NORTH LION

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Trick-or-treat for charity

Lions International club members collect eyeglasses

By Leann Eckroth Bismarck Tribune

Editor's note: The following is being run with permission from the Bismarck Tribune. It ran in the Tribune in late October. Photos are by Tom Stromme of the Tribune.

Donning their favorite costumes, the Mandan High School Leos partnered with the Mandan Dacotah Lions and Mandan Lions clubs to collect used eyewear, hearing aids and cell phones for their annual Trick-or-Treat for Glasses program.

While done in a fun manner, the event has a serious purpose of giving eyeglasses and resources to those who cannot afford them.

"We do this so we can recycle them and distribute to the needy, and they can have these resources," said Kelly Long, co-president of the Lions International youth club.

She said the project also raises awareness of collection sites set up year-round throughout Bismarck-Mandan. She said the Mandan Leos have been collecting the materials for at least four years.

Long has had the chance to see the bigger picture behind the project. "I've gone on mission trips to distribute them," she said. She joined her father, optometrist Dan Long, this July in Brazil, giving out some 750 pairs of eyeglasses to those who could not afford them. About a dozen volunteers paid their own way to assist on the mission.

Long describes it as a mind-changing and humbling experience. She said a pair of eyeglasses can cost some people in other countries a year's wages. "At this last mission ... I had patients crying. Some had not been able to read for months and years."

The Trick-or-Treat for Glasses is just one of many legs to a program that collects 65,000 used glasses per year from Lions International clubs around the state. Glasses are then sorted, cleaned, read for prescription and then given out to people who need them.

"We are encouraging individual people to drop their old eyeglasses, hearing aids and cell phones to the drop-off points throughout Mandan," said Pat Vannett, vice governor



Ross Espeseth reaches for another pair of donated eyeglasses to analyze on an optical prescription reader. Espeseth said each pair of eyeglasses are packaged with a prescription tag before being distributed. Espeseth is a member of the Bismarck Lions Club.

for the 5NW, (western district Lions Club of North Dakota). She also is a Dacotah Lions member.

Ross Espeseth, a member of the Bismarck Lions Club, now chairs the North Dakota Eye Glass program. He took over recently after former chairman Terry Narum of Minot collected 650,000 pairs for the project. He quit running the program when he met his goal.

Dan Long had started collecting glasses before Narum and later fed Narum's statewide program. Both men still sort

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TOM STROMME/Tribune

Mandan High Leo Lions Club president Kelly Long, left, and Nathan Long, right, hold a collection box that will be placed in Mandan businesses to collect eyeglasses. Leo Lions club members also involved in the project are in back from left, Courtney Goetz, Whitney Breuer, Allison Wanner, Liz Tessmer, Kaitlyn Lundstrom and Elisa Knoll.

the eyeglasses for the project from their respective cities.

"I collected glasses first, then Terry the last 10 years and now it's the Bismarck club for the eye bank. That's where all the eyeglasses are funneled to," Dan Long said. Espeseth said glasses now collected across the state are funneled to the Eye Bank of North Dakota in Bismarck, where volunteers take the time and sort the glasses.

They are then spot-cleaned in a dish washer by either North Star or Prairie Lions clubs. Once cleaned, they are brought for Bismarck Lions Club members to have them read for prescription on a reading machine. "The reading machine issues a paper receipt on what the prescription is. When the glasses go on a mission, they look at the prescription and give the patient the glasses they need," Espeseth said.

Glasses are put in a plastic bag, labeled with the prescription, and boxed for and whoever would use them.

"It could be an optometrist here in the state or it could be anywhere in the country," said Dan Long.

"This answers our mission of being 'Knights of the Blind' as requested by Helen Keller," Vannett said.

Dan Long is an adviser to the Leos for the Mandan Lions Club. Shirley Schafer advises them from the Dacotah Lions Club. "There are eyeglass recycling centers all over the country. We do ours as a state thing," Dan Long said. "The eyeglasses are absolutely used. They keep well and don't spoil." He said the used hearing aids collected will be given to a separate program which recycles them internationally.

Vannett said the cell phones are given to homeless shelters and those family crisis centers for emergencies.

(Reach reporter LeAnn Eckroth at 250-8264 or leann. eckroth@bismarcktribune.com.)



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Lions Foundation of

Lions Foundation of North Dakota, Inc.

North Dakota, Inc. Y. P. O. Box 273 • Bowman, ND • 58623-0273

Following are a list of donations to the Lions Foundation of North Dakota:

Sustaining memberships – \$10

Josh Ressler, Chris Helgesen, Jan Helgesen, Shirley Schafer, Gerald Paulson, Lewellyn Rustan, Garry Freier, Loris Freier, Jeanne Selby, James Selby, Michael Moberg, Debra Anderson, Robert Anderson, Darrell Bernsdorf, Earl Fink and Cy Kotaska. Cheryl Lane, Kevin Peterson, Wayne Redding, Ed Volk, Mike Washek, Robert Whitted, Lawrence Ackerman, Doug Ballweber, Ron Bartz, Harold Bless, Jim Boehm, Boyer Willard, Dale Bren Neal Dukart, Kenny Freidt, Dale Froemming, Elroy Herbel, Kevin Hertz, James Heim and Jeff Hillius.

George Hsu, Harlan Klein, Lloyd Klein, Elmer Kramer, Aaron Leverson, Carlton Leverson, Shawn Lince, Jim Maier, Marlo Maier, Ralph Meidinger, B.J. Raffeseth, Travis Raffeseth, Art Rath, Albert L. Rivinius, Duane Schatz, Martin Schock, Virgil Stern and Ronald Weikum.

Clarence Werner, Rueben Zacher, Dean Zimmerson, Jimmy Zimmerman, Lucas Greff, Julius Zimmerman, Paul Wutzke, Randall Hoffman, Jade Seibel, Rich Michels, Bobby Walters, Miles Stoller, Kurt D. Maxon, Reggie Paul, Leslie Bartz, Terry Bentz, Randy Fischer, Kent Roehl, Peter W. Rouse and Anthony Wade Ulrich. Brandon Vaughn, Guy Warren, Matthew Shanahan, Shane Hafner, Jerome Roehrich, Eric Schuster, Theo Stoller, Joel Denboer, Allan Fichter, Allen Hemmel, Robert McGinnis and James Stenvold.

