NORTH LION DAKOTA LION



Volume 32, Number 9 Official Publication of Lions Districts 5NE, 5NC, 5NW, March 2010

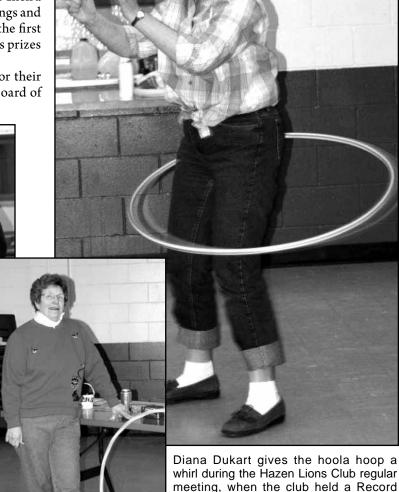
Hazen Lions host record hop

The Hazen Lions Club decided to hold a "Record Hop" at their February meeting. They served hamburgers, French fries and Rootbeer floats. Then they held a short business meeting and turned the rest of the evening over to Kathy Mettler and Sharon Olander, who chaired the record hop.

They played different records from the 50's, 60's and 70's and had the members try to guess the name of the song or the name of the band or recording artist who sang the song. Then a few different trivia games were played pertaining to songs and the members were having lots of laughs trying to be the first to guess the right answer. Valentine candy was given as prizes to the winners.

The club is going to try to plan more fun events for their regular meetings and take care of paperwork at the Board of Director meetings.

athering Place



Hop.

Karen and Gerry Henriksen all dressed up for the Record Hop during the Hazen Lions Club regular meeting.

Joyce Vachal, Hazen Lions Club member, came all decked out in her 50's outfit during the Record Hop held at their February meeting.

Lions Support NDLS

The NDLS committee is well into its planning of the 2010 seminar, held again at the University of Mary in Bismarck. The three-day event starts on June 4th and finishes on the 6th with a family banquet. Fund raising is as much a part of the program as the actual event planning. The NDLS volunteer committee members have worked hard to continually provide a program to

District 5NC Tree Project

Last fall our MD5 Council Chairman, Duane Zwinger applied for a \$20,000 grant to be divided equally among the 9 districts. Each District Governor was asked to provide a project idea on how they were planning on using their share of the money. The providence of SASK and state of ND (with the exception of SD) will be dissolving their previous boarder lines and forming 4 new districts, a total of 6 new districts in MD5. Since our district's boarder lines will dissolve on June 30, 2010, I as DG have taken on a project to plant trees as an memoriam in our present 5NC district. During my visitations I have promoted this project but feel I need to explain in more detail the bolts and nuts of the project.

The date is fast approaching. This news article is for the benefit of all the 5NC clubs as a reminder and for clubs who I have on my visitation schedule but have not yet visited. 1. Every 5NC club will receive a potted 3' Burr Oak. 2. I will schedule a pickup of 41 trees at Lowes in Minot on April 26. 3. I will zig-zag across the district and meet a club contact, hopefully the President of each club to pick up their tree. 4. Each club needs to make arrangements with their city's park board to request a planting site for their new tree. 5. My target date for all trees to be planted is on ND's Arbor Day of May 7th. 6. I will provide a 'Press Release' to use as a guide for your local newspaper and a plaque with the Lions Logo and dates of 5NC excistance. 7. I would like pictures taken of the planting by the news paper photographer or the club photographer and the club be responsible to submit the article to their local paper. 8. The article should be clipped and mailed to me. 9. The gathered news items will be compiled into a scrap book or another means and presented to our International President. 10. Questions can be submitted to me by phone, e-mail or mail. Information at the top.

ND high school sophomores in which neither the student, nor the school, has to pay for participation. This program continues to receive financial support from a number of organizations and businesses over the years. NDLS is very appreciative of the financial support that the ND Lions Clubs make.

Fund raising goals for this year's seminar have been set at \$30,000. With the student registrations from across the state coming in strong, fund raising is always a concern. With so many requests for donations, we have always been pleased that service organizations, businesses and individuals have continued to set aside funds for the youth of ND and the ND Leadership Seminar.

Josh Ressler, Director of Recruitment says "we expect about 130-140 students, which we refer to as ambassadors, to attend this years seminar. The cost per Ambassador is about \$225 so all donations, large and small, are important".

We would like to thank the Lions clubs that have donated to this year's seminar:

Plum Valley Lions, \$50; Linton Lions Club, \$200; Enderlin Lions Club, \$225; Sawyer Lions Club, \$100; New Rockford Lions Club, \$225; Carrington Lions Club, \$100; Minot Lions Club, \$100; Magic City Lions Club, \$700.

For more information to support your Lions club donation, please contact Josh Ressler at 701-721-0092 or Scott Ressler at 800-711-7397.

Clubs in new District 5NE to vote on by-laws

This serves as official notice that the proposed by-laws for the new District 5-NE are ready to be voted on by all clubs. A copy of the proposed by-laws will be posted on the District 5-NE website http://www.lionsof5ne.org.

In addition, a copy of the proposed by-laws, a written ballot, and a self-addressed, stamped envelope will be sent to every club president. Clubs are asked to consider the by-laws and submit their decision to approve or disapprove.

Ballots must be received by April 10, 2010 to be counted. If you have any questions, please contact DGE Robert Littlefield at R.Littlefield@ndsu.edu or call 218-790-4346.

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The

North Dakota

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P. O. Box 273 • Bowman, ND • 58623-0273

Sustaining memberships \$10

Roy Dockter, Roger Maier, Donald Schnering, Victoria Schnering, Alvin Roesler, Donna Ruff, James Ruff, Lyla Johnson, Emil Roesler, John Wiskus, Bonnie Wiskus, Eugene Roesler, Marlyn Roesler and Wendy Cook.

Bronze Clubs: \$100 to \$300

 $Chaffee\,Lions, Flasher\,Lions, Scranton\,Lions\, and\, Jamestown$

Lions

Gold Clubs: \$500 to \$1000

Berthold Lions Club

100% Clubs (each member donation \$10)

Lehr Lions Club

Memorials:

Oscar and LaDell Sorenson in memory of Lion Don Neal Doris Eastburn in memory of Ardell Danialson Chris and Carol Voegele in memory of Lion Leo Reinbold Ross H. Espeseth in memory of Lion Leo Reinbold.

