

Turkey Trot event held by the Lamoure Lions

On Thursday, November 28, the LaMoure Lions hosted the 2nd Annual 5K Turkey Trot to benefit the Sunset Park Revitalization Project. Race day events included a Mens and Womens 5K Run and 5K Walk, and a Kids One Mile Gobble Wobble. Awards were given to the winners of each category, as well as the largest participating group, and the most festively dressed participant. Because Thanksgiving isn't complete without pie, everyone had a chance to place a bid at the silent pie auction. Thank you to all participants and volunteers! With the help of everyone involved, over \$500 was raised for Sunset Park. We are looking forward to next year!





Women's 5K walkers heading to the finish line.



Ellery Narum was the winner of the Most Festive Award.



Keira, Kait, Kellan, Madison and Jackson Craig were the winners of the Largest Flock Award.



Asher Narum finished 1st in the Men's 5K run with a time of 26:48.



Turkey Trot runners and walkers pre-race.

Bowman _



Bowman Lions awarded "Years of Lions Service Chevrons". From left to right: Lion Ken Abrahamson, 40 years; Lion Tom Norberg, 35 years; DG Sherry; Lion Susan Wanner, 25 years; and Zone Chair Vivian Pendergrass, 10 years. Lions on Fire to Inspire!



Visit www.e-district. org/sites/5nw to see what's happening in your District 5NW

Lion Jason Dodge, Bowman Club President, Lion Ray Sherwood, Lion Brenda Sherwood, DG Sherry, and Lion Rod Diede, Sponsor. On Fire to Inspire!!



Candle Light Ceremony for New Membership Induction into the Bowman Lions Club with New Lion Ray Sherwood, New Lion Brenda Sherwood and Sponsor Lion Rod Diede.

Reminder: ND Lion DEADLINE is the 7th of the month!

Volume 40, Number 30 - December 2019 USPS No. 011237 Issued monthly by The Lions Foundation of North Dakota, Inc. 91 N. Main • P.O. Box 309 • Garrison, ND 58540 Phone: (701) 463-2201 • Fax: (701) 463-7487 E-mail: specialprojects@bhgnews.com

Subscription Rate is \$6/year Periodicals Postage Paid at Garrison, ND 58540

> KATHY CLEMENS District Governor 5NE

District Governor 5NE 619 10th Ave SE, Jamestown, ND 58401 (701)269-0234 • kathy.clemens@gocsi.ag **POSTMASTER:** Send address changes to The North Dakota Lion, P.O. Box 309, Garrison, ND 58540



SHERRY M. FETCH District Governor 5NW 406 4th Ave NW, Mandan, ND 58554 (701)426-3432 • joyfullion2@gmail.com



Sponsor Mary Topp, New member Shelly Skytland, New members Heather Carr, Brittney Moravec, Josey Skytland, Sponsor Karla Michaelson, New member Kimary Edland, sponsor Sharon Paintner, new member Marilyn Nicholson. Lion Michaelson was the sponsor for Heather Carr, Brittney Moravec, Josey Skytland and Kimary Edland.

Carrington Lions held their Christmas Party

Carrington Lions held their Christmas Party at the Chieftain on Dec. 4. District Governor Kathy Clemens presented awards and inducted six new members into the Carrington Lions Club. The six new members were Shelly Skytland, Brittney Moravec, Heather

Carr, Josey Skytland, Kimarv Edland, and Marilyn Nicholson.

Lions Ken Hansen and Mary Topp received perfect attendance awards for the year 2018-2019. Joyce Wick and Charlotte Nelson received ten year wards.

Carrington Lions Sight 4 Kidz program

On November 25 the carrington Lions Mary Topp, Swanson, Marilyn Judy Nicholson. and Sharon Paintner assisted Lion Kristy Swenson from New Rockford in a vision screening of 269 preschool and elementary students.

The Sight 4 Kidz program is a program for screenings preschool and young children. The goal is not just to

GET THE WORD OUT!

screen children but to catch problems early.

