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COCOON PLANTING

The Lions International District 413 - Zambia partnered with Wildlife and Environmental Conservation Society of Zambia, Forestry Department, Green Initiative Zambia, Majoru, Lions Club of Nkwanzu and Plant a Million Zambia to officially launch the Environmental week; during the same event at Kamwala Secondary School on the 1st February, 2019 the Cocoon Tree Planting was introduced.

The Cocoon technology is were a low cost, water efficient, biodegradable technology that enables the sustainable and scalable planting of trees. The Cocoon disrupts current practices in nature restoration by completely eliminating irrigation and enhancing the survival rates and vigor of young seedlings.

Captain Davison Mulenga graced the occasion with the District Governor Dr. George SM Banda who showed gratitude to all the Lions, Partners and the Guest of Honour for participating and showing interest in the World week of service to Protect the Planet at the School.



Governor Dr. Banda sharing his friendship banner with the District Commissioner for Lusaka Captain Davison at Kamwala Sch.

Your Submissions

For article submission or advertising contact the Editor:
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April Is Environmental Awareness Month! Earth Day is April 22!

Lions celebrate Environmental Awareness throughout the entire month of April with projects ranging from local recycling programs to ensuring that communities around the world have access to clean water. Lions are working hard to keep the earth clean and green.



Lions Clubs International



**DO YOU HAVE
QUESTIONS?
WE HAVE ANSWERS!**



Visit the Lions Clubs
International Web site at
www.lionsclubs.org to
learn more becoming a
Lion and to find a club near you.



**Lions Clubs International
District 413 - Zambia**

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www.e-district.org/sites/413/

Preamble

As Lions how can we build on our already impressive legacy? It's simple, we will do what Lions have always done. We will get creative and reach within our communities, clubs and selves to discover a new level of service.

We are the leaders in the second Century of service. With the centennial Celebrations behind us, we are focusing on the future. Together, we will shape our tomorrow to create a modern environment for Lions clubs.

The Global Action Team (GAT) will be the driver of all our activities, empowering Clubs through the power of action.

All clubs will have members of (GAT) hence all our activities will be bottom up starting from the clubs upwards to the Zone, Region and District.

International President's Theme –

The international President's theme is **"BEYOND THE HORIZON"** and Motto **"WE SERVE"** has remained the main theme and this will continue for another three Lionistic years.

This will enable Lions to focus on the purpose of being a **LION**. And relook the power of **WE** and **SERVICE**... **"WE SERVE"** We are then going to focus on four areas as we start the "new century" of humanitarian service.

REACH BEYOND - Inculcate the spirit of exploration, Lions are being encouraged as Lions to push beyond our known or perceived limits to achieve even more – we have to think of long term goals, not short term goals. We need to base our plans on facts, not feelings.

THE FIVE AREAS OF FOCUS - Harnessing the Power of 1.45 Million Lions worldwide and 1,560 District 413

1. SERVICE WITH INNOVATION
2. MOVING MEMBERSHIP FORWARD
3. INCREASE LEADERSHIP DEVELOPMENT
4. PROMOTING THE FELLOWSHIP OF LIONS
5. SHARING OUR STORIES

District Governor's Theme –

"SERVICE WITH EXCELLENCE, TEAMWORK AND TENACITY"

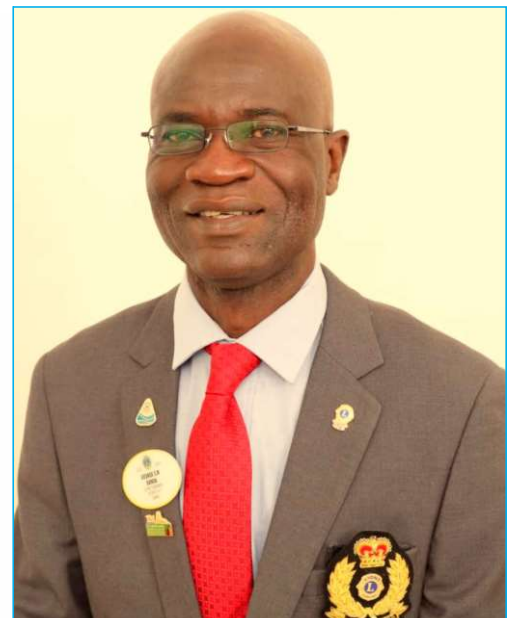
SERVICE - We will continue to offer freely of our Treasury, Talent, and Time - We Serve.

EXCELLENCE – Our Service shall always be of high quality and distinction.

TEAMWORK – Teamwork will be key in all we do, - None of us is smarter than all of us "alone we can do so little, together we can do so much" - Helen Keller. Remember that the difference between success and failure is a great Teamwork.

TENACITY – We will carry out all our service, membership recruitment drive with new vigor, enthusiasm, persistence and determination. Apart from our usual recruitment strategy of asking people we know who are like us or better than us, we will go out to the open market and find people who have the heart to serve, we will go out to shopping malls and distribute literature about Lions, mount booths and also show service videos - To succeed in life, in today's world you must have the will and tenacity to finish the job.

*Lion Dr. George SM Banda
District 413 Governor – 2018-2019*



*Lion Dr. George SM Banda
District 413 Governor – 2018-2019*

OUR DISTRICT VISION FOR 2018/2019

*"To Grow the District Membership
to the Point where We become
a Multiple District, with Well
Informed and Dynamic Lions"*

*The best Way to Predict
the Future
is to
Create it ...*

- Abraham Lincoln



Ndola Lions School for the Visually Impaired

Lions Club of Ndola

THE Lions Club of Ndola on the 23rd February, 2019 provided a meal to about 150 pupils at Ndola Lions School for the Visually Impaired.

The Club achieved the Feed the Hunger Service challenge by raising about K1, 000.00 to feed the pupils at the Schools.



