

Volume 28, Number 5 Official Publication of Lions Districts 5NE, 5NC, 5NW, November, 2005

November Diabetes Eye Health Month! EyeCare America program explained

In honor of Diabetes Awareness Month in November, the Lions Eye Health Program (LEHP) and EyeCare America (ECA), a public service foundation of the American Academy of Ophthalmology, are partnering together to preserve sight across the nation. LEHP encourages any Lion's Club member to contact EyeCare America staff toll free 1-877-887-6327. EyeCare America will tailor the attached flyer with your local Lion's Club logo for you to distribute locally, such as seniors centers, churches, libraries or at health screenings. If you do not need the flyer tailored, please let EyeCare America know how many flyers you would like to put up in your area.

The EyeCare America Diabetes Program matches eligible seniors 65 and older with nearby volunteer ophthalmologists who provide dilated, medical, eye examinations and up to one year of care at no out-of-pocket cost. The helpline operates 24 hours, every day, year round.

This LEHP/ECA partnership encourages seniors with diabetes to get a dilated eye exam. EyeCare America programs are designed for people who are without an ophthalmologist.

Future campaign opportunities for Lion's Members: January, for Glaucoma Awareness Month Feburary, for Age Related Maculary Degeneration. ECA provides posters and offers to send out template press releases and lettersto-editors in your state on your Club's behalf. Simply call ECA to let them know you would like to participate, they will do the rest.

One more offer: Lion's Screenings For your screenings, ECA offers to send your club, inserts listing the Diabetes helpline for patients in need. Please Email ECA if you would like to receive these inserts for your screenings.

If you have any questions or would like more information, please call ECA staff toll-free at 877-887-6327. Thank you in advance for your support of this new LEHP/ECA partnership to preserve sight, one caller at a time. Rebecca Teel Daou,

Manager LCIF Humanitarian Programs http://www.lehp.org http://www.eyecareamerica.org



EYE CARE AMERICA®

Diabetes EyeCare Program

Approximately 16 million people in the United States have diabetes and one-third of them do not know it. Diabetes is the leading cause of new blindness among adults and people with diabetes are **25 times more likely to become blind** than people without it. By detecting and treating diabetic eye disease early through annual, dilated eye exams, people with diabetes can preserve their sight.

The Diabetes EyeCare Program (DEP) promotes annual, dilated eye exams for people with diabetes. DEP raises awareness about diabetic eye disease, including diabetic retinopathy, provides **free** diabetic eye disease educational materials and facilitates access to eye care.

People eligible for a referral through the program receive a comprehensive, medical eye exam and up to one year of treatment—at **no out-of-pocket cost**—for any disease diagnosed during the initial exam. Volunteer ophthalmologists accept Medicare and/or other insurance reimbursement as payment in full.

The Diabetes EyeCare Program is designed for people who:

- Have diabetes
- Are age 65 and older
- · Are US citizens or legal residents
- · Have not seen an ophthalmologist in three or more years
- Do not belong to an HMO or the VA

To determine if you, a family member or friend qualify for a DEP referral call **1-800-272-EYES (3937) toll-free**, 24 hours a day, seven days a week, 365 days a year.

Diabetic eye disease, glaucoma and low vision, due to an aging population and obesity, are growing at alarming rates. But raising awareness of eye disease can help millions avoid the disability, loss of independence and diminished quality of life that accompany vision loss. The Lions Eye Health Program (LEHP, pronounced "leap") is a public awareness program that empowers communities to save sight. LEHP is a timely and powerful antidote to a serious public health problem.

LEHP is the main SightFirst-funded initiative for industrialized nations. LEHP has been active in the United States, Japan, the British Isles and Ireland, Canada, Australia and Turkey. LEHP has been revamped and improved in the United States. The new LEHP for the United States includes a new CD-ROM format, a new logo and design, a new LEHP Web site and development of new print materials. Perhaps most importantly, everyone interested in eye health can now participate in LEHP, not just Lions clubs. This is helping to increase eye health awareness.

Page Two 5NW cabinet members sought

By DG Elect Herman A. Schafer

This is a call to all fellow Lions in 5NW to look ahead to 2006-2007.

Right now we are in the process of shaping the cabinet for the next year. We will need a chairperson for each place on the MERLOW team. Therefore, we will need a Membership Chair, an Extension Chair, a Retention Chair, a Leadership Development Chair, an Orientation Chair and a Women's Membership Development Chair. We will also need one Zone Chairperson for each of the six zones.

I ask each zone to locate that person and to forward his/her name to me. In addition to these leaders, we need chairpersons for Leo's and Youth Outreach, Convention, Diabetes Awareness and N.D. Eyebank, International Understanding, Environmental Projects, Public Relations and Lions Information, Honorary, Youth Exchange and Lions Services for Children, LCIF and Newspaper, Peace Poster Contest, Sight Conservation-Leader Dog and Special Projects, Information Technology, Hearing and Speech and Work with the Deaf, and Campus Club.

We have about 1,100 Lions in District 5NW. We need each of you to look into yourself and decide about being an active part of helping our district grow. Will you step forward and be part of our Governor's Cabinet in 2006-2007? Please let me know in which area(s) you wish to be a leader on or before Dec. 20. Some of you have already spoken with me during the N.D. Lions' State Convention in Minot. Thank you. You can do so by sending me an e-mail at hsgrand23@riverjordan.com , by calling me at 701-221-2320 or by dropping me a line at 445 London Ave., Unit #1, Bismarck, ND 58504.