Lions want to encourage parents and others to get them the help they need. It is quick and easy, with no discomfort for a child. Children who should see an eye-care professional are identified and referred for a comprehensive eye exam. Lions Clubs across the state support vision projects.



Perfect attendance: Ken Hansen, DG Kathy Clemens, Mary Topp.



Ten Year award; Charlotte Nelson, DG Kathy Clemens, and Joyce Wick.

Send in the detail of your Club's upcoming events and they will be featured in the monthly Lion's newspaper!

Let us know what your Club has been up to - submit photos and write-ups and share the great ideas and successes with Lions readers!



KATHY CLEMENS 619 10th Ave SE Jamestown, ND 58401 (701) 269-0234 • lionkathyclemens @gmail.com

Greetings Lions of ND! I hope everyone had an amazing Thanksgiving and got to spread "sunshine" with family and friends or in service to those in need.

Great News! The Peace Poster calendars are printed! As a reminder, the Peace Poster calendars include the 1st and 2nd place Peace Poster winners from each of the 6 districts in MD5. The calendars will be available for sale for \$10 a piece with the proceeds going to LCIF. There are 100 calendars available for sale in District 5NE. This will raise \$1,000 for LCIF from District 5NE and we will be able to award a Melvin Jones Fellowship to an outstanding Lion in our district. If you or your club would like to purchase a calendar or calendars, please contact me by phone at 701-269-0234 or by e-mail at lionkathyclemens@gmail. com.

On December 4th, I had the amazing opportunity to visit the Carrington Lions club.

Williston

They are an amazing club doing awesome service in their community. The most exciting part of my visit was that I got to induct 6 new women members into their club. In addition, there was a potential new member in attendance that will hopefully join very soon. I also want to mention that the Carrington Lions Club is hosting the ND Lions State Convention in 2020! Great Job Carrington Lions!

Speaking of visits, you should have been contacted by one of the members of the District Governor Team - myself, 1st Vice District Governor Grant Kahlbaugh, or 2nd Vice District Governor Joe Sowokinos – about scheduling a visit to each of your clubs. If vou have not been contacted, please let me know and we will get a visit to your club scheduled. If you have been contacted, please let me know when the best time to visit your club would be, so we can get it on the calendar.

I would also like to mention

a couple of upcoming events that you should all think about attending. April 4th will be the District 5NE spring rally. It will be held in Fargo again this year at the Dakota Medical Foundation Building. 1st Vice District Governor Grant Kahlbaugh will be planning the program over the next couple of months. If you have an idea for a breakout session, please let Grant or myself know. We will be sending out more information as it becomes available so Stay Tuned. One more important event to mention is the MD5 Convention which will be held in Brookings, SD on May 21st - 23rd at the Swiftel Center. It will be a great convention. I hope that many of you will be able to attend.

We are still in need of a 2nd Vice District Governor for the 2020-2021 Lions year for District 5NE. If you are interested or if you know anyone that you think would make a great District Governor, please let me know. If you have any ques-



tions about the role, please feel free to reach out to me as well. It has been one of the most rewarding experiences that I have had in my life and I still have ¹/₂ a year to go!!

My HUGE THANK YOU this month goes to District Governor John Emmett of District 5SE from Aberdeen, SD. He was the lead in getting the Peace Poster calendars printed. He put a lot of time into this project and did an AMAZING job. THANK YOU JOHN!

In closing, I wish you all a very HAPPY HOLIDAYS! Enjoy the time you get to spend with family and friends! Also, make sure you enjoy the service you provide to others during the holiday season. This is a very important time of year to make sure to spread the "sunshine".

"Service Creates Sunshine"



Melvin Jones Award recipients: Lion William Thomas, Lion Greg Everson, DG Sherry, Lion Mark McGinley and Lion Angela Gutknecht. Lions on Fire to Inspire!!

2019-2020 Peace Poster winner for MD 5

By PDG Tim Thueson, LOFY Chairperson

It is my pleasure to announce that a twelve year old student from Regina Beach, SK used her artistic talents to spread the message of "Journey of Peace" and has achieved Multiple District 5 honors in the thirty-second annual Lions International Peace Poster Contest.

