

NORTH DAKOTA LION



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DG Ginny Jones, ID Cindy Gregg and PDG Tom Gregg.



Stanley Lions at the Spring Rally.

District 5NW Leadership Spring Rally a success!

Lions from District 5NW gathered in Beulah, ND at the Beulah Middle School to learn and grow. 120 Lions were preregistered with 100 attending the day of learning and sharing, including DGE Kathy Clemens and 1st VDGE Grant Kahlbaugh from District 5NE, DGE Linda Vollmer and PDG Neil Vollmer from District 5SW and lastly DGE John Emmet from District 5SE.

The 18th Annual District 5NW Spring Rally brought together Lions with the motto, "Lions on Fire to Inspire!" and all the presenters reflected that ideal in their presentations. There were the typical presentations such as President, Secretary, and Treasurer training as well as topics such as Membership through Service, Women and Families in Lions, My Lion App, 5NW Lions Alert Plan, Youth in Lions and of course, Lions Orientation.

One of the unique presentations was titled "GLT-GMT- GST, What are All These Acronyms?" presented by DG Ginny Jones, PDG Mark Koller, and PCC Arlen Fetch. They had a humorous presentation that also described the purpose of the GLT- GMT- GST positions in the District.

The Keynote Speaker, PID Cindy Gregg, inspired us with a message from Lions International to move forward by bringing youth and women into our clubs. She commended us for being the top District in MD5 with 36% of our membership as women and urged us to continue growing new membership. She challenged us to gain new members through unique ways, such as Branch Clubs. She also was the presenter of "Women and Families in Lions".

PDG Tom Gregg, PID

Cindy's husband gave an interesting presentation about gaining "New Members Through Service". He said that the youth of today want to do service....they aren't interested in meetings. Their focus is doing service to help others and this is truly what Lions are supposed to be about. We need to be seen doing service to gain new members, young and old.

The highlight of the day was the Baked Goods Auction for LCIF Pediatric Cancer Research which earned \$1,240. Because over \$1000 was earned, District 5NW could name a Lion with a Melvin Jones Fellowship. Every lion attending the Spring Rally had their name placed in a bucket and Lion Carolyn Lean from the Bismarck Prairie Rose Lions Club was the recipient.

The District 5NW Membership Challenge, in which

the club gaining the most members from November, 2018 to April 5th, 2019 would earn 3 registrations to the ND Lions State Convention in Dickinson, ND. First place went to Wilton Lions Club with 8 new members and 2nd place to Dickinson Noon Club with 4 new members. Second place will receive 2 registrations to the ND State Convention.

PID Cindy Gregg presented Presidential Certificates to Lion Brach Seibel and Lion Amy Prince from the Beulah Lions Club and the current 4A Zone Chair, Doug Rothe.

Finally DG Ginny Jones was presented a Melvin Jones Fellowship, earned through donations from various Lions Clubs of District 5NW, by PDG Mark Koller.

It is always a successful experience when we bring our Lions from District 5NW together!

PATRICIA (PAT) VANNETT, INTERNATIONAL DIRECTOR

(701)426-8132 (c) • patvannett@gmail.com



Kindness Matters

"The idea that some lives matter less is the root of all that is wrong with the world."

....Paul Farmer

Lions Clubs International has been using "Kindness Matters" for our advertising campaign since 2017. Stories of the lasting results of single acts of kindness are everywhere. But what might be the benefit for the person who is performing those acts of kindness?

7 REASONS WHY KINDNESS MATTERS

Research shows that repeated acts of kindness:

- Makes you happier.
- Improves your immune system and health.
- Lowers the rate of depression.
- Makes you feel more creative.
- Causes employees to want to work harder for employers.
- Increases the endogenous opioids in the brain, giving us a natural high.
- Creates the feeling of "emotional warmth," producing the hormone oxytocin which in turn helps reduce blood pressure and protects the heart.

I remember in a business coaching session that the instructor advised us to put a mirror in front of our desks and to look into it with a smile on our face while on the phone. Why? Because that warm emotion of

smiling would come across in our voices as we talked to our clients.

WAYS TO MANIFEST KINDNESS

Kindness to ourselves. This is probably the hardest thing for a person to achieve. Kindness to self includes: Self-care. Learning when to say, "no". A healthy diet. Getting a good night's sleep every night. Stopping negative self-talk. Giving yourself compliments every day! Laughing regularly. Letting yourself cry. Playing. Med-

itating

KINDNESS TO STRANGERS

On a personal level, everyone we meet is facing some kind of challenge we know nothing about. A simple smile or act of kindness might make their whole day, and it costs us nothing.

Kindness matters, and kindness multiplies exponentially when we all contribute to it.

"It is in the shelter of each other that the people live." = Irish proverb.

Lionism is about being kind to ourselves, friends, neighbors, strangers and each other. As Kevin and I travel we have the great joy of experiencing the many acts of kindness given to us. But we also get to see the many acts of kindness that Lions perform each and every day.

Thank you for your many acts of kindness!

Save the date - May 18th

Submitted by Crystal Dueker,
Fargo Gateway Lions

Joan Amundson is a former Williston Korner Lions member who has relocated, with husband Ron, to Clifford, near Mayville N. D. Her elderly mother lives at the Lutheran Memorial Home, in Mayville where Scooby, the facility dog, is serving all the residents. Scooby was purchased many years ago from the Service Dogs of America in Jud, which is Southeast from Jamestown, N.D. Recently, Joan noticed Scooby is moving slower from age and she was inspired by an

idea. Now might be the perfect time to get an "apprentice facility dog" from Jud. Scooby would be the mentor; showing the new dog some new tricks.