Trees Populate Chainda Basic School

Lions Club of Nkwazi

THE Lions Club of Nkwazi participated in making the environment Green by planting over 50 trees (fruits & trees) at Chainda Basic School in Chongwe District on the 27th February, 2019.



ZONE 11 Chairperson Lion Christopher Bwalya, DCC Environment South Lion Chipso Mataka, Members of Lions Club Of Nkwazi, School Administration and Members of the community participated in the Ceremony.

During the event THE Club informed the Administration that they'll visit and work on the construction of 1 x 2 classroom block.



Zimba District where Three Lions live

Lions Club of Kalomo

THE Lions Club of Kalomo Visited Zimba District on the 22nd February, 2019 where three Lions live 47km away from Kalomo District in order to boost and encourage Membership.



3rd Advisory Zone Meeting in 2018-2019 at Boskborg pub & grill on the 16th February, 2019

The Club was also given an opportunity in the month of February to host the 3rd Advisory Zone Meeting at Boskborg pub & grill on the 16th February, 2019.



Lions Club of Kalomo Members on their way To Zimba district

LIONS CLUB OF KAFUBU CARRIES OUT SENSITIZATION OF PUPILS ON THE DANGERS EFFECTS OF DRUG ABUSE

Lorraine Chishimba

Its scientifically proven that drugs have damaging effects on the human body and can significantly affect a person's physical and mental health. Drugs also have the ability to cause impairment in judgment, decision making, memory and can also affect a person's concentration levels.

Drug abuse is rampant among the youths in Zambia and threatens the future of the youths in the country. The effects of drugs abuse are key factors that has contributed to the increased cases of unwanted



Kafubu Lions Club members pose for a photo after conducting the youth project at Ndola Trust School



pregnancies, HIV/AIDS and other sexually transmitted diseases among the youths.

It was for this reason that the Lions Club of Kafubu in conjunction with the Drug enforcement Commission (DEC) undertook an activity to sensitise pupils at Ndola Trust School on the dangers and effects of drug abuse as part of the youth project. Lions Club of Kafubu president LION PEGGIE BANDA said "The Youth Project is one of the Lions International Centennial Service Challenge and thats why the Club decided to undertake the activity due to the increased cases of drug abuse amongst the youths in the country".

And addressing the pupils Drug Enforcement Commission (DEC) Officer PACE MWANAKASALE said "Alcohol is one of the most commonly abused apart from the actual drugs. It has an effect on the health of a human being and with the ability to cause permanent damage to the brain and other internal organs of the body".

Speaking at the same event Ndola Trust School Principal MR. SAKUBITA KALEMBWE commended Kafubu Lions Club for the gesture adding that he was optimistic that the talk given to the youth would have a lasting effect on them.

Lions Open Day - Mukuba Mall Kitwe

GMTC Lion Emmanuel Kangwa

THE Lions Open Day which was held on the 9th February, 2019 at Mukuba Mall in Kitwe was successfully welcomed by the public. The Program went on the whole day and 65 Invitation Forms were recorded on the same day. The GMT informed Members that a similar Project will take place in Lusaka town on the 2nd March, 2019 at Mandahill Shopping Mall along Great East Road Lusaka Zambia.





Lions Clubs International

DISTRICT 413 - ZAMBIA LIONS WORLDWIDE INDUCTION DAY



Lions Worldwide Induction Day is a worldwide event that welcomes new members and gives Lions the opportunity to stimulate membership growth and increase public awareness.

Since 1917, Lions have been reaching out to people in need in their local and world communities. As demand for Lion service continues, so does the demand for quality members to fulfill the association's "We Serve" motto to helping those in need. Worldwide Induction Day is a symbolic statement to Lions in the area and the general public that Lions Clubs International is committed to recruiting quality members and meeting community needs. Participating in Worldwide Induction Day will not only stimulate membership growth, it will also increase public awareness for your club and its activities.

The Lions International District 413 - Zambia will celebrating Worldwide Induction Day on the 27th April, 2019.

For Further details: DCC - Lion Dr. Osbert N Sikazwe, MJF - osikazwe@yahoo.com



Lions Quest

Because young people around the world need skills for life

What is Lions Quest?

Lions Quest is a life skills and prevention program of Lions Clubs International Foundation, implemented in more than 50 countries around the world. Lions Quest programs teach young people skills necessary for everyday success.

These skills include:

- Learning to accept responsibility
- Communicating effectively
- Setting goals
- Making healthy decisions
- Resisting pressure to use alcohol and drugs

Lions Quest programs:

- Provide high-quality, research-based classroom resources for teachers and age-appropriate learning material for students
- Present opportunities for students to learn and practice skills that build and enhance positive relationships
- Involve the family and community in supporting the healthy development of young people

Programs:

- Skills for Growing
- Skills for Adolescence
- Skills for Action



Lions Clubs International

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Women's Symposium High Tea Party

DCC Women Symposium - Lion Grace Sakala

The Lions Clubs International through their respective Clubs around the world seek to balance the gender platform for better socio - economic progress. One way of doing this is to restore the dignity of women and girls, raise their confidence and assertiveness and set them with empowerment opportunities to participate, serve and lead.

Proceedings

District 412B - Malawi organized a High Tea Party on the 9th February, 2019 In Lilongwe Malawi Held at Ufulu Gardens Lodge ahead of the International Women's Day which was accompanied by a symposium under the theme. 'Balance for future: future belongs to women' The symposium was characterized by guest speakers' articulating on matters of women's health. Topics such as Cancer of the Cervix were presented. Mental Health related such as depression was not left behind. Realizing Non Communicable Diseases were taking a toll on people's health a presentation on Diabetes Mellitus was equally presented by Dr. Beatrice Mwangomba.