Leah Degelman's poster, sponsored by the Regina Beach & District Lions Club, has now advanced to the Lions Clubs International round of the competition. "The poster has already faced stiff competition through the local district and the multiple district rounds of the contest," PDG Tim Thueson, MD 5 LOFY chairman noted.

"Leah's poster will now face even stiffer competition at the Lions Clubs International round," PDG Thueson explained. Our MD 5 poster was among more than 450,000 entries submitted worldwide in the annual Lions International Peace Poster Contest. There is a grand prize winner and 23 merit award winners. The grand prize includes a cash award (US \$5000) plus a trip for the winner and two adult family members to New York City, New York for the awards ceremony at Lions Day with the United Nations. Each merit award winner will receive a certificate and a cash award (US \$500)."

Lions Clubs in the Multiple District 5 have supported the Peace Poster Contest as well as other youth programs such as Youth Exchange and the Multiple District 5 Youth Exchange camp for many years. For further information on Lions Opportunity For youth Programs please contact either PDG Tim Thueson, MD 5 LOFY Chairperson (tthueson@bis.midco.net), PDG Ken Peters, MD 5 Council of Governors Secretary (secretary.md5@sasktel.net) or Lions Clubs International (www.lionsclubs.org).

A calendar is being made that will have the first and second place winners from each of our districts. For more information on how to purchase this calendar, please contact your District Governor.



Hebron



Left to Right: Lion Judy Rehling, 15 years; DG Sherry; Lion Allen Sayler, 30 years; and Lion Kevin Staiger, 25 years. On Fire to Inspire!!



Letter: Lions clubs keep small towns alive

By Crystal Dueker

A few weeks ago, a frontpage story about small towns in North Dakota included a comment by Gov. Doug Burgum giving some credit to Lions clubs in helping to keep the people in those towns. Some of the towns have only 75 to 100 people; keeping a post office and/or a school for their people to live and function day-to-day.

Robinson is a good example of such a small town impacted by their own Lions club. The club hosts numerous events throughout the year to bring revenue and people to their town. For example, the Robinson ice-fishing competition is held each February; bringing hundreds of people to a fun event. The visitors can celebrate at Hanson's, the oldest bar in North Dakota (with a Lion member as part-owner). Visitors can also mingle with townspeople at Carol's Kitchen, a cafe which is owned by the Lions club.

Sterling is another example of a small town where the Lions club helps it thrive with events. The club owns a building used for bingo games, wedding receptions, birthday and Christmas parties for kids in a town with only a tavern and a truck stop. I know all of this because as a Lion and a cabinet member, I have been attending Lions club meetings across 50% of our state; collecting data about over 30 Lions clubs. In fact, by attending a recent Lions state convention. I was able to sell over \$800 in raffle tickets to be used toward helping to

maintain the Sterling Lions clubhouse.

For years, Burgum saw firsthand how the Lions club in Arthur helped with community projects. He knows family members who were Lions. Sadly, there is no longer a club in Arthur, but I believe the former members are still community-spirited; remaining as the strong roots to keep their small town on the map as a great place to live and thrive.

Add Enderlin, LaMoure, Linton, Hazelton and Kulm as more examples where Lions have an impact in their towns. There are other service clubs, too, with people donating their time and money to help others across our state. Those pancake breakfasts, burger fests, and other fundraisers are all part of the thread of humanity which makes any town in North Dakota more than just a collection of houses.

PS. On Nov. 25th, during Bingo night, The Sterling Lions "Building Maintenance" raffle was concluded. Tickets sales raised \$4,600, deduct the prizes, and this small Lions club now has \$2,600 to spend on the costs of their club house. During a recent phone call with decadeslong Club Secretary Bruce Lang, he also told me the \$500 prize went to a fellow from Moffet who purchased one of my 42 raffle tickets. How cool is that? He was a Lion back in the day when Moffet had its own Lions club. Another big winner was from Leonard who purchased my ticket at the state convention in Dickinson.