Other donations:

Northwood Lions Club \$50

Your foundation board extends a sincere "Thank You" to all for your continued support of your Lions Foundation.

Chris D. Voegele, Treas. Lions Foundation of North Dakota

Assistance Dog work days set

Joni Brandenburg Exec. Director Great Plains Assistance Dogs Foundation, Inc.

Dear Friends of Great Plains Foundation:

Great Plains Assistance Dogs Foundation, Inc. has scheduled its annual Volunteer Work Day Weekend for the weekend of May 1st & 2nd, 2010. We will begin on Saturday at 10 a.m. and on Sunday at 9 a.m.

We have some repairs and maintenance to take care of and we request your assistance in getting this done. We plan to have food and beverages available. There are also spots for motor home hook-ups and we do have some housing available. These will be provided at no cost to you, please let us know if you are interested in these accommodations.

The work we have in mind will include some basic repairs and maintenance in the training facility as well as the student's apartments. We also have painting to do, flower garden planting, landscaping and even some fencing to finish. Great Plains Foundation will supply the materials, we need people to assist with the work.

And last but not least, the Davenport Lions will do their awesome Steak Fondue along with their homemade chips. That will be served on Saturday night between 5 and 6 p.m.

If at all possible we would appreciate a call to let us know in advance how many people will be attending. Thank-you so very much for your consideration.

LCIF committed to help



Al Brandel LCIF chairperson

I am sure you were equally shocked when you learned of the 8.8 magnitude earthquake that struck Chile. As with the Haiti earthquake and other past natural catastrophes, LCIF responds quickly to ensure those impacted get the aid they need,

but the Foundation is also committed to long-term relief.

Our efforts continue in Haiti, where Maureen and I visited last week. We were amazed to see what the Lions of Haiti are doing to restore stability to their country and know that the Lions of Chile will bring the same service to their communities.

Together, we are all working to bring hope to the people affected, displaced and suffering.

Bowman Lions 3rd Annual Pinochle Tournament



Saturday, April 10, 2010 at the Sweetwater Creek Country Club.

Registration per team is \$50, includes noon meal. First place guaranteed a minimum of \$600.

5NE Governor's Report

Visitations

Visitations are finally well under way within the District and despite the fact that weather caused the cancellation and the rescheduling of a couple of visitations I was able to visit with nine clubs during the month of February with nine more presently scheduled for the month of March. With the exception of two clubs all of my visitations have now been set. I am also waiting to hear from two clubs which had to be rescheduled when their meetings were canceled on the dates of my originally scheduled visitations.

What a joy these visitations have been. They have certainly been one of most enjoyable aspects of being a District Governor. To be able to get around and meet the many great people who make up this great organization is a source of great satisfaction and immense pride to me.

Another great aspect of these visitations is the fact that I have had the privilege of inducting fifteen new members into various clubs that I have visited and I know I have several more visits scheduled which will include the induction of new members. One aspect of my visits which has been a surprise to me is the great number of fund raisers that the clubs in the small towns have. To accomplish all those activities take a great amount of planning, hard work, perseverance along with the assistance of most if not all of the club membership. I commend all of the clubs for their great work.

Spring Leadership Rally

This will be my last pitch for attendance to our Spring Leadership Rally which will be held at the Valley City Eagles Club on Saturday, April 10, 2010. It has become evident to me over the past year that many of the Club Secretaries are unaware of the many requirements of the position. It is hard to blame any individual secretary for failing to comply with all of the filing requirements of ALCI when they have had no training.

I have made a point of visiting with the secretary on my visitations and have encouraged them to attend the rally. While it goes without saying that the Club President and the Club Treasurer



Lion Wayne Westlund District Governor 5NE

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are as important and necessary as any club officer, it is the Club Secretary who gains the notoriety with their shortcomings because of the reports that a District Governor receives from LCI headquarters on a monthly basis.

I know Chairman Mel Olson is putting together a training session for Club Presidents, Club Treasurer and Club Secretary. I would urge all of the incoming officers from each of the clubs within 5NE to send their officers to this leadership training. The cost is a mere \$10 per person and will take a little more than a half of a day in time.

Even if you are a holdover officer I would urge you to attend. If not all of the officers could attend, I would suggest that the Club Secretary should be the first priority. While I realize that it is unlikely to happy, I can't help but think how beneficial it would for the coming year if every club in 5NE would sent some or all of their officers to the rally. In addition to the training they will receive, they will also hear Past International Director Maynard Rucks of Henderson, MN give the keynote address.

You will also receive a noon lunch and we hope PID Rucks will say a few words there. You will then be free to return home. However, I invite all attendees to the rally to attend the 4th and final meeting of the 2009-2010 5NE Cabinet. I know DGE Robert Littlefield intends to discuss some of his plans for coming year at this meeting.

Membership

You know I could not write this article without mentioning membership. To date I have inducted 16 new members into various clubs during my visitations, and a few clubs have indicated that I will have some more new members to induct during my upcoming visitations. Several clubs have told me that they are planning membership drives this spring. I wish all of them success as we strive to eliminate the minus 55 red number that showed up the end of January for 5NE. We still have time to move to the plus side of the equation.

See you at the spring leadership rally.

Wayne Westlund, District Governor



In Remembrance

Lake Metigoshe – Lester
Christianson
Jamestown – Stuart
Higginbotham
Hazen – Nicholas Zahara
Hebron – Gurmen Schimke

Dickinson – Jerome Torstenson Grand Forks – Henry Streifel Wing – Harold Streifel Bismarck – Leo Reinbold New England – Charles Olson Strasburg – Andrew Werlinger

District 5NE Spring Leadership Rally

Valley City Eagles Club • Saturday, April 10, 2010

"Anything worth doing is worth doing well"

Following this spring's local Lions Club elections there will be a number of newly elected officers taking on new responsibilities in their individual Lions clubs. The Spring Leadership Rally will provide valuable information for all Lions but, is particularly designed to assist newly elected officers to *do their job well* and make the duties of the officers interesting, exciting and rewarding. Experienced individuals will provide information and insights into the responsibilities of your new office.