So **save the date of May 18th** to bring your tummies to the Mayville Armory. The Jamestown Lions, home of incoming District Governor Kathy Clemens, stepped up to sponsor this benefit; raising funds toward the purchase of the new "facility dog".

The Davenport Lions are bringing their famous grills to cook the burgers and hot

dogs; **serving from 5-7:30 pm.** Lions from Fargo, Grand Forks, Horace and Jamestown will SERVE the food "free will" to the public. There's a volunteer named Brenda from Hillsboro who wants to be part of this Lions benefit to help the Mayville community.

All Lions will be welcome to help serve at this event or just come to enjoy Mayville. We are still trying to get a new Lions club in the Mayville/Portland area. This event will help educate the public on how we SERVE in our communities and reach out to help other Lions.

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ROBERT R LEIN

District Governor SNE

5050 40th Ave S Apt 237 Fargo, ND 58104

(701)781-0743 (h) | (701)793-9831 (c) • rob.lein@yahoo.com

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The North Dakota Lion,

P.O. Box 309, Garrison, ND 58540



The
North Dakota
LION

GINNEY JONES

District Governor SNW

405 South St. Glenburn, ND 58740

(701)362-7467 (h) (701) 833-2648 (ce) • ginney.jones2@gmail.com

Washburn Lions club celebrating 90 Years of Lionism

The Washburn Lions Club is celebrating Saturday, May 11th, 2019 with a 5:30 pm CDT Social and a 6:30 Dinner with dance to follow. It will be the best party a 90 year old club can have. We have history, we have VIP's, lots of food and a band to listen and dance to.

The party will be held at the Washburn Memorial Building, 805 Main Avenue starting at 5:30 at a cost of \$15. A lot of Bang for your Buck. North Dakota District Governor Ginney Jones will get the fireworks going. Please plan to come. Reservations can be made to Lion Gary Fuchs – 701-460-1120 or e-mail gnfuchs@hotmail.com.

Washburn Lions were organized on May 28, 1929, and

Chartered on June 6, 1929, with 21 Charter members. We now have 42 members. Lions Club member Mr. Morris Nelson has been a member over 60 years. Of course, we no longer have any Charter members but Lion Morris is our history. We will celebrate him, as he still is a good member and a great worker. Lion Morris has Lions in his blood.

We will also honor Jean Binsfield, who was a longtime member, history keeper and cook. Jean was a great cook and kept us coming back for more of her specialties. It is her notes that let me give you our history.

Over the life of the Washburn Lions Club, many

achievements have been made including our desire to keep Boy Scouts thriving. We have supported the Scouts from the 1930's until the present time.

The Club has hosted the Spring Carnival every year for 89 years. Generations of Washburn children have attended the Carnival.

In 1933 they entertained the Road Crew who were oiling Highway 83 what is now Main Avenue, with dinner and a program.

The last project the club performed was the 89th Annual Spring Carnival for the children of Washburn.

Again I invite you to celebrate with us. It's going to be a party.



Lion Morris Nelson. Lion Morris has been a member of the Washburn Lions Club for over 60 years. Records show him to be a member for 61 years, but leaving the club and moving away. When he returned to Washburn he rejoined the club, but Lions Clubs International did not keep track of those records. We just know the story!

Voting at the Multiple District Convention

Voting is by Lions Clubs International rules. The Rule for voting-is-one vote for each 10 members or major fraction thereof, 5 being considered a major fraction. For a club to be in good standing, all debts to Lions Clubs International of \$50 or more, 90 days past due must be paid.

The Credentials Committee must certify voting delegates. Please select your voting delegates and alternates and list them below. Please have your delegation leave this form at the Lions Registration Desk, at the "Coronet Hotel", no later than 9:00 am, on Saturday, May 25th, 2019.

This sheet is to be filled out and--SIGNED BY YOUR CLUB SECRETARY-- prior to coming to the Convention.
CREDENTIALS INFORMATION:

Name of Club _____ District _____

Total number of members in Club as of March 30, 2019 _____

Name of Voting Delegates attending the MD5 Convention
In Prince Albert, Saskatchewan

Office held in Club

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Club Secretary's Signature _____

Please send this sheet along with your club secretary or a club representative that will be attending the MD5 2019 Convention. This information can be downloaded at the MD5 website at www.md5lions.org

TAKE TO THE MD5 – PRINCE ALBERT CONVENTION - 2019 Credentials Chair is D.G. Rob Lein

ROB LEIN

5050 40th Avenue South, Apt. 237, Fargo, ND 58104
(701)781-0743
rob.lein@yahoo.com



The Ashley Lions Club can never be accused of being a fuddy-duddy group.

These Lions have fun ... lots of fun. And they know how to put that fun to good use.

I got to see the Ashley Lions in action when I made a visitation to the Kulm Lions Club. A large group of Ashley Lions also arrived for what proved to be an evening of laughs and nice fund raising.

First, the Ashley Lions took over the tail-twisting duties, even though they were a visiting club. They created a lot of laughs during their tail twisting, setting the tone for the evening.

It made it easier for me when I got up and gave my address.

But then, after I spoke, came the clincher in the form of a real, live chicken. Henrietta the Chicken, that is.

