

THE CLASSIC PRIDE

Official Newsletter of the San Diego Classic Lions Club A bi-monthly e-mailed and mailed publication

August/September 2011

Volume 1 • Series 1



FEATURED WRITERS:

President: Luz Galindez Secretary: Dexter Tiu Manny DeRamos Arsenia Ubando, RN

CONTRIBUTING WRITERS:

Ria Tiu Janet Magsanoc Julie Perlas

PHOTOGRAPHER Oliver DeRamos Luz Galindez

IN THIS ISSUE:

SD Classic Lions Club Install Hawaiian Style	ation, p.1
Editorial	p.2
President's Corner	p.2
Secretary's Spot	p.2
Classic Jokes	p.3
Health Watch	p.4
2011-12 Theme	p.4
Meeting Resumés	p.5
It's All About Lions	p.6
SD Classic Lions at the	
International Convention	p.7
Calendar of Events	p.10
Where Lions Meet	p.11





International President Wing Kun-Tam and the 2011-12 International Theme & Logo

SAN DIEGO CLASSIC LIONS CLUB INSTALLATION, HAWAIIAN STYLE

(Submitted by: Janet Magsanoc)

To Lions Clubs International (LCI), the fiscal year begins in July and ends in June. Elections of the new set of officers had to be accomplished by April 15th and these elected officers are to be reported to LCI by May 15th.

The SD Classic Lions held their election on April 1, 2011 during the General Membership meeting held at the National City Lions Clubhouse. The elected officers were:

PresidentLuz Galindez	
IPPDexter Tiu	
Vice PresidentBert Samson	
SecretaryDexter Tiu	
TreasurerAlice Cruz	
Tail TwisterRia Tiu	
Lion TamerMario Perlas	
Membership DirectorRemy DeRamo	os
Membership Vice-DirectorArsenia Uband	0
Membership AssociateVerna Dionisio)



Turnover of Bell & Gavel

2 nd Year Directors:	1 st Year Directors:
Janette Magsanoc	Dexter Tiu
Teresa Emery	Editha Magsanoc
Harvey Souza	Linda Banzon
Julie Perlas	Orlando Cruz
Leticia Batin	Tess Samson

The officers are to be installed in a Hawaiian themed party at the Sizzler Restaurant in Plaza Blvd. in National City. Paradise ZC Josie Rabelas will be the installing officer and PDG Art Arboleda will induct the new members. There will also be a Proclamation Twinning Alliance between SD Classic and Club de Leones Tijuana Campestre.



EDITORIAL
By: Remy DeRamos



I would like to welcome the readers to the **maiden issue** of "*THE CLASSIC PRIDE*", the official bimonthly news bulletin of the SD Classic Lions Club.

Our club also now has a web site: www.eclubhouse.org/sites/sandiegoclassic but we chose to also have a club bulletin as well. This is to reach all our members especially those who are members-atlarge and affiliate members who cannot attend meetings regularly and/or those do not have access to the internet. This way we cover all avenues to get them informed. There will be ongoing featured articles: It's All About Lions and Health Watch. Distribution will include the District leadership and other Lions who may request to receive copies of the newsletter. Any club member can submit an article as time and space permit. Submit your article/s by the 20th of the month preceding the month of issue. This newsletter will be a bi-monthly publication and will be e-mailed to members who have e-mail addresses and mailed to those who do not. Soon, we will open a Face Book Account also. It is also a way to spread our projects and accomplishments as a way of being "Lions-in-Sight" and not being the "Best Kept Secret" anymore. In this issue, photos taken at the LCI Convention were inserted whenever there is an available space; we took over 380 pictures. We want to share with you the exciting feeling as captured in photographs.





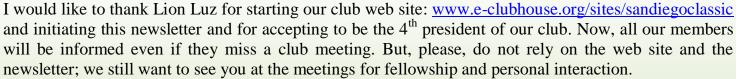
I would like to express my sincerest gratitude, to the officers and members of this multi-awarded club for accepting me into their fold. I did not expect to be the 2011-12 president of this multi awarded club; surely, there are those more capable although they are busy with their personal and professional lives and some are just not ready to step up yet. We will wait until the time comes when they can commit to the leadership of the club. I would like to thank the 2011-12 officers for accepting the challenge to lead the club this year. Let us now go forth and continue what our fore bearers had started and prove that the SD Classic Lions Club is, indeed, a progressive force in our community. Let us support the Global Service Action Campaign set forth by IP Wing-Kun-Tam by focusing on the youth, sight, hunger and the environment. Let us "Believe" that together we can do what we set our minds to. Let us look forward to a successful 2011-12 Club Officers Installation on August 20, 2011 at the Sizzler Restaurant in National City and welcome our new members and strengthen the bond our twin club, the Club de Leones Tijuana Campestre through a Proclamation of Twinning Alliance.