The other goal of convening the symposium was meant to create an opportunity for women to participate in an event to restore dignity of the girl child. A number of girls at Puberty age are challenged with absenteeism due to menstrual periods that can range from 1 week up to 3 weeks, for those in school. Many of the girls have unstable learning experience because of lack of proper sanitary wear during menses. The target beneficiary community was a population of school going children in Lilongwe rural Msunga LEA School located in Zone Mpingu. The donation took place on the same day at Mpingu Primary School.

Lions District 413 - Zambia was invited to attend the Women's symposium by the Lions District 412B - Malawi and then the Lions District 413 - Zambia



Cabinet Office assigned the nearest club to Lilongwe which is Chipata Lions Club to represent the District, and further supported the Club with the necessary logistics to get to Lilongwe.

The Lions District 413 - Zambia bought five boxes of sanitary pads each containing 30 packets which were presented at the occasion by Chipata Lions Club President Lion Sr. Victoria Mwansa and Lion Beatrice Ngoma flanked by Zone 13 Chairpersons Lion Jabbs Kandinda.

District 412B Governor Chisomo Gunda, MJF highly acknowledged the presence of Members from District 413 and conveyed her heartfelt gratitude for the gesture of attending and taking part and parcel of the symposium. She reiterated the commitment and will to rejuvenating the bilateral relations that exists between the two Districts with Chipata Lions Club being the conduit to strengthening the bilateral relations due to its proximity to District 412B.

In another presentation, Lion Ruth W. Jiyani encouraged women to join Lionism and serve the needs of less privileged of our society. Lionism is about service and care. Many women were impressed by seeing her, and being the youngest Lion Melvin Jones Fellow.

Wheel Chair Worth K1, 600.00

Lions Club of Ndola

On the 23rd February, 2019, Lions Club of Ndola donated a wheel chair worth K1,600.00 to Mr. Ignatius Mukuka, a Kabushi resident in Ndola.

During the same day Lions Club of Ndola undertook a feeding project at Ndola Lions School for the Visually Impaired, and then later in the day Lions gathered for a fellowship.



Broken Glass Panels

Lions Club of Ndola

On 26th February 2019, the Lions Club of Ndola donated K5,000.00 to Levy Patrick Mwanawasa Foundation to carry out a small project of replacement of broken glass panels and some maintenance works at Levy Patrick Mwanawasa Primary School in Masaiti District.



Siachitema 48km from Kalomo

Lions Club of Kalomo

This is an activity which took place on the 2nd February, 2019 in Siachitema 48km from Kalomo Town.

At least 100 trees were planted and donated snacks to pupils who participated in the planting exercise at Siachitema Mission School.



Month of Fellowship and Activities

Region 6 Chairperson - Lion Booker Mukupa

THE Lion District 413 - Zambia Region 6 had a full month of Fellowship and Activities during;

The 3rd Zone 15 District Advisory committee meeting held at South Park Lodge in Shimabala on the 9th February, 2019 where the District 413 – Zambia Governor Dr. George SM Banda inducted new Lions;

The Zone 16 3rd District Governor's Advisory committee meeting held in Kalomo at Boksburg Lodge on the 16th February, 2019 joined by the

Region 6 Chairperson, Zone 16 Chairpersons and the 2nd Vice District Governor Sanjay S Balid;

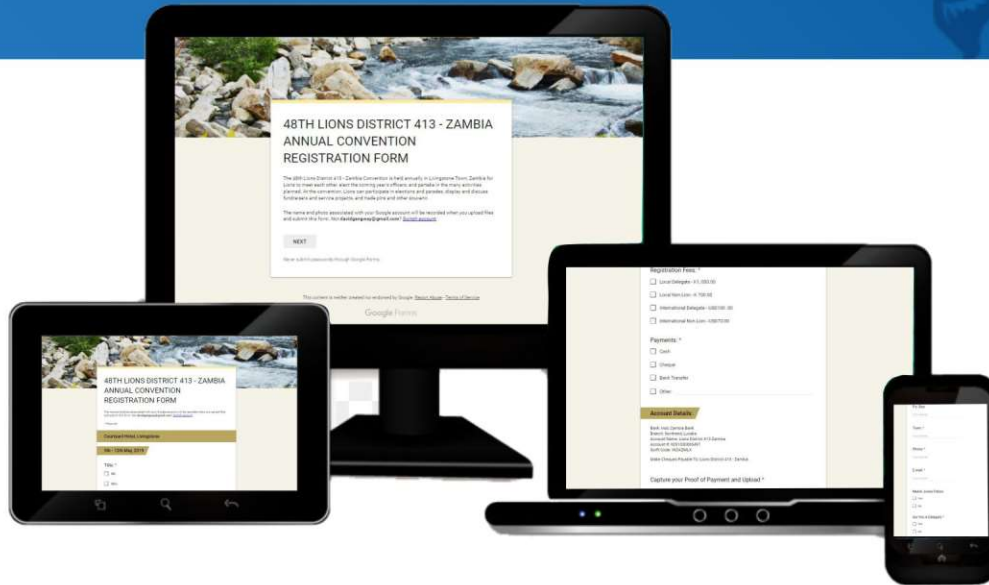
The Zone 14 3rd District Governor's Advisory committee meeting held at the Lions den on the 16th February, 2019.





Lions Clubs International

District 413 - Zambia



48th Annual Convention
Online Registration Form

EASY STEPS

48TH LIONS DISTRICT 413 - ZAMBIA ANNUAL CONVENTION REGISTRATION FORM

The 48th Lions District 413 - Zambia Convention is held annually in Longwe Town, Zambia for Lions to meet and share ideas, networking, gain experience and knowledge on the new activities, projects, and the convention. Lions can participate in various and provide, display and discuss projects and service projects, and make new and other contacts.

The name and photo associated with your sample version of the registration form will be used for the registration form. You can change your name and photo at any time.