We need your commitment and involvement to help District 5NW reach for no less then 2000 members. "We Serve."

As an aside, I wish to thank all the clubs who have been so punctual with sending the Monthly Activities Report. It is so good to see all the positive things you are doing in western North Dakota and around the world.

Lions What's

Editor's note:

Lions Clubs from around the state are being urged to submit their upcoming activities or events - including a brief description (a sentence or two), telling about the event. That way, other club members will have the opportunity to join in more Lions fun. Pettibone has already taken up the challenge and submitted an event. We're asking other clubs to join in as well. To have something added to "Lions, what's happening?" email your event to editors@ndbhginc.com, name it "Lions what's happening," and it will be added to the list. Information can also be mailed to North Dakota Lion, Box 309, Garrison ND 58540, Attention, Stu.

Don't let your fellow clubs have all the fun, join in. Thanks.

Dec. 3 — **Pettibone Lions Club** Annual Turkey Shoot to be at the Pettibone Community Building starting at 7pm.

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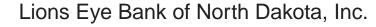
Lion Al Kahlbaugh District Governor 5NE 3415 Belmont Road Grand Forks, ND 58201

Lion Marian Johnson District Governor 5NC 1631 Northview Lane Bismarck, ND 58701

Lion Chuck Whitney District Governor 5NW PO Box 121 Bowman, ND 58623

Lions Foundation Lions F	oundation of N	lorth Dako	ta, Inc.	P. O. Box 273 Bowman, ND 58623-0273
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P.O. Box 2398 Bismarck, ND 58502



Lions Eye Bank Week Dec. 4-10, 2005

ND Lions Eye Bank appreciates state Lions

The Lions Eye Bank of North Dakota **THANKS** the North Dakota Lions Clubs that responded to the fund raising efforts this year. We would like to especially thank all the clubs, which participated in the "Parade of Green" event sponsored by the 2005-2006 State Convention. This event raised \$11,606. In total, we have received club donations of \$15,209.26 (July 1 through November 7). The following are the contribution levels:

Red Level (contributions up to \$50): Kulm Lions, Braddock Lions, Minot State University Leos, Washburn Lions, Wing Lions <u>Blue Level (contributions of \$51 to</u> <u>\$100):</u> Carrington Lions, Northwood Lions, Bismarck Prairie Rose Lions, Gackle

Lions, Rugby Lions, Streeter Lions, Zeeland Dakota Lions, Hettinger Lions, Scranton Lions, District 5NW Zone 3A, Williston Lions

Bronze Level (contributions of \$101 to \$500):

Arthur Lions, Devils Lake Lions, Fargo Edgewood Lions, Grand Forks Red River Lions, New Rockford Lions, Valley City

Lions, Hooterville Flion Lions, Lake Metigoshe Lions, Minot Magic City

Lions, Minot Knight Rider Lions, Napolean Lions, Strasburg Lions, Tuttle Lions, Wishek Lions, Alexander Lions, Beulah Lions, Dickinson Lions, Elgin Dakota Lions, Elgin Lions, Mandan Lions, Mandan West River Lions, Richardton Lions

Silver Level (contributions of \$501 to

<u>\$1500):</u>

Bismarck North Star Lions, Harvey Lions, Minot Lions, District 5NC Zone 3A,

Gold Level (contributions of \$1501 to \$3000):

Fargo Lions

Platinum Level (contributions over \$3000): Bismarck Capital City Lions

Individual donations, contributions and memorials have totaled \$505 to date. Such donations have been received from Bryan & Eileen Giese, Harold & Thiry Narum, Rich & Patti Christensen, Clarence & Fern Rau, Dennis Johnson, Paul Knutson, Dan Vondracheck and Len Swanson.

A big Thank You also goes to all Lions during the Minot convention for their support of the annual Lions Eye Bank raffle. This fundraiser brought in \$390.00 for the Lions Eye Bank.

All of these funds go immediately into action in supporting the recovery and processing of eye tissue to those in need. If you or your club wishes to make a contribution to the Eye Bank, donations can be sent to Lions Eye Bank of North Dakota, 301 North 4th Street, Bismarck, 58501. Contributions can be given to any of the Lions Eye Bank board of directors who will forward donations to the Eye Bank.

New Board Members

At the District meetings during the 2005 Lions State Convention in Minot, new Lions Eye Bank Board members were elected to three year terms. Newly elected were Dr. Terra Boettcher from the Grand Forks Lions (representing 5NE) and Larry Galvin from the Minot Magic City Lions (representing 5NC). Re-elected to the Board was Jeff Erickson from the Mandan Lions. These Board members will begin serving their terms effective July 1, 2006.

The following Lions continue as officers for the 2005-2006 Lions Eye Bank Board of Directors. Jeff Erickson of the Mandan Lions serves as Board president. Marv Wierenga of the Minot Knight Rider Lions is the vice president. Joy Venzke of the Mandan Lions is the treasurer. And Dennis Johnson of the Reeder Lions is the secretary.

On behalf of all North Dakota Lions, we welcome the new Lions Eye Bank Board members and we wish existing Board members continued success.





Trinity donates to relief effort

The Williston Trinity Christian Leos presented the Williston Lions with a check at a recent meeting for \$500 for the Katrina relief fund. Presenting the check to Lions President Chris Kemp, left, are Leos Christine Ralston, treasurer; Lindsey Mayer, president; Lion Ruthie Wagner, club advisor; Leos Justene Dahl, vice president; and Carmen Dahl, secretary. Not pictured is Doug Black, club advisor.