100 Percent Club

(\$10 for every member) Beulah, Elgin and Sawyer

Bronze Clubs (\$100 to \$300) Jud, West Fargo, Lake Metigoshe,

New Rockford, Valley City, Grand Forks, North Star, Prairie Rose, Williston Korner, Rugby, Scranton, Mandan Dakotah, Magic City, Minot, Sawyer, Minot Plum Valley, Garrison, Williston, Emerado-Arvilla, Carrington, Casselton, Hazen and Alexander.

Silver Clubs (\$300 to \$500)

Mandan, Magic City and Dickinson Gold Clubs (\$500 to \$1,000) South Forks, Red River, Fargo and Bismarck

Diamond Clubs (\$1,000 or more) Capital City Lions Club

Other donations

Elgin Dakotah Lions (\$35)

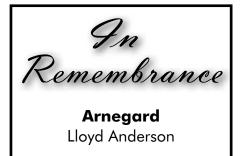
Memorials:

- Jack Stewart family in memory of Dorothy Stewart
- David and Myrna Blackstead in memory of PDG Glenn Wunderlich
- Ross H. Espeseth in memory of Lion Richard (Dick) Palmer
- Oscar and LaDell Sorenson in memory of PDG Art Bender

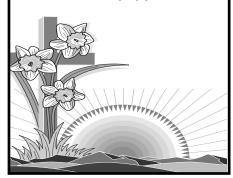
Video Magnifier Program

New Rockford Lions \$1,857, Mandan Lions \$1,857, Hooterville Flion Lions \$101; Halliday Lions \$100, Daniel Vondrachek \$1,857, Horace Lions \$1,600, Dickinson Noon Lions \$100, Linton Lions \$100, Plum Valley Lions \$100, Berthold Lions \$800.

Your Foundation board sincerely thanks all of you individuals and all clubs for your continued support of your Foundation and other state projects.



Wishek Art Bender



Letter to the Editor

Assistance Dog Foundation 'thanks'

Lion Joni Brandenburg, Executive director Great Plains Assistance Dogs Foundation, Inc. Jud, ND 58454 • 701-685-2242

We would like to take this opportunity to thank all of the Lions who gave money to Great Plains Assistance Dogs Foundation in Jud at the Parade of Green.

We received a total of \$5,900 from the Lions! The money went into our scholarship fund to help those in need of getting a dog.

We had a successful placement season this year and already have a full schedule for next year. I would like to thank each Lions club who donated to the Parade of Green: Emerado/Arvilla Lions **Carrington Lions** Fargo Lions **Red River Lions** Rugby Lions Magic City/Plum Valley Lions Capital City Lions North Star Lions **Bismarck Lions** Valley City Lions Prairie Rose Lions West Fargo Lions Grand Forks Lions New Rockford Lions **Elgin Lions**

5NE Governor's Report

Season's greetings!

The holiday season is traditionally thought of as the season of giving, and Lions especially feel at home during this time of the year because we are givers, as our international president Sid Scruggs, III often has described us: Loving Individuals Offering Needed Service.

Most people talk about being givers. You might remember a particular Charles Schulz cartoon where Charlie Brown and Pig Pen are having a discussion about giving. Pig Pen says, "When I get big, I want to be a great philanthropist." Charlie responds, "You have to have a lot of money to be a great philanthropist." Pig Pen thinks for a moment and blurts out, "I want to be a great philanthropist with someone else's money."

Pig Pen's point of view is probably not far from the truth for most people. It's always easy to be generous when you are talking about giving someone else's time and money. Why? It's easier and requires less commitment. But that's not the way of the Lion, is it? Lions do not ask others to give of their time and money without giving it themselves. Lions are givers, and service is what Lions give.

IP Scruggs called us to service with his recent holiday remarks. He wrote: "I became a Lion because I wanted to serve. The longer I am a Lion the more I realize that Lions have tapped into something very special and profound ... We are in the season of giving ... and we give our gift of service throughout the year. We care and we share. Our spirit of giving unites us and enables us to be Beacons of Hope for those most in need and those who may be otherwise neglected. Our spirit of service is powerful and selfsustaining, and because we don't act alone but combine our energies, ideas and resources, we are a mighty force for good ... As the New Year approaches, let your spirit of service continue to shine a Beacon of Hope on your community and the world."

As I travel across the district and state, I am amazed and proud of how



Lion Robert Littlefield District Governor 5NE

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Lions have reached out to those in need. I am especially grateful to every Lion who goes above and beyond the call of duty to help others. Thank you! This is the season of giving and Lions are truly givers!

Kathy and I wish Lions everywhere peace, joy, and love during this holiday season! Amid all of the hustle and bustle, be sure to take time to enjoy your family and friends.

INTERNATIONAL NEWS Environmental photo contest deadline approaches!

PDG Wayne Westlund, who chairs the MD5 Committee that supervises the environmental photo contest, recently clarified the rules for the environmental photo contest. PDG Westlund found out that each club may submit only 1 entry, which may be from any one of the five categories to their district and then each district select one winning entry from anyone of the five categories to forward to MD5 who in turn will select one winner and forward it to LCI. If each district submits an entry, the MD5 committee will have a total of six entries to consider.

Each district must send its one entry to the Multiple District by January 15, 2011. This means that all entries for District 5NE must be sent to Lion Ken Hansen, 281 10th Avenue North, Carrington, ND 58421, by January 1, 2011. A winning photo will be chosen and the District Governor will forward the photo and entry materials to DG Larry Burkhead of 5SW who is coordinating the selection of the MD5 winner at the South Dakota State Lions Convention at the end of January. If you have any questions about the 5NE district contest, please contact Lion Ken or DG Robert r.littlefield@ndsu. edu.

Donations sought for Chambers' campaign for Intl. Director by Jan. 1

As you know, PCC Marvin Chambers of Fillmore, Saskatchewan is running for International Director of LCI. The cost of mounting a campaign is in the neighborhood of \$25,000 and the Lions of North Dakota all agreed to raise some funds to help Lion Marvin and his wife Lion Lynne.

The SNE cabinet passed a motion to raise at least \$1,000 for the campaign. It was decided that local clubs would be asked first to donate to the campaign; and once that money is received, the district will pay the difference up to \$1,000. With nearly 60 clubs, if each club donates \$25, we will have more than enough.