<u>2019 – 2020</u> MD5 LIONS CLUB CONTESTS

VOTING ON THE CLUB NEWSLETTER, CLUB SCRAPBOOK, AND CLUB WEBSITE WILL TAKE PLACE AT YOUR DISTRICT CABINET MEETING IN THE SPRING.

We Need Your Entries!!

The following are general minimum guidelines:

MD5 LIONS CLUB NEWSLETTER/ BULLETIN CONTEST

- 1. Newsletters must be placed in a loose leaf binder with the Club name clearly labeled on the outside of the binder.
- 2. Newsletters must contain a minimum of 6 issues during the year with the last issue not later than May 1.
- 3. Each issue should be placed in a plastic sheet.
- 4. Newsletters should be concise and informative.
- 5. Newsletters will be judged for quality of content, page layout, and publication design.
- 6. Photos may or may not be included within the newsletter.

MD5 LIONS CLUB SCRAPBOOK CONTEST

- 1. Scrapbooks must be clearly labeled on the outside of the book with the club name.
- 2. Photos contained within the scrapbook must have a brief description and people in the photos should be clearly identified
- 3. Scrapbooks will be judged on content, design and use of scrapbooking materials.

MD5 LIONS CLUB WEBSITE CONTEST

- 1. Websites shall be a Club Website and not a State/ Provincial/ Zone/International website.
- 2. Websites will be judged for quality of content and design.

The District Winner will then compete on the Multiple District Level with the

other five districts at the MD5 Convention, May 22, 2020 in Brookings, South Dakota .

"When We Walk Together, We are Bigger than Diabetes. We Stride On!"



Please send your donation to: Dacotah Mandan Lions Club Attention: Stride's Walk PO Box 74 Mandan, ND 58554



Check out our Facebook page!!

If you have any further questions, please contactLion Kathi Runge701-663-0296Lion Shirley Schafer701-516-4364Lion Sherry Fetch701-426-3432

CONST.

Save the Date!!

The Tenth Annual Dacotah Mandan Lions Strides Walk for Diabetes Awareness is rescheduled for Saturday, January 11th, 2020 at the Kirkwood Mall.

We cancelled our walk in October due to the blizzard.

We will STRIDE for Diabetes Awareness with registration at 8:30 a.m. and the walk at 9 a.m.

Cost is \$10.00 per walker.

Our goal is to sponsor 15 local youth with Diabetes to attend Camp Sioux in Park River, ND this year.

We will also bring awareness about the impact of Type-2 Diabetes in our community. Come and check your blood sugar before the walk.

It is impossible for us to accomplish this task without your support! The Dacotah Mandan Lions Club motto is "We Serve"

December 2019 | The ND Lion 7

Season's Greetings to all the Lion's Clubs in District 5NW. This Season of Joy is a magical time that allows us to step back from our busy lives and enjoy our family and friends. The Holiday Season tends to bring back happy memories of family gatherings and charming traditions that have been passed down through the generations.

Part of those traditions include what Lions do in their communities. It is so wonderful to hear of the plans for Holiday gatherings and community functions that bring people and families together. There are several Lions clubs that put together gift baskets of food and holiday treasures to distribute to the lonely and less fortunate in their communities. We have been a part of and shared in some of these Lions Club traditions. It is so heartwarming to hand a basket to an individual who deserves to have something magical and joyous in their lives.

There are also Lions Clubs that give toys to children that would never receive one if it wasn't for the generosity of the individuals in the club. Some clubs sponsor a Santa Day for the children in their communities and help to bring Magic to a child in that way. Being Santa's elves is a very rewarding experience.

Also, the trees and wreaths of the Holiday Season are a part of the cheer brought by Lions clubs to several communities. Just imagine what the Holiday Season would be like if Lions Clubs weren't in their communities to spread that magical blanket of joy to everyone.