Courtesy of Wanda Olaf/Williston Herald

Letters

LCIF pledges support

Clement F. Kusiak 2005-2006 LCIF chairperson Dear Fellow Lions:

The powerful earthquake in Pakistan and India that killed tens of thousands and devastated the lives of millions has deeply touched the hearts of all Lions. I want to personally convey my deep condolences and pledge the support of LCIF in helping Lions help

their communities recover from this tragedy.

http://www.lionsclubs.org/EN/content/ lcif pakistanearthquake.shtml LCIF issued a Major Catastrophe Grant of US\$200,000 to assist with both short and long-term needs. LCIF also quickly issued three US\$10,000 Emergency Grants so Lions in the affected areas can quickly help people get food, water and medicine. LCIF also created a Pakistan Earthquake Relief Fund for Lions, Lions clubs and others to make designated donations. Mail a check payable to LCIF and write "Pakistan earthquake relief" in the memo field. Send the check to LCIF, 300 W. 22nd St., Oak Brook, IL 60523, USA, Attn.: Donor Services. Or donate by credit card with MasterCard, Visa or American Express by calling

LCIF at 630-571-5466, ext. 517 or 554. Lines are open between 8 a.m. and 4:30 p.m. CST.

A committee has been put in place, chaired by Past International Director Nilofer Bakhtiar. This committee will assess needs in the area and help direct Lion relief efforts. LCIF also has taken steps to alert the general public that it is accepting donations for its Pakistan earthquake relief. As it did following Hurricane Katrina, LCIF has been listed on the Network for Good Web site, which solicits and accepts donations on behalf of high-profile charities for major catastrophes. Network for Good is the Internet's leading charitable resource.

http://www.networkforgood.org/topics/international/earthquake/ southasia1 00805.aspx On behalf of International President Ashok Mehta and the LCI Board of Trustees, I want to express our profound sadness over the terrible suffering in Pakistan and India and reassure the Lions of those countries and around the world that LCIF is partnering with Lions to assist communities in their recovery.

Thanks, North Dakota Lions

PCC Bob Moore

1992-1993 MD5 council chairman 1997-98 to 2002-03 MD5 leadership chair.

To the Lions of North Dakota

I am pleased to report that on Oct. 23, 2005, I received the endorsement of District 5CE which will allow me the opportunity to become the Saskatchewan Candidate for the Canadian Director on the Board of Lions Clubs International for the term 2007-2009.

We have said very little up until now because at a meeting of potential Saskatchewan candidates, at Moose Jaw in June of 2004, we were informed that we should do no campaigning outside of our district until we received the endorsement of our district.

We want to thank all of the Lions of North Dakota who attended the North Dakota convention at Minot. The hospitality was excellent and we were pleased to have the opportunity to speak to many of you.

We would appreciate any support which you may be willing to give at the MD5 Convention in June of 2006 at Fargo, North Dakota where we will be seeking the endorsement of the Lions of MD5.

LCIF facilitating 'twinning'

Clement F. Kusiak

2005-2006 LCIF chairperson Dear Fellow Lions:

Many Lion nationwide are collecting goods or are willing to travel to the Gulf Coast to assist Lions serving Katrina victims. The challenge for Lions who want to help often is connecting with a club in the Gulf

Coast that needs a certain kind of service or item. To further the relief effort, LCIF is facilitating twinning between clubs.

Lions who want to help can review <u>a list on our Web</u> <u>site</u> of Lions clubs in the Gulf Coast. Lions need to contact these clubs directly to establish a twinning relationship. Please contact the clubs via phone and, if possible, supplement that with a fax asking for details of the club's needs.

http://www.lions-katrina.org/twinning-link.php

Clubs in the Gulf Coast typically need assistance with fund-raising, goods for evacuees or assistance in rebuilding their community or their own meeting facility.

We anticipate the list of clubs needing assistance on our Web site will grow as more clubs contact us. We encourage clubs listed on our Web site to provide us with details on what kind of assistance you need. We also encourage clubs not listed but needing assistance to <u>contact LCIF</u>. <u>mailto:jay.copp@lionsclubs.org</u> Please provide us with complete contact information including a phone number, fax number and e-mail.

LCIF's twinning project is in addition to our <u>Help Link</u>, which lists Lions who contact LCIF with specific offers of assistance. Clubs in the Gulf Coast need to check the Help Link page to see what form of assistance is available from Lions and then contact that club or individual.

http://www.lions-katrina.org/help_link.shtml

For questions on either the Help Link or the twinning project or to be listed on either, please <u>e-mail LCIF. mailto:jay.copp@lionsclubs.org</u>

Working together, Lions are responding to this terrible disaster with untold hours of service and an indefatigable can-do spirit. Our service has been needed more than ever, and Lions have been up to the challenge.



Lion Harry Zacher celebrates









Lion Al Kahlbaugh 3415 Belmont Road Grand Forks, ND 58201 (H) 772-7327 (Fax) 795-3660 e-mail: <u>kahlbaugh@gra.midco.net</u>

Greetings to the Lions and friends of 5NE!

The time passes so fast and I have much to inform the clubs of 5NE. First I wish to thank the many clubs I have visited during the month of October. I am energized by the reception that I have received from every one! I think the club visits are one of the most enjoyable duties that any District Governor has. I traveled over 1800 miles for Lions business during October.