The Ashley Lions presented me with this huge box, and inside was Henrietta, in all her clucking glory. They said they were presenting Henrietta to the Fargo Lions Club, and I am a member of that club. Joining me on the trip to Kulm were fellow Fargo Lions Mark Western and Paula Swanson. Someone from the Ashley club pulled Henrietta out of the box and gave it to Mark, who then walked around the room with Henrietta in his arms.

I thought we had to take Henrietta back to Fargo. I said something like, "Hey, I don't have any room in my car or my trunk."

But we were given an out. If we paid \$20 to the Ashley Lions, we could pass Henrietta on to another club. Or, if we paid \$100, we could pass Henrietta back to the Ashley Lions. So Paula dug out a \$20 bill and passed Henrietta on

to the Kulm Lions. The Kulm Lions, in turn, paid \$100 and returned Henrietta to the Ashley Lions.

"We're going to take it to another club and raise more money," said Denny Hoffman, president of the Ashley Lions. "It turned out to be a good thing for us."

Well, not just a good thing for the Ashley Lions. All the money raised from passing Henrietta around goes to Great Plains Assistance Dogs Foundation in Jud.

"They're in our back yard," President Denny said. "What better way to support them?"

President Denny said the whole thing was the brainchild of Scott Schlepp, also a member of the Ashley Lions. Scott brought Henrietta and his idea to a meeting of the Ashley Lions ... ironically, while they were eating chicken.

"This chicken was just non-stop verbally clucking, as if she knew we were eating chicken," President Denny said, laughing.

What a great idea! It does three things: Raises money for Great Plains Assistance Dogs; brings different clubs together; and, adds a lot of fun to Lions meetings.

So if you see the Ashley Lions bringing Henrietta to a meeting, please - ahem - be a good egg and put up some money for that chicken and for Great Plains Assistance Dogs. After all you don't want to - ahem again - ruffle the Ashley Lions' feathers.

THANKS MARK AND PAULA!

It was fun traveling with Lions Mark and Paula to visit the Kulm and Ashley Lions clubs. The trip back was also fun, but it made me appreciate Mark and Paula even more.

I hit a rut just west of Valley

City on the road back to Fargo. A few minutes later, the signal on my dashboard indicated the front right tire was going flat.

My car basically limped into Valley City, and we found an area that was well lit. Mark volunteered to change the tire. Paula helped by lining up the jack and reading some of the car's instructions to Mark.

Mark and Paula got us back on the road, and we ended up in Fargo a bit later than planned.

Oh sweet summer

We in MD5 know about winter. It's rough, but were tough. The good news is I know summer is on it's way. Why do I know? Because as of March 15, 2019 there are twenty-four officially registered campers from all around the world coming to Camp Lemieux in Lac Pelletier, Saskatchewan, Canada. Camp dates are July 28 thru August 3.

Camp Chairman Lion Edie Lozinsky and Registration Chairman Lion James Sifert have spent many hours in preparation. The MD 5 Youth Exchange Camp is poised to be the best ever.

So now it is time for me to plea to the Lions of Saskatchewan, North Dakota and South Dakota to give to the Camp. I am asking each club to send a donation to:

Lion Edie Lozinsky, Lions MD5
Youth Camp Director
PO Box 724

Leader, SK SoN 1Ho, Canada
Your contribution will allow all the extras needed to make a great experience for the campers. It allows archery, it allows horseback rides, an outdoor movie and the like.

And even more important is your Lions Club sponsoring a youth to Camp. We need to

So thank you, Mark and Paula. You two were a God-send because you two are a lot younger and a lot more limber than I.

And it's also a good thing Paula paid the \$20 for Henrietta back in Kulm. That would have been interesting, Mark changing the tire with Henrietta clucking away.

have youth from our country represented. The cost is \$400. I assure you that the Camp experience is Life-changing for those that attend. It is hard to explain, but all receive an acceptance of others customs and they make friends for life. The hardest day at camp is the last day. There is so much love and caring for each other. The kids respect each other. They leave knowing how different and how alike each camper is. I have been there and observed youth who have experienced this awareness. It is amazing. When we ask for world peace, I say MD5 Youth Exchange Camp is creating friendships that someday may change the world. Please consider being a part of this camp. Help however you can.

I come begging every year, but It is a wonderful way for us to teach the youth to SERVE. They will be our leaders one day. It is nice they know LIONS.

If you would like to know more about Lions MD5 Youth Camp or have questions, please call me at 701-220-4410.

Thank you for your Service.

Lion PDG Judy Beaudry
MD5 Youth Exchange
Chairman

Club News

Carrington



Carrington Lions President David Nowatzki presents Kristi Larson, Carrington Youth Center director, with a check for \$500.



Carrington Lions president, David Nowatzki presents a check for \$500 to Mel Schramm for the Carrington Senior Center.



Carrington Lions president, David Nowatzki presents a check for \$500 to Carrington City Library director Vivian Oberby.



On March 6 two representatives from the Moment of Freedom spoke at the Carrington Lions meeting. Annie Keffeler and Kelli Connolly explained their program of therapeutic riding for individuals with special needs. On a farm near Buchanan, they will work with clients from age 4 and older. Carrington Lions donated \$500 to the program. Picture are lion President David Nowatzki, Keffeler and Connolly.

Williston



Special guests at the April 3, meeting of the Carrington Lions were Michele Seil, speech advisor and students Kaylee Weninger and Mason Rose. Weninger performed her speech to persuade and Rose entertained us with his humorous speech. Pictured are Lions President David Nowatzki, Kaylee Weninger, Michele Seil, and Mason Rose.