I can hardly believe that the first half of my District SHERRY M. FETCH 406 4th Ave NW, Mandan, ND 58554 701-426-3432 • joyfullion2@gmail.com

Governor year is almost over. It has been a wonderful experience that I wish more Lions had the opportunity to enjoy. District 5NW has made wonderful strides towards positive growth in our Lions Clubs. We have seen amazing growth with the addition of a Leo's Club and I am hoping for at least one more new Leo's Club in the next half of the year.

We have seen Lions Clubs become more energized and look to trying new projects of SERVICE in their communities. Lions Clubs are documenting their SERVICE more as MyLion becomes easier to understand and navigate. If you have questions about MyLion or MyLCI please contact IPDG Ginney Jones.

Our District absolutely ROCKS with the Campaign 100 LCIF Program! We are way ahead of the other District's in MD5 (Multiple District 5). The Multiple District consists of two Districts from Saskatchewan, Canada, South Dakota and North Dakota. We have two Model Clubs at this time. I am hoping we can gain two more this next half of the year. Please also consider giving to LCIF personally. We give monthly and were able to get started doing this by going on the LCI website and clicking on DONATE. If you would like more information about Campaign 100. please contact PDG Mark Koller.

My hopes for the next half of the year are that the Lions Clubs of District 5NW will continue to grow positively and we will continue doing awesome SERVICE in our communities. We are planning a Lions Women's Conference, we are looking for opportunities for a Branch Club and a Specialty Club, and we are looking for the possibility of a new Lions Club this next half of the year. We are planning to celebrate ND Lions Day in the spring too. We have much to look forward to.

Right now, we have the FIRST ANNUAL PEACE POSTER CALENDAR available for ALL LIONS of District 5NW to purchase and share with the teacher and students who participate in this awesome program and with your Lions Clubs. The calendars are \$10.00 each. Please contact me, DGE Kevin Bean, 1st VDGE Scott Ressler, or 2nd VDGE Jeanette Bean for calendars for your clubs or yourselves. They are totally AWESOME !!

This Holiday Season in which that magic blanket of joy wraps itself about us

Club News

Headwaters



Sandy Eichhorn, President of the Headwater's Lions Club, presented LaRee Bumgarner, Recreation Director, Wahpeton Parks & Rec, with a check for \$250.00 to use for youth activities. This money was raised during football concessions operated by the club every fall in Wahpeton, ND.



and weaves a spell of nostalgia; a time of feasting, of prayer, and remembrance. It is a day in which we think of those traditions we love and the special people that are no longer here to share the Holiday Season. It is a time for remembering, a time to share the goodness of your heart with others and for expressing through words and gifts what they mean to you. It is a chance to make wishes come true and to give something from your heart. May all the Lions of District 5NW find hope and peace this joyous season and experience their most successful New Year because we are "LIONS on FIRE to INSPIRE!"

New England



New England Lions Club members honored: (left to right) Dave Koller, Melvin Jones Fellow award John Plaggemeyer, Lions Foundation of North Dakota Life Membership and New England Lions Club Lion of the Year Club President Gary Morel, Lewellyn Rustan, Distinguished Service Award.

New England Lions Club honors members

At a recent New England Lions Club meeting, members were honored for outstanding service to the club and the New England community.

Dave Koller received a Melvin Jones Fellowship recognizing "Dedicated Humanitarian Services" by Lions Clubs International Foundation. The award is named for Melvin Jones who founded the Lions organization in 1917. Koller has been a faithful worker in the Burgers In The Park program since it began.

John Plaggemeyer received a Life Membership in Lions Foundation of North Dakota. He also received the New England Lions Club "Lion of the Year" award. This is the first time that award has been presented, and included recognition for the past several years of dedicated service managing the New England Lions Park, and the Burgers In The Park program.

Lewellyn Rustan received a Distinguished Service Award, recognizing his efforts as fund raising chair for the 2017 and 2019 Lions Playground and Park Improvements projects. The cost of those projects totaled more than \$103,000.00.

Funds were raised through more than 20 grants awarded for the projects, individual donations, and Lions fund raising projects including three "a nite at the races" events.