Next

New & Existing Lions through Google Forms

1. Click on the Link Shared - **48TH LIONS DISTRICT 413 - ZAMBIA ANNUAL CONVENTION REGISTRATION FORM**

2. Opens another window

3. Click on Next

48TH LIONS DISTRICT 413 - ZAMBIA ANNUAL CONVENTION REGISTRATION FORM

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The name and photo associated with your sample version of the registration form will be used for the registration form. You can change your name and photo at any time.

Next

New & Existing Lions through Google Forms

4. Fill in Personal information -

5. Click - Yes, or No - The **Melvin Jones Fellowship (MJF)** option -

6. Click - Yes, or No - The **delegate** option

48TH LIONS DISTRICT 413 - ZAMBIA ANNUAL CONVENTION REGISTRATION FORM

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The name and photo associated with your sample version of the registration form will be used for the registration form. You can change your name and photo at any time.

Next

New & Existing Lions through Google Forms

7. Click - **Registration Fee and Mode of Payment** to proceed with the fee paid to register.

8. **NOTE:** Account Details - The primary identifier for ownership of an account.

48TH LIONS DISTRICT 413 - ZAMBIA ANNUAL CONVENTION REGISTRATION FORM

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The name and photo associated with your sample version of the registration form will be used for the registration form. You can change your name and photo at any time.

Next

New & Existing Lions through Google Forms

9. Capture your **Proof of Payment and Upload** -

10. **Note:** A brief record of Terms and Conditions applied to payments as an aid to your memory.

48TH LIONS DISTRICT 413 - ZAMBIA ANNUAL CONVENTION REGISTRATION FORM

The 48th Lions District 413 - Zambia Convention is held annually in Longwe Town, Zambia for Lions to meet and share ideas, networking, gain experience and knowledge on the new activities, projects, and the convention. Lions can participate in various and provide, display and discuss projects and service projects, and make new and other contacts.

The name and photo associated with your sample version of the registration form will be used for the registration form. You can change your name and photo at any time.

Next

New & Existing Lions through Google Forms

11. Official Program.

12. Advertising Opportunities/**Sponsorship**

13. **List of Hotels and Lodges** with negotiated rates.

48TH LIONS DISTRICT 413 - ZAMBIA ANNUAL CONVENTION REGISTRATION FORM

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The name and photo associated with your sample version of the registration form will be used for the registration form. You can change your name and photo at any time.

Next

New & Existing Lions through Google Forms

14. **Contact details** - Till the time of the Convention, the information required to contact someone, such as an address or telephone number, It will always be available online.

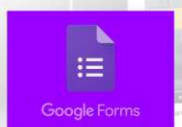


REGISTER NOW!!!

YOU DON'T WANT TO MISS OUT

www.e-district.org/sites/413/

T & C Apply



48th Annual District

CONVENTION

09 - 12 May 2019

Courtyard Hotel, Livingstone, Zambia



Registration Fees:

Local Delegates K1,000.00
Local Non-Lions K700.00
International Delegates USD100.00
International Non-Lions USD70.00

All Payments Deadline Is 31st March 2019

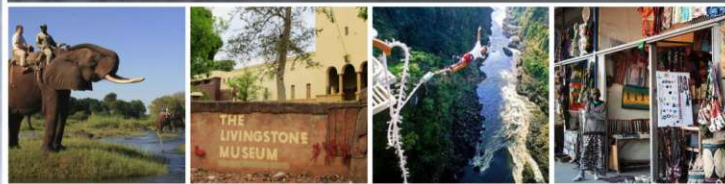
Cancellation Before 1st April 2019 Will Attract A 20% Charge.
No Refund For Cancellation After That Date.

Payments Made After 1st April 2019 Will Be
Surcharged With 20%.

Cheques should be made payable to:
Lions District 413 - Zambia.

Bank Details:

Bank: Indo Zambia Bank
Branch: Northend, Lusaka
Account Name: Lions District 413-Zambia
Account #: 0051030005497
Swift Code: INZAZMLX



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102nd Annual Convention

Style Milan with service.

Team up with Lions and Leos from around the world for a special convention service project. Tickets are just \$25 and include transportation, refreshments and an event t-shirt. Project fees are waived for Leos and Young Lions—contact registration@lionsclubs.org for details!



Glimpse from India District 322C5

International Director



The International Director Hastings Eli Chiti was invited as Chief Guest for the 6th Annual District 322C5 Conference in Talcher, Odisha, India on the 2nd to 3rd February, 2019.



A world servant takes the stage in Milan

LCICon 2019

Lions Clubs International is pleased to announce that Mr. Tony Blair, former Prime Minister of the United Kingdom and founder of the Tony Blair Institute for Global Change, will be a featured speaker and distinguished guest at LCICon 2019 in Milan.

Serving as Prime Minister from 1997 to 2007, Mr. Blair redefined modern, progressive politics and implemented major domestic reforms. Through record investment and reform, the education and healthcare sectors were transformed. Mr. Blair's New Labour Government implemented the largest hospital and school building program since the creation of the UK's welfare state. The first ever national minimum wage was introduced, and there was also transformational progress on human rights and equality. All this while overseeing a period of record economic growth and levels of employment.

A central figure on the global stage, Mr. Blair also helped bring peace to Northern Ireland, created the UK's Department for International Development, tripled foreign aid to Africa and introduced landmark legislation to tackle climate change.



Mr. Blair is at the forefront of today's most challenging debates, such as how technology will impact the workforce, and tackling issues of inequality in societies across the globe. His unparalleled international experience, both as Prime Minister and since leaving office, gives him a unique perspective on global events and the political insight to offer solutions to the critical challenges of our time.

In 2017, all Mr. Blair's various areas of work formally came together as one not for profit organization; the Tony Blair Institute for Global Change, which builds on the legacy of Mr. Blair's activities since leaving public office.