Local clubs are asked for a \$25 (or more) donation made payable to the Marvin Chambers Campaign Fund. Individual Lions also may contribute to the fund. Lions and clubs in District SNE should send their donations as soon as possible to cabinet secretary Lion Sue Anderson, 3406 1st Street North, Fargo, ND 58102. We would like to have all club and individual donations received before the January

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cabinet meeting. Thank you! DISTRICT NEWS

Cabinet meeting Jan. 15

The third cabinet meeting for the year is set for Saturday, January 15 from 11 a.m.-12 noon. The meeting will take place using the University system's IVN network to minimize the travel for members of the cabinet. The specific room locations follow:

Fargo – NDSU EML 170 Grand Forks – UND Gamble 130 Devils Lake – LRSC Admin 172 Valley City – VCSU Vangstad 115 Mayville – MSU Library 114

In addition, we can connect to Rugby High School, Harvey High School, Carrington High School, Jamestown Middle School, Medina High School, Linton High School, Kulm High School, Kindred High School, and Indianapolis (Conference Me). However, if cabinet members want to use one of these alternative sites, they need to make local arrangements to get in and use the local site facility.

All cabinet members are asked to contact DG Robert or cabinet secretary Blake by January 1st if they will be attending the cabinet meeting on Jan. 15th and at which site they be located. Once we determine locations, final connections will be made with the network.

We only have one hour for the meeting, so arrive 15 minutes early so you can be sure to be in and set up when the session begins. A technician will be on site at each of the public locations and at most of the local sites, and depending upon arrangements, there may be other technicians needed. The system works very well and we will be able to see and hear each other. Let's hear it for technology!

Agendas will be mailed in early January. Officers are asked to submit their reports by January 5 to cabinet secretary Blake forent@ideaone.net.

Team leaders should contact all of their committee chairs for reports about activities in the second quarter (October through December) and plans for the third quarter (January through March). The state convention fell in the second quarter and we can certainly celebrate the wonderful job that the Grand Forks area Lions performed. There were items discussed at the cabinet meeting and district meeting that were to be acted upon during the remainder of the second quarter, so any progress that can be noted should be reported. Due to the short time, we will rely on written reports as much as possible.

Zone chairs asked to schedule zone meetings by mid-February

In an effort to strengthen the link between district cabinet and local clubs, I am asking that all zone chairs reconfirm their efforts in January and February to visit clubs and schedule zone meetings. Schedule your club visits in January and promote the zone meeting that should be scheduled in February.

Some zone chairs have had good luck by scheduling a special program as part of the zone meeting. For example, zone chairs can schedule someone from the Vision Magnifier Program to talk about this new project sponsored by the Lions Foundation of North Dakota; or ask DGE Steve Johnson to come and talk about membership recruitment strategies that could be used; or ask a Service Dogs of America representative to talk about the program; or ask 1st VDGE Mel Olson to come and talk about how to use the LCI website to improve communication between club and the international office.

In addition, the zone meeting in February should include specific instructions for the election of 2011-2012 officers. We need every club to have conducted its elections by the beginning of April so the next officers can attend the region training seminars on either April 27 (Regions 3, 4, and 7) or April 28 (Regions 1, 5, and 6).

For clubs that meet monthly, this means getting the nominating committees working in February and the elections being held in March. It would be great to know by the March 26 cabinet meeting that all elections were underway.

Lions and Red Cross teaming up to bring PROJECT ALERT and Emergency Management needs into focus

Lion Dave Rogness, District SNE cabinet committee co-chair for Project Alert and DG Robert met recently with representatives of the Minn-Kota Chapter of the American Red Cross to discuss ways that the two organizations could work together to serve their communities. LCI and the Red Cross are international partners in times of disaster relief.

Plans are underway for the Red Cross to create a list of projects that can be done to promote emergency planning and relief in times of natural disasters. Red Cross representatives will be working in teams with Lions to provide programs and training opportunities for local clubs and zones. The district cabinet will discuss at the next cabinet meeting the adoption of a district-wide goal for clubs to promote community planning for emergencies and local disasters. Look for more information in upcoming ND Lion publications.

Time to pre-register for upcoming Lions conventions and Leadership Training opportunities in 2011!

MD5 Lions Convention – June 9-11 in Deadwood, SD

You can pre-register for the 2011 MD5 convention in Deadwood by sending \$135/person (before March 1) to MD5 Convention, 1825 Sun Valley Drive, Rapid City, SD 57702. Reserve your room at the Lodge at Deadwood at \$129/night. Call 605-584-4800 and mention the Lions Convention Block.

International Convention – July 4-8 in Seattle, WA

You can pre-register for the 2011 International Lions Convention in Seattle, WA by sending \$100/ person (before December 31) or \$130 (before March 31) to Lions Clubs International, Attn: Convention

5NE Governor's Report

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Division, 300 West 22nd Street, Oak Brook, IL 60523-8823 USA. There is a convention registration form online for your use. The hotel deposit of \$200/ room is part of the registration form and must accompany registration. North Dakota attendees stay at the Crowne Plaza. Go online for more information.

GPLLI-July 22-24 in Crete, NE

The Great Plains Lions Leadership Institute (GPLLI) for 2011 will be held at Doane College in Crete, NE. The dates are July 22-24, 2011. District SNE budgeted for two scholarships in 2010-2011 to cover the costs for individuals wanting to take advantage of this great leadership training opportunity.

Anyone who is interested in participating should contact DGE Steve Johnson or DG Robert. The base fee for the Institute (double occupancy room) is \$125.00 (if the fees are received by May 31st). If a single room is requested, an additional \$25.00 is added to the cost. This includes all meals and materials. Rates increase to \$140.00 (double occupancy) after June 1st. The sessions to be taught in 2011 will be: Communication Skills, Diversity, Conflict Management, Managing Change, Project Management, Motivation, Public Speaking, Building Effective Teams, Leading Effective Meetings and

Club News

Carrington

Delegation.

ND State Lions Convention – October 28-29 in Minot

You can pre-register for the 2011 State Lions Convention by sending \$30/person to Magic City Lions Club, Attn: Convention Chair, PO Box 782, Minot, ND 58701. Be sure to include your name, club, address, telephone, and email.

Lodging at the Sleep Inn & Suites (connected to the Dakota Square Mall) can be reserved at a special \$109.95 rate (includes deluxe hot breakfast in rate). Call 1-877-837-3140 or 701-837-3100 and be sure to mention Lions Convention Block when reserving rooms.