The New England Lions recognize that the Lions Park, Playground, and Burgers In The Park, could not have been successful without the support of the New England community, and visitors from throughout the area. Their real reward is seeing the enjoyment and fellowship of all who attend.

Prairie Rose



The Prairie Rose Lions Club of Bismarck gathered to create 8 nosew fleece blankets. These blankets will be donated to the Ronald McDonald House in Bismarck where they will be given to children with cancer. This Service Project turned into a really fun activity for all of the Club Members!

Beach_

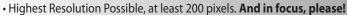


Beach Lions Club serve their community on Thanksgiving Day by serving a meal for the needy and those that are alone. DG Sherry and PCC Arlen are there to assist. It was a rewarding experience for all!!





LIONS: WHEN SENDING PHOTOS



• Name Photos, Please: name photos accordingly with the story or cutlines you send. Example: GarrisonLionsAwards.jpg photo is sent with GarrisonLionsAwards.doc as the copy.

- ID people in the photo.
- In the caption include name of club that is pictured.

*NOTE: e-mail address specialprojects@bhgnews.com

When sending stories or photos to the ND Lion, please make a notation in the Subject Line that what you are sending is for the ND Lion!! The office at BHG, Inc. receives several e-mails for publications, so we need to be made aware when it is for the ND Lion or it might not be opened at all, but deleted!



10 THE ND LION | December 2019

Halliday



New Lions inducted into the Halliday Lions Club by DG Sherry. Lion Tereasa Buck, Lion Brian Courrier, Lion Sandra Hovden, Lion Betty Knight, Lion Brent Seppala and Lion Joyce Walth are all welcomed into Lions! Two sponsors are also shown. Lion's Michele Kuntz and Rene Kraus. What a great club! Lions "On Fire to Inspire!!"

Save the Date!!!!! March 13-15, 2020

Lions Clubs International announces that Regional Lions Leadership Institute is coming to MD5!! A portion of the cost for event has been funded via a grant from LCI.

- PDG Ginney Jones is the POC for the RLLI, 701-833-2648,

email: ginney.jones2@gmail.com

•Where: Fargo, ND – Hotel accommodations being finalized

•Participant Cost: \$275 (includes 2 days of meals and hotel for two nights), clubs and districts have funds available and are encouraged to defray costs to attend.

•**Program includes:** Lions Fundamentals, Motivating Club Members, Developing a Personal Mission Statement, Improving Public Speaking Skills, Setting and Reaching Club Goals, Time Management, Working in Teams and Taking Advantage of Local Opportunities.

•How many can attend? 50 seats available!

-This is an awesome Lion leadership learning opportunity for new and up and coming Lion leaders. Please share the word on this great opportunity and encourage attendance!

-Meet fellow MD5 Lions from ND, SD, Saskatchewan and the surrounding region!

Club News

South Forks



Grand Forks Lions open Christmas in the Park

The Grand Forks South Forks Lions and Red River Lions recently kicked off their annual Christmas in the Park Display. Lion Clair Zerhelt is the project Chair. According to Clair there have been some nice upgrades this year going to brighter LED lighting. If it goes the

same as last year they expect approximately 3500 cars to go through. The event is a big fund raiser with all proceeds contributed to local charities. The display is open nightly from 5:30 to 10 pm in Lincoln Park through December 31st.

South Forks



South Forks and Red River Lions held their annual fall fundraiser in November, serving over 300 meals at the East Grand Forks VFW Club. Paddlewheel games and a silent auction were the headline events as we raised money for many local charitable causes For all things South Forks Lions please visit our website https://e-clubhouse.org/sites/grandforkssf/. And, "like" us on Facebook at https://www.facebook.com/ SouthForksLions



Directory is online

Lions who do not receive a 'hard copy' directory now have access to all of that information online. Here are the websites: e-district.org/sites/5ne e-district.org/sites/5nw

Due to privacy issues, the North Dakota Lions directory is kept in the members section. For login and password go to the link at the bottom of the home page.

