. Upon arrival at the "Desayunador Padre Chava" building around 7:00 am, they begin to work alongside members of their twin club, the "Club de Leones Tijuana Campestre" and the regular volunteer staff of the establishment. They take different assignments... each table sits six (6) and there are twenty four (24) tables. The jobs are: setting the table by putting napkins, forks and drinks, distributing the bread, delivering the main meal, adding tortillas, refilling drinks, cleaning the tables and setting it up again until 800 to 1000 people are served. Sometimes, although there are still beneficiaries in line, they have to cut off the service when it is already 10:30 am or all the food is gone. Sometimes, if there is still enough food and people in line, they will work overtime.

On the 3<sup>rd</sup> Saturdays of every month, the club members volunteer at the St. Vincent de Paul to serve breakfast or lunch to the homeless and transients in San Diego. Here, our job is a little easier for the staff prepares the food and we only serve them. Approximately 200-250 adults and children are served.





On Sept. 10<sup>th</sup>, 1,127 people were served breakfast in TJ; our assignment was to cut the pies.

## **Classic Jokes**

## BLACK & WHITE

Attending a wedding for the first time, a little girl whispered to her mother, "Why is the bride dressed in white?"

The mother replied, "Because white is the color of happiness and today is the happiest day of her life".

The child thought about it for a moment then said, "So why is the groom wearing black?"

#### **BLONDE PAINT JOB**

A blonde, wanting to earn some money, decided to hire herself out as a handyman-type and started canvassing a wealthy neighborhood. She went to the front door of the first house and asked the owner if he had any jobs for her to do.

"Well, can you paint my porch? How much will you charge?"

The blonde said, "How about \$50? The man agreed and told her that the paint and brushes that she might need were in the garage. The man's wife heard the conversation and said to her husband, "Does she realize that the porch goes all the way around the house?"

The man replied, "She should, she was standing on the porch".

Just a short time later, the blonde came to the door to collect her money.

"You're finished already?" he asked. "Yes," the blonde answered, "and I had paint left over, so I gave it two coats. Impressed, the man reached in his pocket for the \$50. "And by the way," the blonde added, "that's not a porch, it's a Ferrari".

## WHAT MATTERS MOST IS HOW YOU SEE YOURSELF.



I you can <u>Dream</u> it; and you <u>Believe</u> it; ...then, you can <u>Hchieve</u> it!

## OCTOBER IS FOCUS ON SIGHT MONTH

## SHARE THE VISION...

Plan vision health projects and work with the visually impaired. Celebrate World Sight Day. On October 9, 2011, Lions World Sight Day will take place in Shenzhen, China.

This is a great month to organize a vision screening, volunteer at a nearby Lions Eyeglass Recycling Center, organize an eyeglass collection or an activity to benefit the visually impaired in your community.

Plan a sight project and report it to LCI

## Meeting Resumé

#### (This is a condensed version; detailed meeting minutes are filed by the secretary for archival)

#### August 5, 2011

<u>BOARD MEETING</u>: The board meeting was called to order at 7:05 pm with President Luz Galindez presiding. The only new business discussed was the change of meeting days to  $2^{nd} \& 4^{th}$  Thursday. This motion was unanimously approved. Financial report submitted by the treasurer; reviewed and approved by the board. Since there were no other pending nor new business to be discussed, the meeting went fast and therefore, immediately proceeded to the General Membership meeting.

<u>GENERAL MEETING</u>: Paradise Zone Chair Josie Rabelas was present for a club visitation and was asked if she had anything to discuss with the club members. Since the Paradise Zone meeting was just 4 days ago, she was up to date with the club activities and had really nothing to report since the 1<sup>st</sup> Cabinet meeting will be on August 20<sup>th</sup>. The upcoming club installation of officers was discussed. The final venue will be the Sizzler in National City. Preparations are finalized; it will be a Hawaiian theme.

We are encountering a problem for the venue of the Club Retreat. Since it is going to be on a Labor Day weekend, it is hard to book a place. The motion to move the date to Sept 17, 2011 was accepted. The resolution to change our meeting days to  $2^{nd} \& 4^{th}$  Thursday was also approved by the general membership. Next meeting will therefore, be on August 25, 2011 (4<sup>th</sup> Thursday).

#### August 25, 2011

<u>GENERAL MEETING</u>: The meeting was called to order by the president at 7:50 pm with the president presiding. The minutes of the previous meeting was read, reviewed and approved as corrected. The secretary reported that he received a banner patch from the e-clubhouse. The recently conducted club installation of officers was reviewed. There were very positive feedbacks and the only set back was that there was a long gap in between (as if we were not prepared). However, the problem lies with the venue being small and the table and chairs for the twinning were not set ahead of time. Due to the Labor Day weekend, we cannot secure a venue for the Club Retreat. The president asked if we should just cancel it and just conduct a one day training here at the clubhouse. Lion Remy reported that her daughter bought a house in Escondido and she is offering to conduct the retreat there; however, it will be available in November. Everyone agreed to still have a retreat in November (exact date to be determined).

The president asked the secretary to open a Face Book Account to complete our participation in "Lions-in-Sight". The president requested other members to participate in the Qualcomm Fundraising; interested parties should attend the training (every Saturday at 9am).

The president reported that there were 870 people served during the Tijuana Feeding (Aug. 13). During the feeding, a proposal between our club and Tijuana Campestre was brought up; to conduct a joint humanitarian mission sometime in February or March, 2012. Tijuana Campestre will discuss it in their next meeting.

The meeting was adjourned at 9:07 pm.

#### September 8, 2011

The meetings (Board and General) were cancelled due to the great blackout.....

#### September 22, 2011

Due to the cancellation of the meeting last Sept. 8 due to the power outage, the board and the general meeting was conducted today.

BOARD MEETING: The meeting was called to order by the president at 7:39pm. Minutes of the last meeting were distributed and read silently. After minor corrections, it was unanimously approved as corrected. The treasurer reported that a monthly service fee is being charged by the bank now. The president suggested that if possible, to look for another bank that does not charge a service fee. Lion Remy reported that this is a new rule by all the banks and it is only the Credit Unions that do not charge a fee. It was unanimously approved to change our banking institution to the Credit Union. The profit from the installation (dinners, opportunity drawing and donations) was \$ 770. The secretary submitted the invoice from MD-4 but it seems there is a discrepancy as it indicates the billing period from Jan. to June, 2011. Lion Remy will call MD-4 Admin Manager, Cass Cara to clarify the invoice.

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