Recognizing Our Membership Superstars!

International President Gudrun Yngvadottir



This year, I urged Lions everywhere to reach beyond the horizon, and strengthen their clubs by charting a new path into the future. One of the ways we can do this is by inviting more people to join our clubs and start their service journeys. At convention, we challenged district governors to set ambitious membership goals so that

wherever there is need, there is a Lion.

"Membership growth is the best way we can continue our mission of serving those in need." I gave another challenge to district governors to make progress toward their goals with a December target date, and I want to congratulate the following Lion leaders who reached these goals! Membership growth is the best way we can continue our mission of serving those in need.

Award-Winning District Governors

Jaime Vargas Palomo, District S 1, Bolivia
Francisco Fernandez Batlle, District T 4, Chile
Helmut Sprang, District 111NW, Germany
Rashmi Bagla, District 322B1, India
Srawan Kumar Chowdhury, District 322F, India
Shakuntala Goyal, District 3233E1, India
Renu Kumar V, District 317A, India
Vijaykumar Lagisetty, District 320 B, India
Saravanan Muthuvannan, District 324A3, India
B Nandagopal, District 324A4, India
Kishan Poddar, District 322B2, India
H Shaik Tawooth, District 324A2, India
A V Vamanakumar, District 318C, India
Vincenzo Leone, District 108 YB, Italy

Eiji Ishihara, District 330B, Japan
 Hidetoshi Matsunami, District 334B, Japan
 Kotaro Nagasaki, District 336C, Japan
 Kunio Sekino, District 336A, Japan
 Hiroyoshi Yoshimura, District 335 B, Japan
 Pedro Ramon Reyes Maza, District B 5, Mexico
 Ananta Bhetuwal, District 325A1, Nepal
 Ashok Shrestha, District 325B1, Nepal
 Zoraida Rodríguez Vega, District D 1, Panama
 Pedro L. Ribeiro Crisóstomo, District 115CS, Portugal
 Habiba Hassan, District 315A2, Republic of Bangladesh
 Yen Chao Chen, District 300F, MD300 Taiwan
 Chuen-Yuan Cheng, District 300D1, MD300 Taiwan
 Pi-Chu Hsai, District 300E2, MD300 Taiwan
 Chao Nan Hsu, District 300C2, MD300 Taiwan

Tsai-Chiu Lee, District 300A2, MD300 Taiwan
 Tien Sheng Lin, District 300C1, MD300 Taiwan
 Ting Feng Lin, District 300A3, MD300 Taiwan
 Hung-Lin Tseng, District 300G2, MD300 Taiwan
 Chin-Chuan Wu, District 300G1, MD300 Taiwan
 Chih Hung Yeh, District 300C3, MD300 Taiwan
 Gwang-Yeol Eum, District 354B, Republic of Korea
 Je-Kwan Ha, District 356C, Republic of Korea
 Edith Seeholzer, District 102 E, Switzerland
 Kenneth Engstrom, District 35 I, United States
 James Haverland, District 2S5, United States
 Gustavo Sanchez, District 20 R2, United States

We appreciate your dedication and all your hard work. Look for future recognition opportunities in your district governors' newsletter and in other communications. Congratulations!

Romanian Lions and Leos Team Up with Special Olympics

Jamie Konigsfield



Lions and Leos in Romania have a long history of teaming up with Special Olympics to organize inclusive sports competitions. Through the “Mission: Inclusion” program between Lions Clubs International Foundation (LCIF) and Special Olympics, Lions and Leos are dedicated to promoting inclusion through sports.

“I truly believe that the Lions Quest program can positively in the participants in the Special Olympics competitions.”

Lions, Leos and LCIF

These competitions, comprised of players with and without intellectual disabilities, not only give confidence to the Special Olympics athletes, but leave all participants with a new sense of understanding. The games are a brilliant way of showing that people who have intellectual disabilities have the skills necessary to be competitive athletes and active members of their communities. LCIF is proud to be partnering with Special Olympics to promote inclusion and create positive change for this often overlooked

group of people.

Recent sport competitions included swimming, sprinting, table tennis, basketball, football and the Special Olympics Unified Football Tournament. Lions and Leos in Romania support the games by participating in the competitions, offering food and water and performing eye screenings for the Special Olympics participants.

A perfect combination: Lions Quest and Special Olympics

Several of the Special Olympics coaches involved with these sport events attended Lions Quest workshops last year and keep the spirit of Lions Quest lessons in their coaching. Lions Quest, an evidence-based social and emotional learning (SEL) curriculum, is LCIF's flagship youth development initiative. The program teaches children in prekindergarten through grade 12 lessons in positive behavior, anti-bullying, drug and alcohol awareness, character education and service learning, while creating a stronger connection to school. Romanian Lions have been awarded grants by LCIF to implement Lions Quest in their schools. Lions Quest promotes an inclusive environment in which all children, regardless of whether or not they have a disability, can learn.

Encouraging future goals

The Lions in Romania hope that in the future, they can organize a Lions Quest workshop specifically for Special Olympics coaches, as social and emotional education is at the heart of acceptance and inclusion. Lions Quest training will help coaches incorporate SEL strategies into their coaching practices, which will generate relationship centered sports through character education and team building. “I truly believe that the Lions Quest program can positively influence the lives and behavior of the participants in the Special Olympics competitions,” said Marin Florin, Director of Lions Quest in Romania

Lions Clubs International Foundation Announces

C A M P A I G N | 100



LCIF • EMPOWERING SERVICESM

- Increasing Service Impact
- Fighting Diabetes
- Expanding Global Causes

Visit us on the exhibit floor
and look for a big
announcement in the
third plenary.

Learn more, or make a
donation, at lcif.org.

LIONS CLUBS INTERNATIONAL



Our world. Our cause.