I encourage each newly elected officer to attend the Spring Rally and take advantage of the training that will definitely make their job as an officer more enjoyable and rewarding. The District SNE Spring Rally will be held April 10, 2010 at the Valley City Eagles Club. The meeting will begin with registration, coffee, cookies and visiting from 8:30-to-9:30 am. The opening session will begin at 9:30 in the Riverside Room. The program will consist of a general session with Past International Director Maynard Rucks as the featured speaker followed at 10:15 by breakout sessions focused on assisting

District 5NE Spring Leadership Rally Saturday, April 10, 2010 • 9: 30 a.m. - 1 p.m. Valley City Eagles Club

1. Name

Club Affiliation
2. Name
Address
Club Affiliation
3. Name
Address
Club Affiliation
4. Name
Address
Club Affiliation
Number attending X \$10.00 = \$
Make checks payable to <i>Lions District 5NE</i>
Mail registration and payment to Mel Olson, 2616
38th Ave. S., Fargp, ND 58104
For more information call Mel Olson (B) 701/231-6929,
(H) 701-280-6963 or melolson@cableone.net

club officers with carrying out the responsibilities of their new offices. The breakout sessions will be conducted by experienced club officers from the District. Following the breakout sessions, lunch will be served and we will have an opportunity to hear next year's District Governor, Robert Littlefield discuss his plans for the coming year. The Rally will conclude at 1:00 pm and the District 5NE Cabinet Meeting will follow beginning at 1:15 and concluding at 3:30 PM.

All Lions are encouraged to attend; however, it is particularly important that the club secretaries attend the sessions to become familiar with the responsibilities of that position. District Cabinet members have often expressed their frustration with the number of clubs who do not submit the necessary forms and reports in a timely manner. Education and training sessions will focus on how to make the reporting easier and more efficient while at the same time stressing the importance of carrying out the duties of the office. The cost is \$10.00 per participant and most clubs reimburse any member who attends the rally.

New Rockford



Benefit fire department

On Sunday, Jan 31, more than 100 people enjoyed an afternoon of baked potatoes and bingo at the Eagles Club in New Rockford. The fundraiser was a joint effort between New Rockford Lions Club and the New Rockford Fire Department. All the money raised went towards the purchase of new equipment for the fire department. Thanks to donations from area business there was very little out of pocket expenses. Lions Club president Kelly McKnight, left, presents fire chief Lonnie Thompson with a check for \$1,300.

5NC Governor's Report

Gutten Dag: Well, here we are: March has arrived and what this means of course is that Spring is not far away. Well, I guess, as always, only time will tell.

March is the month that all clubs are to hold their elections of officers as this is taking place do not forget to put your new officers on the PU 101 form and send to LCI or if you have a computer you can submit the information online. It is so important the LCI gets this information immediately on who your new club president, secretary, treasurer and membership chairman are. If they do not get it they come back to the District Governors for assistance in these matters.

We are also looking ahead to Saturday, April 10, 2010. This is District 5NC Leadership training rally, which will be held at Lewis & Clark Interpretative Center at Washburn. We want every club after their elections to send in your registration forms listing president, secretary and treasure. We will have a fun time. Our seminar is staffed with excellent experienced trainers. We need your form by April 3. So we can prepare for the meals. Registration being \$10 to cover the noon lunch, etc. As your District Governor I am looking forward to this exciting day.



Lion James Ruff District Governor 5NC

PO Box 67 Lehr, ND 58460 378-2290 (h) 378-2390 (w/f) 321-9956 (c) jamesr@bektel.com

District 5NC tree planting is getting closer. We are looking to get your tree to each club on the week of April 26. We want to do our planting on Friday, which would be May 7th. This is North Dakota's Arbor Day. Of course, weather

permitting. As District Governor, I am asking all clubs to talk to your park boards and plant them in your city park, if allowed. The tree will be a Burr Oak. If you have a newspaper in your community have them present to take pictures and to write an article on this tree planting in all 41 clubs. In District 5NC this tree planting is being done as a memoriam of what once was. 5NC originated in 1981-82 and will end June 30, 2010 and become part of the two new districts of 5NW and 5NE.

A lot of clubs are bringing in new members. Also I am proud of the clubs that have opened up to bring in spouses. This creates a win, win club atmosphere. Congratulations to all. Don't forget the younger generations. We need them all.

MD5 Council of Governors meetings will be held in Minot at the Holiday Inn. Friday and Saturday March 26 & 27.

Also I want to thank all the clubs that have donated to the Haiti Relief fund. For those that have not donated, you can still do so. We also have Chili to think of at this time as that country has also suffered total devastation from an 8.8 earthquake. 800 people died. We are destined to remember these people that are suffering so severely.

Auf Weidersehn.

DANGER SIGNS OF DIABETES

Type 1 Diabetes

(Usually strikes children or young adults):

- Frequent urination
- Unusual thirst
- Extreme hunger
- Unusual weight loss
- Extreme fatigue and irritability

Type 2 Diabetes (Usually strikes after mid-life, sometimes called "maturity onset" diabetes)

- Any of the Type 1 Symptoms above, but also
- Frequent infections
- Blurred vision
- · Cuts/bruises that are slow to heal

- Tingling, numbness in hands or feet
- Recurring skin, gum, or bladder infections

Sometimes type 2 people have NO symptoms. If you have any of these symptoms, or even if you are just over 50, ask your doctor about checking your blood sugar.

Risk factors:

- Age over 56
- Low Activity Level
- Race or Ethnic Background
- High Blood Pressure
- Family History of Diabetes
- High Blood sugar during pregnancy
- Being Overweight

Region One Insight



Booths

Pictured is the display of the 15 clubs in Region One telling the public of their years of service to their communities. It is a total of 674 years. Also in the photo is the booth explaining that Lions clubs are international and different club, district, state, MD5 pins were displayed.



Haitian benefit

Pictured is the public coming to enjoy a good meal at the Soup and Sandwich free will donation luncheon for the Haitian Relief Fund on Jan. 30



Visitors greeted

Visitors were greeted by host club Wishek Lions member Robert Woehl at the Winter Art's in the Park at the Wishek Armory Jan. 30th.