Louise Skaare, right, was recently installed as a new member of the Williston Lions Club. She was sponsored by Lion Becky Pippenger, left.

Gateway Lions club assists NDSU coach

Kyan Brown, assistant men's basketball coach, at NDSU was a guest speaker at the regular club meeting of March 29. Coach Brown is originally from Ketchikan, AK. He later moved to Arkansas, then played basketball for Oral Roberts University. He has been assistant coach at NDSU for the past three years. Coach Brown talked about the 2018-2019 season and how the team improved and made it to the NCAA big tournament, "MARCH MADNESS". This season was highlighted by playing the Duke "Blue Devils" on national television during the tournament. Kyan Brown and his family of his

wife and three young children have recently experience the unfortunate situation of having their house catch on fire. They lost almost everything. As a small gesture of appreciation, the Gateway Lions Club presented him and his family with a check for \$500 to help purchase some clothing items. The club also presented him with five quilts to help keep them warm. These quilts were made by Gateway Lions Club member Jan Malakowsky and her four sisters and sisters-in-laws, Faye Brokate, Laura Wamre, Audrey Langerud & Joan Forster. The ladies make over 100 quilts a year to be given away.



Pictured above is Lion Jan Malakowsky and Coach Kyan Brown from NDSU as he receives the quilts to help out his family after they had a fire in their home.

Carrington Lions Club & Gate City Bank Al Larson Memorial 4 Person Golf Scramble

Male • Female • Co-ed

Friday, June 14, 2019

CrossRoads Golf Course • Carrington
Registration starting at 10:30 a.m.
Shotgun Start at 11:15 a.m.

Entry Fee:

\$60 a person/\$240 Team
Includes Green Fees, Mulligans, Lions String,
Prizes, Lunch & Supper - Free Snacks on the course
Golf Carts available for rent at 701-652-2601

Cash Team Prizes: \$1,200 Team Prize Money (prizes vary slightly based on entries)

Hole Prizes: Contest on each hole.

REGISTER EARLY THIS TOURNAMENT ALMOST FILLED UP LAST YEAR

REGISTER EARLY • Only 36 Teams - Deadline: June 11, 2019

Name _____	Phone _____
Name _____	Phone _____
Name _____	Phone _____
Name _____	Phone _____

Send your registration to: Brian Duchscherer, PO Box 298, Carrington, ND 58421
or call 701-321-5719 or email brian.duchscherer@k12.nd.us

Visit CrossRoads Golf & Recreation Parkway at www.crossroadsgolf.com

In Remembrance

Lions of North Dakota have lost a fellow Lion, Past District Governor, and one of the first recipients of the North Dakota Lions Hall of Fame. He was an inspiration to all Lions and truly upheld the Lions motto "We Serve" by his unending dedication and service to the Lions organization.

PDG Hadley Seeklander passed away December 13, 2018 in Bismarck. Hadley married Verda Ohlhauser on March 31, 1950. To this union they were blessed with four children: Barry, Jerry, Scott and Linda. They lived in Hazelton, ND where Hadley was a farmer, a salesman, a Lions

Club International Staff Representative and an active member of the community. Hadley always had a smile on his face and when asked how he was, he would reply "Great and getting better."

Hadley became a Lions club member May 1, 1962 when he and the Hazelton superintendent of schools chartered a Lions club in Hazelton, North Dakota. He was the second president of the Hazelton Lions Club and held the offices of vice-president, secretary, and director. He later became zone chairman, deputy district governor and then District Governor. He later transferred his

membership to the North Star Lions Club and was an active member until his passing.

When Hadley was zone chairman, he organized a new club in District 5 NW. As District Governor (1969-71), he organized four more clubs. In 1972, Hadley was hired by Lions Clubs International as an International Staff Representative for Multiple District 5. As a staff representative, he was to increase membership through the extension of new clubs. In 1972, MD 5 had 7500 members and 10 years later the MD 5 had grown to 15,000 members all due to Hadley's hard work. Later, Nebraska,

Montana, Alberta, the Northwest Territories and part of British Columbia were added to his service area. As an International Staff Representative for Lions Clubs International, Hadley helped organize more than 300 clubs.

He was recognized for his accomplishments by being awarded the prestigious Presidential Award from five International Presidents. In 1979-80, Hadley was presented the Outstanding Extension and Membership Achievement Award from International President Lloyd Morgan of New Zealand. He received numerous awards from Lions Club International including eight special Extension Awards and seven International medals.

He sponsored more than 47 Lions members and was given the Senior Master Key Award. He was a Melvin Jones Fellow and a progressive Melvin Jones Fellow. He was the first Lion to be named to the North Dakota Lions Hall of Fame in 1982. In 2012, he was awarded his 50 year pin in Lionism. In 2018, the North Star Lions awarded Hadley a lifetime membership for his service to his own Lions Club, the Lions of North Dakota and the Lions of MD 5.

In 1976, Hadley was named to Who's Who in North Dakota for his outstanding achievements in business, government, and community affairs.

Much of the information in this article was gathered from the North Dakota Lions newspaper when Hadley was inducted into the ND Lions Hall of Fame. From the North Star Lions Club, we wanted to honor PDG Hadley and thank him for his many dedicated years to the Lions of North Dakota, Multiple District 5, as well as the International Association of Lions Clubs. (submitted by PDG Tim Thueson, Treasurer for North Star Lions Club in Bismarck.)