The business part of this Newsletter involved the Cabinet and district meetings held

Governor's Report

at the State Lions Convention in Minot, October 28-30, 2005. I had informed you, in my previous newsletters, of the subject of a dues increase that would be discussed and voted on at the convention. The district meeting was where this discussion transpired. I opened the motion to all present because I wanted input from the delegates and member from the smaller clubs present. A full airing of the pros and cons were discussed including the cuts made in the district budget. The vote was taken and passed with one dissenting vote recorded. The increase will be \$2.00 per year or \$1.00 on the two billings each year. You may ask why a dues increase? The answer is simple and straightforward. The last several years our district has lost membership. The problem is not the result of one of us but it's a problem for all of us. I, as your District Governor, have chosen to do something about membership. At every visitation, I have talked to you about asking your friends and neighbors to come to our meetings and become Lions. We Lions do great things for our communities and we are very important to those among us who are less fortunate than we who serve. So please, I am asking you once again to ask a friend to come to a meeting and find out what Lionism is all about!

The subject of a spring meeting or a district meeting was discussed. The logic behind this is a rally for the members of 5NE clubs where they can meet for a one-day event. State conventions are great but may be difficult for many people to attend. The district meeting would be centrally located so the driving distance would be reduced for our lions members. This program will be lead by District Governor Elect Katherine Tweed. Vice District Governor Elect John Dobbs has agreed to put the program together. I am confident these two people will create a quality program. If you or your club would want a subject covered, please contact Katherine, John or me for suggestions. We will try very hard to accommodate your

wishes. I wish to add that the spring rally should not add to the budget problems in the district

The convention also had seminars ranging from Meth awareness to estate planning and a number of other subjects. These seminars are some of the advantages of going to a convention, but we would also like to bring some of these subjects to the district rally.

The Minot area Lions put on a great convention! The social events were very enjoyable. The 50's hop with the drum corp entertainment was a lot of fun! Some of us "oldies" even had some original items from the past. (Although someone's letterman's jacket didn't quite fit! I wonder why?) The poodle" lions" skirts looked great and it was fun to watch the twist contest!

It was our pleasure to have Senator Kent Conrad join us at breakfast on Saturday. Our Noon lunch speaker, BobEdwards, kept us rolling with laughter.

The banquet guest speaker was International Director Bill Crawford. He and his wife Julie are from Encinitas, California. All of the speakers were enjoyable and we thank them for coming.

Once again, thank you Minot Area Lions, for a great convention! And thank you, North Dakota Lions and guests, for attending the event!

> Al Kahlbaugh District Governor



Carrington

Carrington Lions collect used eyeglasses

Upper right, Carrington Lion members: Maryann Zwinger, Doug Roundy and Pat Roundy sort and box some of the 558 used glasses collected this year. Also collected were over 250 eyeglass cases and sunglasses.

Carrington Lions fall bingo

Lower right, Carrington Lions held their annual Fall Bingo Oct. 12. Proceeds will be used for vision and youth programs.



Fargo



New inductees

The Fargo Lions Club inducted new, transfer and honorary members Oct. 17 with Dist. 5NE Gov. Al Kahlbaugh officiating. They are, from left, Dave Beierle, Mike Gallagher, Carla Lien, Sara Kearns, Tony Uhlir, Lloyd Collins, Jennifer Grimm and Tim Sellnow. Among these new members is Honorary Lion Lloyd Collins who is the club's pianist. He is a well-known organist as well, playing at the Fargo Theatre and for budding songstress, Peggy Lee. Fargo Lions President Robert Littlefield initiated a new membership initiative this fall in a three-week blitz, concentrating on the service Lions do in the community. More prospective members are turning in their applications and further inductions are planned.



Lions service all in the family

One of Fargo Lions Club service projects is putting up and taking down flags on downtown street posts. In front is future Lion, already in service, Blake Sogge, 5. He is a veteran of the project helping his grandfather, Fargo Lion Mark Jensen, at top. Fargo Lion President Robert Littlefield is in the middle furling flags.

Donna J. Iszler named a Melvin Jones Fellow

Donna J. Iszler of Grand Forks has been named a Melvin Jones Fellow by Lions Clubs International Foundation (LCIF), in recognition of her commitment to serving the world community.

Named for the founder of Lions Clubs International, Melvin Jones, the fellowship is the foundation's highest honor. It is recognition of a commitment to humanitarian service. Donna was honored on Monday, October 24, at the dinner meeting of the Red River Lions Club. District Governor Lion Al Kahlbaugh presented her a finely crafted plaque and lapel pin acknowledging her dedication to the foundation's humanitarian goals. Comments were also made by Lion Henry Eslinger and Lion Herm Livingston from the Grand Forks Lions Club. A congratulatory letter from Lion Carmen Grove Suminski was read.

As a Melvin Jones Fellow, Donna becomes a part of a growing network of individuals who are committed to improving the quality of life for people locally and in communities around the world.

Lions Clubs International is the worlds largest service club organization numbering more than 1.4 million members. As the charitable arm of the association, LCIF makes grants for vital community and global projects that meet a wide range of humanitarian needs. The LCIF Sight First program unites more than 42,000 Lions clubs in the world wide endeavor to eliminate preventable and reversible blindness.

Donna retired as a teacher of the North Dakota School for the Blind in 2003 having taught there for 46 years. She continues to teach music and braille music there part time. Her teaching career began in 1956 at the South Dakota School for the Blind in Gary.

Donna has been a member of the Red River Lions Club for 13 years. She volunteers as their music leader and also is the pianist for the Grand Forks Lions Club. She and her husband Lion Duane Preabt reside in Grand Forks. Her daughter and son-in-law, Cheryl and Lynn Misialak, and four grandchildren also reside there.