Eye Bank visits

CEO Karen Thomas, Mandan, from the Lions Eye Bank of North Dakota, came to Wishek for Region One's LIONS IN SIGHT event to inform the public about organ donation.



Raffle

Hazelton Lion Mark Schmidt is pictured selling tickets for the Leader Dog for the Blind raffle at LIONS IN SIGHT - a fundraiser for a 5NC project. The three prizes included - 1st: Fleece throw blanket with dogs, 2nd: 12" Pampered Chef skillet, 3rd Pet feeder. The drawing will be held April 14, 2010.



In Sight

5NC DG James Ruff is pictured visiting with Zeeland Dakota Lions members Idella Boschee & Cindy Schumacher at the Lions Clubs International booth displayed at the LIONS IN SIGHT event at the Wishek NG Armory.

5NC leadership conference agenda finalized

By JeAnne Selby 5NC publicity chair

Less than a month away, the sixth (and final) annual District 5NC Spring Leadership Conference agenda is now finalized and promises numerous worthwhile breakout sessions, primarily featuring District 5NC experts, as well as the expertise and experience of Past International Director John E. Rabideau of New York.

Highlighting the one-day conference is PID Rabideau, a 36-year member of the Churchville (NY) Lions Club. An independent insurance agent and veteran of the U.S. Navy, Rabideau served as an International Director from 2002 to 2004. He has held many offices at the local club level, as Zone and Region Chairs, District Governor, and Council Chairperson. In addition, he has chaired state and Lions International committees and led several training seminars and leadership forums.

A Melvin Jones Fellow, Rabideau has received numerous awards, ranging from 100 percent President to the Ambassador of Good Will Award, the highest honor the association bestows on its members.

Morning breakout sessions will offer specialized training for Lions club Presidents, Secretaries and Treasurers.

District 5NC Governor James Ruff encourages *all* District 5NC Lions to attend the conference, but he especially urges all newly-elected club Presidents, Secretaries, Treasurers, second-term officers and those considering holding club office and desiring additional information to attend.

"Conference participants, even if they've attended previous conferences, can always learn something new," said DG James.

The three morning breakout sessions are Pointers for Club Presidents, given by District Governor Elect Bev Charles, of the Bismarck Prairie Rose Lions; Secretary's Training (identifying the skills and abilities needed to be an effective club secretary), presented by District 5NC Cabinet Secretary and Bismarck Prairie Rose Secretary Carolyn Lean, and Tips for Club Treasurers, led by PDG Craig Wollenburg of the Rugby Lions Club.

Following the 12 noon lunch and keynote presentation by PID Rabideau, conference participants may again elect to attend one of three afternoon breakout sessions.

Afternoon breakout sessions and presenters include club member orientation, given by Past Council Chair Brian Tinker of the McClusky Lions, membership and new member recruitment, led by PID Rabideau, and improving public relations, presented by District 5NC Public Relations Chair JeAnne Selby, of the Prairie Rose Lions.

An introduction to the Great Plains Assistance Dogs for America (GPAD) will be offered during a general group session. GPAD, located at Jud, ND, provides trained service dogs to those who are wheel-chair-bound, those with emergency medical needs, as well as response dogs for those who have seizures or more debilitating diabetes, and therapeutic dogs for nursing homes or home-bound individuals.

In addition, a brief presentation by PID Bruce Schwartz will explain the 2010 Great Plains Leadership Institute, a three-day advanced leadership opportunity open to all Lions, to be held at Storm Lake, IA, in July.

The 2010 Leadership Conference will be held Saturday, April 10, at the Lewis & Clark Interpretive Center, one mile north of Washburn, just off U.S. Highway 83, with final on-site registration from 9:30 to 10 a.m., and a brief opening and welcome beginning at 10 a.m.

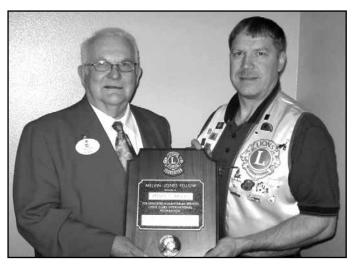
Leadership Conference Chair DG James encourages all conference participants to wear their club vests or other club "uniforms."

Leadership Conference Registration Form
Sixth Annual District 5NC Spring Leadership Conference
Saturday, April 10, 2010 • 9 a.m 3 p.m. • Lewis & Clark Interpretive Center

Name	Address	Club Affiliation
2		
Make checks payab Mail registration ar	X \$10.00 = \$	ox 67, Lehr, ND 58460 or to Cabinet Secretary Carolyn

For more information, contact DG James at 701-378-2290 (h), 701-378-2390 (w), 701-321-9956 (c) or james @bektel. com; or Secretary Carolyn at 701-255-0531(h) or clean @bis.midco.net

Harvey



Melvin Jones

Lions District Governor James Ruff presents Steve Wangen with his Melvin Jones Fellow award for his years of service to the Harvey Lions Club.



Haiti relief

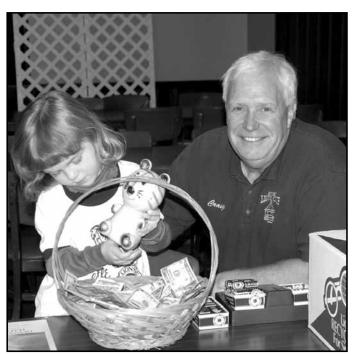
The Harvey Lions Club donated \$500 to the Lions Club International Foundation for the Haiti Earthquake Disaster. Lion President Steve Kourajian, right, presents the check to District

Rugby



Blood drive

Rugby Lions Club held its annual blood drive in February. Pictured here are Lions Lila Harstad, left and Judy Jelsing, right, visiting with Rugby donor, RJ Paul.



Haiti relief

Rugby Lion and Past District Governor, Craig Wollenburg, organized a Lions Fundraiser for Relief for Haiti victims. He is pictured here at the Rugby Lions Club pancake breakfast with future Lion, Lydia Repnow, who donated the coins from her lion bank for the "Children of Haiti." Over \$2,500 was raised at this breakfast for Haiti relief.