COME AND SHARE IN THE CELEBRATION



THE WASHBURN LIONS
ARE CELEBRATING

90 YEARS

SATURDAY, MAY 11, 2019
WASHBURN MEMORIAL BUILDING

805 MAIN AVENUE, WASHBURN, ND

SOCIAL (CASH BAR) 5:30 P.M. | DINNER 6:30 P.M. WITH DANCE TO FOLLOW

RESERVATIONS FOR DINNER
DUE FRIDAY, MAY 3 | \$15

GARY FUCHS 701-460-1120 | GNFUCHS@HOTMAIL.COM

5NW DISTRICT GOVERNOR'S REPORT

GINNEY JONES

405 South Street, Glenburn, ND 58740
(701)362-7467 (H) or 701-833-2648 (c)
ginney.jones2@gmail.com



I'm writing this entry on the eve of our annual Spring Rally. I hope that you all enjoyed it and gained some valuable training and insight on current initiatives while you were there.

Service – Lions, it's time to begin planning for your spring and summer projects. There were many, many wonderful service projects reported over the last nine months by many of the clubs in our district, but only 73% are reporting service in MYLCI. That's more than it was last year, but we can do better. Please consider reaching out for help with this. We want LCI to know what we are doing and it helps our districts and regions qualify for more service grants when we report our service. Tip: invite potential new members to your service projects, so they can see what your club does.

Membership – please

Mandan

focus on the importance of membership to include RE-TAINING current members, as well as, inviting new members to join. Our numbers are hurting and I need your help with this. The more members we have, the more service we can perform. Consider creative ways to appeal to younger members. Remind them that they don't HAVE to attend all the meetings to still be a member. Many younger folks are bored with meetings and just want to serve. Give them that option and still make them feel appreciated. Take care of business at your meetings, but remember to have fun meetings. Work to get along with each other – share your talents and help share the load. Sometimes, the same members get stuck with doing the bulk of the work. Be sure to invest in your new members. Encourage their involvement and

remember to make them feel appreciated. Tip: celebrate the anniversary of your club by making it a special event and invite Lions from other clubs to celebrate with you.

New Clubs – branch clubs – specialty clubs. Do you have an idea of where a new club could be started? If so, please let me know, so we can begin canvassing and see if there is interest. Also, please be mindful of assisting with a branch club or a specialty club in your community, if there might be a need. To start a branch club that is sponsored by an active Lions club, only 5 members are needed initially. Contact me if you have questions on that.

All of our Zone chairs have met their 2- year obligations and hopefully, we have some new faces that are stepping up to fill these roles. Zone Chair positions are so important in our district and help provide the connectivity

between our clubs and our district leadership. Thanks to Lion Karen Koller who stepped in to fill the void in Zone 3-A and finish out the year!

Remember, we have many Lions in our district who you can reach out to for questions or advice on various service projects. Consider trying a new service project this year. Trying new things is exciting and your community will benefit from it as well.

Reminder: if you don't update your club officers via MYLCI and instead use the PU101, the deadline for getting that to Lion Butch Frank is 15 May!

As always, thank you for all you do. Your generous contributions and your service to others is an amazing gift. I am so very fortunate to share in this endeavor with you and to have you all as part of my Lion family.



On 25 March, during the annual DG Club visit, 5 NW District Governor Ginney Jones presented Lion Dale Ennen with his membership chevron for 35 years of service. Thanks Lion Dale for your many years of Lion Service!



DGE Lion Sherry of D5W visited the Mandan Lions Club on March 12, 2019. (from left to right) DGE Sherry presented Years of Service Awards to PDG Kevin Vannett, 30 years, Lion Albert Kuntz, 10 years, DGE Sherry Fetch, Lion Dennis Friesz, 25 years, and ID Pat Vannett, 15 years. Not present, Lion David Schaaf, 35 years, Lion Deanna Reikow, 20 years and Lion Marlo Anderson, 10 years.

Prairie Rose



Bismarck's Prairie Rose Lions Club recently had a presentation by Brandi Jude (front, center), Executive Director of Invisible Innocence. The Mission Statement of the organization – "Invisible Innocence was launched to give hope and a home to survivors of human trafficking by supporting their needs and strengthening our communities through our programs". The Club learned about issues that are taking place in North Dakota and what this organization is doing to help victims of human trafficking as well as identifying the perpetrators.

Bismarck



On 18 March 2019, 5 NW DG Ginney Jones (center) visited the Bismarck Lions Club and presented Lion Robert Honkola (left) and Lion Bruce Schwartz (right) both with 35 year membership chevrons. Thank you Lion Robert and Lion Bruce for your many years of Lion service!

Roarin' Lions. Really?

With well over 1,100 Lions in the western half of North Dakota, you'd expect a lot of noise from a pride of that size. But it's been awfully quiet.

At least it has from the standpoint of Lions qualifying for the Roarin' Lion Award.

In the past year, only nine Lions have qualified for additional bars for their Roarin' Lion pin. Three second year bars, one third year bar, one fourth year bar, one fifth year bar, and three seventh year bars were awarded.

Not a single Lion qualified for the first year pin. No, let me re-state that: Not a single Lion forwarded the completed application card showing they

have earned that award. And it's even easier to continue getting those bars each year.

I know we have a huge number of Lions in District 5NW who more than qualify for this award each year. And I know they don't do it for the recognition.

But it would sure be nice to recognize them for all their dedication, effort and hard work.