The growing diabetes epidemic is nothing short of staggering. According to the International Diabetes Federation, the number of adults living with the disease is expected to reach 629 million by the year 2045. In the face of such a powerful challenge to global health and well-being, what difference can one person possibly make?

Every journey begins with a single step. Serving in diverse communities all over the world, more than 1.4 million Lions and Leos now have a unique chance to change the fight against diabetes, one act of kindness at a time.

The Free MyLion App

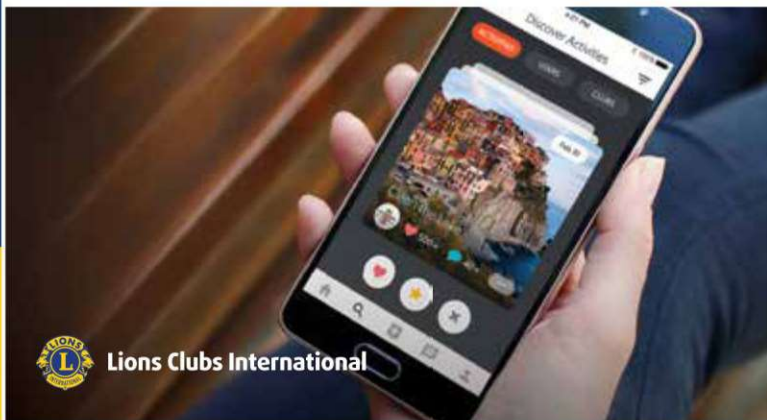
Changing the world just got easier.



Explore what MyLion
can do for you.

Organize and promote club
activities, and great service
projects, and connect with
Lions just about everywhere.
All from your mobile phone.

www.MyLion.com



Lions Clubs International

Everything's Bigger in Texas—Especially the Hearts of Texas Lions

Leo Leonardo Romano Nery

I'm a 23-year-old Leo from a small town in Brazil called Flores da Cunha in the state of Rio Grande do Sul. A couple of years ago, I became “almost famous” as the “Slang Guy” in a twitter post that took a humorous look at American slang from a Brazilian's perspective.

The tweet garnered more than four million views, and was trending for months in Charlotte, North Carolina, Houston, Texas and New York City. I was featured on the BuzzFeed website, and even did an interview with the Karson & Kennedy radio show in Boston.

So, here's the story about how the tweet came to be—and about the best summer of my life (they're related, trust me!). This was the summer that I spent in Texas, USA, as part of the Lions Clubs International's Youth Camps and Exchange Program.

Becoming a Leo

I got involved in the Leo clubs through a friend who invited me to a meeting. I thought, “Wow. Volunteering—how nice.” I've always wanted to do something for my community, so I started helping people at some of the service activities that my Leo Club, LEO Clube Flores da Cunha, hosted.

Then, one of my fellow Leos told me about the Lions Youth Camps and Exchange Program (YCE), where you get to travel abroad, and a host family lets you live with them in their home for a couple of weeks. Lions also host camps where young people from all over the world come together to participate in service and activities—and have some fun. The YCE really appealed to me, so Lions Clube Flores da Cunha became my sponsor club, and they got the ball rolling.



Everything IS bigger in Texas

I had the opportunity to travel to Texas at the end of June in 2016 through the YCE, and I'm really happy that I did because it was one of the best experiences I've ever had. I didn't know too much about Texas, but I'd heard that there were a lot of cowboys, and people wearing cowboy boots, and that everything was big there. I couldn't wait to explore my larger-than-life host state!

When I arrived in Dallas, it was there, in one of the biggest airports in the world, that I met my host family. They took me to lunch, and I ordered a giant hamburger with French fries—the perfect meal for a new Texas arrival. We had a great time getting to know one another, and the days I spent at my host family's home were awesome. At night, we'd take walks with their dog, Teddy, and marvel at the crystal-clear night skies with a million-and-one glistening stars.

Then I spent a week at the Julien C. Hyer International Lions Youth Camp with young people from the four corners of the world. We hosted a talent show for our host families, and gave presentations about the United States and the countries each of us is from. And we played sand volleyball, soccer and basketball. On the Fourth of July, we roasted marshmallows over a crackling campfire and made a delicious chocolatey treat called s'mores. We all became very close to one another, were endlessly happy and felt loved. We knew we could count on each other.

The Texas Lions and my fellow campers visited amazing places like the Palo Duro Canyon, Jacob's Well, The Alamo in San Antonio, The University of Texas at Austin and Blue Hole Regional Park in Wimberley. We played baseball, laser tag and volleyball at pool parties, and went bowling. We toured museums, and visited amusement parks and the Dallas Cowboys stadium.

When I got famous

Now for the famous part. I'd studied English for seven years, but was unfamiliar with American slang. When I came to America, there were some words that I hadn't learned in class, so I asked my host sister, Chandler Hoagland, to teach me the meaning of some terms, like “swag”—which means

“cool”—or “bucks” which refers to “money.” On our way to a rodeo, she began tweeting about me and my adventures with American slang. By evening’s end, the tweet was getting a lot of traction. People were retweeting, liking and commenting about the tweet. Some girls tweeted that I was cute. I laughed, but was thankful for all the kind comments I received because it was a positive way to make the world a better place. Getting famous was fun. My friends from the youth exchange wanted to take selfies with me, and made jokes like “Oh, you’re late because you’re a celebrity now.” A guy stopped me on the street to tell me he was following me on social media, and that many others were following me, too, and sending messages. All of a sudden, people wanted to know more about me. So for all you fans out there—here are a few personal tidbits. I love learning new things! I’m a law student, focusing on international and environmental law, and am studying Spanish, French and English. I play the piano and a little guitar, and have been singing in a choir for seven years. I volunteer for the LEO Clube Flores da Cunha in southern Brazil, and serve as its campaign director. I’m also the social media director for Distrito Múltiplo LEO L D 2018/2019. Not goodbye. Just see you later. As our youth exchange came to a close, we gathered for a final dinner. Here, we shared food from each of our countries along with a generous helping of compliments and sentiments. Almost everyone was in tears. Happiness and love permeated the room, as did hope—hope that the