Fall Festival in Leonard

Lion Earl Roesler and L.D. Roesler were parade marshals. The Lions also had a float in the parade. The Leonard Lions sponsored a 'kids basketball games' evening at the outdoor basketball court in Leonard. Along with this they served a steak supper in the park for the community. All the events were well attended. The money went towards 'Little Pre-School on the Prairie.'





Your current DG's

North Dakota's three District Governors gathered at the state convention in Minot. From left, DG 5NW Chuck Whitney, DG 5NC Marian Johnson And DG 5NE Al Kahlbaugh.

5NE DG's past and present

DG 5NE DG Al Kahlbaugh, PDG George Eastburn and PDG Oscar Sorenson posed for a photo.



5NC





Lion Marian Johnson 1631 Northview Lane Bismarck, ND 58501 (H) 258-7361 e-mail: inkwell 58501@vahoo.com

I have good news, and I have bad news.

First of all, what a wonderful State Convention held in Minot! That's the good news. The Convention committee up there, particularly Lions Kerry Hansen and Ron Meier, did an excellent job of planning. Everyone had a great time learning with ID Bill Crawford, laughing with luncheon speaker Bob Edwards, and celebrating the past year through awards and certificates. Next year it will be

Governor's Report

5NW's turn in Dickinson, and I'm sure they are already making plans. Conventions are a great way of re-charging your batteries!

Now for the bad news. I received the latest monthly Cumulative Report from Lions International by e-mail a couple days after returning from Minot. I knew that the secretaries were getting back to their bookwork and cleaning out their membership lists, but I was hoping that the worst of the yearly "adjustment" was over. After starting the year with 1318 Lions in 5NC, and then slumping to 1301, I saw with dismay that we are now at 1283. Yikes! Let's hope that this is really the bottom. It happens this way every fall, but it is enough to make a District Governor's hands sweat. I'm looking forward to better numbers next month.

Retention Chairman Jim Selby had an excellent article in the last ND LION about making meetings fun and informative, and making every Lion feel like an important part of the club. If we can keep these simple things in mind, we can close the "back door" as we continue to take in members each month. In reality, retention is everyone's business.

Getting back to good news, I'm having a wonderful time visiting clubs! The following list pretty much summarizes my travels for the month, but it doesn't tell you about the great food and warm hospitality. It's no mystery to me why club visitations are nearly every District Governor's favorite part of the job.

Governor 5 favorne part of the job.			
Nov. 1	Streeter Ladies Night		
Nov.2	Pettibone Lions		
Nov. 3			
Nov. 9	Sawyer Lions		
Nov. 10	Fredonia Lions		
Nov. 12	Bowdon's Lutefisk & Lefse Feed		
Nov. 13 Zeela	nd Lions & Zeeland Dakota Lions		
Nov. 14	Linton Lions		
Nov. 16	Glenburn Lions		
Nov. 21	Harvey Lions		
Nov. 28	Hazelton Lions		

The Velva Lions have been struggling, and on October 24, a number of Cabinet officers and

members of the nearby Sawyer Club met with them to see if we could help out in any way. One result of the discussion was the idea of having them meet in conjunction with the Sawyer Lions for the winter, and to facilitate that, we moved Sawyer from Zone 3B to 3A. Also, Membership Chairman Chris Helgesen is going to work with the Velva Lions to put together a news article for their paper to drum up some more members from that community. This club could use everyone's moral support right now, so if you have any ideas for them, contact secretary Dennis Wunderlich.

One other area of concern is the fact that we did not elect a Vice District Governor candidate at the convention. The current VDG, Carla Bender, is now technically our District 2006-2007 Governor Elect for (Congratulations, Lion Carla!), but we do not have a candidate to follow her in 2007-2008. I'm hoping that with more searching we can soon fill that position. It is a wonderful opportunity for a good Lion who would like to take on a challenge. I can guarantee you that it will be the experience of a lifetime! The basic qualifications, again, are as follows:

1) You should have been president of your club,

2) You should have experience being a zone chairman, region chairman, or Cabinet Secretary,

3) You have to look good in a red jacket...just kidding.

By the way, do you remember my August article about extending the leadership "map" into the future so that we aren't scrambling every fall? This is happening! Lion Marv Wierenga of the Minot Knight Riders has committed to beginning his governor year in 2010, and another great Lion (who wants just a little more time before public announcement) is looking at 2008. But we need a DG for 2007. Could it be you? Think about it!

> Lion Marian Johnson District Governor



e-mailing to the ND LION!

When sending stories or photos to the ND Lion, please make a notation in the <u>Subject Line</u> that what you are sending is for the ND Lion!! The office at BHG, Inc. receives several e-mails for publications, so we need to be made aware when it is for the ND Lion or it might not be opened at all, <u>but deleted!</u>

PHOTOS

- * Grayscale/Black & White.
- Re-size (Max-4 inches wide)
- * Name Photos Please No numbers.
- ✤ ID people in the photo.
- * In the caption include name of club that is pictured.

Bismarck Prairie Rose



Bismarck Prairie Rose Lions (left to right) Julie Schwartz, Diane Dockter, Ellie Meeks, Sandy Knudson and Audrey Spencer take a break while making and selling lefse at their club's booth at the Downtown Street Fair Sept. 16 - 17. Schwartz and Knudson co-chaired this year's fundraiser.



Bismarck Prairie Rose Lions Bev Charles (left) and Ronnie Stoltz make lefse in the Lord of Life Church kitchens on Sept. 15, in preparation for the annual Downtown Street Fair the following two days.