How about you? Just complete the simple entry card, and send it to me. I'd be thrilled to get the award you deserve sent to you!

Lewellyn Rustan, Roarin' Lion Award Chair

GET THE WORD OUT!



Send in the detail of your Club's upcoming events and they will be featured in the monthly Lion's newspaper!

Let us know what your Club has been up to – submit photos and write-ups and share the great ideas and successes with Lions readers!

2019-20 LCI Peace Poster Contest

"Journey of Peace" is the theme of the 2019-20 LCI Peace Poster Contest. This is the 32nd anniversary of the Peace Poster Contest. Lions clubs can sponsor the program in their community for children in local schools or organized, sponsored youth groups. Students, ages 11, 12 or 13 as of November 15, are eligible to participate. Through the contest, students are encouraged to visually depict their interpretation of the contest's theme.

Lions clubs may purchase a contest kit through the Club Supplies Sales Department. A kit must be purchased for each contest sponsored. The contest must be sponsored by a Lions club.

Artwork must be no smaller than 13 inches by 20 inches (33 centimeters by 50 centimeters) and no larger than 20 inches by 24 inches (50 centimeters by 60 centimeters). Do not mat or frame artwork. Only one entry per student and each entry must be the work of only one student. All artwork must be the individual student's original creation. Duplications are not accepted.

All media are accepted. Note: Chalk, charcoal and pastel entries should be sealed with a fixative spray to prevent smearing. Do not laminate entries.

Three-dimensional entries will not be accepted. Nothing may be glued, stapled or attached to the artwork in any way. The use of lettering or numbering on the front of the poster, in any language, is not allowed. All artist signatures or initials should be written on the back of the poster. Artwork should be done on a flexible material, so it can be rolled for shipping in a mailing tube. Do not fold poster.

Participants accept all responsibility for late, lost, misdirected or illegible entries. Lions Clubs International is not responsible for entries damaged, destroyed or lost during the judging process. Entries cannot be acknowledged or returned; they become property of Lions Clubs International upon receipt. Peace Poster Contest images cannot be used without written permission from Lions Clubs International.

In consideration for the opportunity to enter the Peace Poster Contest, participants agree to allow Lions Clubs International to use their names and photographs for promotional and publicity purposes. In addition, the international grand prize winner, two family members (one being a parent or legal guardian) and the sponsoring club president or a club member (as designated by the sponsoring club president) are required to attend the special award ceremony at Lions' Day with the United Nations. An international grand-prize winner is not eligible to receive subsequent prizes in future Peace Poster contests sponsored by Lions Clubs International. By entering, participants agree to be bound by these rules and the decisions of the judges and Lions Clubs International. Lions Clubs International may cancel the contest without notice at any time. The contest is void where prohibited, taxed, or restricted by law.

Judging

Each poster is judged on originality, artistic merit and expression of the theme.

Posters advance through several judging levels: local, district, multiple district and international. At the international level, judges from the art, peace, youth, education and media communities select one grand prize winner and 23 merit award winners.

Awards

One international grand prize winner will receive a trip to a special award ceremony. There the winning artist will be presented with an engraved plaque and a cash prize of US \$5,000.

Each of the 23 merit award winners will receive a cash award of US \$500 and a certificate of achievement.

Deadlines

Please note that the following dates are from those in the Peace Poster information from Lions Clubs International. MD 5 Council of Governors may set a different date other than Dec 1- depending on when their meeting is scheduled. Entries not meeting deadlines will be disqualified.

October 1, 2019	Deadline to purchase kits from the Club Supplies Sales Department at International Headquarters.
November 15, 2019	Postmark deadline for a club to send one winning poster (per contest sponsored) to the district governor.
December 1, 2019	Deadline for district governor to bring one winning district poster to the multiple district council of governors meeting and give to the MD 5 LOFY Chairperson.
December 15, 2019	Postmark deadline for the MD 5 LOFY Chairperson to send one winning entry to the Public Relations Department at International Headquarters.
February 1, 2020	International winners will be notified on or before this date.



If there are any questions, please feel free to contact MD 5 LOFY Chairperson, PDG Tim Thueson.



PDG Garry Freier, a North Star Lion and Lion Loris Freier, a Bismarck Prairie Rose Lion.

ND Lions “serve” as associate members in Arizona Club

PDG Garry Freier, a North Star Lion and Lion Loris Freier, a Bismarck Prairie Rose Lion are associate members of the Sunland Springs Village (SSV) Lions Club in Mesa. They are pictured at the Lions booth at the SSV senior health fair sponsored by the 55 active community where they spend a few months as “snowbirds” each year. In February, Lions Loris and Garry sponsored, chaired and worked the Diabetes Education booth for the SSV Lions first Health and Wellness Expo for about 200 community attendees. As a re-

tired dietitian, Loris answered questions and provided pre-diabetes and diabetes resources.

In March, Lions Garry and Loris along with another SSV Lions member, cooked and served an evening meal at the East Mesa Ronald McDonald House. The Mesa Ronald McDonald House is a large facility with 16 rooms and two apartments. It is located next to the Banner Desert Medical Center noted for the children’s medical center to treat critical care infants and children for a large section of Arizona.



Lions Garry and Loris along with another SSV Lions member, cooked and served an evening meal at the East Mesa Ronald McDonald House.

Lions of Multiple District 5

Multiple District 5 is hosting a Summit May 23, 2019, just before the MD5 Convention in Prince Albert. Check the Lions Pride for registration forms for the Convention.