whole world could be like this. A world in which Lions bring young people together from many different countries and cultures, and where each person is respected and accepted, and everyone lives in harmony. What a magical evening this was—one that I will never forget. I went home with more than just great memories. The food was so good that I gained ten kilos—22 pounds!—in the five weeks I was there. The Texas Lions made me feel like I was part of their family. They were so kind to me, and for that, I will always be thankful. It’s true. Everything is big in Texas. The parking lots are big, and the soft drinks are huge, even if you order a small one. Everyone has a big truck. But the biggest thing of all is the hearts of my Texan Lion friends, family and foreign students. Their big-hearted warmth, generosity and love has changed my life for the better...forever.



Hunger: Lions and LCIF Serve Up Hope

Caryn Lerner

"What's for dinner?" "I'm starving." "I just went to the market, and there's nothing to eat in this house."

Sound familiar? They're common phrases often uttered without even thinking. The fact is, many of us have abundant choices for our morning meal – our first of three for the day. "I'm starving" translates to "I haven't eaten in a few hours." And while our homes may not be stocked with the exact ingredients needed to prepare tonight's nutritious meal, our refrigerators and pantries are, by all accounts, well-stocked.

Those are the good facts.

For some, these are the harsh realities: "What's for dinner?" really means "Will there be dinner? Any dinner?" And "I'm starving" means exactly that. I'm starving. Maybe to death.



Food for thought

"Food for thought" is a common phrase in the English language. Look for its definition and you find this: Something that warrants serious consideration.

Hunger. It's food for thought.

By the numbers and years, hunger looks like this: 2015: The United Nations reports 777 million people are chronically hungry.

2016: The number rises to 815 million, equating to 11% of world citizens being chronically hungry.

2018: According to World Hunger Education Service, 821 million people worldwide are hungry.

Numbers are a tricky thing. Upward ticks often show progress. Like a rise in the value of your home. Or the addition of a new grandchild. Or more Lions participating in Lions Clubs International Foundation's most impactful fundraising effort ever – Campaign 100: LCIF Empowering Service!

"Empowering Service, Lions worldwide are taking aim at hunger."



But an upward trend in the number of people suffering pain, disease and debilitation wrought by chronic hunger is anything but progress. So why, despite sufficient global production to feed the entire population, is hunger still a chronic problem worldwide?

Political instability. Rising food and energy prices. Economic recessions. Climate change. They all factor in. The sad truth is this: Hunger remains one of the world's most critical and urgent challenges, particularly for children.

That's why Lions, with funding and project support from LCIF, are bringing hunger to the forefront and taking even sharper aim at mitigating its effects.

A recipe for success

Through donations to Campaign 100's Empowering Service Fund, Lions' hunger-focused projects will have the financial backing needed to help make positive change. Financial gifts from Lions, Lions' partners and others concerned about global hunger, coupled with the hard work and service of nearly 1.5 million Lions across planet Earth, will help us inch toward a world in which no one goes hungry. Anywhere. Here are ways in which LCIF plans to aid in the solution...to be part of the recipe for success: We'll invest in infrastructure and transport systems to increase capacity of existing local food banks, feeding centers and food distribution facilities.

We'll help create new food banking systems where they don't currently exist.

We'll help secure vehicles to collect, transport and deliver food and meals.

We'll help supply commercial refrigerators and freezers to store perishable food.

We'll help equip select feeding centers with stoves, ovens and other kitchen equipment needed to prepare meals to serve or distribute.

That's our plan.





Lions Clubs International FOUNDATION

300 W 22ND STREET • OAK BROOK ILLINOIS 60523-8842 USA • 630.571.5466 • WWW.LCIF.ORG

Dear Lions,

Namaste!

Great things are happening at Lions Clubs International Foundation. Among the most exciting happenings are the newest grant approvals, empowering Lions and Leos to serve in bigger ways. Lions in Korea are fighting diabetes, Leos in Multiple District 105-A are focusing on inclusiveness, and Lions in India and Canada are supporting our youth through education and healthcare. While Lions in California, USA are helping their neighbors recover from wildfires, Australian Lions are improving eye health programs and Lions in Brazil are helping fight childhood cancer.

All of this is made possible by hardworking Lions and generous donors. Through *Campaign 100: LCIF Empowering Service*, LCIF will empower Lions to increase service impact; fight diabetes, a global epidemic; and expand the global causes to include hunger, childhood cancer, and the environment.

It will take every Lion to reach our goal of raising US\$300 million. I encourage each of you to contribute what is possible, so that together, we can do the impossible. Help your fellow Lions make a big difference in the lives of people who really need a helping hand. Please consider making a gift or even becoming a recurring donor.

Sincerely,

Dr. Naresh Aggarwal
Chairman, Lions Clubs International Foundation
www.lcif.org

WE CARE. WE SERVE. WE ACCOMPLISH.