Bismarck Prairie Rose Lion Belinda Van Dyke rolls lefse at the club's booth during the Downtown Street Fair Sept. 17.

Bismarck Ridin' Lions



At the start, getting ready to go.

Ridin' Lions ridin' for charity

The Bismarck-Mandan Ridin' Lions Club's 3rd annual charity motorcycle run, called "Pride Ride III," was held in mid-September. Although the weather on Sept. 17 was cool (some said cold) and blustery, 27 riders participated in the event used to raise funds for Vision USA North Dakota and the local chapter of the American Cancer Society.



Waiting to go again after the second stop.



Lunch stop in Beulah



Arriving at the fourth site on Main Street, New Salem.

5NW





Lion Chuck Whitney PO Box 121 Bowman, ND 58623 (H) 523-5992 (W) 523-3239 e-mail: whitneys@pop.ctctel.com

Fellow Lions of 5NW:

Elgin

Another month of travel has gone by and it's time to update you on your District. This month has found me in the far reaches of the State from Columbus in the north to New Salem in the east. I have had the pleasure of meeting you Lions in clubs large and small, and as you may have heard somewhere before, it really has been great. Try as I might, I still remain time challenged and probably will be there until the

Governor's Report

reaper takes over my time clock or at very least the highway patrol begins a policy of either "reasonable and prudent" or \$5 energy wasting tickets (like our neighbors to the west did at the height of the 55mph silliness!). Thank you for your grace and humor. By the time you read this, I hope to have the majority of our clubs visited the first time.

As you know, the last weekend in October was the State Lions Convention in Minot. The details of this Convention will be dealt with elsewhere, but I would like to take a moment to share a few highlights with you. Your Merlow team met early on Friday and they are working on some really exciting ideas to promote what we do and to try to help us do it better. Some really great ideas were put forth on membership- you will hear more on.

We talked about the Spring Rally and we talked about Extension and we talked about promotions. You are really lucky to have Lions like Dale Ekstrom, Dave Czywczynski, Herman Schafer, and Lewellyn Rustan working for you.

Our lady leaders are also developing some ideas for the Rally -- you will be hearing more from Lions Annette Ekstrom and Shirley Schafer. Lion Herman has begun work on his cabinet; when he calls on you please give him a good ear. Our International President Ashok Meta has urged us to show a passion to excel and one of his tenets is good leadership. We Lions of 5NW are fortunate to have such good Lions helping us, but rest assured that your leaders also know that without YOU there would be no point to this whole program for you make it happen.

I have been traveling around and have met many of you, but would like some feedback: There's room here and in our cabinet- please talk to us! Lions gives you some of the very best training to do this job and each of us will help you either as a cabinet officer or as a potential Governor.

We had our annual District Meeting on Saturday and some 38 Stalwart Lions of 5NW were there. A sincere Thank you to those Lions! We had quite an election for our Lions Foundation Director position: there were three candidates any of whom would have made a good candidate, but after two ballets, Lion Dave Czywczynski was chosen.

Likewise there were to have been two candidates for the vacancy on the ND Lions Eyebank Board, but only one candidate was nominated from the floor, and I'm pleased to tell you that we have the Eyebank President living in our District; Lion Jeff Erickson was chosen as our new board member for 5NW. We affirmed Lion Herman Schafer as our District Governor Elect, and Lion Jan Froemming from Elgin was selected as our new Vice District Governor Elect.

While that means that we have THIS year's election process completed, we need to be looking to the future for new Zone chairs, cabinet officers and yes even new District Governor candidates. I have faith in you that you will help us to better serve the membership of 5NW when your time comes to lead us.

I finished off this last month with a trip to Alexander, and I want you to know that I was on time, but still got greeted by the Grim Reaper. It looked like they were going to have the shortest meeting on record (asking me to run it!!) until President Larry Novak pealed off his hood. We were all relieved! With the exception of my trip to Arnegard in early October the road has been good ... it's certainly no one's fault in Arnegard that our highway people decided to stay home instead of clearing the road!!

I started this month off with a trip to Dickinson Lions where we had an earlybird start on the State Convention for 2006. It will be a great one! Well, Tom Bodet may leave the light on for travelers staying in Motel 6, but You Lions put him to shame it's been really great visiting you and I look forward to another month of heavy travel. In the meantime, Thanks for all you do. The world and our communities are better places because of you.



Lions donate

The Elgin Lions Club recently donated \$3,500 from two accounts to the Elgin Park Board to help with the purchase of a new jungle gym set for the City Park. Lion Randy Grosz presented a check from the Trust Account and Lion Elmer Kramer presented a check from the general account. The equipment has increased and the Park Board is still short about \$2,000 to meet the goal. Pictured are Lion Treasurer Randy Grosz, Park Board Chairman Bonnie Kautz and Lion Treasurer Elmer Kramer.

2005 State Convention Thrived & Jived!



'Lovely' Lion - Lion Jack Polen, Hooterville Flion Lions, is shown here on the left, receiving first prize from Lion Terry Alexander for having the best costume at the N.D State Lions Convention "Ice Breaker."



DGs Check Time - 5NW DG Charles Whitney confers with 5NC DG Marian Johnson prior to the start of the Oct. 30 Lion Foundation of ND general meeting during the annual State Convention.



Leo Award - Leos Tom Siefert (left) and Cameron Knutson (second from left) of the Bismarck Super Saints Leo Club at St. Mary's High School accept the MD5 Leo Club of the Year award from Past 5NC DG Don Kainz (center), as their Leo Club Advisor, Wayne Unruh, and 5NC DG Marian Johnson look on.