New members

Pictured are the six new members for the Carrington Lions Club that were inducted to be members of Lions Club International by DG Robert Littlefield at the club's meeting in December. Pictured, front, from left, DG Robert Littlefield, Jean Gross, Sharon VanNess and Paul VanNess. Back, Ellen Nowatzki, David Nowatzki, Chris Bichler and club President Mick Moberg.



'Toast' makers

Pictured are Carrington Lions Gerald Paulson, Chairperson Howard Nelson, Illa Zink and Jean Gross as they work in the kitchen to make the French toast for the November French Toast & Sausage Supper. The Carrington Lions Club has four of these suppers during the year to feed the people of Carrington. The supper is at the Carrington Senior Center.

Fargo Fargo Lions take IP Scruggs, DG Littlefield challenge

By Michael Gallagher President

Over the last three months, the Fargo Lions are striving to meet the challenge issued by International President Sid Scruggs III and District Governor 5NE Robert Littlefield to be "Beacons of Hope" for our community. Through fundraising and service projects we have been able to meet the needs of Fargo area individuals and groups and advance Lionism.

Our first fundraiser, a Monday Night Football Raffle was a success with an increase in sales of 5% over last year. Lion Gary Hanson was recognized for his generous support of the project, selling 104 books, while Lions Joe Dobbs and Robert Ames were recognized for selling 92 and 50 each. Because of the project's success, we have already made \$4,750.00 in grants to local groups including the ND School for the Blind, Boy's & Girl's Scouts, the YWCA, and Riding on Angels' Wings. We have also assisted more than a dozen individuals in need of eye glasses or other sight services. Planning is under way for our next fundraiser, the "For Your Eyes Only" Dinner, Auction & Dance featuring the Front Fenders. Call for ticket information for the February 12 event, and be sure to invite a friend to bid on the Lasik surgery package.

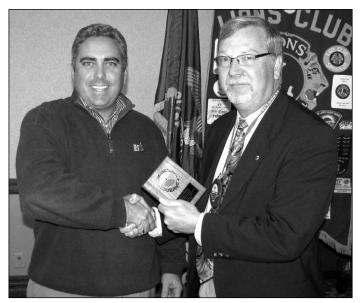
Fall is a busy time for our Club with many hands-on service projects taking place. Fargo Lions have answered phones during Prairie Public TV's pledge drive, picked up litter along our adopted roadway, conducted vision screening at two Fargo elementary schools, started a canned food drive and provided crowd control during downtown Fargo's Holiday of Lights Parade. And despite the poor weather, we held our 4th Annual Community Christmas Caroling event following the parade. While the low numbers may have prevented us from reaching our goal of setting a new World Record, we were able to bring the spirit of the holidays to those in our downtown neighborhood.

There have been several opportunities to promote Lionism as well. We sponsored the Lions Clubs International 2010 Peace Poster Contest with 52 local sixth graders submitting entries on the theme "Vision of Peace." President Michael Gallagher and Lion Carla Lein presented the Judges' Choice and People's Choice winners with savings bonds and gift cards provided by West Acres Shopping Center. It was also an opportunity to discuss the work of service clubs with the students and promote Lions.

Recently, the Club submitted a photo of a red fox taken by Lion Gary Renier near the Fargo Lions Conservancy Park in the 2010 Environmental Photo Contest. The Conservancy Park is an ongoing environmental project of the Fargo Lions through which we are returning a Fargo neighborhood to its natural riparian state. It provides an



Lion President Michael Gallagher and Lion Carla Lein presented the winners of our 2010 Peace Poster Contest with savings bonds and gift cards at an award ceremony at West Fargo's STEM Center. All students submitting an entry also received a Krispie Bar.



Lion President Michael Gallagher (left) presents Lion Gary Hanson (right) with a plaque recognizing his sale of 104 books for our 2010 Monday Night Football Raffle. The raffle is one of two major fundraisers for the club.

area inside the city limits for students to study plants and wildlife. And Oct. 24th was a special day as we witnessed 33 new Lions inducted at the NDSU-Fargo Lions' Charter Night Celebration. As their sponsoring Club, we would like to congratulate President Kyle Sebesta in this new endeavor, and acknowledge the efforts of Lion PDG Katherine Tweed and DG Robert Littlefield in establishing the campus group.

The Fargo Lions were honored when Lion Lyle Swor, a Fargo Lion for more than 50 years, was selected by Bethany Homes for their "Senior of the Year" award. At an awards ceremony held at the Hilton Garden Inn, Lion Lyle was one of six people recognized for their service to the community and contributions in the areas of health, business, faith, arts and service. The Fargo Lions are proud to call him one of our own.

Now entering our 90th year, the Fargo Lions hold their meetings each Monday at 12 noon in the Radisson Hotel's Cityscape Room. We invite you to join us for lunch, hear an interesting local speaker and enjoy a little Lions fellowship. Follow us online at www.fargolions.org.

Club News

New England

New England Lions bring Santa to women's prison

By Lion Lewellyn Rustan

The New England Lions brought Santa to the Dakota Women's Correctional Rehab Center in New England, just as they have each year since the prison opened its doors.

Lion Marty Opdahl, somewhere behind a red suit and lots of white hair, gave each inmate a sack of candy and peanuts put together the night before at the regular meeting of the Lions Club.

Each inmate also received a pair of gloves, compliments of the New England Lutheran Church women's group. One hundred fifteen pairs of hands will be warmer this winter

It's hard to say whether the project means more to the Lions or the inmates at the prison. The expressions of gratitude throughout the evening made it easy for the "Merry Christmas!" wishes to be genuinely felt and meant.

"All of the projects we do have their rewards for us," said a Lion. "But the face-to-face contact here is special. You can see how much this means to them, right now!"

Each inmate who wishes, has her picture taken with Santa. Two copies are given to the inmate. Most send one of them home to family. "My kids will just love this!" exclaimed an inmate tearfully.

The Lions, with prison staff members, add bits of humor, smiles, and good wishes. In one of the most unlikely places, Lions have found a way to help make Christmas just a bit more merry.

Later in the evening, at the other end of town, that wasn't as difficult. Following the elementary school Christmas



program, Santa distributed sacks of goodies to children who also were

Santa with one of the girls who got in line to sit on Santa's lap and get a sack of candy, nuts and fruit, following the NEPS Elementary School Christmas program.



New England Lion's Santa poses with a small group of the inmates at North Dakota's women's prison, after giving sacks of goodies to more than 100 inmates there.