The Summit will provide information about the Global Action Team and how this team is designed to work with Lions Clubs to strengthen and train Leadership, increase and maintain membership and ensure Lions are providing service to their communities. Ser-

vice Projects are tracked. Lions International has identified Vision, Diabetes, Environment, Children’s Cancer and Hunger.

This Summit is open to All Lions, if you are interested in Learning more about Lions Clubs International, especially the Global Action Team and would like to attend the Summit, Contact Lion Rob Hill at rfhill@sasktel.net. Cost to attend the summit will be \$20 to cover coffee and Lunch.

MD5 4th Annual Global Action Team Summit

May 23, 2019, 8:00 a.m. -4:00p.m.

- 8:00 a.m. – 8:05 PCC Ken Wetz and PCC Eunice Cameron
- 8:00 a.m. – 8:30 What is Global Action Team, Large Group Overview James Hickey LCI
- 8:30 – 9:00 Multiple District, District and Club Structure PCC Ken Wetz and PDG Neil Volmer
- 9:00 – 9:30 LCI Service Center. Large Group PCC Eunice Cameron and PCC Arlen Fetch
- 9:30-9:45 Break
- 9:45-10:30 Job Specific Responsibilities, Small Groups GLT, GST, GMT, DGE, Zone Chairs PCC Gordon Ziegler and James Hickey
- 10:30-11:30 Goals and Action Plans, Large Group James Hickey Break into District Groups
- 11:30-12:15 Lunch
- 12:15-1:00 Zone Chair PowerPoint, Large Group PDG Terry McAleese, Break into District
- Groups**
- 1:00 - 1:45 eBooks, Large Group James Hickey Global Action Team Specialist LCI
- 1:45 – 2:15 13 Ways to Kill Your Club Large Group PDG Rob Hill
- 2:15-2:30 Break
- 2:30-3:30 New Club Development, Specifics Extensions Specialists why use them, Large Group 3rd VP Brian Sheehan and Lion Lori Sheehan
- 3:30-4:00 Wrap UP and Departure Large Group PCC Gordon Ziegler

Lions Foundation of North Dakota, Inc.

Memorials

Brach & Marian Johnson, Oscar & Dell Sorenson in memory of Hadley Seeklander
Cal & Carla Bender in memory of Howard Lofesness
Lehr Lions Club in honor of VDG Sherry Fetch



MD5 CHALLENGE !!



To All Districts and Lions Clubs!!

Fill the **TREASURE CHESTS** with Raffle Items

to raise funds for the **2019 MD5 YOUTH PROGRAM**

Raffle to be drawn at the 2019 MD5 Convention.

Need not be present to win!!!

Get Items to your District Governor

or MD5 Representative by the 2019 MD5 Convention.



Looking for ideas? Here are a few.....

- ❖ Made in Saskatchewan, Made in North Dakota, Made in South Dakota Products !!
- ❖ Once-In-A-Lifetime Experiences
- ❖ Fishing Items
- ❖ Vacation Trip Packages
- ❖ Golf Items
- ❖ Creative Artwork
- ❖ Unique Dining Experiences
- ❖ Music Memorabilia
- ❖ Craft Items
- ❖ Sports Memorabilia
- ❖ Fun Outings in Your Area
- ❖



Campaign 100

*Lions Clubs International Foundation
Empowering Service*



A WORLD IN NEED



LCIF IN ACTION

Today, **253M** individuals are blind or visually impaired.



Your US\$100 funds **2** cataract surgeries.

Today, **2/3** of children report being the victim of bullying.



Your US\$100 provides Lions Quest learning curriculum to **an entire classroom** for one year.

Each year, our planet experiences a **15%** increase in natural disasters.



Your US\$100 provides immediate relief to **4** people in the wake of a natural disaster.

Every day, **245** people die from measles.



Your US\$100 provides measles vaccinations to **100** kids.

DID YOU KNOW?

Campaign 100 will enable LCIF to serve hundreds of millions more people by 2021.



By 2040, nearly **650M** people are expected to be living with diabetes.



Your US\$100 provides diabetes screenings for **18** at-risk individuals.

Every **2** min a child is diagnosed with cancer.



Your US\$100 helps purchase equipment that will help diagnosis or treat **8** children.

Each night, more than **800M** people go to bed hungry.



Your US\$100 gives access to food **14** disabled, elderly, low-income, or homeless individuals.

By 2025, **1/2** the world's population will be living in water-stressed areas.



Your US\$100 provides **14** people access to clean water.

DID YOU KNOW?

100%

of your donation directly supports LCIF's global causes.

LCIF.ORG/BE100
#BE100



**Lions Clubs International
FOUNDATION**

20th Annual Lions District 5NW Zone 5A Golf Tournament PAINTED WOODS GOLF COURSE, WASHBURN 18 HOLES



Lions District 5NW, Zone 5-A is hosting a golf tournament to raise money for a Zone Project. The proceeds go to pay for a Lions Zone Project to help build the McLean Family Resource Center at Washburn.

4 Person Golf Scramble Male • Female • Co-ed



**Now OPEN to
Non-Lion Members.
Please register your team.**

Place: Painted Woods Golf Course at Washburn

Date: June 14, 2019

Time: Tee Time 1:00 pm **Registration:** 12:00 pm

Format: Four persons make a team with each golfer having a handicap. Each teams max handicap will be 97. Ten percent of the team's handicap will be used for this tournament. This is a scramble tournament with games at designated holes. Mulligans will be sold for \$5 each, 2 allowed per person.