Peace Poster Chair Connie Osowski, South Forks Lions President Roy Fillion, Lion Joel Medd, Lion Tracy Wicken, Lion Brad Westrum and PDG Wayne Westlund. More than 40 South Forks Lions voted on the local Peace Poster entrants prior to the ND Lions State Convention.



2nd VDG Joe Sowokinos (right) displayed his magic to the South Forks Lions at their meeting on December 3. Lion Jeff Larson (left) was doing his best to keep up as the others were looking on.

Gateway



The Gateway Lions Club every year rings the bells fior the Salvation Army. This year the club did their ringing at West Acres on November 19 & 20. Fifteen members of the club took part in this project. Pictured above are (left to right) Lions Gelaine Orvik and Mike Brand as they "work" during their shift.

Gateway _



Some members of the Gateway Lions Club are pictured as they present a financial donation to the Emergency Food Pantry along with 25 "flats" (10 jars per flat) of peanut butter. Holding the check are Lion Bruce Harmon and Stacie Lorgering, Director of the Emergency Food Pantry. Stacie spoke to the club at their December 6 meeting.



Pictured asbove are some members of the Gateway Lions Club as they took part in the "IT'S A WONDERFUL NIGHT" promotion at West Acres on Sunday, November 24. The members pictured are (left to right) Evert VanEngelenhoven, Mary Ann Zwinger, Bruce Harmon, Duane Zwinger and standing Mike Brand. A total of thirteen Gateway Lions Club members took part in this project.

LIONS PEACE POSTER CALENDARS FOR SALE!!

The 2020 Peace Poster Calendars will be for sale for \$10.00 each and will be available the end of November.



NEW THIS YEAR!! Two Peace Poster winners, the first and second place winners, from each district of Multiple District 5, will be placed in a 12 month Peace Poster Calendar, with the winning posters, artists, and sponsoring clubs featured. The Peace Poster Calendar will be sold throughout North Dakota, South Dakota and Saskatchewan to promote the Lions Clubs International Peace Poster Contest and show the talent of the children in our communities.

This is also an LCIF Pojects as \$1,000.00 of the proceeds earned will go to LCIF from each District from MD5. The remaining funds earned will go to the District to pay for printing costs the following year. Please contact your District Governor Team for information about how you can purchase your calendars.

District 5NE:DG Kathy Clemens @ lionkathyclemens@gmail.com701-269-02341stVDG Grant Kahlbaugh @ hatcollector2000@gmail.com701-793-27612ndVDG Joe Sowokinos @ joe.sowokinos@gmail.com701-739-2467

District 5NW:DG Sherry Fetch @ Joyfullion2@gmail.com701-426-34321st VDG Kevin Bean @kevinjeanettebean@gmail.com701-527-74702nd VDG Scott Ressler @sressler1954@gmail.com701-955-8693

2019-20 LCI Peace Poster Contest

"Journey of Peace" is the theme of the 2019-20 LCI Peace Poster Contest. This is the 32nd anniversary of the Peace Poster Contest. Lions clubs can sponsor the program in their community for children in local schools or organized, sponsored youth groups. Students, ages 11, 12 or 13 as of November 15, are eligible to participate. Through the contest, students are encouraged to visually depict their interpretation of the contest's theme.

Lions clubs may purchase a contest kit through the Club Supplies Sales Department. A kit must be purchased for each contest sponsored. The contest must be sponsored by a Lions club.

Artwork must be no smaller than 13 inches by 20 inches (33 centimeters by 50 centimeters) and no larger than 20 inches by 24 inches (50 centimeters by 60 centimeters). Do not mat or frame artwork. Only one entry per student and each entry must be the work of only one student. All artwork must be the individual student's original creation. Duplications are not accepted.

All media are accepted. Note: Chalk, charcoal and pastel entries should be sealed with a fixative spray to prevent smearing. Do not laminate entries.

Three-dimensional entries will not be accepted. Nothing may be glued, stapled or attached to the artwork in any way. The use of lettering or numbering on the front of the poster, in any language, is not allowed. All artist signatures or initials should be written on the back of the poster. Artwork should be done on a flexible material, so it can be rolled for shipping in a mailing tube. Do not fold poster.