New England Lions who helped distribute Christmas goodies to the DWCRC inmates. Pictured left to right, Lewellyn Rustan, Donald Rose, Arlene Rose, (Santa) Marty Opdahl, Vicki Urlacher, Richard Hegge.

happy to receive the candy, nuts and fruit, along with a hearty "Merry Christmas!" from a very exuberant Santa.

And this time, he dares to ask, "Have you been a good little girl?"

Hundreds of sacks are filled in preparation for the special night, with goodies purchased using financial contributions the Lions collect from New England area businesses.

5NW Governor's Report

Dear Fellow Lions,

Merry Christmas and a Happy New Year!

It's hard to believe we are coming to the end of another year and the half way point of our Lions Year!

I hope you are enjoying this special time of year with family and friends, celebrating the hope and love of the Christmas Holidays. It seems to me that we Lions are continually making Christmas happen, as it has been said 'Christmas happens every time someone reaches out to touch another life with love.' It is so encouraging to see all the 5NW Lions, teaming together in our Lions clubs, being beacons of hope through service. We are truly LIONS as International President Sid L. Scruggs III says: Loving Individuals Offering Needed Service.

In my enthusiasm to relate all that had occurred at the State Convention in the North Dakota Lion last month I forgot to mention two important items. First, the following SNW District Constitution and By-Laws were approved.

5NW District Constitution & By-Laws

At the 5NW District Convention Meeting, October 30, 2011, The International association of Lions Clubs Standard District Constitution and By-Laws (Effective July 2, 2010) was adopted with the following additions and/or amendments.

5nw District Constitution

ARTICLE I: Name

This organization shall be known as Lions District 5NW, hereinafter referred to as "district."

ARTICLE III: Membership

The members of this organization shall be all Lions clubs in this district chartered by Lions Clubs International (LCI).

The boundary lines of this district shall be as follows:

• Bounded on the north by the USA/ Canada border,

• on the west by the North Dakota/ Montana state line,



Lion Bev Charles District Governor 5NW

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• on the south by the North Dakota/ South Dakota state line,

• and on the east by Hwy 83, north to I-94, then north on Hwy 14 to Hwy 19,

• then east on Hwy 19 to Hwy 3, then north on Hwy 3 to the USA/ Canada border.

5NW District By-Laws Article VII Convention Fund

Section 1: CONVENTION FUND TAX. (First Paragraph) In lieu of or in addition to a district convention registration fee, an annual per capita district convention fund tax may be levied upon each member of each club in the district and shall be collected and paid in advance by each club, except newly chartered and reorganized clubs, in two (2) semi-annual payments per club member to cover the semi-annual periods July 1 to December 31 and January 1 to June 30, with billings of said tax to be based upon the roster of each club as of the first days of July and January, respectively. Any club which

is chartered or reorganized in a current fiscal year shall collect and pay said convention per capita tax for said fiscal year on a pro-rata basis from the first day of the second month following the date of its organization, as the case may be.

ARTICLE VIII District Administration Fund

Section 1: DISTRICT REVENUE. To provide revenue for approved district projects and to defray the administrative expenses of the district, an annual district administrative fund per capita tax of \$16.50:

[MD5: \$4.00 + The North Dakota Lion: \$4.00 + State Convention Fund: \$1.00 + Hall of Fame Fund: \$0.50 + 5NW: \$7.00 = Total annual district administrative fund per capita tax: \$16.50] is hereby levied upon each member of each club in the district and shall be collected and paid in advance by each club in two (2) semi-annual payments of \$8.25 per club member to cover the semi-annual periods July 1 to December 31 and January 1 to June 30, with billings of the same to be based upon the roster of each club as of the first days of July and January, respectively. Said tax shall be due upon receipt and paid to the cabinet secretary or cabinet treasurer (or secretary- treasurer) by each club in the district, except newly chartered and reorganized clubs, which shall collect and pay said per capita tax on a pro-rata basis from the first day of the second month following the date of their organization or reorganization, as the case may be. Said per capita tax shall be disbursed only for administrative expenses of the district and only upon approval by the district governor's cabinet. Disbursement there from shall be by checks drawn and signed by the cabinet treasurer and countersigned by the district governor.

NOTE: The International Association of Lions Clubs Standard District Constitution and By-Laws can be found at www.lionsclubs.org.

5NW Governor's Report

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Also, the 'Vision of Peace' SNW District Peace Poster Contest Winners as were voted on at the State Convention are: 1st place: Cody Kirkland, Watford City High School – Arnegard Lions, 2nd place: Rachael DeMaria, Pioneer Elementary – Bismarck North Star Lions, 3rd place: Brittni Krance, South Heart School – South Heart Lions.

I just received notice from the MD5 Lions Opportunities For Youth (LOFY) Chair Maureen Meston-Pockett that Cody Kirkland has also won at the MD5 level and will now advance on to the International level of competition, which is the final level of the contest. Cody is a 7th grade student at Watford City High School. The poster was selected for its originality, artistic merit and portrayal of the contest theme, "Vision of Peace" by a panel of judges made up of well known local artists from Regina, Saskatchewan. Congratulations to all of the Lions clubs who participated this year. You helped over 200 children in 5NW have the opportunity to show case their talents and work!

Contests

See page 41 of the Lion magazine for details on The Club Excellence and The District Governor Team Excellence Awards. More information on these and other awards and contests can be found on LCI's website: www. lionsclubs.org.

In particular the Lions **Environmental Photo Contest** deadline is coming up soon. There are five categories: Animal Life, Landscape (Urban or Natural), Plant Life, Weather Phenomenon, and Special Theme: Beacon of Hope for the Environment (Photos of Lions in action implementing an environmental project.) Our district can submit one winning photo to MD5. I need to have photographs by January 1, 2011, so they can be judged and sent to MD5 by January 15, 2011. The printed photograph needs to be $8" \times 10"$. Photographs on $8^{"} \times 10^{"}$ paper with a

smaller image will not be eligible for the contest. Photographs depicting people will be disqualified, unless they are in accordance with the Special Theme. For more information go to www.lionsclubs.org and enter, Lions Environmental Photo Contest, in the upper right hand search box. Send your $8" \times 10"$ printed photographs to DG Bev Charles, ATTN: Lions Photo Contest, 6301 Apple Creek Drive, Bismarck, ND 58504-3192, by January 1, 2011. If you have any questions please call or email me.