By: Dexter Ceasar Tiu



Perhaps, one of the hardest tasks of a club, and for that matter, the secretary, is the collection of annual dues from members. Let us all be proactive with our responsibility to the club so the club can, in turn, be proactive with the organization. When we joined this club, attached to it are obligations that we must fulfill. Some of these obligations are: meeting attendance, participation in projects and programs, and the payment of dues. We understand that everyone is burdened by the downfall of the economy but I would like to inform you that the club accepts payment by installments with regards to the dues payments. We are one pride, one family and are here to help each other. If you are encountering any difficulty with your obligations to the club, please contact me and we will work it out.

Classic Jokes

First

RUSSIAN: We were the first in space.

AMERICAN: We were the first in the moon.

FILIPINO: We will be the first in the sun.

AMERICAN: No, you cannot land in the sun.

It's too hot!

FILIPINO: Yes, we can!

We will go there at night!

Drunk

A drunk staggers into a catholic church and sits in the confessional box, but says nothing. The priest coughs a few times to get the drunk's attention but still nothing...a few moments later, the priest knocks on the wall 3 times; then the drunk says, no use knocking mate, there's no ...toilet paper on this side either!



SD Classic Lions will twin with the Club de Leones Tijuana Campsetre and continue their partnership in feeding the homeless and transients in Mexico.



PDG Art Arboleda presents the Club President Excellence Award to Lion Luz Galindez (Charter President the San Diego TFC Lions Club) for its the exceptional accomplishments.



SD Classic members will continue to volunteer at the Qualcomm Concession Stands to raise funds for their club's charitable projects.



Aging or Aching? That's for motorcycles only!!!!



CLASSIC HEALTH WATCH

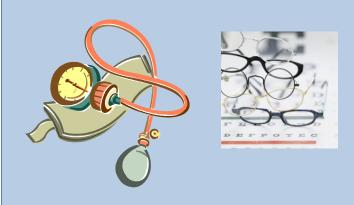
By: Arsenia Ubando, RN

AMD: TECHNOLOGY AND PREVENTION

AMD (Age-related Macular Degeneration) destroys the light sensing cells of the macula, the area at the center of the retina. Once lost, these cells are gone forever. Advances in technology now include the implantation of a special chip into the retina. The chip is a component of a system of devices that work together to allow for a crude form of vision.

Many of the risk factors for AMD are the same as those in heart disease and other agerelated conditions. Some simple lifestyle choices could help in preventing the disease. Smokers have a higher risk of developing AMD. Nutrition also plays a role; with diets rich in antioxidants, vitamins and minerals being proven to decrease the risk of the disease progressing to a more advanced stage. Also, managing weight and monitoring cholesterol and blood pressure help to prevent

**If your club wants to conduct a free health screening project (limited to Blood Pressure and Blood Sugar screening), SD Classic Lions Club might be able to help. To arrange a schedule, contact: A SD Classic member at (619) 288-4507 or dfabuluz1@aol.com





2011-12 THEME... "I BELIEVE" (Submitted by: Ria Tiu)

Wasn't "Dream, Believe and Achieve" the Ad Hoc Contest for membership development during the tenure of PDG Art Arboleda? And now, IP Wing Kun-Tam's 2011-12 theme is "I Believe"...coincidental? Perhaps! One thing remains the same. Both themes are aimed towards the improvement of the association. In "I Believe", IP wing Kun-Tam will continue the Global Serve Action Campaign that PIP Sid Scruggs had started. Focus on Youth in the month of August. Focus on Sight Impairment in the month of October. Focus on Hunger in the months of December and January and Focus on the Environment in the month of April. IP Wing Kun-Tam is targeting 1 million trees to be planted by Lions this year. With nearly 1.3 million members, that should not be hard to accomplish.

There will also be a contest for the DGs: The First Believer and Second Believer Awards. By chartering 2 new clubs and attaining a positive net gain in membership by October 31, 2011, a DG will be recognized with a First Believer Award. If 5 clubs are chartered and a positive net gain achieved, the DG is recognized with the Second Believer Award. A DG can only receive one of these awards. That should not be hard to do, if I remember right in LY 2009-10, the Move to Grow Award for the DG was to charter 2 new clubs by the end of August; which PDG Julie Crawford achieved by chartering the SD TFC and SD No. County Lions Clubs simultaneously in July, 2009. What I am saying is... it can be done if you....

"Believe"!!!



SD CLASSIC LIONS CLUB 2011-2012 Officers

President LUZ GALINDEZ (619) 482-9294 dfabuluz1@aol.com

Immed. Past President DEXTER CEASAR TIU (619) 261-3397

> Vice President BERT SAMSON (619) 472-1965

Secretary
DEXTER CEASAR TIU
(619) 261-3397
dextiu@yahoo.com

Treasurer ALICE CRUZ (619) 274-0807

Tail Twister RIA TIU (619) 261-3397

Lion Tamer MARIO PERLAS (619) 479-9185

Membership Director REMY DERAMOS (619) 288-4507

Membership Vice Director ARSENIA UBANDO

Membership Associate VERNA DIONISIO

2nd Yr. DIRECTORS

Janette Magsanoc

Teresa Emery

Harvey Souza

Julie Perlas

Leticia Batin

1ST Yr. DIRECTORS

Dexter Tiu

Editha Magsanoc

Linda Banzon

Orlando Cruz

Tess Samson

Meeting Resumé

July 1, 2011

The board meeting was called to order at 6:38p with President Luz Galindez presiding. With very little attendance, we dispensed with the formalities.