Participants accept all responsibility for late, lost, misdirected or illegible entries. Lions Clubs International is not responsible for entries damaged, destroyed or lost during the judging process. Entries cannot be acknowledged or returned; they become property of Lions Clubs International upon receipt. Peace Poster Contest images cannot be used without written permission from Lions Clubs International.

In consideration for the opportunity to enter the Peace Poster Contest, participants agree to allow Lions Clubs International to use their names and photographs for promotional and publicity purposes. In addition, the international grand prize winner, two family members (one being a parent or legal guardian) and the sponsoring club president or a club member (as designated by the sponsoring club president) are required to attend the special award ceremony at Lions' Day with the United Nations. An international grand-prize winner is not eligible to receive subsequent prizes in future Peace Poster contests sponsored by Lions Clubs International. By entering, participants agree to be bound by these rules and the decisions of the judges and Lions Clubs International. Lions Clubs International may cancel the contest without notice at any time. The contest is void where prohibited, taxed, or restricted by law.

Judging

Each poster is judged on originality, artistic merit and expression of the theme.

Posters advance through several judging levels: local, district, multiple district and international. At the international level, judges from the art, peace, youth, education and media communities select one grand prize winner and 23 merit award winners.

Awards

One international grand prize winner will receive a trip to a special award ceremony. There the winning artist will be presented with an engraved plaque and a cash prize of US \$5,000.

Each of the 23 merit award winners will receive a cash award of US \$500 and a certificate of achievement.

Deadlines

Please note that the following dates are from those in the Peace Poster information from Lions Clubs International. MD 5 Council of Governors may set a different date other than Dec 1- depending on when their meeting is scheduled. Entries not meeting deadlines will be disqualified.

January 15, 2019	Kits go on sale from the Club Supplies Sales Department at International Headquarters.	
October 1, 2019	Deadline to purchase kits from the Club Supplies Sales Department at International Headquarters.	
November 8, 2019	Club needs to have one winning poster (per contest sponsored) to the district governor. Council meets Nov 15 & 16.	
November 16, 2019	Deadline for district governor to bring one winning district poster to the multiple district council of governors meeting and give to the MD 5 LOFY Chairperson.	
December 15, 2019	Postmark deadline for the MD 5 LOFY Chairperson to send one winning entry to the Public Relations Department at International Headquarters.	
February 1, 2020	International winners will be notified on or before this date.	

If there are any questions, please feel free to contact MD 5 LOFY Chairperson, PDG Tim Thueson.



Front row: Cody Beach; Ryan Keffeler, Vice President; Annie Keffeler, Founder/President; Tena Stickel. Back row: Kevin Walker; Maureen Wegenke; Tracey Trapp, Barn Manager; Susie Stoppleworth; Vickie Poland; Paul Jarrett; Charlotte Nelson; Howard Nelson; Kelli Connolly, Program Director.

Moment of Freedom" held in Carrington

Connolly presented a program on "A Moment of Freedom" to the Carrington Lions Club in February of 2019.

This presentation sparked the interest of Lions Howard and Charlotte Nelson. The Nelsons have been horse lovers for years and decided they wanted to volunteer their time in helping with this program.

"A Moment of Freedom"

Annie Keffler and Kelli is a nonprofit program that utilizes the therapeutic benefits of horses to provide a sense of freedom, relaxation, and happiness for riders with special needs. The program is located just east of Buchanan, ND. The sessions are an hour long and each session requires at least 3 volunteers per horse. Each horse needs one horse walker and two side walkers. This is where the Nelsons became

involved. They volunteered during the months of August and September this past year

and plan to volunteer again next summer.

Lions Foundation of North Dakota, Inc. **Recent Donations**

Bronze Clubs Alexander Lions Club **Edgeley Lions Club** Lake Metigoshe Lions Club

Memorials

In Memory of Harry Wisness by Ross Espeseth In Memory of Al Kalbaugh by Lowell Schweigert