5NW Governor's Report

Thank you fellow Lions!

Again the Lions clubs have stepped up to the plate to help in disasters around the world in Haiti and Chile. As your District Governor I want to thank you for all your efforts that you do in Lionism.

Haiti Relief

I hope everyone had a chance to see the articles in your local papers. I would like to share that the articles do work. One of our district's lions club received a two thousand dollar donation from a local individual for relief in Haiti. The club plans to honor this individual with a Melvin Jones Fellow. This is how the local people see and appreciate what your lions club does for humanitarian needs around the world.

5NW New Lions and DG Knight Awards

It's a privilege to welcome the following new members into Lionism: Justin Maddison – Williston; James Stenvold – Elgin; Debra J Sheckler – Bowman; Robert Sheckler – Bowman; Bruce Neibauer - Mandan Dacotah; Toni Fleck - Mandan Dacotah.

Now it's with GREAT PLEASURE that I introduce the new Knight's for the Blind Award recipients: Ruthie Wagner – Williston; Teresa Walter – Bowman; Roger Walter – Bowman; Dale Froemming – Elgin; Pat Vannett – Mandan Dacotah.

5NW Spring Rally

Ihope to see everyone at the Dickinson Elks on April 17, 2010. Please make sure to have your officer elections done by then so they can take part in their officer training. Encourage your officers, new and old, to come to the Spring Rally.

REMEMBER by attending the spring rally each new Lion completes one of the requirements for their Rookie Lion Award. Registration will be at 9:15 am and program to start at 10 am MOUNTAIN TIME. Please fill in the registration form and send to: PDG Jan Froemming, P.O. Box 134 Elgin, ND 58533. Again I would like to invite all the lions who are being part of the western half North Dakota to come and be involved in the spring rally. This



Lion Kevin Vannett District Governor 5NW

1101 Sunset Drive Mandan, ND 58554 663-1957

would be an excellent time to meet and greet each other as we come into our new beginning.

Club Visitations
I had the opportunity to tour the

new oil train facility located in Stanley, ND prior to Lion Stan's zone meeting with follow up remarks by Oil and Gas Division Director, Lion Lynn Helms. This was an outstanding program on the oil industry here in North Dakota. I learned more information about Stanley and the impact of oil that this area provides to our state.

Great Plains Lions Leadership Institute

I would like you to try to have someone attend the institute. Maybe your club sends an incoming president, or maybe a zone chair person. This is some of the best leadership training one can receive. You will get more than just Lions training; it is leadership and people skills training too.

MD5 Convention

Let's not forget to plan for the Multi District 5 Convention in Saskatoon, June 3, 4 & 5. Remember to contact DGE Robert Littlefield on reserving a spot on the Bus. This is a fun way to travel and of course be sure to get your passport ready.

Carrington

Golf Tournament planned

The 4th annual Carrington Lions/ Gate City Bank four-person scramble golftournament will be Friday, June 11 at the beautiful CrossRoads Golf Course in Carrington. Tee-off time is at 11:15 a.m. with a shotgun start. Registration will start at 10:30.

The tournament will be open to all golfers; teams may be made up as all male, all female or as a coed team. The cost for the tournament will be \$40 per person or \$160 per team. This registration fee will get you green fees, two meals, registration package and a chance for hole prizes and team cash prizes. Cart rental is extra and available at CrossRoads. (701-652-2601)

All proceeds from this tournament go towards the Carrington Lions service

projects. Some of the major beneficiaries are: Service Dogs, Leaders Dogs, Eye Bank, ND Lions Foundation and LCIF. So get a team together, come out and have some fun on the golf course. Most of all remember you will be supporting the Carrington Lions in this major fund raising project. SUPPORT LIONISM!

The registration form will be available in the April and May edition of the North Dakota Lion. For information in regards to this tournament give Duane Zwinger a call. (701-652-1752). You may also send your registration fee to him as well. Register early, as the tournament is limited to the first 36 teams. Come to the CrossRoads Golf Course on June 11 for a great time.

Williston Korner



For Sight-First

More than \$1,400 was raised by the Williston Korner Lions for its "Sight First Project" in February. Lions Ronelle Gravgaard and Pat Allard co-chaired the ticket raffle. Members sold tickets for \$1. Gift Certificates of \$100 each were won at Williston Merchants: Economart, Albertson's, AppleBees and Airport International Inn. The four winners were drawn at the Feb 22, meeting of the Korner Lions.

Mott



Host zone meeting

The Mott Lions Club hosted the 2A Zone Meeting on Monday, February 15th. We had a wonderful turnout with 24 guests in attendance. Pictured is Lion Dave Czywczynski, right, presenting Mott Lion Dean Johnson with a 55-year Monarch Chevron. This is quite an accomplishment and we, as Mott Lions, are honored to have Lion Dean in our club. He continues to faithfully attend the monthly meetings and is always an encouragement to the rest of us. Congratulations, Lion Dean!



100 percent awarded

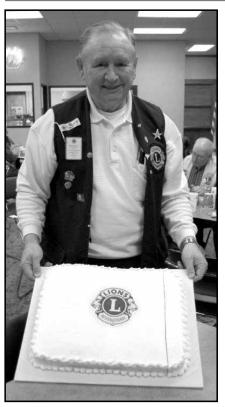
Williston Lions Club Past President Barb Daniels and Korner Lions President Lee Gunlikson received their 100 Percent Presidents awards for 2008-2009 at the January 19th meeting of Zone 3-A. Zone Chairman, Loren Haugen presented the awards on behalf of DG Kevin Vannett who sent along his congratulations

'Top' secretaries

Lion Secretary Chirs Kemp of the Williston Lions (left) and Korner Lion Secretary Lois Reierson (right) received their 100 Percent Secretary awards for 2008-2009 at the Zone 3-A meeting in Williston on January 19th. Five Lions Clubs from the Zone were in attendance. Pictures provided by Lion Wanda Olaf of the Williston Lions.