LIONS CLUBS
INTERNATIONAL
DISTRICT - 413 ZAMBIA



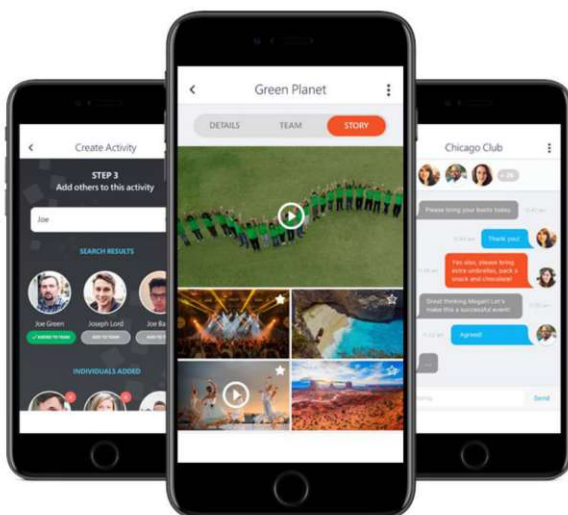
25th ALL AFRICA CONFERENCE



25TH - 28TH SEPTEMBER, 2019

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SATURDAY
APRIL 06, 2019
LUSAKA CLUB BOWLING
Section, Longacres, Lusaka

An Event hosted by the Lions Club of Roma in Conjunction with the Lusaka Bowling Association



LION NORA CHITI
AND PARTNER IN SERVICE
INTERNATIONAL DIRECTOR
HASTINGS ELI CHITI

LION CLARA BANDA
AND PARTNER IN SERVICE
DISTRICT GOVERNOR
DR. GEORGE SM BANDA

LION MAYA BALID
AND PARTNER IN SERVICE
1ST DISTRICT GOVERNOR
SANJAY S BALID

LION NAOMI MANGANI
AND PARTNER IN SERVICE
2ND DISTRICT GOVERNOR
DR. PETER M MANGANI



K200

08:00HRS

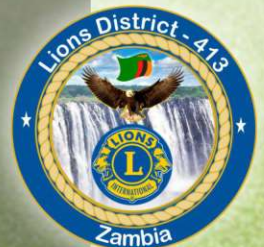
INCLUSIVE OF LUNCH

CASH BAR AVAILABLE

Tickets available at the Lusaka Lions Den

Dress Code

Casual and Yellow Jackets



Proceeds will go towards Little Assisi School for Children with Disabilities in Ngombe Compund

For Further Details: +260 975 665 792 /// 971 502 149

International Association of Lions Clubs
District 413 - Zambia

LIONS CLUB OF KABULONGA

47th Charter Night

Saturday, 30th March, 2019
Lusaka Lions Den, Showgrounds
19:00Hours

Tickets available at the Lusaka Lions Den

**K120/
Person**

CASH BAR AVAILABLE

International Association of Lions Clubs
District 413 - Zambia

LIONS CLUB OF KABULONGA

FREE MEDICAL CAMP

Kayoshya Health Centre, Chisamba

Saturday, 6th April, 2019

09:00hrs

YOUR HEALTH IS OUR PRIORITY

Lions Clubs plan and participate in a wide variety of service projects that meet the international goals of Lions Clubs International as well as the needs of the local communities.



TREE PLANTING

Environment

The earth sustains human life. We've seen how our stewardship of natural resources can improve quality of life and increase engagement in our local communities.



EYE SCREENING

Vision

Ever since Helen Keller inspired us to champion the cause in 1925, we've served and advocated for the blind and visually impaired. Nearly a century later, this long-standing mission continues unhindered.



SCREENING FOR DIABETES

Diabetes

Diabetes is a global epidemic, affecting an increasing number of men, women, and children all over the world. As Lions and Leos, we see and feel the effects of diabetes in our communities and are doing something about it together.



FREE EAR SCREENING

Hearing

The mission of the Hearing Preservation, Awareness and Action Program is to demonstrate concern and respect for the dignity and independence of people who are deaf, hard of hearing or who have speech disorders, with the goal of helping to improve their quality of life.

INTERNATIONAL WOMEN'S DAY #balanceforbetter



The growing influence of Leos

Since 2017, when Leos were first given a board presence as part of the Youth Engagement Ad Hoc Committee, the idea of creating a membership pathway for Omega Leos has been gaining traction.

We put together a timeline that highlights important milestones—ones we've already accomplished and a few that will be achieved soon—in exploring this Leo pathway to membership. Check it out now at lionsclubs.org/leos, and learn more about the vision and values of these amazing young people.



Thank You

We want to thank the District Chairpersons and Clubs that took part in this Newsletter.

It is very important to keep an active, informed and growing District. Without the newsletter—think of all the information that would be lost and how many members we may lose without keeping them informed.

To all those that did not submit an article at this time—please consider it in the next coming issue.

To help us Publish a monthly Newsletter for all activities, we would like each club in the district to send us a copy of your article each month.

When you send us your article, you make our job a lot easier. We will be able to share all the wonderful things your clubs are doing, so thank you.

Keep up the great work that you and your clubs do for your community and beyond.

We hope that these few hints have helped you and if you still have questions, please feel free to contact us.

Download All Newsletters on the Website - www.e-district.org/sites/413/

*Lion David Lihonde
DCC Publications and Newsletter*

Your Submissions

*For article submission or advertising
contact the Editor:
davidgangway@yahoo.com*

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Lions Clubs International

Lions Clubs International is the largest service club organization in the world.

We have more than 1.7 million members in more than 46,000 clubs worldwide.

Where there's a need, there's a Lion.

We're men and women serving in more than 200 countries and geographic areas.

Lions serve.

Our motto is "We Serve." Founded in 1917, we are best known for saving sight, but we also feed the hungry, aid seniors and the disabled, care for the environment and so much more. Lions are a global service network of volunteers that make a difference in their local communities.

Lions give sight.

By conducting vision screenings, equipping hospitals and clinics, distributing medicine and raising awareness of eye disease, Lions work toward the goal of providing vision for all.

Through the support of the Lions Clubs International Foundation (LCIF), Lions have helped provide more than 153 million treatments for river blindness and 72 million doses of a sight-saving trachoma medication through the Sight First program alongside our partners. Lions and LCIF have also helped provide vision screenings for more than 22 million children through the Sight for Kids partnership program.

Lions serve youth.

Our community projects often support children and local schools through scholarships, recreation and mentoring.