Lindy Lein Hall of Fame - Bismarck North Star Lion Lindy Lein comments after being inducted into the Lions Hall of Fame at the State Convention Oct. 29. Lein was selected from a field of five candidates from across the state. At the podium with Lein is his wife, Bismarck Prairie Rose Lion Marlys Lein.



North Star Ice Breaker - Bismarck North Star Lions won the award for the best-dressed group attending the 50s - 60s themed ice breaker on opening day of the State Convention. North Star club members (from left to right standing) are Lions Lindy Lein, Bob Offerdahl, Brach Johnson, Jerry Renner (aka The Fonz), Garry Freier, Boyd Van Patten, Paul Knudson, Tim Thueson and Cal Bender. Kneeling in front are Lions Larry Rosenow (left) and Jim Selby.



Club of Year North Star - Bismarck North Star Lions were named 5NC Club of the Year for 2004 - 2005 at State Convention. Past 5NC DG Don Kainz (far right) presents a plaque to current North Star President Jim Selby and 13 of the club's members attending the 2005 State Convention. The North Star Lions also received the 5NC Visitation Award.

Lion Lynell Thueson

Cultural/Community Chairman Lions Clubs throughout the world have had a distinguished record in the area of Cultural/Community project. The mission

statement encourages Lions Club to cultivate the human qualities and values that stimulate individual creativity, enliven the community, and animate the human

spirit. Lions Clubs International believes that person can come to an authentic and full humanity through the cultivation of those natural qualities and values, which will enhance the development of the human person, the good of their community, and society in general.

I encourage all clubs to appoint a Cultural/Community activities chairman, establish a club website, and identify cultural activities to benefit the community. Clubs should consider specific cultural needs of handicapped, elderly, and youth when planning activities. Don't forget to take pictures and send them to Lions International as well as The North Dakota Lions newspaper.

Such activities to consider include:

arrange an art exhibit, sponsor a photography contest, donate books to a local library or a school RIF program Sponsor an outstanding citizen award, provide cultural opportunities for physically or mentally challenged person. Sponsor a current or historical clothing fashion show for a fundraiser, collect good used jackets to provide for needy kids, arrange a food festival featuring local or ethnic foods, create a fundraising meal (i.e.: pancake breakfast, fish fry, spaghetti dinner).

Build community pride by organizing a hands-on service project to beatify or improve your neighborhood or community (adopt a park, adopt a zoo, plant trees), sponsor a public speaking contest, help with the local library in organizing a reading club for children, work with school to help provide or maintain musical instruments for student usage, sponsor local sporting events (basketball, hockey, volleyball tournament), or support community theater by organizing a drama festival or help build sets, make costumes or user at theatrical productions.

Some things done in other countries included support art festivals, dance workshops, concerts and literary contests., feature their history and restoration of buildings, fountains and artwork, charity concerts and seminars are popular cultural activities, folk and tribal dance performances, choirs, festivals, parks and parades.

An award will be given to a club within our district that has been most active in organizing Cultural/Community activities. The award will be granted on the basis of service to others (Activity organized and implemented to benefit people's knowledge, attitudes, values and mutual understanding and cooperation) involvement (activity should take an active interest in the civic, cultural, social or moral welfare of the community), originality (Develop activities that are fresh, new and exciting in ways that will draw community interest and participation of members), and public relations (encourages Lions Clubs to enhance their public image by publicizing Cultural./ Community activities through news media and other avenues.)

Lions Clubs Community and Cultural Activity Banner Patch Award

- **1. Award description:** This annual award recognizes one club within a district that has been most active in organizing successful community cultural activities.
- 2. Eligibility and Selection: All clubs within a district are eligible to participate. Each district governor shall present the award on behalf of Lions Clubs International to one Lions club within the district annually. The recipient club shall be named by the district governor in consultation with the District Cultural and Community Activities Chairman and, as deemed appropriate, other Lions appointed by the governor to a judging panel.
- **3. Award:** An appropriate award shall be provided annually to district governors for presentation to the Lions club that has been most outstanding within the district in completing community and cultural activities during the year.
- **4. Criteria:** Lions clubs considered for this award shall be judged for the success in organizing community and cultural activities according to the following criteria:
 - (a) Service to others: A Lions club's cultural and community activities shall be developed, organized and implemented to provide benefit to people in terms of knowledge, attitudes, values, skills, or mutual understanding and cooperation.
 - (b) Involvement: A Lions club's cultural and community activities shall be developed, organized and implemented to fulfill the Third Lions Object, "To take an active interest in the civic, cultural, social and moral welfare of the community."
 - (c) **Originality:** This category challenges Lions clubs to develop cultural and community activities that are fresh, new and exciting in ways that will draw community interest and participation of members.
 - (d) **Outcomes:** A Lions club's cultural and community activities shall be developed and organized to improve the quality of life in measurable ways.
 - (e) **Public Relations:** This category challenges Lions clubs to enhance their public image by publicizing their cultural and community activities through the news media and other avenues.



Submit reports and photographs of successful projects to: Program Development Department Lions Clubs International 300 W. 22nd Street Oak Brook, Illinois 60523-8842 USA



Environmental photo contest launched

Lions Clubs International is introducing an exciting new program called the Lions Environmental Photo Contest. This year's theme is "A Passion for Our World". Lions wishing to enter the contest should submit an original photo that proudly depicts the environment where they live, to their districts by Jan. 1, 2006, said Margaret Newell, manager Program Development Department Lions Clubs International. The multiple district (or single district where no multiple district exists) then conducts its own contest to select one winning photo to be

submitted to Lions Clubs International by March 1, 2006, she went on to say.