Ray



Johnson honored

PDG Walter (Walt) Johnson of the Ray Lions Club was presented his 50year chevron and a certificate at the recent 5NW Zone 3-A meeting in Williston. Zone Chair Loren Haugen presented the chevron and the Ray Lions provided a cake for all in attendance to enjoy. The Ray Lions also served as the host Club for the Zone meeting held at the College in Williston, Jan. 19th.



Attention Club Officers: OFFICIAL NOTICE

MD-5 Convention – June 3, 4 & 5, 2010



THIS IS YOUR OFFICIAL NOTICE OF THE 2010 MD-5 CONVENTION **TO BE HELD JUNE 3-4-5, 2010,** IN SASKATOON, SASK.

THIS PAGE CONTAINS **IMPORTANT INFORMATION THAT** REQUIRES THE IMMEDIATE **ATTENTION OF CLUB OFFICERS:**

- 1. The Official Convention Rules for 2010
- 2. Your Club's Credentials Form
- 3. Your Club's Contest Entry Form a) Most Lions Miles Traveled
- **Order Form for Convention Proceedings**
- 5. Constitution and Bylaws Changes to be voted on in Saskatoon

The official convention rules should be reviewed by your club officers and explained to your delegates. Voting is by Lions Clubs International rules. There will be one vote for each 10 members or major fraction thereof, 5 being considered a major fraction. For a club to be in good standing, all debts to Lions Clubs International of \$50 or more, 90 days past due must be paid.

Your Club Credentials Form is very important. Delegates and alternates must be selected. The form should be mailed, in time to arrive by May 27, 2010, to DG Ron Ewles, 98 Bence Crescent, Saskatoon Saskatchewan S7L4J1 (Please account for slow mail.) The form also can be presented to: Credentials Committee at the Lions Registration Desk at the Travelodge Hotel, upon arrival at the Convention but no later than 1 PM, June 4, 2010.

The Lion Contest Forms should be given to your delegation to be presented to the Convention Committee Chairman, PDG Gladi Andrew, c/o The Lions Registration Desk at the Travelodge Hotel. The basis for Most Miles Contest is for clubs 25 and under in members and 26 and over in members. For the Most Lions Miles Contest points are awarded on the basis of 3 for a Lion, 2 for a Lions wife, and 1 for each child in attendance. The points are totaled and multiplied by your round-trip mileage to Saskatoon, Saskatchewan. In completing these forms only count those who have pre-registered.

The properly Certified MD5 Lions attending the annual MD5 Convention may vote on proposed changes to the MD5 Constitution and Bylaws if the need arises.

If you have any questions, please contact the Secretary-Trea-

MD5 COUNCIL OF GOVERNORS Convention Committee

Council Chair PDG Duane Zwinger PDG Gladi Andrew, Chairperson PCC Mike Brand, Secretary-Treasurer

REQUEST FOR MD-5 CONVENTION PROCEEDINGS

The Constitution of Lions Clubs International requires clubs desiring a copy of the proceedings of the Multiple District Convention to request a copy from the Multiple District Secretary. If your club wishes to receive the convention proceedings, please club and mail this form by June 30, 2010, to: PCC Mike Brand, 340 7th Ave. NW, Valley City, ND 58072-2832.

Please send me a copy of the 2010 Saskatoon Multiple District Convention Proceedings:

(2 lease print elearly)		
Club		
Secretary		
Street Address		
City/State/Prov./Zip		

MD5 Convention Rules 2010

- 1. The official convention program shall be the order of business. Roberts Rules of Order shall govern on parliamentary proce-
- 3. Lions in good standing must be registered in order to vote on all convention matters. Clubs with indebtedness of over \$50 to Lions International or their District will be considered not in good standing.
- 4. The use of profane language at any business session, social function, or banquet is prohibited.
- 5. Refunds of convention fees shall be requested from Lion Wayne Choponis, MD5 2010 Convention Treasurer, 1817 Wilson Crescent, Saskatoon, Sask. S7J 2N8, until June 30, 2010. After this date requests should be made to MD5 Sec/Treas PCC Mike Brand, 340 7th Ave. NW, Valley City, ND 58072 No refunds can be requested sixty days after the conclusion of the convention.
- All resolutions shall be submitted to PDG Ken Gifford. Chairperson of Rules & Resolutions Committee by 1 p.m. Thursday, June 3, 2010 in care of the Lions Registration Desk, at the Travelodge.
- 7. Credentials to vote at the MD5 Saskatoon Convention can be mailed to DG Ron Ewles, 98 Bence Crescent, Saskatoon, Sask. S7L 4J1 or delivered upon arrival at the convention, in care of the Lions Registration Desk, Travelodge, Saskatoon,
- Sask. no later than 1 p.m. Friday, June 4, 2010. 8. Entries for: Most Lions Miles and Most Lioness Miles submitted by registrants, The Lions, and Leos, Clubs of the Year, Club Website Contest, District Club Scrapbook, and District Club Newsletter winners are to be submitted, from each District Governor, to PDG Gladi Andrew, Chairperson-Convention Committee, by 1 p.m. Friday, June 4, 2010 in care of the Lions Registration Desk, Travelodge, Saskatoon, Sask.
- Any details regarding changing the Constitution and By Laws shall be submitted to PDG Ken Gifford, Chairman Constitution & By Laws Committee by 10 a m. June 3 2010 in care of the Lions Registration Desk, Travelodge, Saskatoon, Sask. Phone: 306-242-8881.
- 10. All reports of Committee meetings held at the convention shall be submitted to the Secretary-Treasurer, PCC Mike Brand, in care of the Lions Registration Desk by 8 a.m., June 3, 2010. Reports shall be typewritten in a format approved by council for inclusion in the convention proceedings report.

MOST-LIONS-MILES-TRAVELED CONTEST ENTRY FORM

This form should be given to your delegation to present to the Convention Committee Chairperson PDG Gladi Andrew, at the Lions Registration Desk at the Travelodge.

The basis for the Most Lions Miles Contest is for clubs 25 and under in members and clubs that have 26 and over in members. Points are awarded as follows: 3 points for a Lion, 2 points for a spouse and 1 for a child. The points are totaled and multiplied by your round-trip mileage to Saskatoon, Saskatchewan. Count only those individuals that are pre-registered

If you have any questions, please contact the Secretary.