- The president suggested that the Treasurer/Financial Reports be submitted once a month during the Board meetings only. Motion was passed.
- As previously suggested, the club will conduct a Retreat on September 3 &4, 2011 (Labor Day week-end); by this time the installation will be over and officers training and new members orientation will be conducted there since none of the members were able to attend the District Learning Day which was held in Julian. Location of the retreat will be decided in the next General Meeting when more attendance is expected. Tentative locations are the KOA in Sweetwater Road and Camp Pendleton.
- Since we now have a club website through the Lions E-clubhouse, the president suggested creating a Club Newsletter that will be e-mailed and snail mailed to those with no internet access. As suggested by LCI, we will also open a Face Book Account but not a Twitter anymore. Motion was passed.
- Discussed also are the continuation of the Feeding project at St. Vincent de Paul and Tijuana, Mexico. Other service projects and fundraising projects were discussed for approval by the membership later.
- The president requested the secretary for a copy of the Club C&BL. She suggested that amendments may be necessary due to the increase in LCI annual dues beginning in 2012 and a possible change in meeting schedule.

Following immediately after the board meeting was the general membership meeting. The items proposed in the board meeting were voted and passed. Additional discussion was about the Installation of Officers, Induction of New Members, Awards and Recognitions and the Proclamation of Twinning Alliance with Tijuana Campestre: Date will be August 20; Venue will be the Emery Residence or Sizzler's; Theme is Hawaiian/Luau. Inducting Officer-PDG Art Arboleda and Installing Officer-ZC Josie Rabelas. Meeting was adjourned at 8:30p.

July 15, 2011

The meeting was being held early so the members can attend the Installation of the SD Delta Lions Club which begins at 8:00p in Chula Vista. It was called to order at 6:15p. Formalities were dispensed to speed up the meeting. The Installation venue was confirmed to be at Sizzler's. It will be from 4-9pm and still Hawaiian/Luau theme. Meal selection will be beef, chicken or shrimp with drinks, salad bar and dessert bar included. We will charge \$20.00 per person. Steering committees were assigned.

Discussed also is the Club Retreat; it will be in Ramona at the construction site of Lion Orlando Cruz with rooms available to accommodate us. No change in date (Labor Day Week-end). The first event in Qualcomm will be August 11 (Thursday); we will only be working in the Beer Kiosk. Plan to attend training on Tuesdays (6-9p) or Saturdays (9a-12p).

The feeding at St. Vincent is July 23 (breakfast) and August 27 (lunch); the feeding in Tijuana is every 2nd Saturday (August 13 & Sept 10)

The meeting was adjourned at 7:30p and some members proceeded to the SD Delta Installation.



By: Manny DeRamos

This featured element of the newsletter, "It's All About Lions" will be an ongoing section. He publish the recent happenings, changes or updates within the association to keep everyone informed



The International Convention of Lions Clubs International was held from July 4 to 8, 2011 in Seattle, WA. President Wing Kun-Tam's international theme and logo is... "I BELIEVE". The Global Service Action Campaign has also been described including the International contests. In May, LCIF launched a <u>brand new Web site</u>. The English version was first made available, and all languages were launched during the convention on July 8. It was created to improve our international platform of communication. This new site gives you more tools and resources to promote the good work Lions are doing. It has many exciting features; visit the site at www.lcif.org

During 2011-2012, districts will be encouraged to believe in and take action to strengthen our membership, caring for fellow members as if they are family. We will believe and succeed in expanding our service to new heights, propelled by a special campaign to plant one million trees. We will believe in nurturing our future by involving more young people and Leos in all that we do. Believe that one person can make a difference. Believe that the entire world can be changed when we come together as Lions. Believe that changing a life – or the world – starts with each one of us.

The international theme, *I BELIEVE*, challenges Lions in districts and clubs to demonstrate their belief by having the courage to make a commitment and take action. This action will make visible the power of belief in the Lions clubs network of service; making an impact worldwide today and for the future.

The constitutional amendment to increase our annual dues by \$4.00 passed at the Friday, July 8th election. Beginning LY 2012-13, the dues will go up to \$41.00 per member (from \$39.00); \$20.50 to be billed in July and \$20.50 in January, a \$2.00 increase. In LY 2013-14, another \$2.00 increase or \$43.00 per member (\$21.50 to be billed in July and \$21.50 in January); then it will be fixed at \$43.00 per member per year.



The Canadian Delegation before the parade



Were the kids really there?



Lion Remy and Lion Luz with PID Michael So (Philippines)