The New Year brings with it many opportunities to get together with fellow Lions to learn and grow, and serve one another, our communities, country and world. I hope you will take a look at the following dates and take advantage of some of the following opportunities.

LEBND & LFND Board Meetings

• Lions Eye Bank of North Dakota (LEBND) Board Meeting – 10 AM

• Lions Foundation of North Dakota, Inc. (LFND) Board Meeting – 1PM, Saturday January 8, 2011, Expressway Inn Suites, 180 East Expressway, Bismarck

For more information you can contact:

LEBND Board President PDG Chuck Whitney, phone: 523 – 5992 or email: carguy1949@hotmail.com

LFND Board President PDG John Dobbs, phone: 232 – 1290 or email: johnita@q.com

NOTE: A special Lions rate for anyone needing to stay overnight is available to those who contact Diane at Expressway Inn and ask for the Lions rate.

5NW Cabinet Meeting

Grand Dakota Lodge and Conference Center, 532 15th Street West, Dickinson, ND Saturday, January 15, 2011, 10 AM

MT

Zone Meetings

Thank You Zone Chairs – You Are Awesome! By the time you are reading this everyone will have scheduled their second zone meetings. Also, I want to extend a Big Thank You to Lions' Ruthie Wagner and Arlin Fetch.

Our focus at the January Zone Meetings will be on membership, Monthly Membership Reports (MMRs) and Monthly Activity Reports (MARs), so it will be very helpful for Presidents and Secretaries, but really for all Lions to attend, as well. I hope you all always feel welcome and encouraged to attend any and all zone meetings. Zone meetings are a good place to get questions answered, help with administrative processes, and/ or just a fun time to get to know other Lions and have a good time.

• Zone 1A Meeting – Jay Espeseth (925 – 5758) – Place and Date TBA • Zone 1B Meeting – Zone Chair Jack Colby (572 – 3212) or jackcolbynd@hotmail.com Host Club: Watford City Lions Place: TBA Date: Tuesday, January 18, 2011, 7 PM CT • Zone 2A Meeting – Zone Chair Darlene Miller (362 – 7393) or dmiller@srt.com Host Club: Minot Magic City Lions Place: Sleep Inn at Dakota Square Mall, Minot Date: Monday, January 31, 2011, 6:30 PM CT • Zone 3A Meeting – Zone Chair Roger Walter (523 – 5693) or rtwalter@ndsupernet.com Host Club: New England Lions Place: Slope Electric, 116 East 12th Street, New England Date: Wednesday, January 12, 2001, 6:15 PM MT • Zone 3B Meeting – Zone Chair PDG Jan Froemming (584 – 3606) or dalejan@westriv.com Host Club: Flasher Lions Place: Highway 21 Café, 110 6th Avenue West, Flasher Date: Monday, January 24, 2011, 7 PM CT • Zone 4A Meeting – Zone Chair Russ Ziegler (974 – 4121) or russell. ziegler@sendit.nodak.edu

5NW Governor's Report

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Host Club: Richardton Lions Place: Clara's Diner (Wrangler Cafe), 216 N Avenue (Hwy 10), Richardton Date: Wednesday, January 5, 2011, 6:30 PM MT • Zone 4B Meeting – Zone Chair Herman Schafer (221 – 2320) or hsgr25+@riverjordan.com Host Club: Mandan Dacotah Lions (Soup's On Competition)

Place: Moose Lodge, 111 11th Avenue NE, Mandan, 7PM

Date: Monday, January 24, 2011, 7 PM

• Zone 5A Meeting – Zone Chair Mike Blazek (400 – 0526) or mbrealty@westriv.com

Host Club: Wilton Lions (Wilton Lions Club Wild Game Feed)

Place: Wilton City Memorial Hall, 105 Dakota Avenue, Wilton

Date: Monday, January 10, 2011, 7PM

Lions Conventions & Leadership Training

5NW Spring Rally – April 16, 2011, Richardton, North Dakota

Registration forms will be coming out in later editions of the ND Lion. This is free to all SNW Lions.

MD5 Lions Convention – June 9 – 11, 2011, Deadwood, South Dakota

You can register for the convention by sending \$135/person (before March 1, 2011) to MD5 Convention, 1825 Sun Valley Drive, Rapid City, SD 57702. To reserve your room at the Lodge at Deadwood call 605 – 584 – 4800 and mention the Lions Convention Block to get a rate of \$129/night. The Lodge at Deadwood is a luxurious mountain resort and casino which opened in December 2009. There are only a few more rooms available, so it is important to make your reservation as soon as possible or contact another hotel in the area.

• International Lions Convention – July 4 – 8, 2011, Seattle, Washington

There is a convention registration form in the latest Lion Magazine and also online at www.lionsclubs.org.

The cost per person is \$100 through December 31, 2010, \$130 between January 1 through March 31, 2011 and \$150 after March 31, 2011. The Crowne Plaza Hotel is the 2011 Delegation Hotel assigned for MD5.

• Great Plains Lions Leadership Institute, July 22 – 24, 2011, Doane College, Crete, Neb.

The cost per person for GPLLI is \$125 (double occupancy room) through May 31, 2011. June 1st the cost increases to \$140. An additional cost of \$25 is required for a single room. These fees cover all meals, lodging and materials. The sessions to be taught at the institute in 2011 are: Communication Skills, Diversity, Conflict Management, Managing Change, Project Management, Motivation, Public Speaking, Building Effective Teams, Leading Effective Meeting and Delegation. All Lions clubs are encouraged to send at least their club president or another officer, but participation in the institute is a very worthwhile experience for every one.

• USA/Canada Lions Leadership Forum – September 22 – 24, 2011, Anchorage, Alaska

For more information go to www. lionsclubs.org

• North Dakota State Lions Convention – Oct. 28 – 29, 2011, Sleep Inn at Dakota Square Mall, Minot

For more information go to www.Snwlions.org

Lion Dave & I want to wish you all the best for the Christmas Holidays and New Year. We hope that you are always blessed with the peace and love Christ came to give each of us and the world.

Club News

Prairie Rose



New Melvin Jones

Bismarck Prairie Rose Lion Diane Offerdahl (center) accepts a Melvin Jones Fellowship plaque and pin on December 2, during the club's annual Christmas party, from the 2009 MJF recipient, Lion JeAnne Selby (left) and Club Vice President Carolyn Lean. Named for the Lions International founder, a Melvin Jones fellowship is one of the most prestigious awards bestowed upon Lions members.