MD5 COUNCIL OF GOVERNORS Convention Committee Council Chair PDG Duane Zwinger Chair, PDG Gladi Andrew PCC Mike Brand, Secretary-Treasurer

Name of Club District Lions Club Membership on March 30, 2010:

PRE-REGISTERED ATTENDANCE AT SASKATOON, SASK. 2010 MULTIPLE DISTRICT 5 CONVENTION:

Spouse: ___ Children:

Round-Trip mileage to Saskatoon, Saskatchewan _

IMPORTANT:

Bring this form with you and leave it at the Lions Registration Desk at the Travelodge, no later than 1 p.m. on Friday, June 4, 2010. Please note that only those who are pre-registered count in

*** * TAKE TO THE MD5 CONVENTION ****

- 11. All State and Provincial Breakfasts, as scheduled in the Convention Program, shall be the location for business peculiar to
- Privilege to speak regarding convention sites or any matter pertaining to MD5 business must be requested of Council Chairman, PDG Duane Zwinger.
- In our Business Sessions a delegate will be recognized by the Council Chairperson provided that said delegate stands, go to the nearest microphone, and states his/her name and club for recording purposes. No Lion shall be allowed to speak for more than three (3) minutes each time on any one subject without the consent of the convention delegates.
- All voting at business sessions shall be conducted by card vote by qualified delegates present. A roll call or secret ballot vote may be directed by the Chairperson if considered warranted, or may be requested by a motion passed by a majority of qualified delegates present. The Credentials Committee shall conduct all written ballot voting. After the votes have been counted, said ballots shall be turned over to the Secretary to destroy. Voting shall be based on one (1) vote for each ten (10) members of a club or a major fraction. Five (5) members shall constitute a major fraction.
- Solicitation or sale of club project items with the exception of the host club(s) is prohibited. The host club(s) shall secure permission from the Council of Governors.
- Business Sessions shall be smoke free. Smoking areas shall be established outside of the business area and for all convention
- Invitations to host the 2016 MD5 Convention shall be mailed to PDG Gladi Andrew, Box 231, Bredenbury, SK or submitted to the Registration Desk at the Travelodge, Saskatoon, SK, no later than Friday, June 4, 2010 at 1 p.m.

PDG Ken Gifford, Chair PDG Duane Zwinger, Council Chair Rules and Resolutions Committee PCC Mike Brand, Council Sec/Treas

VOTING AT THE MULTIPLE DISTRICT CONVENTION

Voting is by Lions Clubs International rules. The Rule for votingis-one vote for each 10 members or major fraction thereof, 5 being considered a major fraction. For a club to be in good standing, all debts to Lions Clubs International of \$50 or more, 90 days past due

The Credentials Committee must certify voting delegates. Please select your voting delegates and alternates and list them below.

Please mail this information to DG Ron Ewles, 98 Bence Crescent, Saskatoon, Saskatchewan S7L 4J1 to be received by May 30, 2010, or have your delegation leave this form at the Lions Registration Desk, in the Travelodge, no later than 11 am, June 4, 2010.

This form is to be filled out and SIGNED BY YOUR CLUB SECRETARY, PRIOR to coming to the Convention.

CREDENTIALS INFORMATION:

Name of Club	District
Total number of members in Club as of	of March 30, 2010:
Name of Voting Delegates attending the MD5 Convention in Saskatoon, Saskatchewan	Office held in Club:
Club Secretary's Signature	
Please send this sheet along with you	

 $****\mathsf{TAKE}\,\mathsf{TO}\,\mathsf{THE}\,\mathsf{MD5}\,\mathsf{CONVENTION}\,****$

APPLICATION FOR THE NORTH DAKOTA LIONS HALL OF FAME

Application to be postmarked on or before Saturday, April 17, 2010

SECTION A

DESCRIPTION (On separate sheet(s) list office and year or as requested)

- 1. Each year Active member (15 consecutive years prior to application)
- 2. Each year Club Office of President, Club Secretary &/or Treasurer
- 3. Each year Club Board Member (not as President, Secretary or Treasurer)
- 4. Each year Club Committee Chairman (list year and committee)
- 5. Each year Program Presenter at District, State &/or Multiple District meetings
- 6. Each year Region Chairman or Zone Chairman
- 7. Each year Vice District Governor or Deputy District Governor
- 8. Each year District Governor or International Officer
- 9. Each year appointed as member of District Cabinet
- 10. Each year District Cabinet Secretary and/or Treasurer
- 11. Each year State Chairperson of a Lions function
- 12. Each year North Dakota Lions Foundation President
- 13. Each year North Dakota Lions Foundation Secretary and/or Treasurer
- 14. Each year North Dakota Lions Foundation Board Member
- 15. Each year North Dakota Lions Eye Bank President
- 16. Each year North Dakota Lions Eye Bank Secretary and/or Treasurer
- 17. Each year North Dakota Lions Eye Bank Board Member
- 18. Each year Multiple District 5 Council Chairman
- 19. Each year Multiple District 5 Chairperson (does not apply to MD5 Council members)

20.	Each year District Rally attended	(List years and cities)
21.	North Dakota State Conventions attended	(List years and cities)
22.	Multiple District conventions attended	(List years and cities)

- 23. International Conventions attended (List years)
- 24. USA/CANADA Forums attended (List years and cities)
- Melvin Jones Fellow (List years)
 100% District Governor Award (List year)
 Club President Excellence Award (List years)
 100% Club Secretary Award (List years)
- 29. Hosting Foreign Exchange Student (List year, student's name and home country)
- 30. ND Chairman MD5 Youth Exchange Camp (List year, and location
- 31. Each sponsored new Lion member Include a printout from LCI listing new sponsored members
- 32. Guiding Lion List year(s) and clubs
 33. Extension Award List year(s) and club(s)
 34. Other Awards Club, District or LCI

SECTION B

Prepare a written personal resume including name, marital status, family, occupation, when and where joining Lionism. Include all achievements as a Lion and outside of Lionism, volunteer work and other associations and personal recognition.