Games of Skill:

Hole #16 - \$3.00 per tee shot to reach the green in 1 receives a great golf gift.

Hole #14- Longest Drive (**must be in Fairway**) receive a special gift.

Hole #11- 50/50 split. A charge of \$5.00 per tee shot for shoot-out. Each golfer to reach the green in 1 qualifies for shoot-out. The Shoot-out will be held immediately after the tournament. All qualifiers will attempt a shot, for each qualification, from the same distance at Hole #18. The closest to the pin will receive 1/2 of the money paid and the other 1/2 will go to the Zone Project. Up to 2 attempts allowed.

Food:

Brats will be provided as part of the entry fee. The golf course clubhouse will offer their menu to the golfers during and after the tournament. The food from the menu will be at the golfers' expense.

Entry Fee:

This year the cart fee and the golf fee are together, \$280 per four-person team. Send check to Washburn Lions Club, PO Box 545, Washburn ND 58577-0429. Questions call **Elmer 460-1302 or Brach 223-3715.**

Entry deadline is June 10th

Tear and Return to Washburn Lions Club

Team Name _____

Name of Golfer A _____ Handicap _____

Name of Golfer B _____ Handicap _____

Name of Golfer C _____ Handicap _____

Name of Golfer D _____ Handicap _____

Total _____

Cart(s) reserved _____

10% _____

Team Handicap _____



2018 - 2019 MD5 LIONS CLUB CONTEST

VOTING ON THE CLUB NEWSLETTER, CLUB SCRAPBOOK, AND CLUB WEBSITE
WILL TAKE PLACE AT YOUR DISTRICT CABINET MEETING.



We Need Your Entries!!

The following are general minimum guidelines:

MD5 LIONS CLUB NEWSLETTER/ BULLETIN CONTEST

1. Newsletters must be placed in a loose leaf binder with the Club name clearly labeled on the outside of the binder.
2. Newsletters must contain a minimum of 6 issues during the year with the last issue not later than May 1.
3. Each issue should be placed in a plastic sheet.
4. Newsletters should be concise and informative.
5. Newsletters will be judged for quality of content, page layout, and publication design.
6. Photos may or may not be included within the newsletter.

MD5 LIONS CLUB SCRAPBOOK CONTEST

1. Scrapbooks must be clearly labeled on the outside of the book with the club name.
2. Photos contained within the scrapbook must have a brief description and people in the photos should be clearly identified
3. Scrapbooks will be judged on content, design and use of scrapbooking materials.

MD5 LIONS CLUB WEBSITE CONTEST

1. Websites shall be a Club Website and not a State/ Provincial/ Zone/International website.
2. Websites will be judged for quality of content and design.

Note:

- Newsletters, Scrapbooks and Websites **MUST** reach District 5NE District Governor, Lion Rob Lein or District Contest Chairperson PDG Lion Luis Coca by April 13th to be judged on the District Level.
- Newsletters, Scrapbooks and Websites **MUST** reach District 5NW District Governor, Lion Ginney Jones or District Contest Chairperson, DGE Lion Sherry Fetch by May 11th to be judged on the District Level.

The District Winner will then compete on the Multiple District Level with the other five districts at the MD5 Convention, May 23, 2019 Prince Albert, Saskatchewan .

Multiple District 5 is seeking an interested Lion to fill the Youth Exchange Chair position

**Deadline for applications to be sent to Council Chair Keith Zeutschel at zeutsch@msn.com; or by
Mail at 5703 100th Ave. S. Horace ND 58047 Ph#: 701-799-4997 (cell)
Is May 1st, 2019**

What are the Youth Exchange Chairpersons responsibilities?

The main role of the District and Multiple District YCE Chairperson is to plan coordinate and promote local Lions YCE activities And to serve as the liaison between Lions Clubs International the district governor/council chairperson and clubs regarding program activities.

Chairperson Responsibilities: Understand the intricacies of the program by thoroughly reviewing the YCE policy.

Ensure Lions or officially designated non-Lions conduct the program according to the YCE policy.

Develop a district or multiple-district plan to establish publicize evaluate and report camps and/or exchanges.

Establish and oversee a committee to coordinate the various aspects of the local YCE programs.

Work with your district governor council chairperson or coordinating Lion to enter your local program information on the YCE Information Submission Form to be certified by LCI and included in the YCE Directory.

Utilize the YCE Directory to network and coordinate with YCE Chairpersons in other countries.

Establish a thorough screening and selection process for participants and host families.

Organize program orientation for sponsored participants and host families.

Ensure youth protection is maintained and procedures are followed according to local laws and customs.

Confirm that all youth traveling abroad have the necessary travel documents and are adequately insured.

Complete the Youth Camp & Exchange Activity report after program activities have concluded or by December 15th whichever comes first.

Report YCE activities to the district and multiple district local media MyLCI Service Activity Report and Lions Clubs International social media outlets.

Best Practices: Establish separate committees to oversee incoming versus outgoing youth.

Develop and facilitate training for YCE volunteers at the district or multiple district level.

Encourage clubs to invite past youth participants to be involved in planning or implementing future YCE activities.

Encourage families of past youth participants to serve as host families for future incoming youth.

Please contact CC Keith if you need further info



Lions of North Dakota children screening statistics reported as of 03/27/2019

PROGRAM START DATE SEPTEMBER 2014	# Screened 64,735	# Referred 8,106	% Referred 12.5
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