Club News

Bismarck



Local Lions dignitaries, District 5NW District Governor Bev Charles and Past International Director Bruce Schwartz, both of Bismarck, pause for a moment with one of many commemorative gold shovels used in the groundbreaking ceremonies at the North Dakota Heritage Center on November 23.



Bismarck Lions Club Members (left to right) Chuck and Janet Esser, Club President Kay Solberg-Link and PID Bruce Schwartz, celebrate the North Dakota Heritage Center expansion and groundbreaking as a group and as "History's Heroes" donors. Their Lions club has pledged to support the expansion project with a \$10,000 donation, which will be paid over the next five years.

Bismarck area Lions members participate in ND Heritage Center groundbreaking

by Lion JeAnne Selby District 5NW PR chair

Representatives of four Bismarck-Mandan area Lions clubs, along with District SNW District Governor Bev Charles and Past International Director Bruce Schwartz attended and/ or participated in the November 23 groundbreaking ceremonies held at the North Dakota Heritage Center in Bismarck.

Seven Bismarck North Star Lions Club members, attired in their club uniforms (black vest, slacks, white shirt and black cowboy hat), served the "chuck wagon" style buffet lunch to guests following the 90-minute, indoor program which kicked off the \$51.7 million Heritage Center expansion project. Lion Jim Selby coordinated the club service project.

The Bismarck Lions Club is one of approximately 530 "History's Heroes" donors from across the state. The club



Bismarck North Star Lions receive last-minute serving instructions from Janice Martin of Lady J's Catering on November 23, prior to the North Dakota Heritage Center groundbreaking ceremonies. North Stars volunteering to serve lunch for the event were (from left to right) PDG Lindy Lein, Dave Charles, PDG Garry Freier, Tim Johnson, Bob Offerdahl, Jed Geer, and Service Project Coordinator Jim Selby.

has pledged to donate a total of \$10,000 over the next five years to the Heritage Center expansion project. Tasked with identifying 10 "heroes" in every county in the state, the "History's Heroes" fundraising campaign is expected to generate a total of \$5.3 million for the Heritage Center expansion.

The basics of getting published in the ND Lion

by Lion JeAnne Selby District 5NW PR Chair

District SNW District Governor Bev Charles has repeatedly said, "I'd like to encourage more clubs to submit articles and pictures to the *North Dakota Lion*."

Her personal philosophy, coupled with her recent comment that she gets numerous questions regarding the procedure for getting articles in the *North Dakota Lion* got us considering options for disseminating this kind of information prior to the Spring Leadership Conference. When DG Bev and I approached *North Dakota Lion* Editor Stu Merry, a Garrison Lions Club member, about devoting space in an upcoming issue of the *North Dakota Lion* to this educational message, he immediately agreed.

As a result of our collaboration, I'd like to present the following basics on composing an article and caption for an accompanying photograph, along with general directions for transmitting both to Editor Stu.

As you read and attempt to implement the following guidelines, bear in mind that college journalism students spend at least one full semester (that's a minimum of fourand-a-half months) learning this stuff! There is so much more; but the following will get you started!

The first section of this piece provides tips for composing your article and writing a caption for your photograph(s), while the remainder details *North Dakota Lion* Editor Stu Merry's expectations of us and his responsibilities as editor.

Composing the article

The following are basic guidelines to help you compose an article about your upcoming or recent club event, activity or program.

Include answers to these basic questions about your Lions Club event, activity or program: who, what, when and where? You may occasionally also include the answers to "how much?" (... the admission fee is \$10.00 per Lion) and "how often?" (... our



North Dakota Heritage Center officials requested the Bismarck North Star Lions serve the "chuck wagon" style buffet lunch following the November 23 indoor groundbreaking ceremonies at the North Dakota Heritage Center in Bismarck. Happy to serve were (from left to right) Lions Jim Selby (Service Project Coordinator), Bob Offerdahl, PDG Garry Freier, Jed Geer, Special Guest District 5NW District Governor Bev Charles (of the Prairie Rose Lions), PDG Lindy Lein, Tim Johnson, and Dave Charles.

annual Diabetes Strides Walk). Also answer these same questions when you compose captions for photographs. Check the article and pictures on the Heritage Center groundbreaking event opposite for the answers to these questions.

Begin your article with the information you consider to be most important, transitioning to less important information. The logic behind this philosophy is that if our newsletter editor and production staff run out of space they may need to cut a portion of the article - and you want the substance of your article to escape the cut!

In this era of texting, we need to be especially cognizant of our spelling, punctuation, grammar and usage (there or their; to, two or too; etc.) in our writing. If your computer writing aids (spell check, thesaurus) aren't enough to make you look good on paper, consult a friend whose writing skills you trust.

Double check the spellings of fellow Lions' names you've noted in your article.

It's not quite as critical when writing for the *North Dakota Lion* that we spell out acronyms; but if you're referring to 5NW DG Bev Charles or PID Bruce Schwartz for an article for the Beulah Beacon or Williston Herald, take the extra time and space to fully identify Lion Bev as District SNW District Governor and Lion Bruce as Past International Director in your first references to them. Our acronyms can be confusing and frustrating to new Lions and non-Lions. Let's be respectful and courteous in the use of acronyms; we'd prefer that the new Lions remain members and the non-Lions join our ranks!

Strive to be concise in your writing; provide as much information as possible using the fewest number of words possible.

Captions for photographs should identify the people in the photo, what is happening, when and where the event or activity took place. Provide enough information in the caption accompanying the photograph to convey your message, in the event that the reader *only looks at the picture and does not read your article*. Photo file names containing words, rather than the numbers assigned by the camera, are easier for newsletter production staff to pair up with the photographs and captions.

Books and chapters in books have been dedicated solely to tips for well-composed photographs, especially as they pertain to newspaper

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and magazine publication. *North Dakota Horizons* and *National Geographic* provide outstanding use of photography!

Just a few cautions (among many!) I might offer include: 1) avoid capturing your subject with horns or plants growing out of their heads; 2) use natural and flash lighting to your subject's best advantage; and 3) an action shot of your subjects doing something is generally preferable to and much more interesting than a "presentation" (planned, posed) shot.

Compare the photograph of the North Star Lions on page 13 (well positioned and nicely accessorized with our District 5NW Governor Bev Charles) with the one on page 12 in which we see them listening attentively to final serving instructions from Lady J's Janice Martin. Which photograph is more interesting?