SECTION C

(Please print or type)

IAME:	DATI	Ξ
DDRESS:	City	State/Zip
ELEPHONE:	(daytime)	(evenings)
IGNATURE		
LUB CERTIFICATION: I certerifiable sources.	tify that the information provided is an accurate	rendering taken from club and other
RESIDENT:	CLUI	B NAME
IGNATURE	DATE	≣
ECRETARY:	DATI	≣
IGNATURE:	DATI	Ε
his nomination form must b	ced: ON OR BEFORE SATURDAY, API oe signed by nominee, Club President and Cl ed for points in Sections A and the resume for	ub Secretary and returned along

Mail completed application to:

PDG David Blackstead, Secretary North Dakota Past District Governors Association 925 Arthur Drive, Bismarck, ND 58501

RING SIZE _____

State Lions Convention

Grand Forks

October 29 & 30, 2010



Lodging:

CanadInn

Attached to the Alerus Center 1000 S. 42nd St. \$119 per night 701-772-8404

Hilton Garden

Exit 140 N. of Demers Ave. 4301 James Ray Drive \$99 per night 701-775-6000

Ramada Inn

Exit 141, Alerus Center 1 mile S. 1205 N. 43rd St. \$79 per night 701-775-3951

Spring Hill Suites

Exit 141, Alerus Center less than 1 mile N. 2837 S. 42nd St. rate has not been determined 701-757-4150

Registration (Meals included):

Feb. 1, 2010 – Sep. 30, 2010 \$75/person
Oct. 1, 2010 – On Site \$95/person
**Rookie Lions, anyone who becomes a Lion after Nov. 1, 2009,
are subject to early bird rate at \$55/person all year (offer ends Oct. 31, 2010)

Complete registration below. Use one form for EACH participant			
Name:	Lion o	or Guest (ci	rcle one)
Badge:	Club:		
Address:			
Street	City	State	ZIP
Phone	F-mail:		

Amount enclosed:_______Make check payable to:

ND State Lions Convention

Mail Registration form and check to: South Forks Lions Club Attn: Roger Johnson P.O. Box 6164 Grand Forks, ND 58201

Questions regarding 2010 convention or Registration please e-mail Del Hager, committee co-chair: del714@hotmail.com

Women in Lions

Women & Leadership

PID Dana Biggs

Do men and women lead differently? This is a question a great many management circles, and so called leadership experts, are constantly examining. If we are to believe some authors on the subject, then we are facing the beginning of an age characterized as "female," an age in which characteristics associated especially with womencommunication skills, team orientation, task-specific working, will become the main ingredient in the recipe for business success.

Author Elke Dobner who wrote "How Women Lead," also believes that women have a different management and leadership style. Men, she says, tend to exert pressure from the top down, whereas, women use teams to reach a common solution. She maintains that the EQ (emotional quotient) is simply higher in women than men.

Professor Gertrud Hohler, a German political and business adviser, registered her thoughts not long ago in her book, "Shewolves Among Wolves-Why men make mistakes when women aren't there" noted that "men focus more; women take in the periphery of the spectrum into account. Men pursue goals; women look at the people who are to achieve them. Men communicate strategically; women communicate in order to engender trust."

A large section of American society perceives many workplace skills as coming more naturally to one sex than to another. About one in four Americans say that society assesses women doing a better job with following instructions and orders, communicating ideas effectively and working well with other people.

Similar numbers believe that most people feel men do a better job with creating technology, using technology, managing other people, leading groups and making tough decisions.

And, just to make it more confusing, 56% of adults say they personally think men and women are equally well-suited to most jobs, while 42% say they personally believe men and women are naturally suited to do different jobs, while others see no gender bias.

Sonja Bischoff, professor of economics, has published three studies on "Men and Woman in Leadership Positions." Her results are that "there is no durable evidence that women basically lead any differently than men." Both sexes, she says, have cooperative and authoritarian methods of managing, independent of the situation.

Bischoff says that when it comes to gender-specific role behavior, "no difference can be seen at the executive level." She maintains that today, women have an exceptionally positive relationship to power, which was not the case in at all in 1990. What is also interesting is that, according to her studies, men and women have the same ideas about the leadership qualities needed; cooperation, team orientation and communication skills.

I recently had a conversation with my 27 year old nephew

who graduated from the University of California at Berkeley and also has a Masters in Business Administration. His perspective gives us an idea of how the gender issue has evolved since the 60's and 70's. He suggests there is a realization among those of his generation that men and women are different, lead differently and that women have different skill sets than men.

Businesses are now celebrating those differences and realizing that the skills that women bring to the table enhance a business. Fitting someone more smartly to the proper position is an important benefit to both employees and business. The differences are positive. Among his generation, the gender bias of the 60's and 70's simply is not there anymore. Barriers due to gender prejudice are not a factor. With the understanding of different skill sets between men and women, businesses are getting smarter and utilizing talents of men and women better and more efficiently.

Lions, I suggest that you be the final judge.

I have noticed as I work with both men and women in our Association, that we all ask the same questions. How can I make a difference? What can I do to make my club better and be more relevant in our community? What can I do to improve our Association?

The questions asked are not a man or woman's questions, they are the questions asked by Lions. We all have the same concerns and the same desire to improve our clubs and make a difference.

The best proof of this is our Leadership Institutes. Whether the Institute is held in Oak Brook or on a regional basis, men and women are brought together from various experiences and backgrounds. The participants express the same concerns and interest in our clubs and Association whether they are from California, Texas, Nebraska, New York or Florida.

The differences we have as human beings of different backgrounds, experiences, and ethnicity should be celebrated and become the source of solutions, not what separates us. Ultimately, it is the talent, vision and call to action of a Lion, whether man or woman that will make it possible to change and improve our Association.

Multiple District 5 Convention

June 3, 4, 5, 2010 • Saskatoon, Saskatchewan

Past District Governors Banquet

June 3rd, 2010 at 6:00 p.m. Smiley's Buffet – Saskatoon.

Cost \$20.00 per person. Dress - Business attire. Please advise PDG Lion George Pretli if you are attending before June 1st, 2010 at 1-306-883-2772 or e-mail gpretli@hotmail.com

(If you pre-registered in Minot last June (2009)
no need to register again.)
Sponsored by the Saskatchewan
Past District Governors Association