Winning photos will be displayed at the International Convention.

"We look forward to the Lions in your club taking part in 'A Passion for Our World'," Newell said.

Here is something New & Different for the Artistic Members in Your Club. Please read the rules and Submit a Photo and 25 word description to me by Jan. 1.

My address is: Lion Cal Bender Environmental Chair for 5NC 2001 East Sweet Ave. Bismarck, ND 58504 Phone after 6PM 701-223-2544

This is being sent to either the Presidents or Secretaries. These persons should print out the rules and give to the Proper Lion in your Club. For your information, you are part of a Mult-District.

Thanks, Lion Cal Bender

- * Lions should submit their original, color or black-&-white, environmental photo (traditional or digital) to their districts or multiple districts for judging.
- * Digital photos, print photos (with negative) and positive film (slides) are acceptable. The .jpg file may be sent via e-mail if the file size does not exceed 5MB. If the .jpg file is larger than 5MB it must be saved to a CD or disc and sent to international headquarters via surface mail.
- * For digital photos, applying standard computer developing is allowed.
- * See next page for official rules of the contest.
- * One winning photo from the multiple district* will be forwarded to Lions international headquarters by March 1, 2006.
- * Photos submitted will be displayed at the Lions international convention. Convention registrants will be asked to judge the best photo.
- * Lions who submitted winning photos that are voted as the winners at the Lions international convention will receive an award.

Submitting Photos for the Lions Environmental Photo Contest

Contact your district or multiple district representative for information on sending your

photo and 25-word description.

We suggest you send your club photos to the district or multiple district by January 1, 2006. For more information



OFFICIAL RULES

- " **Description:** An annual photo contest shall provide a way for Lions to portray, through an original photo, their pride and commitment to improving, protecting and preserving an aspect of the environment in which they live.
- " Eligibility: The contest is open to all Lions and Lions clubs in good standing.
- " Each Multiple District or Single District (where no multiple district exists) may submit one photo per year no later than **March 1** in *one* of the following five categories:
 - Ø Landscapes (urban or natural)
 - Ø Animal Life
 - Ø Plant Life
 - Ø Weather Phenomena
 - Ø A Passion for Our World (this year's special theme)
- " Each photo submission should **include** (in one of the official association languages) a **title** and a 25-word (or less) **description** of the photo and why the environment being depicted should be improved, protected or preserved. Photos submitted will be displayed at the Lions international convention and judged by convention registrants for the categories indicated and for "Best of Show." Clubs should submit their entries to the district or multiple district no later than January 1.
- Multiple districts and single districts may conduct competitions among their respective clubs to select their finalist or "Best of Show" photo. Clubs should submit their entries to the district or multiple district no later than January 1.
- " At all contest levels, all entries are to be judged in an objective manner by an impartial group of judges. *Winners are to be selected on originality, artistic merit and portrayal of environmental themes.*
- "Photos and descriptions may be submitted to Lions Clubs International to Lions Clubs International by e-mail or surface mail. A completed official entry form must accompany each entry. The contestant is responsible for ensuring that an e-mail file can be opened electronically and that the photo is received in good condition.
- Photographs must be original, unaltered in any way, and taken solely for the purpose of this contest. Photos depicting people will be disqualified. A photo may not be submitted twice. Lions Clubs International reserves the right to reject photos not meeting contest criteria.
- " *Submitted photos shall become property of Lions Clubs International.* Lions Clubs International will be responsible for standardizing the size of the photo for framing and exhibiting. Entrants are responsible for all costs in taking and submitting photos.
- " Contest Award: Winners will receive a suitable award.

The Back

Bismarck Lions Clubs sponsor Gulf Coast hurricane benefit breakfast

Five Bismarck Lions clubs and the Bismarck Super Saints Leos of St. Mary's Central High School, in cooperation with Lady J's Catering, served a Gulf Coast hurricane benefit breakfast Sunday morning, October 9, at the Municipal Country Club in north Bismarck.

The 81 Bismarck Lions and Leos raised a total of \$4,050, forwarded to Lions Clubs International Foundation to assist with disaster relief, during the four-hour pancake and sausage breakfast.

A 17-person planning committee, composed of representatives of the Bismarck Lions, the Capital City Lions, North Star Lions, Prairie Rose Lions, the Ridin' Lions and the St. Mary's Leos, met weekly for five weeks prior to the benefit breakfast.



Pancake Breakfast Chair, 5NC DG Marian Johnson, of the Bismarck Prairie Rose Lions, discusses the table tents with Janice Martin of Lady J's Catering, one of many major sponsors for the benefit pancake breakfast.



Lions Joe Linnertz (left) of the Bismarck Lions Club and Allen Dockter of the Capital City Lions kept a fresh supply of clean dishes ready for the Gulf Coast hurricane benefit breakfast hosted by six Bismarck Lions clubs on October 9.



Lions Jim Selby (left) and Ray Napierkoski, both of the North Star Lions, fry pancakes for the benefit breakfast. Lindy Lein, also of the North Star Lions, can be seen in the background cooking sausage.



Lion Mike Neff (left) of Capital City Lions fills plates for the servers from the St. Mary's Leo Club. Leos are (beginning at second from left) DJ Schmitz, Jenny Steckler and Shauna Schumacher.