Which photo is easier for the photographer to capture? Which is more efficient in providing recognition to more Lions? You, as the photographer, need to weigh your opportunities, options and potential restrictions before snapping your picture. The *North Dakota Lion* and Editor Stu are very tolerant of "presentation" pictures; however *The Lion* (our international magazine) and some other publications are not!

Include your name, known as your "by-line," with your article, especially if you're including some personal opinion as opposed to merely presenting the verifiable facts of the activity.

Also include a daytime phone number in your cover e-note, in the event Stu would need to contact you for clarification on some part of your article or needs you to re-send your article in a different format.

Proof-read your compositions; it's easy to get caught up in details and

overlook a critical part of the story you're telling.

Editor's expectations North Dakota Lion Editor Stu needs to have our Lions articles and/or photographs by the 7th of each month, so he and his staff have enough lead time to assemble that month's issue and get it into the hands of North Dakota Lions around the 15th of the month.

You make the designer's life easier when you send high quality photographs. Other requirements for photographs include are making sure all the photos you email are at least 200 dpi. If you are sending actual photos in the mail, please DO NOT put any tape on the face of the photos, attach any cutlines to the back of the photos.

A few requirements for article submissions: Do not type in all capital letters or type in tabs to make things line up. When you are typing your article it may look fine on the screen, but once it is reformatted to fit in *The North Dakota Lion*, it is only a headache to retype and delete all of the unnecessary things.

E-mail your articles and photographs (and captions) as attachments, including enough information (matching file names of photographs with captions!) so Stu and his staff can re-unite them in page placement. Send your articles and pictures to Stu at editors@bhgnews. com. If you have dial-up internet service, you may need to burn your articles and photographs onto a CD and mail in a protected pouch to Stu at P. O. Box 309, Garrison, ND 58540. Stu's deadline for mailed CDs is also the 7th of each month.

Stu prioritizes our submissions, edits as necessary, and positions articles and photos on the pages of each issue. Stu has been our *North Dakota Lions* editor for so many years that he knows the approximate timing of our annual State Convention and other major events; he anticipates receiving information from event PR chairs in a timely manner, likely saves space and plans placements for those articles and pictures. If you're submitting a time-sensitive article for an upcoming event that may not necessarily be obvious to Stu, include a cover e-note explaining your urgency and get it to him by his deadline and in good form.

District SNW Governor Bev encourages club reporters to submit advance publicity on all club activities and signature events to the *North Dakota Lion*. Club officers and event chairs may find that this will help increase event attendance from among area and Zone Lions club members.

If you submit an article on an award or event already past, with no apparent urgency attached to it, Stu and his staff may hold that one over until the next issue, to allow room for updates on State Convention, Spring Leadership Conference plans or a club's invitation to their milestone club anniversary. If he has held an article for a month, he makes room for it in the following issue.

If we make demands on Editor Stu (or any editor in western North Dakota), we need to respect his (or her) deadlines and present a wellcomposed article that requires little or no attention to make it presentable to the public! Just a gentle reminder that the newspaper editor (in this case Lion Stu) *is the editor*, and as such makes final editorial decisions.

I join 5NW DG Bev and Editor Stu in encouraging you (or your club's reporter) to submit more articles and photographs to the *North Dakota Lion*.

If you have questions along the way, don't hesitate to call (701-255-1735) or e-mail me (fourjs3@q.com). If I can't answer your question, I'll find someone who can (take note, Lion Stu!) and get back to you.

Remember:

ND Lion DEADLINE is the **7th** of the month!

No Exceptions!



New Rockford



Lions lend a hand

Boy, our feet are tired! The Fourth of July was a busy day for the New Rockford Lions. While some of our members set up barricades and marking steaks for the city's parade. Others were busy getting ready to feed hungry parade spectators at a benefit lunch for Pam Beolke, wife of Lions member Tim Beolke. Pam has been battling Leukemia. During the lunch we served about 100 people brats, chips, homemade pickles and lemonade. A little over \$1300 was raised to help Pam. After a quick break, Lions members met down at the park for the third annual Lucky Duck Race. Many people came to cheer on their duck in hopes of winning the grand prize of \$500. All 300 ducks floated through to the finish line and all the winning duck numbers were announced. Several winners went home a little bit richer. We all can't wait to do it again next year!



Seeklander 49 years

PDG Hadley Seeklander (left) of the Bismarck North Star Lions, received a pin recognizing his 49 years of continuous Lions Club membership from North Star President PDG Tim Thueson (right), as Zone 5A Chair Mike Blazek (center) of the Washburn Lions looks on. The presentation was made during the Sept. 23 regular monthly North Star meeting at the Bismarck AmVets Club, immediately preceding the Zone 5A fall meeting, hosted by the North Stars.

Lake Metigoshe Blood drive a success

The Lake Metigoshe Lions co-sponsored with St. Andrew's Health Center a Blood Drive on November 17. It was considered a great success with 42 units donated.

Wishek

Wishek remembers Bender

Submitted by Lion Donna Ruff

The Wishek Lions Club lost a long-standing member when Lion Art Bender, Wishek, passed away Nov. 18, 2010.

Lion Bender joined the Lions organization in 1965. He worked diligently to promote the various Lion's projects. He was a ND District Governor for the District 5NC during the fiscal year of 1990-1991.

On Nov. 26, 2007, PDG Bender was honored with an award when he received a limited edition print entitled "A Lions Pride" in recognition of the huge amount of work he had done for Lions, not only in his club, but also in District SNC and beyond.

Lion Art at that time had sponsored nearly 50 members into the Wishek Lions Club and had done countless hours of work behind the scenes without seeking recognition. Lion Art's "celebration of life" was held at the Wishek First Baptist Church on Monday, Nov. 22.

The Lions from the State of ND honored Art by a bouquet of flowers. His wife wrote in her "Thank you" card to the ND Lions: "Thank you so much for the flowers you gave to honor Art. Lions was very important to him. He was both active in the local Lions Club, but also as a District Governor.

The Lions Eye Bank, Assistance Dogs, seeing eye dogs were areas he was proud of. He also was happy to have projects in the local Lions had in serving the community.

Thank you for all. Keep going. God bless you all." This strong man became weak - finally unable to walk and feed himself. I had the honor and privilege in caring for him. He now has seen Jesus and he is whole. Please join him one day.

Signed, Dorothy Bender